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Creatinine-Based Glomerular Filtration Rates and Microalbuminuria for Detecting Metabolic Abnormalities in US Adults: The National Health and Nutrition Examination Survey 2003–2004

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Key Words

Chronic kidney disease \cdot Creatinine \cdot Glomerular filtration rate \cdot Microalbuminuria

Abstract

Background/Aims: Guidelines suggest searching for metabolic complications of chronic kidney disease when glomerular filtration rates (GFR) or urinary albumin tests are abnormal. This study aimed to guantify diagnostic test characteristics of these measures for detecting metabolic abnormalities. *Methods:* Subjects were participants aged ≥ 20 years (n = 7,778) in the US National Health and Nutrition Examination Survey 2003-2004. Low GFR was defined as creatinine-based estimate <60 ml/min per 1.73 m²; abnormal urinary albumin-creatinine ratio as $\geq 20 \text{ mg/dl}$ in men, ≥ 30 mg/dl in women; and metabolic abnormalities as abnormal potassium, hemoglobin, bicarbonate, phosphorus, or parathyroid hormone levels. Results: Of adults, 5.66% had low GFR and 8.14% abnormal urinary albumin-creatinine ratio. Overall, 15.09% had \geq one metabolic abnormality, as did 34.07% with low GFR (p < 0.0001) and 24.27% with abnormal urinary albumin-creatinine ratio (p = 0.0021). Considered as a diagnostic test, the sensitivity, specificity, and positive and negative predictive values of low GFR for detecting ≥ 1 metabolic abnormality were 0.13, 0.96, 0.34, and 0.86, respectively. Corresponding values for abnormal urinary albumincreatinine ratio were 0.13, 0.92, 0.24, and 0.86. Conclusions:

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Accessible online at: www.karger.com/ajn A policy of searching for metabolic complications in every adult with low GFR or microalbuminuria has limited diagnostic yield. Copyright © 2007 S. Karger AG, Basel

Introduction

Chronic kidney disease (CKD) is a sizeable public health problem in the United States [1–4]. It appears to be common, and dose-dependent relationships between disease burden and cardiovascular disease and death have been observed [1, 5–10]. Several national guidelines recommend the use of creatinine-based glomerular filtration rate (GFR) estimates and urinary albumin excretion tests for early identification of potentially progressive CKD. GFR levels below 60 ml/min per 1.73 m² represent a major threshold in these guidelines [2, 11, 12]. This value is used increasingly as a basis for further investigation for individuals found to have CKD. For example, the US National Kidney Foundation Kidney Disease Outcome Quality Initiative (K/DOQI) clinical practice guidelines for bone metabolism and disease recommend measuring calcium, phosphorus, and parathyroid hormone (PTH) in all subjects with GFR below 60 ml/min per 1.73 m² [13]; similar recommendations for anemia testing appear in corresponding anemia management guidelines [14].

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Strategies leading to early identification of treatable metabolic abnormalities would be useful from a public health perspective, as these often come to light late in the course of progressive CKD. One intuitive hypothesis is that the criteria used to define high risk of progressive CKD or cardiovascular disease (such as GFR below 60 ml/min per 1.73 m² or abnormal urinary albumin excretion rates) are also useful for early identification of these treatable abnormalities. The utility of such an approach, however, is not well understood. Hence, the major objectives of this national study were to estimate the diagnostic test characteristics of creatinine-based GFR thresholds and abnormal urinary albumin-creatinine ratios for detecting classic metabolic abnormalities of CKD (hyperkalemia, anemia, metabolic acidosis, hyperphosphatemia, and hyperparathyroidism) that might lead to changes in clinical management.

Materials and Methods

Objectives

Our major objectives were to quantify diagnostic test characteristics for detecting abnormal levels of metabolic parameters among community-dwelling adults in the US of the following commonly used criteria:

(1) Creatinine-based estimated GFR <60 ml/min per 1.73 m².
(2) Random, untimed ('spot'), urinary albumin-creatinine levels ≥20 mg/dl in men, and ≥30 mg/dl in women.

Design

The National Health and Nutrition Examination Survey (NHANES), which became an annual survey in 1998, releases public-use data files every 2 years. The current study examined NHANES participants aged 20 years and older in 2003 to 2004. NHANES uses stratified, multistage, probability sampling methods to assemble a nationwide probability sample representative of the noninstitutionalized population of the US [15].

Measurements and Definitions

Detailed technical descriptions of the laboratory methods are available at the NHANES web site [15]. The kinetic alkaline picrate Jaffe rate method was used for creatinine measurement. The Centers for Disease Control recently indicated that creatinine values from NHANES do not require a calibration factor to align them to gold-standard methods [16]. A solid-phase fluorescent immunoassay was used to measure urinary albumin. Intact parathyroid hormone levels were measured on an Elecsys 1010 analyzer with a coefficient of variation <5% at all times. Calcium values were adjusted for possible hypoalbuminemia as follows: adjusted calcium (mg/dl) = calcium (mg/dl) + 0.8 [4 – serum albumin (mg/dl)].

Estimated GFR levels were derived from the Modification of Diet in Renal Disease formula, namely 175 × (serum creatinine value)^{-1.154} × age^{-0.203} × (0.742 for women) × (1.21 if African-American) [17]. The GFR categories chosen were those suggested

by the K/DOQI Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification, and Stratification [2] with the exception that GFR below 15 ml/min per 1.73 m^2 was not considered a separate category because of small numbers. Regarding diagnostic test characteristics, a GFR threshold of 60 ml/min per 1.73 m^2 was the primary analytical focus, because this value defines the presence of CKD, and because it is used as a threshold before systematic evaluation of metabolic complications of CKD.

Urinary albumin-creatinine ratios were classified using the system suggested by de Jong and Curhan [18], which incorporates the observation that levels are typically higher in community-dwelling women than in men [19]: normal, <10 mg/dl in men, <15 in women; high normal, 10 mg/dl to <20 in men, 15 mg/dl to <30 in women; microalbuminuria, 20 mg/dl to <200 in men, 30 mg/dl to <300 in women; macroalbuminuria, \geq 200 mg/dl in men, \geq 300 in women. Findings were similar when values \geq 30 were used to define abnormality and these findings are not presented here.

The defining values for metabolic complications (based on common clinical usage for potassium and bicarbonate, and K/ DOQI guidelines [13, 14] for hemoglobin, calcium, phosphorus, and PTH) were as follows: potassium \geq 5.0 mmol/l, hemoglobin <11.0 g/dl, bicarbonate <20.0 mmol/l, phosphorus > 4.6 mg/dl, and parathyroid hormone > 70.0 pg/ml.

Diagnostic tests of abnormal kidney function were repeated in segments of the general population for whom CKD screening is recommended, including those with self-reported diabetes mellitus or hypertension and those aged 50 years or more [18, 20]. Another high-risk group was defined by the presence of self-reported diabetes mellitus, self-reported hypertension, family history of diabetes mellitus, or family history of hypertension, criteria mirroring those used in the US National Kidney Foundation Kidney Early Evaluation Program [21].

Analysis

National parameter estimates were produced by adjusting for the sampling weights of complex survey designs, using SUDAAN software (Research Triangle Institute, Research Triangle Park, N.C., USA) for complex sample surveys. SAS Version 8.2 (SAS Institute, Inc., Cary, N.C., USA) was used for data assembly.

As an example of the use of GFR thresholds as diagnostic tests for metabolic abnormalities, consider the following, applying GFR <60 ml/min per 1.73 m² to potassium levels \geq 5.0 mmol/l. The true-positive population has GFR <60 and potassium \geq 5.0; false-positives have GFR <60 and potassium <5.0; true-negatives have GFR \geq 60 and potassium < 5.0; and false-negatives have GFR \geq 60 and potassium \geq 5.0. While SUDAAN allows 95% CIs for false-positive ratios and true-positive ratios to be calculated for discrete GFR values, confidence intervals for area under the receiver operating characteristic (ROC) curve cannot be generated when GFR is treated as a continuous variable. Thus, GFR thresholds were systematically lowered from 100 to 30, in 5-unit increments, and area under the ROC curve for detection of ≥ 1 metabolic abnormalities was calculated based on point estimates for sensitivity and specificity; a similar approach was applied to urinary albumin-creatinine levels dichotomized by the thresholds used to define normal, high normal, microalbuminuria, and macroalbuminuria.

Ta	ble	1.	Popu	lation	character	istics	(n =	7,77	78)	ļ
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Characteristics	Mean or % (95% CI)				
Glomerular filtration rate, ml/min per 1.73 m ²					
>90%	40.22 (36.57, 43.98)				
60-89%	54.13 (50.69, 57.53)				
30-59%	5.35 (4.17, 6.83)				
<30%	0.31 (0.21, 0.44)				
Urinary albumin-creatinine ratio, % ^{a, 1}					
Normal	82.25 (79.70, 84.55)				
High normal	9.60 (8.38, 10.97)				
Microalbuminuria	7.29 (5.90, 8.99)				
Macroalbuminuria	0.85 (0.56, 1.30)				
Glomerular filtration rate <60 or micro-					
albuminuria or macroalbuminuria, % ¹	12.41 (10.61, 14.46)				
Serum creatinine, mg/dl	0.90 (0.89, 0.92)				
Age, years	42.91 (41.62, 44.20)				
Sex					
Male, %	51.27 (49.33, 53.21)				
Female, %	48.73 (46.79, 50.67)				
Race-ethnicity					
White, %	75.56 (68.56, 81.75)				
African-American, %	10.22 (7.04, 14.61)				
Hispanic American, %	10.11 (6.81, 14.76)				
Other, %	3.91 (2.56, 5.91)				
High risk for chronic kidney disease	71.71 (68.29, 74.89)				
Self-reported diabetes mellitus, %	5.54 (4.50, 6.81)				
Self-reported hypertension, %	24.79 (22.21, 27.56)				
Family history of diabetes mellitus, %	50.11 (46.46, 53.75)				
Family history of hypertension, %	32.79 (30.03, 35.67)				
Body mass index ²	27.75 (27.30, 28.20)				
Metabolic abnormalities					
≥ 1 abnormality, % ³	15.09 (13.01, 17.44)				
Potassium \geq 5.0 mmol/l, % ⁴	0.93 (0.61, 1.41)				
Hemoglobin <11.0 g/dl, % ⁵	0.81 (0.59, 1.10)				
Bicarbonate <20 mmol/l, %	1.33 (0.75, 2.34)				
Phosphorus > 4.6 mg/dl, $\%^4$	5.73 (4.86, 6.75)				
Parathyroid hormone > 70 pg/ml, % ⁶	7.94 (6.41, 9.80)				

^a Classification of urinary albumin-creatinine ratio (mg/dl): normal, <10 in men, <15 in women; high normal, 10 to <20 in men, 15 to <30 in women; microalbuminuria, 20 to <200 in men, 30 to <300 in women; macroalbuminuria, \geq 200 in men, \geq 300 in women.

 1 Data missing for 1.5% of the sample. 2 Data missing for 1.6% of the sample. 3 Data missing for 0.07% of the sample. 4 Data missing for 0.04% of the sample. 5 Data missing for 0.01% of the sample. 6 Data missing for 0.12% of the sample.

Results

Of the 7,778 study subjects, 40.22% had GFR \geq 90 ml/ min per 1.73 m², 54.13% between 60 and 89, 5.35% between 30 and 59, and 0.31% <30 ml/min per 1.73 m² (table 1). Microalbuminuria was present in 7.29% of sub-



Fig. 1. ROC curve for detecting ≥ 1 metabolic complication with glomerular filtration rate thresholds between 30 and 100 ml/min per 1.73 m². The area under the curve is 0.56.

jects and macroalbuminuria in 0.85%. High phosphorus and PTH levels were the most common individual metabolic abnormalities, and 15.09% of subjects had at least one metabolic abnormality typical of CKD.

The prevalence estimate for at least one metabolic abnormality among subjects with normal kidney function was 13.95%; for GFR <60 ml/min per 1.73 m², 34.07% (p < 0.0001), for abnormal albumin-creatinine ratio, 24.27% (p = 0.0021); and for either GFR <60 ml/min per 1.73 m² or abnormal albumin-creatinine ratio, 25.57% (p = 0.0003) (table 2). Multivariate analysis showed that corresponding adjusted odds ratios were 1, 3.16 (p < 0.0001), 1.74 (p = 0.0068), and 2.09 (p = 0.0010).

The sensitivity, specificity, positive predictive value, and negative predictive value of GFR <60 ml/min per 1.73 m² for detecting \geq 1 metabolic abnormality were 0.13, 0.96, 0.34, and 0.86, respectively (table 3). Figure 1 shows the ROC curve for detecting \geq 1 metabolic abnormality with threshold GFR values varying from 30 to 100 ml/min per 1.73 m², in 5-unit increments. The point estimate for area under the curve was 0.56.

The sensitivity, specificity, positive predictive value, and negative predictive value of abnormal albumin-creatinine ratios values for detecting ≥ 1 metabolic abnormality were 0.13, 0.92, 0.24, and 0.86, respectively (table 3). Figure 2 shows the corresponding ROC curve for high-normal, microalbuminuria, and macroalbuminuria thresholds. The point estimate for area under the curve was 0.56.

Diagnostic test characteristics of GFR < 60 ml/min per1.73 m² and abnormal albumin-creatinine ratio values

Am J Nephrol 2008;28:431-437

Comparisons	Metabolic abnormalities							
	≥1	potassium ≥5.0 mmol/l	hemoglobin <11g/dl	bicarbonate <20 mmol/l	phosphorus >4.6 mg/dl	PTH >70 pg/ml		
Percentage (95% CI)								
GFR ≥60	13.95 (11.88, 16.33)	0.68 (0.41, 1.12)	0.69 (0.49, 0.96)	1.35 (0.77, 2.37)	5.51 (4.61, 6.57)	6.97 (5.55, 8.72)		
GFR <60	34.07 (26.57, 42.45)	5.01 (3.08, 8.06)	2.80 (1.69, 4.59)	1.03 (0.46, 2.30)	9.35 (5.86, 14.61)	24.27 (17.79, 32.20)		
p value*	< 0.0001	0.0075	0.0053	0.2868	0.0745	< 0.0001		
ACR <20 M/30 F	14.01 (11.90, 16.43)	0.82 (0.49, 1.36)	0.70 (0.51, 0.96)	1.21 (0.60, 2.43)	5.55 (4.50, 6.83)	7.12 (5.68, 8.91)		
ACR ≥20 M/30 F	24.27 (18.80, 30.72)	1.28 (0.68, 2.42)	1.71 (0.89, 3.26)	1.24 (0.26, 5.65)	7.77 (4.14, 14.14)	15.32 (11.26, 20.49)		
p value*	0.0021	0.3046	0.0467	0.9791	0.3957	0.0010		
GFR ≥60 and								
ACR <20 M/30 F	13.33 (11.15, 15.86)	0.65 (0.37, 1.15)	0.66 (0.47, 0.94)	1.23 (0.62, 2.46)	5.42 (4.31, 6.79)	6.64 (5.24, 8.39)		
GFR <60 or								
ACR ≥20 M/30 F	25.57 (20.52, 31.38)	2.29	1.64 (0.96, 2.80)	1.05 (0.31, 3.53)	7.95 (4.85, 12.77)	15.94 (12.24, 20.49)		
p value*	0.0003	0.0376	0.0228	0.8005	0.2509	0.0001		
Adjusted odds ratio** (95% CI)							
GFR ≥60	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)		
GFR <60	3.16 (2.09, 4.77)	2.04 (0.82, 5.07)	2.49 (0.74, 8.38)	2.60 (1.24, 5.44)	2.62 (1.39, 4.93)	4.26 (2.60, 6.98)		
p value**	< 0.0001	0.1138	0.1291	0.0150	0.0054	< 0.0001		
ACR <20 M/30 F	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)		
ACR ≥20 M/30 F	1.74 (1.19, 2.54)	0.69 (0.35, 1.38)	1.67 (0.80, 3.50)	1.45 (0.22, 9.56)	1.42 (0.59, 3.41)	1.91 (1.34, 2.71)		
p value**	0.0068	0.2723	0.1589	0.6824	0.4109	0.0014		
GFR ≥60 and								
ACR <20 M/30 F	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)	1 (reference)		
GFR <60 or								
ACR ≥20 M/30 F	2.09 (1.42, 3.08)	1.20 (0.58, 2.49)	1.78 (0.81, 3.92)	1.46 (0.31, 6.94)	1.73 (0.74, 4.00)	2.31 (1.65, 3.22)		
p value**	0.0010	0.6011	0.1417	0.6087	0.1865	0.0001		

Table 2. Metabolic abnormalities, compared by category of estimated glomerular filtration rate and urinary albumin-creatinine ra

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ACR = Urinary albumin-creatinine ratio (mg/dl); GFR = glomerular filtration rate (ml/min per 1.73 m²); PTH = parathyroid hormone; 20 M/30 F, ACR 20 mg/dl in males, 30 in females.

* The χ^2 test was used for between-group comparisons. ** With logistic regression; metabolic abnormalities (yes or no) were the outcome variables. Adjustment was made for age, sex, race, body mass index, self-reported diabetes mellitus and self-reported hypertension.



Fig. 2. ROC curve for detecting ≥1 metabolic complication with different urinary albumin-creatinine ratio thresholds. Classification of urinary albumin-creatinine ratio (mg/dl): normal, <10 in men, <15 in women; high normal, 10 to <20 in men, 15 to <30 in women; microalbuminuria, 20 to <200 in men, 30 to <300 in women; macroalbuminuria, ≥200 in men, ≥300 in women. The area under the curve is 0.56.



Fig. 3. Diagnostic test characteristics of glomerular filtration rate <60 ml/min per 1.73 m² for detecting \geq 1 metabolic in specific subsets of the general population, point estimates and 95% confidence intervals. KEEP = Kidney Early Evaluation Program; NPV = negative predictive value; PPV = positive predictive value; Sn = sensitivity; Sp = specificity.

Characteristics	Metabolic abnormalities							
	≥1	potassium ≥5.0 mmol/l	hemoglobin <11 g/dl	bicarbonate <20 mmol/l	phosphorus > 4.6 mg/dl	PTH > 70 pg/ml		
GFR <60								
Sensitivity	0.13 (0.10, 0.16)	0.31 (0.16, 0.45)	0.20 (0.10, 0.29)	0.04 (0.02, 0.06)	0.09 (0.05, 0.13)	0.17 (0.13, 0.21)		
Specificity	0.96 (0.94, 0.97)	0.95 (0.93, 0.96)	0.94 (0.93, 0.96)	0.94 (0.93, 0.96)	0.95 (0.93, 0.96)	0.95 (0.94, 0.97)		
PPV	0.34 (0.26, 0.42)	0.05 (0.03, 0.07)	0.03 (0.01, 0.04)	0.01 (0.00, 0.02)	0.09 (0.05, 0.14)	0.24 (0.17, 0.31)		
NPV	0.86 (0.84, 0.88)	0.99 (0.99, 1.00)	0.99 (0.99, 1.00)	0.99 (0.98, 0.99)	0.94 (0.93, 0.95)	0.93 (0.91, 0.95)		
ACR ≥20 M/30 F								
Sensitivity	0.13 (0.09, 0.17)	0.11 (0.03, 0.19)	0.17 (0.08, 0.26)	0.07 (-0.04, 0.19)	0.11 (0.03, 0.19)	0.16 (0.11, 0.20)		
Specificity	0.92 (0.90, 0.93)	0.91 (0.89, 0.92)	0.91 (0.89, 0.92)	0.91 (0.89, 0.93)	0.91 (0.89, 0.92)	0.91 (0.90, 0.93)		
PPV	0.24 (0.18, 0.30)	0.01 (0.00, 0.02)	0.02 (0.01, 0.03)	0.01 (-0.01, 0.03)	0.08 (0.03, 0.13)	0.15 (0.11, 0.20)		
NPV	0.86 (0.84, 0.88)	0.99 (0.99, 1.00)	0.99 (0.99, 1.00)	0.99 (0.98, 1.00)	0.94 (0.93, 0.96)	0.93 (0.91, 0.94)		
GFR <60 or ACR \geq 20	0 M/30 F							
Sensitivity	0.21 (0.16, 0.26)	0.30 (0.14, 0.47)	0.25 (0.14, 0.36)	0.10 (-0.02, 0.21)	0.17 (0.08, 0.26)	0.25 (0.20, 0.30)		
Specificity	0.88 (0.86, 0.90)	0.87(0.85, 0.89)	0.87 (0.85, 0.89)	0.87 (0.84, 0.89)	0.87(0.85, 0.89)	0.88 (0.86, 0.90)		
PPV	0.31 (0.23, 0.39)	0.04 (0.02, 0.06)	0.02 (0.01, 0.04)	0.01 (0.00, 0.02)	0.08 (0.04, 0.13)	0.22 (0.15, 0.28)		
NPV	0.79 (0.77, 0.82)	0.91 (0.89, 0.93)	0.91 (0.89, 0.93)	0.91 (0.89, 0.92)	0.87 (0.85, 0.88)	0.85 (0.84, 0.87)		

Table 3. Diagnostic test characteristics of GFR <60 ml/min per 1.73 m² and abnormal albumin-creatinine ratio for identifying metabolic abnormalities

ACR = Urinary albumin-creatinine ratio (mg/dl); GFR = glomerular filtration rate (ml/min per 1.73 m^2); NPV = negative predictive value; PPV = positive predictive value; PTH = parathyroid hormone; 20 M/30 F, ACR 20 mg/dl in males, 30 in females. Values are percentages (95% CIs).



Fig. 4. Diagnostic test characteristics of urinary albumin-creatinine ratio ≥ 20 mg/dl in males and ≥ 30 mg/dl in females for detecting ≥ 1 metabolic abnormality in specific subsets of the general population, point estimates and 95% CIs. KEEP = Kidney Early Evaluation Program; NPV = negative predictive value; PPV = positive predictive value; Sn = sensitivity; Sp = specificity.

for detecting ≥ 1 metabolic abnormality in predefined segments of the population are shown in figures 3 and 4. Findings within these population segments mirrored those of the overall population.

Discussion

We found statistically significant associations between declining GFR, rising albumin-creatinine ratio, and the prevalence of metabolic abnormalities. However, as diagnostic tests, creatinine-based GFR estimates and abnormal urinary albumin-creatinine ratios were relatively insensitive for detecting any of the metabolic abnormalities that might lead to treatment changes in subjects with CKD. Specificity values, in contrast, were high. Hence, it would seem, from a population perspective, that measuring GFR levels may be useful because 'normal' levels rule out the presence of metabolic abnormalities. However, if 'low' GFR values are the sole criterion that determines further testing, diagnostic yields are likely to be disappointing. If detection of these treatable metabolic abnormalities is a public health policy, then more efficient strategies may be required.

Few national, community-based studies have examined the relationship between GFR levels and metabolic complications of CKD, with the exception of anemia. Regarding the latter, one study examined participants in NHANES III (1988 to 1994) and reported that anemia prevalence (hemoglobin level <12 g/dl in men and <11 g/dl in women) increased from 1% with estimated GFR 60 ml/min per 1.73 m², to 9% with GFR 30, and 33% with GFR 15 ml/min per 1.73 m² [22]. These findings largely

Creatinine-Based GFR and Metabolic Abnormalities

paralleled the anemia-GFR relationships in our study, and added a clear statistical association to a widely held clinical impression. Demonstrating statistical associations like these may be very important for answering important biological questions, such as 'How early in the evolution of CKD does anemia develop?' They may not, however, address other important questions such as the usefulness of hemoglobin screening in CKD patients or the numbers of anemic subjects identified and missed if GFR <60 ml/min per 1.73 m² is the criterion for anemia testing.

Screening for diseases and clinical abnormalities is dependent on many factors including the availability of an accurate screening test. The utility of a diagnostic test is also heavily dependent on the underlying prevalence of the disease in the population being studied, and low- and high-prevalence states are beset, respectively, by false-positive and false-negative diagnostic tests. Noteworthy in our study, given that GFR of 60 ml/min per 1.73 m² is a major decision point in most guidelines, is that prevalence of any metabolic abnormality was 14.52% in subjects with GFR levels between 60 and 89 ml/min per 1.73 m², and 31.45% in those with GFR levels between 30 and 60 ml/min per 1.73 m².

We would like to highlight the limitations of this study. Because it was a cross-sectional study, longitudinal measures were not available. Reflecting clinical reality, goldstandard GFR measures such as inulin and isotope clearance methods were not available. In addition, because the precision and accuracy of creatinine-based GFR estimates for detecting a truly abnormal GFR may be limited, misclassification bias may be partly responsible for the findings of this study. Similarly, assessing the utility of non-creatinine-based tests of GFR, such as cystatin, would be desirable [23]. In spite of its limitations, we believe that this study provides useful information. The study design, which is representative of contemporary adults in the US, allows classic relationships between kidney function and metabolic complications to be described systematically in a community setting. It suggests that current strategies for identification of CKD complications may not be optimal.

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