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Antiretroviral Therapy Fails to Restore the Severe Th-17 : Tc-17 Imbalance Observed In Peripheral Blood During Simian Immunodeficiency Virus Infection

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Abstract

Background—Human Immunodeficiency Virus and Simian Immunodeficiency Virus infections are characterized by a severe loss of Th-17 cells (IL-17⁺CD4⁺ T cells) that has been associated with disease progression and systemic dissemination of bacterial infections. Anti-retroviral therapy (ART) has led to repopulation of CD4⁺ T cells in peripheral tissues with little sustainable repopulation in mucosal tissues. Given the central importance of Th-17 cells in mucosal homeostasis, it is not known if the failure of ART to permanently repopulate mucosal tissues is associated with a failure to restore Th-17 cells that are lost during infection.

Methods—Dynamics of $\alpha 4^+\beta 7^{hi}$ CD4⁺ T cells in peripheral blood of SIV infected rhesus macaques were evaluated and compared to animals that were treated with ART. The frequency of Th-17 and Tc-17 cells was determined following infection and after therapy. Relative expression of IL-21, IL-23, and TGF β was determined using Taqman PCR.

Results—Treatment of SIV infected rhesus macaques with anti-retroviral therapy was associated with a substantial repopulation of mucosal homing $\alpha 4^+\beta 7^{hi}$ CD4⁺ T cells in peripheral blood. This repopulation, however, was not accompanied by a restoration of Th-17 responses. Interestingly, SIV infection was associated with an increase in Tc-17 responses (IL-17⁺CD8⁺ T cells) suggesting to a skewing in the ratio of Th-17 : Tc-17 cells from a predominantly Th-17 phenotype to a predominantly Tc-17 phenotype. Surprisingly, Tc-17 responses remained high during the course of therapy suggesting that ART failed to correct the imbalance in Th-17 : Tc-17 responses induced following SIV infection.

Conclusions—ART was associated with substantial repopulation of $\alpha 4^+\beta 7^{hi}$ CD4⁺ T cells in peripheral blood with little or no rebound of Th-17 cells. On the other hand, repopulation of $\alpha 4^+\beta 7^{hi}$ CD4⁺ T cells was accompanied by persistence of high levels of Tc-17 cells in peripheral blood. The dysregulation of Th-17 and Tc-17 responses likely plays a role in disease progression.

Keywords

HIV; SIV; simian; immunodeficiency; Mucosa; CD4; Gut; Intestine; ART; PMPA; FTC; Tenofovir

Competing Interests The authors declare they have no competing financial interests.

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Introduction

Human immunodeficiency virus (HIV) and simian immunodeficiency virus (SIV) infections display a significant loss of CD4⁺ T cells(3,11,15,17,20,21,30) very early during the course of infection. The cells lost are memory cells that are critical for the generation of secondary immune responses against previously encountered pathogens or vaccines. Hence, the severe, and early loss of memory CD4 T cells is thought to play a role in the early onset of immunodeficiency.

Mucosal tissues are a major site for viral replication and dissemination(1,3,5,9-12,15,17,20, 21,24,25,27,28,30). Recent studies have shown that the severity of changes in the mucosa during HIV and SIV infections is associated with loss of T-helper-17 (Th-17) cells that are important for maintaining immune homeostasis at these sites(2,4,8,19,29). Th-17 deficiency has been associated with systemic dissemination of Salmonella(29). We have previously shown (14) that the primary producers of IL-17 were the mucosal homing memory CD4⁺ T cells that expressed the $\alpha 4^+\beta 7^{hi}$ phenotype, and these cells were rapidly destroyed after SIV infection skewing the T helper responses towards a Th-1 phenotype. Others have shown that the balance between Th-17 and Th-1 cells in mucosal tissues was significantly altered during infection and was associated with progression of disease(4). Likewise, a number of studies have shown that HIV and SIV infections were associated with loss of Th-17 responses(2,4,8,19,29).

Little is known about the repopulation of Th-17 responses in patients undergoing highly activated anti-retroviral therapy (HAART). Macal et al(19) showed that restoration of mucosal CD4⁺ T cells was associated with repopulation of Th-17 cells, whereas others have reported little or no repopulation of Th-17 responses in HIV infected patients undergoing HAART(2). Likewise, not much is known about the role of IL-17⁺CD8⁺ T cells (Tc-17) in HIV infection.

The primary objective of these studies were to determine if anti-retroviral therapy (ART) leads to the repopulation of mucosal homing CD4⁺ T cells in the periphery, and if this repopulation was associated with the restoration of Th-17 responses. To address this question, we evaluated the dynamics of mucosal homing $(\alpha 4^+\beta 7^{hi})$ and non-homing $(\beta 7^-)$ CD4⁺ T cells in peripheral blood after SIV infection and compared them to animals undergoing ART. $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-$ CD4⁺ T cells were delineated based on the expression of β 7 and CD95, with both α 4⁺ β 7^{hi} and β 7⁻ CD4⁺ T cells being CD95⁺. We have previously shown(14) that mucosal homing CD4⁺ T cells could be delineated based on the expression of $\beta7$ that is primarily coexpressed with the α 4 integrin, and costains with the ACT-1 clone that recognizes an epitope on the α 4 β 7 heterodimer. To determine if ART restored Th-17 cells, we evaluated the ability of $\alpha 4^+\beta 7^{hi}$ and $\beta7^{-}$ CD4⁺ T cell subsets to produce IL-17. Our results demonstrate that ART is associated with a substantial repopulation of mucosal homing $\alpha 4^+\beta 7^{hi}$ CD4⁺ T cells in the periphery. However, this repopulation was not accompanied by a corresponding restoration of Th-17 responses. Rather, we observed a significant increase in Tc-17 responses that remained persistently high during the course of therapy. Overall, these results suggest that ART fails to effectively restore the Th-17 : Tc-17 imbalance seen during chronic SIV infection.

Materials and Methods

Animals, infection & samples

Rhesus macaques (Macaca mulatta) housed at Advanced Bioscience Laboratories Inc., MD were used in this study. Animals were housed in accordance with American Association for Accreditation of Laboratory Animal Care guidelines and were sero-negative for SIV, simian retrovirus and simian T-cell leukemia virus type-1. All the animals were infected with 100 animal-infectious doses of uncloned pathogenic SIVmac251 intravenously. Four animals were treated continuously with PMPA and FTC daily starting at 13 weeks pi. PMPA and FTC were

Peripheral blood mononuclear cells (PBMC) were isolated by density gradient centrifugation. Plasma viral loads were determined by real-time PCR (ABI Prism 7500 sequence detection system, Applied Biosystems) using reverse-transcribed viral RNA as templates using methods previously described(6). CD4 T-cell-associated viral DNA was measured by a quantitative PCR assay for SIV *gag* using a Perkin-Elmer ABI 7500 (Applied Biosystems) instrument as previously described(7,20) using SIV *gag* primers and probe as described by Lifson et al(18). The assay was calibrated using a cell line that carried a single copy of proviral SIV DNA as described previously(20).

Relative expression of IL-21, IL-23 and TGF β mRNA were determined in total PBMC from uninfected, SIV infected (week 28 pi) and SIV infected treated (week 28 pi; 15 weeks ART) animals using the dCt method with previously described primers/probes(13) using β 2M(7, 20) as endogenous control on a Perkin-Elmer ABI 7500 instrument. Data are shown relative to uninfected PBMC.

Antibodies and flow cytometry

All antibodies used in this study except for IL-17 were obtained from BD Biosciences (San Diego, CA), and titrated using rhesus macaque PBMC. For phenotypic analysis and sorting of CD4 T cell subsets cells were labeled simultaneously with the following combinations of antibodies: CD3-Cy7APC, CD8-Alexa-700, CD4-APC, CD95-FITC, Integrin β 7 (Fib 504 clone)-Cy5-PE. Labeled cells were fixed in 0.5% paraformaldehyde, and analyzed using a Becton Dickinson Aria sorter. IL-17 production in CD4 T cell subsets were determined after stimulation with Phorbol myristate acetate (PMA; Sigma-Aldrich, St. Louis, MO) at 10 ng / ml and Ionomycin (Sigma-Aldrich, St. Louis, MO) at 500 ng /ml in the presence of Brefeldin-A (BD Biosciencs) for 4 hours. After stimulation cells were labeled with anti-CD3-Cy7APC, CD8-Alexa-700, CD4-PE, CD95-FITC, Integrin β 7-Cy5-PE. Cells were fixed in Cytofix/perm buffer (BD Biosciences), and labeled with anti-IL-17-APC (e-Biosciences). Labeled cells were fixed in 0.5% paraformaldehyde, and analyzed using a modified Becton Dickinson Aria sorter.

Data analysis

Flow cytometric data was analyzed using FlowJo version 8.6 (Tree Star, Inc., Ashland, OR). Statistical analysis was performed with GraphPad Prism Version 4.0 software (GraphPad Prism Software, Inc. San Diego, CA).

Results

ART significantly suppressed viral loads leading to repopulation of $\alpha 4^+\beta 7^{hi}CD4^+T$ cells

To determine if ART suppressed viral infection, we evaluated the level of plasma viremia, and SIV infection in memory CD4 T cells during ART and compared them to untreated control animals. Our results show that ART significantly suppressed plasma viral loads to below detection (<30 copies / ml of plasma; Fig. 1a), and significantly reduced the frequency of SIV infected memory CD4 T cells (Fig. 1b) as compared to untreated animals.

Next we evaluated if suppression of viremia was associated with repopulation of memory CD4 T cells that home to mucosal tissues. We have previously shown(14) that total memory CD4⁺ T cells in peripheral blood comprised of two major subsets namely, $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-CD4^+$ T cells with ~ 25% of memory T cells expressing the $\alpha 4^+\beta 7^{hi}$ phenotype and the rest expressing the $\beta 7^-$ phenotype. Both the subsets expressed CD95, a marker expressed by

memory T cells(26). We observed a substantial increase in the absolute numbers of both $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-CD4^+$ T cells in peripheral blood of treated animals as compared to untreated animals.

Th-17 cells fail to repopulate whereas Tc-17 cells are increased during ART

To evaluate if the repopulation of mucosal homing memory CD4 T cells was accompanied by the restoration of Th-17 responses, we evaluated the ability of $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-CD4^+$ and CD8⁺T cells in peripheral blood to produce IL-17 following therapy and compared them to untreated animals.

Our results demonstrated that the major source of Th-17 and Tc-17 responses in healthy animals was found to be predominantly within $\alpha 4^+\beta 7^{hi}CD4^+$ and $\alpha 4^+\beta 7^{hi}CD8^+T$ cells (Fig. 2a). Interestingly, healthy rhesus macaques harbored ~ 3 × more Th-17 cells as compared to Tc-17 cells indicating that the homeostatic balance between Th-17 and Tc-17 cells likely plays an important role in maintaining mucosal integrity and function.

SIV infection was associated with a near total depletion of Th-17 responses (Fig. 2b). In contrast to Th-17 responses, we observed a dramatic increase in the frequency of Tc-17 cells that stayed high through the course of infection. Surprisingly, there was little or no repopulation of Th-17 cells during the course of continuous ART suggesting that ART failed to reverse the viral infection associated loss of Th-17 responses in peripheral blood. Likewise, ART failed to suppress the increased levels of Tc-17 responses seen in untreated animals. Taken together these data suggests that chronic infection is associated with a significant shift in the balance of Th-17 : Tc-17 responses from a Th-17 phenotype to a predominantly Tc-17 phenotype (Fig. 2c), a dysregulation that could not be reversed with ART even after effective suppression of viral replication.

To determine if the inability to repopulate Th-17 responses was associated with loss of IL-21, IL-23 and TGF β responses, we evaluated the expression of IL-21, IL-23 and TGF β mRNA in treated animals and compared them to untreated animals. Previous studies(16,31) have shown that IL-21, IL-23 and TGF β play an important role in the generation and maintenance of Th-17 responses. Our results showed that there was a ~2-4 fold down regulation of IL-21, IL-23 and TGF β mRNA in both treated and untreated animals as compared to uninfected animals. Interestingly, there was no difference in the level of IL-21, IL-23 and TGF β expression between treated and untreated animals.

Discussion

Th-17 cells have been shown to play an important role in immune homeostasis in mucosal tissues. These cells are severely depleted very early during the course of infection leading to an imbalance in Th-17 : Th-1 responses that is thought to contribute to disease progression (2,4,8,14,19). Loss of Th-17 cells have been associated with translocation of bacterial products and systemic dissemination of bacteria such as Salmonella leading to chronic immune activation and disease progression(29). Unlike pathogenic SIV infection, natural hosts such as SIV infected Sooty mangabeys preserve Th-17 cells and do not exhibit immune activation observed in pathogenic SIV infections(2).

It is interesting that repopulation of mucosal homing $CD4^+$ T cells was not accompanied by the restoration of Th-17 responses or a decrease in Tc-17 responses suggesting that pathogenic SIV infection is associated with a significant dysregulation of the IL-17 pathway that involves both $CD4^+$ and $CD8^+$ T cells. The significance of this dysregulation, and the failure of ART to restore the homeostatic balance that existed prior to infection are not clear. It is possible that the dysregulation in Th-17 : Tc-17 responses likely contributes to the eventual failure of ART

to control viral replication. IL-17 is a proinflammatory cytokine, and the increased levels of Tc-17 responses even after therapy suggests that the proinflammatory environment persists even after viral replication is effectively suppressed with therapy. The exact role of Tc-17 responses in HIV pathogenesis is not clear, and additional studies are needed to better understand the role Tc-17 cells play in disease progression. Ndhlovu et al(23) reported that suppression of HIV-1 plasma viral loads below detection preserved IL-17 producing T cells in HIV-1 infection. However, this study measured IL-17 responses in total PBMC, and it is possible that the IL-17 responses observed in these HIV infected subjects undergoing HAART was due to IL-17 production by Tc-17 cells.

Studies(22) have shown that CD4 T cells either fail to or only transiently repopulate mucosal tissue during long-term HAART. It is possible that that skewing of the Th-17 : Tc-17 responses from a Th-17 to a predominantly Tc-17 phenotype even after long-term ART likely sustains that loss of mucosal homeostasis, and contributes to the lack of mucosal repopulation. Previous studies(19) have shown that effective repopulation of CD4 T cells in the gut associated lymphoid tissues in patients undergoing HAART was associated with enhanced Th-17 cells.

It is not clear why Th-17 cells failed to repopulate after therapy. It is possible that Th-17 deficiency is accompanied by a deficiency in Th-17 promoting cytokines such as IL-21, IL-23 and TGF β that are required for the development and differentiation of Th-17 cells(16,31). In fact, we saw a down regulation of the IL-21, IL-23 and TGF^β following SIV infection that could not be reversed with ART suggesting that the dysregulation of the Th-17 pathway likely involves other cytokines that are necessary for the development and differentiation of Th-17 cells. Though the deficiency in these IL-17 promoting cytokines may explain the lack of repopulation of Th-17 cells, it does not explain the significant increase in Tc-17 cells suggesting to other mechanisms playing a role in this process. Note that we measured IL-21, IL-23 and TGFβ expression in total PBMC. It is possible that in secondary lymphoid tissues such as the mucosa where most of the Tc-17 cells originate, these IL-17 promoting cytokines are being expressed at much higher levels that likely contribute to the increase in Tc-17 cells. It is also important to point out that we evaluated IL-17 production following PMA/Ionomycin stimulation that measures the potential to make IL-17 rather than actual in vivo responses, and it is possible that other stimuli such as bacterial or fungal products may induce Th-17 responses in the animals we studied. PMA/ionomycin, however, are potent mitogenic activators of cytokine responses. Hence, it was surprising that little or no Th-17 responses could be detected at the time points we evaluated, whereas higher frequencies of Tc-17 cells were detectable at the same time points.

In conclusion, our results show that long-term therapy fails to effectively repopulate Th-17 cells and restore the homeostatic balance between Th-17 : Tc-17 responses that existed prior to infection. It is possible that the failure to restore Th-17 cells or suppress Tc-17 cells during therapy likely contributes to the eventual failure of the immune system to control viral infection during ART.

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M.K and S.B performed the experiments and helped in the analysis and interpretation of data, and preparation of the manuscript. M.P and JL helped with plasma viral load assays. J.J M designed, helped with preparation of the manuscript, and supervised the study.

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Figure 1. ART leads to significant repopulation of both $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-\,CD4^+\,T$ cells in peripheral blood

(a) Plasma and (b) memory CD4⁺ T cells associated viral loads at week 28 pi. (c) Absolute counts of $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-$ CD4⁺ T cells in treated animals (n = 4) as compared to untreated animals (n = 4). $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-$ CD4⁺ T cells were delineated based on the expression of $\beta 7$ and CD95, with both $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-$ CD4⁺ T cells being CD95⁺. ART was initiated at 13 weeks pi in treated group of animals.

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Figure 2. Th-17 cells fail to repopulate after therapy

(a) $\alpha 4^+\beta 7^{hi}CD4^+$ and CD8⁺T cells harbor significantly higher frequencies of IL-17 producing cells in healthy animal's (n = 4). $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-CD4^+$ and CD8⁺T cells were delineated based on the expression of $\beta 7$ and CD95. Gates were set on CD95⁺ cells to delineate $\alpha 4^+\beta 7^{hi}$ and $\beta 7^-$ memory T cells(14). (b) Frequency of IL-17 producing $\alpha 4\beta 7^{hi}CD4^+$ and CD8⁺T cells in untreated SIV infected (n = 4) and SIV infected treated animals (n = 4). (c) Ratio of Th-17 : Tc-17 responses in uninfected (n = 4), untreated SIV infected (n = 4) and treated animals (n = 4). (d) Relative expression of IL-21, IL-23 and TGF β mRNA in total PBMC from untreated SIV infected (n = 4) and treated SIV infected animals at 28 weeks pi (n = 4). ART was initiated

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at 13 weeks pi in treated group of animals. Data are shown relative to uninfected animals (n = 4).