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Tissue Engineering with Nano-Fibrous Scaffolds

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Abstract

Tissue Engineering is a rapidly evolving field in terms of cell source and scaffold fabrication. As the template for three dimensional tissue growth, the scaffold should emulate the native extracellular matrix, which is nano-fibrous. Currently, there are three basic techniques capable of generating nano-fibrous scaffolding: electrospinning, molecular self-assembly, and thermally induced phase separation. These scaffolds can then be further modified by various three dimensional surface modification techniques if necessary to more precisely emulate the native extracellular matrix. However, even without further modification, nano-fibrous scaffolds have been shown to have advantageous effects on cellular behavior and tissue formation when compared to more traditional types of scaffolding. This review focuses on the current state of tissue engineering with nano-fibrous scaffolding with particular emphasis on bone tissue engineering.

Introduction

Organ failure (heart, kidney, liver, lungs, pancreas, etc) or tissue loss (bone, ligaments, corneas, arteries, veins, skin, etc) accounts for around half of the medical spending in the U.S. leading to roughly 8 million surgical procedures and 40–90 million hospital days per year required for treatment of these ailments¹. In 2005, there were 27,527 organ transplantation procedures in the United States, while approximately 90,000 patients remained on waiting lists waiting for organs². Many of those left on the waiting list will die before an organ becomes available. In addition to organ transplants, there were approximately 1.5 million transplantations of human tissue in 2004. This number has doubled over the past 10 years^{3, 4}. As the need for organs and tissue continues to increase and surpass the supply, the interdisciplinary field of tissue engineering has emerged to help meet these needs. Tissue engineering aims to develop biological substitutes which restore, maintain or improve tissue function through the application of engineering principles and the life sciences^{5, 6}.

There are three basic approaches to tissue engineering^{5, 6}: use of isolated cells or cell substitutes to replace the cells that supply a needed function; delivery of tissue-inducing substances such as growth factors to a targeted location; and growing cells in a three-dimensional scaffold. For small, well-contained defects the first two approaches may be suitable. However, to produce larger blocks of tissue with predesigned shapes only the third approach, using a scaffold to

direct cell growth, is sufficient. As such, both cells and materials play an important role in de novo tissue development.

Traditionally, there are several important factors to consider when designing a scaffold for tissue engineering applications, including scaffold morphologies (porosity, pore size and inter-pore connectivity), mechanical properties and degradation⁷. Recent development has focused on designing biomimetic scaffolds to elicit favourable biological effects. It has been indicated that the architecture of natural extracellular matrix (ECM) plays an important role in regulating cellular behaviour^{8–10}. For example, type I collagen has a nano-fibrous structure¹¹ and is the base attachment structure for cells in many tissues¹². As ECM matures, other proteins and bio-molecules are either adsorbed from the serum or secreted from the cells joining type I collagen to form the tissue's native ECM. In bone, type I collagen composes 95% of the organic ECM which is strengthened by the cellular deposition of hydroxyapatite¹³ to form the mature ECM of bone. It is this maturation process which nano-fibrous and surface modified tissue engineering scaffolds attempt to mimic in order to create replacement tissues.

As you progress through this review, cell sourcing for tissue engineering then methods of nano-fibrous scaffold fabrication and methods of surface modification will be addressed followed by the biological effects of nano-fibrous architecture on bone formation.

Cell sources for tissue engineering

Since its inception, a variety of cells have been used in tissue engineering. Currently due to their ability to produce multiple cell types and self renew¹⁴, stem cells have gained popularity as a cell source for tissue engineering. Stem cells can be isolated from multiple sources including adult tissue^{15–19}, umbilical cord blood²⁰, amniotic fluid²¹ and embryos²². Of the adult tissue stem cells, haematopoietic stem cells have been used clinically for years to restore the haematopoietic system²³ and mesenchymal stem cells are currently being investigated in clinical trials for the treatment of multiple conditions^{24–28} due to their multiple lineage potentials^{15, 29} and ability to illicit a reduced immune response^{30–33}. However, mesenchymal stem cells are not immortal and their ability to proliferate and differentiate are affected by donor age and culture time^{34, 35}.

In contrast, embryonic stem cells, isolated from the inner cell mass of blastocysts²², are immortal providing a potentially unlimited source of cells for tissue engineering and are capable of differentiating into all the cell types in the human body. Recent evidence indicates that embryonic stem cells and embryonic stem cell derived cells may be less immunogenic than adult cells³⁶ and with the use of somatic nuclear transfer embryonic stem cells may become autologous. However, embryonic stem cells cultured with animal products have been found to carry immunogenic non-human surface markers³⁷. This contamination from animal products, the tumorigenicity of the undifferentiated cells, and the heterogeneous cell population generated by current differentiation protocols all must be resolved before embryonic stem cells are used clinically as a cell source for tissue engineering. However, it is important to note that the study of these cells is still in its infancy and these obstacles will most likely be overcome in time with further studies.

Nano-fibrous scaffold fabrication

While a large number of scaffolding fabrication methods have been developed, the techniques of controlling the architecture of scaffold at nano-scale level, which is required to emulate the size scale of collagen, is still limited. Only three techniques have been developed in the fabrication of nano-fibrous scaffolds for use in tissue engineering: electrospinning, self-assembly, and phase separation.

Electrospinning

The electrospinning process has long been utilized to fabricate industrial products before it was recently applied to produce nano-fibrous structures for use in tissue engineering^{38, 39}. The principle of electrospinning is to use an electric field to draw a polymer solution from an orifice to a collector, producing polymer fibers with diameters in the range of nanometers to micrometers^{38, 40}. Due to the simplicity and the ability to produce nano-fibers from various materials of this method, electrospinning has attracted considerable attention for use in tissue engineering. A variety of synthetic and natural biomaterials, including poly(L-lactic acid) (PLLA), poly(lactic-co-glycolic acid) (PLGA), poly(caprolactone) (PCL), polyethylene terephthalate (PET), poly(ethylene oxide) (PEO), poly(vinyl alcohol) (PVA), collagen, gelatin, chitosan, silk protein and fibrinogen have been used to form nano-fibrous scaffolds for tissue engineering^{39, 41-52}. The fiber diameters can simply be controlled by altering the concentration of the polymer solution, that is, solutions made of higher concentrations produce larger diameter fibers. In addition, fiber alignment can be controlled by rotating the grounded target. While the simplicity of electrospinning makes it a very active research field, significant challenges include the difficulties to create three-dimensional (3D) scaffolds with well-defined pore architecture and complex geometries.

Molecular self-assembly

Molecular self-assembly is a useful approach for fabricating supramolecular architectures⁵³ and can be defined as a spontaneous process to form structurally ordered and stable arrangement through a number of non-covalent interactions, such as hydrogen bonds, van der Waals interactions, electrostatic interactions, and hydrophobic interactions^{54, 55}. Found throughout biology, self-assembly of biomolecules, such as peptides and proteins, to well-defined architectures perform a variety of functions⁵⁵. A good example is the self-assembly of collagen molecules to collagen fibrils, and the collagen fibrils are further packed side-by-side in parallel bundles to form collagen fibers with diameter ranged from 50 to 500 nm⁵⁶. Inspired by nature, several groups have designed and synthesized polypeptides or oligopeptides molecules to self-assemble into nano-fibrous structures under suitable conditions^{53, 57-59}. The formation of nano-fibers by molecular self-assembly is a “bottom-up” strategy and usually the fiber diameter is much smaller than those produced by using electrospinning⁵⁷. While molecular self-assembly is a fairly new technique for the formation of nano-scale scaffold, it has not been demonstrated how to control the pore size and pore structures, which are important to allow for cell incorporation, migration and proliferation. The mechanical strength of self-assembled scaffolds also has to be addressed before they can be truly used in tissue engineering applications.

Thermally induced phase separation

Thermally induced phase separation (TIPS) has been used for several years to fabricate synthetic porous scaffolds for tissue engineering⁶⁰⁻⁶². In this process, the temperature of a polymer solution is controlled to induce a phase separation into two phases, a polymer-rich phase and a polymer-lean phase. After removal of the solvent by extraction, evaporation, or sublimation, the polymer-rich phase solidifies and forms polymer foam. By varying the types of polymer and solvent, polymer concentration, and phase-separation temperature, different pore morphology and structures can be achieved. To mimic the fibrous structure of natural type I collagen, a novel TIPS technique has recently been developed to fabricate nano-fibrous matrices by using synthetic biodegradable polymers⁶³. For example, a solution of PLLA dissolved in THF is thermally induced following a series of processes to phase separate. The solvent is exchanged with water and then freeze-dried to yield nano-fibrous PLLA matrices.

The fibers formed in this manner have diameters ranging from 50–500 nm, and have a porosity as high as 98% (Figure 1).

By combining this TIPS with other processing techniques (such as particulate leaching or solid free-form fabrication), scaffolds with complex 3D structures and well-defined pore morphologies can be produced^{64, 65}. For example, a solution of PLLA in THF was dripped onto sugar fiber assembly in a mold and then cooled to a preset gelation temperature. After phase separation, the gel-sugar composite was immersed in distilled water to extract the solvent and leach the sugar from the composite. The sample was freeze-dried, resulting in a 3D nano-fibrous matrix with macropores left behind from the leached sugar fibers⁶⁴. To further control the interconnectivity between pores in the scaffold, a novel technique to generate interconnected spherical pore network has been combined with TIPS to fabricate nano-fibrous scaffolds with interconnected spherical macropores (Figure 2)^{66–68}. The combined technique advantageously controls macropore shape and size by sugar spheres, interpore opening size by assembly conditions (time and temperature of heat treatment), and pore wall morphology by phase-separation parameters.

Surface modification of nano-fibrous scaffolds

Although a variety of synthetic biodegradable polymers have been used as tissue engineering scaffolding materials, one disadvantage of these materials is their lack of biological recognition. The surface of the scaffold fabricated with these synthetic biomaterials can be modified to obtain more desirable characteristics to positively enhance cell-scaffold interactions⁶⁹.

Several approaches have been developed to modify the scaffold surface^{70–73}. For example, low pressure ammonia plasma treatment has been used for the modification of poly(3-hydroxybutyrate) (PHB) thin film⁷⁰. The introduction of amine functions was used in order to permit subsequent protein immobilization. The plasma treatment of PHB induced a durable conversion of hydrophobic material into hydrophilic but did not cause significant changes in the morphology of the analyzed thin films. Such surface modification work, however, is limited to 2D film surfaces or very thin 3D constructs. Our lab has recently developed several techniques to effectively modify the surface of 3D scaffolds^{66, 74, 75}. For example, an electrostatic layer-by-layer self-assembly technique has been used to modify nano-fibrous PLLA (NF-PLLA) scaffolds with gelatin⁶⁶. The NF-PLLA scaffold was first fabricated and activated in an aqueous poly(diallyldimethylammonium chloride) (PDAC) solution to obtain positive charges on the scaffold surface. The scaffold was then subsequently immersed in a solution of negatively charged gelatin, so that gelatin molecules were self-assembled onto the activated scaffold surface. By alternately immersing the scaffold into the solutions of positively charged PDAC and negatively charged gelatin, polyelectrolyte multilayers containing gelatin molecules were deposited on the NF-PLLA surfaces. This technique provides a means to create polycation-polyanion polyelectrolyte complexes one molecular layer at a time, thereby allowing for an unprecedented level of control over the composition and surface functionality of materials. The layer-by-layer self-assembly method can be used for any complex 3D geometry as long as the pores are interconnected.

Effect of nano-fibrous scaffold on cellular behaviour and tissue development

Although limited data is available, the effects on cellular behaviour and tissue formation due to nano-fibrous scaffolds have been observed with numerous cell types⁷⁶. For example, nano-fibrous scaffolding has recently been shown to facilitate recovery from spinal cord injury in mice⁷⁷. However, due to space limitations we will principally focus our discussion on the cellular effects of nano-fibrous scaffolding in bone tissue engineering.

Attachment and proliferation

Several cell types, including osteoblasts^{78, 79}, fibroblasts^{80, 81}, rat kidney cells⁸⁰, smooth muscle cells⁸², neural stem cells⁸³ and embryonic stem cells⁸⁴, have shown increased attachment on various nano-fibers compared to their corresponding control materials. Additionally, a recent study found that branched nano-fibers improve fibroblast attachment over linear nano-fibers⁸⁵.

Integrins are a large family of heterodimeric transmembrane proteins which mediate cell attachment through ECM binding. Several studies have noted differences in integrin expression on nano-fibrous materials compared to control^{78, 80, 86, 87}. Increased expression of α_2 , α_V , β_1 , and β_3 integrins has been seen in osteoblasts on nano-fibrous scaffolds compared to comparable solid-walled scaffolds⁷⁸. A previous study with these same scaffolds found that several integrin-binding protein components of the ECM (fibronectin, vitronectin and laminin) were adsorbed selectively at a higher level on nano-fibrous scaffolds compared to the solid-walled scaffolds⁷⁹, which may be contributing to the increased integrin expression on nano-fibrous scaffolds compared to solid-walled scaffolds. Notably, the upregulation of α_2 and β_1 integrins, which are associated with type I collagen binding, were maintained on nano-fibrous scaffolds compared to solid-walled scaffolds after cellular formation of collagen fibrils was blocked, indicating that the cells on the nano-fibrous scaffold may be interacting directly with the synthetic scaffold^{78, 88}.

Cells cultured on nano-fibrous material also have a cellular morphology more similar to *in vivo* compared to cells cultured on control materials^{78, 80, 89}. Mouse pre-osteoblasts cultured on nano-fibrous matrices exhibited processes interacting with nano-fibers while cells on the flat films were flat and spread over large areas (Figure 3)⁸⁸. Mouse pre-osteoblasts cultured on nano-fibrous matrices also exhibited fewer stress fibers than cells on the flat films⁸⁸. In several cell types these morphological characteristics have been linked to increased Rac expression⁹⁰, a regulator of actin cytoskeleton assembly known to affect attachment and other cellular functions.

After cells attach and spread on the scaffolds, they must then proliferate in order to fully populate the scaffold and form tissue. Nano-fibrous materials have enhanced the proliferation of several cell types compared to various control materials that do not have nano-fibrous features^{65, 80–82, 86, 87, 89, 91}. Specifically, after 7 days of growth nearly 3 times more osteoblasts were present on the nano-fibrous scaffold compared to the solid walled scaffold⁶⁵.

Differentiation and tissue formation

Various cell types, including osteoblasts^{65, 78}, chondrocytes^{86, 92}, neural progenitors^{83, 93}, and hepatocytes^{94, 95} have shown enhanced differentiation on a few types of nano-fibrous materials compared to their corresponding control materials. Considering the space limitation, we will focus on osteoblast differentiation as an example.

In addition to their role in cellular attachment, integrins also activate signalling pathways which stimulate cellular differentiation. After 24hrs of culture increased paxillin and focal adhesion kinase phosphorylation, components in integrin activated differentiation pathways⁹⁶, were observed in osteoblasts on nano-fibrous scaffolds compared to solid-walled scaffolds⁷⁸. This indicates that the increased integrin expression during the cellular attachment translates into increased cellular differentiation and underscores how the selective adsorption of serum proteins onto nano-fibrous materials creates a different micro-environment from the solid-walled materials, which then alters the pathways which contribute to differentiation.

As the extracellular matrix matures, the osteoblasts and their progenitor cells express osteogenic markers. Increased expression of alkaline phosphatase, an early marker of osteogenic differentiation, has been seen on nano-fibrous matrices compared to solid-walled scaffolds after 3 or more days of culture^{78, 97}, while increased expression of bone sialoprotein and osteocalcin, later markers of osteogenic differentiation, have been seen on nano-fibrous matrices compared to solid-walled scaffolds after 1 week of culture^{65, 78, 88}. The expression of these later bone markers is typically accompanied by mineralization of the extracellular matrix. Upon quantification, the nano-fibrous scaffolds have been found to contain up to 13 times more calcium content compared to solid-walled scaffolds^{65, 78}. The mineral on the nano-fibrous matrix spread more evenly throughout the scaffolds, while the mineral on the solid-walled scaffold is principally in its exterior (Figure 4). Overall, this data suggests that nano-fibrous scaffolds better promote cellular differentiation and tissue formation over more traditional scaffolds.

Conclusions

Tissue engineering is a rapidly evolving field in which scaffolding plays a pivotal role. As our understanding of tissue development expands, the complexity of the scaffolding has increased to mimic the native ECM. Currently, there are three techniques capable of producing nano-fibrous scaffolds. Of these, phase separation has shown high potential to meet the needs of three dimensional tissue regeneration due to its ability to incorporate any pore shape and size or any overall 3-D geometry. Through mimicking the natural extracellular matrix, cellular interactions have been enhanced over previous scaffolding strategies. Increased cellular attachment, proliferation, and differentiation have all been observed on nano-fibrous scaffolding compared to more traditional scaffolds. However, completely duplicating the ECM may not be the best strategy since mature ECM often does not contain highly interconnected pores to allow for the quick even cell dispersion that tissue engineering strives. Additionally, tissue engineering seeks to accelerate the natural development and wound healing processes which may render mimicking some aspects of the ECM unnecessary. As the field continues to mature, the scaffolds will most likely become more complex and bring us closer to the goal of functional tissue regeneration.

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Figure 1a

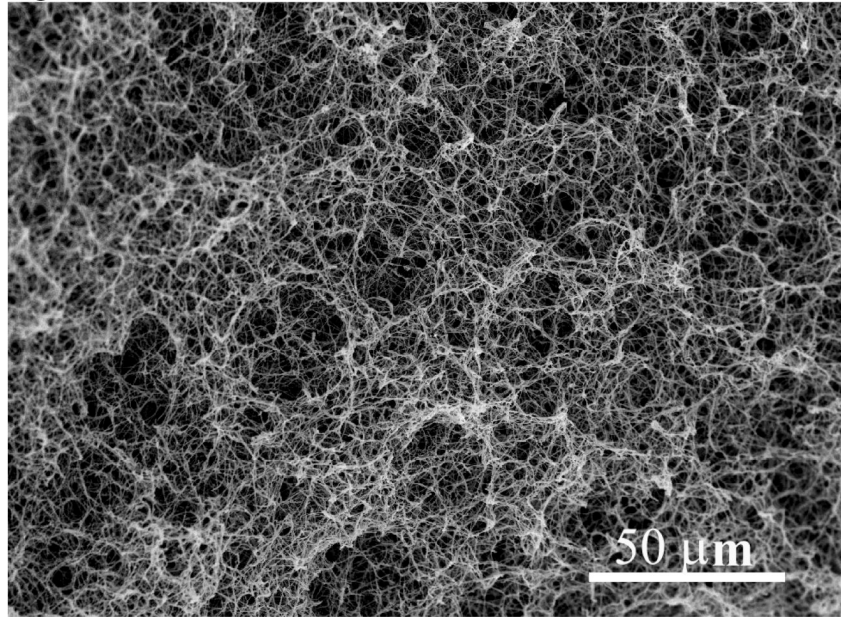


Figure 1b

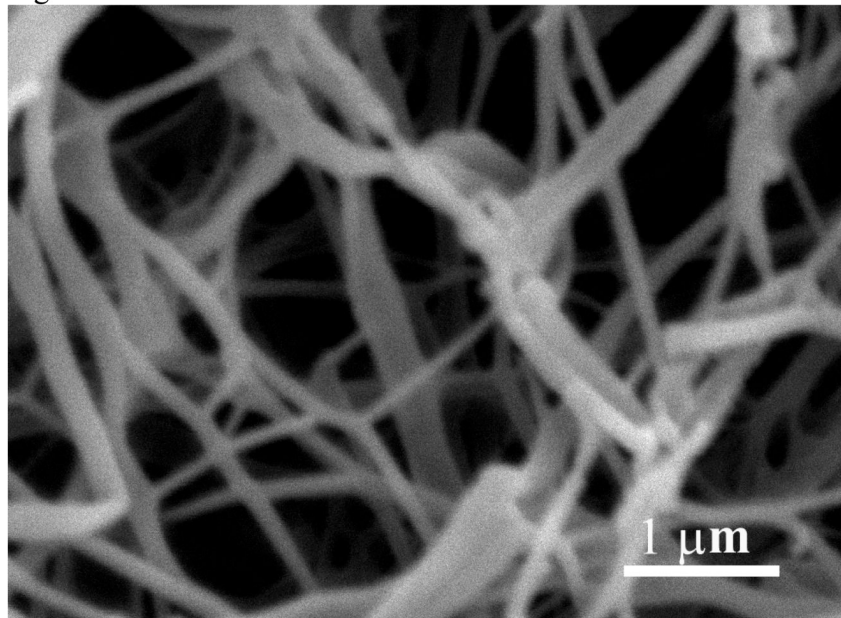


Figure 1. SEM micrographs of a PLLA nano-fibrous matrix prepared from 2.5% (wt/v) PLLA/THF solution at a phase separation temperature of 8°C. A) 500x; B) 20,000x. From Ma and Zhang⁶³, Copyright ©John Wiley & Sons. Reprinted by permission of John Wiley & Sons.

Figure 2a

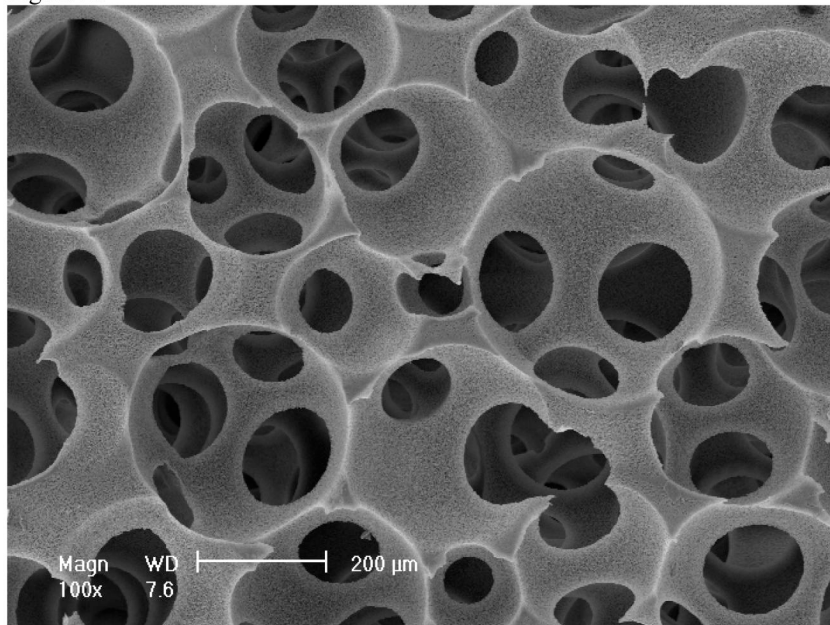


Figure 2b

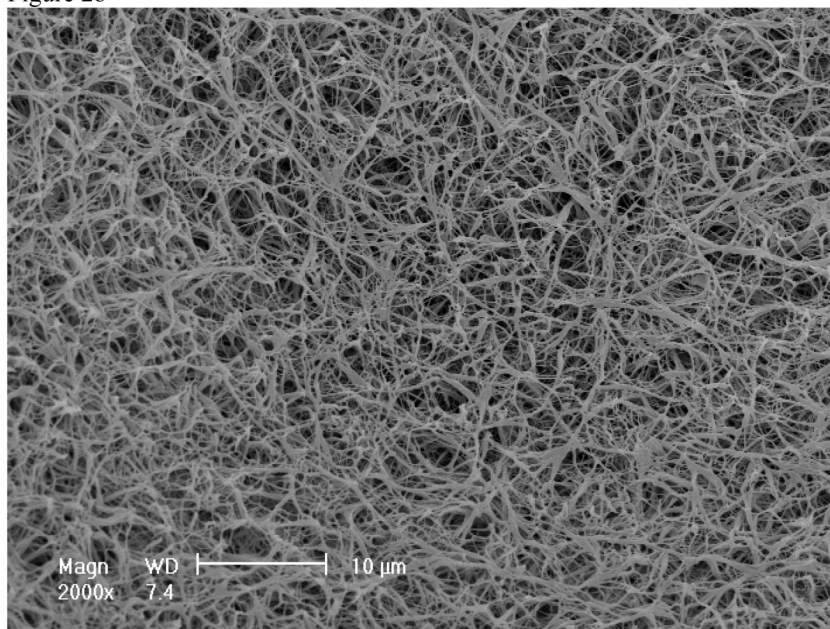


Figure 2. SEM micrographs of PLLA nano-fibrous scaffolds prepared from 10% (wt/v) PLLA/THF solutions at a phase separation temperature of -20°C . A) 100x; B) 2000x. From Liu et al.⁶⁶, Copyright © American Scientific Publishers. Reprinted by permission of American Scientific Publishers.

Figure 3a

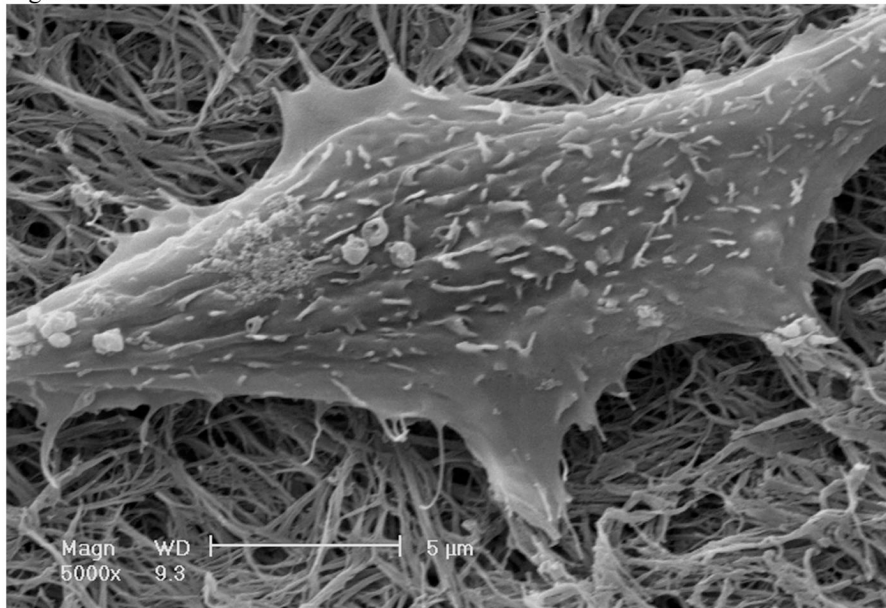


Figure 3b

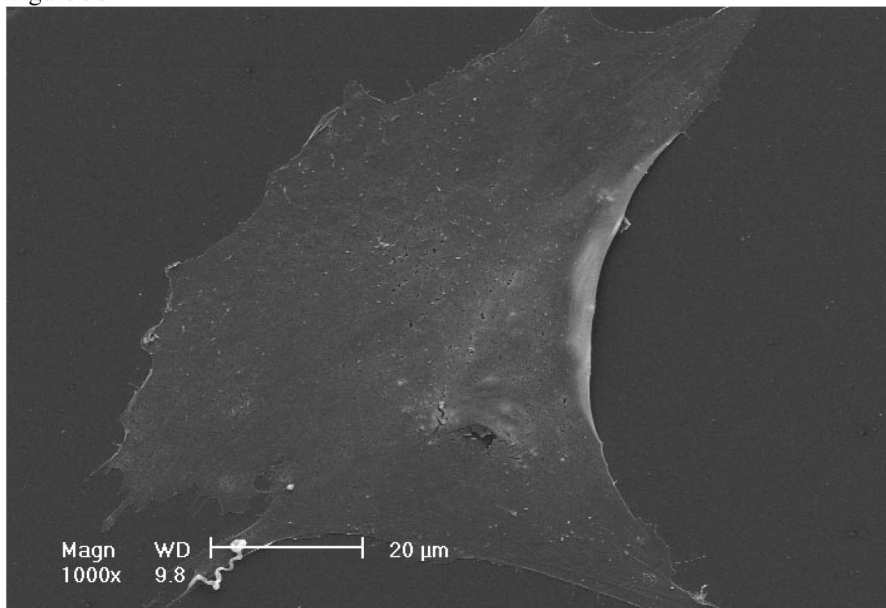


Figure 3. SEM of MC-4 cells after 24 hours of culture on A) nano-fibrous matrices and B) flat films. From Hu et al.⁸⁸, Copyright © 2008 by Elsevier.

Figure 4a

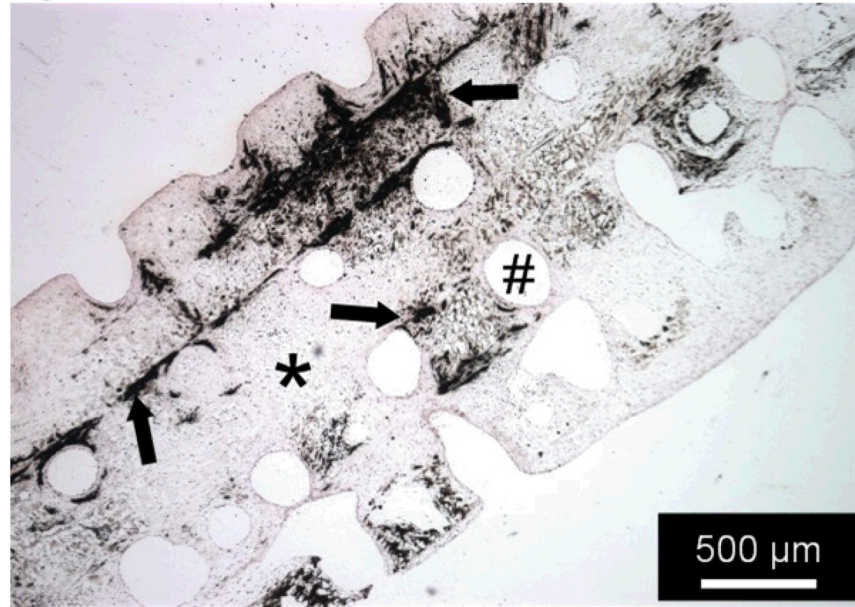


Figure 4b

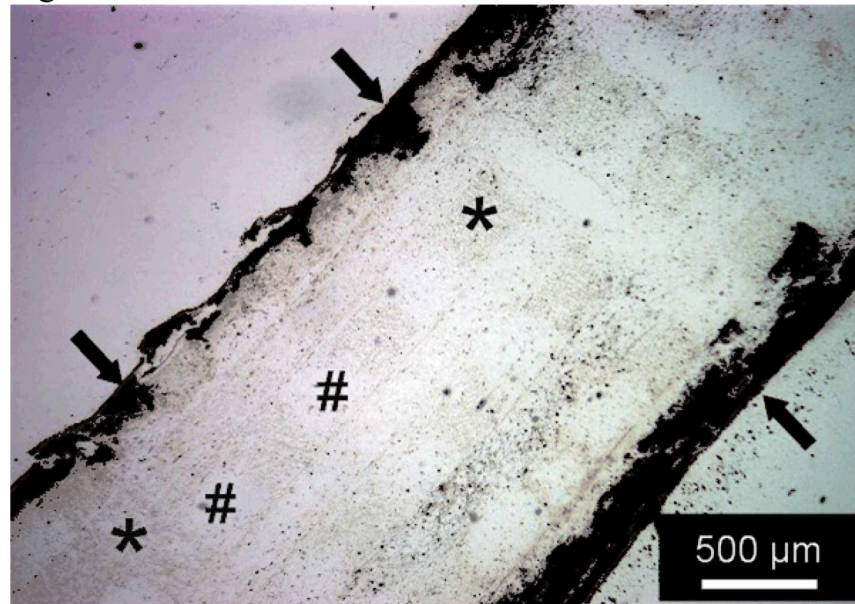


Figure 4. Von Kossa's silver nitrate staining of histological sections after 6 weeks of MC3T3-E1 osteoblasts cultured under A) nano-fibrous scaffolds and B) solid-walled scaffold. Scale bars is 500 μm . * denotes the PLLA scaffold, # a scaffold pore. Arrows denote mineralization. From Chen et al.⁶⁵, Copyright © 2006 by Elsevier.