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## A Semiparametric Transition Model with Latent Traits for Longitudinal Multistate Data

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## SUMMARY

We propose a general multistate transition model. The model is developed for the analysis of repeated episodes of multiple states representing different health status. Transitions among multiple states are modeled jointly using multivariate latent traits with factor loadings. Different types of state transition are described by flexible transition-specific nonparametric baseline intensities. A state-specific latent trait is used to capture individual tendency of the sojourn in the state that cannot be explained by covariates and to account for correlation among repeated sojourns in the same state within an individual. Correlation among sojourns across different states within an individual is accounted for by the correlation between the different latent traits. The factor loadings for a latent trait accommodate the dependence of the transitions to different competing states from a same state. We obtain the semiparametric maximum likelihood estimates through an expectation-maximization (EM) algorithm. The method is illustrated by studying repeated transitions between independence and disability states of activities of daily living (ADL) with death as an absorbing state in a longitudinal aging study. The performance of the estimation procedure is assessed by simulation studies.

## Keywords

Aging study; Competing risk; Dependent censoring; Duration state model; Frailty; Joint modeling; Latent variable; Latent trait; Longitudinal data; Multistate transition; Survival analysis

## 1. Introduction

Many health studies involve conditions whereby subjects make repeated transitions over time among a set of defined states representing different health status. A popular analytic framework uses intensity-based methods (Andersen et al., 1993) in which state transition intensities are specified.

The methodological development in this article is motivated by a longitudinal study of activities of daily living (ADL) among older persons (Gill, Hardy, and Williams, 2002). Participants who needed help from another person or were unable to complete at least one of the four ADL

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tasks (dressing, bathing, walking, transferring) were considered disabled. Many older persons made multiple transitions between ADL independence and disability before death. Repeated transition between community stay and hospital stay before remission in schizophrenia patients is another example. In kidney transplant patients, total organ rejection is regarded as a nonabsorbing state but not a repeated state because the state of total organ rejection usually cannot be revisited. Important questions arise such as: Does the duration of a healthier state continually lengthen (improved health) or shorten (worsening health) over time? Can such a progressive pattern be tested and the magnitude be estimated?

In our approach, each nonabsorbing state can have its own latent trait. This state-specific individual latent trait represents an unobserved risk factor associated with transitioning from that state or an intrinsic individual tendency of sojourn in the state that cannot be fully explained by measured covariates. Thus, the latent trait accounts for correlation among the repeated sojourns in that state within the same individual (association type I). The use of multivariate latent traits accounts for correlation (positive or negative) among the sojourns in different states within an individual (association type II). A positive correlation indicates that longer (or shorter) gap times in all the involved states are more likely so that the transitions are less likely (or more likely). A negative correlation indicates that a longer gap time in one state is associated with a shorter gap time in the other involved states. A novel feature of our model is the introduction of factor loadings into the semiparametric model. The factor loadings conveniently account for the possible dependence (either positive or negative) among the competing transitions to different states from a same state within an individual (association type III). A positive (negative) dependence indicates that an increased likelihood of transitioning to one state is associated with an increased (decreased) likelihood of transitioning to another state from a same state. For multistate data with more than two states, all the three types of association can be present. The semiparametric model with latent traits introduced in this article simultaneously accommodate all these three types of association.

Previous work using a single shared frailty (a latent variable) to characterize heterogeneity in multivariate survival data has some deficiencies. In most cases, univariate frailty only induces positive association within the cluster (Joe, 1993). In the correlated gamma frailty models considered by Parner (1998), a common cluster-specific frailty plus an individual-specific frailty are used so that an individual has his/her own frailty that is correlated but not shared with the frailty of another individual in the same cluster. However, the correlated gamma frailties still can only accommodate positive correlation within the cluster. Often, there are situations when event times within a same cluster are negatively associated. For example, alternating community stay and hospital stay among severe schizophrenia patients, and independence and disability states in our ADL example may be negatively correlated. The bivariate log-normal frailty considered by Xue and Brookmeyer (1996) naturally accommodates negative correlation between sojourns in different states. However, without introducing factor loadings, possible dependence arising from competing transitions to different states from a same state cannot be accommodated using the usual log-normal frailties when there exist more than two states. In our ADL example, recovery from disability and death in a disability state are competing transitions that may well be dependent. Liu, Wolfe, and Huang (2004) modeled the intensity functions of point processes of repeated hospitalizations and death in transplant candidates suffering from severe kidney diseases by using a single gamma frailty with a factor loading. However, their model also treated the hospitalization as a point event neglecting the length of stay and is not suitable for data with more than two states.

The article is organized as follows. In Section 2, we describe in more detail our ADL example. In Section 3, we present our multistate latent traits model. We describe its estimation procedure in Section 4. In Section 5, we present the results from the analysis of the ADL data set. We conduct the simulation studies in Section 6, and conclude with a discussion in Section 7.

## 2. The ADL Example in Longitudinal Aging Study

The participants were all in the independence state of ADL at entry. The data set consists of monthly follow-up interviews for the first 84 months on 754 subjects; 228 participants died after a median follow-up of 42 months, and 35 dropped out of the study after a median follow-up of 21 months. Complete details of this longitudinal aging study regarding the follow-up assessments, including formal tests of reliability and accuracy, have been published previously (Gill et al., 2002).

Table 1 presents summary statistics of our ADL data set. Briefly, both genders spent less time in disabled state than independent state with women being in disabled state longer than men. Overall, women made slightly more transitions and were followed for a longer time before death, that is, they lived longer with lower overall mortality (27.5% for women vs. 35.5% for men). These results can be explained by the finding that older age and longer follow-up times as indicated by more transitions are both associated with being in a disability state (see Section 5.2.1). For both genders, death was much more likely to occur in a disability state. In analyzing the data, we address questions such as: whether a shorter sojourn in disabled state indicates a higher likelihood of recovery and a longer sojourn in independent state; whether death dependently censors the stay in an ADL state or is simply a result of older age; and whether death is more related to one ADL state than the other.

#### 3. A Semiparametric Multistate Model with Latent Traits

#### 3.1 Model Specification

Suppose there are *n* independent individuals indexed by i = 1,...n and K + M states with *K* nonabsorbing states indexed by k = 1,...,K and *M* absorbing states indexed by k = K + 1, ...,K + M. Let  $j(j = 1,...,J_{ik})$  index the *j*th visit of state *k* by individual *i* and  $\max_{i \in \{1,...,n\}} J_{ik} \ge 2$  if state *k* is nonabsorbing and can be revisited. It should also be noted that sometimes a transition from one state to another nonabsorbing state is not biologically plausible, for example, the transition from total organ rejection to no rejection is not possible in a kidney transplant patient.

We specify an intensity function for transition from a nonabsorbing state k(k = 1,...,K) to a different state l(l = 1,...,K + M) in the following semiparametric multiplicative model:

$$\lambda_{ijkl}(t) = R_{ijkl}(t)\lambda_{0kl}(t) \exp\left\{\mathbf{X}_{ijkl}^{1}(t)\beta_{kl} + \gamma_{kl}\eta_{ik}\right\}.$$
(1)

In this model, *t* is the gap time since the last transition, and  $R_{ijkl}$  is the observed at-risk process for individual *i* with  $R_{ijkl}(t) = 1$  if subject *i* is at risk for transition to state *l* in the *j*th visit of state *k* and not censored at time *t* and zero otherwise. If the transition from state *k* to *l* is not possible at *t* for individual *i*, then  $R_{ijkl}(t) = 0$ .  $\lambda_{ijkl}$  is the intensity of transition from state *k* to *l* during *j*th visit to state *k* by individual *i*,  $\lambda_{0kl}$  is the unspecified baseline intensity function with cumulative intensity  $\Lambda_{0kl}$ ,  $\mathbf{X}_{ijkl}$  is a column vector of possibly time-dependent covariates for individual *i* associated with the transition to state *l* during *j*th visit of state *k*,  $\beta_{kl}$  is the corresponding vector of regression coefficients for  $\mathbf{X}_{ijkl}$ ,  $\eta_{ik}$  is the individual *i*'s latent variable of trait for sojourn in state *k*, and  $\gamma_{kl}$  is the loading representing the effect of the latent trait measure on the transition from state *k* to state *l*. The maximum number of latent traits equals the number of repeated nonabsorbing states, so there can be only two latent traits in our ADL example.

Let  $\mathbf{\eta}_i = (\eta_{i1}, \dots, \eta_{iK})^T$  and  $\mathbf{\eta}_i$  is assumed to have a multivariate normal distribution with mean zero and variance–covariance matrix **G**. The choice of the multivariate normal distribution

conveniently accommodates any possible negative correlation due to sojourn among different states within the same individual. The covariates in  $\mathbf{X}_{ijkl}$  may contain the number of transitions individual *i* made since the beginning of follow-up to capture the possible "instability" effect in that increased number of transitions indicates a decreased tendency for staying in the same state.

Our model only requires  $K + M \ge 2$  but not  $M \ge 1$  and is general enough to accommodate both repeated and/or forward transitions.

#### 3.2 Summary of the Data

Let  $D_{ijk}$  be the index of the state that is transited to from the *j*th visit of state *k*, and  $U_{ijk}$  be the gap time of *j*th visit in state *k* for individual *i*. Define the counting process  $N_{ijkl}(t) = I(U_{ijk} \le t, D_{ijk} = l)$  and write  $dN_{ijkl}(t) = N_{ijkl}\{(t + dt)^{-}\} - N_{ijkl}(t^{-})$  as  $dt \to 0$ . Using this notation,  $N_{ijkl}(U_{ijk}) = 1$  and  $N_{ijkl'}(U_{ijk}) = 0$  for any  $l' \ne l$  if  $D_{ijk} = l$ .

Define  $\mathbf{X}_{i...} = {\mathbf{X}_{i.1,:},...,\mathbf{X}_{i.K.}}$  as all the covariates for subject *i* with  $\mathbf{X}_{i.k.} = {R_{ijkl}\mathbf{X}_{ijkl}(t)}$ ,  $\mathbf{N}_{i...} = {N_{i.1,...,N_{i.K.}}}$  denote all the counting processes for subject *i* with  $N_{i.k.} = {N_{ijkl}(t)}$ , and  $\mathbf{R}_{i...} = {R_{i.1,...,R_{i.K.}}}$  denote all the at-risk processes for subject *i* with  $R_{i.k.} = {R_{ijkl}(t)}$ . In all the above,  $j = 1,...,J_{ik}$ ; l = 1,...,K + M;  $l \neq k, t \in [0, U_{ijk}]$ . Therefore, the observed data for subjects can be written as  $\mathbf{O}_{...} = {\mathbf{O}_{i...}; i = 1,...,n}$  with  $\mathbf{O}_{i...} = {\mathbf{X}_{i...}, \mathbf{N}_{i...}, \mathbf{R}_{i...}}$  denoting observed data for subject *i*. We assume  $\mathbf{O}_{i...}$  and  $\mathbf{O}_{i'...}$  are independent for any  $i \neq i'$ .

#### 3.3 Model Interpretation and Identification

As discussed by Manton, Stallard, and Vaupal (1986), often the fit of a model is more sensitive to assumptions in the form of the baseline intensity or hazards than in the form of the frailty distribution, so we adopt a nonparametric flexible baseline intensity function that is specific for both the current state and the state to be transited to. The use of a gap time scale implies that the process of multistate transition is "renewed" right after a transition to a nonabsorbing state is made, so the "full" capacity of multistate transitions is resumed.

The novel feature in our model is the use of latent trait  $\eta_{ik}$  with loading  $\gamma_{kl}$ . The state-specific individual latent trait captures an individual's tendency of sojourn in that state and naturally induces correlation among repeated sojourns in the state within an individual. Dependence arising from the competing transitions from the same state to different states is accounted for by using the factor loadings. Our latent traits with loadings are different from random effects or frailties in that both the latent traits and the loadings are unknown, whereas unknown random effects of regression coefficients are used with observed covariates and frailties have loadings of one.

For the model to be identified, the smallest *l* in the loading  $\gamma_{kl}$  is assumed to be one for each *k*, that is,  $\gamma_{k,\min(l:l\neq k)} = 1$ . This restriction is imposed because the variance components in **G** are allowed to vary freely. Imposing a  $\gamma_{kl} = 1$  implies that a greater value of the latent trait  $\eta_{kl}$  is associated with increased likelihood of transition from state *k* to *l*. With the transition to state *l* with the smallest number in the label serving as the reference level, the sign and the size of  $\gamma_{kl'}(l' \neq l)$  determine the direction and the extent of the association between the latent trait for the transition from state *k* to *l*. When K = 2 and M = 0, model (1) reduces to the bivariate log-normal model of Xue and Brookmeyer (1996) for two alternating states. Furthermore, when K = 1 and M = 1, model (1) is the frailty model with a single event considered by Barker and Henderson (2005).

## 4. An Estimation Procedure

We use semiparametric maximum likelihood (SPML) methods to simultaneously estimate the parameters in our model via the expectation-maximization (EM) algorithm. Let  $\Psi$  denote the collection of all parametric components of the parameters  $\beta$ 's,  $\gamma$ 's, and **G**,  $\Lambda_{0.}$  denote the collection of the nonparametric cumulative baseline intensity functions  $\Lambda_{0kl}$ 's and [A|B] denote the conditional density of *A* given *B*. The log likelihood of the observed data **O**<sub>...</sub> given the

covariates  $\mathbf{X}_{i...}$  is written as  $l_n(\Psi, \Lambda_{0^-}; \mathbf{O}_{\cdots}) = \sum_{i=1}^n \log \int [\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots} |\eta_i, \mathbf{X}_{i\cdots}] [\eta_i] d\eta_i$ . This observed log likelihood is computationally difficult to maximize because of the presence of the integration within the logarithm. Therefore we use the EM algorithm to maximize the complete data log likelihood, which is written as

$$\sum_{i=1}^{n} \{ \log[\mathbf{N}_{i...}, \mathbf{R}_{i...} | \eta_{i}, \mathbf{X}_{i...}] + \log[\eta_{i}] \}$$

$$= \sum_{i=1}^{n} \sum_{k=1}^{K} \sum_{j=1}^{J_{ik}} \sum_{l=1}^{K+M} \sum_{k=1}^{K+M} \sum_{j=1}^{U_{ijk}} \{ \log[\lambda_{0kl}(t)] + \mathbf{X}_{ijkl}^{T}(t)\beta_{kl} + \gamma_{kl}\eta_{ik} \} dN_{ijkl}(t)$$

$$- \int_{0}^{U_{ijk}} R_{ijkl}(t)\lambda_{0kl}(t) \exp[\mathbf{X}_{ijkl}^{T}(t)\beta_{kl} + \gamma_{kl}\eta_{ik}] dt]$$

$$+ \sum_{i=1}^{n} \log[\{2\pi \det(\mathbf{G})\}^{-\frac{1}{2}} \exp[-\eta_{i}^{T}\mathbf{G}^{-1}\eta_{i}/2\}].$$
(2)

The calculation for the conditional expectation of a function g of the latent traits given the

observed data, 
$$E\{g(\eta_i)|\mathbf{O}_{i\cdots}\} = \frac{\int g(\eta_i)[\eta_i][\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}|\eta_i, \mathbf{X}_{i\cdots}] d\eta_i}{\int [\eta_i][\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}|\eta_i, \mathbf{X}_{i\cdots}] d\eta_i}, \text{ is given as}$$

$$\frac{\int g(\eta_i) \exp\left[\sum_{k=1}^{K} \sum_{j=1}^{J_{ik}} \sum_{l=1}^{K+M} \{\gamma_{kl}\eta_{ik}N_{ijkl}(U_{ijk}) - \Lambda_{ijkl}(U_{ijk})e^{\gamma_{kl}\eta_{ik}}\}\right] \phi(\eta_i) d\eta_i}{\int \exp\left[\sum_{k=1}^{K} \sum_{j=1}^{J_{ik}} \sum_{l=1}^{K+M} \{\gamma_{kl}\eta_{ik}N_{ijkl}(U_{ijk}) - \Lambda_{ijkl}(U_{ijk})e^{\gamma_{kl}\eta_{ik}}\}\right] \phi(\eta_i) d\eta_i}$$
(3)

with  $\Lambda_{ijkl}(U_{ijk}) = \int_0^{U_{ijk}} R_{ijkl}(t) \lambda_{0kl}(t) \exp{\{\mathbf{X}_{ijkl}^{T}(t)\beta_{kl}\}} dt$  and  $\phi(\mathbf{\eta}_i)$  is the multivariate normal density for  $\mathbf{\eta}_i$ . Equation (3) follows because the terms without  $\eta_{ik}$  cancel out in the numerator and the denominator for  $[\mathbf{N}_{i...}, \mathbf{R}_{i...}]\mathbf{\eta}_i, \mathbf{X}_{i...}]$ . Because there are no closed forms for the integrals in (3), a Monte Carlo integration method with antithetic simulation in the E-step as described by Henderson, Diggle, and Dobson (2000) is used. There are also no closed-form solutions for  $\beta_{kl}$  and  $\gamma_k$ , so one-step Newton–Raphson is used in the M-step. Other details of the EM algorithm are given in Appendix A. Because problems such as multiple solutions and convergence to a stationary point may exist, the EM was repeated from different starting values to ensure convergence to a global maximum.

The standard errors for  $\Psi$  are estimated using the bootstrap. As a comparison, they are also approximated with the submatrix of the inverse of empirical information for { $\Psi$ ,  $\Lambda_{0..}$ } (McLachlan and Krishnan, 1997). This empirical information is used to approximate the observed information under EM algorithm using the Louis formula (Louis, 1982). The empirical information matrix reduces to the empirical Fisher information matrix when evaluated at the SPML estimates, { $\Psi$ ,  $\Lambda_{0..}$ }, as

$$\sum_{i=1}^{n} S(\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}, \mathbf{X}_{i\cdots}; \boldsymbol{\Psi}, \boldsymbol{\Lambda}_{0^{-}}) S^{\mathsf{T}}(\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}, \mathbf{X}_{i\cdots}; \boldsymbol{\Psi}, \boldsymbol{\Lambda}_{0^{-}})$$

where the observed score vector,  $S(\mathbf{N}_{i...}, \mathbf{R}_{i...}, \mathbf{X}_{i...}; \hat{\Psi}, \hat{\Lambda}_{0..})$ , can be calculated from the expected complete data score obtained at the convergence of the EM algorithm as

$$\begin{split} \mathsf{E}_{\Psi, \Lambda_{0^{\circ}}} & \left\{ S_{\mathsf{C}}(\mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}, \mathbf{X}_{i\cdots}; \eta_{i}; \Psi, \Lambda_{0^{\circ}}) \right| \\ & \mathbf{N}_{i\cdots}, \mathbf{R}_{i\cdots}, \mathbf{X}_{i\cdots}, \} \Big|_{\Psi = \widehat{\Psi}, \Lambda_{0^{\circ}} = \widehat{\Lambda}_{0^{\circ}}}. \end{split}$$

The complete score  $S_{\rm C}$  is much easier to calculate and has a closed-form expression, which motivated the use of the above EM algorithm.

We did not obtain the estimates of the standard errors via the profile likelihood with  $\{\lambda_{0kl}\}$ being profiled out because Hsieh, Tseng, and Wang (2006) found the standard errors via the profile likelihood are underestimated as compared to those via bootstrap in the semiparametric joint model of longitudinal and survival outcomes. This underestimation likely results because the dimension of the parameters  $\Psi$  is much smaller in the profile likelihood than that of { $\Psi$ ,  $\Lambda_{0...}$ } in the Louis formula and that the covariance between  $\Psi$  and  $\Lambda_{0...}$  is nonzero. So the variance estimates from inverting the observed information matrix for  $\Psi$  in the profile likelihood are smaller than those from inverting the observed information matrix for { $\Psi$ ,  $\Lambda_{0...}$ }. Because the asymptotically estimated standard errors based on the empirical information without using profile likelihood may still be smaller than those via bootstrap in finite samples, we base the inferences about covariate effects on the bootstrap standard errors whenever there is a difference in the significance of the findings.

## 5. Analysis of the Longitudinal ADL Data

#### 5.1 Description of the Variables

The response variable is ADL status (independence or disability) from monthly telephone interviews or death. Time-dependent covariates were recorded through comprehensive inhome assessments that were conducted at baseline and every 18 months. The data set analyzed consists of the observations from 752 out of the 754 participants because 2 participants died before their first interview. We use k = 1, 2, and 3 to index the states of independence, disability, and death, respectively. Covariates with meaningful two-way interactions were selected according to the overall clinical relevance and statistical significance from fitting univariate event data. The covariates include baseline age in years (age), indicator of female gender (sex), and some important time-varying indicators such as living alone (alone), depression (depres), and a slower gait speed (frail).

#### 5.2 Solution from Fitting the Latent Trait Model to the ADL Data

The  $\mathbf{X}_{ijkl}$  in the final fitted model includes only the aforementioned covariates with two-way interactions that have p-values less than 0.1 as judged by the univariate analysis. Table 2 shows that the conclusions on the covariates effects and the loadings are consistent based on the bootstrap and the asymptotics except for sex:frail. The significance of the effects is assessed by the Wald statistics. The asymptotic estimates of the standard errors for  $\hat{\beta}_{kl}$  and  $\hat{\gamma}_{kl}$  are close to or smaller than those from the bootstrap except for the effect of tran in  $\hat{\beta}_{21}$ . The asymptotic estimates of the standard errors based on the profile likelihood

are always smaller than those from the approximation of Louis' formula described in Section 4 (not shown).

**5.2.1 Fixed effects**—The top left panel of Table 2 presents the fixed effects on the transition from ADL independence to disability. Increased age, the number of previous state transitions (tran), depression (depres), and physical frailty (frail) all significantly increase the likelihood of transition. The interaction term of frail:tran is significant, but has the opposite effect of either main effect because frail and tran are partially overlapping in their effects on the transition, so that their combined effect is less than additive. The effect of living alone (alone) on the transition depends on the number of previous transitions due to the presence of a significant interaction effect of alone:tran. Living alone initially decreases the likelihood of the transition, but for those having made at least two previous transitions (consisting of a transition from ADL independence to disability and back to independence) it increases the likelihood, that is, once an individual experiences disability, living alone (in an independence state) increases the risk of becoming disabled again. Neither the main effect of sex nor the two interaction effects with sex are significant for the transition.

The top right panel of Table 2 shows that for an ADL-independent person, age is the only significant predictor for death. There also does not seem to exist any latent trait associated with dying in independence after accounting for just age (see the second paragraph in Section 5.2.3).

Increased age and physical frailty (frail) are the two significant factors that reduce the chance of recovery from disability (Table 2, middle left panel). In sum, older age is associated with being in a disability state such that other risk factors would come into play (to increase the likelihood of death).

Being female is a significant protective factor for death for disabled persons (Table 2, middle right panel). Physical frailty is also a significant protective factor, together with the effects shown in the middle left panel, these findings indicate that a physically frail person may live with disability for a long time without dying or recovering. Increased number of previous state transitions (tran) also significantly reduces the likelihood of death with disability, indicating that the previous recoveries from disability as evidenced by many transitions seem to protect an ADL-disabled person from death. The opposite sign of frail:tran versus frail and tran on death has a similar interpretation as for the transition from ADL independence to disability.

**5.2.2 Transition intensities**—Scatter plots of the nonparametric estimates of and of the corresponding smoothed baseline intensities are shown in Figure 1. After recovery from ADL disability, the likelihood of transition back to disability among survivors significantly decreases during the first 20 months and then stabilizes (Figure 1, top left). During the first 10 months in disability state, the likelihood of recovery sharply decreases (Figure 1, bottom left). There is also an increased overall trend for death after an ADL transition (Figure 1, right panels). That is, the likelihood of death is relatively constant for the first 20 months in either the independence or disability state and then increases rapidly thereafter. The data suggest that prolonged sojourn in an independence state after 70 months in a disability state, recovery is unlikely but the likelihood of death continues to increase. It is evident that the disability state is relatively unstable compared to the independence state because the overall intensities of recovery and of death are significantly greater than the transition intensities in the independence state, therefore the sojourn in the disability state is much shorter.

**5.2.3 Effects of the latent traits**—Prediction of the latent traits, denoted by  $\eta_{ik}$ , for each individual is calculated as the conditional expectation of the latent traits given the individual's observed data, that is,  $\tilde{\eta}_{ik} = E(\eta_{ik}|\mathbf{O}_{i...})$  in the last iteration of the EM algorithm.

Here a latent trait denotes the intrinsic individual tendency of transitioning out of a particular state (or sojourn in that state) that cannot be explained by the listed covariates in Table 2 and captures dependence between repeated sojourns in the same state within an individual. In our example, there exist significant individual effects on the transitions between the two ADL states because both latent traits for the independence state and the disability state are significant as judged by the significance of their variance components (Table 2, bottom panel). The significant covariance between the two latent traits means the likelihood of a transition from ADL independence to disability state is negatively correlated with the reverse transition. That is, an older person who tends to stay longer in an independence state (i.e., whose value of the latent trait 1 is smaller) will be more likely to recover (if s/he happens to be disabled), and one who tends to stay longer in a disability state (i.e., whose latent trait 2 value is smaller) will be more likely to transit from an independence state (if s/he happens to be in it) back to a disability state.

The loading for independence-state-specific latent trait 1 in terms of transition to the disability state is set to one. The estimated loading of latent trait 1 for transition to death,  $\hat{\gamma}_{13}$ , is not significant (Table 2, bottom panel), indicating that the competing transitions from ADL independence to disability and to death are two independent events, that is, not associated after accounting for the covariates in the top and middle panels of Table 2. There is not any significant individual effect associated with death in independence beyond that of age (Table 2, top right panel). Thus, latent trait 1 can be interpreted as individual tendency for the transition to disability state without dying.

The loading for disability-state-specific latent trait 2 in terms of transition to independence (recovery) is set to one. The estimated loading for transition to death (dying in disability),  $\hat{\gamma}_{23}$ , is highly significant (Table 2, bottom panel), indicating that recovery and dying in disability are two associated competing events even after accounting for the covariates and that there also exists individual tendency for dying in disability beyond what can be explained by the listed covariates. The positive sign of  $\hat{\gamma}_{23}$  indicates that the likelihood of recovery and of death is positively dependent, that is, the ADL disability state is highly dynamic in that an ADL-disabled older person either recovers or dies in a much shorter time period than the sojourn time in an independence state. Thus, latent trait 2 can be interpreted as an individual capacity to transit out of a disability state.

**5.2.4 Empirical assessment of model assumptions**—We are not aware of any formal testing or other methods of inference for assessing model assumptions for multivariate survival models with latent variables, so we focus on exploratory techniques to detect serious departures from model assumptions. We make use of measures that can be readily obtained during the usual computation for model fitting.

To empirically assess the conditional independence between two transition times of the same type from independence (disability) to disability (independence) state, predicted latent traits for individual *i*,  $\tilde{\eta}_{i1}(\tilde{\eta}_{i2})$  is used as a covariate in fitting the usual time-to-event model. The gap times to disability (independence) state are treated as independent survival outcomes both within and between individuals and other covariates include those in  $\mathbf{X}_{ij12}(\mathbf{X}_{ij21})$ , and the sojourn time of the previous independence (disability) state. Only individuals with two or more independence (disability) states were included. The p-values of the Wald test for the coefficients associated with the previous sojourn time in the same state are 0.41 (0.88) for the independence (disability) state with the latent traits included and the p-values of the Wald test for the coefficients associated with previous sojourn time in same state are 0.035 (0.042) for independence (disability) state are correlated and the latent traits successfully account for such correlation. Similar empirical assessment of conditional independence between transitions of

different types was performed. The p-values of the Wald test for the coefficients associated with the sojourn time in the last state (of different type) are 0.20 (0.96) for the independence (disability) state with the latent traits included, and the p-values of the Wald test for the coefficients associated with sojourn time in the last state are 0.020 (0.094) for independence (disability) state without including the latent traits as covariates. The results indicate that repeated visits to different states are correlated and the latent traits successfully account for such correlation.

We are not aware of methods for checking the proportional hazards (PH) assumption in the presence of frailty or random effects and future work in this area is warranted. We assessed the PH assumption given the latent traits by using the predicted latent traits  $\tilde{\eta}_{ik}$ ,  $\mathbf{X}_{ijkl}$  and a vector of the interaction terms of log  $t \times \mathbf{X}_{ijkl}$  in fitting the independent model for the gap times of occurrence/recurrence of disability, of recovery, of death in independence, and of death in disability. The interaction terms between log t and  $\mathbf{X}_{ijkl}$  are not significant except for age. We found that the interaction term between log t and age is significant for both directions of transitions between independence and disability and for death in an independence state. These results indicate that the PH assumption is met for all the covariates except for age. Schoenfeld residuals for age also indicate possible violation of the PH assumption. Although the effect of age needs to be further studied, its effect in the presence of nonproportionality can be interpreted as an average effect of age over time. Time-varying coefficients models for nonproportional covariates effects have been studied; however, these models have different fitting algorithms and were studied in the absence of frailty or latent variables (Marzec and Marzec 1997; Tian, Zucker, and Wei, 2005).

There is little work in the literature studying the impact of model departure from the normality assumption of the multivariate latent traits. Future work is needed for testing normality assumptions of latent traits. We choose to use multivariate normal latent traits due to the consideration that the independence and disability states may be negatively correlated, which is confirmed by the result from analyzing our ADL data.

## 6. Simulation Study

In this section, we examine the performance of the estimation procedure with respect to the bias and asymptotic standard error estimates under two settings that have different complexity in terms of covariates. Only one covariate for each type of transition is present in the first setting and the covariates in the second setting mimic those in our ADL data set described above. In each setting, the sample size is n = 752 and the number of replications is 100. For each subject, gap times for the two nonabsorbing, repeated states that mimic the independence and the disability state in the ADL data set are generated; gap time for one absorbing state is also generated after a transition of state. The gap times are generated from an exponential

distribution with hazards of  $c_{kl} \exp{\{\mathbf{X}_{ijkl}^{\mathrm{T}} \beta_{kl} + \gamma_{kl} b_{ik}\}}$ , where  $\mathbf{b}_i = (b_{i1}, b_{i2})^{\mathrm{T}}$  are bivariate normal with mean **0** and variance matrix

 $\left(\begin{array}{cc} 0.16 & -0.05 \\ -0.05 & 0.02 \end{array}\right)$ 

and the constant  $c_{kl}$  is used to adjust the overall transition rate from state k to l so that the rate is comparable with the corresponding transition rate in the original data.

In the first setting, a covariate  $X_{ijkl}$  was generated from a normal distribution with mean 78 and standard deviation 5 and used as a single fixed covariate for the mutual transitions between the two nonabsorbing states and the transition from the independence state to the absorbing state.

For the transition from the disability state to the absorbing state, the single time-dependent covariate is the number of previous transitions. In the second setting, we use the baseline covariates corresponding to the ADL data set as  $\mathbf{X}_{i1kl}(0)$ . For an individual starting from ADL independence: (i) the gap time in months is designated as the minimum of the simulated time-to-disability state and time-to-death from the two exponential distributions with the covariates  $\{\mathbf{X}_{ij1}.\}$  and  $\beta$ . that mimic those in the ADL data set and, (ii) if the individual does not die, at the transition of the state, the covariates are updated with the most recent covariate values in the ADL data set for the individual, and the gap time in the disability state is designated as the minimum of the simulated time-to-independent state and time-to-death from the two exponential distributions with the covariates  $\{\mathbf{X}_{ij2}.\}$  and  $\beta_2$ . that mimic those in the ADL data set. (i) and (ii) are repeated until either death is encountered or the minimum of 84 cumulative months and a random normal variable representing administrative censoring with a mean of 77 months and a standard deviation of 10 months are reached.

Table 3 presents the findings from setting 1. If we assume the transitions are all independent without using the latent traits model, the estimates for the regression coefficients  $\beta_{kl}$  are all biased downward toward the null hypothesis. The estimated standard errors for the estimates are very close to the standard deviations of the estimates from the 100 Monte-Carlo-simulated data sets (the last three columns in Table 3). Using the joint analysis with the latent traits, we can see that the estimates for the regression coefficients  $\beta_{kl}$  are almost all unbiased but the standard deviations of the estimates from the 100 Monte-Carlo-simulated data sets are larger than those from the asymptotic calculation. The estimates for the variance components in **G** are biased downward in value and the estimates of the estimated variance components in **G**. The Monte Carlo standard deviations for the estimates of the variance components are uniformly smaller than those from the asymptotic calculation. The Monte Carlo standard deviations for the estimates of the variance components are uniformly smaller than those from the asymptotic calculation. The Monte Carlo standard deviations for the estimates of the variance components are uniformly smaller than those from the factor loadings remain larger than those from asymptotic calculation.

Table 4 presents the findings from setting 2 and shows similar results to those in setting 1 except that the Monte Carlo standard deviation for tran in  $\beta_{21}$  is smaller than the corresponding asymptotic estimate. This smaller Monte Carlo standard deviation reflects the configuration of the covariate with respect to the event of the transition because the same is observed for the original data set (Table 2, middle left panel). The overall pattern of discrepancy in the estimated standard errors between the Monte Carlo estimates and the asymptotic calculation in the simulation follows the pattern of discrepancy between the bootstrap and the asymptotic estimates in the original data.

Using a similar approach to that of Hsieh et al. (2006), we also investigated whether the bootstrap method provides reliable estimates of standard errors for  $\Psi$ . Among the 100 simulated data sets under setting 2, we resampled 50 bootstrap samples from each single simulated data set. The mean of the 50 bootstrap standard error estimates for the parameters are given in the last column of Table 4. The result suggests that the bootstrap estimates of the standard error are quite reliable as they are close to the corresponding Monte Carlo standard deviations.

In summary, we found that the SPML estimates obtained with the EM algorithm are satisfactory for the regression parameters. The estimates for the variance components of the latent traits are underestimated in value. The Wald test for a variance component using the SPML estimate obtained via EM and the asymptotic estimate for the standard error of the estimate appears to be underpowered. The estimated standard errors from the asymptotic calculation are reliable for the independent multistate models without latent traits. For the latent trait model, the bootstrap estimates for the standard errors should be adopted.

## 7. Discussion

This article considered multistate data under heterogeneity. Using multivariate normal latent traits with loadings has a particular advantage when the sojourn times in different states may be negatively associated and/or when competing transitions to different states are dependent.

Because social behavior aspects are often difficult to capture with measured covariates, our example illustrates the utility of latent traits that are specific for certain correlated states of health. Another important aspect is that the meaning of a latent trait is not predetermined and the interpretation only becomes evident after fitting the model. This can be seen from the interpretation of the two latent traits in our ADL example in Section 5.2.3.

As in the case of gamma frailty models studied by Nielsen et al. (1992) and Barker and Henderson (2005), we also found that the SPML estimates using EM for the variance components of the latent traits are underestimated in value. The problem with such bias needs further research on the estimation procedure, that is, investigating whether the local likelihood approach described by Barker and Henderson (2005) could alleviate the bias. With respect to the estimated standard errors for  $\Psi$ , the asymptotic calculation works well for the model without latent traits. In the presence of latent traits, however, the bootstrap estimates for the standard errors should be adopted.

Regarding the ADL data set from the ongoing longitudinal aging study, it should be noted that the first independence state is left truncated because all the participants were in ADL independence at entry. Different intensities can be used for the first transition either by having different baseline intensities or by including additional covariates associated with the first transition. When we used a different baseline intensity for the first transition from the rest of the transitions from independence to disability state, the results were very similar to Table 2. The latent trait model we proposed can easily accommodate both of these situations and is applicable when the starting state, with possible left truncation, is different across study participants.

Limitations of our latent trait model include the lack of commercial software for fitting our model, and the intensive computation required to fit the model. The Matlab code for fitting our model can be obtained from the first author. With respect to estimating the standard errors, although the bootstrap method is advocated, a bootstrap estimate for a covariate effect may well be dependent upon the empirical configuration of the covariate among those who experienced the corresponding event outcome in the finite sample, and, therefore, is sometimes smaller than the asymptotic estimate. Further investigation into the relationship between the asymptotic and the bootstrap methods will be of much interest. Future work could also include developing approaches for simultaneously handling dropouts in the data, possibly relaxing the normality assumption for the latent traits, and investigating the utility of time-dependent latent traits.

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## APPENDIX A

#### Calculations in the EM Algorithm

We denote the conditional expectation in the (r + 1)th iteration of the EM algorithm as  $E^{(r+1)}(\cdot | \mathbf{O}_{i...})$ .

In the M-step, after taking the derivative of (2) with respect to  $\lambda_{0kl}(t)$  and setting the derivative to zero, the nonparametric estimate of  $\lambda_{0kl}(t)$  has a closed form that is given by

$$\lambda_{0kl}^{(r+1)}(t) = \frac{\sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} dN_{ijkl}(t)}{\sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} R_{ijkl}(t) \exp\{\mathbf{X}_{ijkl}^{T}(t)\beta_{kl}^{(r)}\} E^{(r+1)}\{\exp(\gamma_{kl}^{(r)}\eta_{ik}) | \mathbf{O}_{i\cdots}\}}.$$

No closed-form solutions exist for  $\beta_{kl}$  and  $\gamma_{kl}$ . They can be updated in (r + 1)th iteration using the following one-step Newton–Raphson algorithm:

$$\beta_{kl}^{(r+1)} = \beta_{kl}^{(r)} + I_c^{-1}(\beta_{kl}^{(r)}) S_c(\beta_{kl}^{(r)}) \quad \text{and} \\ \gamma_{kl}^{(r+1)} = \gamma_{kl}^{(r)} + I_c^{-1}(\gamma_{kl}^{(r)}) S_c(\gamma_{kl}^{(r)}),$$

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where the complete-data scores  $S_c(\beta_{kl}^{(r)})$  and  $S_c(\gamma_{kl}^{(r)})$  are given respectively as

$$\begin{split} &\sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} \mathbf{X}_{ijkl} N_{ijkl} (U_{ijk}) - \int_{0}^{\infty} \lambda_{0kl}^{(r+1)}(t) \sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} R_{ijkl}(t) \mathbf{X}_{ijkl}(t) \\ &\times \exp{\{\mathbf{X}_{ijkl}^{\mathsf{T}}(t)\beta_{kl}^{(r)}\}} \mathbf{E}^{(r+1)} \{\exp{(\gamma_{kl}^{(r)}\eta_{ik})} | \mathbf{O}_{i\cdots}\} dt, \\ &\sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} \mathbf{E}(\eta_{ik} | \mathbf{O}_{i\cdots}) N_{ijkl} (U_{ijk}) - \int_{0}^{\infty} \lambda_{0kl}^{(r+1)}(t) \sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} R_{ijkl}(t) \\ &\times \exp{\{\mathbf{X}_{ijkl}^{\mathsf{T}}(t)\beta_{kl}^{(r+1)}\}} \mathbf{E}^{(r+1)} \{\eta_{ik} \exp{(\gamma_{kl}^{(r)}\eta_{ik})} | \mathbf{O}_{i\cdots}\} dt. \end{split}$$

The complete-data informations  $I_c(\beta_{kl}^{(r)})$  and  $I_c(\gamma_{kl}^{(r)})$  are given respectively as

$$\begin{split} &\int_{0}^{\infty} \lambda_{0kl}^{(r+1)}(t) \sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} R_{ijkl}(t) \mathbf{X}_{ijkl}(t) \mathbf{X}_{ijkl}^{\mathrm{T}}(t) \\ &\times \exp{\{\mathbf{X}_{ijkl}^{\mathrm{T}}(t) \boldsymbol{\beta}_{kl}^{(r)}\}} \mathbf{E}^{(r+1)} \{\exp{(\gamma_{kl}^{(r)} \eta_{ik})} \big| \mathbf{O}_{i\cdots}\} \, \mathrm{d}t, \\ &\int_{0}^{\infty} \lambda_{0kl}^{(r+1)}(t) \sum_{i=1}^{n} \sum_{j=1}^{J_{ik}} R_{ijkl}(t) \exp{\{\mathbf{X}_{ijkl}^{\mathrm{T}}(t) \boldsymbol{\beta}_{kl}^{(r+1)}\}} \mathbf{E}^{(r+1)} \\ &\times \{\eta_{ik}^{2} \exp{(\gamma_{kl}^{(r)} \eta_{ik})} \big| \mathbf{O}_{i\cdots}\} \, \mathrm{d}t. \end{split}$$

The updated **G** estimate in the (r + 1)th iteration of the EM is given as

$$\mathbf{G}^{(r+1)} = \sum_{i=1}^{n} \mathbf{E}^{(r+1)} (\eta_i \eta_i^{\mathrm{T}} \big| \mathbf{O}_{i\cdots}) / n.$$

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#### Figure 1.

Plots of the baseline intensities. Circles are nonparametric estimates of the baseline intensities. Lines are the loess-smoothed estimates. Top left: transition from ADL independence to disability, the scale of the intensity is amplified by 1000 times; top right: transition from ADL independence to death, the scale of the intensity is amplified by 100,000 times; bottom left: transition from ADL disability to independence; bottom right: transition from ADL disability to death.

#### Table 1

Summary statistics on states, transitions, and death by gender

	Male $(n_M$	= 265)	Female ( <i>n</i>	$_{F} = 487)$
	Independence	Disability	Independence	Disability
Min, median, mean, max of total times in months	1, 67, 54, 83	0, 2, 7, 72	1, 64, 53, 84	0, 3, 13, 78
Min, median, mean, max of total number of transitions	0, 2, 3,	24	0, 2, 4	, 32
Min, median, mean, max of months since entry to death	1, 37, 38	3, 80	1, 47, 4	3, 80
Total number of deaths (%)	24 (25.5%)	70 (74.5%)	28 (20.9%)	106 (79.1%)

			Transition from independen	ce state		
	To non	absorbing state of disability		To ab	sorbing state of death	
	₿ 12 <sup>a</sup>	Standard error		$\beta_{13}^{a}$	Standard error	
Covariate	Estimate	Bootstrap	Asymptotic	Estimate	Bootstrap	Asymptotic
Age Tran Frail Frail:tran Alone:tran Depres Sex:trail Sex:trail Sex:tran	0.0365 0.1623 0.9035 -0.0837 -0.0837 -0.0837 -0.0837 -0.0326 0.2842 0.0150 0.1858 -0.0133	0.0042 0.0149 0.0131 0.0780 0.0780 0.0780 0.0106 0.0645 0.1060 0.118	0.0013 0.0150 0.0152 0.0109 0.0045 0.0098 0.0344 0.0365 0.0865 0.0865 0.0866 0.0113 Transition from disability	0.0754 state	0.0201	0.0009
	To nona	bsorbing state of independence		To at	osorbing state of death	
	$\hat{\beta}_{21}{}^{a}$	Standard error		$\hat{\beta}_{23}^{a}$	Standard error	
Covariate	Estimate	Bootstrap	Asymptotic	Estimate	Bootstrap	Asymptotic
Age Tran Frail Frail:tran Sex	-0.0151 -0.0119 -0.2620	0.0032 0.0072 0.1075 Estimates	0.0017 0.0095 0.0505 of variance-covariance matrix	-0.1306 -0.8099 0.1188 -0.8057 for the latent traits	0.0639 0.2313 0.0608 0.1923	0.0640 0.2279 0.0585 0.1914
	$\sqrt[n]{ar(\hat{\beta}_{i,1})^a}$	Standard error		$\sqrt{\operatorname{ar}(\hat{A}_{i,j})^{d}}$	Standard error	
	Estimate	Bootstrap	Asymptotic	Estimate	Bootstrap	Asymptotic
$C^{O_V(\hat{\eta}_{1,1},\hat{\eta}_{1,2})a}$	0.1612 -0.0572	0.0443 0.0159	0.0100	0.0212	0.0059	0.0079
71. 11.	$\hat{\gamma}_{12}$	Standard error		$\hat{\gamma}_{13}$	Standard error	
Loading <sup>a</sup>	Estimate	Bootstrap	Asymptotic	Estimate	Bootstrap	Asymptotic
	${1 \over {\hat \gamma}_{21}}$	NA Standard error	NA	$\begin{array}{c} -0.4855\\ \hat{\gamma}_{23} \end{array}$	1.4860 Standard error	0.4938
Loading <sup>a</sup>	Estimate	Bootstrap	Asymptotic	Estimate	Bootstrap	Asymptotic
	1	NA	NA	5.3678	1.1854	0.8820

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Estimates of  $\beta_{kl},\,\gamma_{kl}$  and, G

<sup>*a*</sup> We use k = 1 and 2 to index the states of independence and disability, respectively. We use l = 2 and 3 to denote the states of disability and death that can be transited to from the state of independence (state 1). We use l = 1 and 3 to denote the states of independence and death that can be transited to from the state of disability (state = 2).

			Joint analy	sis <sup>a</sup>		Separate anal	ysis <sup>a</sup>
Type of parameter $b$	True value	Mean estimate	Sample SE	Mean Asy. SE	Mean estimate	Sample SE	Mean Asy. SE
β <sub>12</sub>	0.036	0.036	0.0048	0.0016	0.032	0.0068	0.0065
B <sub>13</sub>	0.075	0.075	0.024	0.0031	0.069	0.028	0.028
β <sub>21</sub>	-0.015	-0.015	0.0045	0.0035	-0.012	0.0067	0.0068
B <sub>23</sub>	-0.13	-0.11	0.074	0.074	-0.096	0.067	0.063
γ12	1	1	0	0			
γ13	-0.5	-0.7	1.26	0.93			
Y21	-1	1	0	0			
Y23	5.0	5.29	2.01	1.95			
$var(\eta_{j1})$	0.16	0.14	0.043	0.062			
$cov(\eta_{i1},\eta_{i2})$	-0.05	-0.042	0.014	0.021			
$var(\eta_{i2})$	0.02	0.016	0.0053	0.0073			
<sup>a</sup> In joint analy:	sis, the variance compone	ents and the loadings of the la	atent traits are estimated. In	separate analysis, each type o	of transition is estimated set	eparately assuming no	o association and without
using the laten	t traits. The "Sample SE"	denotes the standard deviati	ion of the parameter estimate	es from 100 simulated data se	ets and the "Mean Asy. SE	" denotes the average	e of the asymptotic standard
errors obtained	I from the 100 simulated e	data sets.					

b We use k to index the state from which transition is made. We use l = 2 and 3 to denote the states of disability and death that can be transited to from state 1. We use l = 1 and 3 to denote the states of independence and death that can be transited to from state 2.

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Table 3

Results from simulation study under setting 1

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Results from sii	mulation study unde	r setting 2				
Type of parameter $^{l}$		True value	Mean estimate	Sample SE <sup>a</sup>	Mean Asy. SE <sup>a</sup>	Mean bootstrap SE
β12	Age	0.036	0.037	0.0060	0.0016	0.0062
	Tran	0.16	0.15	0.042	0.035	0.039
	Frail	0.00	0.87	0.190	0.120	0.190
	Frail:tran	-0.084	-0.081	0.039	0.020	0.040
	Alone	-0.26	-0.28	0.096	0.074	0.099
	Alone:tran	0.037	0.038	0.031	0.024	0.030
	Depress	0.28	0.25	0.094	0.053	0.095
$\beta_{13}$	Age	0.075	0.075	0.020	0.003	0.019
β <sub>21</sub>	Age	-0.015	-0.015	0.0054	0.003	0.0056
	Tran	-0.012	-0.015	0.012	0.019	0.017
	Frail	-0.26	-0.27	0.17	0.14	0.17
$\beta_{23}$	Frail	-0.81	-0.82	0.27	0.26	0.27
1	Tran	-0.13	-0.12	0.066	0.066	0.069
	Frail:tran	0.12	0.13	0.057	0.057	0.062
	Sex	-0.81	-0.81	0.18	0.19	0.19
$\gamma_{12}$		1	1	0	0	0
$\gamma_{13}$		-0.5	-0.66	1.30	1.07	1.32
$\gamma_{21}$		1	1	0	0	0
Y23		5.0	5.36	1.79	1.44	1.82
Variance	$var(\eta_{i1})$	0.16	0.13	0.050	0.052	0.049
Components	$cov(\eta_{i1}, \eta_{i2})$	-0.05	0.036	0.013	0.016	0.012
	$var(\eta_{t2})$	0.02	0.015	0.006	0.008	0.006
,						

<sup>a</sup>The "Sample SE" denotes the standard deviation of the parameter estimates from 100 simulated data sets and the "Mean Asy. SE" denotes the average of the asymptotic standard errors obtained from the 100 simulated data sets.

b We use k to index the state from which transition is made. We use l = 2 and 3 to denote the states of disability and death that can be transited to from state 1. We use l = 1 and 3 to denote the states of independence and death that can be transited to from state 2.