

RESEARCH PAPER

Atorvastatin and fenofibrate increase apolipoprotein AV and decrease triglycerides by up-regulating peroxisome proliferator-activated receptor- α

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Background and purpose: Combining statin and fibrate in clinical practice provides a greater reduction of triglycerides than either drug given alone, but the mechanism for this effect is poorly understood. Apolipoprotein AV (apoAV) has been implicated in triglyceride metabolism. This study was designed to investigate the effect of the combination of statin and fibrate on apoAV and the underlying mechanism(s).

Experimental approach: Hypertriglyceridaemia was induced in rats by giving them 10% fructose in drinking water for 2 weeks. They were then treated with atorvastatin, fenofibrate or the two agents combined for 4 weeks, and plasma triglyceride and apoAV measured. We also tested the effects of these two agents on triglycerides and apoAV in HepG2 cells in culture. Western blot and reverse transcription polymerase chain reaction was used to measure apoAV and peroxisome proliferator-activated receptor- α (PPAR α) expression.

Key results: The combination of atorvastatin and fenofibrate resulted in a greater decrease in plasma triglycerides and a greater increase in plasma and hepatic apoAV than either agent given alone. Hepatic expression of the PPAR α was also more extensively up-regulated in rats treated with the combination. A similar, greater increase in apoAV and a greater decrease in triglycerides were observed following treatment of HepG2 cells pre-exposed to fructose, with the combination. Adding an inhibitor of PPAR α (MK886) abolished the effects of atorvastatin on HepG2 cells.

Conclusions and implications: A combination of atorvastatin and fenofibrate increased apoAV and decreased triglycerides through up-regulation of PPAR α .

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Abbreviations: ApoAV, apolipoprotein AV; DMSO, dimethyl sulphoxide; EDTA, ethylenediamine tetraacetic acid; GAPDH, glyceraldehyde phosphate dehydrogenase; HDL, high density lipoprotein; LDL, low density lipoprotein; PPAR α , peroxisome proliferator-activated receptor- α ; PVDF, polyvinylidene difluoride; RT-PCR, reverse transcription polymerase chain reaction; VLDL, very low density lipoprotein

Introduction

Elevated plasma triglycerides are acknowledged as an independent risk factor for cardiovascular disease (Criqui *et al.*, 1993). In the presence of severe hypertriglyceridemia or mixed hyperlipidemia, the combination of statins and fibrates is a possible treatment (Miller *et al.*, 2008), as this combination induces a greater reduction of triglycerides (Ooi *et al.*, 1997). However, the mechanism(s) for the greater hypotriglyceridemic effect remains to be clarified.

The recently identified apolipoprotein AV (apoAV) is implicated in triglyceride metabolism (Pennacchio *et al.*, 2001; Van der Vliet *et al.*, 2001). Deficiency of the apoAV gene results in an increase of plasma triglycerides in mice, whereas its overexpression leads to a reduction of triglycerides (Pennacchio *et al.*, 2001; Van der Vliet *et al.*, 2001). Similarly, inherited human apoAV deficiency contributes to severe hypertriglyceridemia in the affected subjects (Priore Oliva *et al.*, 2005).

Fibrates are a class of lipid-lowering drug, especially effective in decreasing triglycerides. Their hypotriglyceridemic action involves reduced hepatic triglyceride synthesis and increased circulating triglyceride clearance (Pennacchio *et al.*, 2002). Of note, recent data showed that fibrates induce apoAV expression by activating the peroxisome proliferator-activated receptor- α (PPAR α) (Prieur *et al.*, 2003; Vu-Dac *et al.*,

2003). Interestingly, the hypotriglyceridemic effect of statins is also associated with up-regulation of PPAR α (Roglans *et al.*, 2002; Landrier *et al.*, 2004; Paumelle and Staels, 2007).

As the hypotriglyceridemic effects of both the fibrates and the statins involve the PPAR α signal pathway, this study was designed to investigate the effects of a statin–fibrate combination on apoAV in hypertriglyceridemic rats and the underlying mechanism(s).

Methods

Animals and experimental design

All animal care and procedures were conducted in accordance with the principles of the local Committee of Animal Experimentation. The animal experiments were performed as described previously by Roglans *et al.* (2002), with modifications. Forty 8-week-old male Sprague-Dawley rats (Shanghai Slac, Shanghai, China) were randomized into five groups ($n = 8$ each group): control, fructose, atorvastatin, fenofibrate and combination (atorvastatin plus fenofibrate) groups. For the fructose group and the three drug-treated groups, we first established the hypertriglyceridemic animal model with fructose supplied as a 10% solution in drinking water for 2 weeks. Then, the different treatments were given to these four groups as follows: (i) the fructose group continued on 10% fructose in drinking water for 4 weeks; and (ii) the three drug groups were given the 10% fructose in drinking water plus either atorvastatin (Pfizer, New York, NY, USA; 10 mg·kg⁻¹·d⁻¹), fenofibrate (Sigma, St. Louis, MO, USA; 100 mg·kg⁻¹·d⁻¹) or the two drugs together at the same doses (combined treatment), by daily oral gavage for 4 weeks. At the end of 4 weeks, the animals were killed by decapitation under anesthesia with sodium pentobarbital (50 mg·kg⁻¹, i.p.). Blood samples were collected at death in 5% ethylenediamine tetraacetic acid and stored at -80 °C until analysis. Plasma apoAV was measured by an ELISA method (Santa Cruz, CA, USA). Liver samples were immediately frozen and stored at -80°C until needed.

Cell experiment

The cell experiments were performed as described previously (Wilcox *et al.*, 1999), with the following modifications. All chemicals were dissolved in dimethyl sulphoxide (DMSO), and treatments were added directly to cell culture media, and the final concentration of DMSO in media was maintained at 0.1%

(v/v). HepG2 cells were divided into six groups: (i) control group, treated with 0.1% DMSO alone; (ii) fructose group, with 100 μ M fructose; (iii) atorvastatin group, with 100 μ M atorvastatin and 100 μ M fructose; (iv) fenofibrate group, with 100 μ M atorvastatin and 100 μ M fructose; (v) atorvastatin plus fenofibrate group, with both drugs and 100 μ M fructose; and (vi) atorvastatin plus MK886, 100 μ M atorvastatin and 10 μ M MK886 (a selective inhibitor of PPAR α , Wako Pure Chemicals, Osaka, Japan) and 100 μ M fructose. After 24 h incubation, the cells were washed, and cellular triglycerides were measured using enzymatic reagents (Boehringer Mannheim, Indianapolis, IN, USA) as described previously (Wilcox *et al.*, 1999). Cellular triglyceride results were reported as μ g cellular triglycerides (mg cell protein)⁻¹. Expression of apoAV and PPAR α were determined by RT-PCR and western blot analysis.

Reverse transcription polymerase chain reaction (RT-PCR) analysis

The expressions of apoAV and PPAR α mRNAs were assessed by RT-PCR. All RT-PCR buffers and reagents used from a reverse transcription system kit (A3500, Promega, Madison, WI, USA), and all procedures were performed in a 2720 Thermal Cycler (Applied Biosystems, Framingham, MA, USA) according to the product instructions. The sequences of the sense and antisense primers used for amplification were shown in Table 1. The GAPDH was used as internal control in the PCR reaction. At the end of RT-PCR, 5 μ L of each PCR sample was analysed by electrophoresis on a 1% agarose gel containing nucleic acid stain (GoldView, Mannheim, Germany), and was scanned by Bio-Rad Gel Doc 2000 Imaging System (Hercules, CA, USA) and analyzed for optical density through Quantity One 4.03 analysis software (Bio-Rad, Hercules, CA, USA). The results for APOAV or PPAR α mRNA levels were presented relative to the expression of GAPDH.

Western blot analysis

The protein expression of apoAV and PPAR α was quantified by Western blot analysis. Briefly, proteins from a 50 μ g sample were separated on 10% sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto PVDF membranes. The membrane was incubated overnight with mouse monoclonal anti-apoAV antibody (Santa Cruz) or rabbit monoclonal anti-PPAR α antibody (Abcam, Cambridge, MA, USA) at 4°C for overnight. After incubation with

Table 1 Primers used for the PCR reaction

Gene	Source	GenBank™ no.	Primer sequences	PCR product	Amplification cycles
PPAR α	Rat	M88592	Forward: 5'-TGAAAGATTCGGAACTGC-3' Reverse: 5'-TCCTGCGAGTATGACCC-3'	110 bp	38
PPAR α	Human	NM001001928	Forward: 5'-ACTTATCCTGTGGTCCCCGG-3' Reverse: 5'-CCGACAGAAAGGCACTTGTGA-3'	252 bp	38
ApoAV	Rat	NM080576	Forward: 5'-AGTCAAAGAAGTCTTCCACC-3' Reverse: 5'-CCTTACTGTCTGAGTGT-3'	455 bp	40
ApoAV	Human	BC101789	Forward: 5'-ACGCACGCATCCAGCAGAAC-3' Reverse: 5'-CCTTACTGTCTGAGTGT-3'	109 bp	40

ApoAV, apolipoprotein AV; PPAR α , peroxisome proliferator-activated receptor- α ; PCR, polymerase chain reaction.

secondary antibody, immunoreactive bands were visualized using the enhanced chemiluminescence detection system. Data were quantified by densitometry after scanning using the TINA software (Raytest, Straubenhardt, Germany).

Statistical analyses

Data were analysed with the use of SPSS 15.0 (SPSS Inc., Chicago, IL, USA) and presented as mean \pm SD unless otherwise indicated. Log transformations were carried out for distribution-dependent analyses. Differences between intra-group and intergroup means were analysed by Student *t*-test or one-way ANOVA. Coefficients of correlation (*r* and *r*²) were calculated by the Pearson correlation analysis. *P*-values < 0.05 were considered statistically significant.

Results

Characteristics of rats at end of the study

The characteristics of the rats at the end of this study (at week 14), including body weight, total cholesterol, high density lipoprotein cholesterol, low density lipoprotein cholesterol, and fasting plasma insulin and glucose, are shown in Table 2. Our results were consistent with previous data, showing that such fructose water-fed rats were hypertriglyceridemic, but normoglycemic, normoinsulinemic and non-obese (Park *et al.*, 1997; Roglans *et al.*, 2002).

Combination treatment more effectively decreased plasma triglycerides and increased apoAV in rats than monotherapy. The plasma triglycerides and apoAV levels in rats are shown in

Table 2 Characteristics of rats at the end of study (at week 14)

	Control	Fructose	Atorvastatin	Fenofibrate	Combined
Body weight (g)	303 \pm 29	309 \pm 30	305 \pm 24	305 \pm 27	306 \pm 29
Total cholesterol (mM)	1.35 \pm 0.09	2.30 \pm 0.18*	1.78 \pm 0.13* [#]	1.86 \pm 0.16* [#]	1.68 \pm 0.15* [#]
HDL cholesterol (mM)	0.59 \pm 0.11	0.58 \pm 0.09	0.62 \pm 0.11	0.60 \pm 0.17	0.63 \pm 0.18
LDL cholesterol (mM)	1.33 \pm 0.15	1.38 \pm 0.21	1.09 \pm 0.17* [#]	1.17 \pm 0.15 [#]	1.05 \pm 0.25* [#]
Insulin (mU·L ⁻¹)	17.62 \pm 3.50	18.02 \pm 4.46	17.90 \pm 4.15	17.81 \pm 3.93	17.69 \pm 4.23
Blood glucose (mM)	5.39 \pm 0.55	5.44 \pm 0.64	5.42 \pm 0.43	5.40 \pm 0.42	5.39 \pm 0.43

Data are the mean \pm SD (*n* = 8).

*Values significantly different from control.

[#]Values significantly different from fructose (*P* < 0.05).

LDL, low density lipoprotein; HDL, high density lipoprotein.

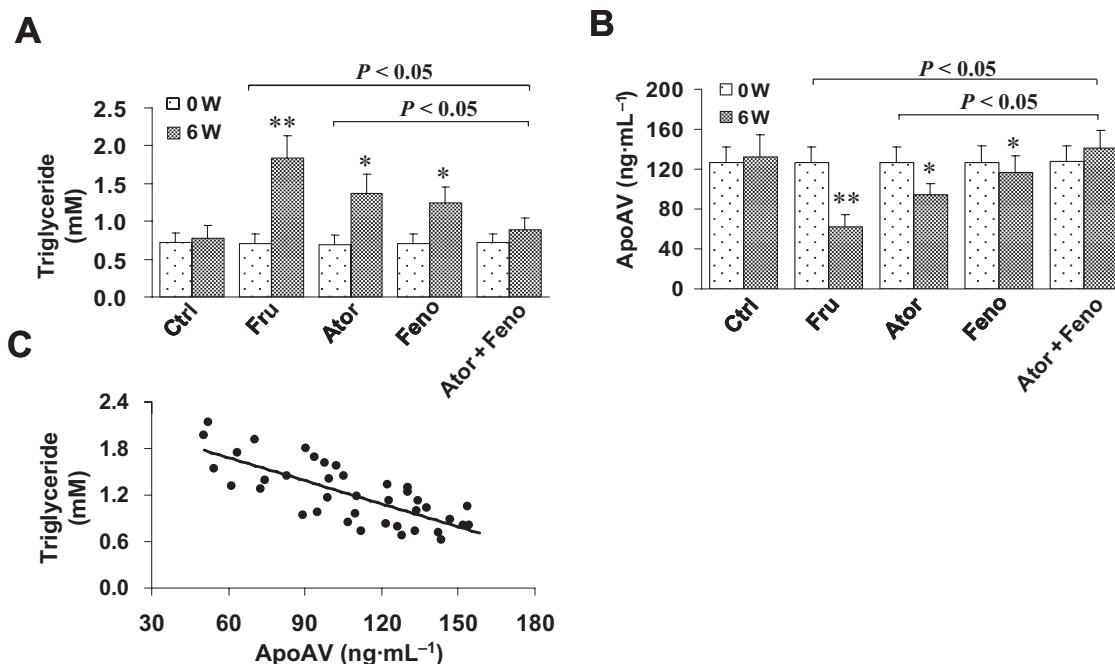


Figure 1 Plasma apolipoprotein AV (apoAV) and triglycerides in rats and their relationship. Rats were randomized into five groups: (i) control group (Ctrl); (ii) fructose only group (Fru); (iii) atorvastatin group (Ator); (iv) fenofibrate group (Feno); and (v) combination group (Ator + Feno). (A and B) There were no significant differences in plasma triglyceride and apoAV at baseline between all groups. However, after 6 weeks, fructose-treated animals had higher triglycerides and lower apoAV than in the control rats (both *P* < 0.05). Atorvastatin and/or fenofibrate treated groups exhibited lower plasma triglycerides and higher apoAV level (all *P* < 0.05), but these changes were greater in the group given the combined therapy (both *P* < 0.05). (C) After pooling all data together at week 6, an inverse correlation between triglyceride and apoAV was found (*r* = -0.78, *P* < 0.001). **P* < 0.05, ***P* < 0.001, compared with controls. Data shown as mean \pm SD.

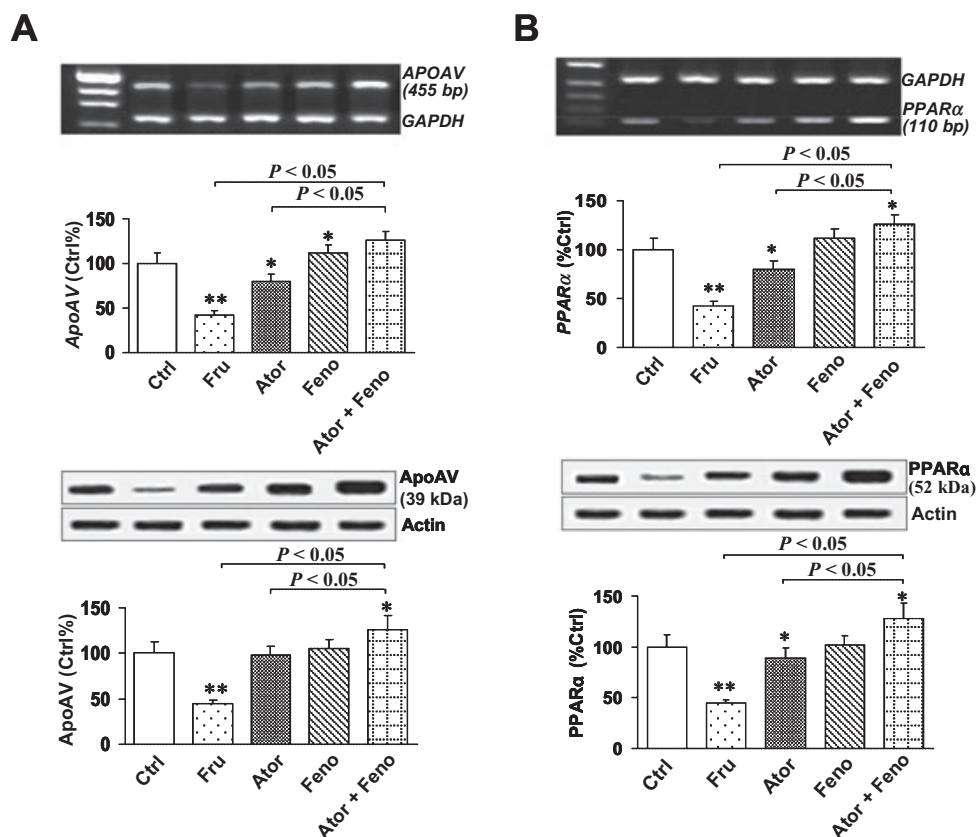


Figure 2 Hepatic apolipoprotein AV (apoAV) and peroxisome proliferator-activated receptor- α (PPAR α) expression in rats. (A) By reverse transcription polymerase chain reaction (RT-PCR) analysis, hepatic apoAV gene expression in fructose-fed animals decreased by 50% relative to expression in control rats ($P < 0.001$). Conversely, all drug-treated rats showed higher apoAV expression than fructose-fed rats (all $P < 0.05$), and this increase was greater in the combination group (both $P < 0.05$). By western blot analysis, similar effects were found. (B) By RT-PCR and western blot analyses, we also found comparable changes in hepatic PPAR α expression. * $P < 0.05$, ** $P < 0.001$, compared with controls. Summary data shown as mean \pm SD.

Figure 1. There were no significant differences between any groups for plasma triglycerides and apoAV levels at baseline. However, fructose-fed animals had higher plasma triglycerides than controls ($P < 0.001$), showing that we were able to induce hypertriglyceridemia in our animal model. However, these fructose-fed hypertriglyceridemic animals had lower plasma apoAV than in controls, that is, rats without fructose. After treatment with the combination, rats had lower plasma triglycerides than after either monotherapy (both $P < 0.05$). Conversely, plasma apoAV in the group treated with the combination was significantly increased over the levels in either monotherapy group (both $P < 0.05$).

To test the relationship between apoAV and triglycerides, we performed a correlation analysis after pooling all data together. A strong inverse correlation between these two variables were found at baseline ($r = -0.74$, $r^2 = 0.54$, $P < 0.001$) that still remain at week 14 ($r = -0.78$, $r^2 = 0.61$, $P < 0.001$) (Figure 1C).

Combination treatment more effectively increased hepatic apoAV and PPAR α expression than monotherapy. RT-PCR analysis showed that fructose-fed animals exhibited a 50% reduction of APOAV gene expression, relative to that in controls (Figure 2A). Conversely, all drug-treated rats had higher

APOAV expression than the fructose-fed rats (all $P < 0.05$), and this increase was greater after combination therapy than after the statin or fibrate as monotherapy (both $P < 0.05$). Similar observations were made by the Western blot analysis.

We also analysed hepatic PPAR α expression by RT-PCR and western blot (Figure 2B). As compared with controls, hepatic PPAR α expression in fructose-fed animals was markedly decreased ($P < 0.001$). However, this decrease of hepatic PPAR α expression was reversed by monotherapy of fructose-fed rats ($P < 0.05$), and combined therapy raised hepatic PPAR α expression even further (both $P < 0.05$).

Atorvastatin and fenofibrate decreased triglycerides and increased apoAV through up-regulation of PPAR α in HepG2 cells. To further investigate whether the hypotriglyceridemic effect involved activation of PPAR α , we used MK886, a selective inhibitor of PPAR α in our experiments with HepG2 cells.

We found that triglyceride levels were raised 1.25 fold in HepG2 cells incubated with fructose (100 μ M), relative to levels in control cells without fructose ($P < 0.01$) (Figure 3A). When atorvastatin or fenofibrate were added in the presence of fructose, the effect of the fructose was almost completely reversed, and triglyceride levels fell to values close to those in control cells. Combined treatment with both atorvastatin and

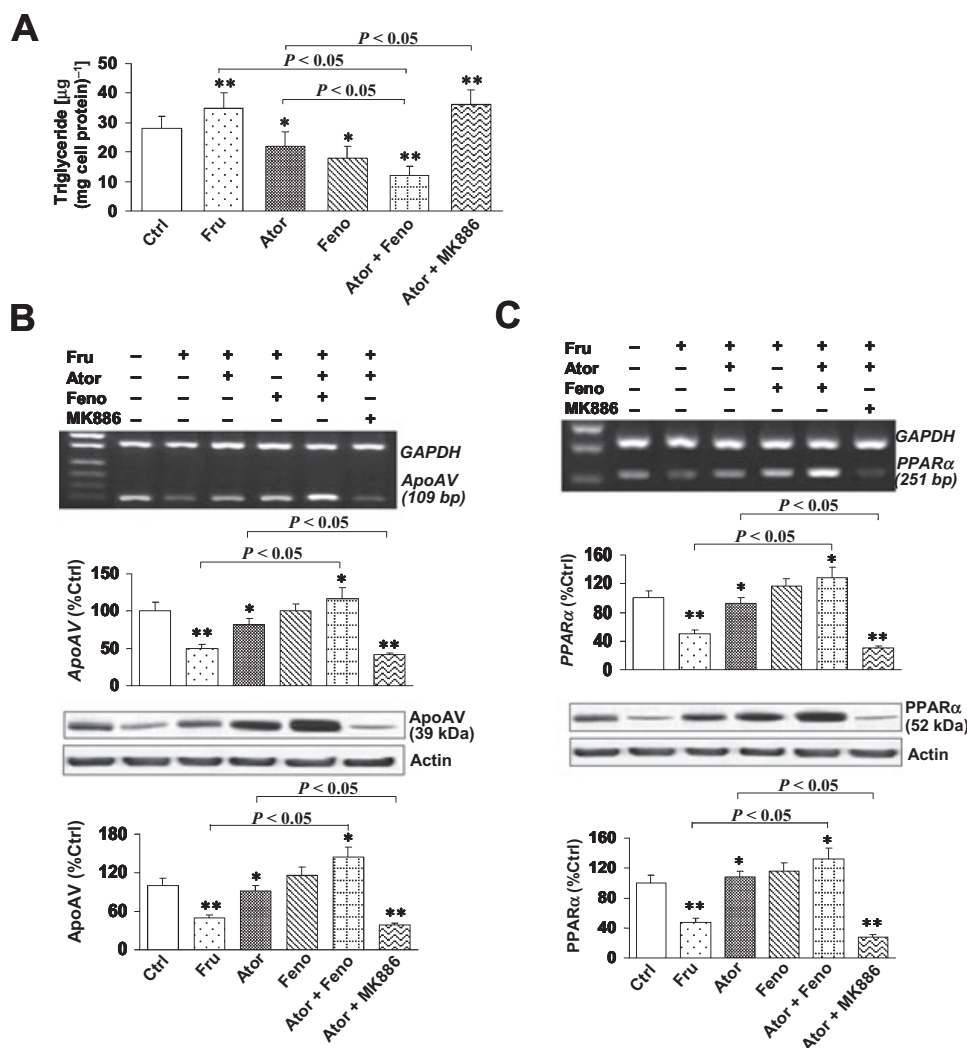


Figure 3 Triglycerides and apolipoprotein AV (apoAV) and peroxisome proliferator-activated receptor- α (PPAR α) expression in HepG2 cells. HepG2 cells were divided into six groups: (i) control group (Ctrl); (ii) fructose group (Fru); (iii) atorvastatin group (Ator); (iv) fenofibrate group (Feno); (v) atorvastatin plus fenofibrate group (Ator + Feno); and (vi) atorvastatin plus MK886 group (Ator + MK886). (A) Triglycerides in HepG2 cells. We found that triglycerides increased in fructose-treated cells relative to levels in control cells ($P < 0.01$). When atorvastatin or fenofibrate was added, cells had lower triglycerides than fructose-treated cells (all $P < 0.05$). This decrease was greater in the group treated with the combination ($P < 0.05$). However, when atorvastatin was combined with MK886, the effect of the statin on cellular triglycerides was lost ($P < 0.01$). (B and C) The mRNA and protein expression of apoAV and PPAR α in cells. By reverse transcription polymerase chain reaction and western blotting analysis, we found lower apoAV and PPAR α expression in fructose-treated cells than in controls (both $P < 0.01$). Atorvastatin or fenofibrate induced an up-regulation of apoAV, and PPAR α expression that was more pronounced in cells treated with the combination ($P < 0.05$). However, when MK886 was added to atorvastatin, PPAR α expression was repressed ($P < 0.05$), and apoAV expression decreased ($P < 0.01$). * $P < 0.05$, ** $P < 0.001$, compared with controls. Data shown as mean \pm SD.

fenofibrate induced further falls in triglycerides to levels below control ($P < 0.05$). However, when fructose-exposed cells were treated with atorvastatin and the PPAR α antagonist, MK886, the effect of atorvastatin on triglycerides was totally reversed ($P < 0.01$).

Then, we determined the expression of apoAV and PPAR α in HepG2 cells by RT-PCR and Western blotting analysis (Figure 3B and C). We found lower expression of apoAV and PPAR α in fructose-treated cells than in control cells (both $P < 0.01$). Adding atorvastatin or fenofibrate to the fructose treatment reversed the fructose-induced falls in apoAV and PPAR α expression and this reversal was more pronounced in the cells receiving the combination of statin and fibrate (all $P < 0.05$).

However, when atorvastatin was combined with the PPAR α antagonist, MK886, the effects of the statin on PPAR α expression ($P < 0.05$), and apoAV expression were completely blocked ($P < 0.01$).

Discussion

Clinically, the combination of a statin and a fibrate induces a greater hypotriglyceridemic effects than does monotherapy (Ooi *et al.*, 1997; Miller *et al.*, 2008). However, the mechanism underlying the hypotriglyceridemic effects of the combination remains poorly understood. The present study showed

that these two hypolipidemic agents increase levels of apoAV by up-regulation of PPAR α expression, and thus provided a molecular explanation for the greater effects of a combination of statin and fibrate, in treatment of hypertriglyceridemia.

ApoAV is a novel member of the apolipoprotein family involved in triglyceride homeostasis (Pennacchio *et al.*, 2001; Van der Vliet *et al.*, 2001). The triglyceride-lowering role of apoAV has been demonstrated earlier (Pennacchio *et al.*, 2001; 2002; Van der Vliet *et al.*, 2001), and our findings in the present study were consistent with these earlier results. To date, three triglyceride-lowering pathways of apoAV have been proposed: (i) inhibitory effects on production and secretion of very low density lipoprotein (VLDL) (Schaap *et al.*, 2004); (ii) stimulation of lipoprotein lipase (LPL)-mediated triglyceride hydrolysis (Grosskopf *et al.*, 2005); and (iii) acceleration of hepatic uptake of VLDL (Nilsson *et al.*, 2007).

PPAR- α , a ligand-activated transcription factor, has been implicated in the up-regulation of apoAV gene expression, and a functional PPAR response element in the proximal apoAV promoter has been detected using deletion and mutagenesis analyses (Priour *et al.*, 2003; Vu-Dac *et al.*, 2003). These authors demonstrated that fibrate, an agonist of PPAR α , enhanced APOAV gene expression. Up-regulation of PPAR α , and hence of apoAV, by fibrate were also observed in the study, resulting in a proportional reduction of triglycerides. Thus, it appears that one mechanism of the hypotriglyceridemic action of fibrates could be by up-regulating apoAV via the PPAR α pathway.

Interestingly, we also found that atorvastatin increased hepatic and plasma apoAV, and decreased plasma triglycerides as a consequence. This finding provides a new mechanistic rationale for the hypotriglyceridemic effects of statins. Such effects have previously attributed to a variety of mechanisms, including inhibition of hepatic VLDL synthesis (Kasim *et al.*, 1992; Scharnagl and März, 2005), promotion of circulating VLDL clearance (Kasim *et al.*, 1992), and acceleration of LPL-mediated triglyceride hydrolysis (Yokoyama *et al.*, 2007). Of note, statins share common hypotriglyceridemic pathways with apoAV (Schaap *et al.*, 2004; Grosskopf *et al.*, 2005; Nilsson *et al.*, 2007). Therefore, it is possible that statins could initially affect apoAV levels and then reduce triglycerides via apoAV-mediated hypotriglyceridemic pathways.

As the pleiotropic, anti-atherogenic properties of statins, including lipid modulatory, anti-inflammatory, anti-oxidative activities and endothelial protection, all involve the PPAR α signal pathway (Paumelle and Staels, 2007), we investigated whether statin-mediated regulation of apoAV was also associated with PPAR α , and found that atorvastatin increased apoAV in a PPAR α -dependent manner.

Previously, investigators have demonstrated that statins enhanced PPAR α expression, resulting in a reduction of non-esterified fatty acids and an increase of liver fatty acid-binding protein, which contributes to the lowering of triglycerides (Roglans *et al.*, 2002; Landrier *et al.*, 2004). Therefore, we conclude that PPAR α -mediated up-regulation of apoAV would also contribute to the hypotriglyceridemic effect of statins. Subsequently, we investigated whether the hypotriglyceridemic effects of combining atorvastatin and fenofibrate involved apoAV. We observed that the combination treatment induced a greater response of apoAV and of triglycerides than

either drug given as monotherapy. Further, the effects of the statin were eliminated when PPAR α was blocked with a selective antagonist. Thus, these findings provided evidence for our previous speculation (Bai *et al.*, 2008) that statin and fibrate could act together to increase apoAV and thus decrease triglycerides through up-regulation of PPAR α .

In summary, our study demonstrated that atorvastatin and fenofibrate increased apoAV and hence decreased triglycerides, and this resulted from their common up-regulation of PPAR α . Our findings provide a new mechanistic rationale for the clinical combination of statins and fibrates to obtain greater hypotriglyceridemic effects. On the other hand, human studies are needed to determine whether similar therapeutic effects will be achieved in humans.

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Conflicts of interest

None.

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