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# **Analysis of Retina and Erythrocyte Glycerophospholipid Alterations in a Rat Model of Type 1 Diabetes**

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# **Abstract**

An automated tandem mass spectrometry based analysis employing precursor ion and neutral loss scans in a triple quadrupole mass spectrometer has been employed to identify and quantify changes in the abundances of glycerophospholipids extracted from retina and erythrocytes in a rat streptozotocin model of type 1 diabetes, 6 weeks and 36 weeks following induction of diabetes, compared to age matched nondiabetic controls. The utility of an 'internal standard' method compared to an 'internal standard free' method for quantification of differences in the abundances of specific lipid ions was evaluated in both retina and erythrocyte lipid extracts. In retina, equivalent results were obtained by using the internal standard and 'internal standard free' methods for quantification. In erythrocytes, the two methods of analysis yielded significantly different results, suggesting that factors intrinsic to particular sample types may influence the outcome of label-free lipidome quantification approaches.

Overall increases ( $\sim$ 25% to  $\sim$ 35%) in the abundances of major retina glycerophospholipid classes were demonstrated in rats at 6 weeks of diabetes, relative to control animals. However, at 36 weeks of diabetes, subsequent overall decreases in retina glycerophosphocholine and glycerophosphoethanolamine abundances of 16% and 33%, respectively, were observed. Additionally, retina and erythrocyte glycerophosphocholine lipids at both 6 week and 36 weeks of diabetes exhibited increased incorporation of linoleic  $\text{acid}_{(18:2n6)}$  and a decrease in docosahexaenoic acid ( $DHA_{(22:6n3)}$ ) content. Finally, an approximately 5-fold increase in the abundances of specific glycated glycerophosphoethanolamine (Amadori-GPEtn) lipids were observed in the retina of 36 week diabetic rats, with a corresponding 1.6 fold increase of Amadori-GPEtn lipids in diabetic erythrocytes.

# **Keywords**

Retina; diabetic retinopathy; lipidomics; electrospray ionization; tandem mass spectrometry

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# **Introduction**

The identification of biomarkers that enable the early detection and prognosis of disease, or that facilitate measurement of the efficacy of response to a specific therapeutic intervention, hold great promise in advancing the capabilities of individualized medicine.<sup>1–3</sup> At this time however, there are only a few biomarkers for complex diseases, such as diabetes or cancer, which provide sufficient information for a variety of potential diagnostic decisions. Recent technological advances in mass spectrometry have enabled large scale biomarker discovery efforts to be initiated, particularly in the field of proteomics,  $4$  without prior requirement for detailed insights into the mechanisms responsible for the disease. However, there are a number of technical issues that currently limit the potential of mass spectrometry based protein biomarker identification approaches. Foremost among these is the analytical challenge presented by the enormous dynamic range associated with protein expression, particularly in plasma, which is in a constant state of spatial and temporal flux, as well as the great mixture complexity resulting from the diversity of transcriptional, translational and post translational modifications associated with protein expression throughout the cell cycle.<sup>5</sup> In recent years therefore, efforts have also been directed toward identification of other classes of biological molecules, including lipids, as potential biomarkers markers of specific disease states.<sup>3, 6</sup> Lipids are a diverse group of compounds, including fatty acyls, sterols, glycerolipids, glycerophospholipids and sphingolipids, that play key biological roles as the main structural component of cell membranes, in energy storage and metabolism, and in cell signaling. A large number of studies have demonstrated that the disruption of lipid metabolism or signaling pathways can play a key role in the onset and progression of human disease.<sup>7–12</sup> Thus, a comprehensive analysis of the changes in lipid profiles that occur between normal and diseased cells, tissues or organs, and correlation of the changes observed in the end organs of the disease with those occurring in a more readily accessible blood fraction, such as erythrocytes, may enable the identification and characterization of specific lipids that can serve as effective biomarker signatures of disease.

Diabetic retinopathy is a debilitating complication of diabetes leading to blindness. Evidence of retinopathy is present in 65% of diabetic patients after 10 years of the disease.<sup>13</sup> It is widely accepted that diabetes-induced changes in the end organs of diabetic complications occur well before clinical manifestations of the complications can be observed. Moreover, using currently available treatment options, diabetes induced changes in the end organs are irreversible after a certain point, even after achievement of metabolic control. However, recent studies in animal models clearly demonstrate that there is both a circulating blood component and an end organ component of diabetic complications, and that correcting either of these components, at an early state in disease development, can ameliorate diabetic retinopathy.<sup>14</sup>

There is emerging evidence for a role of lipids in retinal pathology. Retina has the highest levels of long chain n3 and n6 polyunsaturated fatty acids (LCPUFA) including arachidonic acid (ARA $_{(20:4n6)}$ ) and docosahexaenoic acid (DHA $_{(22:6n3)}$ ) observed in the body.15–19 Numerous previous studies have recognized the important role of n3 and n6 LCPUFA's as key modulators of retinal development,  $11$ ,  $12$ ,  $20$ ,  $21$  and in the onset and progression of retinal diseases. For example, a case control study from the Age-Related Eye Disease Study (AREDS) research group has demonstrated that total dietary n3 LCPUFA intake, including  $DHA_{(22:6n3)}$ , was inversely associated with neovascular age related macular degeneration (AMD), while the intake of n6 LCPUFA's, including  $ARA_{(20:4n6)}$ , was directly associated with the prevalence of the disease.<sup>11</sup> Another ocular disease, open angle glaucoma, has also been shown to be inversely associated with n3 PUFA levels. Compared with their healthy siblings, glaucoma patients had reduced eicosapentaenoic acid (EPA $_{(20:5n3)}$ ) and DHA $_{(22:6n3)}$  in red blood cell phospholipids and triglycerides.<sup>22</sup> Low levels of  $\rm{DHA}_{(22:6n3)}$  in the erythrocytes of X-linked inherited Retinitis Pigmentosa (RP) patients have been shown to be negatively

associated with the severity of the disease.<sup>23–25</sup> A recent study has demonstrated that the  $DHA_{(22:6n3)}$  content of certain glycerophosphocholine (GPCho),

glycerophosphoethanolamine (GPEtn) and glycerophosphoserine (GPSer) lipid molecular species were significantly lower in the retina of a rat model of Smith-Lemli-Opitz syndrome, relative to controls, and that these changes occurred in the absence of n3 fatty acid deficiency in plasma or liver.<sup>9</sup> DHA<sub>(22:6n3)</sub> deficiency has also been shown to result in a decrease in visual acuity during infant development,20, 21 while a recent i*n vivo* study has revealed that an increase in dietary  $DHA_{(22:6n3)}$  intake can be protective against neovascularization in animal models of oxygen induced retinopathy of prematurity.<sup>12</sup>

Early stage diabetic retinopathy has been recognized as a low-grade chronic inflammatory disease.<sup>26–31</sup> Using a well established human retinal endothelial cell culture system, the primary cell type associated with diabetic retinopathy, it has recently been demonstrated that the n6 PUFA's linoleic acid<sub>(18:2n6)</sub> and  $ARA_{(20:4n6)}$  induced inflammatory adhesion molecule expression and leukocyte adhesion,  $32$  whereas the n3 PUFA DHA<sub>22:6n3</sub> exhibited an antiinflammatory effect by inhibiting cytokine induced Nuclear Factor κB (NFκB) activation and nuclear translocation, as well as adhesion molecule expression.<sup>33,</sup> 34

These studies clearly demonstrate the important role of lipids in retinal health and disease. However, there is surprisingly little information available that quantitatively describes the changes in global lipid profiles, or the specific molecular lipid species that undergo changes in abundance, upon development of diabetic complications in the retina.<sup>35, 36,37</sup> More importantly, there have been no studies carried out to date to correlate the lipid profile changes in the end organs of diabetic complications with those occurring in the blood cell or plasma of these subjects.

The limitations of techniques traditionally used for lipid analysis (e.g., thin-layer chromatography (TLC), gas-chromatography (GC)), have generally precluded comprehensive lipid analysis from the limited amount of material that can typically be obtained from either postmortem human retina samples or the retinas obtained from animal models of the disease (e.g., rats and mice). However, the development of electrospray ionization (ESI) and matrix assisted laser desorption/ionization (MALDI) techniques,38–46 coupled with the use of highresolution mass spectrometry (MS) analysis,47–49 or tandem mass spectrometry methods employing product ion scan or selective precursor ion and neutral loss scan mode analysis strategies,  $39-43$ ,  $50-52$  have enabled the application of 'shotgun' lipidomics approaches for rapid and sensitive monitoring of the molecular compositions and abundances of individual lipid species in complex lipid extracts obtained from limited quantities of sample tissue, and with minimal sample preparation. The application of selective precursor ion scan and neutral loss scan MS/MS methods, based on detection of the characteristic product ions formed via cleavage of either a particular lipid head group or fatty acyl chain esterified to the glycerol backbone, from which information regarding the identity and structure of the lipid may be elucidated, have been particularly attractive for the rapid identification and characterization of multiple isobaric lipid species that may be present at a given m/z value. As the level of background chemical noise is significantly reduced in precursor ion and neutral loss scan MS/ MS spectra compared to that in a conventional mass spectrum, these methods are also attractive for use in the rapid identification of low abundance lipid species, such as ceramides, cholesteryl esters, mono-, di- and tri-acylglycerols, or modified lipid species such as Amadori glycerophosphoethanolamine (Amadori-GPEtn) or glycerophosphoinositol (GPIns) mono-, bis- or tris-phosphate, that may often be present at or below the level of chemical noise in the mass spectra.

Quantitation of lipidomic data has typically been achieved by ratiometric comparison of the abundance of lipid ions of interest against that of a known exogenous lipid species added to

the sample (i.e., an 'internal standard'), following isotopic correction. The majority of approaches have entailed the use of synthetic exogenous lipid standards representative of a particular lipid class of interest. The synthetic lipids may be added during  $4^1$ , 53, 54 or following40, 43, 55 lipid extraction, and typically all lipid molecular species of a given class are quantified against a single synthetic internal standard of the same lipid class. While relatively straightforward, this approach does not take into account potential differences in ionization efficiency of lipids of differing acyl chain lengths and degree of unsaturation, which can be pronounced in samples with a high total lipid concentration,  $56, 57$  or correct for different CID-MS/MS fragmentation efficiencies as a function of precursor ion mass under constant collision energy conditions typically employed in precursor ion and neutral loss scan MS/MS methods. Correction for differences in ionization or dissociation efficiencies across the molecular species of a given lipid class may be performed by inclusion of several internal standards per lipid class, thereby covering a wide range of fatty acyl total carbons and total double bonds, or through normalization to multiple external calibration curves.<sup>56, 58, 59</sup> The use of multiple internal standards consisting of stable isotope labeled lipid species has also been demonstrated to provide accurate quantitation of lipids with a high degree of variability in the number of total carbons and total double bonds.<sup>60</sup> However, the use of this strategy may not be feasible for analyzing large numbers of different molecular species across diverse lipid classes, as an untenable number of internal standards would be required.

In contrast to internal standard-dependent methods of lipidome quantification, the feasibility of performing quantitative analysis based on a statistical comparative analysis of lipid ion intensities and relative abundances from lipid extracts of experimental treatments relative to those obtained from control samples, in the absence of any internal standard, has been demonstrated.61 Such "internal standard free" approaches are critical when an internal standard for a lipid class of interest, such as modified lipids, is not readily (i.e., commercially) available. In proteomics based quantification, numerous studies in recent years have also shown that 'internal standard free' or 'label free' methods, involving quantification of relative protein abundances based on precursor ion area intensity measurements using high resolution mass spectrometry, or by 'spectral counting' using the number of spectra identified for a given protein from multi-dimensional LC-MS/MS analyses of different biological samples, can provide comparable results to stable isotope labeling methods for abundant proteins.<sup>62</sup>, 63

# **Materials and Methods**

#### **Materials**

All solvents used were HPLC grade. Methanol (MeOH), water, sodium chloride (NaCl) and common laboratory reagents were purchased from J.T. Baker (Phillipsburg, NJ). Ammonium hydroxide (NH<sub>4</sub>OH) and chloroform (CHCl<sub>3</sub>) were from EMD Chemicals (Gibbstown, NJ). 2-propanol was from Fisher Scientific (Pittsburgh, PA). Lipid standards were obtained from Avanti Polar Lipids (Alabaster, AL).

#### **Animals**

All procedures for the use and care of animals for laboratory research were approved by the All University Committee for Animal Use and Care at Michigan State University. Male *Wistar* rats were maintained on Purified Rodent Diet #110900 (Dyets, Bethlehem, PA) and water *ad libitum*. Rats weighing 237–283 g were made diabetic with a single intraperitoneal injection of 65 mg streptozotocin (STZ) per kg body weight. Age matched nondiabetic control rats received a single intraperitoneal injection of citrate buffer vehicle (pH 4.5). Body weight gains and blood glucose for the control and STZ diabetic groups were measured biweekly. Diabetes was confirmed by blood glucose higher than 15mM and decrease in the body weight gain. Insulin injections were given daily at 0–3 units NPH insulin, beginning two weeks after

STZ injection, and were adjusted to achieve slow weight gain while still allowing hyperglycemia in the 20–25 mM range.

At either 6 or 36 weeks post STZ treatment, rats were sacrificed under anesthesia (isoflurane/ Vapomatic). The chest cavity was opened to expose the heart, and 5–10 ml of rat blood was collected by heart puncture into EDTA-containing tubes. The right atrium was carefully snapped to provide drainage and the animals expired from exsanguination.

To obtain retinas, eyes were enucleated and rinsed three times in ice cold phosphate buffered saline (PBS), opened by a circumferential incision just below the ora serrata, and the anterior segment and vitreous were discarded. With the aid of a dissecting microscope, the retina was gently lifted off the eyecup using an eye spatula, weighed, placed in a precleaned glass vial, and snap frozen in liquid nitrogen. To obtain erythrocytes, whole blood was centrifuged at  $1300 \times g$  in a swinging bucket rotor. Plasma and buffy coat were removed, and packed erythrocytes were snap frozen in liquid nitrogen. Retinas and erythrocytes were stored in the dark at −80 ° C until lipid extraction.

#### **Retina tissue lipid extraction**

Lipids were extracted from frozen rat retinas as previously described, <sup>64</sup> using a modified Folch method. Lipid extracts were resuspended in 50 μL/mg tissue of 2-propanol: methanol:chloroform (4:2:1v/v/v) and stored under nitrogen in glass vials in the dark at −80° C until further use.

#### **Erythrocyte lipid extraction**

Erythrocyte lipids were extracted using a modified Rose & Oklander method.<sup>65</sup> 100 mg of packed erythrocytes were lysed on ice for 15 minutes in 500 μL of HPLC-grade water, then combined with 6.8 mL of 80% 2-propanol, vortexed, and incubated for one hour on ice with occasional mixing. 3.2 mL of 100% chloroform was added, and the mixture was incubated for one additional hour on ice with occasional mixing. Phases were separated by centrifuging samples for 30 minutes at  $2000 \times g$  in a swinging bucket rotor. The lower phase was collected, and the remaining aqueous phase was re-extracted as before with 3.2 mL of 100% chloroform. The lower phases were pooled, dried under nitrogen, and further dried overnight in a speedvac. Lipid extracts were resuspended in 5  $\mu$ L/mg cells of 2-propanol: methanol:chloroform (4:2:1v/ v/v) and stored under nitrogen in glass vials in the dark at −80° C until further use.

#### **Identification and quantitation of lipid molecular species**

Immediately prior to analysis, aliquots of crude retina or erythrocyte lipid extracts were further diluted 1:20 and 1:50, respectively, in 2-propanol:methanol:chloroform (4:2:1 v/v/v) containing  $20 \text{ mM} \text{ NH}_4\text{OH}$ . Additionally, a mixture of synthetic GPCho and GPEtn lipids were added to the retina and erythrocyte lipid extracts from 36 week STZ diabetic and age-matched nondiabetic rats to serve as internal standards. The final concentrations of the internal standards used in the analysis were GPCho<sub>(14:0/14:0)</sub> at 1  $\mu$ M and GPEtn<sub>(14:0/14:0)</sub> at 0.65  $\mu$ M.

All samples were centrifuged, then loaded into Whatman Multichem 96-well plates (Fisher Scientific, Pittsburgh, PA) and sealed with Teflon Ultra-Thin Sealing Tape (Analytical Sales and Services, Pompton Plains, NJ). The samples were then introduced to a triple quadrupole mass spectrometer (Thermo Scientific model TSQ Quantum Ultra, San Jose, CA) via a chipbased nano-electrospray ionization (nESI) source (Advion NanoMate, Ithaca, NY) operating in infusion mode using an ESI HD\_A chip, a spray voltage of 1.4 kV, a gas pressure of 0.3 psi and an air gap of 2 μL. The ion transfer tube of the mass spectrometer was maintained at 150 °C. All MS and MS/MS spectra were acquired automatically for 2.5–10 minutes at a rate of 500 m/z sec−<sup>1</sup> by methods created using Xcalibur software (Thermo, San Jose, CA). In MS

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mode, the Q1 peak width was maintained at 0.5 Da. For neutral loss and precursor ion MS/MS scans, the peak widths of both Q1 and Q3 were maintained at 0.5 Da. For product ion scan mode MS/MS experiments, Q1 and Q3 were operated with peak widths of 1.0 Da. The Q2 collision gas pressure was set at 0.5 mtorr. Collision energies were individually optimized for each neutral loss, precursor ion or product ion scan mode MS/MS experiment of interest using commercially available lipid standards whenever possible. GPCho and GPEtn lipid ions were identified as their  $[M+H]^+$  ions by positive ion mode collision induced dissociation - tandem mass spectrometry (CID-MS/MS) by precursor ion (PI) scanning for m/z 184, or by scanning for the neutral loss (NL) of 141  $m/z^{41}$ , respectively. As GPEtn ions were detected as both [M  $+H$ <sup>+</sup> and  $[M+Na]$ <sup>+</sup> ions, the presence of sodiated GPEtn ions at particular m/z were determined by precursor ion scanning for the sodiated GPEtn-specific ion at m/z 164, as previously described.<sup>64</sup> Glycated (Amadori) GPEtn lipid ions were identified as their  $[M+H]$ <sup>+</sup> ions by positive ion mode CID-MS/MS by scanning for the neutral loss of 303 m/z.<sup>66</sup> GPSer and GPIns molecular species were identified as their [M−H]− ions by negative ion mode CID-MS/MS, by scanning for the neutral loss of 87 m/z, or by precursor ion scanning for m/z  $241<sup>41</sup>$ respectively. Characterization of the fatty acid constituents of identified lipids was achieved by CID-MS/MS product ion scans at the specific m/z values of the [M−H]−, [M+Cl]−, or [M +CH<sub>3</sub>OCO<sub>2</sub>]<sup>-</sup> precursor ions of identified lipids observed in negative ion mode, or by negative ion mode PI scan CID-MS/MS experiments to selectively monitor for specific deprotonated fatty acid anions. A five point Gaussian smooth was applied to all spectra prior to data analysis.

Quantitative comparison of differences in lipid ion abundances between control and diabetic retina or erythrocyte samples was performed by two different methods. In the 'internal standard free' method, GPCho, GPEtn, GPSer and GPIns lipids identified from retina and erythrocyte extracts from age matched control and diabetic rats, 6 weeks post STZ treatment, and GPCho and GPEtn lipids identified from retina and erythrocyte extracts from age matched control and diabetic rats, 36 weeks post STZ treatment, were quantified by determining peak areas using the Lipid Mass Spectrum Analysis (LIMSA) v.1.0 software peak model fit algorithm.<sup>67</sup> The LIMSA software was used in conjunction with a user-defined database of hypothetical lipid compounds for automated peak finding and correction for  ${}^{13}C$  isotope effects. Where applicable, peak areas of GPEtn  $[M+H]^+$  and  $[M+Na]^+$  ions of the same lipid molecular species were summed to account for possible variability in the amount of sodium present across samples.

In the 'internal standard' method, GPCho and GPEtn lipids identified from retina and erythrocyte extracts from age matched control and diabetic rats, 36 weeks post STZ treatment, were quantitated ratiometrically by comparison with the peak area of a synthetic lipid internal standard of the lipid class of interest. The LIMSA software peak model fit algorithm was used as described above for peak finding and isotope correction, followed by automated comparison of each isotopically corrected peak area with that of the appropriate internal standard to arrive at an 'absolute' value for each identified lipid species. Quantitated values assigned to GPEtn molecular species were additionally corrected for the presence of GPEtn  $[M+Na]^+$  ions, when present, as described above.

For both methods, mass spectra of each lipid extract were initially acquired at a range of different dilutions to determine the dilution range at which linearity in the response of specific lipids was observed, and to ensure that the ratio of specific lipid ion abundances compared to other lipids within the mixture, or compared to an internal standard, remained constant. However, as no attempts were made to quantitatively correct for different ESI responses of individual lipids due to concentration, acyl chain length or degree of unsaturation,  $56$  or to quantitatively correct for different CID-MS/MS fragmentation efficiencies as a function of precursor ion mass, we report here only the relative change in the abundance of the

experimentally observed lipid between the control and diabetic sample groups, and not the absolute concentrations.

Measurement of variability introduced by the sample handling steps following lipid extraction was obtained by performing PI m/z 184 and NL m/z 87 CID-MS/MS scans on triplicate dilutions of a given lipid extract from rat retinas at the 6 week time point, with subsequent comparison of quantitated peak areas across the triplicate dilutions. Measurement of variability introduced by the instrumentation (i.e., the ion source and mass spectrometer) was obtained by analyzing individual sample dilutions in triplicate as described above.

#### **Statistical Analysis**

Data are presented as mean  $\pm$  standard deviation. Fold change comparisons in the GPCho, GPEtn, GPSer and GPIns lipid ion abundances between diabetic and control retina or erythrocyte extracts were considered statistically significant if the fold change exceeded  $\pm 1.645$ standard deviations (90% confidence interval). Student's t-test with 2 tailed distribution, two sample unequal variance was used to evaluate differences between diabetic and control animals for individual lipid molecular species of Amadori-GPEtn, with  $p < 0.05$  considered statistically significant.

# **Results and Discussion**

Analyses of crude lipid extracts isolated from the whole retina and erythrocytes of age matched control and type 1 diabetic male *Wistar* rats, 6 weeks or 36 weeks after induction of diabetes with streptozotocin (STZ), were performed by introduction of the extracts to a triple quadrupole (QqQ) mass spectrometer via infusion using a chip-based nano-electrospray ionization (nESI) source, followed by automated MS and MS/MS analysis in both positive and negative ion modes to identify and quantify GPCho, GPEtn, GPSer and GPIns lipids. The use of an animal model, such as the rat, for studying changes in global retina lipid profiles as a function of the onset and progression of disease is attractive for several reasons, including the ability to control or systematically evaluate the effect of a number of variables, such as genetic background, environment, age and diet, that are known to alter the presence and abundance of particular lipid species at any given time.

# **Analysis of glycerophosphocholine (GPCho) lipids extracted from control and diabetic retina and erythrocytes, 6 weeks post STZ treatment**

Representative mass spectra, obtained by using a precursor ion (PI) scan mode CID-MS/MS experiment in positive ion mode to identify the [M+H]+ precursor ions of glycerophosphatidylcholine (GPCho) lipids in whole retina and erythrocytes of age matched control and type 1 diabetic male *Wistar* rats, 6 weeks after treatment with STZ, via detection of the characteristic phosphocholine product ion at  $m/z$  184, are shown in Figure 1. The complementary information provided from the GPCho lipid class specific PI scan, as well as fatty acyl group specific precursor ion MS/MS scans or product ion MS/MS scan experiments of the  $[M+Cl]^-$  or  $[M+CH_3OCO_2]^-$  precursor ions in negative ion mode,<sup>68</sup> were employed to fully elucidate the identity of the head group, as well as the identities of the fatty acyl chains (number of total carbons and double bonds), within the lipid of interest (data not shown.) The most abundant GPCho lipid molecular species within the control rat retina (Figure 1A) was found to contain the n3 polyunsaturated DHA<sub>22:6</sub> fatty acid (i.e., GPCh<sub>0(18:0/22:6)</sub>, m/z 834.4). Other abundant DHA22:6n3 containing GPCho lipids were also observed, including GPCho<sub>(16:0/22:6)</sub> at m/z 806.4, a 44:12 GPCho species containing DHA<sub>22:6n3</sub> fatty acids at both the sn1 and sn2 positions of the lipid glycerol backbone (GPCho<sub>(22:6/22:6)</sub>, m/z 878.4), and very long chain fatty acid-containing GPCho lipids (GPCho<sub>(32:6/22:6)</sub>, m/z 1018.6 and GPCh<sub>0(34:6/22:6)</sub>, m/z 1046.6). A variety of n6 polyunsaturated linoleic acid<sub>(18:2n6)</sub> and

ARA $_{(20:4n6)}$  containing GPCho lipids were also identified, including GPCho $_{(16:0/18:2)}$  at m/z 758.4, GPCho(18:0/18:2) at m/z 786.4, GPCho(16:0/20:4) at m/z 782.4 and GPCho(18:0/20:4) at m/ z 810.4. Finally, several abundant GPCho lipids containing saturated palmitic  $\text{acid}_{(16:0)}$  and stearic acid<sub>(18:0)</sub>, and the n9 monounsaturated oleic acid<sub>(18:1)</sub> were observed, including GPCho(16:0/16:0) at m/z 734.4, GPCho(16:0/18:1) at m/z 760.4 and GPCho(18:0/18:1) at m/z 788.4.

Analysis of lipid extracts from three separate control rat retinas resulted in essentially identical spectra to those shown in Figure 1A, with percent standard deviations (% S.D.) ranging from 5–20% (with an average % S.D. of 11%), indicative of the minimal biological variability between these animals. This was expected given that these samples were obtained from animals with identical genetic backgrounds that were maintained under essentially identical conditions. However, in order to evaluate the variability introduced by the sample handling steps following initial lipid extraction, as well as the run-to-run variability associated with the mass spectrometry analysis, a series of experiments were also performed by triplicate dilution and analysis of a single control retina lipid extract, and by triplicate analysis of a single diluted control retina lipid extract. The % S.D.'s determined from these experiments, ranging from 6– 14% with an average of 9% for the former, and from 4–12% with an average of 8% for the later, were both smaller than the biological variability, indicating that the analysis methodology would be sufficiently reproducible and stable to enable quantitative determination of differences in the retina between control and diabetic sample groups (see below).

Although the molecular species identified from the diabetic rat retina (Figure 1B) were all consistent with those in the control retina, the relative abundances of individual lipids were observed to vary between control and diabetic states (compare Figures 1A and 1B, respectively, and Figure 2A). Changes in the relative abundances of individual lipids between control and diabetic erythrocyte lipid extracts were also observed (compare Figures 1C and 1D, respectively, and Figure 2B). Note, however, that the composition and abundances of the GPCho lipids from the erythrocyte extracts were quite different from those in the retina.

Interestingly, the average GPCho lipid ion abundances in the diabetic retina lipid extracts were found to be approximately 25% higher than the age matched control extracts (average ratio of diabetic/control of 1.2419 with a standard deviation of  $\pm$  0.2259) (Figure 2C). This increase is likely due to diabetes-induced upregulation of lipogenic gene expression, consistent with that previously reported by Brucklacher *et. al.*. <sup>69</sup> Notably, the average abundances of two n6 polyunsaturated linoleic acid containing GPCho lipids were significantly higher in the diabetic retina compared to the control retina (i.e.,  $\text{GPCho}_{(16:0/18:2)}$  with a 1.81 fold change, and  $GPCho_{(18:1/18:2)}$  with a 1.67 fold change), where significance was defined as being outside the 90% confidence interval defined by  $\pm 1.645$  S.D., while one n3 polyunsaturated DHA<sub>22:6n3</sub> containing lipid (GPCho $_{(22:6/22:6)}$ ) was found to undergo a significant decrease between diabetic and control retina samples, with a diabetic/control ratio of 0.86.

Comparison of the erythrocyte extract GPCho lipid ion abundances between age matched control and diabetic rats, 6 weeks after STZ treatment, determined that the average GPCho ion abundances remained essentially constant (Figure 2D). However, the level of one n6 PUFA containing GPCho lipid (GPCho $_{(18:0/18:2)}$ ) was observed to give rise to a significant 1.41 fold increase, while a very low abundance  $\text{GPCho}_{(20:4/22:6)}$  lipid was found to be lower in the diabetic erythrocyte (ratio of diabetic/control of 0.31). However, given the low abundance of this lipid in both control and diabetic extracts, we have not assigned any significance to this change in abundance. Overall, these results are consistent with previous studies that have found that the values of n6 PUFA's, linoleic acid<sub>(18:2n6)</sub> and ARA<sub>(20:4n6)</sub> in the plasma and erythrocyte membrane lipids in diabetic children and diabetic young adults versus age-matched healthy controls were significantly higher in diabetic subjects than in controls, while the n3 PUFA DHA<sub>22:6n3</sub> was significantly lower.<sup>70, 71</sup> Furthermore, the trends observed here are

generally consistent between the GPCho lipids observed in the retina and erythrocyte samples, with an increase in the relative abundance of lipids containing oleic  $\text{acid}_{(18:1n9)}$  and linoleic  $\text{acid}_{(18:2n6)}$  fatty acids, and a decrease in lipids containing DHA<sub>22:6n3</sub> fatty acids.

## **Analysis of glycerophospoethanolamine (GPEtn) lipids extracted from control and diabetic retina and erythrocytes, 6 weeks post STZ treatment**

The identification and quantitative analysis of GPEtn lipids by CID-MS/MS represent a particular challenge. Both protonated ( $[M+H]^+$ ) and sodiated ( $[M+Na]^+$ ) GPEtn precursor ions are typically observed in a mass spectrum of a crude lipid extract, and sodiated GPEtn precursor ions may overlap at the same m/z value with protonated GPEtn precursors (e.g.,  $[GPEtn_{(18:0/20:4)}+Na]+$  at m/z 788.5195 and  $[GPEtn_{(18:2/22:6)}+H]+$  at m/z 788.5219). As both protonated and sodiated GPEtn precursor ions give rise to the neutral loss of phosphoethanolamine (141 Da) upon CID-MS/MS,42,72 a NL m/z 141 scan can not be used to differentiate between the presence of these two species. However, we have recently reported that the dissociation of sodiated  $([M+Na]^+)$  GPEtn precursor ions also give rise to a phosphoethanolamine+Na<sup>+</sup> product ion at m/z 164, allowing the presence of the sodiated precursor ion to be readily determined by using a PI m/z 164 scan.<sup>64</sup> Thus, in the analysis method employed here, both NL m/z 141 and PI m/z 164 scans were employed, as well as fatty acyl group specific PI scans in negative ion mode, to confirm the presence and identity of GPEtn lipids at specific m/z values. Only the identity of the most abundant GPEtn lipid that was found at a specific m/z value is reported.

The most abundant GPEtn lipid molecular species identified from the age matched control and diabetic rat retinas, 6 weeks following STZ treatment, were found to contain DHA(22:6n3) and ARA(20:4n6) (i.e., GPEtn(18:0/22:6) at m/z 792.3, GPEtn(16:0/22:6) at m/z 764.5, GPEtn<sub>(22:6/22:6)</sub> at m/z 836.3 and GPEtn<sub>(18:0/20:4)</sub> at m/z 768.5) (Figure 3A), while those in the control and diabetic rat erythrocytes were found to contain linoleic  $\text{acid}_{(18:2n6)}$  and ARA(20:4n6) (i.e., GPEtn(16:0/18:2) at m/z 716.5, GPEtn(16:0/20:4) at m/z 740.5, GPEtn<sub>(18:1/18:2)</sub> at m/z 742.5, GPEtn<sub>(18:0/18:2)</sub> at m/z 744.5, GPEtn<sub>(18:1/20:4)</sub> at m/z 766.5 and GPEtn $_{(18:0/20:4)}$  at m/z 768.5) (Figure 3B). All of these are consistent with the acyl chain compositions found in the GPCho lipids described above. Also similar to that observed from the GPCho lipid analysis, an approximately 33% increase in the average GPEtn lipid ion abundance was observed for the diabetic rat retina extracts compared to the control extracts (Figure 3C). A decrease in the abundance of the GPEtn $_{(22:6/2:6)}$  lipid was observed in the diabetic rat retina extracts (with a diabetic/control ratio of 0.77), consistent with the change in the abundance of the GPCho $_{(22:6/22:6)}$  lipid described above. However, the magnitude of this change was not found to be significant at this time. An increase in the abundance of a lipid identified as  $GPEtn_{(18:0/22:5)}$ , containing docosapentaenoic acid $_{(22:5n3)}$ , was observed between diabetic and control retina extracts. However, as this lipid was very low in abundance, and could potentially overlap with the M+2 isotope peak from the highly abundant  $GPEtn_{(18:0/22:6)}$  lipid, we have not assigned any significance to this change.

Comparison of the GPEtn lipid ion abundances determined from the erythrocyte extracts of age matched control and diabetic rats, 6 weeks after STZ treatment (Figure 3D), found that the average abundances were approximately 25% higher in the diabetic samples. This is in contrast to the results observed for the GPCho lipids extracted from erythrocytes. However, similar to that determined from the GPCho lipid analysis, the  $\text{GPEtn}_{(20:4/22:6)}$  lipid was found to be lower in abundance in the diabetic erythrocyte (ratio of diabetic/control of 0.88). Once again however, due to the low abundance of this lipid, we have not assigned any significance to this change. Overall however, the trends observed were generally consistent between the GPEtn and GPCho lipids observed in the retina and erythrocyte samples, i.e., an increase in the relative abundance

of lipids containing n6 PUFA and a decrease in the relative abundance of those containing n3 PUFA.

#### **Analysis of glycerophosphoserine (GPSer) and glycerophosphoinositol (GPIns) lipids extracted from control and diabetic retina and erythrocytes, 6 weeks post STZ treatment**

Similar to that found in the GPCho and GPEtn retina lipids, an increase in the average GPSer and GPIns lipid ion abundances were observed between control and diabetic rat retina extracts (1.32 and 1.39 fold change, respectively) (Figures 4A,C and 5A,C, respectively). The average GPSer lipid ion abundances were observed to remain essentially unchanged between the control and diabetic rat erythrocyte extracts, while the average GPIns erythrocyte lipid ion abundance increased (1.34 fold change) (Figures 4B,D and 5B,D, respectively). With the exception of the low abundance  $GPSer_{(18:0/18:2)}$  lipid, that underwent a 1.31 fold increase between the control and diabetic erythrocyte extracts (see Figure 4B and 4D), consistent with that observed for the equivalent but more abundant  $GPCho_{(18:0/18:2)}$  lipid species (see Figure 2D and 2B), none of the GPSer or GPIns lipids in either the retina or erythrocyte extracts were found to undergo a significant change between control and diabetic states.

# **Analysis of glycerophosphocholine (GPCho) and glycerophosphoethanolamine (GPEtn) lipids extracted from control and diabetic retina and erythrocytes, 36 weeks post STZ treatment**

Given that the GPSer and GPIns lipids were observed at very low abundance in both the retina and erythrocyte extracts at the 6 week time point following STZ treatment, and were not observed to yield significant changes between control and diabetic samples, all further analysis of retina and erythrocyte lipid extracts from control and diabetic rats, 36 weeks post STZ treatment, was performed only on the GPCho and GPEtn lipids. Prior to further dilution and subsequent mass spectrometry analysis of the lipid extracts, internal standards consisting of  $GPCho_{(14:0/14:0)}$  and  $GPEtn_{(14:0/14:0)}$  were added. This enabled a direct comparison of the quantitative results obtained by analysis using the 'internal standard free' method, with those obtained using an 'internal standard' method.

For the retina GPCho lipid extracts, essentially identical results were obtained from each method. The standard deviations obtained using the 'internal standard' method ranged from  $12.0 - 27.7\%$  with an average of 17.4% for the control extracts and from  $10.2 - 23.6\%$  with an average of 18.6% for the diabetic extracts (Figure 6A), while those from the 'internal standard free' method ranged from 18.4 – 26.9 % with an average of 21.3 % for the control extracts and from  $13.5 - 24.6$  % with an average of 18.5 % for the diabetic extracts (Figure 6B). However, in contrast to the results obtained from the 6 week post STZ treatment GPCho retina lipid extracts (Figures 2A), where an approximately 24% increase in the average ion abundance was observed between diabetic and control samples, a decrease of approximately 16% in the average ion abundance between diabetic and control samples was observed at 36 weeks post STZ treatment, using both the internal standard and 'internal standard free' approaches (Figures 6C and 6D, respectively). These data suggest that the increase in retina glycerophospholipid ion abundances observed at the 6 week time point following the onset of diabetes (postulated above to be due to diabetes-induced upregulation of lipogenic gene expression) are offset at the later time point, potentially due to an increase in retinal permeability associated with diabetic macular edema, which would decrease the ratio of lipid/ water in the retina.<sup>73</sup> However, despite the overall decrease in average GPCho lipid abundances in the diabetic retina, the same molecular GPCho lipid species that were observed to be either significantly higher or lower in abundance in the diabetic retina compared to the control retina at the 6 week time point (i.e.,  $\text{GPCho}_{(16:0/18:2)}$ ,  $\text{GPCho}_{(18:1/18:2)}$  and  $\text{GPCho}_{(22:6/22:6)}$ ) were also found to be significant at the 36 week time point.

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In contrast to that determined from the retina samples, the results obtained from the extracted erythrocyte GPCho lipids, 36 weeks post STZ treatment, using the internal standard (Figure 7A) and the 'internal standard free' (Figure 7B) methods yielded significantly different results. While the results obtained using the internal standard method indicated that the average GPCho lipid ion abundances were essentially unchanged between diabetic and control groups (Figure 7C), the 'internal standard free' approach indicated an approximate increase in average ion abundances of 26% (Figure 7D). Diabetic ketoacidosis is known to result in a decrease in diabetic blood pH, and in the absence of buffering of tissue/cell homogenates, may effect extraction efficiencies or ionization efficiencies for lipids extracted from diabetic erythrocytes compared to control erythrocytes, or introduce other unanticipated matrix effects during mass spectrometry analysis. Note that the quantitative results obtained using the 'internal standard free' and internal standard methods were both taken from the same experimental data sets, i.e., for the 'label free' method, each lipid extract contained the internal standard but this was not use for normalization of ion abundances. Thus, the observed differences between the 'internal standard free' and internal standard quantification results may not be due to altered extraction efficiencies. Even though buffering of the lipid extracts prior to mass spectrometry analysis was performed via the inclusion of 20 mM NH4OH, it was not determined whether the pH of the extracts were identical between diabetic and control erythrocyte lipid extracts. Thus, the differences in quantitative results that were determined using the two methods are likely due to higher electrospray ionization efficiencies or other matrix-related effects associated with the diabetic erythrocytes. Interestingly, as described above, no discrepancy in lipid ion abundances were observed between the internal standard and 'internal standard free' methods for the 36 week retina samples. This is consistent with results from a previous study, suggesting that the retina is protected from perturbations due to diabetic ketoacidosis.74 Differences in the abundances of several individual GPCho molecular lipid species were determined between the diabetic and control erythrocyte extracts, 36 weeks post STZ treatment. For example,  $GPCho_{(18:1/22:6)}$  was found to undergo a significant decrease using both 'internal standard' and 'internal standard free' quantitative methods, while GPCho<sub>(16:0/18:1)</sub> was determined to undergo a significant increase, albeit only in the 'internal standard free' quantitative method. However, the validity of the GPCho changes in the erythrocyte lipid profiles at the 36 week time point, determined using the 'internal standard free' method, must be questioned.

Analysis of the GPEtn lipids extracted from retina and erythrocytes of control and diabetic rats, 36 weeks post STZ treatment, were also determined using both the internal standard and 'internal standard free' methods. The results obtained from the retina and erythrocyte lipid extracts using the internal standard method are shown in Figures 8A and 8B, respectively. Similar to that described above for the GPCho lipids, analysis of the retina GPEtn lipids were found to yield essentially identical results from both methods, with an approximately 25% decrease in the average GPEtn lipid ion abundances observed between diabetic and control retina (Figure 8C), again indicating the utility of the internal standard free method for quantitative analysis of lipids from retina tissue. However, none of the observed GPEtn molecular lipid species were found to be significantly different in abundance between the diabetic and control retina samples, consistent with that observed at the 6 week time point. Use of the internal standard free method for analysis of the erythrocyte GPEtn lipids gave erroneously high results compared to those determined using the internal standard method (an 11% increase versus a 1% decrease in average GPEtn lipid ion abundances, respectively) (Figure 8D), similar to that determined by analysis of the GPCho lipids.

# **Analysis of Amadori-glycerophosphoethanolamine (Amadori-GPEtn) lipids extracted from control and diabetic retina and erythrocytes, 36 weeks post STZ treatment**

As described above, quantitative mass spectrometry analysis determined that none of the individual GPEtn molecular lipid species were significantly different in abundance between

the diabetic and control retina samples, at either the 6 week of 36 week time points following STZ treatment. However, a significant increase in abundance was observed between the diabetic and control retina for a modified (Glycated) form of the GPEtn lipids (i.e., Amadori-PE or GPEtn(Glc)), determined by using a neutral loss scan to identify the characteristic loss of 303 m/ $z^{66}$  (Figure 9). Representative mass spectra of the GPE tn lipids observed from control and diabetic retina extracts are shown in Figures 9A and 9B, respectively, while the spectra obtained for the Amadori-GPEtn lipids from the same samples are shown in Figures 9C and 9D, respectively. For the most abundant Amadori GPEtn lipid (i.e., Amadori-GPEtn<sub>(18:0/22:6)</sub>), a 4.8 fold increase ( $p < 0.05$ ) in the ratio of the Amadori-GPEtn to GPEtn lipid abundance was observed in the diabetic versus control retina lipid extracts (Figure 10A). Importantly, an increase in Amadori-GPEtn lipid abundance was also observed between the diabetic and control erythrocyte lipid extracts, where the most abundant Amadori-GPEtn lipid (GPEtn<sub>(18:10/20:4)</sub>) was observed to undergo a 1.6 fold increase ( $p < 0.05$ ).

An increase in advanced glycation endproducts (AGE) in diabetes is well documented and has been extensively studied over the last decade.<sup>75,</sup> 76 Moreover, serum levels of AGE's are known to be increased in patients with diabetic complications, compared to a complicationsfree cohort.77, 78 However, AGE inhibitors have been shown to be effective in preventing the development of diabetic complications in animal models.<sup>79, 80</sup> Although most prior studies have focused on AGE modified proteins, the free amino groups of aminophospholipids, such as GPEtn and GPSer, can also be targeted for non-enzymatic glycation, leading to the formation of glycated phospholipids.81 Indeed, glycated GPEtn, referred to as Amadori-PE in the literature, has been shown to be increased approximately 2 fold in the blood plasma of type 2 diabetic patients compared to controls,  $82$  consistent with the results described above. Addition of synthetic Amadori-PE to human umbilical vein endothelial cell culture significantly increased angiogenic factors, including matrix metalloproteinase 2,83 a pivotal enzyme in the initial step of angiogenesis.<sup>84</sup> Although the magnitude of the changes observed here in Amadori-GPEtn lipid abundances in both the retina and erythrocytes require further confirmation using an internal Amadori-GPEtn internal standard,<sup>66</sup> this data clearly demonstrates for the first time that increased Amadori-GPEtn levels are observed in the retinas of type 1 diabetic animals, indicating a potential role for this lipid in diabetic retinopathy. Furthermore, these changes are correlated with those observed in the erythrocytes of these animals, indicating that erythrocyte Amadori-GPEtn levels could potentially act as biomarkers for diabetic retinopathy.

# **Conclusions**

We have demonstrated for the first time that retina phospholipid metabolism is altered in a rat model of type 1 diabetes. While fluctuations in total retinal phospholipid levels at 6 and 36 weeks of STZ diabetes were not reflected in the abundances of erythrocyte phospholipids, a trend toward increased incorporation of linoleic  $\text{acid}_{(18:2n6)}$  and decreased esterification of docosahexaenoic  $\text{acid}_{(22:6n3)}$  was observed in GPCho of both retina and erythrocytes at each time point. Furthermore, we have reported the first demonstration that glycated (Amadori) phosphoethanolamine lipid species are increased in retinas of diabetic rats. The significant elevation of Amadori-GPEtn in both diabetic retina and erythrocytes may enable the future use of blood or plasma Amadori-GPEtn levels as a predictor of the onset of diabetic retinopathy.

To facilitate future lipidomic analyses, we have also compared two different methods of lipidome quantification. We found no difference in the results obtained for retina lipid analysis when quantification was performed against exogenously added internal standards, or through the use of an 'internal standard free' comparison of MS/MS product ion abundances. However, the two quantitative methods did not provide identical results in the analysis of erythrocyte lipids, as the 'internal standard free' method may have been influenced by differences in

ionization efficiencies across samples. This suggests that 'internal standard free' quantification of lipidomic data may be feasible as a simple and efficient alternative to 'absolute quantification' strategies; however, rigorous optimization of sample extraction, preparation, and analytical conditions must be considered imperative prior to 'label-free' analysis of diverse sample types. Overall, the automated tandem mass spectrometry based approach to lipidome analysis described in this study should facilitate future research in biomarker discovery across a wide spectrum of diseases, and assist in general comparative lipidomic analyses regardless of the desired application.

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#### **Figure 1.**

Positive ion mode ESI-MS/MS analysis of glycerophosphocholine (GPCho) lipids isolated from age matched control and diabetic rat retina and erythrocyte samples, 6 weeks after treatment with streptozotocin. (**A**) control retina, (**B**) diabetic retina, (**C**) control erythrocytes and (**D**) diabetic erythrocytes. Spectra were obtained by precursor ion scanning for the characteristic phosphocholine ion at m/z 184 to identify [M+H]+ precursor ions. Selected regions from m/z 600–1100 of representative spectra, obtained from control and diabetic lipid extracts, containing the major GPCho lipids, are shown.



#### **Figure 2.**

Ratiometric analysis of changes in glycerophosphocholine (GPCho) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 6 weeks after treatment with streptozotocin. Data values are displayed as mean  $\pm$  standard deviation. (S.D.) from n=3 control and n=4 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina from Figures 1A and 1B. (**B**) Comparison of age matched control and diabetic rat erythrocytes from Figures 1C and 1D. (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPCho lipid ions between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPCho lipid ions between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).



#### **Figure 3.**

Ratiometric analysis of changes in glycerophosphoethanolamine (GPEtn) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 6 weeks after treatment with streptozotocin. Data were obtained by positive ion mode ESI-MS/MS analysis, via scanning for the characteristic neutral loss of phosphoethanolamine ( $m/z$  141) to identify  $[M+H]^+$  or  $[M+Na]^+$  precursor ions. Data values are displayed as mean  $\pm$  standard deviation. (S.D.) from n=3 control and n=4 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina. (**B**) Comparison of age matched control and diabetic rat erythrocytes. (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPEtn lipid ions between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPEtn lipid ions between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).

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#### **Figure 4.**

Ratiometric analysis of changes in glycerophosphoethanolamine (GPSer) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 6 weeks after treatment with streptozotocin. Data were obtained by negative ion mode ESI-MS/MS analysis, via scanning for the characteristic neutral loss of dehydroalanine (m/z 87) to identify [M −H]− precursor ions. Data values are displayed as mean ± standard deviation. (S.D.) from n=3 control and n=4 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina. (**B**) Comparison of age matched control and diabetic rat erythrocytes. (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPSer lipid ions between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPSer lipid ions between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).

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#### **Figure 5.**

Ratiometric analysis of changes in glycerophosphoinositol (GPIns) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 6 weeks after treatment with streptozotocin. Data were obtained by negative ion mode ESI-MS/MS analysis, via scanning for the characteristic phosphoinositol ion at m/z 241 to identify [M−H]− precursor ions. Data values are displayed as mean  $\pm$  standard deviation. (S.D.) from n=3 control and n=4 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina. (**B**) Comparison of age matched control and diabetic rat erythrocytes. (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPIns lipid ions between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPIns lipid ions between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate ±1.645 S.D. (i.e., 90% confidence intervals).



#### **Figure 6.**

Ratiometric analysis of changes in glycerophosphocholine (GPCho) lipid ion abundances determined between age matched control and diabetic rat retina, 36 weeks after treatment with streptozotocin, in the presence or absence of an internal standard. Data were obtained by positive ion mode ESI-MS/MS analysis, via precursor ion scanning for the characteristic phosphocholine ion at m/z 184 to identify  $[M+H]^+$  precursor ions. Data values are displayed as mean ± standard deviation. (S.D.) from n=6 control and n=5 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina (with internal standard). (**B**) Comparison of age matched control and diabetic rat retina (without internal standard). (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) in the abundances of individual GPCho lipid ions observed between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) in the abundances of individual GPCho lipid ions observed between age matched control and diabetic rat retina from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).



# **Figure 7.**

Ratiometric analysis of changes in glycerophosphocholine (GPCho) lipid ion abundances determined between age matched control and diabetic rat erythrocytes, 36 weeks after treatment with streptozotocin, in the presence or absence of an internal standard. Data were obtained by positive ion mode ESI-MS/MS analysis, via precursor ion scanning for the characteristic phosphocholine ion at m/z 184 to identify  $[M+H]^+$  precursor ions. Data values are displayed as mean ± standard deviation. (S.D.) from n=5 control and n=4 diabetic rats. (**A**) Comparison of age matched control and diabetic rat erythrocytes (with internal standard). (**B**) Comparison of age matched control and diabetic rat erythrocytes (without internal standard). (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity)

in the abundances of individual GPCho lipid ions observed between age matched control and diabetic rat erythrocytes from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) in the abundances of individual GPCho lipid ions observed between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).



# **Figure 8.**

Ratiometric analysis of changes in glycerophosphoethanolamine (GPEtn) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 36 weeks after treatment with streptozotocin, in the presence of an internal standard. Data were obtained by positive ion mode ESI-MS/MS analysis, via scanning for the characteristic neutral loss of phosphoethanolamine (m/z 141) to identify  $[M+H]^+$  or  $[M+Na]^+$  precursor ions. Data values are displayed as mean  $\pm$  standard deviation. (S.D.) from n=6 control and n=6 diabetic rats. (**A**) Comparison of age matched control and diabetic rat retina. (**B**) Comparison of age matched control and diabetic rat erythrocytes. (**C**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPEtn lipid ions between age matched control and diabetic rat retina from panel A. (**D**) Visualization of the fold change (expressed as the ratio of diabetic/control lipid area intensity) observed for individual GPEtn lipid ions between age matched control and diabetic rat erythrocytes from panel B. The solid line indicates the mean of the measurements, while the dashed lines indicate  $\pm 1.645$  S.D. (i.e., 90% confidence intervals).

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#### **Figure 9.**

Positive ion mode ESI-MS/MS analysis of glycerophosphoethanolamine (GPEtn) and Amadori-glycerophosphoethanolamine (Amadori-GPEtn) lipids isolated from age matched control and diabetic rat retina, 36 weeks after treatment with streptozotocin. (**A**) GPEtn lipids from control retina, (**B**) GPEtn lipids from diabetic retina, (**C**) Amadori-GPEtn lipids from control retina and (**D**) Amadori-GPEtn lipids from diabetic retina. GPEtn and Amadori-GPEtn spectra were obtained by scanning for the characteristic neutral losses of phosphoethanolamine  $(m/z 141)$  and glycated phosphoethanolamine  $(m/z 303)$ , respectively, to identify  $[M+H]^+$  and [M+Na]+ precursor ions. Selected regions of representative spectra from m/z 700–1050, containing the major GPEtn and Amadori-GPEtn lipids, are shown.

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#### **Figure 10.**

Ratiometric analysis of changes in Amadori-glycerophosphoethanolamine (Amadori-GPEtn) lipid ion abundances between age matched control and diabetic rat retina and erythrocyte samples, 36 weeks after treatment with streptozotocin. **(A)** Ratio's of the Amadori-GPEtn to GPEtn lipid abundances for the most abundant  $\text{GPEtn}_{(18:0/22:6)}$  lipid observed in the control and diabetic retina lipid extracts. Data values are displayed as mean ± standard deviation. (S.D.) from n=4 control and n=5 diabetic rats. \* p < 0.05 by Student's t-test. **(B)** Ratio of the Amadori-GPEtn to GPEtn lipid abundances for the most abundant  $\text{GPEtn}_{(18:10/20:4)}$  lipid observed in the control and diabetic erythrocyte lipid extracts. Data values are displayed as mean ± standard deviation. (S.D.) from  $n=5$  control and  $n=6$  diabetic rats  $* p < 0.05$  by Student's t-test.