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Inhibition of arterial lesion progression in CD16-deficient mice: evidence for altered immunity and the role of IL-10

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1. Introduction

Atherosclerosis is a complex disease with many contributing factors, including important roles for many elements of both innate and adaptive immunity. $1 - 10$ Several studies have highlighted the importance of T-cells in the atherogenic process^{11–15} and in

addition there is now a well-documented humoral response to the various oxidation-specific neoepitopes triggered by LDL oxidation. For example, in hypercholesterolaemic murine models, a protective effect was associated with expansion of naturally occurring E06/T15 idiotypic IgM, which has the capacity to block uptake of oxidized LDL (OxLDL) by scavenger receptors.^{16,17} In the case

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of anti-OxLDL IgG, although the role of such antibodies remains to be clarified, many studies have demonstrated their presence in plasma or atherosclerotic lesions.¹⁸⁻²² Because the formation of arterial lesions was reduced in Fc receptor gamma chain knockout mice, it can be inferred that the triggering of activating-type $Fc\gamma Rs$ by IgG immune complexes is proatherogenic.²³ However, gamma chain is also associated with the T-cell/CD3 receptor complex and the glycoprotein VI (GPVI) complex and as such plays an important role in T-cell signalling and platelet activation. $24-27$ This suggests that there may be multiple mechanisms by which the absence of gamma chain impacts lesion formation, some of which may function independently of activation by immune complexes. We therefore focused on murine FcyRIII (CD16), an activating-type FcyR expressed on macrophages, dendritic cells, and NK T-cells that binds immune complexes containing IgG1, IgG2c, and IgG2b. $28-30$ Depending on the model, signalling associated with FcyRIII can enhance either T helper cell 1 (Th1) or Th2 biased responses.^{31,32} Fc v RIII is also unique among other activating-type $Fc\gamma Rs$ ($Fc\gamma RI$ and $Fc\gamma RIV$) in that it may influence thymic B and T-cell development through interactions with nonimmunoglobulin ($|g\rangle$ ligands.^{33,34} In the present study, we tested the hypothesis that the formation of arterial lesions would be decreased in mice deficient in FcyRIII. We found that relative to $LDLR^{-/-}$ controls, arterial lesion formation was dramatically decreased in FcγRIII-deficient mice on the LDLR receptor negative background, which was most apparent at a relatively later stage of atherogenesis. These data support that FcyRIII is important for lesion progression. In addition, analyses of cytokine production suggest that the decrease in arterial lesion formation in $Fc\gamma$ RIIIdeficient mice involves IL-10 produced by an expanded population of CD4+ T-cells. Signalling pathways associated with Fc γ RIII may represent targets for modulating the formation of atherosclerotic lesions.

2. Methods

2.1 Mice and study protocol

Expanded methods are provided as [Supplemental material online](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1). Male and female $LDLR^{-/-}$ and $LDLR^{-/-} \times Fc\gamma RIII^{-/-}$ mice, 4–7 weeks of age, were placed on high-fat western diet (Harlan-Teklad no. 88137) and analysed as indicated after 6, 14, or 24 weeks. All procedures and manipulations were approved by the local Institutional Animal Care and Use Committee (IACUC) and conform to guidelines listed in the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996).

2.2 Analysis of lesions

Oil Red-O-stained sections of the aortic root and innominate artery were analysed according to Plump et al.³⁵ For immunohistochemical analyses for macrophages, acetone-fixed cryosections were stained with anti-CD68. Antibody binding was detected with goat anti-rat Fab'₂ conjugated to alkaline phosphatase. To detect the presence of T-cells, serial transverse 10 μ m sections of the aortic root, aortic arch, or innominate artery were stained with APC-anti-CD3 (or APC-anti-CD3 plus FITC-conjugated anti-B220) after 14 weeks (5 LDLR $^{-/-}$ and 5 double knockouts) or 24 weeks of high-fat diet (4 LDLR $^{-/-}$ and 4 double knockouts) and analysed with a Nikon

Eclipse 80i immunofluorescence microscope with NIS Elements software.

2.3 Analyses of plasma for lipids and antibody levels

Total plasma cholesterol and triglycerides were determined enzymatically (Raichem, Columbia, MD, USA). Antibody titers to OxLDLs were determined by chemiluminescent immunoassay.³⁶

2.4 Flow cytometry

To determine the CD4-CD8 ratio, splenocytes were counted by haemacytometer then stained with FITC-anti-mouse CD4 plus PE-anti-mouse CD8 and analysed by flow cytometry. For intracellular staining of cytokines, peripheral mononuclear cells or purified CD4+ splenocytes were restimulated for 6 h at 37° with a leukocyte activation cocktail (eBiosciences). Cells were stained first with PE-Cy5-anti-mouse CD4 followed by fixation in methanol-free paraformaldehyde. The cells were then washed in a permeabilization buffer containing saponin then stained with FITC-anti-mouse IL-10 (rat IgG2b), FITC-anti-mouse IL-4 (rat IgG1), or PE-anti-mouse interferon-g (rat IgG1) prepared in permeabilization buffer (eBiosciences). Isotype-matched controls were included to determine background fluorescence in each experiment and cells were analysed with a FacScan or Facs Canto flow cytometer.

2.5 Real-time RT–PCR

For the analysis of mRNA levels, aortas were homogenized on ice in Trizol and total RNA immediately isolated and stored at -80° . Total RNA was subsequently reverse transcribed and the cDNA was used to measure IL-10 and interferon- γ (IFN- γ). The data were normalized to GAPDH and are presented as fold-increase relative to mRNA levels obtained from an aorta from a chow-fed C57BL/6 control.

2.6 Statistical methods

All data were analysed using Prism software. Unpaired Student's t-test was used to compare groups of data that were normally distributed and of similar variance; otherwise the non-parametric Mann– Whitney test was used. In each case, $P < 0.05$ was taken to indicate statistical significance.

3. Results

3.1 Effects of $Fc\gamma R$ deficiency on lesion formation

Lesion area in $\mathsf{LDLR}^{-/-}$ and $\mathsf{LDLR}^{-/-} \times \mathsf{FcyRIII}^{-/-}$ mice was analysed in the aortic root after 6, 14, or 24 weeks of high-fat diet. By Oil Red-O staining, no differences in lesion formation were found between $LDLR^{-/-}$ and $LDLR^{-/-} \times Fc\gamma RIII^{-/-}$ mice after 6 weeks (not shown). After 14 weeks, $Fc\gamma$ RIII deficiency was associated with a modest but statistically significant decrease in lesion area in the aortic root for males and females relative to $LDLR^{-/-}$ controls (Figure 1A). After 24 weeks of high-fat diet (Figures 1B and C, and 2), lesion formation relative to $LDLR^{-/-}$ controls had decreased 30% in the aortic root and 50% in the innominate artery ($P < 0.0001$ and 0.0008, respectively). No effect of gender was evident at any time point (not shown).

As shown in Figure 2, the smaller lesions of $Fc\gamma RIII^{-1}$ double knockouts delineated by Oil Red-O staining contained

Figure I Decreased lesion formation in the aortic root or innominate artery in Fc γ RIII $^{-/-}$ \times LDLR $^{-/-}$ double knockouts. (A) Lesion formation in the aortic root determined by Oil Red-O staining at 14 weeks (for LDLR^{-/-} $n = 20$ males and 23 females; for $Fc\gamma RIII^{-/-} \times LDLR^{-/-}$ $n = 12$ males and 18 females, $P = 0.007$). (B) Lesion formation in the aortic root after 24 weeks of high-fat diet (for LDLR^{-/-} $n = 6$ males and 5 females; for $Fc\gamma RIII^{-/-} \times LDLR^{-/-}$ $n=6$ males and 5 females, $P < 0.0001$. (C) Lesion formation in the innominate artery after 24 weeks of high-fat diet for the same mice as in (B) $(P < 0.0008)$.

correspondingly less CD68+ macrophages. Analyses of CD3 immunofluorescence established the presence of numerous clusters of T-cells in the aortic root, aortic arch, and innominate artery from each strain of mice after 14 weeks of high-fat diet (data not shown). Results were similar after 24 weeks of high-fat diet. Representative examples of clusters of T-cells in the aortic root of an FcyRIII double knockout after 24 weeks of high-fat diet are shown in Figure 3. A difference between the controls and double knockouts was the presence of areas adjacent to the aorta in the double knockouts that stained densely for both $CD3+$ T-cells and B-cells after 24 weeks of high-fat diet (Figure 3). These regions resembled adventitial ectopic lymphoid follicles that were reported for the apolipoprotein E knockout

mouse where clusters of T-cells and clusters of B-cells appeared together after a year or more in mice on standard chow.³⁷ The implications of this are addressed below but the important point is that these data demonstrate the presence of significant numbers of T-cells in the double knockouts at a point (24 weeks of high-fat diet) when differences in cytokine mRNA levels in whole aortas were noted (see what follows).

3.2 Effects of $Fc\gamma R$ deficiency on plasma lipids

Fc v RIII^{$-/-$} deficiency was associated with increased total plasma cholesterol for both males and females (Tables 1 and 2) and the differences were statistically significant after 24 weeks of high-fat diet. Plasma triglyceride levels in $Fc\gamma RIII^{-/-}$ double knockouts also tended to be greater relative to $LDLR^{-/-}$ controls and the differences were statistically significant for females after 14 weeks of high-fat diet. Fc γ RIII^{-/-}-deficient mice appeared to thrive on high-fat diet and at the time of sacrifice exhibited increased body weight relative to controls (Tables 1 and 2). These data suggest that the reduction in lesion formation in Fc γ RIII^{-/-} double knockouts was not due to changes in plasma lipid levels.

3.3 Effects of $Fc\gamma R$ deficiency on plasma anti-OxLDL antibodies

Analysis of plasma anti-OxLDL antibodies revealed increased IgG1 and IgG2c titers in Fc γ RIII^{-/-} double knockouts relative to $LDLR^{-/-}$ controls. Statistically significant increases were obtained for each isotype at 14 and 24 weeks of high-fat diet when malondialdehyde-LDL was used for antigen (see [Supplementary](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) [material online,](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) Figure S1), and the difference was greatest in the case of IgG2c. Similar results were obtained with copper OxLDL (see [Supplementary material online,](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) Figure S1). Total plasma IgG was also not different at any point between $LDLR^{-/-}$ mice and FcyRIII^{-/-} double knockouts (data not shown). Surprisingly, the levels of anti-OxLDL IgG titers for both strains, which were greatest at 14 weeks of high-fat diet, had fallen by 24 weeks, while anti-OxLDL IgM titers were greatest at 24 weeks. Similar to IgG1 and IgG2c titers, IgM titers in Fc γ RIII^{-/-} double knockouts were significantly increased relative to $LDLR^{-/-}$ controls (see [Supplemen](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1)[tary material online,](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) Figure S2). These data suggested that there was a dysregulation of antibody production to OxLDLs raising the possibility of altered cytokine production in $Fc\gamma RIII^{-1}$ double knockouts after weeks of high-fat diet.

3.4 Analyses of cytokine production

To address potential mechanisms by which the absence of FcyRIII resulted in decreased lesion formation, $CD4+$ T-cells isolated from peripheral blood (Figure 4), and spleen (Figure 5), were analysed for the presence of cytokines by intracellular flow cytometry after 24 weeks of high-fat diet. The results indicated similar increases in the numbers of $CD4+$ T-cells expressing interleukin-4 (IL-4), IL-10, or IFN- γ obtained from Fc γ RIII^{-/-} double knockouts relative to $LDLR^{-/-}$ controls, each difference being statistically significant (Figure 4). Cytokine expression was barely detectable in cells obtained from age-matched controls

Figure 2 Decreased lesion formation in FcyRIII^{-/-} x LDLR^{-/-} double knockout mice. Representative illustrations of the distribution of neutral lipid (A and B) or of CD68+ macrophages (C and D) in the aortic root of the indicated strains after 24 weeks of high-fat diet. Sections taken through the valve leaflets are shown in each case. All of the material extending into the lumen stained with Oil Red-O, but gaps indicative of cholesterol clefts are present in regions largely devoid of cells in each case.

Figure 3 T-cell content of arterial lesions in the aortic root of FcyRIII double knockouts after 6 months of high-fat diet. Sections were fixed in acetone and stained with APC-anti-CD3 (A) or APC-anti-CD3 plus FITC-anti-B220 (B) as described in Methods. (A) A typical example of clusters of T-cells (red) is shown in the plaque from a section taken through the aortic root; (B) an ectopic follicle with a core of T-cells surrounded by numerous B-cells (green) in a section adjacent to the aortic root. The upper arrow denotes the aorta while the lower arrow is opposite a layer of heart muscle.

TC, total plasma cholesterol; TG, plasma triglycerides, each in mg/dL; DKO, double knockout; BW, body weight, in grams.

For comparisons between strains: † , $P=$ 0.03; ‡ , $P=$ 0.009; *, $P>$ 0.0001.

TC, total plasma cholesterol; TG, plasma triglycerides, each in mg/dL; DKO, double knockout; BW, body weight, in grams.

For comparisons between strains: $^{\dagger}P = 0.02, \, ^{\ddagger}P = 0.047.$

Figure 4 Increased cytokine expression in peripheral blood CD4+ T-cells from Fc γ RIII^{-/-} x LDLR^{-/-} double knockout mice. CD4+ T-cells were obtained from four $LDLR^{-/-}$ mice and four $Fc\gamma RIII^{-/-}$ double knockouts after 24-weeks of high-fat diet. Levels of the indicated cytokines were determined by intracellular staining and flow cytometry. The differences in cytokine levels between $LDLR^{-/-}$ mice and FcyRIII^{-/-} double knockouts were statistically significant in each case. For IL-4, $P = 0.002$; for IL-10, $P = 0.02$, and for IFN- γ , $P = 0.009$. Shown are the means \pm SD.

of each strain on chow diet (data not shown), consistent with a response to the inflammatory effects of high-fat diet. More dramatic results were obtained with $CD4+$ T-cells purified from spleens. In the example shown in Figure 5, there was a 5.2-fold increase in the number of $CD4+$ T-cells expressing IL-10 in FcyRIII^{-/-} double knockouts after 24 weeks of high-fat diet and a two-fold increase in the number of cells expressing IFN-y. These data suggest an alteration in T-cell development

and/or function in $Fc\gamma RIII^{-/-}$ double knockouts dependent in part on high-fat diet. This was supported further by measuring the number of $CD4+$ and $CD8+$ T-cells in spleens taken from each strain after 24 weeks of high-fat or chow diet. Fc γ RIII^{-/-} double knockouts on high-fat diet exhibited a dramatic increase in the total number of splenocytes (Figure 6B), a significant increase in the total number of $CD4+$ cells, and as a result, a significant increase in the CD4 to CD8 ratio (for 14 double knockouts and 10 LDLR $^{-/-}$ controls, the mean CD4 to CD8 ratios were 3.0 ± 0.3 vs. 1.7 ± 0.1 , respectively, $P =$ 0.003). Thus, relative to the situation for controls, there was an expansion of the numbers of CD4+ T-cells in Fc γ RIII^{-/-} double knockouts that was dependent on high-fat diet.

Data supporting that the changes in cytokine production noted above may have contributed to the reduction in lesion formation in the absence of FcyRIII was obtained by analysing mRNA levels of IL-10 and IFN-y in aortas taken after 24 weeks of high-fat diet. Using an aorta from a chow-fed C57BL/6 mouse for baseline, we determined that the levels of mRNA for each cytokine in $LDLR^{-/-}$ mice were increased above baseline, the fold-increase being greatest for IFN- γ (P = 0.005) (Figure 7). Consistent with the changes in cytokine production determined by intracellular staining, mRNA levels for each cytokine in $Fc\gamma RIII^{-/-}$ double knockouts were significantly greater relative to $LDLR^{-/-}$ controls, the difference being greatest for IL-10.

4. Discussion

There are two important findings of this study. The first is a significant reduction in the formation of arterial lesions in $Fc\gamma$ RIIIdeficient mice after 24 weeks of high-fat diet but not earlier, suggesting that FcyRIII plays an important role in lesion progression (Figure 1). The second is that this reduction was associated with the

Figure 5 Increased cytokine expression in CD4+ splenocytes from FcγRIII $^{-/-}$ \times LDLR $^{-/-}$ double knockout mice. Representative example of scatter profiles of the increase in the number of cells positive for IL-10 or IFN- γ (rectangular gates) in CD4+ T-cells purified from spleens from $LDLR^{-/-}$ mice and $Fc\gamma RIII^{-/-}$ double knockouts after 24 weeks of high-fat. A linear region of background fluorescence (less than 1% of the gated population) is present to the right of the positive cells as determined by reactivity of isotype controls (data not shown).

development of an expanded population of $CD4+T$ -cells producing the anti-atherogenic cytokine IL-10³⁸⁻⁴³ (Figures $4-6$). The presence of T-cells in lesions from double knockouts together with decreased numbers of macrophages (Figures 2 and 3) suggests that T-cells may have been an important source of cytokines in the lesions (Figure 7). Contributions from macrophages or dendritic cells, however, cannot be excluded. While an exhaustive analysis of leukocyte content in lesions was not undertaken, the data suggest that the absence of FcyRIII was associated with differences in leukocyte content after 6 months of high-fat diet. It was interesting and surprising to note the presence of numerous clusters of T-cells and B-cells that resembled adventitial ectopic lymphoid follicles first reported for atherosclerosis in the apolipoprotein E knockout mouse.37 In the present study, we noted these structures at the level of the aortic root (Figure 3) and ascending arch (not shown) in the double knockouts, but not $LDLR^{-/-}$ controls. The role that these structures serve has not been defined, but it is interesting to speculate that the absence of $Fc\gamma$ RIII signalling, which was associated with increased numbers of peripheral T-cells (Figures 5 and 6), may have played a role in enhancing the formation of these ectopic lymphoid structures.

The decreased accumulation of lipids and macrophages seen in lesions of $Fc\gamma RIII^{-/-}$ double knockouts was also observed in studies of IL-10 hyperexpression in murine atherosclerosis.⁴¹ Remarkably, the reduction in lesion formation was lower in the absence of FcyRIII despite the fact that total plasma cholesterol levels in Fc γ RIII^{-/-} double knockouts tended to be greater relative to LDLR^{$-/-$} controls (Tables 1 and 2). That the reduction in lesion formation was more evident after 24 weeks of high-fat diet rather than 14 weeks suggests that $Fc\gamma$ RIII activity is important for lesion progression. These results contrast with the study of Hernandez-Vargas et al.²³ who found that lesion formation was significantly decreased in gamma chain-deficient mice on the apoE-deficient

Figure 6 Expansion of numbers of CD4+ T-cells with increased CD4/CD8 ratio in Fc γ RIII^{-/-} \times LDLR^{-/-} double knockout mice. Representative example of scatter profiles showing the expansion of CD4+ T-cells in Fc γ RIII^{-/-} double knockouts after 24 weeks of high-fat. Shown at the top of each figure is the total number of lymphocytes. The percentages of total lymphocytes that expressed either CD4 or CD8 are indicated within each figure. In all, 14 Fc γ RIII^{-/-} double knockouts and 10 LDLR $^{-/-}$ mice were analysed. The mean CD4 to CD8 ratios were 3.0 ± 0.3 and 1.7 ± 0.1 , means \pm SD respectively, $P = 0.003$.

background by 16 weeks of high-fat diet. Although results of later time points were not reported in that study, the differences between their findings at 16 weeks and ours at a similar time point suggest that the mechanisms underlying lesion formation are unique in each model. This is not surprising given the differences noted between the two models. As stated earlier, reports suggest that both T-cell signalling and platelet activation mediated by GPVI are altered by the absence of the Fc receptor gamma chain.24,25

Of the three activating-type $Fc\gamma Rs$ in mice, $Fc\gamma RIII$ is unique in its IgG ligand binding properties and in its ability to bind non-Ig ligands, each of which could have played a role in the present study. The increase in both anti-OxLDL IgG2c (Th1 dependent) and $IgG1$ (Th2 dependent) in the absence of $Fc\gamma$ RIII is consistent with increases in both Th1-dependent (IFN-y) and Th2-dependent cytokines (IL-10) seen in this study (see [Supplementary material](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1)

Figure 7 Increased cytokine mRNA levels in Fc γ RIII^{-/-} \times $LDLR^{-/-}$ double knockout mice. mRNA levels from aortas of LDLR^{-/-} mice and Fc γ RIII^{-/-} double knockouts obtained after 24 weeks of high-fat diet were determined by real-time RT – PCR for IL-10 and IFN- γ . The differences between LDLR^{-/-} and $Fc\gamma RIII^{-/-}$ double knockouts were statistically significant at $P = 0.015$ for IL-10 and $P = 0.008$ for IFN-y.

online, [Figure S1](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1)) and may have occurred as a result of the effects on B-cells of altered cytokine production. These results add to the complexity of FcyRIII activity in the regulation of immune phenomena in these models. Indeed, in combination with TLR-4 ligands such as lipopolysaccharide (LPS), FcyRIII cross-linking on dendritic cells regulates Th2 cytokine production independently of its ability to process immune complexes, 31 a characteristic that was not shared by the high-affinity Fc γ RI.³¹ In mice, Fc γ RIII mediated signalling is important for thymic T-cell development and includes the involvement of non-immunoglobulin ligand(s). $33,34,44$ The effects of FcyRIII activity on lesion formation could therefore be dependent on the interaction with immune complexes and/or with nonimmunoglobulin ligands. In support of this, a recent report demonstrated that Fc γ RIII is a receptor for *E. coli.* 45

The finding of increased production of both IL-10 and IFN-y was surprising in that IFN- γ is a Th1 cytokine with well-documented pro-atherogenic activity.⁴⁶⁻⁵⁰ On the other hand, IL-10 is a Th₂like cytokine with a well-documented anti-atherogenic role.³⁸⁻ 43,51 Similar to the present study, hyperexpression of IL-10 in $LDLR^{-/-}$ mice resulted in a 50% reduction in aortic lesion formation after 20 weeks of high-fat diet,⁴¹ but in contrast, production of IFN-g by T-cells was reduced and the ratio of anti-OxLDL IgG1 to IgG2c was increased. The increase in production of IFN-γ in the present study may have been at least in part responsible for the lack of a change in the ratio of anti-OxLDL IgG2c to IgG1 (see [Sup](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1)[plementary material online,](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) Figure $S1$). IFN- γ is important for priming T-cells for production of Th2 cytokines such as IL-4⁵² and could have played such a role in the absence of FcyRIII. These findings are consistent with the changes in cytokines and the decrease in arterial lesion formation seen in the present study. Thus, while decreased lesion formation observed in the present study is consistent with the inhibitory role of IL-10, it does not exclude the importance of $IFN-\gamma$.

In summary, the data support that the activity of Fc γ RIII, a structurally and functionally unique activating-type $Fc\gamma R$, contributes to arterial lesion progression in LDL receptor-deficient mice and that IL-10 may play an important role in this phenomenon. In the absence of FcyRIII, there was an expansion of CD4+ T-cells producing IL-10 and IFN- γ and a reduction in the size and lipid content of arterial lesions that was more apparent after 24 weeks of high-fat diet. Signalling pathways regulating these phenomena may represent targets that could be exploited therapeutically to regulate the progression of atherosclerotic diseases.

Supplementary material

[Supplementary Material is available at](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1) Cardiovascular Research [online](http://cardiovascres.oxfordjournals.org/cgi/content/full/cvp300/DC1).

Conflict of interest: none declared.

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