

# Special Report Rapport spécial

## The new influenza A H1N1 virus: Balancing on the interface of humans and animals

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**Abstract** – In the spring of 2009, a new human influenza A H1N1 virus emerged in Mexico and the United States. The strain was referred to as “swine flu” as it has strong similarities with current circulating swine influenza viruses, although the first outbreak on a swine farm was recorded more than 2 mo following the first human reports. This new strain, designated as pandemic (H1N1) 2009, has shown the ability to spread amongst the human population and can be found on all continents. The way influenza viruses and specifically this influenza A pandemic (H1N1) 2009 virus evolve is described in this manuscript.

**Résumé** – **Le nouveau virus de l'influenza A H1N1 : En équilibre à l'interface des humains et des animaux.**

Au printemps 2009, un nouveau virus de l'influenza A H1N1 est apparu au Mexique et aux États-Unis. La souche a été appelée «grippe porcine» car elle présente de fortes similarités avec les virus d'influenza porcine en circulation à l'heure actuelle, même si la première éclosion sur une exploitation porcine a été enregistrée plus de 2 mois après les premiers rapports d'infection chez les humains. Cette nouvelle souche, désignée comme virus (H1N1) pandémie 2009, a manifesté la capacité de se propager parmi la population humaine et se trouve sur tous les continents. La façon dont les virus de l'influenza évoluent, particulièrement ce virus (H1N1) de l'influenza A pandémie 2009, est décrite dans ce manuscrit.

(Traduit par Isabelle Vallières)

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### Introduction

Ever since the H1N1 Spanish flu raged around the world in 1918–1920, people have feared a subsequent outbreak of a similar or greater magnitude. With over 50 million human casualties (1,2), and especially high rates of mortality among young adults aged 18 to 40 y (3,4), the Spanish flu pandemic has set the stage for the preparations underway today. Although it was not the first influenza outbreak (5), it was by far the most devastating and at that time, people were completely unaware of the nature of the disease. The first successful isolation of an influenza virus occurred in 1930 (6,7), and during the last 2 pandemics (the 1957 H2N2 Asian flu and the 1968 H3N2 Hong Kong flu), the scientific world had at least a better understanding of the causative agent (8). This first isolate was a swine influenza virus. The earliest recorded observations of an influenza-like illness in

swine coincided with the human influenza pandemic in 1918, and already during that period there were suggestions that human flu and swine flu might be similar diseases (8,9). However, the exact transmission route between species (human-to-pig or pig-to-human) remains unresolved. Until now all pandemics (Spanish, Asian, and Hong Kong flu) have been caused by influenza viruses of avian origin (10), the spread of the pandemic (H1N1) 2009 (pH1N1) virus marks the first known pandemic influenza virus of swine origin. This manuscript describes the characteristics and evolution of influenza viruses and specifically focuses on the pH1N1 virus.

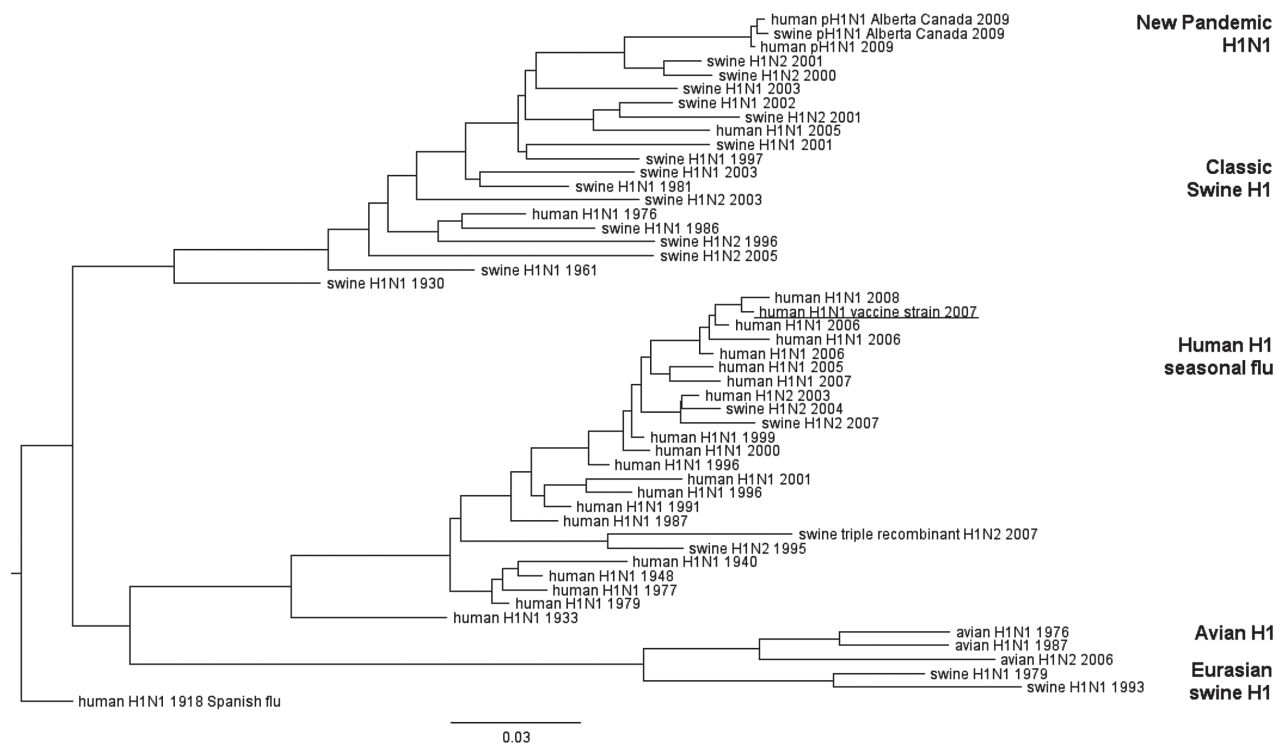
Influenza A viruses are characterized based on the envelope glycoproteins hemagglutinin (H or HA) and neuraminidase (N or NA). So far, the human population has been confronted on an epidemic scale with 3 different HA types: H1, H2, and H3. There is no reason to exclude the possibility that humans can be infected with all other variants, this has already been reported for H5, H7, and H9 (5). Influenza A viruses are members of the Orthomyxoviridae family, which is comprised of enveloped, negative strand RNA viruses. The influenza A genome consists of 8 gene segments [HA, NA, matrix protein (MP), nucleo-protein (NP), Polymerase A (PA), Polymerase B1 and 2 (PB1 and PB2) and the non-structural protein (NS)] coding for 11 different proteins. Sixteen subtypes of HA (H1–H16) and 9 subtypes of NA have been found to date (N1–N9) (11). A new human influenza pandemic will therefore be caused by an influenza virus containing an HA antigenic makeup

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**Figure 1.** Genetic relationships of human, swine, and avian influenza viruses for H1.

Names represent viruses all containing an H1 and different neuraminidase types (as indicated). Year of isolation is indicated. The 2007 WHO recommended H1N1 vaccine strain: A/Brisbane/59/2007 (H1N1) is underlined. The 2009 pandemic H1N1 (pH1N1) can be found at the top branch of the tree. Scale bar indicates amino acid substitutions per site.

heretofore unknown to humans. Also, the NA type contributes to antibody generation upon exposure to the immune system. The Hong Kong flu (H3N2) outbreak showed that the neuraminidase (NA) induced a limited protection, as this N2 had some antigenic similarities to the NA type found in the H2N2 Asian flu pandemic (12–17). In light of this, it is not surprising that the emergence of human infections with an H5N1 avian flu (18–20), with a current human mortality rate of 60% (21), led to an international effort to prevent the spread of this virus.

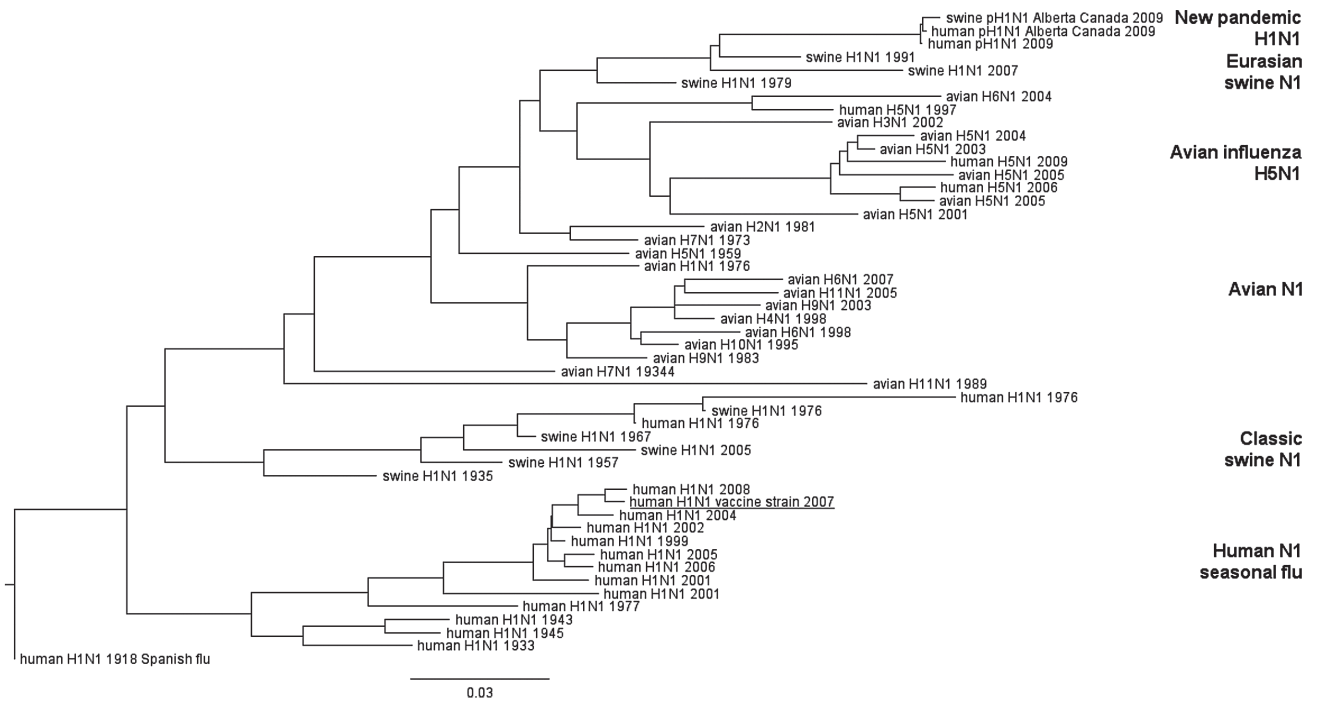
### Continuing diversification and host range of influenza viruses

Influenza viruses infecting humans consist of 3 variants: types A, B, and C. The B and C types are almost exclusively found in humans although influenza B can also be found in aquatic mammals (22) and influenza C was shown to be present in some swine herds (23) and caused upper respiratory tract infections (24). The influenza A virus particle is enveloped, and within this envelope 3 membrane proteins are present: HA, NA, and one of the 2 proteins coded by MP the ion channel M2 (24–26). HA and NA appear at the outer surface of the virus and they can induce antibodies with a neutralizing effect (26).

Currently, almost all combinations of HA and NA have been detected in birds, especially gulls and waterfowl (11,26,27). Birds contribute significantly to the spread of influenza viruses through their migration patterns in specific flyways (27). Equines can be only infected with influenza viruses H3N8 and H7N7, although the latter has not been detected in horses in

recent years and may have disappeared completely (28). Dogs can also be infected with the H3N8 equine variant (29,30). A variety of influenza viruses have been found in aquatic mammals (H1, H3, H4, H7, and H13 containing variants) (26,31). The avian flu H5N1 outbreak in cats, leopards and tigers demonstrated that it was also possible to infect felids with this strain (32,33). In porcines, the H3N2, H1N1 and reassorted versions of these 2 viruses [H1N2, H3N1, and H1N1 variants containing the swine H3N2 internal genes (rH1N1)] are present (34–37). Recently, a new H1N1 with a human-derived H1 gene (huH1N1) was detected in swine herds and appears to be circulating (36). The classic H1N1 porcine variant is present in both Europe and North America. However, while an avian H1N1 variant introduced in the European swine population has almost completely replaced the classic variant in Europe (38–41), the classic H1N1 still continues to infect swine herds in North America (34,36,37).

As a consequence of the segmentation of the genome, the virus must include all 8 segments during assembly of the viral particle. In the rare event that a second, different, influenza virus enters the same cell, the cell will contain 2 different genes of each segment. The viral particle can include either of the 2 segments leading to a rearrangement (42) of genes. For example: an H1N1 influenza virus infecting a cell already infected with an H3N2 influenza virus might lead to the aforementioned rearrangements resulting in H1N2 or H3N1 viruses. This process is called antigenic shift and represents a dramatic change in antigenic makeup of the viral particle (43). All genes seem



**Figure 2.** Genetic relationships of human, swine, and avian influenza viruses for N1. Names represent viruses all containing an N1 and different hemagglutinin types (as indicated). Year of isolation is indicated. The 2007 WHO recommended H1N1 vaccine strain: A/Brisbane/59/2007(H1N1) is underlined. The 2009 pandemic H1N1 (pH1N1) can be found at the top branch of the tree. Scale bar indicates amino acid substitutions per site.

to be able to end up in a rearranged influenza virus independently, although whether that is really the case remains to be established (44); it might be that some combinations are less successful or even impossible.

Influenza genes can also change more gradually by means of point mutations which result in alteration of the transcribed proteins (45). These mutations are random errors introduced during the copying of RNA and are part of a regular evolutionary process called antigenic drift (46).

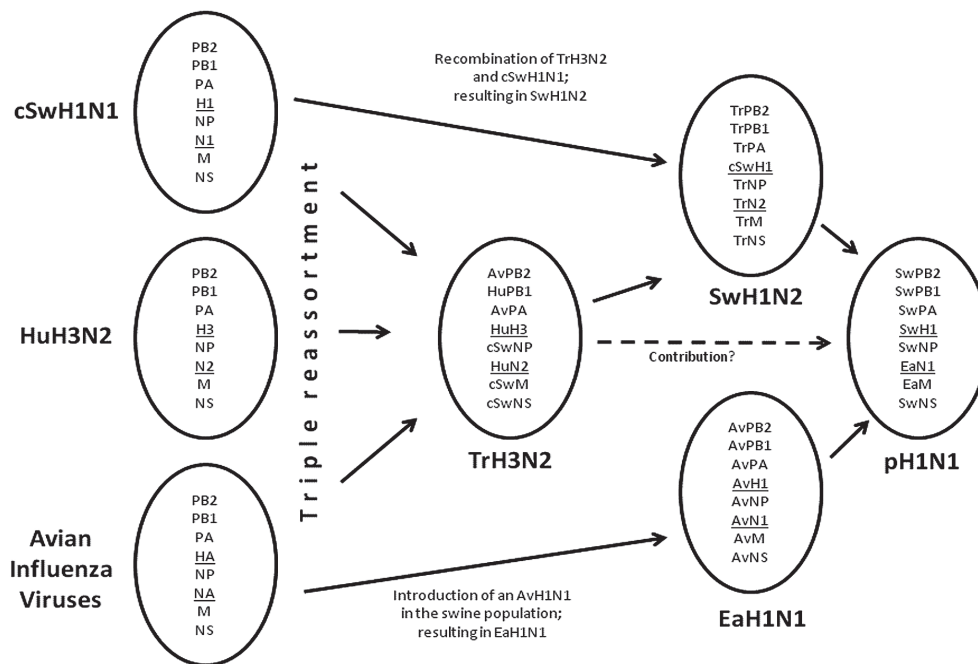
### The new pandemic (H1N1) 2009 virus

Recently, a new influenza variant was identified as the source of a cluster of human pneumonia cases in the state of California (USA) and in La Gloria, Mexico (47,48). This variant was soon designated as “swine flu” virus although it was never detected in porcine populations until the occurrence in a swine herd in Alberta, Canada in May 2009 (49), in Argentina in June 2009 (50), and in Australia at the end of July 2009 (51). Later, names like Mexican flu virus, swine-origin H1N1, or pandemic (H1N1) 2009 arose, but the nomenclature remains unclear. Pandemic (H1N1) 2009 abbreviated to pH1N1 will be used herein.

When pH1N1 genes are compared with genes already known in influenza viruses, pH1N1 does not cluster with any of the known and currently circulating human H1N1 seasonal flu viruses. Instead, all gene segments cluster with currently circulating swine viruses. An overview of the phylogenetic trees indicating the relationship of the HA and NA genes is represented in

Figures 1 and 2. Phylogenetic trees of other gene segments will be provided upon request.

Compared with the genes of other influenza viruses, the pH1N1 seems to be the result of a reassortment of 2, but maybe even 3 different viruses, resulting in a combination of genes not previously reported in humans or porcines (Figure 3). At present, the assumption is that pH1N1 is the product of a reassortment of the genes of 2 viruses, as this is a more likely event than a triple reassortment (3 different viruses). For a reassortment, the viruses have to be in the same cell at the same time. The first contributing virus is the ‘Eurasian’ H1N1 swine influenza virus. This virus donated the NA, and most likely also delivered the MP as it also clusters with the Eurasian swine viruses. The MP gene is a highly conserved gene amongst the influenza A viruses; therefore, it is difficult to type due to its close resemblance with a number of MP genes of other influenza variants. For the same reason the conserved MP gene is used in molecular diagnostics to detect the presence of influenza A viruses in specimens (52,53). Both NA and MP of the Eurasian swine H1N1 virus were originally derived from an avian influenza virus that entered the European swine population at the end of the 1970’s (54). The other genes of pH1N1 were most likely derived from a swine H1N2 virus. The pH1N1 HA gene clusters with swine H1N2 viruses. These swine H1N2 viruses emerged from a rearrangement of classic swine H1N1 and swine triple reassorted H3N2 (trH3N2) genes (55). The H1 gene of swine H1N2 underwent a significant antigenic drift since it was derived from classic swine H1N1, hence the HA of H1N2 can currently be



**Figure 3.** The origin of pandemic (H1N1) 2009

The triple reassortment event between an avian influenza virus (Av), a human H3N2 (HuH3N2), and a classic swine H1N1 (cSwH1N1) that lead to the swine triple reassorted H3N2 (TrH3N2) virus is indicated on the left. The introduction and spread of an AvH1N1 into the swine herd resulted in the Eurasian H1N1 (EaH1N1). TrH3N2 reassorted with cSwH1N1 which resulted in SwH1N2. Eventually a reassortment event of EaH1N1 and SwH1N2 lead to the new pandemic (H1N1) 2009 (pH1N1). The origin of the respective genes is indicated in the oval shapes, hemagglutinin and neuraminidase genes are underlined.

identified as a genetically separated cluster. The swine trH3N2 virus contributed all other gene segments to the swine H1N2. The history of the aforementioned swine trH3N2 virus is interesting and illustrates the ability of influenza viruses to rearrange their genes and cross species barriers. The H3, N2, and PB1 genes of the swine trH3N2 virus were all derived from a human H3N2 virus related to the Hong Kong flu pandemic influenza strain. This contribution could be made by introduction of a human influenza virus into the porcine population. The PB2 and the PA genes of the swine trH3N2 virus show similarities to influenza genes still found in the avian population in North America. The MP, NS, and NP were all derived from a North American classic swine H1N1 virus (56). A triple reassortment of the classic swine H1N1, the human H3N2, and the avian influenza virus resulted in the swine trH3N2 virus. This same swine trH3N2 has also been detected in turkeys (57,58).

Eventually, the swine H1N2 contributed together with the H1N1 Eurasian viruses to the pH1N1 (59–63). Although this seems a likely sequence of events, it should still be regarded as a theoretical genesis of pH1N1 deduced from publicly known sequences. It cannot be excluded, however, that the actual reassortment events were different. This reassortment event is not unique, and indeed swine H1-containing influenza viruses are regularly infecting humans (64), but this extensive spread within the human population is extremely rare. The results of evaluations of available swine and human sequences show that all genes of the pH1N1 virus were derived from swine influenza viruses, but they were derived from geographically widely distributed ancestors (62).

The divergence between the pH1N1 virus and the circulating human seasonal flu H1N1 variants is significant. Because only 73% of the pH1N1 HA gene is genetically similar to the H1N1 vaccine strain A/Brisbane/59/2007(H1N1) (65) the introduction of pH1N1 in the human population may even be described as a “pseudo-antigenic shift” (5) (Table 1). The currently applied seasonal H1N1 influenza vaccine will therefore likely provide only limited protection to humans. As such, given that pH1N1 has appeared in the fall of 2009 an updated vaccine that protects the human population is currently applied (66).

The situation is slightly different concerning protection of porcine herds. As the HA of the pH1N1 closely resembles the HA of an H1N2 swine virus, application of a vaccine containing a recent strain of a swine H1N2 may provide some protection against introduction and/or influenza virus-related pathology in a swine herd.

It is unclear why there are no reports of an earlier infection of a swine herd than the outbreak recorded in Alberta. Serological evaluations of human and porcine populations and detailed back-tracing of the outbreak may lead to an answer. But these studies can be time consuming, costly, and ultimately unsuccessful. The only way to avoid unexpected confrontations with new viruses is an intensive surveillance of influenza viruses around the world and in a variety of animal species. The establishment of open access databases such as The Global Initiative on Sharing Avian Influenza Data (GISAID) and the Influenza Virus Resource (NCBI IVR) (67,68) are recent initiatives contributing to a better understanding of influenza virus evolution. Not only should

**Table 1.** Hemagglutinin gene sequence comparison of pandemic (H1N1) 2009 and avian, human, and swine H1 genes

	Spanish flu H1N1 1918	Vaccine strain H1N1 2007	Seasonal flu H1N1 USA 2008	Seasonal flu H1N1 Norway 2008	Human pH1N1 USA 2009	Human pH1N1 Canada 2009	Swine pH1N1 Canada 2009	Swine H1N2 USA 2000	Swine H1N2 Korea 2005	Swine H1N2 Canada 2004	Eurasian swine H1N1 Belgium 1979	Eurasian swine H1N1 Spain 2003	Classic swine H1N1 USA 1930	Classic swine H1N1 Canada 2003	Avian H1N1 Canada 1976	Avian H1N1 USA 2007
Spanish flu H1N1 1918	100	82	85	83	82	80	78	83	81	84	79	75	89	84	77	79
Vaccine strain H1N1 2007		100	96	97	73	75	75	73	73	93	74	73	81	75	75	73
Seasonal flu H1N1 USA 2008			100	98	76	74	72	76	76	95	76	72	78	77	72	74
Seasonal flu H1N1 Norway 2008				100	75	75	73	75	75	95	75	73	80	76	73	75
Human pH1N1 USA 2009					100	97	95	95	93	75	75	72	79	89	73	74
Human pH1N1 Canada 2009						100	98	93	91	75	73	73	81	87	74	74
Swine pH1N1 Canada 2009							100	91	89	73	72	72	82	85	76	72
Swine H1N2 USA 2000								100	96	75	76	73	81	91	73	74
Swine H1N2 Korea 2005									100	76	75	72	79	89	72	73
Swine H1N2 Canada 2004										100	75	72	79	76	73	74
Eurasian swine H1N1 Belgium 1979											100	88	75	77	84	85
Eurasian swine H1N1 Spain 2003												100	74	73	82	81
Classic swine H1N1 USA 1930													100	82	79	76
Classic swine H1N1 Canada 2003														100	74	75
Avian H1N1 Canada 1976															100	88
Avian H1N1 USA 2007																100

Sequence identity matrix showing the percentage of identical nucleotide residues between the indicated sequences. In the oval the comparison of pandemic H1N1 strains (pH1N1) and the current H1N1 vaccine strain is indicated. The percentage identity of the pH1N1 and swine H1N2 strains is indicated in the box.

the HA and NA be characterized, but the other 6 gene segments that can prove valuable for backtracing and evolutionary studies, as this pH1N1 example illustrates, should also be routinely sequenced.

**Methods used for figures 1, 2 and table 1**

Sequences of H1N1 2009 influenza viruses and all other viruses described in this paper and in Figures 1 and 2 and Table 1 were downloaded from the databases GISAID and NCBI IVR (67,68). Phylogenetic and molecular evolutionary analyses were conducted using MEGA version 4 (69) and Bioedit 7.0.9.0 (70). The phylogenetic trees were modified using FigTree v1.2.2 (71).

Strains used for Table 1: Spanish flu H1N1 1918 = A/South Carolina/1/1918 (H1N1); Vaccine strain H1N1 2007 = A/Brisbane/59/2007 (H1N1); Seasonal flu H1N1 USA 2008 = A/New York/05/2008 (H1N1); Seasonal flu H1N1 Norway 2008 = A/Norway/76/2008 (H1N1); Human pH1N1 USA 2009 = A/California/04/2009 (H1N1); Human pH1N1 Canada 2009 = A/Canada-AB/RV1532/2009 (H1N1); Swine pH1N1 Canada 2009 = A/swine/Alberta/OTH-33-1/2009 (H1N1); Swine H1N2 USA 2000 = A/Swine Indiana/P12439/00 (H1N2); Swine H1N2 Korea 2005 = A/swine/Korea/JL04 2005 (H1N2); Swine H1N2 Canada 2004 = A/swine/Ontario/48235/04 (H1N2); Eurasian swine H1N1 Belgium 1979 = A/swine/Belgium/WVL1/1979 (H1N1); Eurasian swine H1N1 Spain 2003 = A/swine/Spain/51915/2003 (H1N1); Classic swine H1N1 USA 1930 = A/swine/Iowa/15/1930 (H1N1); Classic swine H1N1 Canada 2003 = A/swine/

Alberta/56626/03 (H1N1); Avian H1N1 Canada 1976 = A/duck/Alberta/35/76 (H1N1); Avian H1N1 USA 2007 = A/mallard/Minnesota Sg-00121/2007 (H1N1)

For detailed versions of phylogenies of genes of pH1N1 please contact the corresponding author. CVJ

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## Book Review

### Compte rendu de livre

#### Clinical Radiology of Exotic Companion Mammals

Capello V, Lennox AM. Wiley-Blackwell, Ames, Iowa, USA. 2008. ISBN 9780-8138-1049-2. \$179.99.

As a small animal practitioner who sees a steady stream of exotic patients, along with cats and dogs, I eagerly awaited the publication of this text. When it comes to exotic animal medicine, a new source of clinical information is always welcomed. The goal of this book is best stated in the preface, “We hope this reference can eliminate the number of times we’ve had to examine a radiograph, and be faced with the fact that we might know what we were seeing ‘if only this were a very small dog or cat...’” As stated on the cover, this text is an extensive review of both normal and abnormal radiographic patterns. It’s going to be an oft-used addition to my library.

Chapter 1 deals with the basics of radiology including a brief overview of the physics involved (ugh), how to obtain and process a good quality film, equipment, contrast radiography, an introduction to computed tomography, and radiation safety. I found the most useful section of this chapter to be the information on patient positioning. Excellent quality photographs of the positioned patient are accompanied by an image of the radiograph you’d expect to obtain. This chapter would make a great read for any technician as well.

The remaining 14 chapters are organized by species and include the rabbit, guinea pig, chinchilla, degu, rat, mouse, hamster, prairie dog, and other squirrel-like rodents, ferret, skunk, sugar glider, Virginia opossum, potbellied pig, and African pygmy hedgehog. Some chapters, for example the more commonly seen species such as rabbits and ferrets, are covered in more depth than others.

Each chapter is broken down by anatomic structure. The rabbit chapter begins with radiographs of the normal head in various projections, including intraoral. Two copies of the same radiograph are shown. One is labeled extensively to help you locate anatomic features. As a reminder, an image of the animal being radiographed in its proper position is included. The next series of images are abnormalities of the head, including diseases of the teeth. In the margins are helpful figures that illustrate the pathology, accompanied by a written description. The author often includes ‘little pearls of wisdom’ in these descriptions (for example the treatment of choice for a given problem) that I found to be both interesting and helpful. Lastly, computed tomography of the head is illustrated. In similar fashion to the head, the chapter continues with normal total body projections, the normal and abnormal thorax, abdomen and vertebral column, myelography of the vertebral column, and normal and abnormal thoracic and pelvic limbs. Not all chapters contain all this information. For example, the sugar glider chapter includes only the normal, whole body projections, though still extremely well labeled.

The text ends with an extensive list of references for those who want to research a particular topic in more detail and a comprehensive index.

I would absolutely recommend this text to any clinician whose patients include exotic mammals. The number of species covered in this well-organized book, along with the extensive coverage of both normal and abnormal radiographic patterns will make it a welcome addition to their library.

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