# Case Report

# Low-grade sarcoma in classical seminoma - the first case reported

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**Abstract**: A 30-year-old male with no previous history of neoplastic disease presented with a 5 cm large testicular tumor. Routine histopathological examination and immunohistochemical investigation showed a classical seminoma with a contiguous 8 mm large nodule. The nodule was separated from the tunica albuginea by tubuli seminiferi showing intratesticular germ cell neoplasi not otherwise specified (NOS). The nodule was composed of spindle cells with low-grade nuclear atypia, nuclear and cytoplasmic S100 protein immunoreactivity in 15% of the cells and a proliferative activity of up to 20%. No other germ cell tumor components were found. To the best of our knowledge, we herein present the first tumor of a pure classical seminoma with an associated low-grade sarcomatous component.

Key Words: Testis, classical seminoma, sarcoma

#### Introduction

Sarcomatous transformation with different histogenetic differentiation in spermatocytic seminoma are well known to occur [1-4], but there has been no case described where a sarcoma has occurred in a pure classical seminoma. We herein describe, to the best of our knowledge, the first case of a pure classical seminoma in which there was an associated low-grade sarcomatous component.

### Clinical summary

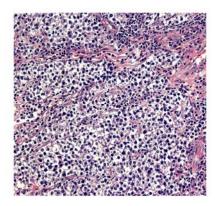
A 30-year-old male with no previous history of neoplastic disease presented with a 5 cm large testicular tumor. A radical inguinal orchidectomy was performed. Adjuvant chemotherapy was administered. The patient is alive and well 12 months after surgery.

#### Materials and methods

A comprehensive immunohistochemical study was performed with routine antibodies according to the instructions of the manufacturers.

The following monoclonal antibodies were employed: CD56 (1B6, 1:100, Novocastra, Newcastle, UK), CD30 (Ber-H2, 1:100, DakoCytomation, Glostrup, Denmark), CD31 (JC/70A, 1:50, Dako, Glostrup, Denmark), CD34 1:800. NeoMarkers. (OBEnd/10, tinghouse, CA, USA), inhibin (R1, 1:30, Bio-Innovation, Oxford, UK), desmin (D33, 1:2000, DakoCytomation, Glostrup, Denmark), smooth muscle actin (1A4, DAKO, Glostrup, Denmark), p63 (4A4, 1:500, NeoMarkers, Westinghouse, CA, USA), calretinin (5A5, Novocastra, Newcastle, UK), cytokeratins: (CAM 5.2, 1:200, Becton Dickinson, Erembogeden, Belgium), cytokeratin 5/6, D5/16B4, 1:100, DakoCytomation, Glostrup, Denmark), S100 protein (S1/61/69, 1:50, Novocastra, Newcastle, UK), EMA (E29, 1:500, Dako, Glostrup, Denmark), Ki-67 (MIB-1, 1:1000, DakoCytomation, Glostrup, Denmark), p53 (D0-7, 1:50, DakoCytomation, Glostrup, Denmark), Melan A (A 103, 1:100, DakoCytomation, Glostrup, Denmark), MTF (D5, 1:25. NeoMarkers, Westinghouse, CA, USA). MyoD1 (5.8A, 1:50, DakoCytomation, Carpinteria, CA, USA), HMB-45 (HMB45, 1:200, DakoCytomation, Carpinteria, CA, USA), vimentin

(V9, 1:1000, NeoMarkers, Westinghouse, CA, USA), ALK-1 (p80, 1:400, Novocastra, Newcastle, UK), bcl-2 (clone 124, 1:300, DakoCytomation, Glostrup, Denmark). Polyclonal antibodies listed below were used for our study: myoglobin (DakoCytomation, 1:1000, Glostrup, Denmark), CD117 (DakoCytomation, 1:150, Glostrup, Denmark), alpha-fetoprotein (DakoCvtomation, 1: 500, Glostrup, Denmark), hCG (DakoCytomation, 1: 2000, Glostrup, Denmark) and OCT 3/4 (Santa Cruz, 1:3200, Vienna, Austria). A molecular genetic study was performed using FISH analysis with premixed probes 12p / CEP 12 (Vysis/Abbott, IL, USA) for isochromosome 12p and probe 9p21 (Vysis/Abbott, IL, USA) to detect deletion of 9p21.

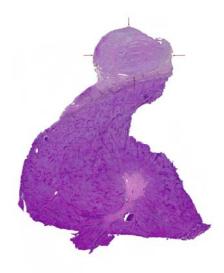


**Figure 1.** Photomicrograph of a Hematoxylin and Eosin stained section from the main tumor component showing histomorphological features of a classical seminoma.

### Results

The tumor was confined to the testis, i.e. did not grow through the tunica albuginea or into the epididymis. The size of the tumor was 5 cm and was homogenously grey on gross section. No necrotic areas were seen.

The whole tumor was embedded in paraffin and 4µm thin sections were cut and stained with Hematoxylin and Eosin. Routine histopathological examination showed a classical seminoma with no other germ cell tumor components (**Figure 1**). In addition, there was an 8 mm large nodule contiguous to the seminoma (**Figure 2**). The nodule was separated from the tunica albuginea by tubuli seminiferi showing intratesticular germ cell neoplasia, not otherwise specified (NOS) (**Figure 3**). The lesional



**Figure 2.** Photomicrograph of a whole mounted section stained with Hematoxylin and Eosin of a classical seminoma with a 8 mm nodule in the periphery (depicted by the arrows) with a spindle cell lesion with a low-grade sarcomatous morphology.

tissue in the nodule displayed a completely different morphology. It was composed of a well delineated, non-encapsulated, moderately cellular, spindle cell lesion with cells having slender cytoplasmic processes arranged in fascicles and with scattered intra-lesional lymphocytes (Figure 4). On high-power examination, lesional cells showed low-grade nuclear atypia. Mitotic figures were easily found (Figure 5). The immunohistochemical study showed that lesional spindle cells were positive for vimentin (100% of cells) and S100 protein (including nuclear positivity) in approximately 15% of the cells (Figure 6). The neoplastic cells were negative for all other antibodies. The proliferation index as measured with immunohistochemistry (Mib-1/Ki-67) was approximately 20% (Figure 7). In the molecular genetic study amplification of isochromosome 12p (Figure 8), but no deletion of 9p21 was found in the seminomatous component. The FISH-study in the sarcomatous component was not successful.

#### Discussion

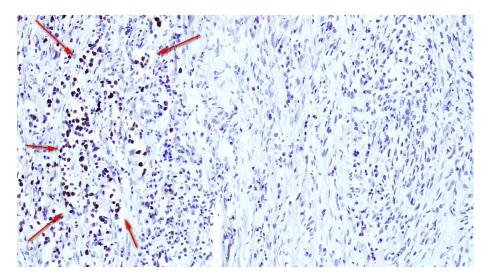
Spermatocytic seminoma occurring together with a sarcomatous component is a well recognized phenomenon [1-4]. Such tumors are usually diagnosed as high stage neoplasms with metastatic disease at time of surgery. The sarcomatous component in these tumors is

#### Low-grade sarcoma classical seminoma

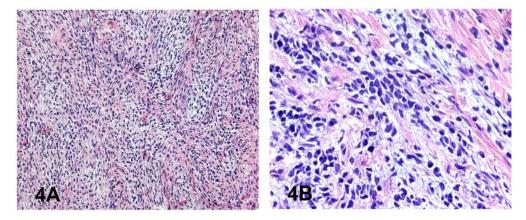
variable (rhabdomyosarcoma, chondrosarcoma or undifferentiated sarcoma). Our case differs from spermatocytic seminoma by the absence of the characteristic three cell population of spermatogonia-like cells, small lymphocyte-like cells and intermediate cells. Moreover, the tumor lacked the oedematous stroma typically seen in spermatocytic seminoma. That the germ cell tumor presented herein is a classical and not a spermatocytic seminoma is supported by the molecular genetic study showing amplification of isochromosome 12p and lack of deletion of 9p21.

No tumor similar to the one presented here has been described in the testis, but there are

two similar cases on record. One case with a rhabdomyosarcoma occurring in a dysgerminoma of the ovary where no other germ cell tumor (GCT) component was found [5] and one case with the development of rhabdomyosarcoma in a retroperitoneal GCT composed of a pure seminoma [6]. Generally, primary testicular sarcomas are extremely rare neoplasms with only a limited number of cases reported in the literature. These sarcomas have been variously classified [7-14 15, 16 1, 17-22]. Testicular teratomas with somatic malignant transformation including sarcoma are rare but well documented and characterized [20, 22-24]. Furthermore, there are primary testicular tumors on record that are classified as "malig-



**Figure 3.** Photomicrograph from the immunohistochemical study; OCT 3/4 showing tubuli seminiferi with intratesticular germ cell neoplasia NOS located contiguous to the low-grade sarcoma. The nuclear positivity is depicted by arrows.



**Figure 4A,B.** Photomicrographs of Hematoxylin and Eosin stained sections from the low-grade sarcomatous area in a seminoma showing moderate cellularity. Neoplastic cells have a predominantly spindle cell morphology. There are intralesional lymphocytes.

nant mixed gonadal stromal tumor with mesenchymal heterologous elements of the testis" [21], "testicular mixed gonadal stromal tumor with osteosarcoma component" [25], "sarcomatoid Leydig cell tumor" [26] and "Leydig cell tumors with adipose differentiation, calcification, ossification, and spindle-shaped tumor cells" [27]. In a recent, and to

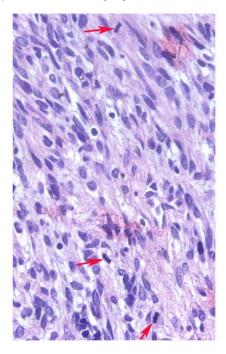
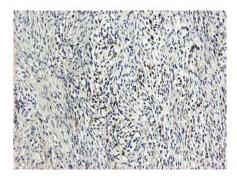


Figure 5. Photomicrograph (High-power) of Hematoxylin and Eosin stained section from the sarcomatous area in a classical seminoma showing nuclear abnormalities, i.e. hyperchromasia and irregular shape and three mitotic figures (arrows).



**Figure 6.** Photomicrograph of section from the low-grade sarcomatous area in a classical seminoma that have been immunohistochemically stained for S100 protein. About 15% of neoplastic cells show both nuclear and cytoplasmic reactivity for S100 protein.

date the largest, study on testicular GCTs with sarcomatous components by Guo et al [28], 33 cases were presented. Of these 33 cases, 19 had a sarcomatous component in the testicular tumor only, in 11 cases the sarcoma was found in the metastasis only and in 3 cases both in the testicular tumor and the metastasis. All testicular GCTs contained a teratomatous component (pure in 3 cases and mixed GCTs in the rest). In none of the cases was there a pure classical seminoma associated with a sarcoma. As inclusion criterion, Guo et al employed that suggested by Ulbright et al [29] ("Expansile sarcomatous tumor growth of at least one low-power field (4 x objective) replacing the GCT component"), a quantitative criterion that was met by the sarcomatous component in the case presented by us. In only one of the cases presented by Guo et al, was there a low-grade sarcoma ("low-grade unclassified myxoid sarcoma"), the rest were high-grade sarcomatous neoplasms. Based on the verbal description and the presented picture (Figure 4) in the paper by Guo et al, this low-grade unclassified myxoid sarcoma show morphological similarities to the low-grade sarcomatous component presented herein. However, the authors found no immunohistochemical evidence suggesting any specific line of differentiation in this case (also true for additional four cases in their study). This is in contrast to the distinct immunoreactivity for S100 protein that was detected in our case. Based on (1) the presence of low-grade but distinct nuclear atypia and (2) a high proliferative activity and (3) the lack of histological features as well as immunohistochemical findings in line with any previously described benign entity in this anatomical location, we conclude



**Figure 7.** Photomicrograph from the low-grade sarcomatous area in a classical seminoma that have been immunohistochemically stained for Ki-67 protein. About 20% of neoplastic cells show nuclear positive reaction.

that the spindle cell component in our case represents a low-grade sarcoma. The well circumscribed, non-encapsulated border of the spindle cell lesion does not preclude a diagnosis of sarcoma. Small sarcomas of various types are well known for having a relatively good circumscription. This is true for example in minute synovial sarcomas of the hands and feet [30] and small superficial epithelioid sarcomas as well as small alveolar soft part sarcomas in the tongue and endocervix. We found no light microscopical or immunohistochemical evidence of melanocytic, endothelial,

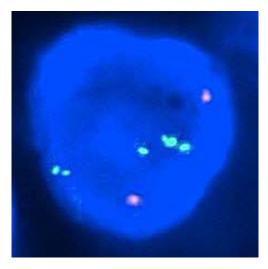


Figure 8. Photomicrographs from the molecular genetic study showing a nucleus from the classical seminomatous component. FISH analysis using 12p (Spectrum Green) and CEP 12 (Spectrum Orange) probe. Visualization under Dual Band Pass filter. Amplified five green (12p) and two red (CEP 12) signals are presented in the nucleus.

smooth muscle. rhabdomyoblastic. fibroblastic or mesothelial differentiation. The positivity for \$100 protein may indicate a peripheral nerve sheath differentiation and it is well known that malignant peripheral nerve sheath tumors (MPNST) can be very well differentiated and that positivity for the S100 protein in MPNST is usually focal, if positive at all. However, we cannot substantiate a Schwanncell differentiation with ultrastructural findings because material for an ultrastructural study was lacking. The negative immunostaining for calretinin and inhibin argues against a sarcomatous or spindle cell variant of Leydig-Sertoli cell origin A granulomatous and/or fibrotic reaction should also be considered. These

types of tissue reactions can be seen in classical seminoma and can, at times, be extensive. However, we do not believe that the spindle cell lesion described and characterized in this paper is a reactive process. Firstly, there was no granulomatous change in either the spindle cell - low grade sarcomatous - lesion or the seminomatous component. Secondly. there was no substantial amount of collagenous matrix - fibrosis in neither the low grade sarcomatous nor the seminomatous component. The lack of immunohistochemical reactivity for smooth muscle actin and to some extent the ALK-1 protein as well as the absence of plasma cells are findings that are not consistent with an inflammatory myofibroblastic tumor. A pseudosarcomatous myofibroblastic process (fibrous periorchitis or a proliferative funiculitis-type lesion) typically displays tissue-culture type lesional cells with prominent nucleoli which is in contrast to the slender spindle cells with nuclear hyperchromasia lacking prominent nucleoli in our case Moreover, the immunohistochemical study failed to reveal any evidence of myofibroblastic differentiation. The possibility of a testicular fibroma of gonadal stromal origin or of testicular tunics has to be seriously considered. However, as described by Jones et al 31 in three testicular fibromas of gonadal stromal origin, these rare neoplasms show morphological features identical to those of ovarian fibromas and immunohistochemically all tumors in their study were negative for S100 protein and two of the three presented tumors were focally positive for actin and desmin. Moreover, their tumors lacked an inflammatory cell component and the acellular plagues of hyalinized collagen that the authors found were completely lacking in our case. Hence, both the histological features and immunohistochemical findings in the series of fibromas of gonadal stromal origin by Jones et al are in sharp contrast to the findings in our case. Similarly, all the five cases of fibromas of testicular tunics presented by the same authors were negative for S100 protein in their immunohistochemical study and three cases were positive for CD34. The lesional cells displayed bland cytomorphological features without nuclear atypia and they found no mitotic activity. The solitary fibrous tumor-like areas reported by the authors were completely lacking in our case. Again, both the immunohistochemical findings and histological features of the fibromas of testicular tunics that Jones et al describe are significantly different from the low-

grade sarcomatous component presented here. Regarding the histogenesis of the sarcomatous component in the case presented herein, several hypotheses can be put forward: (1) There could have been a teratomatous component (as in the cases presented by Guo et al [28]) within the tumor that had been overgrown by the seminomatous component or was so small that it was not detected, although the whole tumor was embedded. (2) The sarcoma could be a coincidentally developed tumor or (3) The sarcomatous component could be derived from the classical seminoma. We tried to investigate (3) with a molecular genetic study but as stated above, this was not successful. Thus, the histogenetic origin of the sarcoma component remains unclear.

The case was recently diagnosed precluding any conclusion regarding the potential impact of such a sarcomatous component on prognosis. However, based on the fact that the sarcomatous area was small and did not show any high-grade malignant features, we feel that a negative impact on prognosis is not to be expected. Moreover, the results in the study by Guo et al [28] suggest that patients with a sarcomatous component confined to the testicular GCT may not have a higher risk of mortality than those at a comparable stage without a sarcomatous component. In summary, we describe for the first time a low-grade sarcoma occurring together with a pure classical seminoma and immunohistochemically characterize this and discuss its histogenesis. We suggest that, based on morphology and the focal positive immunoreactivity for \$100 protein, this low-grade sarcoma may be of Schwann-cell origin.

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