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The Encephalopathy of Prematurity – Brain Injury and Impaired Brain Development Inextricably Intertwined

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Abstract

The field of neonatal neurology, and specifically its focus on the premature infant, had its inception in neuropathological studies. Since then, the development of advanced imaging techniques has guided our developing understanding of the etiology and nature of neonatal brain injury. This review promotes the concept that neonatal brain injury has serious and diverse effects on subsequent brain development, and that these effects likely are more important than simple tissue loss in determining neurological outcome. Brain injury in the premature infant is best illustrative of this concept. This “encephalopathy of prematurity” is reviewed in the context of the remarkable array of developmental events actively proceeding during the last 16–20 weeks of human gestation. Recent insights into the brain abnormalities in survivors of preterm birth obtained by both advanced MRI and neuropathological techniques suggest that this encephalopathy is a complex amalgam of destructive and developmental disturbances. The interrelations between destructive and developmental mechanisms in the genesis of the encephalopathy are emphasized. In the future, advances in neonatal neurology will likely reiterate the field's dependence upon neuropathological studies, including new cellular and molecular approaches in developmental neurobiology.

Historical Overview

Personal Perspective

This presentation will focus on the *brain of the premature infant*. My interest in premature infants began in the early 1970s when neonatal intensive care began its ascendancy to the highly accomplished medical discipline of today. I was inspired by the seminal neuropathological studies of Betty Banker, Jeanne-Claudie Larroche, E. Pierson Richardson, Gilles Lyon, Dawna Armstrong, Lucy Rorke, Floyd Gilles, Jonathan Wigglesworth, and my colleague of the past 20 years, Hannah Kinney. My review of the neurology of prematurity and, indeed, of the entire field of neonatal neurology was heavily biased by my neurology training with Raymond Adams, Miller Fisher and Philip Dodge. This training placed great emphasis on neuropathology as the starting point for understanding the nature of disease and the subsequent neurological deficits. Dodge, my lifelong mentor, recognizing my particular interest in brain development, encouraged me in the late 1960s and early 1970s to embark on neonatal neurology as a career emphasis. Despite my reluctance to focus my young career in an uncertain area of pediatric

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neurology, I accepted his wise counsel and have been greatly stimulated and challenged by the field over the many years since.

Major Earlier Challenges and Advances

The *major earlier challenges in neonatal neurology*, especially the neurology of prematurity, related in considerable part to the problems of imaging the brain. Indeed, in the past 30 years, the particular emphasis of the neurology of prematurity has varied largely according to the capabilities of available imaging methods. In the late 1970s cranial ultrasound scanning, and slightly later, CT scanning, with their particular strengths for detection of hemorrhage, led to a great emphasis on intraventricular hemorrhage and its complications as the major sources of disability in survivors of premature birth. In the late 1980s and early 1990s, with the advent of MRI scanning, it became clear that cerebral white matter injury is the dominant pathology of prematurity. Near the turn of the century and to the present, more advanced MRI methodologies showed that cerebral white matter abnormality is accompanied by disturbances of gray matter structures in cerebrum, diencephalon, brain stem and cerebellum. Only very recently has it become apparent that these abnormalities of the neuronal-axonal unit are in large part disturbances of development, likely initiated by the initial injury. This constellation of white and gray matter abnormality, i.e., the “encephalopathy of prematurity”, is the principal determinant of neurologic outcome.

The Future

My view of the optimal future course of discovery in the field of the neurology of prematurity and, likely, all of neonatal neurology is that we must return to study of the human neuropathology, but now with approaches that include a very broad spectrum of modern-day, state-of-the-art cellular and molecular probes. The goal must be to define more clearly the fundamental nature of the brain injury, i.e., the extents to which primary injury and secondary developmental disturbances are operative. To fully delineate the developmental disturbances, deeper insights into the progression of brain development in the third trimester of human gestation are needed. The observations in recent years of Kostovic, Rakic, Kinney and coworkers, among others, are revealing a remarkable and complex world of developmental events occurring in human brain during the premature period. This renewed focus on human neuropathology and brain development is perhaps a classic example of “back to the future”.

Emerging Interface of Neonatal Neurology and Developmental Neurobiology

This review thus will focus on interrelations between brain injury in the premature infant and brain development. Over the past three to four decades, as neonatal neurology has evolved to arguably the most active discipline in neonatal medicine, the principal emphasis, as just noted, has been the definition of the regional and cellular characteristics of brain lesions, and the effects of this primary injury and the related tissue loss on subsequent neurological function. During the same time period, developmental neurobiology, at the molecular, cellular and “systems” levels, has evolved to one of the most extraordinarily complex and diverse areas of basic science. Only in recent years have neonatal neurology and developmental neurobiology significantly interfaced.

The principal results of the nascent interactions of neonatal neurology and developmental neurobiology, thus far, have been the delineation of the pathophysiology of brain injury and the role of maturation-dependent factors in rendering specific regions and cell types vulnerable to injury. Insights into pathophysiology have led to formulation of neuroprotective interventions, a few of which have reached the clinical arena. Insights into the roles of maturation-dependent factors in vulnerability include, among others, the discovery of the overexpression of excitatory amino acid receptors by developing neurons and oligodendroglia. These overly abundant receptors are important for normal development but become the source

of deadly excitotoxicity under conditions of hypoxiaischemia and related insults. Notwithstanding these advances, it now appears clear that developmental neurobiology can provide critical insights into the structural and functional consequences of neonatal brain injury. Specifically, as understanding of human brain development mounts, it is becoming apparent that brain injury has serious and diverse effects on subsequent developmental events, and that these effects likely are more important than simple tissue loss in determining neurological outcome.

Introduction

The purpose of this review is to further the concept that neonatal brain injury and its subsequent clinical and anatomic consequences must be viewed as an amalgam of destructive and developmental disturbances.¹ (This concept was introduced in a recent report,¹ and this review will draw heavily on that discussion.) As noted above, traditionally the clinical and anatomic consequences of neonatal brain injury have been considered a result of “lesions” and tissue loss. With continuing insights into the development of human brain in the premature, neonatal and early infantile periods, it has become clear that this traditional subtractive approach is incomplete and often misleading. Perhaps the best example of the importance of viewing clinical and anatomic consequences in the context of relevant brain development is brain injury of the premature infant.¹

The extraordinary importance of brain injury in the premature infant relates in part to the fact that 1.5% of the more than 4,000,000 live births in the United States, approximately 63,000 infants, are born yearly with a very low birth weight (VLBW; ≤ 1500 g).² Of the approximately 90% of VLBW infants who survive, the resulting brain abnormalities account for the subsequent occurrence of cognitive, behavioral, attentional, and socialization defects in 25-50%, and of major motor deficits (e.g., cerebral palsy) in 5-10%.³⁻¹³ Notably, therefore, cognitive deficits *without* major motor deficits are now the dominant neurodevelopmental sequelae in the survivors of early preterm birth. Worthy of emphasis is the increasingly important contribution to this burden of disability by the most premature infants. In infants of <1000 gm birth weight, survival rates approach 70%, but more than 50% exhibit subsequent disability.¹⁴⁻¹⁶ Thus, overall the initial injury in the very premature population occurs at a time period equivalent to the interface of the second and third trimesters of human gestation and very shortly thereafter.

The neuropathology of brain injury in premature infants consists of multiple lesions: periventricular leukomalacia (PVL) and accompanying neuronal/axonal abnormalities; severe germinal matrix-intraventricular hemorrhage, especially with periventricular hemorrhagic infarction; and posthemorrhagic hydrocephalus, among others. Neuroimaging studies indicate that PVL in its various forms is by far the most common, occurring in 50% or more of VLBW infants.¹⁰ Because the neuronal/axonal abnormalities principally accompany PVL, I have used the term “encephalopathy of prematurity” for this constellation.^{1, 17} Because quantitatively this encephalopathy appears to account for most of the subsequent neurological sequelae, the remainder of this review will focus on this entity.

In the following, I will review first the neuropathology of the encephalopathy of prematurity, next describe the relevant brain developmental events that occur in the late second and third trimesters of gestation, and then discuss the interrelations between destructive and developmental mechanisms in the genesis of the encephalopathy. As noted earlier, the thesis of this review will be that this encephalopathy is a complex amalgam of primary destructive disease and secondary developmental disturbances.¹

Neuropathology – Encephalopathy of Prematurity

The neuropathology of encephalopathy of prematurity consists of PVL and the often-associated neuronal/axonal disease. These two aspects are discussed briefly next.

PVL

PVL refers to injury to cerebral white matter, generally more severe in deep than superficial white matter, and consists of two major components, focal necrosis deep in the white matter with loss of all cellular elements, and a more diffuse component in central cerebral white matter, with injury to premyelinating oligodendrocytes (pre-OLs) and a marked astrocytosis and microgliosis (Fig. 1).¹⁰ The focal necrotic lesions may be macroscopic in size (several millimeters or more) and evolve to cysts, readily visualized on cranial ultrasound or MRI scans. This severe lesion occurs in less than 5% of VLBW infants in modern neonatal intensive care units.¹⁸⁻²² Much more commonly, the focal necrotic lesions are microscopic in size and evolve to small glial scars, not easily seen on neuroimaging.

The injury to pre-OLs in the diffuse component of PVL may consist of cell death or loss of cell processes on viable cells or both.²³⁻²⁶ The not-unexpected consequence of both types of PVL is a deficiency of fully differentiated OLs and hypomyelination with ventriculomegaly, easily identified by neuroimaging.²⁷⁻³⁴ The recent demonstration by advanced diffusion tensor MRI of lower axial diffusivity and higher radial diffusivity in the abnormal cerebral white matter supports the notion that a failure of ensheathment of axons by pre-OLs is a critical cause of the hypomyelination.³⁵

Notably, attempts at replenishment of the oligodendroglial lineage appear to occur in human premature brain. Thus, the initial decrease in pre-OLs is counteracted by an increase in oligodendroglial progenitors.²⁶ This reparative response of progenitors has been shown in several developing animal models of PVL.^{36, 37} However, these cells seem not to have the capacity for full differentiation to myelin-producing cells. Notably in animal models these progenitors are exquisitely vulnerable to a subsequent hypoxicischemic insult,²⁴ a common clinical feature in premature infants and perhaps important in explaining why the incidence of PVL increases in premature infants as a function of postnatal age.¹⁰ Although precise correlations of neuroimaging and neuropathology are lacking, the correlates of the diffuse component of PVL on MRI in the neonatal period seem to include diffuse signal abnormalities and disturbances in diffusion parameters.^{3, 19, 22, 35, 38-46}

Neuronal/Axonal Disease

Neuronal/axonal disease, a previously under-recognized accompaniment of PVL, is the other major element of the encephalopathy of prematurity. The following reviews the major regions of involvement, i.e., cerebral white matter (axons and subplate neurons), thalamus, basal ganglia, and cerebral cortex. (Cerebellum and brain stem also are affected, as reviewed elsewhere,^{1, 47} but not included here because of space limitations.)

Cerebral white matter – axons—During the peak period of vulnerability for PVL in the human premature infant, cerebral white matter axons (projection, commissural and association fibers) are in a phase of rapid growth (see later). The occurrence of axonal injury in the necrotic foci of severe PVL has been known for many years.^{25, 48-52} Unexpectedly, however, Haynes and coworkers,⁵³ utilizing the apoptotic marker fractin, showed widespread axonal degeneration in the diffuse component of PVL, separate from the focal necroses. Consistent with these observations, diffusion tensor MRI studies of cerebral white matter in noncystic PVL show blunting of the normal maturational increase in fractional anisotropy in various

axonal tracts.^{34, 42, 46, 54-62} However, the possibility remains that some or all of these diffusion tensor results relate to a failure of pre-OL ensheathment (see later).³⁵

Cerebral white matter - subplate neurons / late migrating neurons—The two principal neuronal types in cerebral white matter during the premature period are subplate neurons and late migrating GABAergic neurons. Subplate neurons are located in the subcortical white matter, and the late migrating neurons, primarily in central white matter. Both of these neuronal types are critical for cerebral cortical and thalamic development, and both are transient populations (see later). *Subplate neurons* contain excitatory amino acid receptors and have been shown in a developing animal model to be selectively vulnerable to hypoxia-ischemia.⁶³ Because hypoxia-ischemia and excitotoxicity appear to be important in the pathogenesis of PVL¹⁰ and because PVL is associated with volumetric deficits of the cerebral cortex and thalamus, it is reasonable to hypothesize that with PVL there is concomitant injury to subplate neurons. *Late migrating neurons* also may be intrinsically vulnerable. Scant human data are available. However, in a brief autopsy study, increased apoptosis (activated caspase-3 expression) was observed in the subplate of premature infants with PVL versus those without PVL.²⁵ A decrease in GABAergic neurons (GAD (glutamic acid decarboxylase)-67) in central white matter also was documented.²⁵ A more detailed study has recently shown a prominent decrease in subcortical and central white matter neurons in infants with PVL.⁶⁴

Thalamus—Involvement of thalamus in premature infants initially became most clearly apparent from volumetric MRI studies of infants at term equivalent age and later in childhood and adolescence.^{20, 22, 28-30, 65-68} Studies that specifically assessed the presence of PVL noted that the thalamic volumetric deficit occurred especially in association with imaging features of PVL.^{20, 22} Consistent with the *in vivo* observations, a detailed neuropathological analysis of 41 premature infants from a modern neonatal intensive care unit identified in thalamus frequent neuronal loss (40%) and gliosis (60%) in the presence of PVL; neuronal loss was absent in infants without PVL.⁶⁹ A subsequent more detailed neuropathological study of thalamus in 22 cases of PVL showed neuronal loss, gliosis and axonal degeneration (fractin expression) in fully 60%.⁷⁰ Whether the findings related to a primary injury or a secondary trophic disturbance could not be determined (see later). Notably the mediodorsal nucleus was particularly affected, and this crucial nucleus, which has reciprocal connections to prefrontal cortex and limbic cortex, is involved in integration of cognitive and affective functions, deficits of which are common in survivors of premature birth.

Basal ganglia—As with thalamus, MRI volumetric deficits of basal ganglia were found to be frequent in VLBW infants at term equivalent age or older.^{20, 27, 29, 30, 65, 67, 68, 71} In a study that specifically addressed the presence of noncystic PVL, a clear relation of the basal ganglia deficit with the white matter abnormality was apparent.²⁰ A large neuropathological study showed gliosis in basal ganglia in 50-60% and overt neuronal loss in 15-30% in infants with PVL, whereas these findings were observed much less commonly or not at all in the absence of PVL.⁶⁹ As for thalamus, the neuropathological findings do not allow distinction of primary injury from secondary trophic effects (see later).¹

Cerebral cortex—Cerebral cortical involvement in premature infants with PVL appears likely but remains to be carefully elucidated. Thus, in living infants volumetric MRI studies over the past 10 years have repeatedly demonstrated deficits in multiple cortical regions as early as term equivalent age.^{20, 72, 73} Parieto-occipital cortex, which overlies the white matter region most susceptible to PVL, is most commonly involved. Infants studied later in childhood, adolescence and adulthood have shown persisting volumetric deficits, with the most pronounced deficits generally in parieto-occipital, sensorimotor, premotor, temporal and

hippocampal cortices.^{28-30, 33, 67, 68, 71, 74, 75} As expected, these cortical deficits correlate with a wide spectrum of cognitive deficits on follow-up.

In contrast to the MRI studies, neuropathological observations thus far have not demonstrated pronounced cortical deficits. Although earlier work showed cortical neuronal abnormalities in infants with particularly severe cystic PVL,^{48, 76-78} later neuropathological studies of the now common, less severe, noncystic PVL show neuronal loss or gliosis or both in no more than 13-30% of cases.⁶⁹ What is the reason for the apparent disconnect between the MRI and neuropathological data? The answer likely lies in the relative deficiencies of conventional neuropathological analysis. Consistent with this notion, a recent study that utilized advanced computer-based techniques to quantitate neuronal density showed markedly diminished neuronal density in layer V of sensory-related cortical areas.⁷⁹ These neurons, of course, represent the outflow to thalamus, and the neuronal deficit could relate to primary injury, or perhaps more likely, a secondary disturbance caused by injury of the efferent axons in cerebral white matter, loss of their targets in thalamus, or impairment of their reciprocal afferent input from thalamus (see later). Similar quantitative studies of neuronal populations and axonal and dendritic ramifications in cerebral cortex are needed.

Major Developmental Events in Human Brain During the Premature Period

The encephalopathy of prematurity, i.e., both PVL and the associated neuronal/axonal disease, occurs during a period of extraordinarily rapid and complex events in human brain development.^{1, 10} The developmental events between 24-40 weeks involve, particularly: (1) in cerebral white matter – pre-OLs, axons, microglia, and neurons (subplate and late migrating GABAergic neurons); (2) two proliferative zones – the dorsal cerebral subventricular zone (SVZ) and the ventral germinative epithelium of the ganglionic eminence (GE); and (3) key neuronal structures – thalamus, cerebral cortex and basal ganglia. Because of the rapidity and complexity of these developmental events, they are postulated to be vulnerable to exogenous and endogenous insults, such as ischemia, inflammation, excitotoxicity and free-radical attack.¹ This concept of enhanced vulnerability of rapidly developing events in brain was championed and corroborated decades ago by classic studies of the effects of infantile undernutrition and other exogenous insults by Dobbing and colleagues.^{80, 81}

Pre-OLs

Pre-OLs are early differentiating premyelinating oligodendrocytes. The nomenclature and details of these differentiating phases of the oligodendrocyte lineage are reviewed elsewhere.¹⁰ Suffice it to say here that pre-OLs are a key cellular target in PVL, are the predominant forms of the lineage present in human cerebral white matter from 24-40 weeks of gestation, and are in a phase of rapid differentiation, including ensheathment of developing axons in preparation for full differentiation to myelin-producing oligodendrocytes (Fig. 2A).⁸²⁻⁸⁵ The latter do not become abundant in cerebral white matter until after term. Pre-OLs exhibit maturation-dependent characteristics that render them especially vulnerable to such insults as ischemia and inflammation, which lead to excitotoxicity and generation of free radicals.⁸⁶ These multiple maturation-dependent characteristics are discussed elsewhere.^{10, 23, 24, 86-96} It should only be emphasized here that a remarkable confluence of maturation-dependent characteristics at this time conspire to make the pre-OL a very vulnerable cell to injurious insults.

Microglia

Microglia are a prominent cellular presence in the diffuse component of PVL (see earlier). Interestingly, in normal human brain these cells become prominent in the forebrain from 16-22 weeks of gestation⁹⁷⁻¹⁰⁰ and reach a peak abundance in cerebral white matter in the third trimester, with a deep to superficial gradient.¹⁰⁰ These normal features are consistent with

recognized key roles for microglia in brain development, involving apoptosis, vascularization, axonal development and myelination.¹ However, microglia, when activated, as in PVL, are key effectors of cellular injury initiated by ischemia or inflammation or both. These cells generate free radicals, secrete injurious cytokines and enhance excitotoxicity.^{91, 92, 101-105} Because microglia are particularly abundant in normal cerebral white matter in the third trimester, they are in the right place at the right time in large numbers to lead to injury to white matter constituents (pre-OLs, axons, subplate neurons, late migrating neurons).

Axons

Axonal development, in concert with growth of the subplate, is markedly exuberant over the last 20 weeks of gestation (Fig. 2A). The three major categories of cerebral axons destined for the cortex, i.e., projection, association and commissural fibers, are involved (Table 1).¹⁰⁶⁻¹¹⁰ These fibers synapse initially on subplate neurons, and “wait” as cortical neurons differentiate sufficiently to provide sites of later contact. Projection axons from thalamus arrive at the subplate initially during this period and then enter cortex between 24-32 weeks. Commissural and association (cortico-cortical) fibers enter the subplate at 24-32 weeks and then the cortex at 33-35 weeks (Fig. 2A).

Subplate Neurons

This remarkable transient population of neurons located beneath the cortical plate reaches peak size and maximal developmental impact at 24-32 weeks of gestation, the peak period for the occurrence of PVL (Fig. 2A) (Table 1).^{1, 106, 107, 109-111} These neurons originate prior to the premature period, primarily from the dorsal telencephalic ventricular zone (glutamatergic), and to a lesser extent from the ventral telencephalic GE (GABAergic). Development of the subplate is closely linked with development of cerebral cortex, deep nuclear structures (especially thalamus) and axons (projection, commissural and association) (Table 2).^{1, 106, 112-118}

Subventricular Zone and Late Migrating GABAergic Neurons

The dorsal telencephalic SVZ, which gives rise to projection neurons early in gestation, previously has been considered to be principally gliogenic after 20 weeks of gestation.¹¹¹ This notion has been revised in recent years by studies showing that after the 20th gestational week and extending into *at least* weeks 25-27, the SVZ actively generates neurons, mainly GABAergic neurons for the upper cortical layers, the hallmark of the human cortex.^{1, 111, 119, 120} These later arriving neurons are generated largely (65%) from the dorsal telencephalic SVZ and migrate radially, although approximately 35% are generated from the ventral GE, from which they migrate first tangentially, parallel to the cortical plate, to the region of the dorsal SVZ from which they migrate radially to the cortex (Fig. 2B).^{111, 119, 120} The late proliferation and migration of cortical GABAergic neurons have been documented recently in developing animals.^{121, 122}

A critical unanswered question is when does the late migration of GABAergic neurons cease in human brain? Extrapolating from the experimental data, it seems likely that this migration continues well into the third trimester. Indeed, the SVZ is a prominent structure during the entire premature period.¹²³ The particular importance of cortical GABAergic neurons relates to several facts: 1) they constitute 20-30% of all cortical neurons; 2) they are concentrated in upper cortical layers, which are disproportionally thickened in human cortex; 3) they increase in number and complexity with evolution; and 4) they are critical for the coordination and integration of cortical function, thereby playing a key role in cognitive phenomena and modulation of excitation.

Thalamus

Development of the thalamus, particularly thalamic GABAergic neurons, exhibits important similarities to cerebral cortical development. Thus, as with cortex, the majority of initial neuronal acquisition occurs prior to 20 weeks' gestation, in this case primarily from the diencephalic ventricular zone.¹¹¹ However, as with cortex, recent data show a second, later wave of neurons that are generated in the ventral *telencephalic* GE and migrate to dorsal thalamus (Fig. 2B).^{111, 120, 124} Continuing the analogy with cortex, these neurons are mainly GABAergic. Similar to cortex, approximately 30% of the neurons in every thalamic nucleus are GABAergic.^{125, 126} This telencephalon-derived wave of migration to dorsal thalamus appears unique to human brain and likely leads to an increase in the population of GABAergic neurons in the large association nuclei (the mediodorsal and pulvinar nuclei).¹¹¹ Notably the first demonstration of a higher number of human neurons in the brain of newborns compared with the adult involved the mediodorsal nucleus.¹²⁷ The number of neurons in the newborn is 75% higher than in the adult. Recall that the mediodorsal nucleus of thalamus in particular shows neuronal loss and gliosis in premature infants with PVL. The unique telencephalon-derived neurons in human brain are probably linked to the expansion of the thalamic association nuclei, which in turn are anatomically linked to the enlargement of association cortices involved in multiple higher cognitive function.^{1, 124} As with late migrating GABAergic neurons to cortex, the timing of this critical later development of thalamus is not entirely known but probably occurs during a long period “from 15 to approximately 34 weeks” of gestation.¹²⁴

Cerebral Cortex

Advanced MRI techniques during the premature period have shown two striking characteristics of cerebral cortical development: 1) a four-fold increase in cerebral cortical volume from 28-40 weeks, and 2) in parallel, dramatic increases in both cortical surface area and gyral development. The anatomic substrates for these findings are becoming clear. Thus, most, *but not all*, of the cortical neurons have migrated from the early proliferative ventricular/subventricular zones, especially to deeper cortical layers, before 24 weeks of gestation.^{1, 10, 111} From 24-32 weeks of gestation, synapses appear in this deep cortical plate as thalamocortical axons exit the subplate and enter the cortex (Table 1).¹⁰⁹ Parallel acceleration in cortex of dendritic differentiation and extensive elaboration of afferent axon terminals from thalamic, commissural and association fibers that enter the cortex after synapsing on subplate neurons (see earlier) together lead to the striking four-fold increase in cerebral cortical volume documented by MRI between 28 and 40 weeks post-conception.^{128, 129}

Particularly important in the increase in cortical surface area and gyral formation is the disproportionate increase in thickness of upper cortical layers.¹¹¹ As described earlier, this thickening results at least in part because of the late-arriving GABAergic interneurons from the dorsal SVZ and ventral GE (Fig. 2B). (The importance of a disproportionate increase in superficial versus deeper cortical areas in gyral formation has been reviewed.)¹⁰ As noted earlier, the time of termination of this later GABAergic neuronal migration to cortex is unknown, but probably extends well into the third trimester.^{1, 111, 119}

Encephalopathy of Prematurity -- Combination of Destructive and Developmental Disturbances

As noted in the Introduction, the thesis of this review is that the encephalopathy of prematurity, i.e., the combination of PVL and neuronal/axonal disease described under Neuropathology, is a complex amalgam of primary destructive and secondary developmental disturbances.¹ The developmental disturbances include impaired cell-cell interactions, involving intercellular trophic support, retrograde effects (“dying back”), and anterograde effects (e.g., Wallerian degeneration, trans-synaptic degeneration), among others.¹ The relative importance of primary

destructive versus secondary developmental disturbances and the nature and extent of the interactions between these two mechanisms remain to be fully elucidated. However, it appears quite possible that the developmental disturbances may propagate and build upon each other, thereby causing apparently self-limited primary injury to result in a multifaceted maturational impairment.

Five potential scenarios of primary injurious and secondary trophic/maturational disturbances appear most likely (Fig. 3). These are discussed separately next. The principal outcomes, shown by neuroimaging and by neuropathology, are impairments of myelination and of cortical and thalamic development.

Pre-OL Injury

The pre-OL in the premature period is a highly vulnerable cell, and pre-OL injury appears to be a key initial finding in the diffuse component of PVL (Figs. 3A and 4A). The propensity for pre-OL injury has been documented both in human PVL²³⁻²⁶ and in several well-established animal models.^{1, 10, 130-133} This injury includes cell death or process loss (with intact cell soma) or both. Excitotoxic mechanisms appear to be involved in both, i.e., activation of calcium-permeable AMPA receptors on cell somata results in cell death,^{93, 134-141} and activation of NMDA receptors on cell processes, process loss with intact soma.^{1, 10, 95, 142-145} The ultimate result of either event would be a deficit in mature myelin-producing oligodendroglia, and thereby hypomyelination, the hallmark of PVL (Fig. 3A).

Pre-OL injury also could lead to the neuronal/axonal deficits observed with PVL (Fig. 3A). The principal mechanisms would involve failure of axonal development and ultimately axonal degeneration.¹ The important trophic role of oligodendrocytes for axonal development, survival and function has been established in experimental models.¹⁴⁶⁻¹⁵⁷ As noted earlier, accompanying the ensheathment of axons by pre-OLs, axonal growth in the cerebral white matter is markedly exuberant during the premature period, and thus a particular need for trophic support is apparent. Diffusion-based MRI studies of cerebral white matter in premature infants show abnormalities consistent with axonal deficiency, which could reflect impaired axonal development or axonal degeneration or both.^{34, 35, 42, 54-58, 60, 158} The consequences of the axonal deficiency would be diminished cerebral cortical and thalamus/basal ganglia volumes secondary to retrograde and anterograde (trans-synaptic) effects (i.e., projection fibers to and from cortex, thalamus and basal ganglia, and commissural and association fibers to and from cortex) (Figs. 3A and 4A).¹

Axonal Injury

Axonal injury could be a primary event with PVL (Fig. 3B). As noted earlier, axonal disruption occurs in the areas of focal necrosis. Perhaps more importantly, axonal degeneration has been discovered in the wider spread, diffuse component of PVL, detected by the apoptotic marker, fractin.⁵³ This observation is consistent with the finding of axonal injury in experimental models of hypoxic-ischemic injury analogous to PVL.¹⁵⁹⁻¹⁶² The active axonal development in cerebral white matter in premature infants (see earlier) could make these fibers especially vulnerable. Although it is unclear whether the axonal degeneration in diffuse PVL is a primary injury or secondary effect, if the former did occur, the expected secondary developmental effects would be hypomyelination (due to failure of axonal ensheathment and thereby axonal/oligodendroglial interactions) and decreased cortical and thalamus/basal ganglia volumes (via anterograde and retrograde effects) (Figs. 3B and 4A).

Thalamic Injury

The possibility of thalamic injury as a primary event is suggested by experimental observations in a developing animal model of hypoxic-ischemic injury.¹⁶³ Neuropathological study of

human infants with PVL shows thalamic neuronal/axonal abnormalities in approximately 60%.^{69, 70} However, the principal findings, i.e., neuronal loss, gliosis, axonal degeneration, do not allow distinction of primary injury from secondary trophic/developmental effects. If primary thalamic neuronal injury did occur, expected secondary effects would involve white matter axons with subsequent hypomyelination, and impaired development of both cerebral cortex and thalamus (Figs. 3C and 4A).¹ More data are needed.

Subplate Neuronal Injury

Injury to subplate neurons could have major secondary trophic/maturation disturbances affecting both cerebral cortex and thalamus, in view of the key role of this transient neuronal population in the development of thalamo-cortical and cortico-cortical circuits (see earlier). Considerable experimental data support this contention.^{1, 10, 106, 112-118, 164} A brief earlier report showed increased apoptosis in the subplate of infants with PVL.²⁵ A more detailed recent report has shown a prominent decrease in subcortical white matter neurons, presumably subplate neurons, in infants with PVL.⁶⁴ If these observations reflect a primary neuronal injury, secondary anterograde effects would involve cerebral cortical targets, and retrograde effects would impact afferent white matter axons and their originating neurons in thalamus and distant cortical regions (Figs. 3D and 4A). Axonal degeneration would lead to subsequent hypomyelination, as discussed earlier, for pre-OL and axonal injury. Notably, selective subplate neuronal death was identified in a neonatal rat model of hypoxic-ischemic injury akin to PVL.⁶³

Late Migrating Neuronal Injury

Because the diffuse component of PVL includes the migrating path of the late-generated GABAergic neurons from the SVZ and GE, the possibility of direct injury to these critical cells is real. An earlier report showed a deficit in GABAergic neurons in central white matter in infants with PVL.²⁵ A larger recent study also showed a pronounced deficit in central white matter neurons in such infants.⁶⁴ Whether these findings reflect direct injury or decreased generation from an impaired SVZ is unclear. Notably, however, in several experimental models of selective white matter injury similar to PVL, the SVZ responded by generating oligodendroglial progenitors after the insult.^{36, 37} Nevertheless, an earlier report suggests that precursor cells in the dorsal telencephalic SVZ, the source of 65% of the GABAergic neurons destined for human cortex, are vulnerable to hypoxia-ischemia.¹⁶⁵ On balance, it appears that there is a deficit in late-migrating GABAergic neurons in human PVL, but the mechanism is unclear. Because these GABAergic neurons contribute importantly to the thickness of upper cortical layers, a blunting or diminution of this migration could have important structural and functional consequences (Figs. 3E and 4B).¹

Conclusions

Which of the five potential scenarios depicted in Fig. 3 is most important in the encephalopathy of prematurity is unclear. Pre-OL injury may be the most common starting point. However, it seems likely that more than one and perhaps all of the scenarios shown in Fig. 3 operate to a varying extent.¹ Determinants of the relative importance of each scenario could relate to such factors as the gestational age of the infant, the timing and nature of the insult(s), such critical associated factors as disturbed nutritional state, exposure to glucocorticoids or other drugs, and many still-to-be-defined parameters. The most important lesson is that the encephalopathy of prematurity is a complex amalgam of destructive and developmental disturbances, and its full understanding will require deep insight into the extraordinary spectrum of developmental events occurring in the human premature period.

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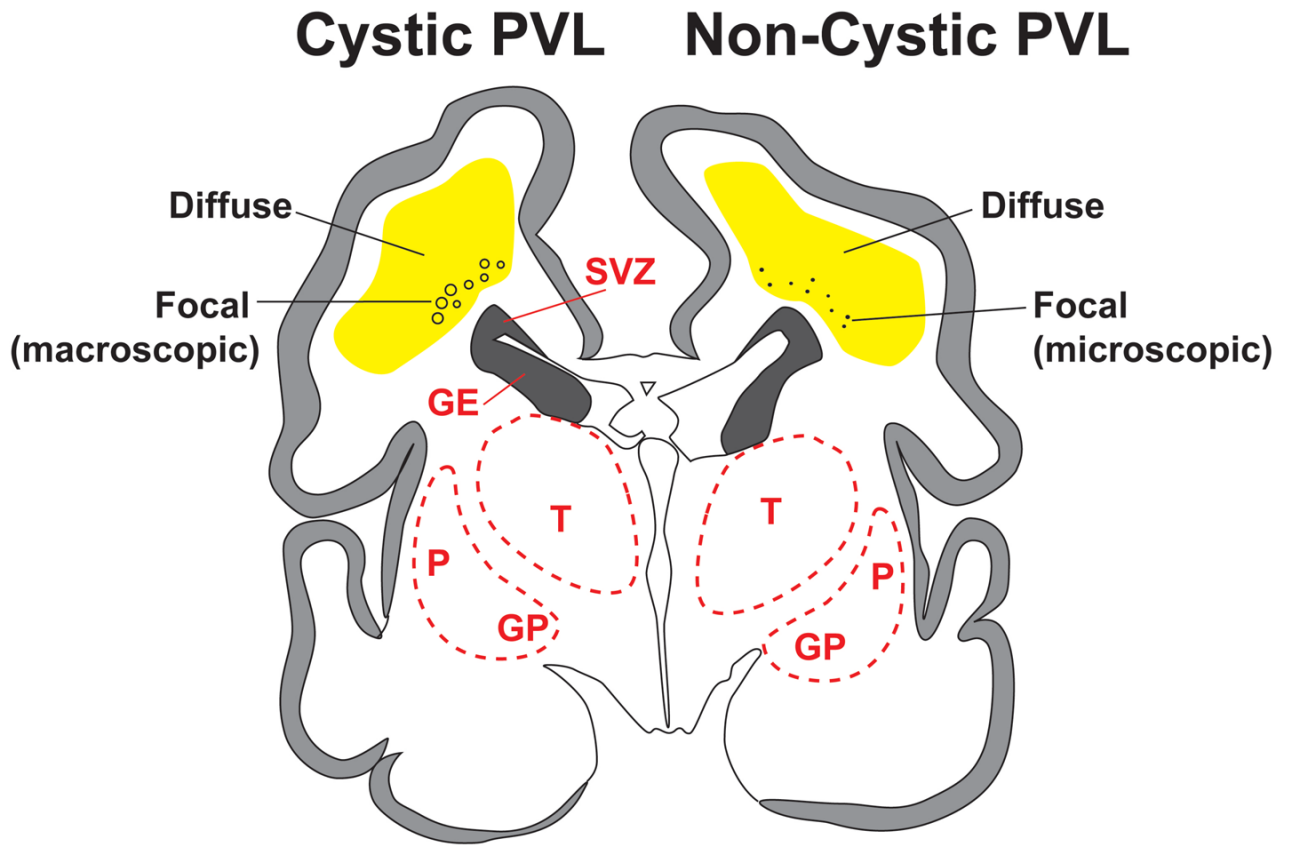


Fig. 1.

Schematic diagram of cystic and noncystic periventricular leukomalacia (PVL). Coronal sections of cerebrum from a 28-week premature infant show focal necrotic and diffuse components of PVL. In cystic PVL (left) the focal necrotic lesions (*circles*) are macroscopic in size and evolve primarily to cysts, and in noncystic PVL, the focal necrotic lesions (*dots*) are microscopic in size and evolve primarily to glial scars. The diffuse component (*yellow*) is characterized by pre-OL injury, astrogliosis and microgliosis. Abbreviations: SVZ, subventricular zone; GE, ganglionic eminence; T, Thalamus; P, putamen; GP, globus pallidus. Reproduced with permission. (1)

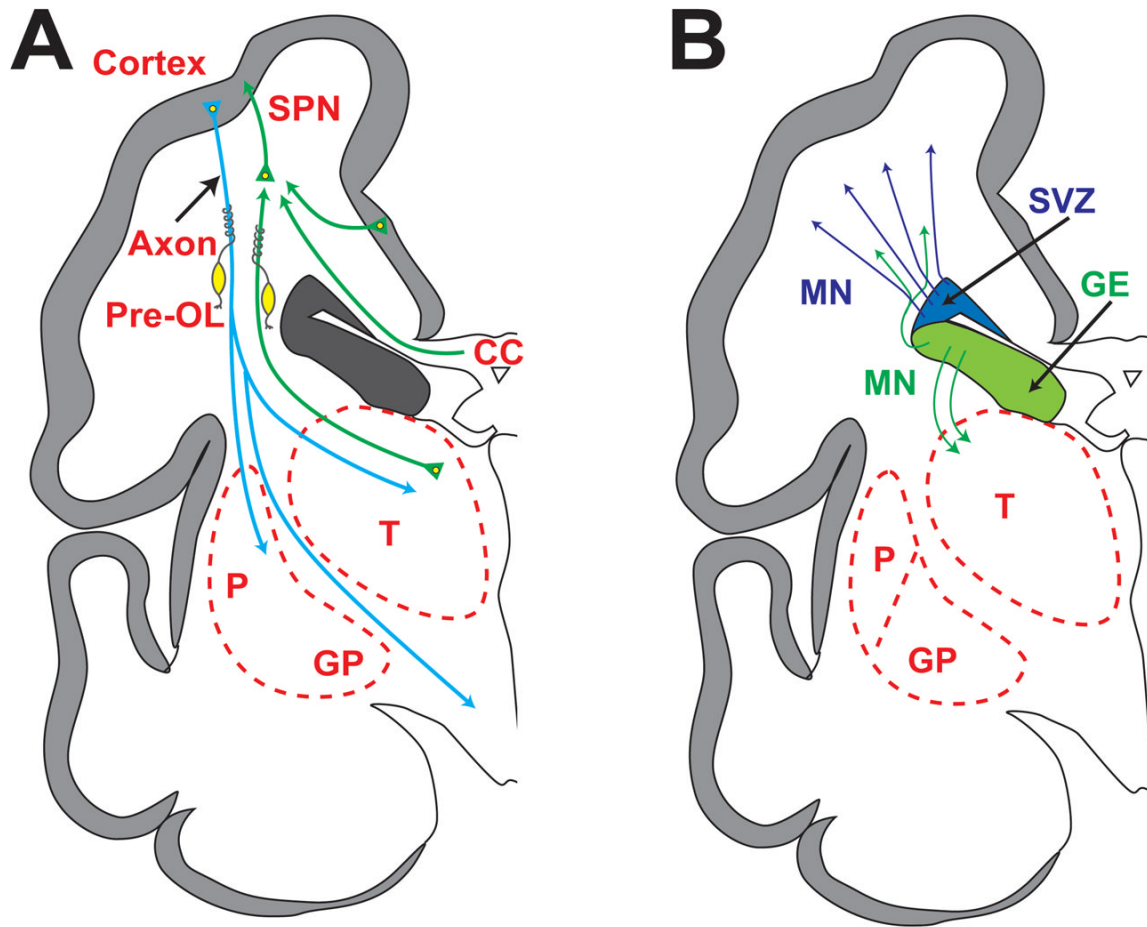
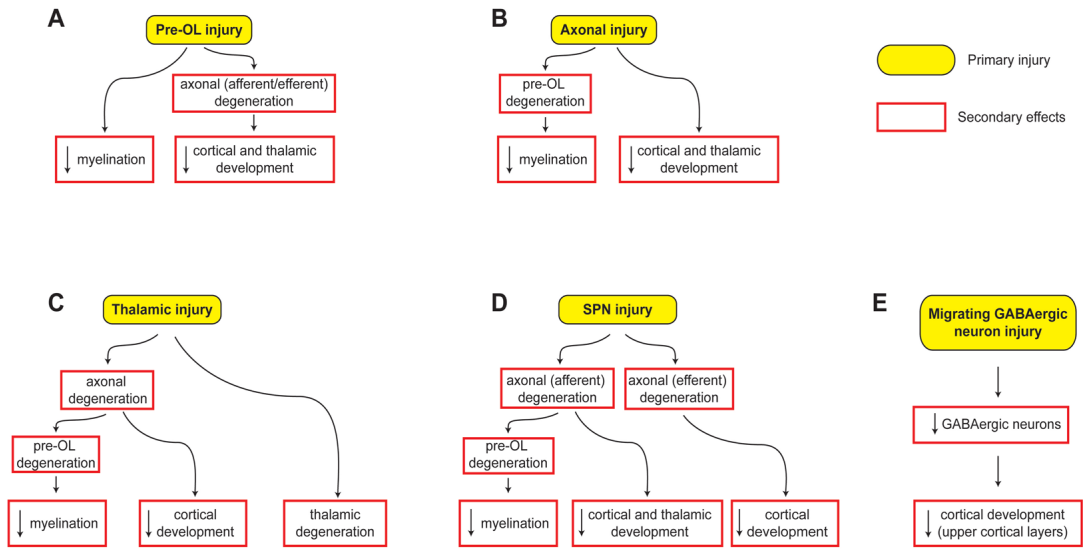


Fig. 2.

Schematic diagrams of cerebrum (coronal sections) at 28 weeks' gestation depicting critical events in cerebral development. (A) Axons (*green*) emanate from thalamus (T) (projection fibers), corpus callosum (CC) (commissural fibers) and other cortical sites (association fibers) and synapse initially on subplate neurons (SPN). SPNs send axons to cortex to promote cortical development before the thalamo-cortical, commissural-cortical and cortico-cortical fibers enter the cortex. From cortex, axons (*blue*) descend to thalamus, basal ganglia and corticospinal (and corticopontine) tracts. Premyelinating oligodendrocytes (preOLs) (*yellow*) ensheath afferent and efferent axons before full differentiation to mature myelin-producing oligodendrocytes, especially after term. (B) The proliferation and migration of GABAergic interneurons from the dorsal telencephalic subventricular zone (SVZ) (*blue*) and the ventral germinative epithelium of the ganglionic eminence (GE) (*green*) are shown. Neurons from the SVZ (*blue*) migrate radially to the cortex, and those from the GE (*green*) tangentially and then radially to the cortex. The migrating stream of GABAergic interneurons (*green*) to the dorsal thalamus (T) also is shown. Other abbreviations: GP, globus pallidus; P, putamen. Reproduced with permission. (1)

**Fig. 3.**

Potential sequences of events leading to the major brain sequelae observed in premature infants with periventricular leukomalacia. The major sequelae include hypomyelination, and impaired cortical and thalamic development. For each sequence, the initiating primary injury is shown in *yellow*, and the subsequent secondary effects, shown in *red* boxes, are postulated to occur because of maturational/trophic/trans-synaptic disturbances, as described in the text.

Abbreviations: Pre-OL, premyelinating oligodendrocyte; SPN, subplate neuron. Reproduced with permission. (1)

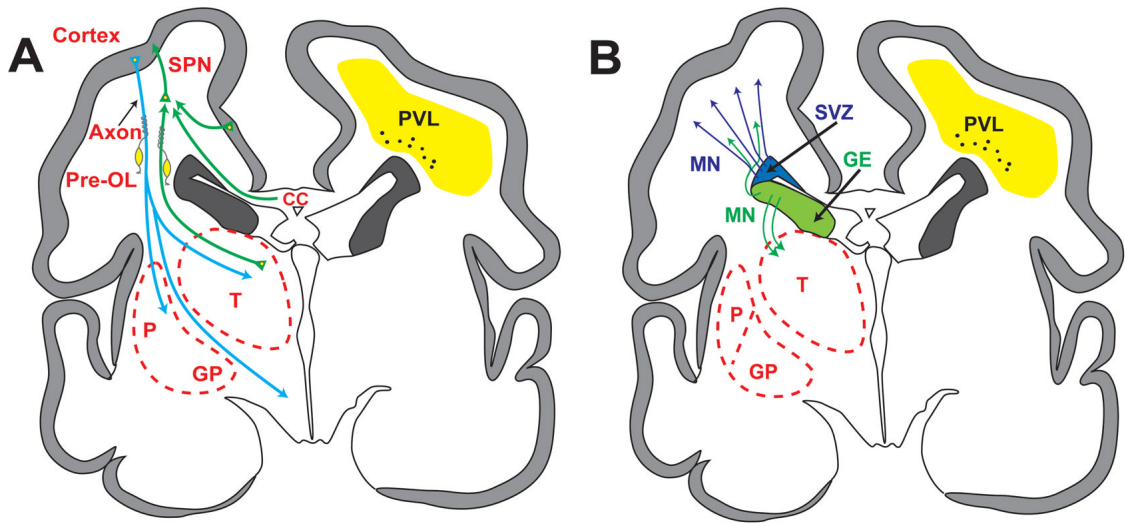


Fig. 4. Schematic diagrams of coronal sections of cerebrum from a 28-week gestation premature infant depicting the anatomical relationships between the major developmental events and the topography of noncystic periventricular leukomalacia. For purposes of clarity the developmental events are separated (A and B). Abbreviations as in Figs. 1 and 2. Reproduced with permission. (1)

Table 1**Development of Cerebral White Matter Axons and Subplate Neurons During the Premature Period****20-24 Weeks**

- Axons (projection, commissural and association fibers) growing actively, especially in periventricular regions
- Thalamic (projection) afferent axons abundant in subplate (“waiting” afferents) forming the thalamic – subplate - cortical circuit.

24-32 Weeks

- Axons continue active growth toward subplate and to cortex
- Thalamocortical afferents leave subplate and enter cortex
- Callosal (commissural) and association (cortico-cortical) axons enter subplate
- Subplate reaches maximum size and is 4-5 times thicker than cortical plate at 27-30 weeks.

32-36 Weeks

- Callosal and association fibers leave subplate and enter cortex
- Subplate layer gradually decreases.

* Adapted from Volpe JJ. Brain injury in premature infants: a complex amalgam of destructive and developmental disturbances. *Lancet Neurol* 2009;8(4):110-24; and data primarily from Kostovic and coworkers: Kostovic I, Judas M, Rados M, Hrabac P. Laminar organization of the human fetal cerebrum revealed by histochemical markers and magnetic resonance imaging. *Cereb Cortex* 2002;12(5):536-44; Kostovic I, Jovanov-Milosevic N. The development of cerebral connections during the first 20-45 weeks' gestation. *Semin Fetal Neonatal Med* 2006;11:415-22; and Kostovic I, Judas M. Transient patterns of cortical lamination during prenatal life: do they have implications for treatment? *Neurosci Biobehav Rev* 2007;31(8):1157-68.

Table 2**Major Roles of Subplate Neurons**

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- Serve as sites of synaptic contact for “waiting” thalamic, commissural and association (cortio- cortical) afferents
 - Establish a functional link between waiting afferents and their cortical targets
 - Provide axonal guidance into cerebral cortex for the ascending afferents.
 - Facilitate cerebral cortical organization and synaptic development
 - Provide “pioneering” axonal guidance for efferent projections from the cortex to subcortical targets, e.g., thalamus.
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* See text for references