

Frequency-Dependent Regulation of Follicle-Stimulating Hormone β by Pulsatile Gonadotropin-Releasing Hormone Is Mediated by Functional Antagonism of bZIP Transcription Factors[∇]

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Oscillatory synthesis and secretion of the gonadotropins, follicle-stimulating hormone (FSH) and luteinizing hormone (LH), under the control of pulsatile hypothalamic gonadotropin-releasing hormone (GnRH), is essential for normal reproductive development and fertility. The molecular mechanisms by which various patterns of pulsatile GnRH regulate gonadotropin responsiveness remain poorly understood. In contrast to the α and LH β subunit genes, FSH β subunit transcription is preferentially stimulated at low rather than high frequencies of pulsatile GnRH. In this study, mutation of a cyclic AMP response element (CRE) within the FSH β promoter resulted in the loss of preferential GnRH stimulation at low pulse frequencies. We hypothesized that high GnRH pulse frequencies might stimulate a transcriptional repressor(s) to attenuate the action of CRE binding protein (CREB) and show that inducible cAMP early repressor (ICER) fulfills such a role. ICER was not detected under basal conditions, but pulsatile GnRH stimulated ICER to a greater extent at high than at low pulse frequencies. ICER binds to the FSH β CRE site to reduce CREB occupation and abrogates both maximal GnRH stimulation and GnRH pulse frequency-dependent effects on FSH β transcription. These data suggest that ICER production antagonizes the stimulatory action of CREB to attenuate FSH β transcription at high GnRH pulse frequencies, thereby playing a critical role in regulating cyclic reproductive function.

The maintenance of normal reproductive function in all vertebrate species is dependent on the regulation of luteinizing hormone (LH) and follicle-stimulating hormone (FSH) synthesis and release by pituitary gonadotropes. These hormones are released in a pulsatile manner to regulate gametogenesis and gonadal hormone synthesis (2, 11, 17). The intermittent synthesis and secretion of LH and FSH by pituitary gonadotropes are tightly regulated, as evidenced by predictable and reproducible changes in circulating levels throughout the menstrual or estrous cycle. Although the synthesis and release of pituitary gonadotropins are affected by a number of endocrine, paracrine, and autocrine factors, the most important influence appears to be that of the hypothalamic decapeptide, gonadotropin-releasing hormone (GnRH). The tight inter-relationship between GnRH release and gonadotropin production is evidenced in patients with Kallmann's syndrome, in which GnRH deficiency results in low gonadotropin levels, absence of pubertal maturation, and infertility (42). Thus, GnRH is an essential coordinator of reproductive function.

Regulation of gonadotropin biosynthesis and secretion by GnRH is critically dependent on GnRH delivery to the anterior pituitary. Pulsatile GnRH results in the stimulation of gonadotropin subunit mRNA levels and of LH and FSH secretion, whereas continuous exposure to GnRH downregulates mRNA levels and secretion (2, 45). Furthermore, the frequency and amplitude of GnRH pulses varies temporally and

developmentally, for example, during different phases of the menstrual or estrous cycle, and determines, in part, the relative proportions of LH and FSH synthesis and secretion (34). Increased frequency of pulsatile hypothalamic GnRH release favors LH β gene transcription over FSH β and increases the ratio of secreted LH to FSH (1, 2, 15, 19, 34, 45). Conversely, a decreased GnRH pulse frequency, characteristic of the luteal and early follicular phases of the ovulatory cycle, favors FSH β , allowing for increased pituitary FSH secretion essential for the recruitment and selection of the maturing ovum (1, 2, 15, 19, 34, 45).

The response of gonadotropes to GnRH in terms of relative FSH and LH production is thus exquisitely sensitive to the pattern of GnRH stimulation. This is exemplified in polycystic ovarian syndrome (PCOS), the most common cause of infertility in women of reproductive age, affecting up to 10% of this population (13). This disorder, which is becoming increasingly prevalent, is often associated with obesity, insulin resistance, and metabolic and cardiovascular abnormalities similar to those of the metabolic syndrome (23). The pathogenesis of this disorder remains unclear, but one hallmark of PCOS is that of disrupted reproductive cycles as a consequence of elevated serum LH and depressed FSH levels, leading to an increase in androgen production by ovarian thecal cells (3, 12, 23). This change in gonadotropin dynamics reflects increased hypothalamic GnRH neuronal activity which manifests itself in predominantly high frequency GnRH pulsatility (3, 12, 23). In the present study, we propose a mechanism by which changes in GnRH pulse frequency cause differential pituitary FSH β gene expression.

We (8) and others (10, 44) have characterized a major GnRH responsive element within the proximal FSH β pro-

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moter, which contains a partial cyclic AMP (cAMP) response element (CRE) that, in the rat, is predominantly bound by CRE binding protein (CREB) (8). Since this GnRH responsive element is 100% conserved in humans (44), it may be of clinical relevance, with protein-DNA interactions at this site a potential focus for therapeutic intervention. GnRH stimulates rat (r)FSH β transcription by inducing phosphorylation of CREB bound to this site, leading to the recruitment of the histone acetyltransferase CREB binding protein (CBP) (8). We show here that a mutation of this GnRH responsive element abolishes the preferential stimulation of FSH β transcription by low frequencies of pulsatile GnRH, leading us to hypothesize that high GnRH pulse frequencies stimulate a transcriptional repressor(s) to attenuate the action of CREB. We provide evidence that functional antagonism between CREB and a transcriptional repressor, inducible cAMP early repressor (ICER), exists in the gonadotrope to mediate the differential regulation of FSH β transcription by various patterns of pulsatile GnRH. Given the central role of FSH in the control of gametogenesis, we provide here a context for the design of novel therapeutic approaches to contraception and the treatment of infertility, PCOS, and other reproductive disorders.

MATERIALS AND METHODS

Reporter plasmids, shRNA constructs, and expression vectors. -140/+15 rFSH β Luc was generated as previously described by fusing the -140/+15 portion of the rFSH β gene promoter upstream of the luciferase reporter gene in pXP2 (48). A 6-bp mutation was introduced into the CRE site of -140/+15 rFSH β Luc (5'-GGTCACGTT-3' to 5'-GcgccgTT-3'; Δ CRE) by using a QuikChange site-directed mutagenesis kit (Stratagene, La Jolla, CA) according to the manufacturer's suggested protocol as previously reported (8). For an internal standard, an expression vector encoding β -galactosidase driven by the simian virus 40 early promoter was used in all luciferase studies (SV40 β Gal; Promega, Madison, WI). Short hairpin RNA (shRNA) constructs containing either an shICER or a control shCtrl scrambled sequence were purchased from Superarray Biosciences Corp. (Frederick, MD). The expression vectors for ICER I, II, and III in pcDNA3 were a generous gift from Kelly Mayo (Northwestern University, Chicago, IL), and the expression vector for CREB in pCMX was kindly provided by J. Larry Jameson (Northwestern University, Chicago, IL).

Cell culture and transfection. The murine gonadotrope-derived L β T2 cell line was kindly provided by Pamela L. Mellon (University of California San Diego, San Diego, CA) and were grown and maintained in high-glucose Dulbecco modified Eagle medium (DMEM; HyClone, Logan, UT) supplemented with 10% (vol/vol) fetal bovine serum (FBS; Omega, Tarzana, CA), 100 U of penicillin/ml, and 100 μ g of streptomycin sulfate (Invitrogen, Carlsbad, CA)/ml in 5% CO $_2$ humidified air at 37°C. HEK293 cells were cultured in low-glucose DMEM (HyClone) with the same supplements outlined above and transiently transfected by the calcium phosphate coprecipitation method. Transient transfections in L β T2 cells were performed by electroporation as described previously (8). Briefly, L β T2 cells were transiently transfected by electroporation with the indicated vectors. The cells were suspended in 0.5 ml of Dulbecco phosphate-buffered saline (PBS) supplemented with 5 mM glucose containing the plasmid DNA to be transfected. The L β T2 cells were exposed to a single electrical pulse of 0.24V with a total capacitance of 960 μ F and allowed to recover in PBS supplemented with 5 mM glucose and 20% FBS before plating. Static cultures of L β T2 were stimulated by 100 nM GnRHAg (des-Gly 10 , [D-Ala 6]-LHRH ethylamide; Sigma, St. Louis, MO) or vehicle.

Perfusion studies. Perfusion studies were conducted as previously reported (1). Briefly, L β T2 cells were plated in perfusion chambers coated with Matrigel (Becton Dickinson Labware, Bedford, MA) and incubated for 24 h in static culture. The chambers were subsequently mounted in the perfusion system and continuously perfused with high-glucose DMEM supplemented with 1% FBS and 1% penicillin-streptomycin at a constant flow rate (0.25 ml/min). During perfusion, groups of three chambers were treated for 20 h with either medium alone or 10 nM GnRH (Sigma) pulses at high (every 30 min) or low (every 120 min) frequency. GnRH pulse frequencies were delivered by peristaltic pumps

controlled by a time controller (ChronTrol XT, San Diego, CA). At 20 min after the last GnRH pulse, the chambers were disconnected, assay and the cells were harvested for analyses.

mRNA and protein quantification. Total RNA from L β T2 cells was extracted by using the RNeasy kit (Qiagen, Valencia, CA) according to the manufacturer's protocol, including DNase treatment. One microgram of RNA was reverse transcribed using Superscript III cDNA synthesis kit (Invitrogen). Semiquantitative reverse transcription-PCR analyses were performed in a PTC-100 thermal cycler (MJ Research, Waltham, MA) with *Taq* polymerase (Promega) containing the addition of 1.5 mM MgCl $_2$, 0.2 mM deoxynucleoside triphosphates spiked with 1 μ Ci of [α - 32 P]dCTP (Perkin-Elmer, Waltham, MA), 2 μ l of cDNA, and specific primers. The primer sequences for each respective gene were as follows: ICER sense (5'-ATGGCTGTAAGTGGAGATGAAACT-3') and antisense (5'-CTAATCTGTTTTGGGAGAGCAAATGTC-3'), FSH β sense (5'-AGACAGCTGACTGCACAGGA-3') and antisense (5'-CCGAGCTGGGTCCTTATACA-3'), and L19 sense (5'-CTGAAGGTCAAAGGGAATGTG-3') and antisense (5'-GGACAGAGTCTTGATGATCTC-3'). The amplification cycling profile used for all genes was 94°C for 30 s, 60°C for 30 s, and 72°C for 30 s. To ensure linearity of amplification for each primer set, different cycling conditions were tested, and the final PCR assays were performed using the optimal, nonsaturating conditions attained for each gene. Amplified samples were analyzed on a 5% native acrylamide gel and subsequently dried and scanned in a phosphorimager.

Total protein was purified in radioimmunoprecipitation assay (RIPA) buffer (50 mM Tris-HCl, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 1 mM EDTA, 0.1% sodium dodecyl sulfate [SDS], 1 mM phenylmethylsulfonyl fluoride, 10 μ M leupeptin, 0.1 μ M aprotinin, and 1 μ M pepstatin to a final pH of 7.4). Portions (50 μ g) of protein were subjected to SDS-PAGE separation and transferred onto a nitrocellulose membrane (Whatman, Waltham, MA) for Western blot analyses. The membranes were then blocked with 5% nonfat dry milk in TBST (Tris-buffered saline plus Tween 20) for 1 h at room temperature with shaking and then incubated with an ICER (kindly provided by Carlos Molina, New Jersey Medical School, Newark, NJ) antibody at 4°C for 12 h with gentle shaking. Blots were subsequently rinsed with TBST and incubated with secondary antibody (donkey anti-rabbit antibody conjugated to horseradish peroxidase; Santa Cruz); after rinsing again with TBST, the antibody-antigen complexes were visualized by using an enhanced chemiluminescence reagent (Perkin-Elmer). The blots were stripped (100 mM β -mercaptoethanol, 2% SDS, 62.5 mM Tris [pH 6.8]) and reprobbed with a β -actin antibody (Sigma) for normalization purposes. The signal intensities for each band, either cDNA or protein, were quantified by using ImageJ (National Institute of Health [www.rsbi.info.nih.gov/nih-image/]). Values were normalized by each respective housekeeping gene and expressed as arbitrary units.

Electrophoretic mobility shift assay (EMSA). The rFSH β probes containing the wild-type (WT) (5'-TGTTATTGGTACCGTTAACACCCAGTAAAT-3') and mutant (Δ) (5'-TGTTATTGGCGGCCGTTAACACCCAGTAAAT-3') CRE sites were annealed with complementary antisense oligonucleotides in annealing buffer (100 nM NaCl, 10 mM Tris-HCl [pH 8.0], 1 mM EDTA [pH 8.0]) and purified by PAGE. The probes were 5' end labeled with [γ - 32 P]ATP using T4 polynucleotide kinase (New England Biolabs, Ipswich, MA) and extracted by using a quick spin column (Roche, Nutley, NJ). Nuclear extracts were purified from HEK293 or L β T2 cells as previously described (8). Then, 2 μ g of HEK293 or 10 μ g of L β T2 nuclear extract per sample was used with 100,000 cpm of probe in binding buffer (0.01 μ g of salmon sperm/ μ l, 2.15 mM phenylmethylsulfonyl fluoride, 5 mM dithiothreitol, 20 mM HEPES [pH 7.9], 60 mM KCl, 5 mM MgCl $_2$, 1 mg of bovine serum albumin/ml, and 5% [vol/vol] glycerol). Gels were dried and scanned in a phosphorimager. An ICER antibody (kindly provided by Kelly Mayo, Northwestern University, Chicago, IL) was used to supershift protein-DNA complexes, while rabbit IgG (Santa-Cruz) was used as a negative control.

ChIP and semiquantitative and quantitative real-time PCR. Chromatin immunoprecipitation (ChIP) analyses were performed as previously described (8). Briefly, L β T2 cells were transfected by electroporation with either WT or Δ CRE -140/+15 rFSH β Luc and either a fixed or increasing amounts of an ICER II expression vector as indicated. Cells were incubated for 48 h after transfection, stimulated with 100 nM GnRHAg for 1 h immediately before collection, cross-linked with 1% formaldehyde at room temperature for 15 min, and rinsed twice in ice-cold PBS. Cross-linked DNA was sonicated to fragments ranging from 200 to 500 bp in length. After sonication, the chromatin solutions were precleared with protein A-agarose (Upstate, Charlottesville, VA) and salmon sperm DNA and subjected to immunoprecipitation by incubation with CREB or ICER antibodies, followed by incubation with protein A-agarose-salmon sperm DNA. Preimmune IgG was used as a negative control. After sequential washes with 2 \times low salt (20 mM Tris [pH 8.0], 150 mM NaCl, 2 mM EDTA [pH 8.0], 1% Triton

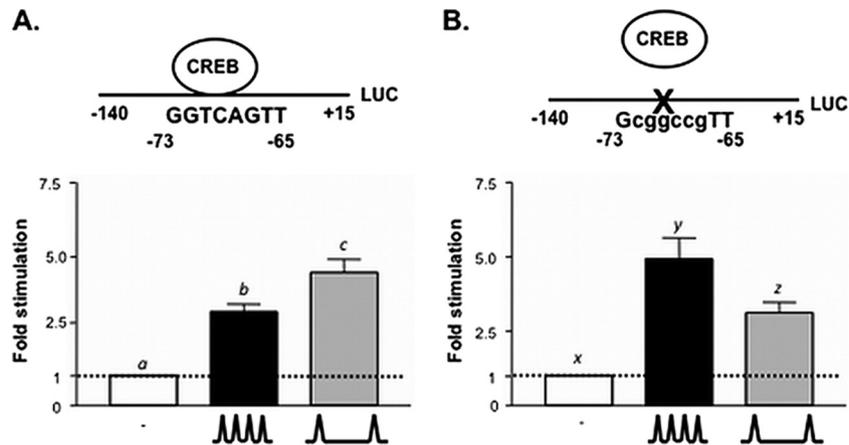


FIG. 1. Mutation of a CRE site in the FSH β promoter results in loss of preferential GnRH stimulation at low pulse frequencies. L β T2 cells were transfected with (A) wild-type $-140/+15$ rFSH β Luc reporter or (B) mutant CRE $-140/+15$ rFSH β Luc reporter. The cells were stimulated with pulsatile GnRH at a low ($\wedge\wedge$; one pulse/120 min) or high ($\wedge\wedge\wedge$; one pulse/30 min) frequency. Bar graphs show means \pm the standard errors of the mean (SEM) fold stimulation for each experimental condition. The data presented are a pool of four to five independent experiments, each performed in triplicate. Significant differences ($P < 0.05$), measured by one-way analysis of variance (ANOVA) with a *post hoc* Tukey-Kramer multiple-comparison test, are indicated by different letters.

X-100, 0.1% SDS), 2 \times high salt (20 mM Tris [pH 8.0], 500 mM NaCl, 2 mM EDTA [pH 8.0], 1% Triton X-100, 0.1% SDS), 2 \times LiCl (0.25 M LiCl, 1% NP-40, 1% sodium desoxycholate, 1 mM EDTA, 10 mM Tris-HCl [pH 8.1]), and 4 \times Tris-EDTA buffer, precipitated chromatin was eluted, and cross-linking was reversed with 0.3 M NaCl. After protein and RNA removal with proteinase K and RNase (Roche Applied Science), respectively, chromatin was purified by phenol-chloroform extraction and ethanol precipitation. Semiquantitative PCR was performed by using a sense primer directed against the rFSH β ($-117/-93$) promoter sequence (5'-TGTCTAAACAATGATTCCTTCA-3') and an antisense primer directed against the pXP2 vector (5'-CTTCTTTATGTTTTGGCGTCTT-3'), which produced a product encompassing the CRE in the rFSH β promoter. For ChIP studies on the endogenous mouse FSH β promoter, L β T2 cells were transfected with 12 μ g of an ICER II expression vector or the empty control vector and were treated with 100 nM GnRHag for 1 h immediately before harvest for ChIP assay as outlined above. Previously published oligonucleotides (5'-GGTGTGCTGCCATATCAGATTCG G-3') and (5'-GCATCAAGTGCTGCTACTCACCTGTG-3') spanning a 280-bp region of the mouse FSH β gene from -223 to $+57$ that encompasses the partial CRE/API site (10) were used to amplify immunoprecipitated DNA. Since the ICER II expression vector used in this experiment encodes a hemagglutinin (HA) sequence (6), an HA antibody (Santa Cruz) was incubated with cell lysates to determine ICER binding, whereas the CREB antibody was used to determine CREB binding.

DNA was amplified in a PTC-100 thermal cycler (MJ Research) for 24 to 28 cycles (94 $^{\circ}$ C for 30 s, 60 $^{\circ}$ C for 30 s, and 72 $^{\circ}$ C for 30 s). Samples were then analyzed on a 5% native acrylamide gel and subsequently dried and scanned on a phosphorimager, which measured incorporated [α - 32 P]dCTP. Cyclophilin A (5'-CGAGCTCTGAGCACTGGAGA-3') and (5'-TGGCGTGTAAGTCACC ACC-3') was used as a control to verify specificity of the immunoprecipitation. Quantitative real-time PCR assays were performed on an ABI Prism 7000 sequence detection system (Applied Biosystems, Foster City, CA) using primers described above and SYBR green mix (Bio-Rad, Hercules, CA) according to the manufacturer's instructions. The results were analyzed using ABI Prism 7000 SDS software (Applied Biosystems), and data presented as either a fold change from L β T2 cells transfected with empty pcDNA3 vector or as absolute values as quantified by a standard curve generated through serial dilution of the $-140/+15$ rFSH β Luc construct. PCRs were subsequently subjected to electrophoresis on an agarose gel to verify that only a single band was amplified.

Statistical analyses. All graphs were drawn and statistical analyses were performed in Prism 3.00 for Windows (GraphPad Software, San Diego, CA). Details of statistical analyses for each individual experiment can be found in each respective figure legend. P values of <0.05 were considered statistically significant.

RESULTS

Mutation of a major GnRH responsive element within the FSH β promoter results in loss of preferential GnRH stimulation at low pulse frequencies. We recently identified a major GnRH responsive element within the rFSH β promoter (positions $-80/-51$ relative to the transcription initiation start site), which contains a partial CRE site (5'-GGTCA-3') (8). This sequence is 100% conserved in both human (44) and mouse (10) and is bound *in vivo* by the bZIP transcription factor, CREB. In static cultures of the murine gonadotrope L β T2 cell line, mutation of this element reduces both basal and GnRH stimulation of FSH β gene expression (8). To determine the role of this CRE site in mediating the response of FSH β transcription to pulsatile GnRH, L β T2 cells were transfected with a luciferase reporter construct driven by either $-140/+15$ of the rFSH β gene promoter containing the wild-type CRE site (5'-GGTCAGTT-3') or the corresponding construct harboring a mutation in this CRE (5'-GcggccgTT-3'). Twelve hours after transfection, the cells were perfused for 20 h and exposed to pulsatile GnRH at either high (every 30 min) or low (every 120 min) pulse frequencies or with medium alone, as previously described (1). Here and in all subsequent experiments, GnRH pulses were administered every 30 min to reflect the high-pulse-frequency state and every 2 h to reflect the low-pulse-frequency state. These pulse frequencies were chosen based on previous studies, indicating that these frequencies were optimal for LH β gene expression and LH secretion and FSH β gene expression and FSH secretion, respectively (1, 4, 26). In keeping with our previous studies, L β T2 cells harboring the wild-type FSH β promoter construct show preferential stimulation of FSH β transcription at the low GnRH pulse frequency (Fig. 1A) (1). However, mutation of the CRE site resulted in a loss of this preferential GnRH stimulation at the low pulse frequency (Fig. 1B). These results indicate that the FSH β partial CRE plays a critical role in GnRH pulse

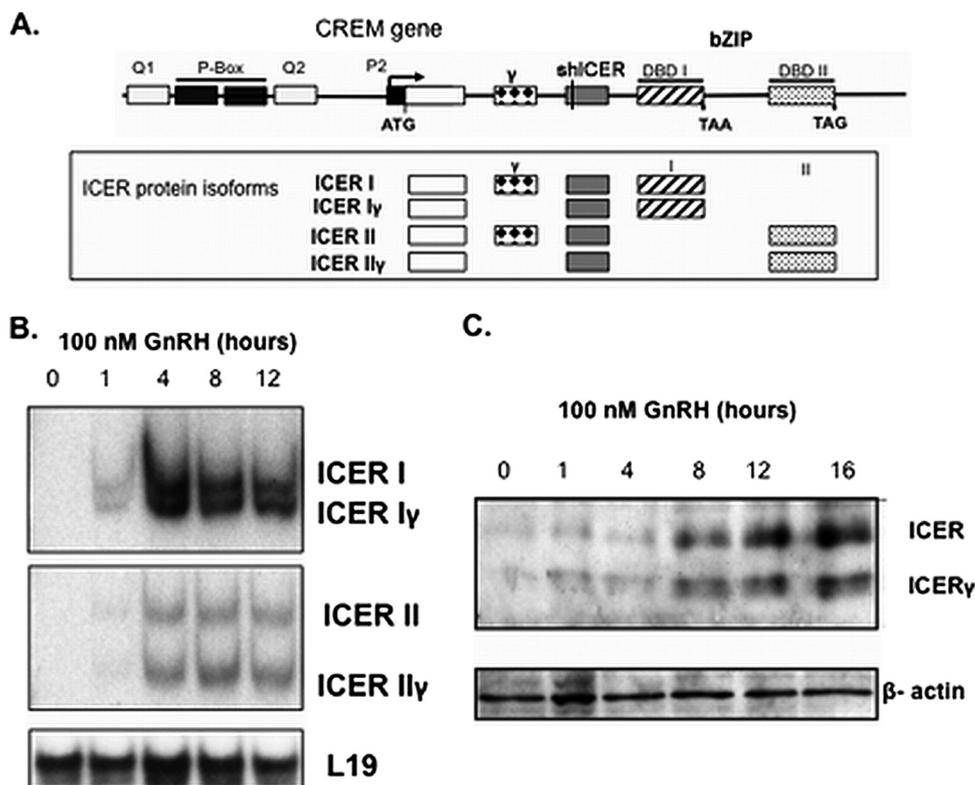


FIG. 2. GnRH stimulates inducible cAMP early repressor (ICER) in L β T2 cells. (A) Structure of the CREM gene that encodes ICER from an internal promoter (P2). Alternative splicing events give rise to four distinct ICER protein isoforms as depicted in the boxed field. DBD I and II, DNA-binding domain I and II; ATG, translational start site; TAA and TAG, translational stop codons; bZIP, basic leucine zipper motif. Regions encoding glutamine rich (Q1 and Q2) and kinase-inducible (P-Box) domains of the CREM gene, absent in ICER isoforms, are also depicted. The shICER sequence used in later experiments is common to all ICER isoforms. (B) ICER isoform mRNA levels in L β T2 cells at the indicated time points after stimulation with 100 nM GnRHAg. L19 mRNA levels are included as a control. (C) ICER isoform protein levels at the indicated time points after stimulation with 100 nM GnRHAg. β -Actin protein levels are shown as a loading control.

frequency-dependent regulation of FSH β gene expression. We hypothesized that a transcriptional repressor may be stimulated in the gonadotrope at high GnRH pulse frequencies to attenuate FSH β transcription by antagonizing the formation of a multiprotein complex composed of CREB, CBP, and elements of the transcriptional machinery.

GnRH induces ICER expression in a gonadotrope cell line.

Proteins that inhibit the recruitment of CBP to the promoter of CREB responsive genes will cause transcriptional repression. There are bZIP repressor proteins that are endogenous antagonists of CREB, including a well-characterized class of repressor isoforms known as inducible cAMP early repressor (ICER) (28, 36). As a consequence of alternative splicing events, ICER is expressed as a family of four isoforms. ICER I and II contain distinct bZIP domains; in addition, both ICER I and ICER II can be deficient in exon γ and are accordingly named ICER I γ and ICER II γ (Fig. 2A). These isoforms have the ability to bind to CRE or CRE-like elements but, since they lack both kinase-inducible and transactivation domains, they are unable to recruit CBP to increase transcription. Instead, they act as transcriptional repressors by abrogating CREB action. To establish whether these ICER isoforms play a functional role in controlling FSH β transcription, we first determined whether ICER is expressed in the L β T2 gonadotrope-derived cell line, under basal or GnRH-stimulated conditions. As measured by

PCR, and in keeping with the dogma that ICER isoforms are inducible products of the CREM gene, there was no detectable ICER mRNA expression under basal conditions in static L β T2 cell cultures (Fig. 2B). However, GnRH exposure stimulated expression of transcripts of all four ICER isoforms (Fig. 2B). ICER protein levels were similarly induced by GnRH (Fig. 2C). The expression of ICER isoforms following GnRH stimulation supports a potential role for ICER in the GnRH control of the FSH β gene.

ICER is induced to a greater extent at high GnRH pulse frequencies. Based on the evidence that GnRH can induce ICER production in L β T2 cells, we hypothesized that ICER may be preferentially stimulated at high GnRH pulse frequencies to attenuate FSH β transcription. L β T2 cells were perfused for 20 h with either high (every 30 min) or low (every 120 min) frequencies of pulsatile GnRH or with medium alone and subsequently harvested for mRNA or protein quantification. Confirming our initial study, ICER was undetectable under basal conditions at both the mRNA (Fig. 3A) and protein (Fig. 3B) levels but was induced by pulsatile GnRH. Furthermore, ICER mRNA (Fig. 3A) and protein (Fig. 3B) were significantly more abundant in L β T2 cells exposed to high, rather than low, GnRH pulse frequencies. In contrast, FSH β mRNA was significantly more abundant at low, rather than high, GnRH pulse frequencies (Fig. 3A), complementing previous

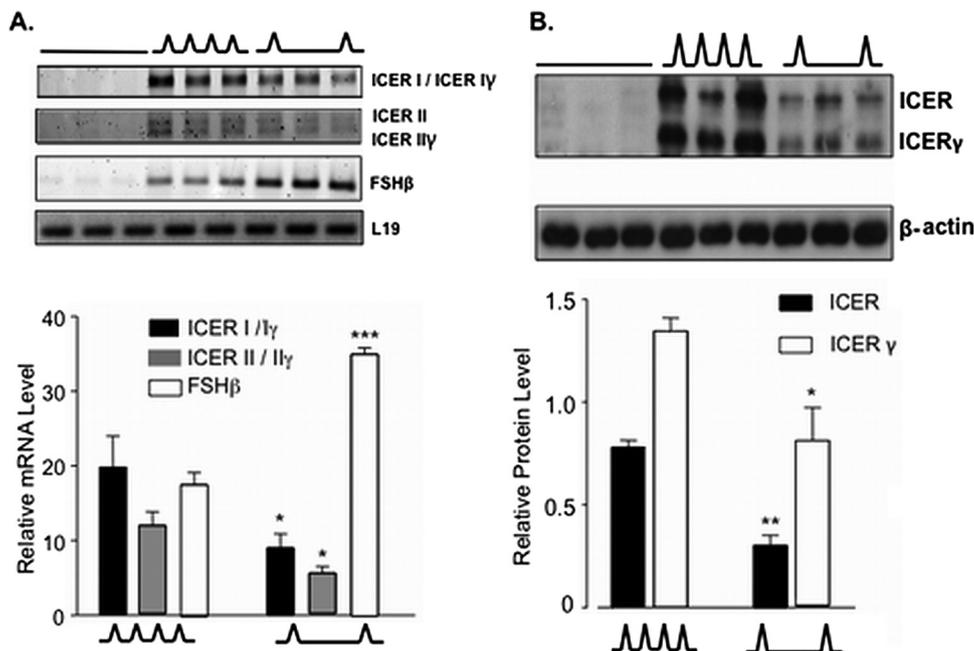


FIG. 3. ICER mRNA and protein isoforms are preferentially stimulated at high GnRH pulse frequencies. (A) ICER, FSH β , and L19 mRNA levels were quantified after 20 h of perfusion and stimulation with high ($\wedge\wedge\wedge$; every 30 min) or low (\wedge_\wedge ; every 120 min) frequencies of pulsatile GnRH or with medium alone (—). (B) ICER and β -actin protein levels were quantified by Western blot analysis under the same conditions as in panel A. In both panels A and B, the upper panels show the results of a representative experiment. The lower panels show the means \pm the SEM of three independent experiments, each performed in triplicate. *, $P < 0.05$; **, $P < 0.005$; ***, $P < 0.001$ (compared to the corresponding mRNA or protein level at the high GnRH pulse frequency [Student unpaired t test]).

studies (1, 4, 26) and further supporting a potential inhibitory role for ICER in the differential control of FSH β transcription by pulsatile GnRH.

ICER isoforms attenuate maximal GnRH stimulation of FSH β transcription. Cotransfection studies were performed to determine whether ICER is able to downregulate GnRH/CREB stimulation of FSH β transcription. L β T2 cells were transfected with increasing amounts of expression vectors encoding each of the four ICER isoforms, together with an expression vector encoding CREB as well as $-140/+15$ rFSH β Luc. At 44 h after transfection, cells were treated with 100 nM GnRHAg or vehicle for an additional 4 h prior to harvest for subsequent luciferase and β -galactosidase assays. All four ICER isoforms significantly attenuated maximal GnRH stimulation of the FSH β promoter in a dose-dependent fashion (Fig. 4).

ICER can bind to the FSH β CRE site. One possible mechanism by which ICER may attenuate GnRH-stimulated FSH β transcription is by antagonizing the binding of CREB to the FSH β CRE site. Since both CREB and ICER are members of the bZIP family of transcription factors, they share high homology at the protein level, particularly within their DNA-binding domains (DBD) and the adjacent leucine zipper motif, which is responsible for the dimerization of bZIP members (36). Therefore, the occupancy of a CRE site is dependent on the relative abundance of these dimers as well as their affinity to DNA. At high GnRH pulse frequencies, elevated ICER protein levels could antagonize CREB-induced transcription of the FSH β gene by forming either ICER homodimers or CREB-ICER heterodimers that can bind to the FSH β CRE

site. Since ICER I/I γ and ICER II/II γ have different DBDs, it is conceivable that ICER isoforms may have various affinities to the FSH β CRE site. This hypothesis is supported by previous findings that suggest DBD II has a consistently higher affinity for noncanonical CRE sites than DBD I (28). To determine which ICER isoforms have the ability to bind to the noncanonical FSH β CRE site, ICER isoform expression vectors (ICER I, I γ , II, and II γ) were transfected into HEK293 cells, and nuclear extracts were prepared from the transfected cells and used in an EMSA with a radiolabeled probe encompassing the FSH β CRE site. These studies demonstrated that all four ICER isoforms have the ability to bind to the FSH β CRE site (Fig. 5A). The identities of these complexes were verified by further retardation of DNA-protein complexes after incubation with an ICER-specific antibody (Fig. 5A). In agreement with previous observations (28), ICER II isoforms appear to have a higher affinity for the noncanonical FSH β CRE site than ICER I isoforms, as reflected by the stronger band intensities in the EMSA study. These differences in band intensities do not appear to be due to differences in protein expression levels between ICER I and ICER II, with the exception of ICER I γ , which was poorly expressed in the transfected HEK293 cells (Fig. 5B). It has been shown previously that the rate of degradation of ICER isoforms can vary (16), which may explain the relatively poor ICER I γ expression in this experiment.

ICER-induced suppression of GnRH-stimulated FSH β transcription is dependent on an intact CRE site. If the observed ICER suppression of GnRH stimulation of FSH β transcription is mediated through the CRE site within the FSH β

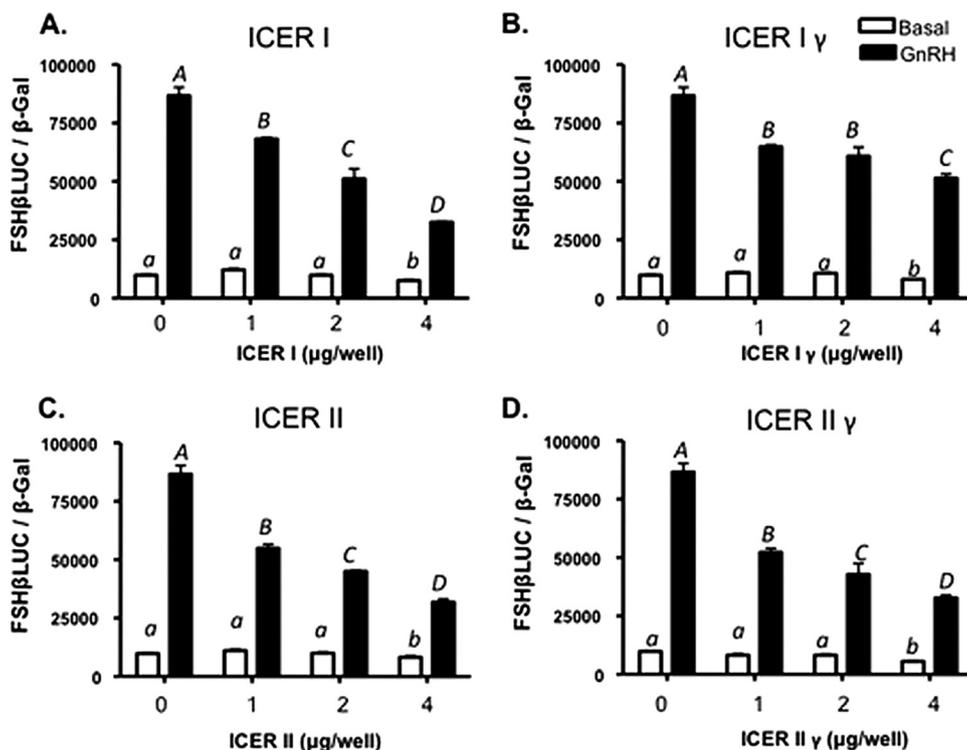


FIG. 4. Overexpression of ICER I (A), ICER I γ (B), ICER II (C), and ICER II γ (D) attenuates the maximal GnRH transcriptional response of the rFSH β gene in a dose-dependent manner. L β T2 cells were transfected with 2 μ g of -140/+15 rFSH β Luc and increasing amounts of the indicated ICER expression vector, together with 1 μ g of a CREB expression vector. Cells were treated 44 h after transfection with 100 nM GnRHAg or vehicle for 4 h prior to harvest. Bar graphs show the luciferase activity (means \pm the SEM from triplicate samples, normalized to β -galactosidase activity) from a representative experiment, repeated on three separate occasions with comparable results. Significant differences ($P < 0.05$), as measured by one-way ANOVA with *post hoc* Tukey-Kramer multiple-comparison test, are denoted by different letters.

promoter, then mutation of this CRE site would be expected to abolish the repressive effects of ICER. To test this hypothesis, L β T2 cells were transfected with increasing amounts of an expression vector encoding ICER II, together with an expression vector encoding CREB and a luciferase reporter linked to the rFSH β (-140/+15) promoter containing the mutant CRE site as used in previous perfusion experiments (Fig. 1B), and then stimulated with 100 nM GnRHAg or vehicle in static culture. No repression of GnRH-stimulated luciferase activity following ICER II overexpression was observed (Fig. 6A), and this was associated with a marked reduction of ICER II binding to the mutated (Δ) FSH β CRE as observed by EMSA (Fig. 6B) and ChIP (Fig. 6C). In addition, increasing ICER II expression resulted in the reduction of protein-DNA complexes formed on the WT CRE probe (Fig. 6B), complexes previously characterized to include CREB and USF (8). The reduction in these other protein-DNA complexes likely include CREB, since the binding of CREB to the Δ CRE FSH β promoter was reduced compared to the WT FSH β promoter as quantified by ChIP (Fig. 6C). Collectively, these results suggest that ICER mediates its inhibitory effects on FSH β transcription through a mechanism that requires DNA binding to the intact FSH β CRE site and may involve CREB displacement.

ICER reduces CREB binding to the FSH β promoter *in vivo*.

The ability of ICER to bind to the noncanonical FSH β CRE site (Fig. 5A, 6B, and 6C) suggests that ICER may antagonize CREB function by direct competition for the occupation of the

FSH β promoter (Fig. 6B). To test this hypothesis and determine whether ICER displaces CREB binding to the FSH β CRE site in an *in vivo* context, ChIP was performed in L β T2 cells transfected with increasing amounts of an ICER II expression vector, together with -140/+15 rFSH β Luc. Oligonucleotides encompassing the CRE site were used to amplify DNA immunoprecipitated with ICER or CREB antibodies. Overexpression of ICER resulted in a reduction in CREB occupation of the FSH β promoter in a dose dependent manner (Fig. 7A and B). Accompanying this finding, there was a corresponding increase in ICER occupation of the FSH β promoter, as evidenced by immunoprecipitation with an ICER antibody (Fig. 7A and 7B). This suggests that the *in vivo* reduction in CREB binding to the FSH β promoter is a direct consequence of increased ICER occupation. The observed binding of CREB and ICER to the FSH β promoter was specific, as determined both by immunoprecipitation with nonspecific IgG antibody and by PCR amplification of immunoprecipitated DNA using mouse cyclophilin A oligonucleotides (Fig. 7A).

CREB and ICER were also shown to bind to the endogenous mouse FSH β promoter in L β T2 cells. L β T2 cells were transfected with an HA-tagged ICER II expression vector or empty control vector and oligonucleotides encompassing the partial CRE/AP1 site in the endogenous mouse FSH β promoter were used to amplify DNA immunoprecipitated with HA or CREB antibodies from cell lysates. L β T2 cells trans-

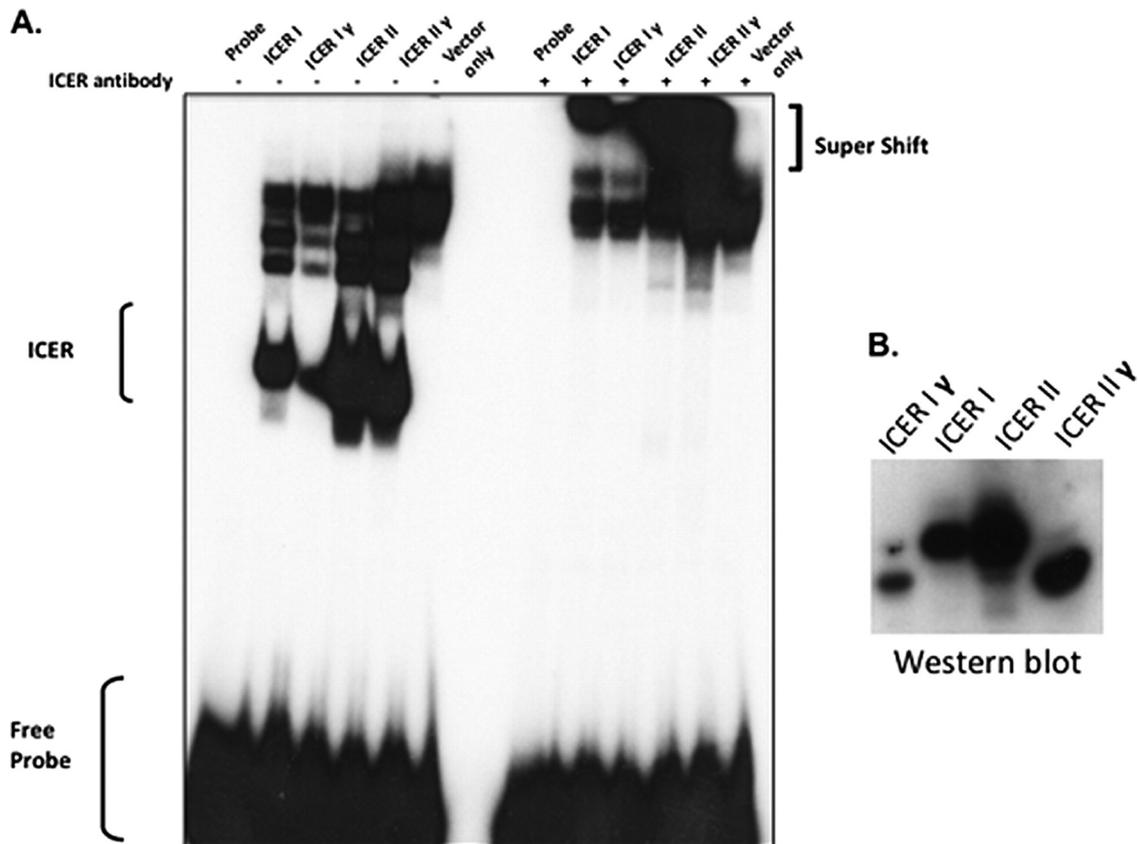


FIG. 5. ICER isoforms can bind to the FSH β CRE site. ICER expression vectors (10 μ g) (ICER I, ICER I γ , ICER II, and ICER II γ) were transfected into HEK293 cells and nuclear extracts were prepared and used in EMSA. (A) A protein-DNA complex (labeled ICER) was detected only in the presence of transfected ICER isoforms but not in control empty vector-transfected cells. Supershifted complexes were detected with incubation of an ICER-specific antibody. (B) Western blot indicating relative amounts of each respective ICER protein present in nuclear extract samples from transfected HEK293 cells.

fected with empty vector showed that CREB can bind to the $-223/+57$ portion of the endogenous FSH β promoter (Fig. 7C). As is the case with the rFSH β CRE site, overexpression of ICER reduces CREB binding to the endogenous mouse FSH β promoter (Fig. 7C), suggesting that ICER can also antagonize CREB binding to the murine FSH β promoter. Indeed, immunoprecipitation of ICER using an HA antibody confirmed that ICER can also bind to the endogenous mouse FSH β promoter (Fig. 7C).

ICER abrogates GnRH pulse frequency-dependent effects on FSH β transcription. Since ICER has the ability to attenuate GnRH-stimulated FSH β transcription in static L β T2 cultures, we hypothesized that overexpression of ICER could abrogate the preferential stimulation of FSH β gene expression at low GnRH pulse frequencies. L β T2 cells were cotransfected with $-140/+15$ rFSH β Luc and an expression vector encoding ICER II and exposed to pulsatile GnRH at either high or low pulse frequencies or medium alone. As usual, FSH β gene promoter activity was preferentially stimulated at the low, rather than high, GnRH pulse frequency (Fig. 8A, left panel). In contrast, overexpression of ICER resulted in a loss of the preferential stimulation of FSH β transcription at the low GnRH pulse frequency, such that there were no longer GnRH pulse frequency-dependent differential effects on GnRH stim-

ulation of FSH β (Fig. 8A, right panel). Taking into account that endogenous ICER is preferentially induced at high GnRH pulse frequencies (Fig. 3), it is plausible that overexpression of ICER in L β T2 cells exposed to high GnRH pulse frequencies would show no further attenuation of FSH β transcription. In contrast, ICER overexpression would be expected to attenuate FSH β transcription in L β T2 cells treated with low GnRH pulse frequencies. To test this hypothesis, L β T2 cells were again cotransfected with a luciferase reporter linked to the rFSH β ($-140/+15$) gene promoter and either an ICER II-expressing or empty pcDNA3 control vector and then exposed to high-frequency GnRH pulses or medium alone. Under this experimental paradigm, there was no inhibition of FSH β luciferase activity (Fig. 8B, left panel), suggesting that endogenous ICER is produced to a sufficient level to cause maximal repression of GnRH-stimulated FSH β transcription. In contrast, exposing the transfected cells to low-frequency GnRH pulses revealed a significant reduction in GnRH-stimulated FSH β promoter activity in the cells overexpressing ICER (Fig. 8B, right panel). Thus, overexpression of ICER selectively attenuated stimulation of FSH β promoter activity by GnRH at the low pulse frequency, with no effect at the high frequency, resulting in the loss of GnRH pulse frequency-dependent differential regulation of FSH β expression.

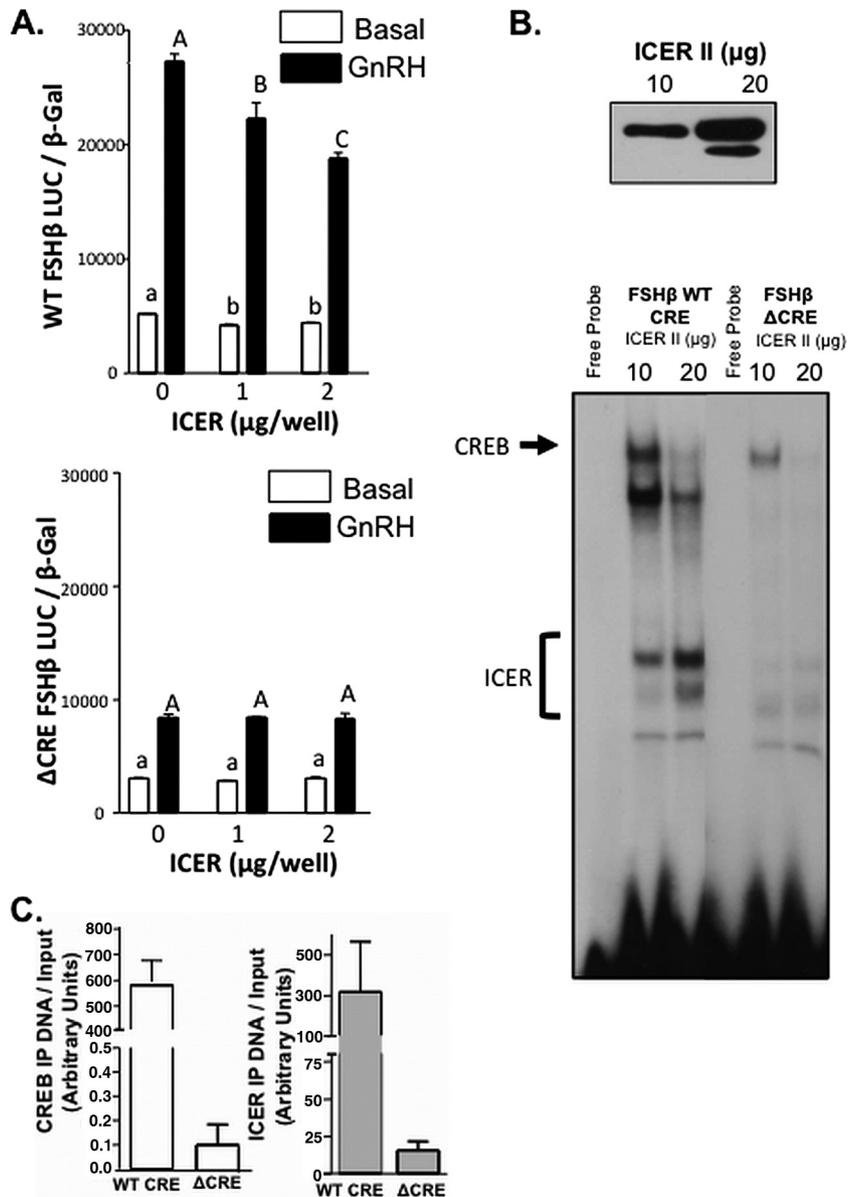


FIG. 6. ICER-induced suppression of FSH β transcription is dependent on an intact CRE site. (A) L β T2 cells were cotransfected with either a WT or mutant (Δ) CRE -140/+15 rFSH β Luc reporter and increasing amounts of an ICER II expression vector as indicated, together with 1 μ g of a CREB expression vector. L β T2 cells were treated with either 100 nM GnRHAg or medium alone for 4 h. Bar graphs show luciferase activity (means \pm the SEM from triplicate samples, normalized to β -galactosidase activity) from a representative experiment, repeated on three separate occasions with comparable results. Significant differences are denoted as different letters as tested by one-way ANOVA with a *post hoc* Tukey-Kramer multiple-comparison test. (B) Nuclear extracts from L β T2 cells transfected with increasing amounts of an ICER II expression construct (10 and 20 μ g per plate) were initially subjected to Western blot to verify increasing ICER II expression (top panel), and nuclear extracts were subsequently used in EMSA studies (bottom panel) with either FSH β WT CRE or Δ CRE probes. Protein-DNA complexes containing ICER or CREB are indicated. (C) L β T2 cells were transfected with either WT or mutant (Δ) CRE -140/+15 rFSH β Luc and an ICER II expression vector. After 48 h, and after 100 nM GnRHAg treatment for 1 h, the cells were harvested for a ChIP assay with immunoprecipitation with CREB, ICER, or IgG antibodies. Immunoprecipitated DNA was quantified by real-time qPCR with reference to a standard curve generated by serial dilutions of a known concentration of plasmid (as outlined in the ABI prism user manual) and normalized to respective input amounts. The results for CREB (left panel) and ICER (right panel) are represented in the bar graphs (means \pm the SEM).

It would follow that if ICER overexpression disrupts the GnRH pulse frequency-dependent response of FSH β transcription, then knockdown of endogenously expressed ICER would have comparable results. To test this hypothesis, L β T2 cells were transfected with -140/+15 rFSH β Luc and a shRNA construct containing either a shICER sequence or a scrambled,

nonspecific shCtrl sequence. The shICER construct is directed to a sequence that is common to all ICER isoforms (Fig. 2A). The ability of the shICER construct to knock down ICER was verified by Western blot analysis (Fig. 9A). Transfected L β T2 cells were then perfused with either high or low GnRH pulse frequencies or medium alone, as outlined above. Complement-

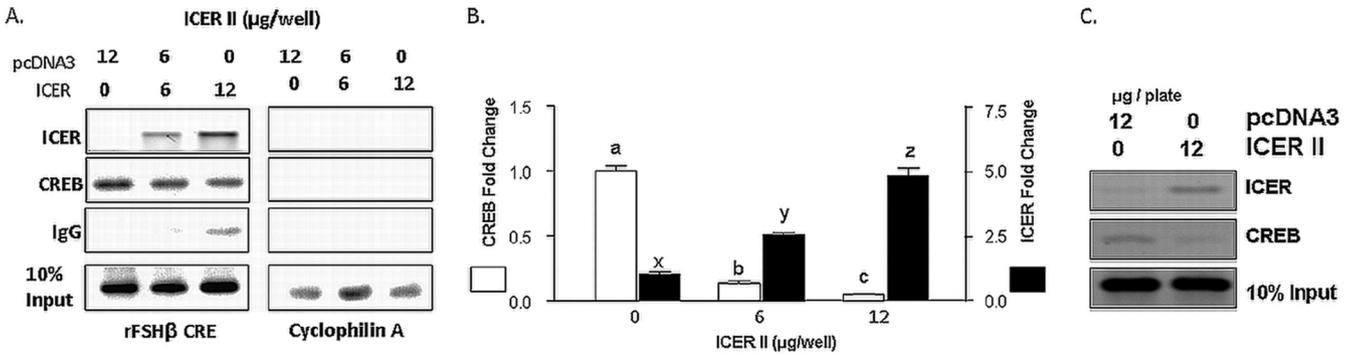


FIG. 7. ICER reduces CREB binding to the FSHβ promoter through competition for the FSHβ CRE site. (A) LβT2 cells were cotransfected with -140/+15 rFSHβLuc and increasing amounts of an ICER II expression vector. ChIP analysis was performed by specific PCR amplification of rFSHβ or cyclophilin after immunoprecipitation with ICER, CREB, or IgG antibodies as indicated. Input samples (10-fold diluted) were subjected to PCR as positive controls. Representation of a radiolabeled PCR scanned in a phosphorimager depicting the amount of FSHβ CRE immunoprecipitation with the respective antibodies is shown. (B) Results of real-time qPCR of FSHβ DNA immunoprecipitated with CREB or ICER antibodies. The bar graph depicts the means ± the SEM of triplicate samples from a representative experiment, repeated on three separate occasions with comparable results. Significant differences ($P < 0.05$), as measured by one-way ANOVA with a *post hoc* Tukey-Kramer multiple-comparison test, are denoted by different letters. (C) LβT2 cells were transfected with either an HA-tagged ICER II or control empty expression vector and cultured for 48 h. After 100 nM GnRHAg treatment for 1 h, cells were harvested, and ChIP analysis was performed by PCR amplification of the endogenous murine FSHβ promoter on samples immunoprecipitated with either an HA antibody to specifically measure ICER binding or a CREB antibody to determine CREB binding. Input samples (10-fold diluted) were subjected to PCR as positive controls; PCR image shown is a representative radiolabeled PCR scanned in a phosphorimager.

ing our ICER overexpression data, knockdown of endogenous ICER with a shICER construct causes a disruption to the GnRH pulse frequency-dependent response of FSHβ transcription (Fig. 9B, right panel). This effect was not seen in LβT2 cells transfected with a shCtrl construct, which retained the ability to respond preferentially to low GnRH pulse frequency (Fig. 9B, left panel). Collectively, these studies support our hypothesis that increased expression of ICER is specifically mediating the observed attenuation of FSHβ promoter activity in LβT2 cells exposed to high GnRH pulse frequencies.

DISCUSSION

Ovarian dynamics during the ovulatory cycle are dependent on changes in systemic gonadotropin levels, making episodic release of these pituitary hormones, LH and FSH, fundamental to the maintenance of cyclic reproductive function (11). Befitting their important roles in endocrine physiology, the synthesis and secretion of LH and FSH are controlled by a complex interplay of both inhibitory and stimulatory endocrine components that include feedback from gonad-derived factors

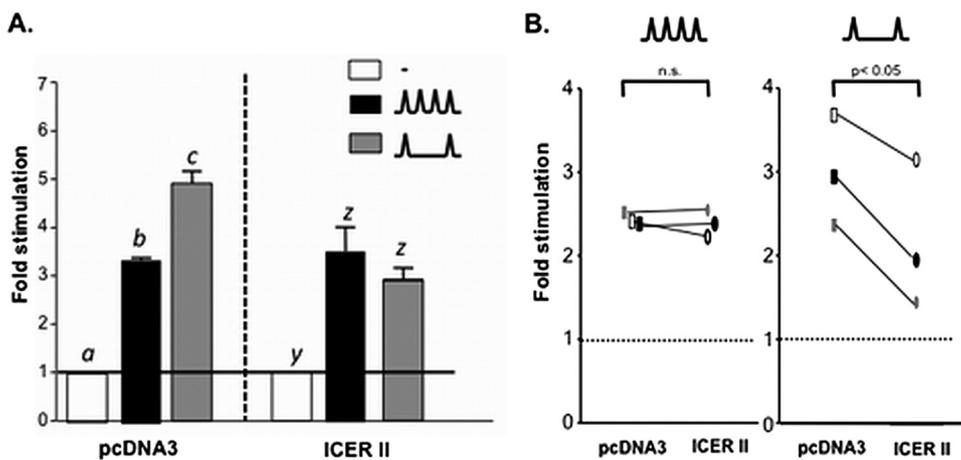


FIG. 8. ICER overexpression abrogates GnRH pulse frequency-dependent effects on FSHβ transcription. (A) LβT2 cells were transfected with -140/+15 rFSHβLuc (4 μg) and with 2 μg of an expression vector encoding ICER II or with empty vector (pcDNA3), followed by perfusion and stimulation with low (Λ_Λ_Λ; every 120 min) or high (Λ^Λ^Λ; every 30 min) GnRH pulse frequencies. Bar graphs show the fold stimulation (means ± the SEM) relative to unstimulated levels. Significant differences ($P < 0.05$), as measured by one-way ANOVA with a *post hoc* Tukey-Kramer multiple-comparison test, are denoted by different letters. (B) LβT2 cells were transfected with the ICER II expression vector and exposed to either high or low GnRH pulse frequencies in two separate experiments, repeated on three separate occasions with each individual experiment done in triplicate. Paired *t* tests, performed on experimental data with connected data points denoting paired experiments, revealed a significant effect at low, but not high, GnRH pulse frequencies.

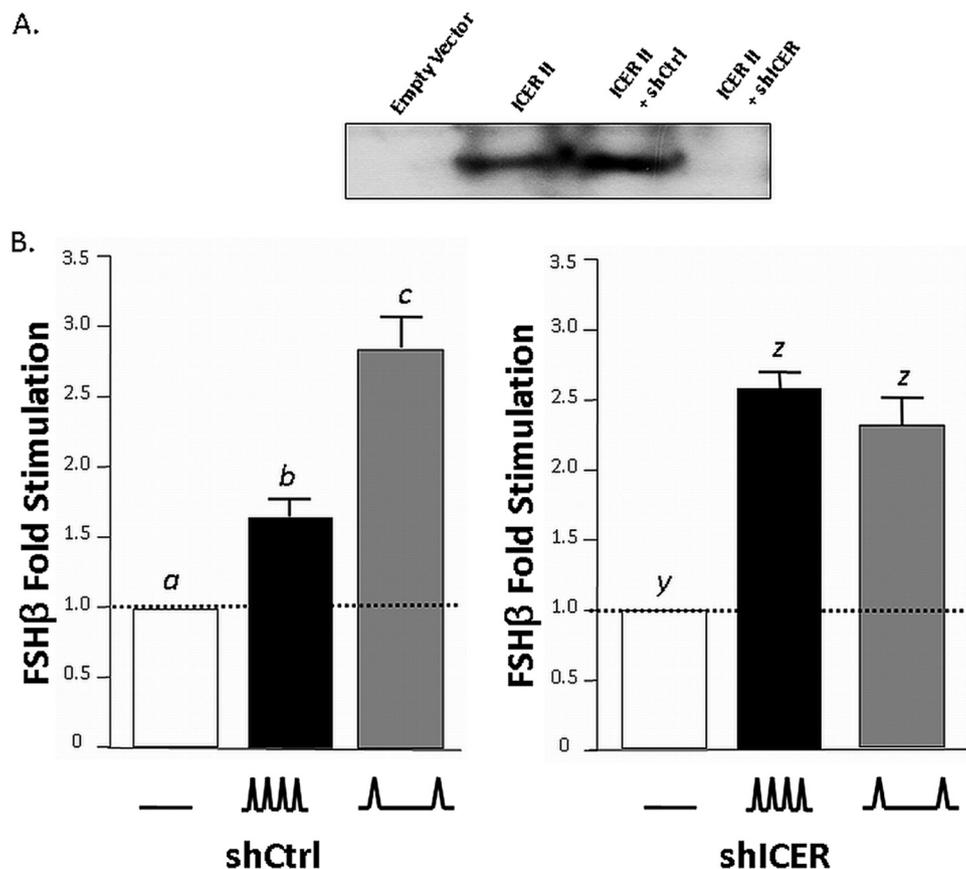


FIG. 9. ICER shRNA abrogates GnRH pulse frequency-dependent effects on FSH β transcription. (A) Representative Western blot analysis using L β T2 cell lysates transfected with empty vector (pcDNA3) or an ICER II expression vector with either an shCtrl construct containing a nonspecific scrambled sequence or an shICER construct containing a sequence directed against ICER. (B) L β T2 cells were transfected with $-140/+15$ rFSH β Luc (4 μ g) and with 2 μ g of shCtrl (left panel) or shICER (right panel) constructs, followed by perfusion and stimulation with low ($\wedge\text{—}\wedge$; every 120 min) or high ($\wedge\wedge\wedge$; every 30 min) GnRH pulse frequencies. Bar graphs show the fold stimulation (means \pm the SEM) relative to unstimulated levels. Significant differences ($P < 0.05$), as measured by one-way ANOVA with a *post hoc* Tukey-Kramer multiple comparison test, are denoted by different letters.

and stimulation by the hypothalamic decapeptide, GnRH (2, 11, 34). GnRH binds to specific high-affinity cell surface receptors (GnRHR) on pituitary gonadotropes to activate signal transduction cascades that ultimately modulate the biosynthesis of gonadotropin subunits (α , LH β , and FSH β) and secretion of biologically active hormones (LH and FSH) (24).

GnRH can cause differential effects on the rate of gonadotropin subunit gene transcription and on LH and FSH secretion. How this occurs likely rests on the ability of the gonadotrope to decipher different GnRH input patterns (15, 41); this is possible because GnRH secretion from hypothalamic neurons is not continuous. Rather, GnRH is released in a regulated pulsatile manner that varies in frequency and amplitude under normal physiological conditions such as at the onset of puberty and during the ovulatory cycle (34). Interestingly, these variations in GnRH pulse pattern are associated with divergent LH and FSH secretion, allowing for a mechanism by which a single hypothalamic neuropeptide can induce differential changes on two distinct hormones released from the same pituitary cell type. High GnRH pulse frequencies, a characteristic of the late follicular phase of the ovulatory cycle, leads to greater LH secretion; conversely, low GnRH frequen-

cies, associated with the luteal phase, lead to increased FSH release (34). These frequency-dependent effects have been shown to occur at the transcriptional level (1, 15, 19, 26). Disruption of the correct pulsatile GnRH pattern and, hence, gonadotropin synthesis and secretion, manifests itself in a number of clinical disorders that cause infertility. In women, hypothalamic amenorrhea is predominantly associated with low GnRH pulse frequencies and abnormal serum gonadotropin levels (40); conversely, PCOS is associated with both high GnRH pulse frequencies and circulating LH levels but reduced circulating FSH levels (3, 12, 13).

With the use of the gonadotrope-derived L β T2 and α T3-1 cell lines, progress has been made in elucidating the molecular mechanisms underlying tissue-specific and static GnRH-stimulated expression of the gonadotropin genes (8–10, 22, 29–31, 44, 46, 48, 49). In contrast, relatively few studies have addressed the physiologically relevant effects of GnRH pulse frequency on gonadotropin transcription (1, 4, 5, 25–27, 29). Recent studies suggest that GnRH mediates stimulatory transcriptional effects on both LH β and FSH β genes through modifying the histone acetylation status of the gonadotropin gene promoters. It appears that GnRH-mediated repression of

histone modifying enzymes, the histone deacetylases (HDACs), is a hallmark of gonadotrope development (30). In the immature α T3-1 gonadotrope cell line, HDACs occupy both FSH β and LH β promoters under basal conditions to cause transcriptional silencing (30). Other studies in the more mature L β T2 gonadotrope model have implicated the histone acetyltransferases (HATs), CBP and/or its paralogue P300, in mediating the GnRH stimulation of both gonadotropin β -subunit promoter genes (8, 37). Collectively, these observations suggest that histone modification through acetylation is an important aspect in GnRH control of gonadotropin β -subunit gene expression.

The synthesis of FSH β is the rate-limiting step in FSH production (14, 35). Therefore, a greater perspective of how FSH β transcription is regulated is key to understanding the control of FSH release and hence the development and maintenance of reproductive function. In the context of the rFSH β promoter, GnRH stimulates transcription by increasing bound histone-modifying enzyme CBP (8). This increase in CBP is mediated in turn through the bZIP transcription factor CREB, bound to the FSH β CRE site (8). In the present study, we have shown that mutation of this CRE site abolishes preferential FSH β transcription at low GnRH pulse frequency, implicating this site as an important mediator of GnRH pulse frequency-dependent FSH β gene expression (Fig. 1B). Our subsequent investigations have elucidated a potential mechanism by which patterns of GnRH pulsatility cause differential effects on FSH β transcription by orchestrating changes in the occupancy of this CRE site by two bZIP family members that have contrasting functions, CREB and ICER.

Pulsatile hormone synthesis and secretion are characteristic features of various oscillatory systems. The present study further strengthens and expands the view that ICER is a major integrative player in the maintenance of such biological rhythms. For example, through LH-dependent signaling within the ovary, ICER has been implicated in controlling the oscillatory synthesis of the inhibin α -subunit gene during the ovulatory cycle by antagonizing stimulatory CREB function induced through FSH receptor-dependent signaling (6, 38). Furthermore, ICER is an essential component of molecular mechanisms involved in rhythmic production of pineal gland melatonin and, under hypothalamic control, participates in a transcriptional autoregulatory loop which ultimately mediates oscillations of serotonin *N*-acetyltransferase, the rate-limiting enzyme for melatonin synthesis (33, 39, 43). However, it remains unclear whether this hypothalamic stimulation of the pineal gland is pulsatile or tonic in nature. Here, we have extended our understanding of ICER biology and show that differential activation of a single receptor in a pulsatile manner can induce disparate ICER expression (Fig. 3) that ultimately reduces promoter bound CREB (Fig. 7). In this way, ICER acts as an essential and multifunctional regulator of oscillatory hormonal levels.

An intriguing question is what causes the preferential ICER stimulation at high GnRH pulse frequencies that ultimately reduces FSH β transcription. The answer may rest in either the differential activation of signaling systems within the gonadotrope and/or synthesis, modification, and degradation of either transcription factors or regulatory proteins. It is well established that members of the mitogen activated protein kinase

(MAPK) family of signaling proteins are stimulated by GnRH *in vivo* (50), in cultured rat pituitary fragments (22) and in L β T2 cells (9, 31) to contribute to regulation of gonadotropin subunit gene expression. In particular, activation of phosphorylated extracellular signal-regulated kinases (pERK) 1/2 is more rapid and more sustained in L β T2 cells perfused with low, rather than high, GnRH pulse frequencies, suggesting that pERK is important in the preferential increase of FSH β transcription observed at low GnRH pulse frequency (27). It is conceivable that pERK may mediate stimulatory effects on FSH β gene expression, at least in part, through an ICER-dependent mechanism. In support of this view, pERK1/2 have been found to physically interact and phosphorylate ICER proteins. The phosphorylation of ICER at position serine 41 marks the protein for ubiquitination and subsequent proteasomal degradation (47). This pERK-dependent degradation of ICER proteins may explain the reduction in ICER levels at low GnRH pulse frequencies. This model is in agreement with the emerging concept that differential effects mediated by changes in GnRH pulse frequency are associated with stability or degradation of important regulatory proteins and transcription factors (15, 29). In this way, the regulation of protein stability appears to be a generic mechanism used by oscillatory systems. For example, the production of cryptochrome proteins, essential components of the circadian clock, are regulated in part by ubiquitination and subsequent protein degradation (7).

It is conceivable that Ca²⁺-mediated signaling is preferentially elevated at high GnRH pulse frequencies, which may explain the observed increase in ICER mRNAs (Fig. 3A). In support of this view, high-frequency Ca²⁺ stimulation has an inhibitory effect on FSH β mRNA (21). This suggests that GnRH, at least in part, signals through a calcium-dependent mechanism, which at high GnRH pulse frequencies might attenuate FSH β transcription. Recently, in cultured primary rat neurons, Ca²⁺ signaling through calcium/calmodulin-dependent kinase II (CaMKII) has been found to be important in inducing immediate-early gene expression, including CREM/ICER (32). Furthermore, in primary rat pituitary cultures, CaMKII has been implicated as an essential mediator of GnRH-dependent gonadotropin gene expression (18, 20, 21). In this way, Ca²⁺ signaling, potentially through CaMKII, may explain elevated ICER gene expression at high GnRH pulse frequencies and suggests that ICER transcription and subsequent ICER protein stability are controlled by two independent mechanisms which have the potential to be functionally significant.

The data presented here provide evidence that ICER causes transcriptional repression through protein-DNA interactions. ICER isoforms are able to bind to the intact FSH β CRE site (Fig. 5B and 7), which is essential for transcriptional repression of the gonadotropin subunit gene since ICER is unable to bind or cause transcriptional repression when this CRE site is mutated (Fig. 5A and B). In this way, it appears that ICER binding to the FSH β promoter is the primary mechanism of FSH β subunit transcriptional repression. Furthermore, our current data help to elucidate how a single neuropeptide, through different patterns of GnRH pulsatility, can have differential effects on FSH β subunit transcription. An important aspect in the GnRH pulse frequency-mediated transcriptional control of the FSH β subunit appears to be the stimulation of

inducible members of the CREM gene, ICER isoforms, to a greater extent at high GnRH pulse frequencies (Fig. 3A and B), which may account for decreased FSH β transcription by inhibiting recruitment of CBP to the GnRH responsive element within the FSH β promoter. Insights into the mechanisms by which changes in GnRH pulse frequency cause differential pituitary FSH β gene expression as provided by the present study will contribute to our understanding of abnormal gonadotropin secretion in disorders such as hypothalamic amenorrhea and PCOS and provide a context for the design of novel therapeutic approaches.

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