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Signaling and Epigenetic Regulation of Pituitary Development

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Abstract

The developing pituitary gland provides an instructive model system for elucidating the molecular mechanisms by which distinct cell types arise from a common progenitor lineage accompanied by changes in the chromatin status in response to multiple extrinsic and intrinsic signals. Recent studies have shed light on the integration between signaling molecules and activation of transcription factors that are essential for cell fate commitment and terminal differentiation. Investigation of the *in vivo* function of the histone modifying enzyme LSD1 has revealed a new layer of regulatory mechanism in pituitary organogenesis. Epigenetic studies of the transcriptional events in terminal differentiation process have provided insights into the functions of non-coding RNA and developmentally regulated chromatin organization.

Introduction

The pituitary gland is an important endocrine organ regulating diverse physiological functions, including growth, metabolism, lactation, reproduction, stress response and aging. The versatile functions of the gland are carried out by six cell types residing in the anterior and the intermediate lobes of the pituitary gland. These distinct cell types, defined by the hormone they produce and secrete, including corticotropes secreting adrenocorticotrophic hormone (ACTH), thyrotropes secreting thyroid-stimulating hormone (TSH), somatotropes secreting growth hormone (GH), lactotropes secreting prolactin, gonadotropes secreting luteinizing hormone (LH) and follicle-stimulating hormone (FSH), and intermediate lobe melanotropes secreting melanocyte-stimulating hormone (MSH). They arise from progenitors in Rathke's pouch, the embryonic primordial of the pituitary gland, in a temporal and spatial specific fashion during pituitary development. Multiple extrinsic and intrinsic mechanisms regulate progenitor cell proliferation, lineage commitment, and cell fate terminal differentiation (Figure 1, reviewed $[1-3]$). Three of the cell types-somatotropes, lactotropes, and thyrotropes- differentiate from Pit1 expressing precursors and depend on the function of Pit1, a pituitary specific POU-class homeodomain transcription factor, for cell type specific gene expression $[4, 5]$. The induction of *Pit1* expression relies on a paired-like homeodomain transcription factor-Prophet of Pit1 (Prop1) [6,⁷]. Mutations in *Pit1* or *Prop1* result in a failure of Pit1 lineages differentiation, leading to a postnatal dwarf phenotype. Terminal differentiation of corticotropes and melanotropes is dependent on the T-box transcription factor, Tbx19 [8]. Here we highlight the recent progress in our understanding of the mechanisms underlying pituitary organogenesis, filling the gap between signaling pathways and transcription factors.

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Temporally regulated Notch signaling is required for sequential emergence of distinct cell lineages

Notch signaling pathway is an evolutionally conserved mechanism that plays an important role in a wide variety of developmental contexts $[9-1]$. Both ligand and receptor of the Notch pathway are cell-surface transmembrane proteins, thereby mediating cell-cell communication. Upon ligand binding, Notch receptors undergo proteolytic cleavages that lead to the release of the Notch intracellular domain (NICD) and subsequent nuclear translocation. In the nucleus, NICD forms a complex with the DNA-binding protein Rbp-J, and the coactivator Mastermind $[12,13]$, recruiting histone acetyltransferases, and other cofactors required for transcriptional activation $[14-16]$. In the absence of Notch activation, Rbp-J represses target gene expression by interacting with corepressors including SMRT, SHARP, CtBP, and histone deacetylases $[17-20]$. The most well characterized Notch signaling targets include members of the Hairy enhancer of split (Hes) family Hes1, Hes5, and the Hes-related protein (Herp) family (review in [21]). During pituitary development, Notch signaling is temporally regulated; it is active in the early phases of pituitary organogenesis and is essential for the emergence of $Pit1⁺$ precursors by both positive and negative regulatory mechanisms $[22-24]$. Conditional inactivation of *Rbp-J* in pituitary progenitors, using the transgenic Cre line under the control of *Pitx1* regulatory sequences, leads to premature differentiation of progenitor cells as well as a conversion of the Pit1 lineage into an earlier corticotrope lineage. The former phenotype is recapitulated in mice deleted for the *Hes1* gene, while the later phenotype is largely attributed to the significant downregulation of *Prop1* at E12.5. It has been shown that Rbp-J can bind to the evolutionally-conserved recognition site in the first intron of the *Prop1* gene and is recruited to this region during pituitary development, suggesting that Notch signaling directly regulates *Prop1* transcription and is required for maintaining high levels of *Prop1* expression. It is hypothesized that the long duration or high intensity of Notch activity imposes irreversible changes in gene expression and/or epigenetic status and thus enables progenitor cells competent to adopt an alternative cell fate [22]. This is consistent with recent findings of Notch function in other developmental contexts $[25-^{28}]$. Interestingly, it has been shown recently that the conserved first intron region of the *Prop1* gene is capable of conferring dorsal expression of a transgene driven by a heterologous promoter, suggesting that this element is critical for the spatial expression of endogenous *Prop1* during pituitary development. These data also imply a crosstalk between *Prop1* promoter and the first intron in controlling both spatial and temporal expression of *Prop1* [29].

The function of Notch signaling pathway in pituitary development has also been investigated in *Hes1*-deficient mice and in mice conditionally deleted for both *Hes1* and *Hes5* in Rathke's pouch and ventral diencephalon using the *Emx1-Cre* mouse line [22–24]. In addition to premature corticotrope differentiation, which is consistently observed in *Rbp-J* CKO, these mutant embryos lack both the intermediate and posterior lobes of the pituitary gland, which is in sharp contrast to enhanced intermediate lobe melanotrope differentiation detected in *Rbp-J* CKO. The discrepancy might be explained by the different targeting approaches of these studies. The ventral diencephalon is very likely a key aspect of this experimental difference; in *Rbp-J* CKO mice the ventral diencephalon remains intact, whereas in *Hes* mutants, it is also targeted because both *Hes1* and the *Emx1*-*Cre* are expressed there.

In the later phases of pituitary development, as cells begin to differentiate, Notch activity is dramatically attenuated to ensure proper terminal differentiation of distinct cell types. Overexpression of the constitutively active form of Notch1 in $Pit1⁺$ cells (under the control of *Pit1* regulatory information, Pit1-NICD) completely blocks terminal differentiation of all three Pit1 lineages [22]. Consistent with these observations, overexpression of the constitutively active form of Notch2 in thyrotropes and gonadotropes (directed by the *aGSU* regulatory sequences) leads to defects in thyrotrope and gonadotrope differentiation [30]. Diminished

expression of a subset of bHLH transcription factors, including *Mash1* and *Math3*, accounts for some of the defects induced by ectopic Notch activation [22]. *Mash1* is transiently expressed in the anterior lobe but sustained in the intermediate lobe. It executes roles in terminal differentiation of thyrotropes, gonadotropes, corticotropes, and melanotropes [31]. *Math3* expression in pituitary is directly regulated by Pit1, begins at E13.5, and continues throughout adulthood. Targeted inactivation of *Math3* results in defects in somatotrope maturation and proliferation, largely owing to a failure of *GHRHR* expression, which is required for somatotropes to respond to hypothalamic factor GHRH [22].

Wnt/β-catenin pathway regulates Pit1 lineage determination

Wnt signaling plays an important role in the control of embryonic patterning, cell-fate determination, and homeostasis. Activation of the canonical Wnt/β-catenin pathway stabilizes the β-catenin protein, which subsequently translocates to the nucleus and functions as a coactivator of the DNA-binding transcription factors, Lef/Tcf in most cases, displacing HDAC and TLE corepressor complexes and recruiting p300/CBP and Brg1, to stimulate target genes expression [32,³³]. During pituitary development, the Wnt/β-catenin pathway is required for Pit1 lineage determination and pituitary gland growth. Targeted inactivation of the β-*catenin* gene in pituitary progenitors using the *Pitx1-Cre* transgenic line results in a smaller gland with no *Pit1* expression, absence of three Pit1 lineages and reduced number of gonadotropes. In contrast to most other developmental processes regulated by the canonical Wnt pathway, where Wnt signaling is conveyed by association of β -catenin with the Lef/Tcf family of transcription factors, induction of *Pit1* expression is mediated by direct interactions between β-catenin and the pituitary-specific transcription factor Prop1 through an evolutionary conserved *Pit1* early enhancer. The Prop1/β-catenin complex also acts as a transcriptional repressor for the lineageinhibiting transcription factor, *Hesx1*, based on the recruitment of Tle, HDAC and Reptin corepressor complexes. It is proposed that the tissue-specific transcription factor and β-catenin interaction underlies diverse context-dependent actions in response to the common Wnt signaling pathway [34].

During pituitary development, the Wnt/β-catenin pathway is active between E11.5 and E15.5, as indicated by expression of a direct downstream target gene *Axin2*. Genetic studies have demonstrated that temporal control of the Wnt/β-catenin signaling is essential for proper pituitary development as premature activation of β-catenin leads to *Hesx1* repression and pituitary gland agenesis by E13.5 [34].

Three members of the Lef/Tcf family of transcription factors, Lef1, Tcf3 and Tcf4, are expressed during pituitary development [34,35]. *Tcf3* is expressed from E9.0 to E14.5 but is restricted from the *Pit1*-expressing caudomedial region of the gland. *Tcf4* is detectable in early pituitary as well as in surrounding tissues and is markedly diminished by E13.5. *Lef1* exhibits biphasic expression, initial transiently at E9.0 in Rathke's pouch and later reappearing at E13.5 in anterior and intermediate lobes of the gland. Targeted inactivation of *Tcf4* results in hyperplasia of the anterior lobe without affecting overall pituitary development [35]. Deletion of *Lef1*, on the other hand, leads to elevated expression of *Pit1* as well as *GH* and *TSH*β, consistent with a proposed role of Lef1 in inhibiting Prop1/β-catenin-mediated *Pit1* activation by competing for β-catenin binding [34].

In addition to *Wnt4* and *Wnt5a*, which are expressed in Rathke's pouch and ventral diencephalon, respectively, multiple other *Wnt* genes are detected in the developing E12.5 pituitary. Given the relatively mild pituitary phenotypes in *Wnt4*−/−, *Wnt5a*−/−, and double knockout mice, and extensive functional redundancy, identifying the Wnt ligands involved in Pit1 lineage specification, as implicated by the pituitary specific deletion of the β-*catenin* gene, remains a daunting task $[34, ³⁶, ³⁷]$.

LSD1 developmentally regulates both gene activation and repression programs

Cell differentiation during development is considered as an epigenetic phenomenon, because distinct cell types, arising from common progenitors, share an identical genomic makeup, yet exhibit unique profiles of gene expression and possess distinct cellular functions. Increasing evidences have indicated that cellular status are truthfully reflected by their chromatin states, that is, modifications of DNA and histones. Extensive biochemical studies have advanced the chromatin field by identifying enzymes and protein complexes that catalyze DNA methylation and multiple histone modifications, including acetylation, methylation, phosphorylation, and ubiquitination $[38, ³⁹]$. Genome-wide approaches using ChIP-chip, ChIP-DASL, and ChIPsequencing have generated enormous amounts of data uncovering the associations between chromatin modifications, chromatin modifying enzymes, and transcription status $[40-44]$. Genetic studies demonstrate that epigenetic regulation by chromatin modifying enzymes has important roles in the control of transcriptional programs underlying metazoan development [45]. Their roles in organogenesis, however, are largely unknown due to prevalent early embryonic lethality.

While functions of enzymatic machinery that serve in covalent modifications of histones have been implied by function of NcoR in the *GH* gene expression [46], only several have been systematically studies in pituitary development. A recent study investigating the function of LSD1, a histone H3K4me and H3K9me demethylase and a component of the CtBP-CoREST corepressor complex, in pituitary development, using a conditional targeting approach, has revealed LSD1 is specifically required for late cell-lineage determination and terminal differentiation events [47] (Figure 2). The precursors are present in the *LSD1*-deleted pituitary gland with diminished expression of *Pit1*, *Tbx19*, and *SF1* $[4, 5, 31, 48, 50]$; however, they fail to progress to mature hormone producing cells due to defects in transcriptional activation and posttranscriptional regulation. LSD1 specifically regulates activation of Pit1 target genes, e.g. *GH*, by interacting with Pit1 and forming MLL1-containing coactivator complexes on the promoters, consistent with recent findings that LSD1 is required for gene activation $[42, 51]$, ⁵²]. LSD1 also executes roles in attenuating Notch signaling and repressing expression of its target gene *Hey1* during late stages of pituitary development by associating with the Rbp-J repressor complex. Thus LSD1 acts as a functional component of either co-activator or corepressor complexes and regulates activation and repression programs that are critical for terminal differentiation. Another intriguing aspect of LSD1 function has been revealed by studying *GH* gene repression in lactotropes, which arise largely postnatally and independently of somatotropes [46,53]. In postnatal lactotropes, a signal-induced expression of ZEB1, as well as two other components of the CtBP-CoREST-LSD1 corepressor complex LCoR, PC2, tethers LSD1-containing corepressor complex to the *GH* promoter via a ZEB1 recognition site and represses *GH* gene expression apparently in LSD1 dependent fashion, suggesting that the function of LSD1 in transcriptional regulation is cell-type specific and is modulated by its associated partners, consistent with previous findings that CoREST, a SANT domain containing protein, and BHC80, a PHD domain containing protein, can regulate LSD1 activity $[54-56]$.

Complex regulation of *GH* **expression in somatotropes**

Expression of the *GH* gene in somatotropes has been intensively studied by identifying the critical cis-elements required for correct tissue-specific and cell type-specific expression and analyzing chromatin status of the *GH* locus $[46, \frac{57}{9}]$ (Figure 3). Studies of the rat *GH* gene have established that the minimal information resides in the proximal 320 bp of the promoter. While this element, which is highly conserved in mouse, is sufficient to drive reporter gene expression in transgenic mouse, specific activation of the endogenous murine *GH* gene also

appears to require a boundary element imposed by an upstream SINE B2 repeat [59]. This SINE B2 repeat is able to generate short, overlapping Pol II and Pol III-driven transcripts that are both necessary and sufficient for its enhancer-blocking activity in cells. Interestingly, the Pol II-driven transcript appears in a temporally regulated manner during pituitary development, concurrently with transition of the *GH* locus from condensed heterochromatin domain (marked by H3K9me3) to euchromatic territory (marked by H3K9me2). These data suggest that active transcription of repetitive sequences may represent a strategy for the establishment of functional distinct chromatin domain to control gene expression. Consistently, a recent study in the fission yeast *Schizosaccharomyces pombe* demonstrates that transcription from a tRNA can function as a barrier to prevent propagation of peri-centromeric heterochromatin [60].

In the human *GH* locus, a Pit1-dependent locus control region (LCR) upstream of the *hGH-N* promoter is required for robust transgene expression in the mouse pituitary. It is also required for the establishment of 32 kb hyperacetylated chromatin domain encompassing the Blymphocyte-specific *CD79b* gene and the *hGH-N* promoter [61]. Intriguingly, many intergenic non-coding RNAs have been identified in this region that are specifically expressed in somatotropes, correlated with *hGH-N* gene activation. Furthermore, their transcription is LCR dependent. When the intergenic transcription is blocked by insertion of a Pol II transcription terminator, the downstream transcription of *hGH-N* is markedly reduced. These data suggest that distal LCR transcription is a major regulatory mechanism of long-range *hGH-N* activation. Currently, it is not known whether active transcription from the LCR per se or the production of functional RNA transcripts contributes to the LCR activity [57].

Conclusions and perspective

Recent studies have greatly advanced our understanding of the molecular mechanisms underlying pituitary gland organogenesis. However, there are still many unanswered questions, for example, how are signaling pathways temporally regulated? Is there a crosstalk between signaling pathways and epigenetic regulation? What are the roles of chromatin modifying enzymes during mammalian organogenesis? Are the activities of these enzymes developmentally regulated? Generation of temporally regulated tissue-specific deletion of chromatin modifying enzymes will reveal new insights. Identification of tissue-specific target genes regulated by signaling pathways and transcription factors and complementary studies in epigenetic regulation of chromatin organization and nuclear architecture will uncover new principles underlying mammalian organogenesis and provide a broad view of the developmental process.

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Figure 1.

Ontogeny of signaling molecules and selected transcriptional factors during mouse pituitary organogenesis. Ventral diencephalon, which expresses BMP4, FGF8/10/18 and Wnt5, makes direct contact with oral ectoderm and induces the formation of Rathke's pouch. The opposing dorsal FGF and ventral BMP2 gradients convey proliferative and positional cues by regulating combinatorial patterns of transcription factor gene expression. *Pit1* is induced at e13.5 in the caudomedial region of the pituitary gland, which ultimately gives rise to somatotropes (S), lactotropes (L) and thyrotropes (T). Corticotropes (C) and gonadotropes (G) are differentiated in the most ventral region of the gland. The dorsal portion of the Rathke's pouch becomes the intermediate lobe, containing melanotropes (M). The infundibulum of the ventral diencephalon grows downward and eventually becomes the posterior lobe (P) of the gland. The functions of a number of signaling molecules, transcription factors, and cofactors regulating lineage commitment and terminal differentiation of distinct cell types are delineated in a genetic pathway.

Figure 2.

Model of the roles of distinct LSD1-containing complexes during pituitary organogenesis. LSD1 activates a cohort of gene targets, including *GH* expression in somatotropes, by functioning as a component of the MLL1-containing coactivator complex. In postnatal lactotropes, a signal-induced expression of ZEB1, LcoR, and PC2 recruits the LSD1-containing CtBP-CoREST corepressor complex to the *GH* promoter and represses its expression.

Figure 3.

Models of the human (A) and murine *GH* locus (B) activation. In the human *GH* locus, a Pit1 dependent LCR, encompassing the pituitary-specific DNase I hypersensitive site (HS) I, is required for the expression of intergenic non-coding RNAs, the establishment of hyperacetylated chromatin domain, and the *hGH-N* transgene expression. Transcription of the intergenic non-coding RNAs also contributes to the downstream *hGH-N* transgene activation. In the murine *GH* locus, an upstream SINE B2 repeat, which can function as a boundary element in cells, is necessary for the transgene expression. At E14.5 during pituitary development, transcription from the Pol II promoter of the SINE B2 repeat occurs concurrently with transition of the *GH* locus from heterochromatin domain to euchromatin domain.