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A new model system swims into focus: using the zebrafish to visualize intestinal metabolism *in vivo*

Juliana D Carten and Steven A Farber[†]

Abstract

Many fundamental questions remain regarding the cellular and molecular mechanisms of digestive lipid metabolism. One major impediment to answering important questions in the field has been the lack of a tractable and sufficiently complex model system. Until recently, most studies of lipid metabolism have been performed *in vitro* or in mice, yet each approach possesses certain limitations. The zebrafish (*Danio rerio*) offers an excellent model system in which to study lipid metabolism *in vivo*, owing to its small size, genetic tractability and optical clarity. Fluorescent lipid dyes and optical reporters of lipid-modifying enzymes are now being used in live zebrafish to generate visible readouts of digestive physiology. Here we review recent advances in visualizing intestinal lipid metabolism in live larval zebrafish.

Keywords

BODIPY; fatty acids; genetics; intestine; zebrafish

Given the numerous roles lipids play in cellular function, it is not surprising that defects in lipid metabolism underlie many human diseases [1–3]. More than a third of adults and 17% of children are currently classified as obese in the USA [4,5], with obesity and Type 2 diabetes on the rise in developing countries [6]. The prevalence of lipid disorders has generated a great need to advance our understanding of lipid metabolism as it pertains to the development of effective clinical treatments for these conditions. Only a handful of pharmacological drugs targeting intestinal lipid absorption have been approved by the US FDA in recent years, the most prominent of which are the pancreatic lipase inhibitor orlistat (Alli[®], GlaxoSmithKline) and the cholesterol absorption inhibitor ezetimibe (Zetia[®], Merck/Schering Plough). The development of effective therapeutics for lipid disorders is hindered by gaps in our understanding of the molecular mechanisms underlying lipid transport and processing. A detailed cell biological model of intestinal lipid absorption is therefore needed to identify key molecular targets for therapeutic development.

It has become increasingly apparent that studies of lipid metabolism are more powerful when performed *in vivo*. Although *in vitro* studies have laid much of the groundwork for our biochemical understanding of lipid metabolism, they cannot recreate the complex interplay of neural, chemical and hormonal cues known to regulate metabolic processes *in vivo*. The observation that ezetimibe's potency as an inhibitor of cholesterol absorption greatly

[†]Author for correspondence: Carnegie Institution, Department of Embryology, 3520 San Martin Drive, Baltimore, MD 21218, USA, Tel.: +1 410 246 3072, Fax: +1 410 243 6311, farber@ciwemb.edu.

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Ethical conduct of research

All zebrafish care and experimental procedures were carried out as specified in our Institutional Animal Care and Use Committee Protocol (#647A). The authors state that they have obtained appropriate institutional review board approval or have followed the principles outlined in the Declaration of Helsinki for all human or animal experimental investigations.

increases (400 times) after being metabolized by the liver, highlights the importance of utilizing whole animal models for initial drug discovery [7]. To this end, recent studies utilizing larval zebrafish employ various strategies for visualizing lipid metabolism and demonstrate the ability of *in vivo* based approaches to elucidate lipid metabolic pathways and screen for new therapeutics.

Lipophilic dyes and fluorescent lipid analogs are used in forward genetic screens to identify or characterize lipid-related genes. Optical reporters sensitive to cleavage by either lipases or proteases serve as readouts of enzymatic function in digestive organs and are used to identify mutants that would not have been detected by morphological screening criteria [8,9]. Fluorescent microspheres assess swallowing abilities, intestinal lumen integrity and peristalsis [10]. In total, these methods enable the visualization of lipid metabolism *in vivo* in a relatively easy, cost-effective way and are amenable to use in genetic and pharmacological screens to identify new lipid metabolism genes and pharmaceutical targets.

Importance of *in vivo* studies of lipid metabolism

Many studies of lipid metabolism were initially only tractable *in vitro*. Numerous laboratories utilized cultured cells to determine the basic steps of lipid metabolism, identifying and characterizing the proteins that activate, transport and β -oxidize fatty acids [11]. Although a fair number of experimental questions are best addressed initially in cultured cells (e.g., the enzymology of a lipase family), such an approach has limitations. Typically, cultured cell lines exhibit characteristics of less differentiated, more cancer-like cells. The Caco-2 cell line is a commonly used intestinal-like cultured cell; however, it is derived from colorectal adenocarcinoma cells and has characteristics of transformed cells. Villus structure is highly variable [12] and they possess altered levels of enzymes involved in glycerolipid synthesis when compared with intestinal enterocytes [13]. There is no currently available cell line that adequately captures all the cellular features of an intestinal enterocyte.

The most insurmountable limitation of many cultured cell models is that they are predominantly comprised of a single cell type and cannot replicate the complex environment of a multicellular organ. The intestine is composed of stem, enteroendocrine, immune and goblet cells. Furthermore, the intestine contains symbiotic organisms, bile and mucus that have been shown to influence lipid processing [14–19], yet these components are usually absent in a cultured cell environment. Owing to these shortcomings, cultured cell studies are unable to answer many long-standing questions in the lipid field, such as how a polarized intestinal epithelial cell absorbs lipid and transfers it to lipoproteins that are released at the basal cell surface. Whole-animal approaches using the mouse and zebrafish have been developed to address many of the limitations of cultured cells.

Mouse models have traditionally been the first choice of many researchers seeking a whole-animal system to study lipid metabolism. The genetic and anatomical similarities between mouse and human, combined with robust gene-targeting technology, have allowed human lipid disorders to be recreated and studied in the mouse model. Mouse models of lipid disorders include familial combined hyperlipidemia, a common inherited lipid disorder wherein individuals develop premature coronary heart disease (reviewed in [20]) [21], fatty liver disease (reviewed in [22]) and obesity (reviewed in [23]). Lipid studies undertaken in the mouse have also led to the verification of key components of lipid metabolic pathways.

As with any model organism, there are disadvantages to working with mice. To determine the lipid content of the digestive organs, animals must be sacrificed and internal organs surgically isolated. Additionally, their small litters, relatively large body size, and significant husbandry costs make mice more suited for reverse genetic studies wherein one knows what

gene to disrupt. While forward genetic screens, where the entire genome is systematically mutated to assign gene functions, are possible in mice, they would cover only a limited portion of the genome and require exorbitant time and resources.

Advantages of the zebrafish model

Initially used for developmental and embryological research, the zebrafish has proven to be a powerful model organism for the study of vertebrate physiology and disease. A large body of evidence now demonstrates that zebrafish can serve as a 'canonical vertebrate' by using forward genetic approaches to assign functions to human genes [24]. Zebrafish are amenable to forward genetic studies because many genomes can economically fit into a relatively small space (~US \$2 a fish/year at 30 fish/square foot vs \$90 a mouse/year at 5 mice/square foot), enabling faster screening and mutant identification. Such screens have demonstrated that zebrafish carrying a mutation in a human disease gene often manifest a phenotype strikingly similar to those observed in humans (only a small sampling from the last few years is cited here [25–43]). For example, zebrafish homozygous for a mutation in the S-adenosylhomocysteine hydrolase (*ahcy*) gene develop hepatic steatosis and liver degeneration, similar to humans carrying heterozygous mutations in *AHCY* [44]. Other zebrafish models of human diseases include cardiovascular disease (reviewed in [45]), fatty liver disease [46], Duchenne muscular dystrophy [47], various cancers [48], blood disorders [49] and obesity [50]. The acceptance of zebrafish as disease models was further bolstered by the sequencing of the zebrafish genome, which revealed a high degree of genetic similarity to humans. Over 80% of the zebrafish genome is similar to those of mice and humans, with many of the biological systems and molecular pathways present in zebrafish closely resembling our own [51,52]. Additionally, most human genes have zebrafish orthologs organized into clusters that are syntenic with corresponding regions of the mammalian genome [53–55].

The reproductive and physical traits of zebrafish larvae are also favorable for phenotypic assessment of mutants and genetic screening. Many internal organs can be directly observed in the optically clear larvae without the need for surgery, and zebrafish fecundity (often more than 300 embryos/cross) guarantees an ample supply of material. In sum, their genetic similarity to humans, small size, rapid development and optical clarity make these vertebrates ideal for identifying genes involved in lipid metabolism and assaying for small molecules to treat lipid disorders [36].

Lipid metabolism is conserved among vertebrates

Zebrafish possess the same gastrointestinal organs as humans. The liver, intestine, exocrine and endocrine pancreas, and gallbladder are all present in the zebrafish [56]. The formation of these digestive organs and those of higher vertebrates is controlled by similar developmental programs to mammals [16,57–59]. The cellular composition of zebrafish digestive organs is also similar to those of mammals. The zebrafish intestinal epithelium is comprised of absorptive cells (enterocytes) (Figure 1), endocrine cells and goblet cells [16]. Zebrafish liver hepatocytes resemble what is observed in a mammalian liver, although there are some architectural differences [16]. Although the pancreas appears to be the least morphologically similar organ, it is made up of the same general array of pancreatic cell types found in humans: exocrine cells that secrete lipases and peptidases, the Islets of Langerhans and the acinar cells that secrete insulin and carboxypeptidase A [16,61]. Zebrafish and other teleosts store fat in the liver as well as in adipocytes located primarily in intramuscular and subcutaneous tissues. Zebrafish develop adipocytes near the larval pancreas shortly after their yolk mass is depleted that ultimately distribute throughout the viscera as they mature [60]. The diverse cell types of the zebrafish digestive organs are largely visible in the optically clear larvae, facilitating their identification and phenotypic

assessment. The conserved anatomical and cellular digestive structures, as well as the ability to easily observe them, make zebrafish particularly suitable for the study of human lipid metabolism.

Lipid metabolism in zebrafish is similar to that of humans at the biochemical level as well. Zebrafish consume the same dietary lipids as most mammals and utilize analogous transport and lipolysis pathways, although there are some differences in both absorption and deposition [62]. Zebrafish and humans employ similar lipid signaling mechanisms, as evidenced by conserved prostanoid synthesis pathways, in which a high degree of homology is seen when comparing cyclooxygenases, which synthesize prostaglandins [63]. The high degree of genetic and functional homology between the zebrafish and mammalian metabolic pathways further validates zebrafish as an appropriate model system for studying lipid metabolism.

Lipid metabolism in developing zebrafish

During the first few days of development, a zebrafish embryo relies entirely on its finite yolk sac for the continuous supply of lipids needed to sustain its growth. Yolk lipids are the source of essential fat-soluble vitamins and cholesterol, a required component of cell membranes and a precursor for bile acids [64–66]. Lipids enter the developing embryo at the yolk–embryo interface, an area termed the yolk syncytial layer (YSL). In the YSL, lipoproteins (e.g., ApoE, ApoAI, ApoC-II and vitellogenin) and a host of lipid-modifying enzymes (e.g., microsomal triglyceride-transfer protein [*mtp*]) transport lipids from the yolk to the embryo [64,67]. Once the circulatory system forms, yolk, hepatic and intestinal lipids are transported by lipoproteins to specific target tissues throughout the organism via the bloodstream.

By 5–6 days postfertilization (dpf), the yolk has been depleted and larvae must now eat to acquire lipids. Both in the wild and the laboratory, zebrafish consume a lipid-rich diet (at least 10% by weight), high in triacylglycerol (TAG), phospholipids, fatty acids and sterols [68,69]. After entering the zebrafish intestine, TAG, cholesterol ester (CE) and phospholipids must be broken down by luminal lipases into free fatty acids and cholesterol before entering the specialized absorptive cells (enterocytes) that line the gut [70]. The main source of intestinal lipases in the zebrafish appears to be the exocrine pancreas [9], which is known in mammals to secrete lipase- and protease-rich pancreatic juice into the intestine to aid in digestion [71]. Zebrafish intestinal enterocytes are polarized epithelial cells that have an apical brush border membrane. The protruding microvilli of this membrane create a large absorptive surface and are highly similar to those of mammalian intestinal cells (Figure 2).

Following a meal, zebrafish accumulate lipid drops (LD) in the enterocytes of their proximal and medial intestine [67]. Owing to the appearance of LDs in many cell types and their relevance to human disease, techniques for visualizing these drops are important to develop for use in zebrafish. Previously, LDs were regarded solely as energy storage vesicles, a place where the cell stockpiled extra lipid it could not immediately transport. Recent studies now suggest that LDs are specialized organelles with multiple cellular functions and highly dynamic activities [72]. LDs are thought to form in the endoplasmic reticulum (ER) since they often appear closely associated with its cytoplasmic face [73–76]. The core of these drops is comprised predominantly of TAG and sterol esters, with diacylglycerol and fatty acid present in lesser amounts [77]. Surrounding this core assemblage of lipids is a phospholipid monolayer mediating interactions between the drop and droplet-binding proteins (perilipin, adipophilin and tail-interacting protein of 47kDa [TIP47]) [72]. LD-associated proteins are thought to help confer stability through structural reinforcement, serve as docking sites for trafficking proteins and regulate the size and cargo contents of the LDs [78]. It has been proposed that excessive LD accumulation is a result of the inability of

lipoprotein-mediated secretion at the basal cell surface to keep up with the influx of neutral lipid at the brush border [67]. Furthermore, human patients with lipid-related malabsorption syndromes often exhibit excessive LD accumulation (steatosis) in their intestinal biopsies [79]. Thus, the appearance of LDs in intestinal enterocytes provides a basic, identifiable readout of lipid metabolism with relevance to human disease. For these reasons, various techniques for visualizing these drops in fixed tissue and live cells were developed and continue to be improved upon in the zebrafish for use in live animal studies of lipid metabolism.

Techniques for visualizing lipid metabolism: lipophilic dyes

In order to fully exploit the zebrafish model system for studies of lipid metabolism, a variety of lipid dyes, fluorescent lipid analogs and optical reporters have been developed. Lipophilic dyes, known as lysochromes, were one of the first methods used to visualize lipid. These dyes are capable of labeling a variety of lipids and lipid-containing structures including triglycerides, fatty acids and lipoproteins. Dyes, such as oil red O (ORO), Sudan black B and Nile red, were initially used to label LDs in tissue sections and cultured cells and continue to be used today. Marza and colleagues [67] recently utilized Sudan black B to identify LDs in histological sections of fed adult zebrafish (Figure 3). The authors found that the feeding of a high-fat meal increased expression of microsomal *mtp* in intestinal epithelial cells. This protein is required for proper assembly and secretion of liver and intestine ApoB-containing lipoproteins, chylomicrons and VLDLs [80]. Their observation that LDs are coincident with an upregulation of *mtp* expression is consistent with *MTP*'s known function in humans [67].

Lysochromes can also be used to visualize endogenous lipid stores in whole fixed zebrafish to generate an overall picture of neutral lipid dynamics during development. Schlegel *et al.* used ORO to assess the consequence of *mtp* knockdown, via targeted antisense morpholino (MO), on lipid absorption in whole zebrafish larvae [81]. *mtp* morphants exhibited decreased yolk consumption and an inability to absorb dietary neutral lipids, resulting in death by 6 dpf. Although lysochromes such as Sudan black B and ORO consistently label neutral lipids in tissue sections and fixed larvae, fixation techniques are laborious and staining procedures have been shown to cause artificial fusion of adjacent LDs and mislocalization of the LD marker, adipose differentiation-related protein (Adrp) [82]. More recent techniques to visualize LDs have focused on staining these drops *in vivo*.

Greenspan *et al.* first showed the utility of Nile red (9-diethylamino-5H-benzo[α]phenoxazine-5-one) to label intracellular lipid droplets in live cultured peritoneal macrophages and smooth muscle cells [83]. Nile red is an uncharged heterocyclic molecule that only fluoresces in a hydrophobic environment. Labeled neutral lipids fluoresce a yellow-gold to red color, depending on their relative hydrophobicity, with no detectable damage or deformation of dye-infused tissues [84]. More recently, Jones *et al.* used Nile red to visualize neutral lipid deposits in live zebrafish larvae. They initially demonstrated that daily exposure of larvae to Nile red-containing embryo media for 4 days (from 3 dpf to 7 dpf) consistently labeled lipid-rich tissues (Figure 4). The authors then sought to test the effects of known pharmacological inhibitors of triglyceride metabolism on total larval lipid content. Treatment with nicotinic acid, a potent pharmacological inhibitor of adipocyte lipolysis [85], resulted in an increase in total triglyceride content and decreased cholesterol levels. Treatment with resveratrol, a compound known to inhibit fatty acid synthase [18], resulted in a decrease in total triglyceride content as detected by Nile red staining. Total triglyceride content was further decreased when resveratrol was supplemented with norepinephrine [86]. The ability of the zebrafish to respond to small molecules in a similar fashion as humans validates its use for drug discovery.

While fluorescent dyes and stains are useful for identifying lipid deposits in cells and tissues, issues arise regarding the distribution and affinity properties of these compounds. Nonspecific labeling of tissues devoid of lipid deposits may be observed and staining and destaining/washing procedures must then be carefully optimized to minimize this effect. Additionally, Nile red staining does not distinguish between fatty acids and cholesterol *in vivo*, although some discrimination based on staining intensity of tissue sections is possible [84]. Optical tools are now available that allow different lipids and lipid processing to be visualized *in vivo*.

Fluorescent lipids: BODIPY fluorophores

A common technique for visualizing lipid dynamics in living tissues is direct labeling of fatty acids or cholesterol with the borondipyrromethene (BODIPY) fluorescent moiety (4,4-difluoro-4-bora-3a, 4a-diaza-5-indacene). The labeling of fatty acids with BODIPY allows a number of lipids to be tracked, facilitating studies of intracellular lipid trafficking. BODIPY was initially used in cultured cell studies similar to the lysochrome dyes and is still used in current studies of fatty acid uptake [87]. First synthesized by Treibs and Kreuzer in 1968 [88], the BODIPY fluorophore possesses a number of advantageous qualities, including high photostability, strong and narrow wavelength emission in the visible spectrum and an overall uncharged state. Only recently has BODIPY gained recognition for its versatile applications in biological research [89].

Fluorescent phospholipase reporter (PED6) & NBD-cholesterol

Fluorescent lipid reporters enable the direct observation of lipid metabolism in live zebrafish larvae by generating a visible readout of lipid processing. The reporters are designed such that cleavage by lipid-modifying enzymes results in altered spectral characteristics [90,91]. One reporter, N-([6-(2,4-dinitro-phenyl) amino]hexanoyl)-1-palmitoyl-2-BODIPY-FL-pentanoyl-sn-glycerol-3-phosphoethanolamine (PED6), is built from a lysophospholipid covalently linked to a BODIPY fatty acid at the *sn2* position and a fluorescence quencher on the head group (Figure 5A). Cleavage of PED6 by phospholipase A₂ (PLA₂) releases the fluorescent BODIPY-labeled acyl-chain from the quencher, resulting in detectable green fluorescence at 488 nm [90]. PED6 therefore acts as a biosensor of lipase activity in live zebrafish.

When larvae (6 dpf) are bathed in PED6, bright green staining is observed in the intestine, gall bladder and liver (Figure 5B) [8]. This indicator of lipase activity enabled the first high-throughput forward genetic physiologic screen in zebrafish to be conducted, with the goal of identifying new genes that regulate lipid metabolism. *Fat-free (ffr)* was the first gene identified using the PED6 screening assay [8] and has been found to regulate a number of cellular processes, including golgi structure/maintenance, protein sorting, vesicle trafficking and intestinal lipid absorption and processing [92]. It is important to note that immediately after identifying the molecular nature of the zebrafish *ffr* mutation, the human ortholog was located by BLAST searches of public databases. While the human gene was present in these databases, there was no data on its possible function. This example demonstrates the power of forward genetic methods in zebrafish to assign functions to mammalian genes. Other reports of forward genetic screens using PED6 demonstrate the utility of this and similar synthetic analogs to identify genes involved in digestive processes. Wantanabe *et al.* used PED6 to identify genes that regulate digestive organ morphology and bile synthesis and secretion in Medaka fish [93].

ffr larvae were further characterized using an additional synthetic analog, 22-(N-[7-nitrobenz-2-oxa-1,3-diazol-4-yl] amino)-23,24-bisnor-5-chole-3-ol (NBD)-cholesterol, to study the trafficking of sterol-like molecules *in vivo*. This reagent is different from PED6 in

that it continuously fluoresces and, owing to its hydrophobicity, it is slightly more difficult to administer via feeding. *ffr* mutants were unable to concentrate NBD-cholesterol in their gall bladders, in contrast to wild-type larvae, which exhibited rapid accumulation of this lipid in their gall bladders within a few hours of feeding. This observation suggests *ffr* larvae have a serious defect in chylomicron formation and/or transport.

Fluorescent microspheres

Microspheres were first utilized to test swallowing ability in zebrafish by Farber *et al.* (Figure 6) [8], and have since been used in a number of developmental and toxicity studies. In one such investigation, Bolcome *et al.* were able to assess the structural integrity and permeability of zebrafish blood vessels following exposure to anthrax toxin, known to cause vascular dysfunction in human cases of anthrax exposure [94]. More recently, Field *et al.* utilized microspheres to visualize intestinal transit during peristaltic contractions in larval zebrafish [10]. The authors tested whether intestinal transit was defective in larvae with lower levels of or completely lacking the Ret protein. Ret is a receptor tyrosine kinase known to localize migrating neural crest cells to the gut where they eventually differentiate into enteric neurons. Using MO knockdown of *ret* transcripts, the authors showed that defective intestinal transit significantly correlated with the degree of enteric innervation (Figure 7).

Triple screening: PED6, EnzChek & microspheres

Although PED6 has proven successful in identifying abnormal lipase activity in zebrafish mutants, there can be significant variability in the digestive tract fluorescence observed between wild-type siblings (Figure 8A). Such inconsistent labeling makes the use of PED6 in genetic screens difficult, as an increase or decrease in fluorescence cannot be attributed solely to mutations. Variations in PED6 intensity may reflect interindividual differences in reporter ingestion. To address this issue, it was reasoned that PED6 could be used in conjunction with other reporters of digestive function to create a physiologically relevant readout of *in vivo* digestive processes.

Hama *et al.* recently demonstrated that simultaneous feeding of PED6, the protease reporter EnzChek (Invitrogen Inc.) and nonhydrolyzable microspheres allows one to monitor lipase, protease and swallowing activities in larval zebrafish [9]. The protease reporter EnzChek was previously used to detect the activity of metallo-, serine, acid and thiol proteases in a number of biological systems [95–97,201]. EnzChek consists of the phosphoprotein casein labeled with multiple red or green BODIPY fluorophores. Proteolytic cleavage of the quenched reporter generates highly fluorescent casein fragments, with total fluorescence proportional to enzyme activity [95]. Unlike PED6 and EnzChek, which report enzymatic function, nonhydrolyzable microspheres assess reporter swallowing and intestinal lumen integrity.

PED6, EnzChek and microspheres each fluoresce at distinct wavelengths, allowing simultaneous viewing of all three signals (Figures 8B & C). Use of the triple screening cocktail revealed a correlation between the intestinal protease and phospholipase activity, consistent with the hypothesis that the variance observed in PED6 fluorescence was partly due to differing amounts of PED6 consumed by each larva (Figure 8D). This work demonstrated that the ratio of PED6 to EnzChek fluorescence can serve as a readout of digestive function, since the variability in the PED6/EnzChek ratio observed in individual larvae is unaffected by differences in reporter ingestion (Figure 8D).

After validating the triple screening method, Hama *et al.* demonstrated the utility of this assay in evaluating the role of the exocrine pancreas in digestive function [9]. The exocrine

pancreas secretes many of the gastric lipases and pro-enzymes needed for the breakdown and subsequent uptake of nutrients [71]. Previous work has demonstrated that MO knockdown of the pancreas transcription factor 1a (*ptfla*) can selectively prevent exocrine pancreas development [61]. Analysis of *ptfla* mutants (5 dpf) using the triple screen found that these larvae retain normal levels of lipase activity yet have reduced protease activity. Older larvae (6 dpf) exhibit decreased amounts of both protease and lipase activity, suggesting the exocrine pancreas begins providing gastric lipases at later stages of development.

The regulation of phospholipase and protease activity was also examined using the triple screening method. The peptide hormone cholecystokinin (CCK) facilitates digestion by causing the secretion of gastric enzymes into the small intestine after food consumption [98]. Release of CCK into the circulatory system activates the CCK receptor A (CCK-RA) in the exocrine pancreas. Larvae (5 dpf) treated with CCK-RA antagonist showed a reduction in protease activity but had unaffected lipase activity. Much like the *ptfla* mutants, 6 dpf larvae had lower levels of both protease and lipase activity. Not surprisingly, the effect of CCK-RA antagonist was abolished in *ptfla* morphants. This work suggests that CCK signaling regulates zebrafish secretion of exocrine pancreas-derived intestinal proteases earlier in development (5 dpf) and phospholipases later (6 dpf).

The triple screen is a versatile tool to visualize digestive function in live larval zebrafish. The reporters' distinct emission wavelengths allow the simultaneous evaluation of multiple digestive processes. In addition, the intestinal phospholipase and protease activity correlate intraindividually, enabling the correction of significant inter-individual variation in digestive enzyme activity between wild-type larvae. As with any *in vivo* system, there is inherent variability (developmental timing, intestinal microenvironment), which will result in signal variation. Therefore, caution should be taken to minimize this variability by carefully scoring digestive organ morphology of larvae prior to and after reporter ingestion, discarding sickly larvae that lack swim bladders and using properly staged larvae.

A final cautionary note

It is important to recognize that when performing a forward genetic or small molecule screen to identify proteins that influence lipid metabolism, it is crucial to distinguish between primary and secondary lipid-associated defects. For example, one general problem in using any reagent requiring ingestion is that any perturbation in normal larval development (e.g., lower jaw formation, enteric neuron differentiation, esophagus formation) can result in attenuated fluorescence. Similarly, while an enlarged yolk sac may be indicative of a mutation specifically affecting lipid metabolism, unconsumed yolk is one of several abnormalities (e.g., degeneration of the brain, necrosis, under-development of the jaw, liver and gut, small eyes, enlarged heart cavity) that arise when overall development has gone awry [99]. Furthermore, dead or sick larvae fail to label when swallowing is the delivery method, such as with PED6. Thus, a failure of the gall bladder to become fluorescent may be due to a mutation that specifically alters lipid absorption (e.g., enterocyte chylomicron formation) or could result from a dying embryo with a mutation affecting tRNA synthesis. Therefore, additional secondary assays are required to check for viability and/or swallowing function, if one is to identify genes or small molecules that specifically influence lipid metabolism.

Conclusion

We have reviewed several strategies currently available to visualize lipid metabolism in larval zebrafish, presenting the advantages and limitations particular to each approach. Lysochrome dyes, such as Nile red, have proven beneficial for visualizing general neutral

lipid distribution *in vitro* and *in vivo*; however, caution must be taken when using fixation techniques that may alter the localization and morphology of lipid-containing structures. Tagging specific lipids with fluorophores allows the tracking of lipids as they are transported and packaged through various steps of lipid metabolism. Fluorescent reporters such as PED6 and EnzChek serve as readouts of phospholipase and protease activity, respectively; in combination, the reporters can help address interindividual variation observed with single fluorescent labeling approaches. Fluorescent microspheres can be used to assess luminal integrity, swallowing activity and even intestinal transit. As seen with the PED6 work, a combined strategy utilizing multiple readouts of physiological processes, rather than one, better reflects the complexity of digestive processes.

Future perspective

Despite the immense potential of zebrafish as a therapeutic screening tool, this model organism is currently underutilized by both the academic and pharmaceutical research communities. The zebrafish has been primarily utilized to study embryologic questions specifically focused on early patterning; however, more academic researchers are discovering the system for studies of physiology and disease. This trend is likely to continue, with increasing numbers of groups exploiting the tractable genetics of the larval zebrafish to discover new genes that regulate important physiological processes. These efforts are bolstered by the ease with which human genes can be identified from zebrafish orthologs from searching publicly available databases. From a drug development perspective, zebrafish larvae possess a number of advantages; most notably the larvae exhibit the molecular complexity found in higher vertebrates and, thus, are ideally suited for new drug target identification. Zebrafish larvae readily absorb compounds from the water directly into their circulatory system without permeabilization. Despite these and other advantages, little attention has been focused on the study of metabolic processes in this organism. While pharmaceutical companies are beginning to consider the zebrafish model system, most ongoing high-throughput small molecule screens do not utilize cultured cells and instead assay for inhibitors of single molecule interactions. We advocate whole animal-based screens for drug discovery and expect to see the zebrafish system utilized more frequently for these efforts. As mentioned previously, in many animals certain compounds are metabolized into new compounds that can be significantly more bioactive than the starting compound (i.e., the intestinal cholesterol absorption inhibitor ezetimibe). It is entirely possible that compounds used in conventional screens are found to be inactive because they are not modified by host enzymes. A whole animal screening approach in zebrafish would potentially identify new bioactive compounds that will be critical for addressing the growing list of pandemics associated with abnormal lipid metabolism.

Executive summary

- Digestive lipid physiology can be assayed in live zebrafish larvae.
- Fluorescent lipids that alter their spectral properties can report lipase activities *in vivo*.
- Nonhydrolyzable microspheres can be used to assay enteric neuron function and gut motility.
- Fluorescently quenched protein can report digestive protease activities.
- Forward genetic screens in zebrafish can assign new functions to vertebrate genes and provide insight into the function of poorly understood human proteins.

- Screens can be based on fluorescent lipid processing (PED6).

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Patents

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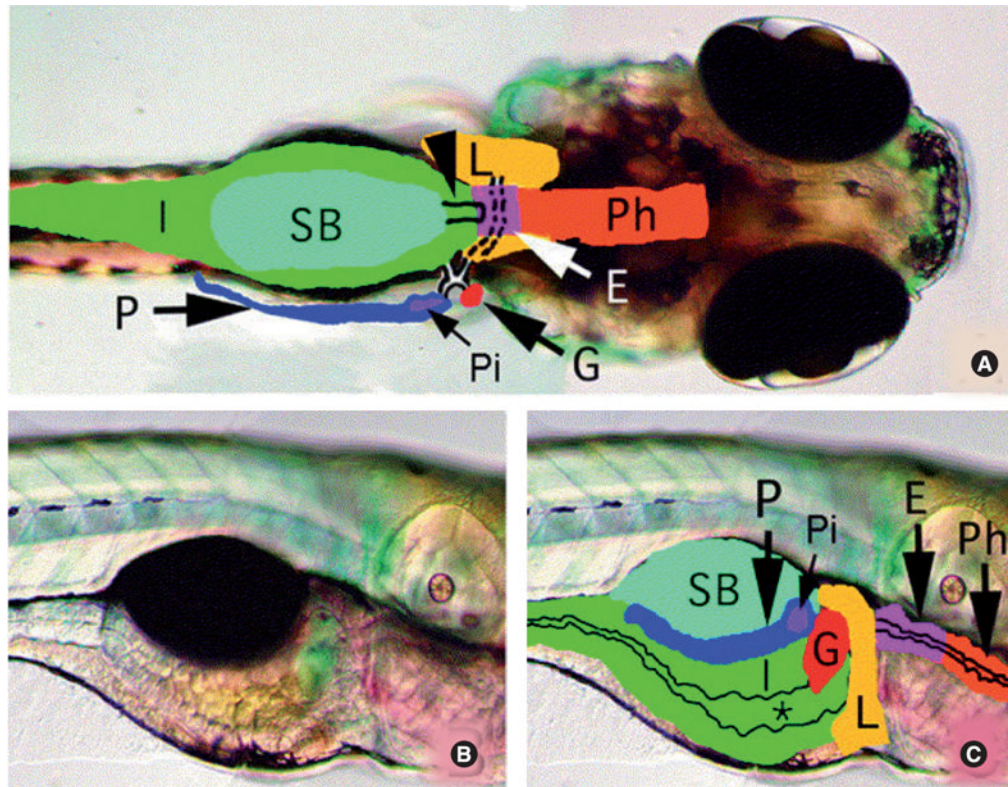


Figure 1. Larval zebrafish digestive system anatomy

(A) Dorsal view of larval digestive organs (5 days postfertilization). Broken and solid lines outline the ducts of the liver, pancreas and gallbladder. Arrowhead indicates the pneumatic swimbladder duct. (B) and (C) Lateral views of the larval zebrafish (5 days postfertilization) digestive system. Intestinal lumen (*) is marked.

E: Esophagus; G: Gallbladder; I: Intestine; L: Liver; P: Pancreas; Ph: Pharynx; Pi: With solitary islet; SB: Swimbladder.

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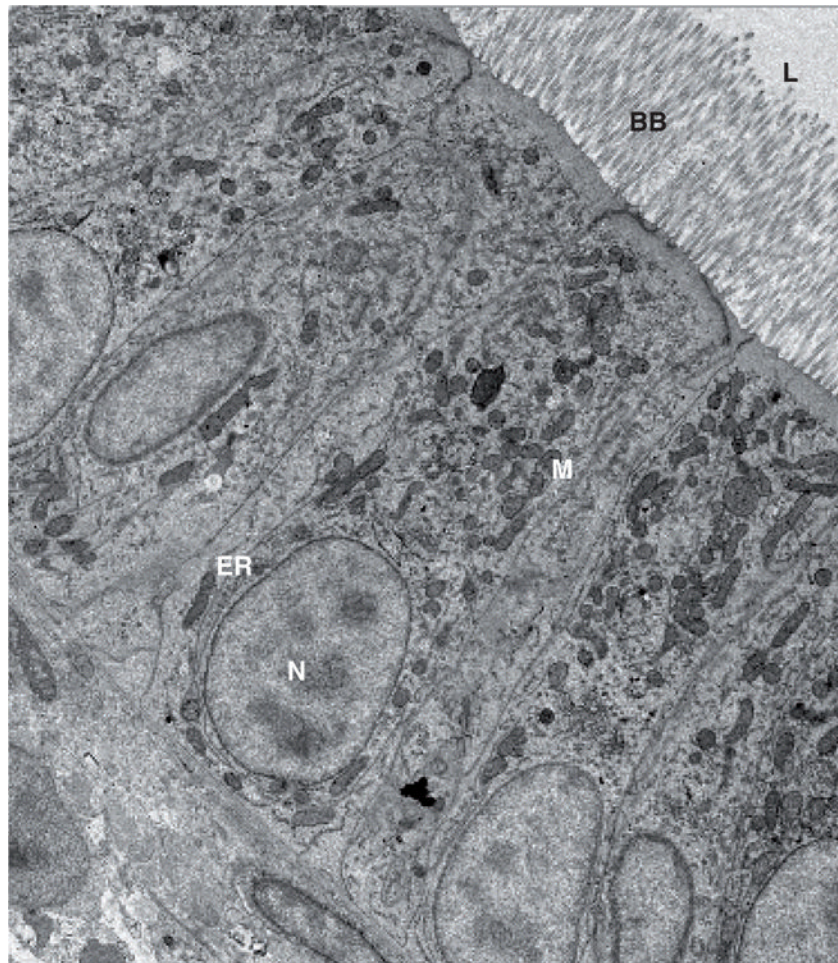


Figure 2. Zebrafish enterocytes exhibit similar cell morphology and organelle composition to mammalian enterocytes

Subcellular structures of the enterocytes are labeled as endoplasmic reticulum (ER), brush border (BB), mitochondria (M) and nucleus (N). The intestinal lumen (L) is also shown. Figure obtained from J Walters, Unpublished Data.

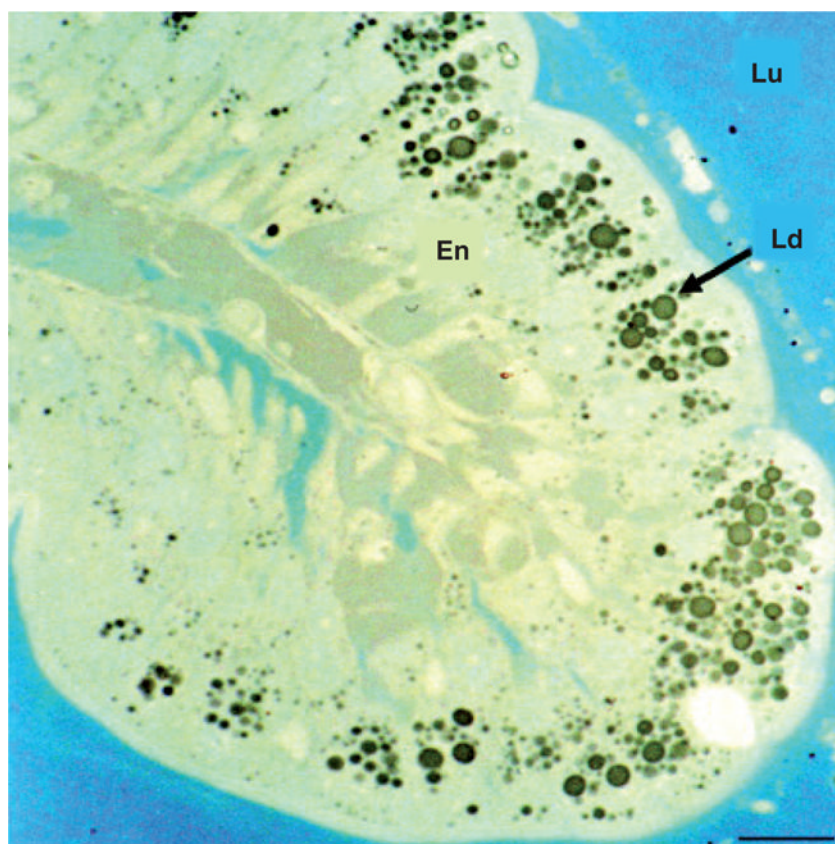


Figure 3. Histological semi-thin section of the anterior intestine of a fed adult zebrafish stained with Sudan black B

Large Ld are clearly observed in the En. The intestinal Lu is indicated. Scale bar is 50 μ m.

En: Enterocytes; Ld: Lipid drops; Lu: Lumen.

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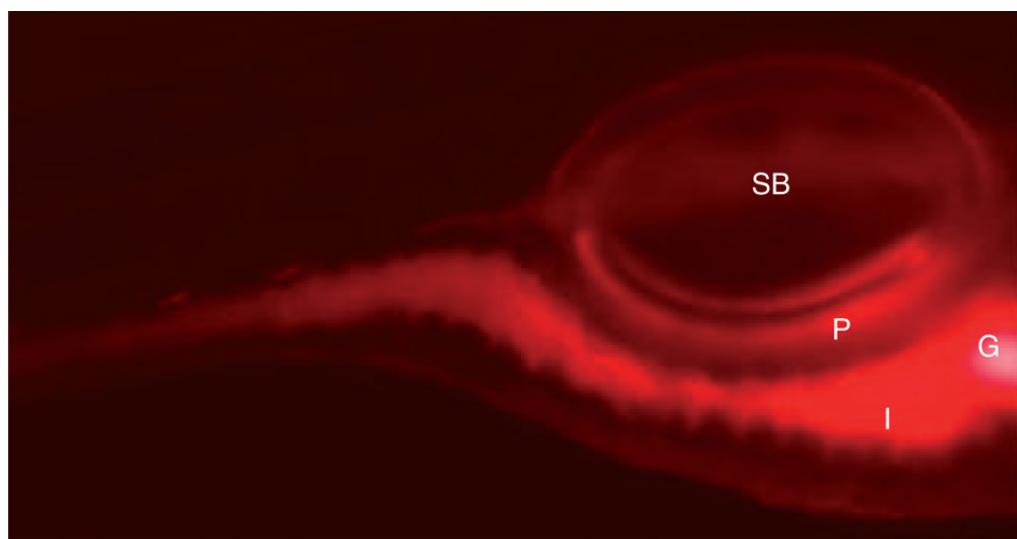


Figure 4. Nile red staining visualizes deep tissue fat deposits in larval zebrafish

Extended incubation of larvae for at least 4 h in Nile red (5 ng/ml) labels fat deposits. Nile red staining is present in the intestines (I), gall bladder (G) and pancreas (P). The swim bladder (SB) is also indicated.

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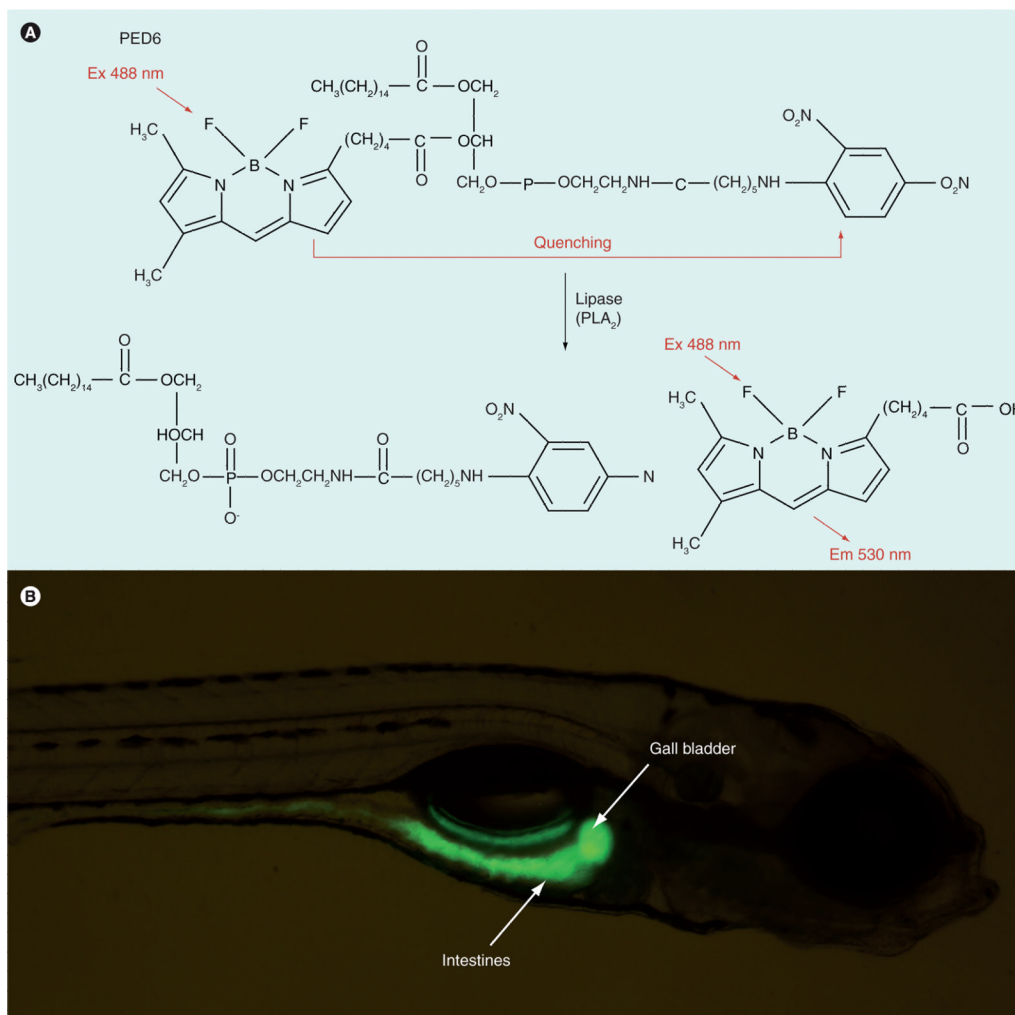


Figure 5. PED6 is a biosensor of lipase activity in live larval zebrafish

(A) PED6. Cleavage of PED6 by phospholipase A₂ releases the quenched fluorescent BODIPY labeled acyl-chain, resulting in detectable green fluorescence at 488 nm. **(B)** Larvae (5 days postfertilization) soaked in PED6 (0.3 mg/ml) for 6 h exhibit fluorescent gall bladders and intestines.

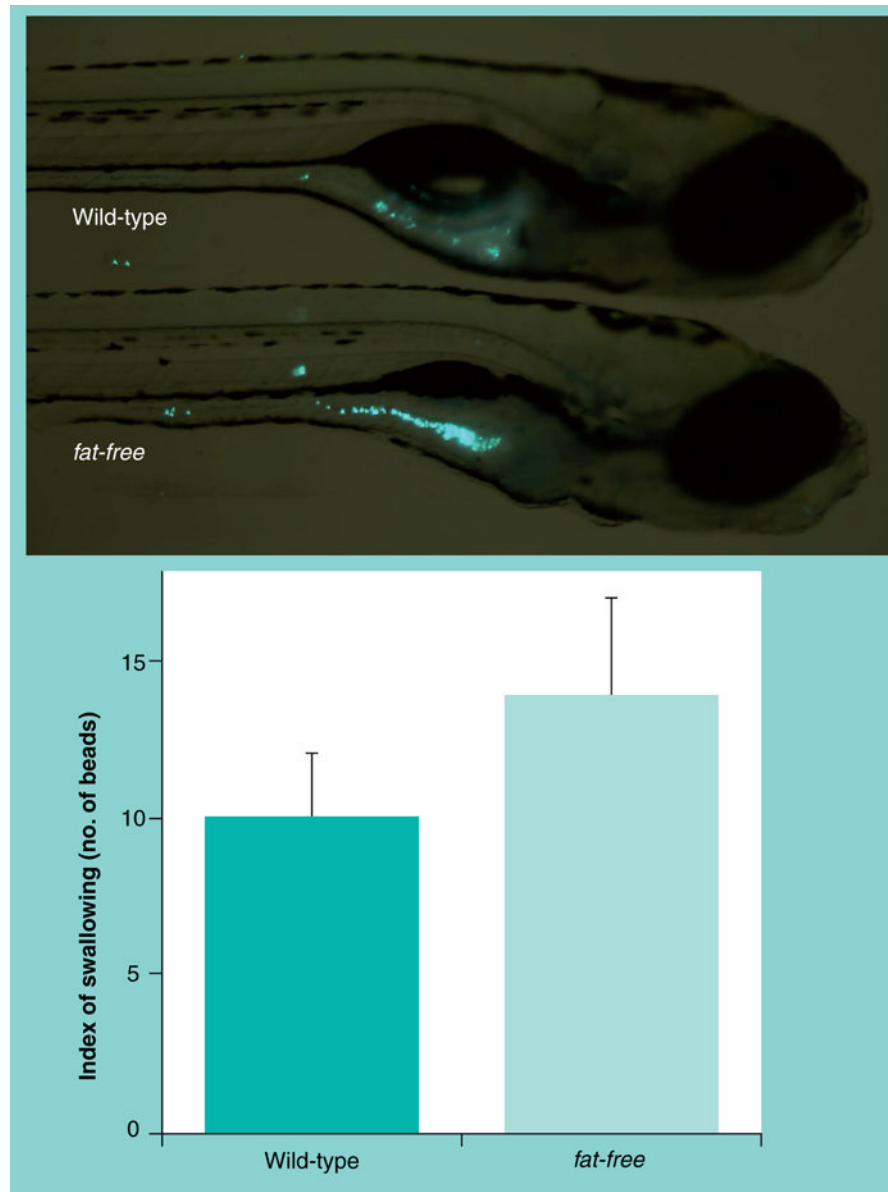


Figure 6. Microspheres reveal normal swallowing activity in the *fat-free* mutants

Larvae (6 dpf) were placed in embryo media containing fluorescent latex microspheres (0.0025% Fluoresbrite plain YG 2.0um, Polysciences Inc.) for 1 h, washed, and imaged. Numbers of beads were 10 ± 2 in the wild-type versus 14 ± 3 beads in fat-free mutant larvae (mean \pm SEM, $n = 9$; $p > 0.3$).

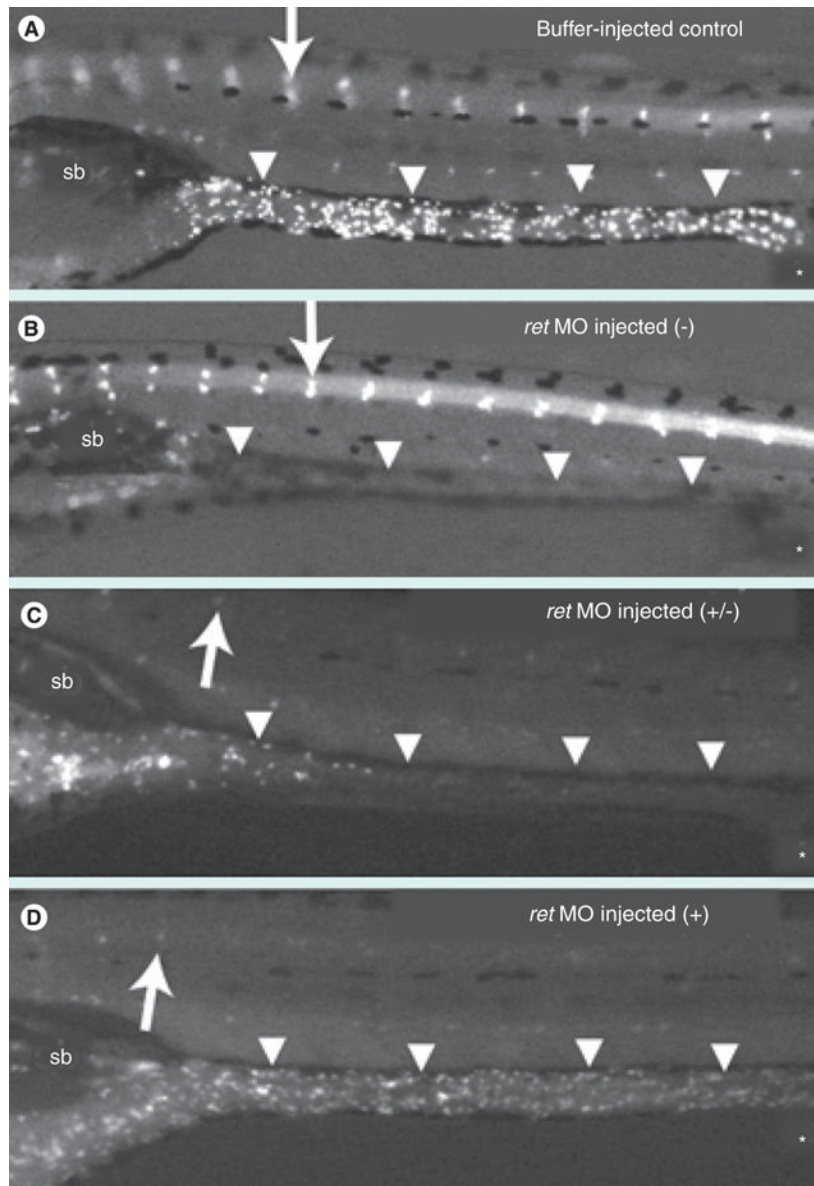


Figure 7. The degree of enteric innervation correlates with intestinal transit

(A–D) Enteric neurons labeled with anti-HuC/D antibody are present in the cranial ganglia (arrow) in both buffer-injected control (A) and *ret* MO-injected (B–D) larvae. (A) In the buffer-injected control larvae, enteric neurons are present along the length of the GI tract (arrowheads). The majority of these larvae have completed or nearly completed transit after 24 h. (B–D) *ret* MO-injected larvae display variable degrees of enteric neuron loss along the length of the GI tract (arrowheads): no enteric neurons (–), reduced numbers of enteric neurons (+/–), wild-type enteric neurons (+). (C) Intestinal transit is delayed in *ret* MO-injected larvae with reduced enteric neurons. (D) *ret* MO-injected larvae with a normal complement of enteric innervation have a similar transit profile to the control larvae. The sb and anal opening (*) are indicated.

Figure obtained from Field *et al.* (2009) [100]. Reprinted from [100] with permission of John Wiley & Sons Inc.

MO: Morpholino; Sb: Swim bladder.

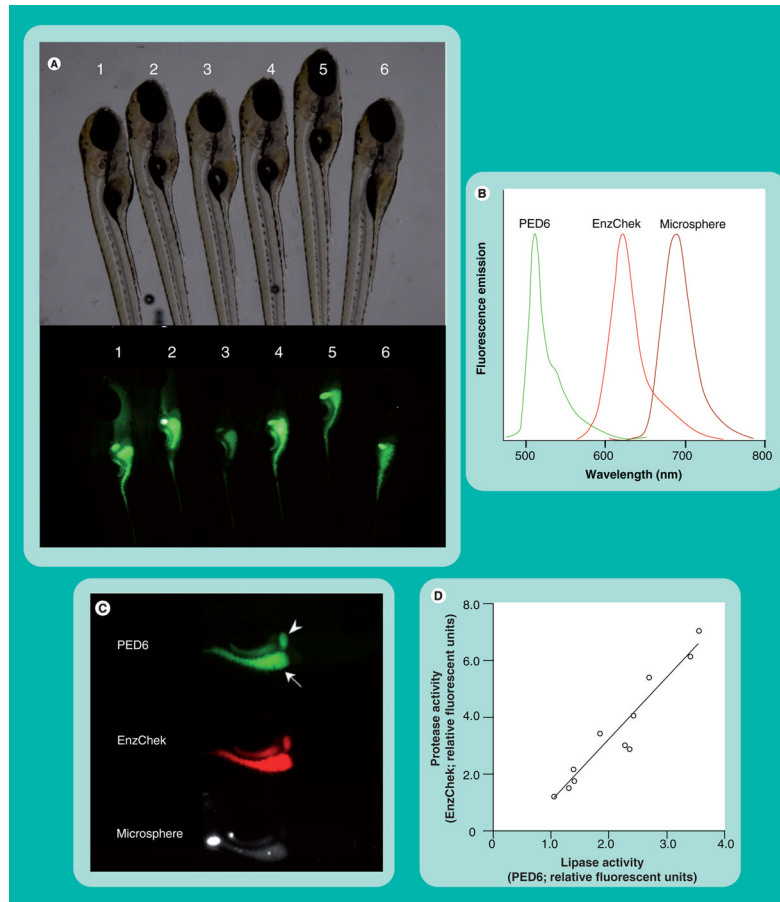


Figure 8. PED6, EnzChek and microspheres provide a readout of larval digestive function (A) Wild-type siblings exhibit variability in PED6 signal. Larvae (6 dpf) were placed in embryo media containing PED6 (0.3 mg/ml) for 3 h, washed and imaged. (B) PED6, EnzChek and microspheres each fluoresce at distinct wavelengths, allowing simultaneous screening for lipase, protease and swallowing activities, respectively. (C) PED6 and EnzChek signal in the gall bladder (arrowhead) and intestine (arrow) of wild-type zebrafish. Microspheres are present in the intestine following feeding and indicate normal swallowing activity. (D) Intestinal protease and phospholipase activities correlate, allowing the ratio of PED6 to EnzChek signal to serve as readout of digestive function. Reprinted with permission from [9].