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Atrial-selective Sodium Channel Block as a Novel Strategy for the Management of Atrial Fibrillation

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Abstract

Pharmacological management of atrial fibrillation (AF) remains an important unmet medical need. Because available drugs for rhythm control of AF are often associated with a significant risk for development of ventricular arrhythmias or extracardiac toxicity, recent drug development has focused on agents that are atrial selective. Inhibition of the ultrarapid delayed rectifier potassium current (I_{Kur}), a current exclusive to atria, is an example of an atrial-selective approach. Recent studies however have shown that loss-of-function mutations in *KCNA5*, the gene that encodes $K_{V1.5}$, the α subunit of the I_{Kur} channel, is associated with the development of AF and that inhibition of I_{Kur} can promote the induction of AF in experimental models. Another potential atrial-selective approach has recently been identified. Experimental studies have demonstrated important atrioventricular differences in the biophysical properties of the sodium channel and have identified sodium channel blockers that can exploit electrophysiological distinctions between atria and ventricles. Atrial-selective/predominant sodium channel blockers such as ranolazine effectively suppress AF in experimental models involving canine isolated right atrial preparations at concentrations that produce little to no effect on electrophysiological parameters in ventricular myocardium. Chronic administration of amiodarone was also found to exert atrial-selective depression of I_{Na} -dependent parameters and thus to prevent the induction of AF. Ranolazine and amiodarone have in common the ability to rapidly dissociate from the sodium channel and to prolong the atrial action potential duration via inhibition of I_{Kr} . Our observations suggest that atrial-selective sodium channel block may be a fruitful strategy for the management of AF.

Introduction

Safe and effective treatment of atrial fibrillation (AF) remains a major unmet medical need in our society and the problem is growing as the prevalence of AF continues to increase with the aging of the baby boom generation. AF is the most prevalent sustained clinical arrhythmia associated with increased morbidity and mortality. Prevalence of AF is 0.4–1% in the general population and greater than 8% among individuals >80 years of age. An estimated 2.5 million individuals in the North America and 4.5 million in Europe are affected by AF.^{1, 2} These numbers are projected to increase to 15 million in North America alone by 2050.²

Significant progress has been realized in recent years with respect to ablation therapy for AF. These advance notwithstanding, antiarrhythmic drugs (AADs) remain first-line therapy for rhythm control of AF.^{1, 3} Although a number of agents are available for the rhythm control of AF, the effectiveness and/or safety of these agents are not optimal. Currently available

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pharmacologic strategies for the rhythm control of AF include: 1) Agents that block sodium channels predominantly such as propafenone and flecainide; 2) potassium channel blockers (largely I_{Kr}) such as sotalol and dofetilide and 3) mixed ion channel blockers such as amiodarone and dronedarone.

Electrophysiological distinctions between atrial and ventricular cells

New drug development is focused on atrial-selective drugs with the goal of avoiding the ventricular proarrhythmic effects of currently available agents. In order to fully appreciate the basis for atrial-selective actions of these agents, it would be helpful to review the electrophysiological differences between atrial and ventricular cells under normal and pathophysiological conditions.

The normal action potential in atria differs from that of the ventricle with respect to ion channel currents that contribute to resting membrane potential (RMP), phase 1, and phase 3 of the action potential (Figure 1A and B).^{4, 5} RMP in atria is more depolarized than in the ventricle due in large part to a smaller inward rectifier potassium current, I_{K1} . Phase 1 is more prominent in atria due to the presence of a prominent transient outward current (I_{to}) and a current that is exclusive to atria, known as the ultra rapid delayed rectifier potassium current, I_{Kur} . Another current that is exclusive to atria is the acetylcholine activated potassium current, I_{K-ACh} . Phase 3 of the action potential is much slower to repolarize in atria because of weaker repolarizing currents, including the rapidly and slowly activating delayed rectifier currents (I_{Kr} and I_{Ks}) and I_{K1} .

The initiation of AF involves the development of both a substrate and a trigger. The electrical substrate develops as a consequence of a reduction in wavelength due largely to an abbreviation of ERP. The maintenance of AF often is facilitated by electrical and structural remodeling that is the result of the rapid activation of the atria (AF begets AF).⁶ The electrical remodeling further abbreviates ERP by abbreviating the atrial action potential (Figure 1C). A prolonged period of rapid activation of the atria as occurs during AF leads to a decrease in I_{Ca} , I_{Kur} and I_{to} , but to an increase in I_{K1} and constitutively active I_{K-ACh} . The abbreviation of APD is due principally to the decrease in I_{Ca} and the increase in I_{K1} and constitutively active I_{K-ACh} .⁷

Atrial-selective drugs

The principal goal of rhythm control therapy is therefore to prolong the ERP and thus to eliminate the substrate for development of AF. Sodium channel blockers accomplish this by reducing excitability, thus leading to the development of post-repolarization refractoriness (PRR). Potassium channel blockers accomplish this by prolonging the atrial action potential and mixed ion channel blockers accomplish this through a combination of both actions. Because all three classes of drug have an inclination to induce ventricular arrhythmias, recent drug development for management of AF has focused on agents that selectively affect the atria but not the ventricles of the heart.

Inhibition of I_{Kur} , present in atria, but not ventricles, is an example of an atrial-selective approach.^{8, 9} The generation of selective I_{Kur} blockers is a great challenge because these agents often block other currents (e.g., I_{Na} by vernakalant and AZD7009 and $I_{to}/I_{KACH}/CA-I_{KACH}$ by AVE0118) in addition to I_{Kur} .^{10–13} I_{Kur} density is progressively reduced with acceleration of activation rates¹⁴ and I_{Kur} density is reported to be lower in cells isolated from chronic AF atria.^{13, 15} Moreover, selective I_{Kur} reduction produces only minor APD₉₀ prolongation in human remodeled atria or canine acetylcholine-treated atria (both showing a triangular action potential morphology and prone to develop AF).^{16, 17} These data indicate that the relative contribution of I_{Kur} to atrial repolarization in remodeled hearts is relatively low, particularly at rapid activation rates. Although I_{Kur} block may contribute to the antiarrhythmic efficacy of

the I_{Kur} blockers, I_{Kur} block alone may be insufficient to effectively suppress AF and that inhibition of additional currents may be required (e.g., I_{Na} , I_{Kr} , I_{to} , I_{KACh} , CA- I_{KACh} etc).^{13, 17–20}

The rationale for this approach has been brought into question by the recent finding that loss-of-function mutations in *KCNA5*, the gene that encodes the α subunit of the I_{Kur} channel is associated with the development of AF, suggesting that a reduction in I_{Kur} may promote the development of AF in humans.²¹ Indeed, inhibition of I_{Kur} has been shown to be capable of permitting the induction of AF in experimental models consisting of non-remodeled coronary-perfused canine right atrial preparations.¹⁷ The pro-AF action is likely related to the action of the I_{Kur} blocker to abbreviate APD₉₀.

Atrial-selective sodium channel block

We recently introduced the concept of atrial-selective sodium channel blockers as a novel strategy for the management of AF.^{22–25} Two agents identified as atrial-selective sodium channel blockers are ranolazine and amiodarone. Ranolazine predominantly depresses atrial vs. ventricular sodium channel-dependent parameters and suppresses AF at concentrations that produces little to no effect in the ventricles (Figure 2).²² Chronic amiodarone likewise exerts atrial-selective depression of I_{Na} -dependent parameters, which prevent the induction of AF in experimental models.²³ Ranolazine and chronic amiodarone reduce maximum rate of rise of the action potential upstroke (V_{max}), prolong conduction time (CT), increase diastolic threshold of excitation (DTE), and induce PRR specifically or predominantly in the canine isolated atrial vs. ventricular coronary-perfused preparations.^{22, 23} Induction of PRR is a unique feature of I_{Na} blockers, occurring when the ERP is prolonged beyond the end of repolarization of the action potential. In contrast, propafenone depresses V_{max} and CT, decreases DTE, and induces PRR in a chamber-independent manner at a pacing cycle length of 500 ms, but become slightly more atrial-selective at a BCL of 300 ms.²⁶

Ranolazine, first recognized as an antianginal and then as an anti-arrhythmic agent, blocks early I_{Na} , late I_{Na} , I_{Kr} , and late I_{Ca} at concentration within the therapeutic range (2–8 μ M)^{22, 27} Amiodarone has likewise been shown to inhibit multiple cardiac ionic currents (I_{Kr} , I_{Ks} , I_{Na} , late I_{Na} , I_{to} , I_{Ca-L} , I_{Ca-T} , I_{K1} , $I_{K(ACh)}$, $I_{K(ATP)}$) as well as to block α - and β -adrenoceptors.^{28, 29}

Sodium channel blockers generally bind more effectively to open and/or inactivated sodium channels (i.e., during the action potential) than to resting sodium channels (i.e., during the diastolic interval). Unblocking is commonly associated with the resting state of the sodium channel.^{30, 31} Rapid rates promote the development of sodium channel blockade by increasing the proportion of time that the sodium channels are in the open/inactivated state and reduce the time that the channels are in the resting state. There are no “pure” open or inactivated state I_{Na} blockers. As a general rule, predominantly inactivated-state blockers are I_{Na} blockers having rapid unbinding kinetics ($\tau \leq 1$ sec; i.e., Class IB agents) and predominantly open-state blockers are I_{Na} blockers having medium or slow unbinding kinetics ($\tau > 1$ but < 12 sec and ≥ 12 sec; Class IA and IC agents, respectively).^{31, 32}

The ability of a drug to preferentially block open vs. inactivated sodium channels does not determine the degree of atrial selectivity. While both propafenone and ranolazine are predominantly open state blockers,^{30, 33} (Nesterenko et al, unpublished) amiodarone and lidocaine are predominantly inactivated state blockers.³⁴ Rate of dissociation of drug from the sodium channel on the other hand is thought to contribute to atrial selectivity. Ranolazine and amiodarone, both atrial-selective sodium channel blockers, possess relatively rapid dissociation kinetics (unbinding $\tau=0.2–1.6$ sec)^{22, 35} whereas propafenone, which shows little to no atrial selectivity, displays slow dissociation kinetics (unbinding $\tau \geq 8$ sec).³⁰

The “atrial-selective” properties of sodium channel blockers are due to atrioventricular differences in the biophysical properties of the sodium channel and differences in the morphology of atrial and ventricular action potentials (Figure 2).^{22, 23, 25} As previously discussed, RMP is intrinsically more depolarized in atrial vs. ventricular myocytes.³⁶ Steady state inactivation of I_{Na} is more negative in atrial cells in dogs and guinea pigs; half inactivation voltage ($V_{0.5}$) in atrial cells is 9–14 mV more negative than in ventricular myocytes.^{22, 37, 38} Studies conducted using human atrial and ventricular myocytes show no apparent difference in $V_{0.5}$.^{39, 40} It is noteworthy that data for human ventricular myocytes is very limited and reported data for human atrial cells indicate wide fluctuations in $V_{0.5}$ for steady-state inactivation. For example, half-inactivation for human atrial myocytes has been reported to be –88.5 mV by Lalevee et al.⁴¹ and –96 mV by Sakakibara et al.³⁹ Half-inactivation voltage measured using ruptured-patch techniques depends on a number of factors including the presence of divalents, temperature, specific voltage-clamp method and voltage protocols, as well as glycosylation.⁴² Thus, the absence of a difference between human atrial and ventricular cells and confirmation of this difference in other species await studies in which measurement of steady-state inactivation is made using cell-attached voltage clamp of the macroscopic sodium current in intact cells.

As a consequence of the more negative $V_{0.5}$ and/or more depolarized RMP a large fraction of sodium channels are inactivated at the normal RMP in atrial cells. The fraction of resting channels is therefore smaller in atrial vs. ventricular cells at RMP. Because much of the recovery from sodium channel block commonly occurs during the resting state of the channel,^{31, 32} atrial cells show a greater accumulation of use-dependent sodium channel block. Atrial-selective APD prolongation (due to I_{Kr} block) may also importantly promote atrial selective depression of sodium- channel dependent parameters.

The available data suggest that atrial selectivity of sodium channel blockers at rapid activation rates is due to a number of factors working in concert: 1) The fraction of inactivated sodium channels is greater in atrial cells because of the more negative half-inactivation voltage; 2) RMP is more depolarized in atrial cells, thus further reducing the availability of sodium channel and the number of channels in the resting state; 3) The slower phase 3 in atria results in failure of the action potential to achieve maximum resting potential at rapid rates, thus leading to a depolarized take-off potential, further reducing the availability of sodium channels; 4) The slower phase 3 also leads to elimination of the diastolic interval in atria but not ventricles, thus reducing the rate of dissociation of sodium blockers from the channel; and 5) Recovery from inactivation of the sodium channel is slower in atrial cells.³⁸

Both clinical experience and experimental evidence suggest that “dirty” drugs affecting multiple ion currents, such as amiodarone, are generally more effective than pure atrial-selective potassium or sodium channel blockers. Clinical data indicate that relatively pure I_{Na} blockers, such as lidocaine or mexiletine (Class IB agents), which have rapid binding/unbinding kinetics, are not very effective in suppressing AF.¹ All clinically effective anti-AF Class I agents inhibit multiple currents (such as I_{Kr} , I_{Ks} , I_{to} , etc) and have relatively slow binding/unbinding kinetics from the sodium channel (e.g., flecainide or propafenone, Class IC; and quinidine, Class IA).

Agents with relatively “slow” (τ of ≥ 6 sec^{30, 31}) sodium channel dissociation kinetics are capable of inducing VF and VT in structurally-compromised hearts (e.g., encainide, flecainide and propafenone).⁴³ Atrial-selective I_{Na} blockers such as ranolazine and amiodarone have relatively rapid kinetics (unbinding $\tau=0.2-1.6$ sec),^{22, 28} which can account for their safety in patients with acute coronary syndrome or structurally compromised hearts.^{29, 44, 44, 45} Despite their ability to inhibit I_{Kr} , these agents either do not (ranolazine) or very rarely (amiodarone) induce TdP. The two drugs differ with respect to extra-cardiac toxicity. Chronic amiodarone

in notorious for induction of extra-cardiac toxicity,²⁹ whereas acute and chronic use of ranolazine has been shown to be safe.⁴⁴

Ranolazine, propafenone, and chronic amiodarone are effective in suppression of acetylcholine (ACh)-mediated canine isolated coronary-perfused right atria.^{22, 23, 26} A major difference between ranolazine and propafenone is that at clinically relevant concentrations, which effectively suppress AF (10.0 and 1.5 μM , respectively), ventricular electrophysiological parameters are strongly depressed by propafenone but not ranolazine. Ranolazine has also been shown to suppress isoproterenol-mediated AF associated with ischemia and reperfusion in canine isolated right atria.²² Chronic amiodarone (40 mg/kg/day for 6 weeks) prevents ACh-mediated AF, while causing moderate electrophysiological changes in canine isolated coronary-perfused left ventricular preparations.²³ The antiarrhythmic efficacy of lidocaine (at 21 μM , also a clinically relevant concentration) in this ACh-mediated AF model is relatively poor and its electrophysiologic effects in the ventricles are much greater than those of ranolazine.²²

These actions of ranolazine to suppress AF in experimental models are consistent with the results of the MERLIN-TIMI 36 clinical study in which ranolazine treatment was associated with reduced incidence of supraventricular arrhythmias and a 30% reduction in new onset AF in patients with non-ST segment elevation acute coronary syndrome.⁴⁵ It is also noteworthy that in a recent single-center study, ranolazine was effective in maintaining sinus rhythm in a cohort of AF patients (most of them with structural heart diseases) in which more established AADs had failed.⁴⁶

Both ranolazine and amiodarone demonstrate antiarrhythmic efficacy in the atria but have a low pro-arrhythmic potential in the ventricles likely due to their ability to significantly block late I_{Na} .^{47, 48} A balanced inhibition of outward I_{Kr} and inward late I_{Na} prevents the development of an exaggerated dispersion of repolarization as well as the induction of EADs, thus avoiding both the substrate and trigger for development of Torsade de Pointes arrhythmias.^{47, 49} Late I_{Na} inhibition plays a key role in suppression of ventricular arrhythmias in a variety of pathological conditions such as a long QT syndrome, acute ischemia and heart failure.^{47, 49, 50}

A combination of atrial-selective I_{Na} block and atrial-specific I_{Kur} block is expected to exert a more potent effect, than either approach alone, for the management of AF. Interestingly also, while the ability of I_{Kr} block alone to prolong APD and suppress AF is significantly reduced in remodeled goat atria, additional inhibition of $I_{\text{Kur}}/I_{\text{to}}$ using AVE0118 was effective in suppressing AF.⁵¹

It is important to keep in mind that AF is commonly associated with electrical and structural remodeling, which can significantly modify pharmacologic response of atria to sodium and potassium channel blockers.^{16, 52, 53} The effects of drugs in “healthy” atria and ventricles may therefore differ from those encountered in remodeled atria.^{22, 23, 25} Fibrillating atria or atria susceptible to AF often display short APDs and a depolarized RMP, which reduce and promote the effectiveness of I_{Na} blockers, respectively.³⁰ Not unexpectedly, the ability of ranolazine, chronic amiodarone, lidocaine, and propafenone to suppress sodium channel-dependent parameters is reduced in ACh-treated canine atrial preparations, possessing an abbreviated APD.^{22, 23, 26} Alterations in I_{Na} density or atrial conduction velocity have been reported in remodeled canine,⁵⁴ but not goat⁶ or human⁵⁵ atria. $V_{0.5}$ of I_{Na} inactivation is shifted by +10 mV in cells isolated from AF vs. sinus rhythm patients,⁵⁵ which may reduce atrial sensitivity to I_{Na} blockers and antiarrhythmic efficacy of I_{Na} block in persistent AF. However, the potency of Class IC agents is not altered by atrial tachypacing-induced remodeling in goats.⁵⁶

Conclusion

Atrial-selective sodium channel blockers may offer a safe and effective strategy for the management of AF. Experimental studies indicate that these agents, including ranolazine and amiodarone, are effective in suppressing AF and preventing its re-induction without promoting the risk of VT/VF or TdP. The two principal factors contributing to atrial selectivity are 1) rapid dissociation of the drug from the sodium channels and 2) atrial APD prolongation secondary to inhibition of I_{Kr} , I_{Kur} and/or I_{to} . Additional studies specifically designed to evaluate atrial-selective sodium channel blockers for the management of AF appear to be warranted.

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Ion Channel Currents

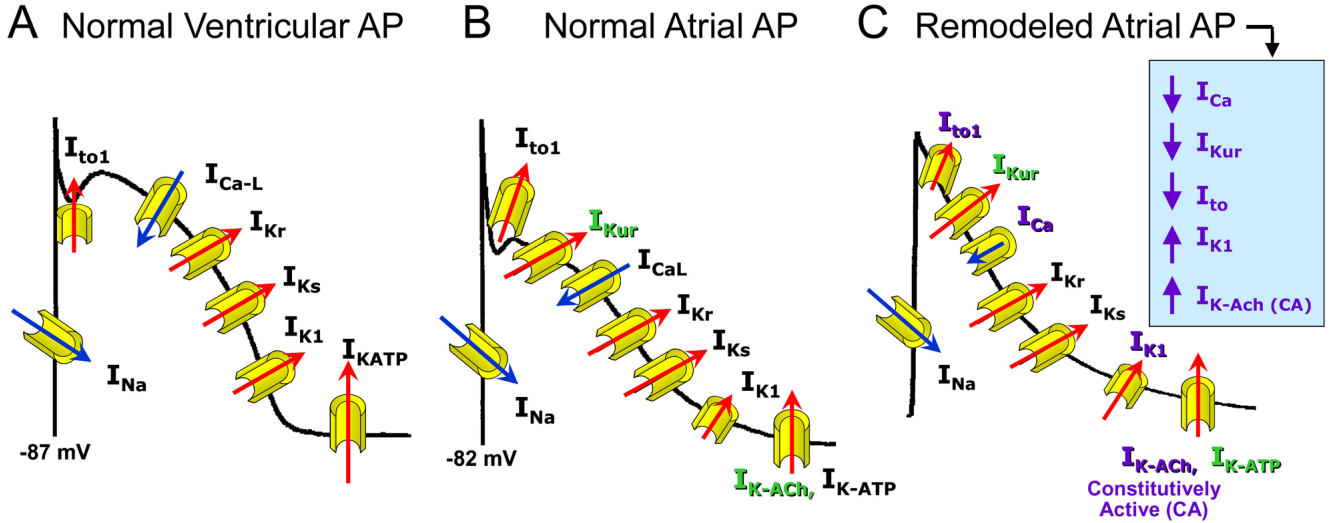


Figure 1. Differences in ion channel currents of action potentials from normal atria and ventricles and remodeled atria

A and B The normal action potential in atria differs from that of the ventricle with respect to ion channel currents that contribute to resting membrane potential (RMP), phase 1, and phase 3 of the action potential. RMP in atria is more depolarized than in the atrial due a smaller I_{K1} . Phase 1 is more prominent in atria due to the presence of a prominent I_{to} and I_{Kur} . Both I_{Kur} and I_{K-Ach} are exclusive to atria. Phase 3 of the action potential is much slower to repolarize in atria because of weaker repolarizing currents I_{Kr} , I_{Ks} and I_{K1} . **C:** Rapid activation of the atria during AF results in a decrease in I_{Ca} , I_{Kur} and I_{to} , but in an increase in I_{K1} and constitutively active I_{K-Ach} . The abbreviation of action potential duration is due principally to the decrease in I_{Ca} and the increase in I_{K1} and constitutively active I_{K-Ach}

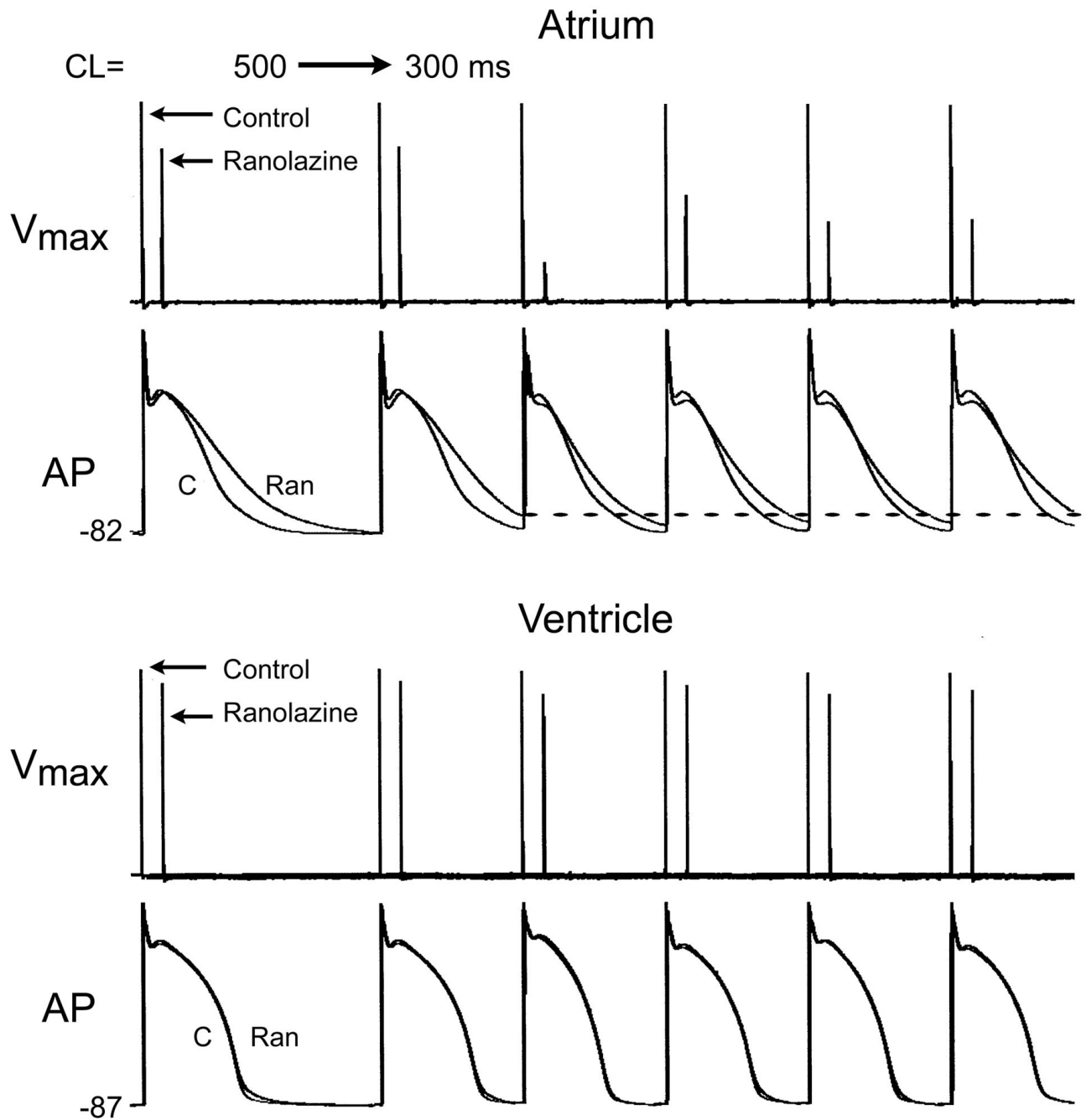


Figure 2. Ranolazine produces a much greater rate-dependent inhibition of the maximal action potential upstroke velocity (V_{max}) in atria than in ventricles

Top: V_{max} and action potentials recordings obtained from coronary-perfused canine right atrium (crista terminalis) before (C) and after ranolazine (10 μ M). **Bottom:** V_{max} and action potentials (AP) recordings obtained from coronary-perfused canine left ventricular wedge preparation (M cell) before (C) and after ranolazine (10 μ M). Ranolazine prolongs late repolarization in atria, but not ventricles and acceleration of rate leads to elimination of the diastolic interval, resulting in a more positive take-off potential in atrium, which contributes to atrial selectivity of the drug. The diastolic interval remains relatively long in ventricles.