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### Neuropeptide S Receptor Induces Neuropeptide Expression and Associates with Intermediate Phenotypes of Functional Gastrointestinal Disorders

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#### Abstract

**Background & Aims**—NPSR1, the receptor for neuropeptide S (NPS), is expressed by gastrointestinal (GI) enteroendocrine (EE) cells, and is involved in inflammation, anxiety and nociception. *NPSR1* polymorphisms are associated with asthma and inflammatory bowel disease. We aimed to determine whether NPS induces expression of GI neuropeptides; and to associate *NPSR1* single nucleotide polymorphisms (SNPs) with symptom phenotype and GI functions in health and functional GI disorders (FGID).

**Methods**—The effect of NPS on mRNA expression of neuropeptides was assessed using realtime PCR in *NPSR1*-tranfected HEK293 cells. Seventeen NPSR1 SNPs were successfully genotyped in 699 subjects from a regional cohort of 466 FGID patients and 233 healthy controls. Associations were sought using sex-adjusted regression analysis and false discovery rate (FDR) correction.

**Results**—NPS-NPSR1 signaling induced increased expression of CCK, VIP, PYY, and somatostatin. There were no significant associations with phenotypes of FGID symptoms. There were several *NPSR1* SNPs associated with individual motor or sensory functions; the associations of SNPs rs2609234, rs6972158 and rs1379928 with colonic transit rate remained significant after FDR correction. The rs1379928 polymorphism was also associated with pain, gas and urgency sensory ratings at 36 mm Hg distension, the level pre-specified for formal testing. Associations with rectal sensory ratings were not significant after FDR correction.

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**Conclusions**—Expression of several neuropeptides is induced upon NPS-NPSR1 signaling; *NPSR1* variants are associated with colonic transit in FGID. The role of the NPS system in FGID deserves further study.

#### INTRODUCTION

Irritable bowel syndrome (IBS) is the most common gastrointestinal disorder, of largely unknown etiology and pathobiology. Diet, stressful life experiences, prior gastrointestinal infections, altered mucosal immunity, intestinal dysmotility, and abnormal gut-brain interactions have all been proposed as pathogenetic factors. [1] IBS is associated with altered motor, sensory, psychological, mucosal dysfunctions including enterochromaffin cell hyperplasia, a low mucosal inflammatory state and increased intestinal mucosal permeability. [2–5] There is increasing evidence that IBS might be associated with impaired gut epithelial barrier, and a dysregulated immune response to intestinal bacteria [6]; however, the magnitude and the nature of the inflammatory infiltrate is different from that observed in Crohn's disease (CD) and ulcerative colitis (UC). Inflammatory barrier diseases, including also asthma, atopic dermatitis and psoriasis, affect organs that are at the interface with the environment (such as the lungs and skin), and show genetic predisposition. Despite several studies of candidate genes related to diverse mechanisms (detailed in reference 7), a genetic component in IBS has not been convincingly proven; in contrast, several loci of genetic linkage have been identified in asthma, atopic dermatitis and inflammatory bowel disease (IBD). [8]

The neuropeptide S (NPS) is a recently identified bioactive 20 amino acid peptide whose primary sequence is highly conserved in different species. [9,10] NPS selectively binds and activates an orphan G-protein coupled receptor (GPCR), named neuropeptide S receptor (NPSR1). [9,10] NPS is expressed in discrete nuclei in the brainstem, such as the locus coeruleus (LC) area and the parabrachial nucleus. NPS activates its G protein-coupled receptor at low nanomolar agonist concentrations and induces elevation of intracellular Ca<sup>2+</sup> and cAMP, thereby acting as an excitatory transmitter. The NPS system can modulate stress responses, increase arousal and wakefulness, and is involved in anxiety behavior and extinction, possibly by selectively inhibiting the evoked release of serotonin (5-HT) and norepinephrine (NE) in the frontal cortex, by acting directly on 5-HT and NE nerve terminals. [9–12]

NPSR1 (also called GPR154 or G-protein coupled receptor for asthma susceptibility [GPRA]) is a 7-transmembrane G protein-coupled receptor, whose function is poorly characterized. Like its ligand NPS, *NPSR1* is mainly expressed in the brain, in regions mediating anxiety and stress responses such as the amygdaloid complex and the paraventricular hypothalamic nucleus, and in the hippocampus. [13] *NPSR1* mRNA was also found in the area related to descending control system of pain, such as the periaqueductal gray (PAG), raphe nuclei, and lateral parabrachial nucleus (PBN); antinociception induced by intracerebroventricular administration of NPS suggests a possible role of the NPS-NPSR system in the regulation of pain transmission. [14] This is not mediated through opiate receptors.

Previous studies have reported weak NPSR1 expression in epithelial cells of several organs and tissues (including small and large intestine), and an increase of this expression during inflammation, such as IBD and asthma. [15,16] Immunohistochemistry (IHC) data on human normal gut tissue recently made publicly available (Figure 1) were generated with an affinity-purified (monospecific) NPSR1-antibody. [17] Thus, the ileum, duodenum, colon and rectum clearly revealed strong and specific staining of enteroendocrine cells. Moreover, positive NPSR1-staining was detected in submucosal neurons (see ileum in Figure 1). The

NPSR1 pattern of expression in the enteroendocrine cells and enteric nervous system (ENS), and the second messengers (e.g. Ca <sup>++</sup> and cAMP) activated by NPS-NPSR1 interaction suggest this system may modulate gastrointestinal motor and sensory functions.

The neuropeptide S receptor gene (*NPSR1*) has received much attention as a susceptibility locus for asthma and related traits, and inflammatory bowel disease (IBD). [15,16,18–22] While no individual single nucleotide polymorphism (SNP) was found to be responsible for the observed associations, in most of these studies the genetic information was contained within a haplotype block formed by 7 SNPs (rs323917, rs323922, rs324377, hopo546333, rs324384, rs324396, and rs740347), mapping within a 70-kb region between exons 2 and 3 of the *NPSR1* gene. In addition, there is some evidence of an association of a functional *NPSR1* SNP (Asn107IIe, dbSNP rs324981) with airway hyperresponsiveness (a hallmark of asthma) and Crohn's disease. [15,21] In these and related studies, the expression of both major isoforms of NPSR1 (NPSR1-A and NPSR1-B, which derive from alternative splicing) has been detected in blood leukocytes and in the epithelium of several organs including the lung and the intestine, and has been shown to increase during inflammation in asthma and inflammatory bowel diseases. [15,16,23,24]

Thus, based on the expression and potential role of NPS in enteroendocrine cell function, inflammation and nociception, our aims were: first, to determine the direct effects of NPS on expression of GI neuropeptides in a cell line; second, to test associations of *NPSR1* polymorphisms with symptom phenotype and GI functions in health and functional GI disorders (FGID). Our results provide evidence that NPS can induce mRNA expression of several neuropeptides that affect GI functions, and also point to the involvement of *NPSR1* in the genetic susceptibility to the intermediate phenotypes of altered colonic transit and to a lesser extent, satiation and rectal sensation, in humans.

#### MATERIALS AND METHODS

#### **Overall Design**

Phenotypes of human participants were studied at two levels: symptom phenotype using consensus criteria by means of validated questionnaires of gastrointestinal symptoms [25] and somatic symptoms in a majority (63%) of the participants; second, intermediate phenotypes of gastrointestinal functions associated with FGID by means of validated motor and sensory studies.

The physiological measurements have been used extensively to characterize motor and sensory functions in patients with FGID and to document effects of pharmacological agents in health and disease states. These methods are described in the Supplementary material. These were: satiation volume (maximum tolerated volume, MTV) and symptoms after a nutrient drink test (n=116, of which 37 were healthy volunteers [HV]); gastrointestinal (n=268, with 37 HV), small bowel transit (colonic filling at 6 h [CF6], n=219, with 30 HV), and colonic (n=172, with 30 HV) transit of solid food and residue by dual isotope scintigraphy; gastric volume (fasting and post-meal accommodation) by <sup>99m</sup>Tc-SPECT (n=228 with 32 HV), and rectal compliance and sensation by barostat (n=116, with 30 HV). These are intermediate phenotypes that have been described extensively in patients with FGID, particularly, IBS, functional constipation and diarrhea and functional dyspepsia.

#### **Participants**

The participants have been extensively described in prior publication, [26] and consisted of 466 patients with Rome II positive FGIDs [19 chronic abdominal pain (14 F, 5 M, mean age 47 y), 175 diarrhea-predominant IBS (IBS-D or functional diarrhea [144 F, 21 M, mean age 45 y)], 155 constipation-predominant IBS (IBS-C) or functional constipation [148 F, 7 M,

mean age 45 y], 84 IBS-mixed or alternating (IBS-Alt, [77 F and 7 M, mean age 41 y]), and 33 dyspepsia ([13 F and 20 M, mean age 53 y]] and 233 HV [165 F, and 68 M, mean age 37 y]. All were recruited to studies of symptom phenotype and genotype from 2000–2007. [26– 29] All resided within 150 miles of Rochester, Minnesota. Participants had been recruited for the original studies by means of letters or public advertisements and had signed informed consent for the respective studies; all patients fulfilled Rome II criteria, and in addition, functional dyspepsia patients were identified by upper abdominal pain and discomfort related to food ingestion. [30] The study was approved by the Mayo Clinic Institutional Review Board; all participants had provided written permission for research studies based on their medical records and DNA samples. An experienced coordinator used the validated bowel symptom questionnaire, electronic medical record (SM), and information from direct physician interview and examination (MC) to characterize the subtype of FGID.

#### Gene Expression Analysis

HEK-293 cells (http://www.atcc.org) were transfected with Fugene 6 reagent (Roche, Indianapolis, IN) and 0.5 µg of either NPSR1-A expression plasmid [24] or an empty (control) vector, according to manufacturer's instructions. Twenty-four hours after transfection, cells were stimulated for six hours with NPS at a final concentration of 1 µM in the culture medium. Total RNA was then isolated from HEK293 cells with RNeasy Plus Mini Kit (Qiagen GmbH, Hilden, Germany), and reverse-transcribed with the SuperScript<sup>TM</sup> First-Strand Synthesis System for RT-PCR (Invitrogen, Carlsbad, CA). Real-time PCR reactions were carried out in duplicate for each gene on total RNAs from three independent experiments in an ABI Prism 7500 Fast Real-time PCR System (Applied Biosystems, Foster City, CA), according to manufacturer's instructions. Primer sequences were designed across exons for each gene with the Primer ExpressTM 2.0 software (Applied Biosystems), and are reported in Supplementary Table 1. Analysis of cholecystokinin (CCK), calcitonin-related polypeptide alpha (CALCA), ghrelin (GHRL), motilin (MLN), peptide YY (PYY), pancreatic polypeptide (PPY), somatostatin (SST) and vasoactive intestinal peptide (VIP) mRNA expression was performed using glyceraldehyde 3-phosphate dehydrogenase (GAPDH) as internal housekeeping gene for normalization, and the comparative  $\Delta\Delta CT$ method for relative quantification. [31] Gene expression was calculated and expressed in fold changes (arbitrary units), relative to the values obtained for the cells transfected with the empty vector (control).

#### NPSR1 Genotyping

**Selection of SNPs**—Twenty SNPs were tested in the *NPSR1* gene. These SNPs were selected based on the following criteria: 11 SNPs (rs323917, rs323922, rs324377, hopo546333, rs324396, rs740347, rs2609234, rs714588, rs1379928, rs10278663, rs324384) had been previously associated with asthma and/or inflammatory bowel diseases, either individually or as part of informative haplotype blocks;[15,16,18–22] 4 SNPs (rs324981, Ile107Asn; rs34705969, Phe197Cys; rs727162, Arg241Ser; rs6972158, Arg344Gln) represent all *NPSR1* coding variations known to occur in Caucasian populations (www.hapmap.org); 5 SNPs (rs2168890, rs1963499, rs887020, rs2530547, rs1419793) map in a region upstream the ATG start codon corresponding to *NPSR1* predicted promoter (Mauro D'Amato, unpublished).

**Method**—Genotyping was carried out using TaqMan (Applied Biosystems, Foster City, CA) according to the manufacturer's instructions, using 10–20ng of genomic DNA for each sample. Primers and probes were Assay-by Design except hopo546333 which was a custom assay (Applied Biosystems). Following PCR amplification, end reactions are read on the ABI Prism 7900HT using Sequence Detection Software (Applied Biosystems). TaqMan assays were performed at the Mayo Clinic Genotyping Shared Resource, Mayo Clinic

Rochester. Hardy-Weinberg Equilibrium (HWE) calculations were performed to verify that each marker was within allelic equilibrium in controls.

#### **Statistical Analyses**

Single-marker analyses were performed with the SNPassoc 1.5–8 package implemented in R (http://www.r-project.org and http://www.creal.cat/jrgonzalez/software.htm). [32] The overall association of SNPs with FGIDs was assessed using logistic regression, combining all disorders into one group and, separately, using the individual FGID subtypes. Separate analyses with available individual physiological measurements or quantitative variables (somatic symptom score and BMI) were carried out with linear regression and, when needed, variables were log transformed in order to ensure normality. Due to small sample size, carriership of the rare alleles was used in all tests of association. Analyses were adjusted by including gender as covariate in the model, and the potential effect of BMI was also evaluated by testing whether it represented a confounder when appropriate. Linkage disequilibrium (LD) and haplotype block structure (solid spine of LD) were investigated in Haploview 4.1 (http://www.broad.mit.edu/mpg/haploview). Haplotypes in the identified LD blocks were tested with the haplo.stats 1.3.0 package implemented in R (http://mayoresearch.mayo.edu/mayo/research/schaid lab/software.cfm), in a two step process in which they were first inferred by using an Expectation Maximization method, and later tested with either logistic or linear regression adjusted for gender. False discovery rate (FDR) correction was applied to assess whether associations were still significant after correction for multiple comparisons. For the calculation of the effect size of individual SNPs on quantitative physiological measurements, mean differences between carriers and noncarriers of the tested allele were calculated, and expressed as percent over the mean of the entire sample for the specific variable.

#### RESULTS

#### Effect of NPS-NPSR1 Signaling on Neuropeptides Expression

Human epithelial HEK293 cells were transfected with *NPSR1* cDNA and, after stimulation with NPS for six hours, neuropeptides mRNA levels were quantified by Real-Time PCR. As shown in Figure 2, the expression of NPSR1 in HEK293 cells induced up-regulation of several neuropeptides upon NPS stimulation, compared to parental HEK293 cells not expressing the receptor. In particular, while NPS induced higher expression of CCK, VIP, PYY and to some extent GHRL, SST showed the strongest induction with up to > 40 fold increase in mRNA levels compared to the control cells. This experiment therefore demonstrates that NPS-NPSR1 signaling can influence the expression of several neuropeptides that are involved in the modulation of gut function(s).

#### Genotyping

Twenty SNPs (dbSNP rs323917, rs323922, rs324377, hopo546333, rs324396, rs740347, rs2609234, rs714588, rs1379928, rs10278663, rs324384, rs324981, rs34705969, rs727162, rs6972158, rs2168890, rs1963499, rs887020, rs2530547, rs1419793) spanning approximately 200 kb of Chromosome 7p and including the entire *NPSR1* coding region (Figure 3), were genotyped in all 699 study participants. Eighteen SNPs showed 100% success rate; two markers (rs34705969 and rs324384) failed to cluster in the TaqMan assay, and were therefore excluded from downstream analyses. Allelic frequencies for the SNP rs1419793 showed significant deviation from HWE in the control group (p < 0.001); therefore, this marker was also excluded. Allelic frequencies at each marker, linkage disequilibrium (LD), and haplotype block structure in the region were similar to those previously shown in other studies of populations of European Caucasian origin (Figure 3). [15,16,18–20,22]

The 17 *NPSR1* SNPs passing all quality controls were tested for association with susceptibility to FGID symptom phenotypes and intermediate (physiological) phenotypes.

#### Association with Symptom Phenotype

There were no significant associations of *NPSR1* genotypes with symptom phenotype of FGIDs, either when tested as different sub-phenotypes (IBS-C, IBS-D, IBD-Alt, dyspepsia, compared to healthy controls) or when grouped together (FGID compared to healthy controls, data not shown). Two *NPSR1* SNPs, rs2530547 and rs324377, appeared to influence somatic symptom scores (Supplementary Table 2), but the association was not significant after FDR correction for the multiple tests performed. In addition, they were not significantly associated with any gastrointestinal physiological measurements (see below).

#### Association with Intermediate Phenotypes: GI Motor and Sensory Functions

Several associations were detected between individual gastrointestinal functions and *NPSR1* polymorphisms, which are reported in Table 1.

Two SNPs, rs324981 and rs6972158, were associated with the aggregate symptom score 30 minutes after a fully satiating meal. Of these, the polymorphism rs324981 (which corresponds to the Asn107IIe coding SNP) was also associated with postprandial gastric volume.

Five *NPSR1* polymorphisms showed association with individual lower gastrointestinal motor function measurements. Specifically, the SNPs rs1379928, rs740347 and rs6972158 (corresponding to the Arg344Gln coding variant) were all associated with colonic transit rate at both 24 and 48 hours; the SNP rs2609234 was associated with GC48, while the SNP rs10278663 showed association with colonic filling at 6 hours (surrogate of small bowel transit). The associations of rs1379928 with both GC24 and GC48, and of rs2609234 and rs6972158 with GC48 remained significant after FDR correction for multiple tests.

The results obtained from the statistical analysis of *NPSR1* SNPs and sensory functions are summarized in Table 2. Interestingly, among others, the SNP rs1379928 (which showed strong association with colonic transit at both 24 and 48 hours) also was associated with rectal sensory ratings of gas, urgency and pain. This polymorphism is, therefore, of particular interest, since it shows consistent associations with both motor and sensory physiological endpoints.

No additional findings, beyond those from individual SNPs, were identified when *NPSR1* haplotypes at LD blocks 1, 2 and 3 (Figure 1) were tested for association with either FGID symptom or intermediate physiological phenotypes (data not shown). Thus, the only haplotypic association identified was entirely due to linkage disequilibrium with rs2609234, and identical to the association at the single marker level. However, haplotype associations may have been hampered by low power due to the small sample size.

Inclusion as covariate in the statistical analyses of BMI, (which affects colonic functions, [33] and which is associated with some *NPSR1* SNPs in our population [Supplementary Table 2]), did not significantly modify the estimated genetic associations (data not shown).

#### Quantitative Differences in Motor and Sensory Endpoints in Association with NPSR1 SNPs

To provide an estimate of the potential effect of *NPSR1* polymorphism on gastrointestinal functions, the SNPs showing significant associations in the initial analyses in tables 1 and 2, were selected to quantify their associations and the direction of variation in motor and sensory ratings. In this exploratory analysis, several SNPs showed effects of substantial size,

expressed in Table 3 as percent increase or decrease over the mean value of physiological endpoints in each of the *NPSR1* genotypes of interest. In particular, the SNPs rs2609234, rs1379928 and rs6972158 (whose associations withstood correction for multiple tests) were associated with > 10% accelerations over average colonic transit (GC24 and/or GC48).

#### Functional Analysis of NPSR1 SNP rs1379928

Since the SNP rs1379928 was associated both with colonic transit and rectal sensory functions, we pursued preliminary studies to assess the functional effect(s) of this polymorphism. SNP rs1379928 is intronic and therefore is unlikely to have an effect on the corresponding protein.

To evaluate whether the SNP rs1379928 is of direct functional relevance, we tested its potential to affect DNA-protein interactions in electrophoretic mobility shift assays (EMSAs) with nuclear extracts from three different cell lines, SH-SY5Y (neuroblastoma), Colo205 (colon adenocarcinoma), and HEK293 (embrionic kidney epithelial cells). As shown in Supplementary Figure 1, however, this analysis did not disclose allelic qualitative or quantitative differences in DNA-protein complex formation. Although cell line-specific patterns were observed (with Colo205 cells differing from SH-SY5Y and HEK293), the two variants (T and C) at the rs1379928 SNP gave rise to identical DNA-protein complex profiles in the 3 cell lines tested. Although functional effects cannot be excluded, this experiment did not provide direct evidence that the rs1379928 polymorphism impacts protein binding to DNA.

#### DISCUSSION

This study shows that the expression of neuropeptides typically produced by enteroendocrine cells increases upon NPS-NPSR1 signaling in an *in vitro* model system. In addition, we have studied 17 *NPSR1* SNPs in an ethnically homogeneous group of FGID patients and healthy controls from one geographical region of the United States. Our results provide evidence of involvement of *NPSR1* in the genetic susceptibility to intermediate phenotypes of gastrointestinal function. We have shown that discrete *NPSR1* polymorphisms are associated with colonic transit and, to a lesser extent, with rectal sensations and postprandial satiation symptoms that may predispose to perturbed gastrointestinal functions in patients with FGIDs.

Few candidate genes have hitherto been tested for association with genetic susceptibility to FGID and/or related phenotypes, and there is no compelling evidence coming from replications in different populations of any one marker of susceptibility. [7,26–29,34–36]. The *NPSR1* gene encompasses 220 kb of genomic DNA on chromosome 7p14, and, in this region, there are hundreds of SNPs, which have been identified through sequencing of individuals from different ethnic groups (http://www.hapmap.org). To increase the likelihood of detecting association, our candidate gene strategy was based on the selection of *NPSR1* SNPs either previously associated with disease (asthma and IBD), [15,16,18–22] or of highest potential functional relevance (promoter and coding SNPs). Most of the association signals identified in previous studies come from haplotypes tagged by 7 intronic SNPs (rs323917, rs323922, rs324377, hopo546333, rs324384, rs324396 and rs740347) that are part of an LD block between exon 2 and 3 of the *NPSR1* gene. [15,16,18–22] Whereas these SNPs were included in our study, the multi-marker (haplotype) inference analysis was not sufficiently powered to confirm their relevance in the relatively small sample beyond the detected single-marker associations.

Several *NPSR1* polymorphisms located in different regions of the gene provided evidence of association. The most significant associations, which withstood correction for multiple

comparisons, involved 3 SNPs associated with colonic transit, namely rs2609234 and rs6972158 (associated with GC24), and rs1379928 (associated with both GC24 and GC48). These SNPs had a considerable effect on colonic transit, corresponding to a 10–16% mean acceleration of colonic transit in carriers of the tested alleles. The rs2609234 polymorphism maps 9 kb upstream the *NPSR1* coding region, and is thus likely to represent a marker in LD with as-yet unidentified functional variation(s). The rs6972158 SNP corresponds to an Arg344Gln amino acid change in the cytoplasmic tail of NPSR1, the receptor domain predicted to convey transduction signals intracellularly, and hence it may be functionally relevant. However, this variant has not been functionally characterized.

We were particularly interested in the SNP rs1379928, which affects colonic transit and rectal sensory ratings of gas, urgency and pain, and provided the strongest signal of association with asthma in two different populations (European-American and Costa Rican Hispanic). [22] This polymorphism is intronic (intron 1), does not impact on the functional properties of the receptor, and it may relate to intragenic regulatory elements or represent an LD proxy for other causative polymorphisms. In an electrophoretic mobility shift assays on 3 different cell lines, we failed to provide evidence of differential binding of nuclear proteins to DNA sequences from the two rs1379928 alleles, and therefore further studies are needed to assess whether this SNP is truly functionally relevant.

Several associations of nominal significance (p<0.05) were also detected in this study; their relevance will require confirmation in larger samples. The association of the SNP rs324981 with postprandial aggregate symptoms score and gastric volumes is of potential interest as it was associated with IBD, and with bronchial hyperresponsiveness to metacholine in Chinese asthmatics. [15,21] This polymorphism also corresponds to an NPSR1 Asn107Ile amino acid change that affects both the level of expression of the protein on the cell membrane, and the potency of the ligand NPS. [37–39] Carriage of the A allele, (Asn 107, characterized by lower NPSR1 biological activity), was associated with a 23.1% increase in postprandial aggregate score following a full satiating meal, and a 5.7% reduction of postprandial gastric volume following a full satiating meal; both would be expected to induce earlier satiation, as might occur in functional dyspepsia. Because the current study involved only 33 small patients with dyspepsia, this association with symptom and intermediate phenotypes should be tested in the future.

The biological function of the NPSR1-NPS system in the gut is still poorly understood; in an in vitro model system we have provided here indirect evidence that signaling through NPSR1 can induce increased expression of somatostatin, CCK, VIP, PYY and, possibly, ghrelin. Although their induction remains to be verified in the intestinal enteroendocrine cell type(s) expressing the receptor, many of these and other peptides and hormones up-regulated by NPS (such as substance P, neurotensin and the alpha subunit of chorionic gonadotropin, LH, FSH and TSH, [40]) are involved in the control of physiological motor and sensory functions in the gastrointestinal tract. [41-44] It is therefore conceivable that genetic alterations affecting NPSR1 expression or function might result in excessive or diminished neuropeptides induction leading to perturbed gut function, and thus represent at least one potential mechanism to explain the genetic associations reported here. Of note, inhibition of distal colonic transit rate has been recently shown in mice upon intracerebroventricular administration of NPS. [45] Similar to other neuropeptides and their receptors, it is plausible that NPS-NPSR1 signaling plays a role in the complex gut-brain axis, participating in modulation of inflammatory responses, anxiety and gut functions including nociception. Further investigations should thus use the data from this study to explore the associations of specific NPSR1 genetic variants with different FGIDs, bowel dysfunction, and the IBS pain, gas or urgency.

As with such candidate gene approaches, we may not have identified the specific variation(s) responsible for the intermediate phenotypes of FGIDs. The *NPSR1* is a complex locus with several LD blocks and many polymorphisms. Our targeted analysis takes us at least one step closer to narrowing down the number of SNPs to be evaluated in functional studies or to identifying risk alleles that may be in linkage disequilibrium with the detected SNPs of interest. In addition, our study did not focus on symptom phenotypes but on intermediate physiological phenotypes or biomarkers, and therefore direct clinical relevance is unclear.

The strengths of the study include the use of intermediate phenotypes that have been extensively studied, are associated with symptoms of FGID, and their coefficient of variation is thoroughly characterized providing a measurable effect of the associated SNPs. We used false discovery rate (FDR) correction to provide a conservative interpretation of the observed associations, and analyzed the data adjusting for gender. In contrast to the significant findings for multiple physiological functions, we did not observe any significant associations with symptom phenotypes of FGID. We believe this simply reflects the greater power of genotype-intermediate phenotype association studies compared to genetic epidemiology association studies, which require much greater sample sizes. [46]

In conclusion, our study provides the first evidence of an association of *NPSR1* polymorphisms and gastrointestinal motor and sensory functions that are relevant to IBS and functional dyspepsia. Replication studies will be important to confirm these findings in independent populations, although these may be difficult to accomplish as we are unaware that an IBS cohort with the same intermediate phenotypes measured is available. Further analyses of NPSR1 function(s) are encouraged to elucidate its role in FGIDs and the potential associations with epithelial barrier functions, inflammation, sensation, transit and satiation in health and disease.

#### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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#### Abbreviations

CALCA	calcitonin-related polypeptide alpha
CCK	cholecystokinin
CI	confidence interval
FDR	false discovery rate
GHRL	ghrelin
IBS	irritable bowel syndrome
IBS-D	diarrhea-predominant irritable bowel syndrome
IBS-C	constipation-predominant irritable bowel syndrome
IBS-Alt	irritable bowel syndrome with alternating bowel function

MLN	motilin
NPS	neuropeptide S
NPSR1	neuropeptide S receptor
OR	odds ratio
PCR	polymerase chain reaction
PPY	pancreatic polypeptide
РҮҮ	peptide YY
SNP	single nucleotide polymorphism
SST	Somatostatin
VIP	vasoactive intestinal peptide

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colon

rectum



#### Figure 1. NPSR1 is expressed in intestinal enteroendocrine cells

Immunohistochemistry stainings performed with an affinity purified NPSR1-specific antibody (HPA007489) on human normal intestinal tissue, reported in the Human Protein Atlas portal (http://www.proteinatlas.org). Full size images and additional information are publicly available at the website, hosted by the Swedish Human Proteome Resource (HPR) program.





HEK293 cells were transfected in duplicate experiments with *NPSR1* cDNA or empty vector (ctrl) and stimulated with 1  $\mu$ M NPS for six hours. mRNA levels for each gene were measured by quantitative Real-Time PCR and are expressed as relative fold induction (+SD), compared to control cells. CCK = cholecystokinin; CALCA = calcitonin-related polypeptide alpha; GHRL = ghrelin; MLN = motilin; PYY = peptide YY; PPY = pancreatic polypeptide; SST = somatostatin; VIP = vasoactive intestinal peptide. nd = not detected.

LD structure			marker	SNP	MAF ctrls	gene region	mRNA
I T T	rs2609234	Ш	rs2609234	G/a	0.159	upstream	-
2 (A 14)	rs714588		rs714588	G/a	0.397	upstream	-
4 ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° ° °	rs1963499		rs1963499	G/a	0.107	upstream	
73 73 73 73	rs2168890		rs2168890	A/g	0.131	upstream	-
22 72 72 72 99 97 97 97 97 97 97 97 97 97 97 97 97	rs2530547		rs2530547	T/c	0.356	exon 1	5' UTR
	rs887020		rs887020	A/g	0.442	exon 1	5' UTR
	rs1379928		rs1379928	C/t	0.185	intron 1	
	rs323917	I X	rs323917	C/g	0.043	intron 2	-
0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0	rs323922	SR1	rs323922	G/c	0.399	intron 2	-
	rs324377		rs324377	C/a	0.410	intron 2	-
	hopo546333		hopo546333	C/t	0.069	intron 2	-
	rs324396		rs324396	C/t	0.348	intron 2	
	rs10278663		rs10278663	G/a	0.197	intron 2	-
	rs740347		rs740347	G/c	0.129	intron 2	-
3 Z L	rs324981		rs324981	T/a	0.470	exon 3	Asn107lle
	rs727162		rs727162	C/g	0.227	exon 6	Arg241Ser
0 17	rs6972158	Ŧ	rs6972158	A/g	0.343	exon 9	Arg344Gln

#### Figure 3. LD map and characteristics of the studied NPSR1 SNPs

Left: LD and haplotype block structure (LD structure) obtained from Haploview 4 analysis of genotyping data. The numbers in each box correspond to LD coefficient D' between respective SNPs (only values for LD <100% are reported). Center: SNPs (marker) are listed with alleles at each locus (SNP - minor allele in lower case) and minor allele frequency in controls (MAF ctrl). Right: position of each SNP within then *NPSR1* coding region (gene region), and corresponding effect on mRNA (mRNA).

	z	rs2609234	rs714588	rs1963499	rs2168890	rs2530547	rs887020	rs1379928	rs323917	rs323922	rs324377	hopo546333	rs324396	rs10278663	rs740347	rs324981	rs727162	rs6972158
Allele tested		V	V	V	U	c	G	т	G	C	¥	Т	т	V	C	V	Ŀ	G
								Gastroi	ntestinal tra	nsit								
Log(GE T <sup>1/2</sup> )	268	.675	.928	.254	.200	.733	.713	.282	nt	.770	.780	.565	.122	.885	.119	.884	.719	.512
CF6	219	.877	.528	.818	966.	.630	.827	.912	nt	.057	.080	.303	.846	.004	.052	.104	.219	.322
Log(GC24)	172	.055	.469	.486	.423	.922	.947	<u>.002</u>	nt	.196	.239	.104	.970	.783	.007	.480	.475	.035
Log(GC48)	171	.0002	.071	.220	.068	.678	.493	<u>.006</u>	nt	.395	.344	.337	TTT.	.485	.026	.728	.072	<u>600</u> .
									atiation									
Log(MT Vol)	116	.175	.826	.821	.430	.831	.374	.839	nt	.838	.838	nt	.943	.648	.928	.538	.839	.971
Aggregate Score	116	.392	.245	.830	.094	.198	.182	.108	nt	.442	.274	nt	.935	.953	.780	.011	.456	.018
							9	astric Volum	e and Accon	imodation								
Log(Fast GVol)	228	.269	.316	.449	.375	.132	.693	.559	nt	.290	.162	.881	.956	.637	.873	.087	676.	066.
Log(Av Fed GVol)	) 228	.892	.410	.881	.879	.361	.519	.865	nt	.305	.384	.344	.330	.420	.135	.026	.303	.944
Delta Vol	228	.685	.783	.457	.615	.954	.663	607.	nt	LTT.	906.	.160	.277	.283	060.	.220	.195	.935

NOTE: GE T 1/2 = gastric half emptying time; CF6 = colonic filling at 6 hours; GC24/GC48 = colonic geometric center at 24/48 hours; MT Vol = maximum tolerated volume; Aggregate Score = aggregate score of postprandial symptoms (nausea, fullness, bloating, pain); Fast GVol = fasting gastric volume; Av Fed GVol = average feeding gastric volume; Delta Vol = Fast GVol - Av Fed GVol; nt = not tested (allele frequency below 0.05). Significant P values (< 0.05) are reported in bold, and are underlined when significant even after False Discovery Rate (FDR) correction for the multiple tests performed. NIH-PA Author Manuscript

Associations (P values) of NPSR1 SNPs with rectal compliance, and sensory ratings.

	Z	rs2609234	rs714588	rs1963499	rs2168890	rs2530547	rs887020	rs1379928	rs323917	rs323922	rs324377	hopo546333	rs324396	rs10278663	rs740347	rs324981	rs727162	rs6972158
Allele tested		¥	A	A	G	С	G	Т	G	C	V	Т	Т	A	С	V	Ċ	IJ
Compliance Pr50	112	.920	776.	.911	.516	.652	.633	.118	nt	.202	.316	nt	.956	.893	.889	.225	.598	.880
Gas at 36 mm Hg	102	.434	006.	.314	.652	.192	.676	.012	nt	.494	.436	nt	.087	.014	.926	096.	.918	.662
Urgency at 36 mm Hg	101	.220	619.	.616	.852	.546	.479	.041	nt	.539	.334	nt	.308	.277	.497	.905	966.	.243
Pain at 36 mm Hg	102	.044	.013	.694	.942	.886	.864	.041	nt	.545	.303	nt	.921	860.	.588	086.	.229	727.
NOTE: Sensation ratings of	f gas/urg	ency/pain at 3	16 mm Hg dis	stension (VAS	score); $nt = nc$	ot tested (alleli	ic frequency l	below 0.05). Si	ignificant P v	'alues (< 0.05	5) are reported	d in bold. No P	values remair	ned significant	after correction	on for the mu	ltiple tests pe	rformed.

# Table 3

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Quantitative

	rs2609234	rs714588	rs1379928	rs10278663	rs740347	rs324981	rs6972158
Allele tested	V	А	Т	Ψ	С	А	Ċ
GE T ½							
CF6				-27.1%			
GC24			+15.5%		+16.2%		+10.1%
GC48	+16.0%		+11.1%		+8.1%		+10.0%
MT Vol							
Aggregate Score						+23.1%	+18.6%
Fast GVol							
Av Fed GVol						-5.7%	
Delta Vol							
<b>Compliance Pr50</b>							
Gas at 36 mm Hg			+22.5%				
Urgency at 36 mm Hg			+9.9%	-5.5%			
Pain at 36 mm Hg	+20.7%	+24.7%	+19.9%				

NOTE: The direction of the relative contribution of tested alleles to each variable is expressed as mean percent increase (+) or decrease (-), calculated from the difference between carriers and non-carriers over the entire sample. Only effects for significant (p < 0.05) associations are reported, and those withstanding FDR correction for multiple tests (as reported in Table 1) are underlined. Abbreviations used to define variables are the same as from previous tables.