# Zonal Chondrocytes Seeded in a Layered Agarose Hydrogel Create Engineered Cartilage with Depth-Dependent Cellular and Mechanical Inhomogeneity

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We hypothesized that zonal populations of chondrocytes seeded into a bilayered scaffold with initially prescribed depth-varying, compressive material properties will lead to a biomimetic cartilage tissue construct with depth-dependent cellular and compressive mechanical inhomogeneity similar to that of the native tissue. Superficial zone chondrocytes (SZCs) and middle/deep zone chondrocytes (MDZCs) were isolated and encapsulated with 2% or 3% agarose to form single-layered constructs of 2% SZC, 3% SZC, 2% MDZC; bilayered constructs of 2% SZC/2% MDZC and 3% SZC/2% MDZC; and 2% mixed chondrocyte controls. For SZCs on day 42, increased glycosaminoglycan (GAG) and collagen was found with increased agarose concentration and when layered with MDZCs. Superficial zone protein increased with agarose concentration in bilayered constructs. For MDZCs, increased GAG content and regulation of cell proliferation was observed when layered with SZCs. Bilayered constructs possessed a depth-dependent compressive modulus qualitatively similar to that of native articular cartilage, whereas controls showed a U-shaped profile with stiffer peripheral edges and softer middle region. This study is the first to create an engineered cartilage tissue with depth-varying cellular as well as mechanical inhomogeneity. Future studies will determine if replicating inhomogeneity is advantageous in clinical applications of tissue engineered cartilage.

# Introduction

IOMIMETIC APPROACHES have often been adopted for **B** tissue engineering, using the native tissue as inspiration  $1^{-3}$  R for the design of engineered replacements.<sup>1-3</sup> For articular cartilage, the focus has largely been on engineering constructs that exhibit the average, whole-tissue material and biochemical characteristics of native cartilage,4-8 a feat that has posed a greater challenge than originally appreciated. While the stratification of articular cartilage, namely the depth-varying material and biochemical properties9,10 as well as the zonal cell populations,<sup>11</sup> has been well characterized, its role in cartilage development and load-bearing function are not entirely understood. In this regard, it is uncertain whether such tissue stratification of engineered cartilage is clinically needed for the successful repair of cartilage. The ability to create a functional cartilage surrogate that mimics both the whole-tissue properties as well as the inhomogeneous, depthvarying distribution of native cartilage may therefore be valuable from a basic science as well as tissue engineering perspective, providing a model system to better understand the role of depth-dependent properties.

Constructs replicating the native distribution of chondrocyte populations have shown success in preserving the phenotype of superficial, middle, and deep zone cells in engineered cartilage.<sup>12-14</sup> However, the reported depthdependent material properties were not the same as for the native tissue,<sup>15</sup> and the overall material properties were generally poor.<sup>13,14,16</sup> Our previous work using bilayered hydrogel constructs of different agarose concentrations, leading to differing initial material properties in each layer, and seeded with a mixed chondrocyte population, showed some promise as tissue constructs grew to exhibit increasing stiffness with tissue depth.<sup>17</sup> In the present study, we build on our early work by incorporating specific zonal chondrocyte populations in each layer. This approach uses new culture techniques that have successfully generated cartilage constructs with physiologic material and glycosaminoglycan (GAG) levels.<sup>18</sup> It is hypothesized that zonal populations of chondrocytes seeded into a bilayered scaffold with initially prescribed depth-varying, compressive material properties will lead to a biomimetic cartilage tissue with depth-dependent cellular and compressive mechanical inhomogeneity similar to that of the native tissue. This research aims to create a

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model system that can be used in future *in vivo* studies to evaluate the necessity for depth-varying zonal chondrocyte populations and spatial material properties in creating an engineered cartilage that can restore the lubricating and weight-bearing abilities of osteoarthritic diarthrodial joints.

### Materials and Methods

#### Engineering of tissue constructs

Zonal populations of articular chondrocytes were isolated from bovine calf knee cartilage.<sup>12</sup> Full-thickness cartilage blocks were excised from the femoral condyles and patellofemoral groove with the articular surface considered as the "top" of the tissue blocks and the bone/calcified cartilage considered as the "bottom." Bone and the bottom 15% of the blocks were excised and discarded. The top 10% of the cartilage, including the articular surface, was removed for isolation of superficial zone chondrocytes (SZCs). The bottom 50% of the remaining tissue block was harvested for isolation of middle and deep zone chondrocytes (MDZCs). For isolating mixed populations of chondrocytes, knee tissue with only the bone and calcified region removed was used. For comparison with previous studies,<sup>18</sup> bovine calf carpometacarpal (CMC) cartilage was also harvested.

Chondrocytes were isolated from the separated tissue slices or whole cartilage chunks via an 11h digestion with 390 units/mL collagenase (type V; Sigma Aldrich, St. Louis, MO) in 7.5 mL/g tissue high-glucose Dulbecco's modified essential medium (hgDMEM) supplemented with 5% fetal bovine serum (FBS), essential and nonessential amino acids, buffers (HEPES, sodium bicarbonate) and penicillinstreptomycin.<sup>7</sup> SZCs were resuspended and mixed with molten 4% or 6% type VII agarose (Sigma Aldrich) in phosphate-buffered saline (PBS) at 40°C to yield a 2% and 3% agarose suspension with 30×10<sup>6</sup> SZCs/mL. MDZCs were resuspended and mixed with molten 4% type VII agarose in PBS at 40°C to yield a 2% agarose suspension with  $30 \times 10^{6}$  MDZCs/mL. Mixed knee or CMC chondrocytes were similarly treated to yield a 2% agarose suspension with 30×10<sup>6</sup> cells/mL. Using a custom template,<sup>17</sup> bilayered constructs (ø4.0×2.3 mm) were created with the following arrangement: 2% agarose SZC/2% agarose MDZC ("2S2M") and 3% agarose SZC/2% agarose MDZC ("3S2M"). Singlelayer constructs ( $\emptyset$ 4.0×1.0 mm) of 2% agarose SZC ("2S"), 3% agarose SZC ("3S"), and 2% agarose MDZC ("2M") were also cast along with 2% agarose mixed knee chondrocyte ("Knee," ø4.0×2.3 mm) and 2% agarose mixed CMC chondrocyte controls ("Wrist," ø4.0×2.3 mm). These controls were chosen to compare the tissue development of the zonal chondrocyte constructs with the well-established method of using mixed chondrocyte populations in engineering articular cartilage.<sup>4–8</sup> The gel concentration of 2% for mixed and MDZ chondrocyte constructs was chosen based on previous research that found suboptimal tissue elaboration over extended culture with agarose concentrations greater than 3% and excessive loss of synthesized matrix with gels less than 2% composition.<sup>7,17</sup>

All constructs were cultured at 37°C and 5% CO<sub>2</sub> in 35 mL of chondrogenic medium (hgDMEM, 1% ITS+, 0.1  $\mu$ M dexamethasone, 110 $\mu$ g/mL sodium pyruvate, 50 $\mu$ g/mL L-proline, 50 $\mu$ g/mL ascorbate-2-phosphate, sodium bicarbonate, and antibiotics).<sup>19</sup> Medium was changed every other day. For the first 14 days in culture, 10 ng/mL of trans-

forming growth factor (TGF)- $\beta$ 3 (R&D Systems, Minneapolis, MN) was added with each media change.<sup>19</sup> Day 0 mechanical testing was performed prior to TGF- $\beta$ 3 treatment.

## Whole construct mechanical testing

Mechanical testing was performed in unconfined compression between two impermeable platens in a custom material testing device as previously described.<sup>20</sup> Constructs (n = 4 to 5 per group, per time point) were equilibrated under a creep tare load, followed by a stress relaxation test (ramp velocity, 1µm/s) to 10% strain (based on the postcreep thickness). The compressive Young's modulus (E<sub>Y</sub>) was determined from the equilibrium stress-strain response of the tissue. Following mechanical testing, bilayered and mixed chondrocyte (Knee, Wrist) samples were allowed to recover in culture media described above for 30 minutes prior to mechanical testing for inhomogeneous properties (see below). All other constructs were frozen and stored at  $-80^{\circ}$ C for subsequent biochemical analysis.

## Depth-dependent mechanical testing

Local compressive E<sub>Y</sub> measurements of bilayered constructs were carried out on a microscopy system for mechanical testing and image correlation, as described previously.<sup>10</sup> Due to a lower limit on sample size (thickness >1.5 mm) imposed by the device design, only bilayered and mixed chondrocyte constructs were tested for local mechanical properties. Briefly, each disk was cut in half diametrically and one half was loaded onto a custom unconfined compression device mounted on the motorized stage of an inverted microscope. The untested half was fixed and stored for histological analysis. The initial uncompressed thickness (h<sub>0</sub>) of the specimen was measured optically and an axial tare strain of 5% of the initial sample thickness was applied at  $1 \,\mu m/s$ . The sample was allowed to equilibrate for 20 minutes, and images of the sample crosssection were then taken. An additional compression of 5% was then applied and a second set of images were acquired after allowing the sample to equilibrate again for 20 minutes. The entire sample cross-section was stitched using Panavue Image Assembler (Panavue, Quebec, Canada). Image analyses were performed using an optimized digital image correlation technique producing accurate axial displacements (considered to be the z-axis) and axial strain fields  $(\varepsilon_{zz}(z))$ ,<sup>10</sup> where  $E_Y(z) =$  $\sigma_{zz}/\epsilon_{zz}(z)$  and  $\sigma_{zz}$  is the normal stress measured on the specimen surface. In the presentation of results, depth is normalized to the construct thickness  $(z/h_0)$ . Following testing, all specimens were frozen at -80°C for biochemical analysis. Bilayered samples were sharply dissected into thirds (SZC layer, interface, MDZC layer) to separate the layers ( $2S2M \rightarrow 2S2MS$ , 2S2M M; 3S2M  $\rightarrow$  3S2M S, 3S2M M) and to avoid layer contamination prior to freezing and storage for biochemical assays. The interface was not analyzed.

## Biochemical analysis

The samples were thawed, weighed wet, and digested for 16 h at 56°C with 1 mg/mL proteinase K (EMD Biosciences, San Diego, CA) in Tris buffered saline containing EDTA, iodoacetamide, and pepstatin A (Sigma Aldrich).<sup>21</sup> These digests were used to determine sample GAG content via the DMMB assay,<sup>22</sup> DNA content via the PicoGreen assay

(Invitrogen, Carlsbad, CA), and collagen content via the orthohydroxyproline (OHP) colorimetric assay.<sup>23</sup> Collagen content was calculated by assuming a 1:10 OHP-to-collagen mass ratio.<sup>24</sup> Assays were adapted for use in 96-well microtiter plates. GAG and collagen contents were normalized to the construct wet weight (%ww).

# Histology

Histological analysis was performed on bilayered samples to study differences in matrix formation between the zonal chondrocyte-seeded layers. Samples were fixed in acidethanol-formalin<sup>25</sup> for 48 h at 4°C, dehydrated, cleared, embedded in Tissue Prep embedding media (Fisher Scientific, Pittsburgh, PA), and sectioned at 6 µm. Sections were then stained in Safranin O and Picrosirius Red to study proteoglycan and collagen distribution.

To view the distribution of superficial zone protein (SZP) in the bilayered constructs, sections were stained as described previously by Krishnan et al.<sup>26</sup> Briefly, sections were dewaxed, rehydrated, washed  $3 \times$  in PBS for 2 minutes each, and then blocked with 10% normal goat serum (NGS, in PBS) for 10 minutes at room temperature. This was followed by incubation with primary, rabbit-derived antibody (06A10; kindly provided by Dr. Carl Flannery, Wyeth Research Division, Cambridge, MA) at a concentration of  $24 \mu g/mL$  in 10% NGS for 12h at 4°C. Antigen extraction via hyaluronidase<sup>27</sup> was found to be unnecessary for SZP staining (preliminary study, not shown). Sections were then washed with PBS and incubated with Alexa Fluor 488 conjugated goat anti-rabbit secondary antibody (Molecular Probes, Eugene, OR) at  $10 \mu g/mL$  in 10% NGS for 1 h at room temperature. After washing with dH<sub>2</sub>O, samples were treated with propidium iodide nucleic acid stain (Molecular Probes) at  $10 \,\mu g/mL$  for 5 minutes to view nuclei, washed three times with dH<sub>2</sub>O, and cover-slipped with Gel/Mount (Biomedia, Foster City, CA). On each slide, one section was maintained as a nonimmune control, following the procedure described above with 10% NGS substituted for primary antibody.

## Statistical analysis

Statistical analysis was performed using the Statistica (Statsoft, Tulsa, OK) software package. At least four to five samples in each group were analyzed for each data point, with data reported as the mean and standard deviation. Groups were examined using multivariate analysis of variance with E<sub>Y</sub>, GAG, or collagen as the dependent variables, and culture time, construct group, or axial position (for local modulus data only) as the independent variables. Fisher's least-significant difference (LSD) post hoc tests were carried out with statistical significance set at  $\alpha = 0.05$ .

#### Results

# Gross morphology of zonal chondrocytes and engineered constructs

Immediately after zonal chondrocyte isolation, an aliquot from the cell suspensions was viewed to observe cell morphology. Chondrocytes isolated from the superficial zone slices of cartilage tissue measured  $6 \pm 1 \,\mu m$  in diameter. In comparison, chondrocytes isolated from middle/deep zone slices measured  $12 \pm 2 \,\mu m$  in diameter (Fig. 1).

MDZC



FIG. 1. Gross morphology of isolated zonal chondrocyte populations. Superficial zone chondrocytes (SZCs, left) immediately after isolation were smaller than middle and deep zone chondrocytes (MDZCs, right). Scale bar =  $5 \mu m$ . Color images available online at www.liebertonline.com/ten.

On gross examination of the constructs on day 42 (Fig. 2), tissue elaboration, as indicated by the change in construct appearance from a translucent gel to an opaque, whitish tissue similar to that of cartilage,<sup>20</sup> showed that the SZC-only constructs (2S and 3S) possessed less cartilage tissue formation compared to MDZC-containing constructs. The 2S and 3S groups had a translucent appearance similar to early time point constructs. In contrast, 2M constructs possessed a shiny, opaque, white appearance similar to articular cartilage and significantly larger dimensions than either of the SZC constructs (2M,  $[@4.06 \pm 0.05 \text{ mm}] \times [1.21 \pm 0.05 \text{ mm}]$ ; 2S,  $[@3.76 \pm$  $0.12 \text{ mm} \times [1.00 \pm 0.01 \text{ mm}]; 3S, [ø 3.74 \pm 0.04 \text{ mm}] \times [1.03 \pm$ 0.04 mm]; p < 0.05). Control mixed knee and wrist chondrocyte constructs (not shown) were also found to be opaque and cartilage-like in appearance. Bilayered constructs (2S2M, 3S2M) exhibited very opaque MDZC layers and somewhat less opaque SZC layers, though these were more opaque than the SZC-alone constructs (Fig. 2). On day 42, the SZC layer of the bilayered constructs was thicker in the higher gel concentration (3S2M S,  $1.45 \pm 0.05$  mm; 2S2M S,  $1.10 \pm 0.07$  mm; *p* < 0.05).

## Biochemistry and histology of engineered tissues

GAG content for all groups increased on day 14 compared to day 0 values (Fig. 3). After day 14, the 2S group showed no further increase in tissue GAG content and exhibited the lowest GAG values of all groups on day 28 ( $0.55 \pm 0.28\%$  ww) and day 42 ( $0.90 \pm 0.18\%$  ww). The SZC layer of the bilayered constructs (2S2M S, 3S2M S) possessed significantly greater GAG content than SZC-only, single-layer constructs (2S, 3S,  $p\,{<}\,0.05).$  On day 14, 2S2M S  $(1.38\pm0.22\%\,\text{ww})$  and 3S2M S ( $1.78 \pm 0.27\%$  ww) possessed GAG content comparable to 2M (1.86  $\pm$  0.25% ww), Knee (2.00  $\pm$  0.10% ww), and Wrist  $(1.70 \pm 0.17\%$  ww). Engineered cartilage with MDZCs (2M, 2S2M M, 3S2M M, Knee, Wrist) in general possessed the highest GAG contents. On day 14, 3S2M M possessed the highest GAG content of that time point  $(2.94 \pm 0.11\% \text{ ww})$ p < 0.05). Day 42 values for 2S2M M (6.73  $\pm$  0.82% ww) and



FIG. 2. Gross morphology of day 42 engineered cartilage. Constructs seeded with MDZCs (2M, 2S2M, 3S2M) possessed a more opaque, whitish appearance similar to native cartilage. Scale bar = 1 mm. Constructs are defined in Results, "Gross morphology of zonal chondrocytes." Color images available online at www .liebertonline.com/ten.

3S2M M ( $6.40 \pm 1.06\%$  ww) showed higher GAG content than the 2M constructs alone ( $5.29 \pm 0.42\%$  ww, p < 0.05).

Similar to tissue GAG content, the collagen content of all groups increased on day 14 over initial values (Fig. 4). Engineered cartilage with MDZCs (2M, 2S2M M, 3S2M M, Knee, Wrist) in general possessed the highest collagen content, with no statistical differences between these groups and a maximal value of ~3.7% ww. The 3S group possessed greater collagen than the 2S group on day 28 ( $0.81 \pm 0.11\%$  ww vs.  $0.26 \pm 0.06\%$  ww, p < 0.05) and on day 42 ( $0.85 \pm 0.29\%$  ww vs.  $0.46 \pm 0.13\%$  ww, p < 0.05). In addition, bilayered SZC layers (2S2M S, 3S2M S) on day 28 and day 42 possessed greater collagen content than their single-layer counterparts (2S, 3S; p < 0.05). DNA content for all groups (normalized to day 0 values,  $7935 \pm 128$  ng/construct) increased approximately 20% on day 14 compared to day 0 and remained steady except



**FIG. 3.** Glycosaminoglycan (GAG) content of engineered cartilage constructs. For SZCs, increased agarose concentration (3S vs. 2S) and culture with MDZCs (3S2M S, 2S2M S) led to increased GAG content. MDZCs cultured with SZCs (Knee, Wrist, 3S2M M, 2S2M M) also showed increased GAG content compared to MDZCs alone (2M). \*p < 0.05 vs. d0; \*\*p < 0.05 vs. d14; \*\*\*p < 0.05 vs. d28; †p < 0.05 vs. respective single-layer group of same time point;  $\Delta p < 0.05$  vs. all SZC groups of same time point;  $\Delta p < 0.05$  vs. All SZC groups of same time point;  $\Delta p < 0.05$  vs. 2S and 3S of same time point.

for 2M, which on day 42 possessed about 40% greater DNA content than on day 0 (Fig. 5; 2M,  $11362 \pm 421$  ng/construct).

Day 42 histology of bilayered constructs (Fig. 6) showed greater GAG content in the MDZC layers than in the SZC layers of both 2S2M and 3S2M constructs. The SZC layer of 3S2M showed greater GAG and thickness than the respective layer in 2S2M. Some GAG loss was noted on all construct edges. The SZC layer of the 3S2M showed greater collagen content than the 2S2M, though it appeared that the MDZC of both possessed more collagen.

Immunohistochemistry for SZP (Fig. 7) found the protein localized within the cells on the superficial  $\sim 200 \,\mu\text{m}$  of the SZC layers in both 2S2M and 3S2M constructs, with stronger intensity of staining in 3S2M. Dispersed SZP with low staining intensity was found in Knee constructs with a mixed population of chondrocytes. This staining, however, was consistent with negative immune control Knee construct slides. No SZP was found in the MDZC layers of either bilayered construct (3S2M shown in Figure 7) or in their negative control slides (not shown).



**FIG. 4.** Collagen content of engineered cartilage constructs. For SZCs, agarose concentration and contact with MDZCs had similar effects as noted with GAG content. No differences were noted for MDZCs. \*p < 0.05 vs. d0; \*\*p < 0.05 vs. d14; \*\*\*p < 0.05 vs. d28; †p < 0.05 vs. respective single-layer group of same time point; ‡p < 0.05 vs. respective 2% gel concentration group of same time point;  $\Delta p < 0.05$  vs. all SZC groups of same time point.



**FIG. 5.** The DNA content of all groups increased significantly after day 14. However, 2M constructs exhibited a further significant increase in DNA content on day 42. \*p < 0.05 vs. d0; †p < 0.05 vs. d14; ‡p < 0.05 vs. day 28;  $\Delta p < 0.05$  vs. all other groups at any time point.

#### Mechanical properties of constructs

Constructs in the 2S, 3S, and 2S2M groups did not show any significant increases in  $E_Y$  from day 0 values over the 42 day culture duration (Fig. 8). The 2M group exhibited significant increases in  $E_Y$  on days 14 and 42, reaching a final value of  $142.9 \pm 35.7$  kPa. The 3S2M bilayered group exhibited increases in compressive  $E_Y$  on days 14, 28, 42, reaching a value of  $106.2 \pm 14.8$  kPa. Mixed chondrocyte tissues (Knee and Wrist) showed increase in compressive  $E_Y$  on days 14, 28, and 42. On day 42, Wrist constructs attained the highest mechanical properties,  $625.4 \pm 35.7$  kPa, while Knee constructs were at  $425.1 \pm 29.3$  kPa.

#### Depth-dependent material properties

On day 0, mixed population constructs possessed uniform local mechanical properties. Bilayered constructs showed two regions each with uniform properties with values determined by the intrinsic properties of the agarose gel (not shown). This was consistent with previous results.<sup>17</sup> After 42 days in culture, mixed population chondrocytes showed a U-shaped profile for variation in E<sub>Y</sub> with depth This profile indicated that the top and the bottom faces of the constructs (normalized depths  $z/h_0 = 0$  and 1) had the highest local  $E_Y$ (peak local  $E_{Y}$ : Knee, ~425 kPa; Wrist, ~800 kPa) and the central regions had the lowest values  $(z/h_0 = 0.4-0.6;$  Knee, ~150 kPa; Wrist, ~300 kPa). Wrist constructs were significantly stiffer by nearly 2-fold at all locations compared to Knee constructs (Fig. 9A, B; p < 0.05). Bilayered constructs at this time point showed a profile of  $E_{Y}$  that increased from the SZC layer to the MDZC layer (Fig. 9C), with the bottom face  $(z/h_0 = 0.9)$  of the MDZC layers in both constructs attaining the highest local  $E_Y$  (~350 kPa). This profile appears qualitatively similar to the measurements made on native articular cartilage<sup>9,28</sup> (Fig. 9D). The SZC layer ( $z/h_0 = 0-0.5$ ) of 3S2M constructs possessed a significantly higher  $E_{Y}$  (~40–150 kPa) compared to 2S2M constructs ( $\sim$ 15–90 kPa; p < 0.05).

# Discussion

The protocol used in this study is the first in the literature, as known to the authors, to produce a bilayered cartilage construct (2S2M and 3S2M) with zonal chondrocyte organization and depth-dependent mechanical inhomogeneity qualitatively similar to the native tissue, <sup>9,10</sup> which affirms the study hypothesis. The compressive properties and GAG content of the 3S2M bilayered constructs were in the physiologic range for full-thickness knee tissue<sup>29</sup> and appear to be the highest values reported so far for layered engineered cartilage.<sup>13,16,30</sup> The development of a mechanically competent tissue prior to *in vivo* implantation may be clinically relevant as a soft construct may not be able to preserve the



FIG. 6. Histology of day 42 bilayered constructs. Safranin O (left) and Picrosirius Red (right) staining of bilayered constructs showed increased GAG and collagen in the SZC layer of 3S2M constructs as compared to 2S2M constructs. Increased GAG loss at the periphery was noted for 2S2M constructs. Color images available online at www .liebertonline.com/ten. FIG. 7. SZP immunohistochemistry of bilayered and Knee constructs. SZP immunohistochemistry found the presence of the protein on the surfaces of the SZC layer of bilayered constructs. Stronger staining was found in the 3S2M construct compared to the 2S2M group. No staining for SZP was found for the MDZC layer in either bilayered group (only 3S2M shown). Dispersed SZP was found in Knee constructs with a mixed population of chondrocytes. Scale bar =  $100 \,\mu m$ . Cell nuclei are counterstained. Color images available online at www .liebertonline.com/ten.



prescribed cell stratification and prevent host cell infiltration.  $^{\rm 31}$ 

These results are the first reported by our laboratory for knee chondrocytes and zonal chondrocyte populations, and the methodology employed required validation. Examination of the chondrocytes postdigestion quickly confirmed that the zonal chondrocytes were indeed isolated using the techniques adapted from Kim et al.12 Engineered cartilage containing CMC chondrocytes was included to allow comparisons with previous published results from our laboratory.18,32 Engineered cartilage produced from mixed populations of knee chondrocytes had lower compressive modulus than their CMC counterparts. This is likely due to known differences in chondrocytes isolated from different anatomic locations.<sup>33,34</sup> Interestingly, though the mechanical properties differed, mixed knee and wrist chondrocytes synthesized similar amounts of GAG and collagen. Therefore, it is likely that the disparate compressive stiffness between the two groups is due to unmeasured differences in the structure and species of matrix constituents. This has larger implications as the location from which cells are harvested may directly impact the success of cell-based therapies to repair damaged articular cartilage.

The analysis of the layers in the bilayered constructs showed a synergistic increase in GAG content in both the SZC and MDZC layers when compared to the chondrocyte populations cultured separately. The differences in the GAG content between the constructs would lead to differing swelling pressures within the tissue,<sup>35–37</sup> which explains the

observed differences in construct/layer size. Though it may be argued that the increase in GAG content of the SZC layer in a bilayered construct, compared to the SZC-alone construct, is due to GAG diffusion from the MDZC layer, the fact that the GAG content of the MDZC layer also increased strongly suggests that cellular communication and GAG upregulation



**FIG. 8.** Compressive Young's modulus of engineered cartilage constructs. Wrist constructs were the stiffest of all groups, followed by Knee, 2M, and 3S2M tissues. The 2S, 3S, and 2S2M groups possessed the lowest compressive properties. \*p < 0.05 vs. d0; \*\*p < 0.05 vs. d14; \*\*\*p < 0.05 vs. d28; †p < 0.05 vs. all single-layer groups of same time point;  $\ddagger p < 0.05$  vs. all double-layer groups of same time point; 4p < 0.05 vs. all other knee groups of same time point;  $\mathbf{\nabla} p < 0.05$  vs. all other same time point.



**FIG. 9.** Local Young's modulus for Knee (**A**), Wrist (**B**), and bilayered constructs (**C**). Knee and Wrist constructs possessed similar U-shaped profiles, with Wrist constructs being significantly stiffer at all locations compared to Knee. Bilayered constructs appeared to have a depth-dependent compressive  $E_Y$  qualitatively similar to that of native articular cartilage (**D**). \*p < 0.05 vs. SZC layer (z/h0 = 0-0.5); †p < 0.05 for 3S2M vs. 2S2M; ‡p < 0.05 vs. edges (z/h0 = 0-0.1, 0.9–1);  $\forall p < 0.05$  vs. all respective depths in Knee group.

are indeed present. This could be further verified by radiolabeled sulfate incorporation measurements in the future. There was no change in collagen content in the MDZC layers of the bilayered constructs, indicating that different pathways were upregulated with SZC communication. The measured collagen content of all experimental groups was lower than for native cartilage,<sup>38</sup> a pervasive problem in cartilage tissue engineering. In general, however, the low collagen content appears to result not from amino acid deficiencies in the culture media,<sup>39</sup> but rather from the lack of an appropriate stimulatory signal.<sup>40</sup>

There was a regulation of MDZC proliferation when cultured in the presence of SZCs. The GAG and proliferation results are consistent with previously reported findings by Sharma et al. with knee SZCs and DZCs seeded in a layered PEG gel and cultured in the presence of FBS.<sup>16</sup> However, these authors also reported synergistic increases in collagen content when SZCs and DZCs were layered together, which was not observed in the current study. Interestingly, scaffold-free layered constructs<sup>13</sup> with knee SZCs and MZCs, cultured in FBS, showed no synergistic increases in matrix synthesis or in DNA regulation, contrary to the results reported here and in the work of Sharma et al. These differences are likely due to differences in medium conditions (such as serum or no serum), culture duration, and potential interactions with the scaffold material, even though chondrocytes isolated from the same general anatomic location are used.

The use of 3% agarose to encapsulate SZCs appeared to increase the GAG and collagen content compared to 2% agarose in both bilayered and monolayered constructs. SZCs synthesize less GAG and produce smaller aggregated pro-

teoglycans than MDZCs.<sup>41</sup> It is therefore likely that the decreased porosity and permeability in 3% agarose versus 2% agarose<sup>17,42,43</sup> led to increased entrapment of the secreted biomolecules, including SZP, as seen in the bilayered constructs (Fig. 7). This would indicate that tailoring the scaffold properties to suit the seeded cell phenotype can optimize the retention of synthesized matrix. To directly confirm this, the amounts of GAG in the media as well as that retained by the tissue need to be tracked, and/or direct measurements of total GAG synthesis, such as sulfate incorporation, need to be made.

The depth-dependent inhomogeneity observed in  $E_{Y}$  likely affected the measured  $E_{Y}$  of the intact bilayered constructs as the softer SZC layer would greatly influence the measurements given the small applied strain (10%) during wholeconstruct testing of the intact specimens. In contrast to the bilayered constructs, mixed chondrocyte constructs possessed a U-shaped, local  $E_Y$  profile. This profile is consistent with previously published reports<sup>44</sup> and indicates greater matrix accumulation and/or organization at the edges than in the center of the disk. In a scaffold-free construct with zonal chondrocyte populations, the depth-dependent inhomogeneity was not similar to that in native cartilage.<sup>15</sup> This finding, combined with the present results, implies that a scaffold may be necessary to develop this aspect of the native tissue in an engineered construct. Given the limited research in this area, the functional benefits of depth-dependent inhomogeneity in engineered cartilage are not clear. In theoretical modeling of articular cartilage,<sup>29</sup> a small ( $\sim$ 5%) increase in the fluid load support at the articular surface was found due to depthdependent material properties, and this effectively halved the surface friction coefficient. Therefore, frictional testing<sup>45</sup> on the bilayered constructs is planned to explore this possibility. As the fluid load support mechanism in articular cartilage is dependent on the ratio of tensile and compressive properties, osmotic swelling and the microscope testing device<sup>46</sup> will also be used in future studies to determine the depth-dependent tensile properties of the bilayered tissues.

The presence of SZP at the articulating surface of engineered cartilage may be of direct clinical benefit. Though SZP is believed to act as a boundary lubricant,<sup>47</sup> its clinical role involves prevention of wear and cartilage-cartilage adhesion.<sup>48,49</sup> Knock-out mice for the PRG4 gene, which encodes for SZP, showed surface degeneration and synoviocyte overgrowth that led to joint failure.49 These issues were ameliorated by treatment with lubricin, a homolog of SZP. Clearly, in the repair of a focal defect, the host tissue SZCs will still exist and produce SZP, which may in turn protect the surfaces of the implanted engineered cartilage. However, for large defect repair and proposed engineered tissue arthroplasty,<sup>50</sup> the addition of a layer of SZC to the engineered cartilage may be critical in joint repair and restoration of function. In conjunction with the proposed in vitro friction testing, future in vivo studies are planned to evaluate any beneficial impact of SZCs in engineered tissue with regard to the clinical measures of joint function and mobility in repaired knee defects (e.g., gait, congruence, filling, and adhesions). Interestingly, no significant SZP expression was found in mixed knee chondrocyte constructs. Given that only the topmost SZCs in the layered constructs expressed SZP, this finding would imply that the expression of SZP can be modulated by MDZCs. The mechanism may be direct cellto-cell communication as a soluble factor would have affected all of the SZCs in the layered construct.

To conclude, in this study, zonal chondrocytes encapsulated in a bilayered agarose construct with initially prescribed mechanical inhomogeneity formed an engineered cartilage that possessed depth-dependent cellular and compressive mechanical inhomogeneity similar to that of the native tissue. The results obtained affirm the study hypothesis and the principle that targeted scaffold design in combination with cell selection can further improve the creation of a biomimetic engineered cartilage tissue. The methodology employed represents the first attempt to recapitulate the depth-dependent cellular and mechanical inhomogeneity of native articular cartilage in an engineered construct. With the bilayered construct created in this study, it will be possible to evaluate the functional benefits and necessity of depthdependent cellular and mechanical inhomogeneity with the ultimate goal of creating an engineered cartilage to treat osteoarthritis and degraded cartilage tissue.

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# **Disclosure Statement**

No competing financial interests exist.

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