<u>C</u>ells <u>T</u>issues <u>O</u>rgans

Cells Tissues Organs 2009;189:70–74 DOI: 10.1159/000152916 Published online: September 1, 2008

1,25-Dihydroxy Vitamin D₃ Is an Autocrine Regulator of Extracellular Matrix Turnover and Growth Factor Release via ERp60-Activated Matrix Vesicle Matrix Metalloproteinases

B.D. Boyan Z. Schwartz

Wallace H. Coulter Department of Biomedical Engineering at Georgia Tech and Emory University, Georgia Institute of Technology, Atlanta, Ga., USA

Key Words

$$\label{eq:approx} \begin{split} &1\alpha,25(OH)_2D_3 \cdot \text{Matrix vesicles} \cdot \text{Extracellular matrix} \cdot \\ &TGF{-}\beta1\text{, latent activation} \cdot \text{Matrix metalloproteinases} \cdot \\ &MMP{-}3 \end{split}$$

Abstract

As growth plate chondrocytes mature and hypertrophy, they reorganize their proteoglycan-rich type II collagen extracellular matrix (ECM), involving 1,25(OH)₂D₃-dependent regulation of matrix metalloproteinases (MMPs). Stromelysin-1 (MMP-3) and 72-kD gelatinase (MMP-2) are found in extracellular matrix vesicles (MVs) and release and activate ECM-bound latent TGF-B1 and TGF-B2, respectively. 1,25(OH)₂D₃ regulates incorporation of MMP-2 and MMP-3 into MVs and release of these enzymes in the ECM. Plasma membranes (PMs) and MVs contain the 1α , 25(OH)₂D₃ membrane receptor ERp60 (protein disulfide isomerase A3), phospholipase A₂ (PLA₂), PLA₂-activating protein, the nuclear vitamin D receptor and caveolin-1. 1,25(OH)₂D₃ secreted by chondrocytes binds MV ERp60, activating PLA₂. Resulting lysophospholipids destabilize MV membranes, releasing active MMPs. We examined 1,25(OH)₂D₃-dependent activation of latent TGF-β1 stored in cartilage ECM. Interestingly, TGF- β 1 regulates 1,25(OH)₂D₃ production. 1 α ,25(OH)₂D₃ activates PM protein kinase C (PKC)-α via ERp60-dependent PLA₂-signaling, lysophospholipid production and phospholipase

KARGER

Fax +41 61 306 12 34 E-Mail karger@karger.ch www.karger.com © 2008 S. Karger AG, Basel

Accessible online at: www.karger.com/cto C- γ . It also regulates distribution of phospholipids and PKC isoforms between MVs and PMs, enriching MVs in PKC- ζ . Direct activation of MV MMP-3 requires ERp60 based on blocking antibodies and PKC based on inhibitor studies. However, treatment of MVs with 1,25(OH)₂D₃ decreases MV PKC- ζ activity, suggesting more complex feedback mechanisms, potentially involving MV lipid signaling. Our observations indicate that one role of MVs is to provide MMPs at sites distant from the cells. Chondrocytes secrete 1,25(OH)₂D₃, which acts directly on MV-membranes via ERp60, releasing MMPs. MMP-specific ECM components are hydrolyzed, resulting in release and activation of growth factors that can act back on the cells.

Abbreviations used in this paper

1α,25(OH) ₂ D ₃	1,25-dihydroxy vitamin D ₃
ECM	extracellular matrix
MMP	matrix metalloproteinase
MV	matrix vesicles
PDIA3	protein disulfide isomerase, family A, type 3
РКС	protein kinase C
PLA ₂	phospholipase A ₂
PM	plasma membrane
TGF	transforming growth factor
TIMP	tissue inhibitor of metalloproteinase
	-

Dr. Barbara D. Boyan Department of Biomedical Engineering, Georgia Institute of Technology

Atlanta, GA 30332-0363 (USA)

Tel. +1 404 385 4108, Fax +1 404 894 2291, E-Mail barbara.boyan@bme.gatech.edu

³¹⁵ Ferst Drive NW



Fig. 1. Effect of 1α ,25(OH)₂D₃ on neutral metalloproteinase activity in growth plate chondrocyte cultures. Confluent cultures of rat costochondral growth zone cartilage cells were treated with 10^{-11} to 10^{-8} M 1α ,25(OH)₂D₃ for 24 h. MVs and PMs were isolated and assayed for neutral MMP activity using aggrecan containing polyacrylamide gel beads. Data are means \pm SEM for 6 independent cultures and are from 1 of 2 separate experiments, both with comparable results. * p < 0.05, treatment versus control; $^+$ p < 0.05, MV versus PM at each concentration of 1α ,25(OH)₂D₃.

Introduction

Growth plate chondrocytes produce a proteoglycanrich type II collagen extracellular matrix (ECM). As the cells in the growth plate mature and hypertrophy, there is a massive reorganization of the ECM to accommodate the changes in cell shape and to prepare the matrix for calcification and eventual vascular ingrowth. Concurrently, there is a shift in matrix-processing enzymes from neutral to acidic metalloproteinases [Dean et al., 2001]. In addition, enzyme activities that modulate the size of proteoglycan aggregate, including chondroitinases and ADAMTS, are increased [Cawston and Wilson, 2006].

In vivo studies have shown that activity of matrix processing enzymes in the growth plate is regulated by 1α ,25(OH)₂D₃ [Dean et al., 2001; Lin et al., 2002]. This phenomenon has been confirmed in studies using growth plate chondrocyte cultures [Schmitz et al., 1996b; Maeda et al., 2000]. There are a number of mechanisms by which this occurs. Many of the enzymes are produced as zymogens, and 1α ,25(OH)₂D₃ increases zy-

mogen activation [Schmitz et al., 1996b]. 1α ,25(OH)₂D₃ has been shown to regulate the levels of mineral ions that are required for metalloproteinase activity [Brown et al., 1993]. In addition, 1α ,25(OH)₂D₃ modulates transcription of their mRNA [Schmitz et al., 1996a, b]. Because regulation of matrix metalloproteinase (MMP) activity is critical, chondrocytes produce inhibitors like tissue inhibitor of metalloproteinases (TIMP-1 and TIMP-2) [Dean et al., 1992] and 1α ,25(OH)₂D₃ modulates levels of these inhibitors as well [Dean et al., 2001].

We have shown that growth plate chondrocytes also take advantage of extracellular organelles called matrix vesicles (MVs) to package MMPs and store them in the ECM separate from the matrix proteins [Schmitz et al., 1994; Dean et al., 1996a, b; D'Angelo et al., 2001]. MVs produced by cells in the prehypertrophic and hypertrophic cell zones contain higher levels of acidic metalloproteinases and this is further increased in animals treated with 1α ,25(OH)₂D₃ [Dean et al., 1996a, b]. In addition, 1α ,25(OH)₂D₃ increases activity of neutral MMPs in MVs produced by these cells (fig. 1). Cell culture studies have shown that incorporation of stromelysin-1 (MMP-3) and 72-kD gelatinase (MMP-2) into MVs is regulated by 1α,25(OH)₂D₃ [Schmitz et al., 1996b]. MMP-2 and MMP-3 are stored in MVs produced by growth zone chondrocytes together with TIMP-1 and TIMP-2, and are released from the MVs in an active form. $1\alpha_2 (OH)_2 D_3$ reduces MV TIMP levels [Dean et al., 2001], supporting the hypothesis that the MMPs are activated prior to their release in the matrix.

Autocrine Regulation of MV MMPs by 1α , 25(OH)₂D₃

Traditionally, 1α ,25(OH)₂D₃ acts via the vitamin D receptor to regulate gene transcription, so genetic modulation of MMP content during MV formation is not an unexpected finding. However, we have also shown that 1α ,25(OH)₂D₃ can act directly on MVs, resulting in release of active MMPs [Dean et al., 1996b]. This indicates that 1α ,25(OH)₂D₃ may act in an autocrine manner.

Like the plasma membrane (PM), MVs contain the 1α ,25(OH)₂D₃ membrane receptor ERp60 [also called protein disulfide isomerase, family A, type 3 (PDIA3), ER60, ERp57, GRP57 and 1,25-MARRS], as well as phospholipase A₂ (PLA₂), PLA₂-activating protein and caveo-lin-1 (fig. 2), but they do not possess DNA or RNA and therefore do not produce new protein. In chondrocytes, 1α ,25(OH)₂D₃ acts via ERp60 by activating protein ki-



Fig. 2. Presence of caveolin-1 (CAV-1), ERp60 and nuclear vitamin D receptor (nVDR) in rat costochondral growth zone chondrocyte lysates and isolated PMs and MVs. MVs were isolated from trypsin digests of confluent cultures of growth zone chondrocytes. The cell pellet was lysed and PMs were isolated from the lysates by differential centrifugation. Each fraction (PMs, MVs and cell lysates) was separated on SDS-PAGE and then Western blots were probed with antibodies to caveolin-1, vitamin D receptor and ERp60.

nase C (PKC)- α -dependent signaling through a mechanism that is mediated by PLA₂ and requires the presence of PLA₂-activating protein [Boyan et al., 2006]. Inhibition of PKC activity with chelerythrine blocks the effects of 1a,25(OH)₂D₃ on MMP-3 activity in isolated MVs [Maeda et al., 2000], suggesting that a similar mechanism to that which occurs in chondrocytes may be involved, but it is unlikely that this is the case. During MV production, 1α , $25(OH)_2D_3$ regulates the differential distribution of PKC isoforms between the PM and the MV membrane, resulting in higher levels of PKC- α in the PM and higher levels of PKC-ζ in the MVs [Sylvia et al., 1996]. However, when isolated PMs or MVs are treated directly with 1α , 25(OH)₂D₃, PKC- α activity is increased in the PM but PKC- ζ activity is decreased in the MVs. This indicates that the direct action of the vitamin D metabolite is differentially distributed, allowing the responses to be specific to each membrane compartment.

In contrast to its effects on PKC isoforms, 1α ,25(OH)₂D₃ stimulates PLA₂ activity in both membrane compartments [Schwartz et al., 2005], suggesting an alternate hypothesis. In this hypothesis, activation of PLA₂ in the PM is rapidly downregulated, but in the MVs this does not occur and the resulting production of lysophospholipids causes a loss of membrane integrity and eventual release of MMPs into the ECM. That this is receptor mediated is evidenced by the fact that antibodies to ERp60 prevent the release of MV MMPs [Maeda et al., 2000]. Moreover, growth plate chondrocytes produce and secrete 1α ,25(OH)₂D₃ in a regulated manner at levels as high as 10^{-8} M, supporting the hypothesis that it acts in an autocrine manner.



Fig. 3. Activation of latent TGF-β1 by MV extracts. MVs were isolated from confluent cultures of rat costochondral growth zone cartilage cells and assayed for TGF-β1 content by immunoassay (MV). MV extracts were then incubated in DMEM containing 10% fetal bovine serum without exogenous latent TGF-β1 and basal level of TGF-β1 in the reaction mixture was determined (TGF-β1). MV extracts were then incubated with latent TGF-β1 and active TGF-β1 was measured (MV+TGF-β1). Finally, MV extracts were treated with the MMP inhibitor 1,10-phenanthroline (PHE) and then incubated with latent TGF-β1 (MV+TGF-β1+PHE). Data are means ± SEM for 6 separate MV preparations. * p < 0.05, MV+TGF-β1 versus MV; * p < 0.05, MV+TGF-β1 versus MV; TGF-β1 versus MV+TGF-β1+PHE.

Regulation of TGF- β Activation

Chondrocytes store TGF- β 1 in the growth plate ECM as large latent TGF- β 1 complexes, which consist of latent TGF- β 1-binding protein, latency-associated peptide and latent TGF- β 1 [Pedrozo et al., 1998]. Initial studies showed that 1 α ,25(OH)₂D₃ metabolites regulate expression of latent TGF- β 1-binding protein and latent TGF- β 1 and incorporation of latent TGF- β 1 in the ECM of chondrocytes [Pedrozo et al., 1999b]. TGF- β 1 regulates production of 1,25(OH)₂D₃ by growth plate chondrocytes [Pedrozo et al., 1999a], suggesting the possibility of a feedback loop modulating TGF- β 1 levels in the tissue.

The finding that 1α ,25(OH)₂D₃ increased MMP activity suggested that 1α ,25(OH)₂D₃ might also regulate availability of TGF- β 1 by controlling activation of the latent growth factor. Initial experiments on inhibition of TGF- β 1 activation by the MMP inhibitor 1,10-phenanthroline showed that MV extracts could activate latent TGF- β 1 and that MMPs were responsible for this (fig. 3).



Fig. 4. Effect of 1α , 25(OH)₂D₃ on activation of latent TGF- β 1 by MVs. MVs were isolated from confluent cultures of rat costochondral growth zone cartilage cells and assayed for TGF-B1 content by immunoassay (control). MV extracts were then incubated in DMEM containing 10% fetal bovine serum and 10^{-8} M 1α ,25(OH)₂D₃ without exogenous latent TGF- β 1 and basal level of TGF- β 1 in the reaction mixture was determined (1,25). MV extracts were then incubated with latent TGF-B1 and active TGF- β 1 was measured (MV). MVs were treated with 1 α ,25(OH)₂D₃ and extracts of these MVs were incubated with latent TGF-B1 (MV+1,25). Finally, extracts from MVs treated with 10⁻⁸ M 1α ,25(OH)₂D₃ were incubated with latent TGF- β 1 in the presence of the MMP inhibitor 1,10 phenanthroline (MV+1,25+PHE). Data are means \pm SEM for 6 separate MV preparations. * p < 0.05, MV versus control; $^+$ p < 0.05, MV+1,25 versus MV; $^\circ$ p < 0.05, MV+1,25 versus MV+1,25+PHE.

A second set of experiments demonstrated that extracts of MVs that had been incubated directly with 1α ,25- $(OH)_2D_3$ were more effective than extracts of untreated MVs (fig. 4). Moreover, the effect of 1α ,25 $(OH)_2D_3$ was via activation of MMPs, based on the reduction in TGF- β 1 activation by 1,10-phenanthroline.

 $1\alpha,25(OH)_2D_3$ -treated MVs activated latent TGF- $\beta 1$ and to a lesser extent latent TGF- $\beta 2$ [Boyan et al., 1994], suggesting that a similar mechanism was involved for both isoforms of this growth factor. Studies in other laboratories had shown that latent TGF- β could be activated by plasmin [Rosenthal et al., 2000] and we were able to show that plasmin could release active TGF- $\beta 1$ from ECM produced by growth plate chondrocytes [Pedrozo et al., 1999c]. However, MVs do not contain plasmin, indicating that another enzyme was involved. When MV extracts were treated with antibodies to MMP-3, activation of TGF- $\beta 1$ was blocked [Maeda et al., 2001], indicating that it was responsible for 1α ,25(OH)₂D₃-dependent activation of latent TGF- β 1. Others have shown that MMP-2 specifically activates TGF- β 2 [Wang et al., 2005, 2006].

Taken together, these studies show that MVs contain enzymes that can result in the release of active TGF-β1 from the ECM produced by growth plate chondrocytes. Moreover, they indicate that $1\alpha_2(OH)_2D_3$ produced by the cells and secreted into the ECM is involved. Additional studies have shown that the effect of 1α , 25(OH)₂D₃ is mediated by 2 pathways, both of which are ERp60 dependent, based on the ability of antibodies to ERp60 to block the effect. One mechanism involves the activation of PLA2, resulting in the formation of lysophospholipids. Lysophospholipids can act directly on latent TGF-B1, resulting in its activation [Gay et al., 2004]. They also function to destabilize the MV membrane, resulting in release of MMP-3 (an activator of TGF- β 1). The other mechanism is mediated by PKC, since inhibition of PKC by chelerythrine also prevents $1\alpha_{25}(OH)_{2}D_{3}$ -dependent activation of MV MMP-3 [Maeda et al., 2000].

Summary

The studies described above show that $1\alpha,25(OH)_2D_3$ regulates ECM turnover by activating both neutral and acidic matrix metalloproteinases. Part of this effect is via transcriptional regulation of MMP expression and part is via autocrine regulation of MMP release from extracellular MVs. MV MMP-3 specifically regulates activation of TGF- β 1 stored in the ECM, providing a feedback loop regulating matrix turnover. Active TGF- β 1 regulates $1\alpha,25(OH)_2D_3$ production and its secretion into the ECM. $1\alpha,25(OH)_2D_3$ acting as an autocrine factor acts directly on MVs via ERp60-dependent pathways, increasing local lysophospholipid content by stimulating PLA₂ activity and through control of PKC activity.

Acknowledgments

This research was supported by the NIH, NSF EEC 9731643, the Price Gilbert Jr. Foundation and Children's Healthcare of Atlanta. The authors thank Ms. Mimi Fang and Mr. Kevin Wong for their contributions to the data, as well as previous collaborators who have participated in the research summarized in this paper, particularly Drs. Lynda Bonewald, Victor Sylvia and David D. Dean.

References

- Boyan, B.D., Z. Schwartz, S. Park-Snyder, D.D. Dean, F. Yang, D. Twardzik, L.F. Bonewald (1994) Latent transforming growth factor- β is produced by chondrocytes and activated by extracellular matrix vesicles upon exposure to 1,25-(OH)₂D₃. J Biol Chem 269: 28374–28381.
- Boyan, B.D., L. Wang, K.L. Wong, H. Jo, Z. Schwartz (2006) Plasma membrane requirements for 1α , $25(OH)_2D_3$ dependent PKC signaling in chondrocytes and osteoblasts. Steroids 71: 286–290.
- Brown, R.A., M. Kayser, B. McLaughlin, J.B. Weiss (1993) Collagenase and gelatinase production by calcifying growth plate chondrocytes. Exp Cell Res 208: 1–9.
- Cawston, T.E., A.J. Wilson (2006) Understanding the role of tissue degrading enzymes and their inhibitors in development and disease. Best Pract Res Clin Rheumatol 20: 983– 1002.
- D'Angelo, M., P.C. Billings, M. Pacifici, P.S. Leboy, T. Kirsch (2001) Authentic matrix vesicles contain active metalloproteases (MMP). a role for matrix vesicle-associated MMP-13 in activation of transforming growth factorbeta. J Biol Chem 276: 11347–11353.
- Dean, D.D., B.D. Boyan, O.E. Muniz, D.S. Howell, Z. Schwartz (1996a) Vitamin D metabolites regulate matrix vesicle metalloproteinase content in a cell maturation-dependent manner. Calcif Tissue Int 59: 109–116.
- Dean, D.D., Z. Schwartz, O.E. Muniz, M.R. Carreno, S. Maeda, D.S. Howell, B.D. Boyan (2001) Effect of 1α,25-(OH)₂D₃ and 24R,25-(OH)₂D₃ on metalloproteinase activity and cell maturation in growth plate cartilage in vivo. Endocrine 14: 311–323.
- Dean, D.D., Z. Schwartz, O.E. Muniz, R. Gomez, L.D. Swain, D.S. Howell, B.D. Boyan (1992) Matrix vesicles are enriched in metalloproteinases that degrade proteoglycans. Calcif Tissue Int 50: 342–349.
- Dean, D.D., Z. Schwartz, J.P. Schmitz, O.E. Muniz, Y. Lu, F.J. Calderon, D.S. Howell, B.D. Boyan (1996b) Vitamin D regulation of metalloproteinase activity in matrix vesicles. Connect Tissue Res 35: 331–336.

- Gay, I., Z. Schwartz, V.L. Sylvia, B.D. Boyan (2004) Lysophospholipid regulates release and activation of latent TGF-β1 from chondrocyte extracellular matrix. Biochem Biophys Acta 1684: 18–28.
- Lin, R., N. Amizuka, T. Sasaki, M.M. Aarts, H. Ozawa, D. Goltzman, J.E. Henderson, J.H. White (2002) 1α ,25-dihydroxyvitamin D3 promotes vascularization of the chondro-osseous junction by stimulating expression of vascular endothelial growth factor and matrix metalloproteinase 9. J Bone Miner Res 17: 1604–1612.
- Maeda, S., D.D. Dean, I. Gay, Z. Schwartz, B.D. Boyan (2001) Activation of latent transforming growth factor β 1 by stromelysin 1 in extracts of growth plate chondrocyte-derived matrix vesicles. J Bone Miner Res *16*: 1281– 1290.
- Maeda, S., D.D. Dean, V.L. Sylvia, B.D. Boyan, Z. Schwartz (2000) Metalloproteinase activity in growth plate chondrocyte cultures is regulated by 1,25-(OH)₂D₃ and 24,25-(OH)₂D₃ and mediated through protein kinase C. Matrix Biol 20: 87–97.
- Pedrozo, H.A., B.D. Boyan, J. Mazock, D.D. Dean, R. Gomez, Z. Schwartz (1999a) TGF- β 1 regulates 25-hydroxyvitamin D₃ 1 α and 24-hydroxylase activity in cultured growth plate chondrocytes in a maturation-dependent manner. Calcif Tissue Int 64: 50–56.
- Pedrozo, H.A., Z. Schwartz, R. Gomez, A. Ornoy, W. Xin-Sheng, S.L. Dallas, L.F. Bonewald, D.D. Dean, B.D. Boyan (1998) Growth plate chondrocytes store latent TGF-β1 in their matrix through latent TGFβ binding protein-1. J Cell Physiol 177: 343–354.
- Pedrozo, H.A., Z. Schwartz, T. Mokeyev, A. Ornoy, W. Xin-Sheng, L.F. Bonewald, D.D. Dean, B.D. Boyan (1999b) Vitamin D_3 metabolites regulate LTBP1 and latent TGF- β 1 expression and latent TGF- β 1 incorporation in the extracellular matrix of chondrocytes. J Cell Biochem 72: 151–165.
- Pedrozo, H.A., Z. Schwartz, M. Robinson, R. Gomez, D.D. Dean, L.F. Bonewald, B.D. Boyan (1999c) Potential mechanisms for the plasmin mediated release and activation of latent TGF-β1 from the extracellular matrix of growth plate chondrocytes. Endocrinology 140: 5806–5816.

- Rosenthal, A.K., C.M. Gohr, L.A. Henry, M. Le (2000) Participation of transglutaminase in the activation of latent transforming growth factor β 1 in aging articular cartilage. Arthritis Rheum 43: 1729–1733.
- Schmitz, J.P., D.D. Dean, F.J. Calderon, Z. Schwartz, B.D. Boyan (1994) Matrix vesicles contain active stromelysin-1 regulated by vitamin D₃ metabolites. J Bone Miner Res 9: S379.
- Schmitz, J.P., D.D. Dean, Z. Schwartz, D.L. Cochran, G.M. Grant, R.J. Klebe, H. Nakaya, B.D. Boyan (1996a) Chondrocyte cultures express matrix metalloproteinase mRNA and immunoreactive protein: stromelysin-1 and 72kDa gelatinase are localized in extracellular matrix vesicles. J Cell Biochem 61: 375–391.
- Schmitz, J.P., Z. Schwartz, V.L. Sylvia, D.D. Dean, F. Calderon, B.D. Boyan (1996b) Vitamin D_3 regulation of stromelysin-1 (MMP-3) in chondrocyte cultures is mediated by protein kinase C. J Cell Physiol *168*: 570–579.
- Schwartz, Z., E.J. Graham, L. Wang, S. Lossdorfer, I. Gay, T.L. Johnson-Pais, D.L. Carnes, V.L. Sylvia, B.D. Boyan (2005) Phospholipase A2 activating protein (PLAA) is required for 1α,25(OH)₂D₃ signaling in growth plate chondrocytes. J Cell Physiol 203: 54– 70
- Sylvia, V.L., Z. Schwartz, E.B. Ellis, S.H. Helm, R. Gomez, D.D. Dean, B.D. Boyan (1996) Nongenomic regulation of protein kinase C isoforms by the vitamin D metabolites 1α ,25-(OH)₂D₃ and 24R,25-(OH)₂D₃. J Cell Physiol *167*: 380–393.
- Wang, L., S. Clutter, J. Benincosa, J. Fortney, L.F. Gibson (2005) Activation of transforming growth factor-beta1/p38/Smad3 signaling in stromal cells requires reactive oxygen species-mediated MMP-2 activity during bone marrow damage. Stem Cells 23: 1122–1134.
- Wang, M., D. Zhao, G. Spinetti, J. Zhang, L.Q. Jiang, G. Pintus, R. Monticone, E.G. Lakatta (2006) Matrix metalloproteinase 2 activation of transforming growth factor-β1 (TGFβ1) and TGF-β1-type II receptor signaling within the aged arterial wall. Arterioscler Thromb Vasc Biol 26: 1503–1509.