

Atrial Natriuretic Peptide Reduces Vascular Leakage and Choroidal Neovascularization

Nuria Lara-Castillo,* Souska Zandi,*
Shintaro Nakao,* Yasuhiro Ito,* Kousuke Noda,*
Haicheng She,* Muna Ahmed,* Sonja Frimmel,*
Zsolt Ablonczy,[†] and Ali Hafezi-Moghadam*

From the Angiogenesis Laboratory,* Massachusetts Eye & Ear Infirmary, and the Department of Ophthalmology, Harvard Medical School, Boston, Massachusetts; and the Department of Ophthalmology,[†] Medical University of South Carolina, Charleston, South Carolina

Atrial natriuretic peptide (ANP) is a hormone with diuretic, natriuretic, and vasodilatory properties. ANP blocks vascular endothelial growth factor (VEGF) production and signaling *in vitro*; however, its role in vascular leakage and angiogenesis is unknown. *In vitro*, retinal barrier permeability (transepithelial electrical resistance (TEER)) was measured in cultured retinal endothelial (HuREC) and retinal epithelial (ARPE-19) cells with VEGF (10 ng/ml), ANP (1 pM to 1 μmol/L), and/or isatin, an ANP receptor antagonist. *In vivo*, blood-retinal barrier (BRB) leakage was studied using the Evans Blue dye technique in rats treated with intravitreal injections of ANP, VEGF, or vehicle. Choroidal neovascularization was generated by laser injury, and 7 days later, lesion size and leakage was quantitated. ANP significantly reversed VEGF-induced BRB TEER reduction in both HuREC and ARPE-19 cells, modeling the inner and the outer BRB, respectively. Isatin, a specific ANP receptor antagonist, reversed ANP's effect. ANP reduced the response of ARPE-19 cells to VEGF apically but not basolaterally, suggesting polarized expression of the ANP receptors in these cells. ANP's TEER response was concentration but not time dependent. *In vivo*, ANP significantly reduced VEGF-induced BRB leakage and the size of laser-induced choroidal neovascularization lesions. In sum, ANP is an effective inhibitor of VEGF-induced vascular leakage and angiogenesis *in vivo*. These results may lead to new treatments for ocular diseases where VEGF plays a central role, such as age-related macular degeneration or diabetic retinopathy. (Am J Pathol 2009, 175:2343-2350; DOI: 10.2353/ajpath.2009.090439)

Currently, >1.75 million people suffer from age-related macular degeneration (AMD) in the United States, and this number is estimated to grow to 3 million by the year 2020.¹ AMD occurs in two forms, wet and dry. In wet AMD, choroidal vessels pathologically grow through the retinal pigmented epithelial (RPE) cell layer into the sub-retinal space, a process known as choroidal neovascularization (CNV). As opposed to normal retinal vessels that exhibit a strong barrier function, known as the blood-retina barrier (BRB), the CNV vessels are leaky. CNV and the ensuing leakage damage the RPE and retinal cells, leading to permanent vision loss.²⁻⁵ Vascular endothelial growth factor (VEGF) is a key molecule responsible for the growth and subsequent leakiness of CNV.⁶

Currently, the leading treatment of AMD is based on local inhibition of VEGF, using monoclonal antibody fragments (Ranibizumab; Lucentis).⁷⁻⁹ However, recent evidence suggests that VEGF is required for normal retinal physiology, raising concerns about the long-term use of VEGF inhibitors.¹⁰

Natriuretic peptides (NPs) are cardiovascular cyclic peptide hormones with diuretic, natriuretic and vasodilatory properties.¹¹ The NP family consists of three members, atrial NP (ANP), brain NP, and C-type NP. ANP is primarily produced in the cardiac atria and is used in the treatment of various disorders, including hypertension, renal insufficiency, and congestive heart failure.^{11,12} However, ANP is also expressed in the human retina, in the inner plexiform layer, and in the RPE.¹³

The action of NPs is mediated through two types of receptors: guanylate cyclase type A, which reacts with ANP and brain NP, and guanylate cyclase type B, which is C-type NP-specific.^{14,15} Binding of the NPs to these recep-

Supported by National Institutes of Health grant AI050775 and the National Eye Institute core grants EY14104 and EY14793, and American Health Assistance Foundation, Massachusetts Lions Eye Research Fund, Inc., and Research to Prevent Blindness awarded unrestricted funds to the Departments of Ophthalmology at Harvard Medical School and the Medical University of South Carolina; project also funded by the Marion W. and Edward F. Knight Fund (to A.H.M.).

Accepted for publication August 20, 2009.

N.L.-C. and S.Z. contributed equally to the work.

Address reprint requests to Ali Hafezi-Moghadam, M.D., Ph.D., 325 Cambridge St., 3rd Floor, Boston, MA 02114. E-mail: AHM@meei.harvard.edu.

tors results in cGMP production, which activates protein kinase G and subsequent target genes.¹¹ Recently, ANP was found to be antiangiogenic *in vitro*, because it antagonizes both VEGF production and signaling.¹⁶ ANP inhibits the VEGF-induced activation of Erk, c-Jun N-terminal kinase, and p-38 in a concentration-dependent fashion, thus reducing endothelial tube formation and proliferation.¹⁶ However, the role of ANP in ocular diseases has not been investigated. This study explores the role of ANP in VEGF-mediated retinal vascular leakage and angiogenesis.

Materials and Methods

Animals

All animal experiments adhered to the Association of Research in Visual Sciences and Ophthalmology Statement for the Use of Animals in Ophthalmic and Vision Research. Experimental protocols were approved by the Animal Care Committee of the Massachusetts Eye & Ear Infirmary. Male Brown Norway rats (Charles River Laboratories, Wilmington, MA), weighing 200 to 250 g, and 4-month-old C57BL/6 mice were used in the experiments. Animals were sheltered in plastic cages in a temperature-controlled animal facility with a 12-hour light/dark cycle and were fed standard laboratory chow and water *ad libitum*.

Intravitreal Injections

Animals were anesthetized by an intramuscular injection of xylazine hydrochloride (6 mg/kg; Phoenix Pharmaceutical, St. Joseph, MO) and ketamine hydrochloride (40 mg/kg; Parke-Davis, Morris Plains, NJ). To perform the intravitreal injections, a 31-gauge needle (Hamilton) was used, with the insertion 1 mm posterior to the corneal limbus.¹⁷ VEGF, ANP, or both were injected into the vitreous. Insertion and injections were performed under an operating microscope to avoid contact of the needle with the lens or retina. Eyes that exhibited signs of lens or retinal injury were excluded.

Laser-Induced CNV

To induce CNV, C57BL/6 mice and Brown Norway rats were anesthetized, and pupils were dilated with 5% phenylephrine and 0.8% tropicamide.¹⁸ Using a 532-nm laser (Ocu-light GLx; Iridex, Mountain View, CA), a slit-lamp delivery system, and a cover glass as a contact lens, four spots were placed in each eye. The parameters were 100 mW, 50 μ m, and 100 ms in mice and 150 mW, 100 μ m, 100 ms in rats. The lesions were located at the 3, 6, 9, and 12 o'clock meridians centered on the optic nerve head and located ~2 to 3 disk diameters from the optic nerve head. Development of a bubble under laser confirmed the rupture of the Bruch's membrane. Eyes showing hemorrhage were excluded from experiments.

Evaluation of CNV and Leakage

Seven days after laser injury, the size of the CNV lesions was measured in choroidal flat mounts.¹⁸ Briefly, ani-

mals were anesthetized and perfused through the left ventricle with PBS, followed by 5 ml of fluorescein-labeled dextran (5 mg/ml, fluorescein isothiocyanate-dextran; Sigma Aldrich) in 1% gelatin. The eyes were enucleated and fixed in 4% paraformaldehyde for 3 hours. Anterior segment and retina were removed from the eyecup. The remaining RPE-choroid-sclera complex was flat mounted after four relaxing radial incisions using Vectashield Mounting Medium (Vector Laboratories, Burlingame, CA) and coverslips. Micrographs of the choroid complex were taken using a Leica Microscope (Leica, Wetzlar, Germany). The magnitude of the CNV lesions was determined by measuring the hyperfluorescent area using Openlab Software (Improvision, Boston, MA).

Fluorescein Angiography

Seven days after laser injury, vascular leakage from the CNV lesions was assessed using fluorescein angiography (FA), as described previously.¹⁸ Briefly, FA was performed in anesthetized animals from ANP-treated or control groups, using a digital fundus camera (TRC 50 IA; Topcon, Paramus, NJ). Fluorescein injections were performed *i.p.* (0.2 ml of 2% fluorescein solution; Akorn, Decatur, IL). FA images were evaluated by two masked retina specialists, as described previously.¹⁸ Briefly, the grading criteria were as follows: grade 0 lesions had no hyperfluorescence. Grade I lesions exhibited hyperfluorescence without leakage. Grade IIA lesions exhibited hyperfluorescence in the early or midtransit images and late leakage. The grade IIB lesions, hyperfluorescence that increased in intensity and in size during the transit phase of the angiogram, were defined as clinically significant.¹⁸

BRB Breakdown Measurement with the Evans Blue Technique

To quantify retinal vascular permeability, Evans blue (EB) dye (Sigma-Aldrich) (30 mg/ml in saline; Sigma-Aldrich) was injected through the tail vein of anesthetized rats over 10 seconds at a dosage of 45 mg/kg.¹⁹ Blood samples were obtained from the left ventricle, just before perfusion to obtain the time-averaged EB plasma concentration. To separate the plasma from the cellular components, blood samples were centrifuged at 12,000 rpm for 15 minutes. The plasma samples were diluted to 1/10,000th of their initial concentration in formamide (Sigma-Aldrich). The absorbance was measured with a spectrophotometer at 620 and 740 nm. After the dye had circulated for 2 hours, the chest cavity was opened, and the rats were perfused through the left ventricle with paraformaldehyde 1% in citrate buffer (0.05 M, pH 3.5) at a constant pressure of ~120 mmHg. The retinas were then carefully dissected under an operating microscope. After measurement of the retinal weight, EB was extracted by incubating each retina in 180 μ l of formamide for 18 hours at 70°C. The extract was ultracentrifuged for 60 minutes at 14,000 rpm and 25°C. Sixty microliters of

the supernatant was used for spectrophotometry. The background-subtracted absorbance was determined by measuring each sample at 620 nm (the absorbance maximum for EB in formamide) and 740 nm (the absorbance minimum). BRB breakdown was calculated as previously described and values expressed as plasma (μl) \times retinal weight (g)⁻¹ \times time (h)⁻¹.^{20,21}

Cell Culture

HuRECs were grown in endothelial cell growth medium 2 (C-22011; PromoCell), and ARPE-19 (American Type Culture Collections) were cultured according to vendor instructions and are detailed elsewhere.²² Barrier function of confluent monolayer cultures was assessed by transepithelial electrical resistance (TEER) measurements. The TEER was monitored with an epithelial volt-ohmmeter (WPI, Sarasota, FL) equipped with an STX2 electrode (WPI). Resistance values for individual wells were determined from at least four independent measurements and corrected for the inherent resistance of the membrane inserts. For each condition, three or more independent experiments were performed. Only confluent monolayer cultures with stable TEER values were used. Confluency was reached within 3 weeks after plating.²²

Cell Treatments

VEGF (human VEGF-A₁₆₅; Sigma-Aldrich) was administered to either the apical or basal sides of the membrane inserts with confluent monolayers (10 ng/ml) in the absence or presence of ANP (human, 1 to 28; Peptide International, Louisville, KY) (1 $\mu\text{mol/L}$). Baseline TEER was measured at -60 minutes and immediately before agonist administration ($t = 0$). After this treatment, resistance was measured at several time points and up to 4 days after treatment to obtain time course of the barrier function. ANP was used in 1 pM to 1 $\mu\text{mol/L}$ concentration range. To study the actions of the NP receptors, some cultures were pretreated 60 minutes before the above treatments with isatin (100 $\mu\text{mol/L}$; Sigma-Aldrich). Concentration curves were analyzed using Prism 4.02 software (GraphPad Software, San Diego, CA).

Statistical Analysis

Values are expressed as the mean \pm SE and compared by the Student's *t*-test. The results of the FA grading were statistically compared using the χ^2 test. Values of $P < 0.05$ were considered statistically significant.

Results

ANP Reduces VEGF-Induced Retinal Vascular Leakage in Vitro

To investigate the role of ANP in the regulation of barrier function, TEER measurements were performed in human

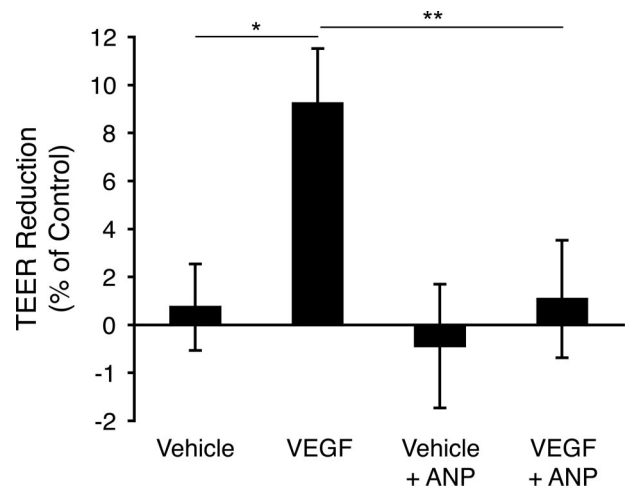


Figure 1. ANP blocks VEGF-induced reduction of barrier function in retinal endothelial cells. To assess the effect of ANP on barrier properties, retinal endothelial cells in the confluent state were treated with VEGF (100 ng/ml) and/or ANP (1 $\mu\text{mol/L}$). Subsequently, TEER values were measured. Data represent comparisons of the leakage between VEGF and ANP treated eyes \pm SEM, $n = 6$; * $P = 0.015$, ** $P = 0.03$.

retinal vascular endothelial cells. In the eye, these cells are a key component of the inner BRB. They were treated with ANP (1 $\mu\text{mol/L}$) or vehicle in the presence or absence of VEGF (100 ng/ml), and TEER was measured 30 minutes after ANP administration. VEGF significantly reduced TEER in retinal vascular endothelial cell cultures, when compared with controls ($10.1 \pm 0.8\%$ versus $4.3 \pm 3.2\%$, $n = 6$, $P = 0.02$). Cotreatment of the cells with ANP effectively blocked this reduction, resulting in baseline TEER values ($2.4 \pm 2.8\%$, $n = 6$, $P = 0.01$) (Figure 1).

ANP Reduces VEGF-Induced Vascular Leakage in the Outer BRB

Next, the effect of ANP on RPE barrier function, which in the eye constitutes the outer BRB, was investigated. ARPE-19 cells were grown to monolayer cultures until

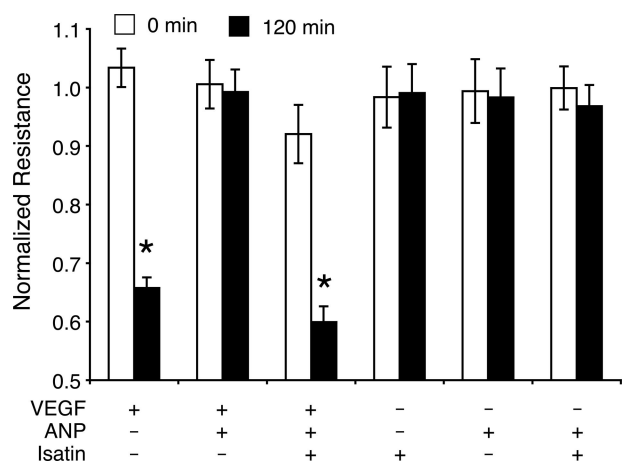


Figure 2. ANP inhibits the effect of VEGF on RPE barrier function. ARPE-19 cells were grown to confluence, and TEER values were obtained in the presence or absence of VEGF (10 ng/ml) and ANP (1 $\mu\text{mol/L}$). ANP blocked VEGF-induced TEER drop. Treatment with isatin (100 $\mu\text{mol/L}$) completely inhibits ANP's effect on VEGF-induced TEER reduction; * $P < 0.05$.

they stabilized, and their TEER levels were assessed. VEGF (10 ng/ml) induced a reduction in the resistance of the RPE cell monolayer, similar to results previously obtained in these cells (the TEER values dropped by $34.3 \pm 3\%$, 2 hours after addition of VEGF).²² In the presence of ANP (1 $\mu\text{mol/L}$), TEER levels remained at baseline values, indicating that coadministration of ANP effectively reverses VEGF-induced TEER reduction in ARPE-19 cells. To test the specificity of the ANP response, isatin, an NP receptor antagonist, was administered 60 minutes before ANP and VEGF. Pretreatment with isatin (100 $\mu\text{mol/L}$) completely reversed the inhibitory effects of ANP with respect to the VEGF-induced TEER reduction (measured at 120 minutes after agonist administration). In control experiments, isatin alone did not significantly affect TEER levels (Figure 2).

Time Course of ANP's Effect on VEGF-Induced Leakage

To investigate the duration of ANP's impact on reversing VEGF-induced TEER drop, ARPE-19 cells were cotreated with VEGF (10 ng/ml) plus ANP (1 $\mu\text{mol/L}$) or VEGF alone. In VEGF-treated RPE cells, a significant TEER reduction was measurable by 0.5 hours ($P < 0.05$) that continued until 24 hours ($P = 0.05$) posttreatment. In comparison, in VEGF and ANP cotreated RPE cells, TEER did not significantly change by 5 hours, and it was by 24 hours still significantly higher than in VEGF-treated cells. After 24 hours, in both groups TEER started to increase and eventually reached normal levels (Figure 3A).

To investigate, whether ANP would have to be present in the extracellular medium to exert its effect, RPE cells were pretreated with ANP (1 $\mu\text{mol/L}$) for 1 hour; subsequently, the ANP-containing medium was removed, and the cells were incubated with VEGF (10 ng/ml). ANP-pretreated cells showed significantly less VEGF-induced compared with the VEGF-treated controls, suggesting a lasting effect of ANP on RPE (Figure 3B).

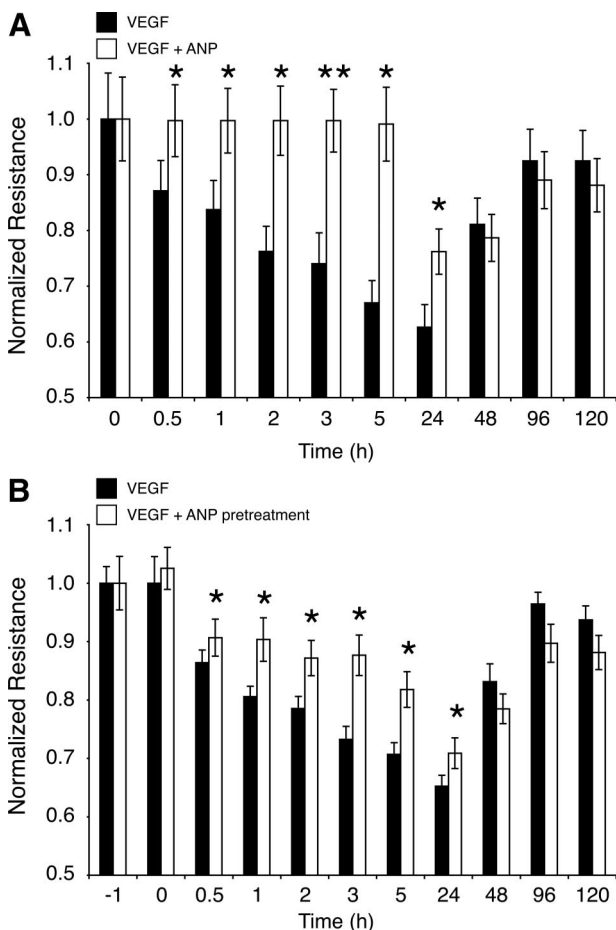


Figure 3. Time course of ANP's effect on VEGF-induced leakage. ARPE-19 cells were grown to confluence, and TEER values were measured after ANP incubation or preincubation treatments. **A:** Cells were incubated with VEGF (10 ng/ml) or VEGF + ANP (1 $\mu\text{mol/L}$). Data represent mean \pm SEM, $n = 3$ in each group; * $P < 0.05$. **B:** Cells were preincubated with ANP, and subsequently, the medium was removed and the cells were then incubated with VEGF-containing medium. Data represent mean \pm SEM, $n = 3$ in each group; * $P < 0.05$.

Polarized Response of RPE Barrier Function to ANP

The ARPE-19 cell response to VEGF occurs only with apical administration.²² In line with the previous experiments, a reduction in the TEER was only observed with apical VEGF treatment. Two hours after apical VEGF (10 ng/ml) administration, TEER was reduced to $71.8 \pm 1.7\%$ of the initial levels. In contrast, basolateral VEGF treatment did not cause a TEER drop. To investigate the polarity of the ANP response, ARPE-19 cells were coadministered with apical VEGF and ANP from either apical or the basolateral side. Apical (but not basolateral) addi-

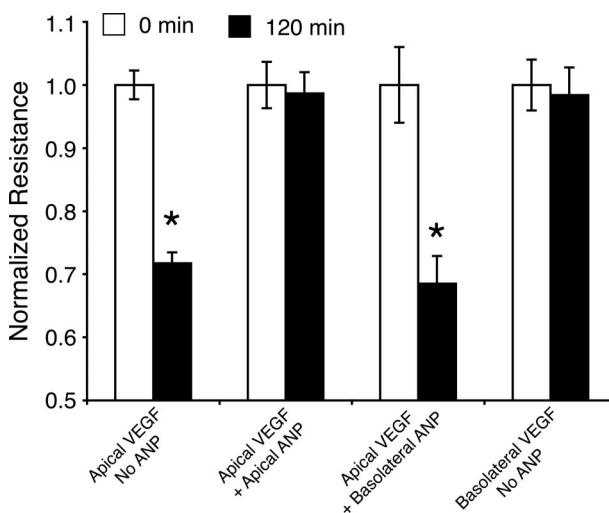


Figure 4. Polarized response of the outer BRB to ANP and VEGF. VEGF (10 ng/ml) and/or ANP (1 $\mu\text{mol/L}$) were given to the monolayer cell culture, and 120 minutes later, TEER values were obtained. Apical administration of VEGF significantly reduced TEER. ANP blocked VEGF-induced TEER reduction when given apically but not basolaterally; * $P < 0.05$.

tion of ANP (1 $\mu\text{mol/L}$) blocked the apical VEGF response (Figure 4).

Concentration- but Not Time-Dependent ANP Response in RPE Cells

To characterize the role of ANP in VEGF-induced TEER reduction and to explore the signaling mechanisms involved in the process, we investigated the effect of ANP at different concentrations. ARPE-19 were treated with different ANP concentrations (1 pM to 1 $\mu\text{mol/L}$) in the presence of 10 ng/ml VEGF, and TEER measurements were obtained 2 hours after ANP administration to the cultures. The percent decrease in TEER was inversely proportional to the ANP concentration and followed a sigmoidal dose-response curve. The half maximal inhibitory concentration (IC_{50}) was 1.02 nmol/L ($\log IC_{50} = -8.99 \pm 0.4$), and the Hill slope was -0.38 . The fact that the Hill slope is far from -1 suggests that the reaction of ANP does not follow the law of mass action with a single site and that the ANP response may be mediated through multiple signaling mechanisms (Figure 5A).

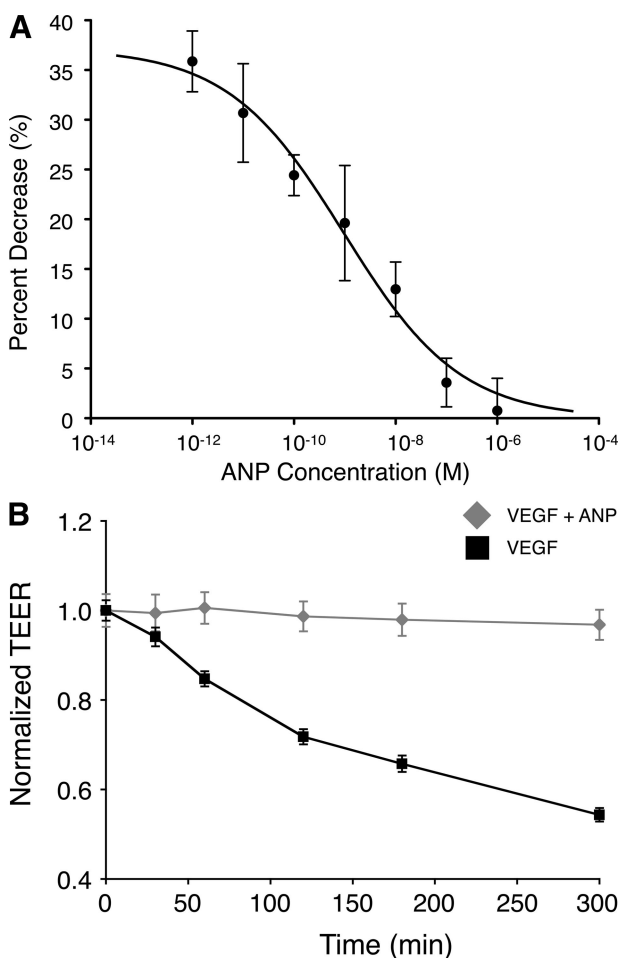


Figure 5. ANP's effect is concentration but not time dependent. **A:** ARPE-19 cells were treated with different ANP concentrations (1 pM to 1 $\mu\text{mol/L}$) in the presence of VEGF (10 ng/ml). **B:** TEER measurements for up to 5 hours after RPE cells were treated with VEGF (10 ng/ml) in the presence or absence of ANP (1 $\mu\text{mol/L}$).

Kinetics studies were performed to determine the extent of the observed ANP inhibitory effects. In the presence of VEGF (10 ng/ml), normalized TEER declined as a function of time. Five hours after VEGF (10 ng/ml) administration, TEER values dropped to $54.3 \pm 1.5\%$ of the starting levels (at $t = 0$). However, this time-dependent decline in resistance was inhibited for the entire time period by a single treatment with ANP (1 $\mu\text{mol/L}$ at $t = 0$) (Figure 5B).

ANP Antagonizes VEGF-Induced Retinal Vascular Leakage

To study the effect of ANP on VEGF-induced BRB breakdown, rats were treated with intravitreal injections VEGF₁₆₄ with or without ANP. Twenty-four hours after injections, retinal vascular permeability was quantified by the EB technique.

Intravitreal injection of VEGF (5 μl , 25 ng/ μl) induced a significant, three-fold, increase in retinal vascular leakage compared with vehicle (PBS)-injected eyes (406.6 ± 68.7 versus 108.5 ± 7.7 ml/g/h, $n = 9$, $P < 0.001$) (Figure 6). To assess whether ANP reduces VEGF-induced BRB breakdown, rats were coadministered intravitreal ANP (5 μl , 10^{-4} M). The VEGF-induced BRB leakage was significantly suppressed by ANP coadministration (406.6 ± 68.7 versus 103.6 ± 13.1 ml/g/h, $n = 9$, $P < 0.001$) (Figure 6). Intravitreal injection of ANP alone did not affect BRB leakage, 24 hours after injection, compared with vehicle-treated controls (139.4 ± 12.5 versus 108.5 ± 7.7 $\mu\text{l/g/h}$, $n = 9$, $P = 0.15$) (Figure 6).

The Role of ANP in CNV Formation

To investigate the role of ANP in CNV formation, the fundus of C57BL/6 mice was photocoagulated with or without intravitreal injection of ANP (50 ng). Seven days after laser injury, the CNV areas were quantified in flat-

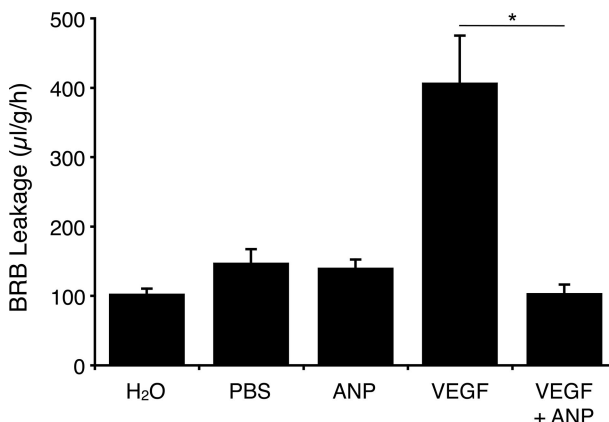


Figure 6. ANP reduces BRB breakdown *in vivo*. To evaluate whether ANP blocks VEGF-induced retinal vascular permeability *in vivo*, 5 μl of ANP (25 ng/ μl) was injected concomitantly with VEGF (5 μl , 25 ng/ μl) intravitreally in one eye and the same volume of vehicle (5 μl of PBS) in the contra lateral eye. In other animals, 5 μl of VEGF (25 ng/ μl) was injected intravitreally in one eye and the same volume of vehicle in the other eye. BRB breakdown was evaluated with the EB technique 24 hours after intravitreal injections. Bars represent mean \pm SEM; $n = 9$, $*P < 0.01$.

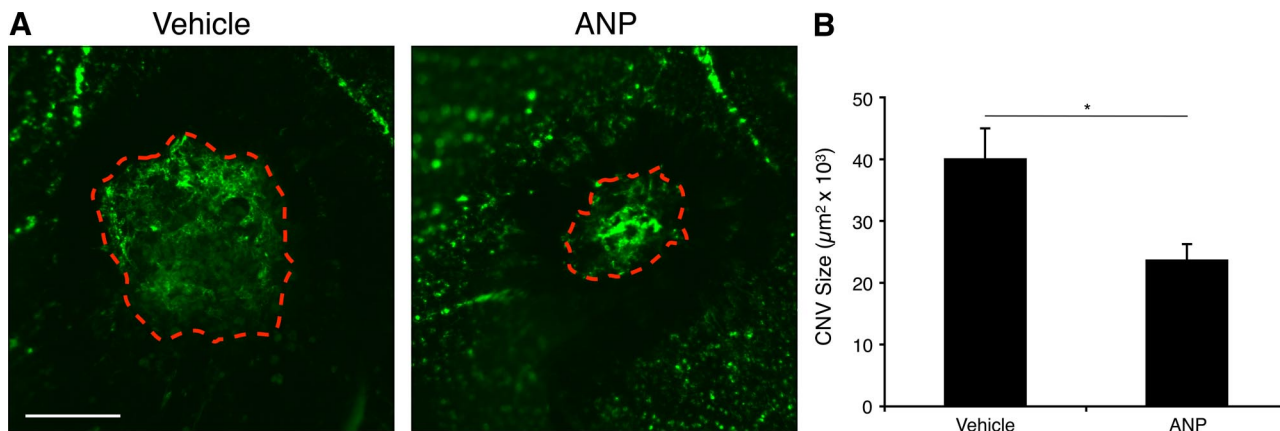


Figure 7. Role of ANP in CNV formation. To assess whether ANP inhibits CNV formation, fundi of the mice eyes were photocoagulated and treated with intravitreal injections of ANP or vehicle as control. **A:** Representative micrographs of CNV lesions in the choroidal flat mounts from a control and ANP-treated animal. Bar, 100 μm . **B:** Quantitative analysis of CNV size. ANP treated, $n = 18$; vehicle control, $n = 20$. Bars show the average of CNV size in each group. Data represent mean \pm SEM; * $P = 0.013$.

mounted RPE-choroid tissues. ANP-treated animals showed significant decrease in CNV size, when compared with vehicle-treated animals ($39,991 \pm 5,411$ versus $23,606 \pm 2,847 \mu\text{m}^2$, $n = 7$, $P = 0.013$) (Figure 7, A and B).

To quantify the leakage in the CNV lesions, we performed FA, 7 days after laser injury (Figure 8A). The incidence of clinically significant CNV lesions, grade IIB, was significantly lower in ANP-treated animals (35%, $n = 20$) compared with vehicle-treated controls (58%, $n = 12$, $P < 0.05$) (Figure 8B).

Discussion

VEGF plays a central role in the pathogenesis of important eye diseases, including AMD and diabetic retinopathy. Inhibition of VEGF has recently become an effective strategy in the treatment of AMD.^{7,9} However, long-term VEGF inhibition in the eye may be not free of risk, because VEGF also fulfills important physiological functions in the retina and choroidal microvascula-

ture.¹⁰ Elucidating the mediators that convey or interfere with VEGF action *in vivo* will enhance our understanding of the disease and may lead to new molecular therapeutic targets. For instance, recently we characterized azurocidin, an inactive serine protease that is released by leukocytes, as a downstream mediator of VEGF-induced diabetic retinal vascular leakage.¹⁹ ANP has been known to interfere with VEGF-induced signaling and permeability in cultured endothelial cells *in vitro*.^{16,23} However, the role of ANP in vascular leakage and angiogenesis *in vivo* was not known.

Our data provide new evidence that ANP suppresses VEGF-induced retinal vascular leakage, both *in vitro* and *in vivo*. This suggests a role for ANP and its receptors in the pathogenesis of retinal diseases associated with BRB failure. We show that ANP blocks the effect of VEGF on two retinal cell types, which form the inner and outer BRB within the eye, retinal vascular endothelial and retinal pigment epithelial cells, respectively. The antagonism of VEGF's action on BRB by ANP is specific as isatin—an NPR antagonist—completely inhibited the observed ef-

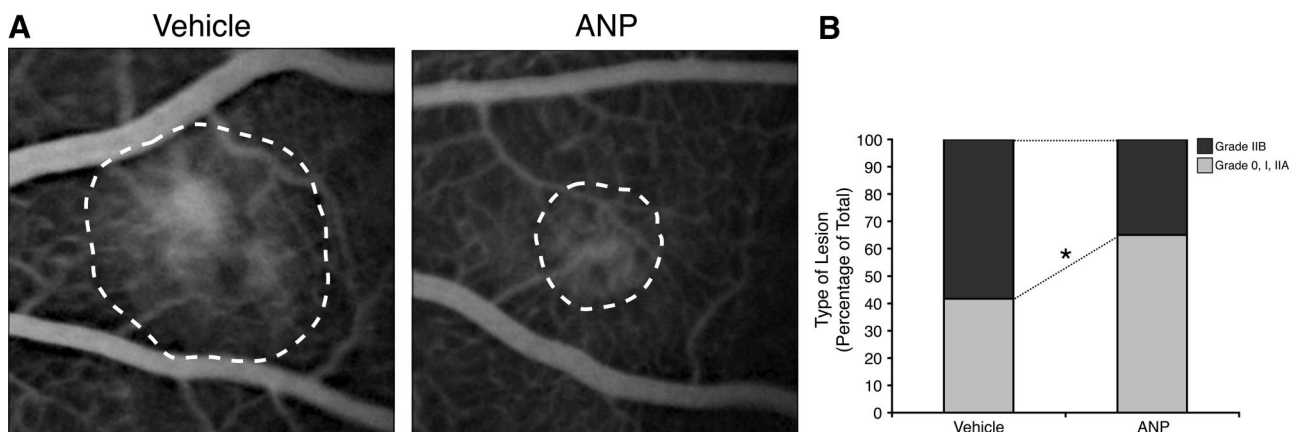


Figure 8. Fluorescence angiography of CNV lesions. Fundi of Brown Norway rat eyes were photocoagulated and treated with intravitreal injections of ANP or vehicle as control (**A**). Representative fluorescein angiograms of animals treated with vehicle or ANP. **B:** The percentage of lesions graded as 0, I, and IIa, defined as no leakage to moderate leakage, and IIB, considered clinically relevant leakage, in vehicle-treated ($n = 20$) and ANP-treated animals ($n = 18$); * $P < 0.05$.

fect. Our results are in line with previous *in vitro* studies, showing that ANP blocks the effect of VEGF on endothelial tight junction proteins.²³ Although the *in vivo* results indicate that exogenous ANP prevents VEGF-induced retinal leakage, the signaling pathways *in vivo*¹⁶ or subsequent translocation of tight junction proteins remain to be investigated.

Our data suggest that NP receptors in the RPE are localized in a polarized fashion. ANP blocks the VEGF response, if given apically but not basolaterally, which indicates an apical localization of ANP receptors in the RPE cells. Previous studies have shown that NP receptors are present in the retina¹³ and in RPE cells²⁴; however, direct evidence for exact localization of the receptors in the retina or RPE cells does not exist.

We show that ANP reduces CNV size in a laser-induced model of proliferative AMD. Under normal conditions, choroidal vasculature is quiescent due to a delicate balance between proangiogenic and antiangiogenic factors. Disturbance of this equipoise, for instance, due to injury or changes in local concentrations of the pro- and antiangiogenic factors in disease or during aging, might lead to the growth of new blood vessels.²⁵ Laser-induced injury in the fundus of rats' eyes causes a robust neovascularization response, which was potentially inhibited in the presence of exogenous ANP. These results indicate that ANP may be regarded as a potent antiangiogenic factor in the eye. Interestingly, ANP is expressed under physiological conditions in ocular tissues and may therefore be an important factor suppressing ocular angiogenesis and vascular leakage in the normal tissue. Furthermore, our FA data show fewer lesions with clinically relevant leakage after ANP administration, supporting the idea that ANP could be used in the treatment of diseases involving retinal leakage.

ANP's antagonism of VEGF appears unique, because it not only blocks VEGF-induced leakage and angiogenesis but also reduces its production.^{11,16,23} This study shows the contribution of ANP to BRB breakdown and angiogenesis in an *in vivo* model of CNV. However, the contribution of ANP to the pathogenesis of AMD remains to be studied. Given that CNV and vascular leakage are serious complications associated with AMD and that ANP is an endogenous antiangiogenic and vascular antipermeability factor, this factor may become useful in the treatment of AMD. Our *in vitro* data show a relatively extended antagonism of VEGF's TEER drop when co-incubated with ANP. More surprisingly, ANP's antagonism of VEGF function also prevails, if the RPE cells had a one-time contact with ANP before being incubated with VEGF, making ANP also a candidate for prevention of leakage.

In summary, the present study is the first to demonstrate that ANP reduces vascular leakage and CNV size *in vivo*. We show that ANP blocks VEGF-induced vascular leakage in the eye. In addition, we show that ANP reduces the area of CNV in an acute model of AMD. These results suggest ANP as an attractive molecular target in the prevention and treatment of AMD.

Acknowledgments

We thank Miriam Thangaraj and Rebecca C. Garland for the preparation of the manuscript.

References

1. Friedman DS, O'Colmain BJ, Munoz B, Tomany SC, McCarty C, de Jong PT, Nemesure B, Mitchell P, Kempen J: Prevalence of age-related macular degeneration in the United States. *Arch Ophthalmol* 2004, 122:564–572
2. Campochiaro PA, Soloway P, Ryan SJ, Miller JW: The pathogenesis of choroidal neovascularization in patients with age-related macular degeneration. *Mol Vis* 1999, 5:34
3. Green WR: Histopathology of age-related macular degeneration. *Mol Vis* 1999, 5:27
4. Speicher MA, Danis RP, Criswell M, Pratt L: Pharmacologic therapy for diabetic retinopathy. *Expert Opin Emerg Drugs* 2003, 8:239–250
5. Mechoulam H, Pierce EA: Retinopathy of prematurity: molecular pathology and therapeutic strategies. *Am J Pharmacogenomics* 2003, 3:261–277
6. Dvorak HF, Brown LF, Detmar M, Dvorak AM: Vascular permeability factor/vascular endothelial growth factor, microvascular hyperpermeability, and angiogenesis. *Am J Pathol* 1995, 146:1029–1039
7. Kourlas H, Abrams P: Ranibizumab for the treatment of neovascular age-related macular degeneration: a review. *Clin Ther* 2007, 29:1850–1861
8. Emerson MV, Lauer AK: Emerging therapies for the treatment of neovascular age-related macular degeneration and diabetic macular edema. *BioDrugs* 2007, 21:245–257
9. Emerson MV, Lauer AK, Flaxel CJ, Wilson DJ, Francis PJ, Stout JT, Emerson GG, Schlesinger TK, Nolte SK, Klein ML: Intravitreal bevacizumab (Avastin) treatment of neovascular age-related macular degeneration. *Retina* 2007, 27:439–444
10. Maharaj AS, Walshe TE, Saint-Geniez M, Venkatesha S, Maldonado AE, Himes NC, Matharu KS, Karumanchi SA, D'Amore PA: VEGF and TGF- β are required for the maintenance of the choroid plexus and ependyma. *J Exp Med* 2008, 205:491–501
11. Levin ER, Gardner DG, Samson WK: Natriuretic peptides. *N Engl J Med* 1998, 339:321–328
12. Chen HH, Burnett JC, Jr: Therapeutic potential for existing and novel forms of natriuretic peptides. *Heart Fail Clin* 2006, 2:365–373
13. Rollin R, Mediero A, Roldan-Pallares M, Fernandez-Cruz A, Fernandez-Durango R: Natriuretic peptide system in the human retina. *Mol Vis* 2004, 10:15–22
14. Chinkers M, Garbers DL, Chang MS, Lowe DG, Chin HM, Goeddel DV, Schulz S: A membrane form of guanylate cyclase is an atrial natriuretic peptide receptor. *Nature* 1989, 338:78–83
15. Chang MS, Lowe DG, Lewis M, Hellmiss R, Chen E, Goeddel DV: Differential activation by atrial and brain natriuretic peptides of two different receptor guanylate cyclases. *Nature* 1989, 341:68–72
16. Pedram A, Razandi M, Levin ER: Natriuretic peptides suppress vascular endothelial cell growth factor signaling to angiogenesis. *Endocrinology* 2001, 142:1578–1586
17. Nakazawa T, Nakazawa C, Matsubara A, Noda K, Hisatomi T, She H, Michaud N, Hafezi-Moghadam A, Miller JW, Benowitz LI: Tumor necrosis factor α mediates oligodendrocyte death and delayed retinal ganglion cell loss in a mouse model of glaucoma. *J Neurosci* 2006, 26:12633–12641
18. Noda K, She H, Nakazawa T, Hisatomi T, Nakao S, Almulki L, Zandi S, Miyahara S, Ito Y, Thomas KL, Garland RC, Miller JW, Gragoudas ES, Mashima Y, Hafezi-Moghadam A: Vascular adhesion protein-1 blockade suppresses choroidal neovascularization. *FASEB J* 2008, 22:2928–2935
19. Skondra D, Noda K, Almulki L, Tayyari F, Frimmel S, Nakazawa T, Kim IK, Zandi S, Thomas KL, Miller JW, Gragoudas ES, Hafezi-Moghadam A: Characterization of azurocidin as a permeability factor in the retina: involvement in VEGF-induced and early diabetic blood-retinal barrier breakdown. *Invest Ophthalmol Vis Sci* 2008, 49:726–731

20. Qaum T, Xu Q, Jousseaume AM, Clemens MW, Qin W, Miyamoto K, Hasselmann H, Wiegand SJ, Rudge J, Yancopoulos GD, Adamis AP: VEGF-initiated blood-retinal barrier breakdown in early diabetes. *Invest Ophthalmol Vis Sci* 2001, 42:2408–2413
21. Xu Q, Qaum T, Adamis AP: Sensitive blood-retinal barrier breakdown quantitation using Evans blue. *Invest Ophthalmol Vis Sci* 2001, 42:789–794
22. Ablonczy Z, Crosson CE: VEGF modulation of retinal pigment epithelium resistance. *Exp Eye Res* 2007, 85:762–771
23. Pedram A, Razandi M, Levin ER: Deciphering vascular endothelial cell growth factor/vascular permeability factor signaling to vascular permeability: inhibition by atrial natriuretic peptide. *J Biol Chem* 2002, 277:44385–44398
24. Fujiseki Y, Omori K, Omori K, Mikami Y, Suzukawa J, Okugawa G, Uyama M, Inagaki C: Natriuretic peptide receptors: NPR-A and NPR-B, in cultured rabbit retinal pigment epithelium cells. *Jpn J Pharmacol* 1999, 79:359–368
25. Ohno-Matsui K, Morita I, Tombran-Tink J, Mrazek D, Onodera M, Uetama T, Hayano M, Murota SI, Mochizuki M: Novel mechanism for age-related macular degeneration: an equilibrium shift between the angiogenesis factors VEGF and PEDF. *J Cell Physiol* 2001, 189:323–333