

Inherited genetic variant predisposes to aggressive but not indolent prostate cancer

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Autopsy studies suggest that most aging men will develop lesions that, if detected clinically, would be diagnosed as prostate cancer (PCa). Most of these cancers are indolent and remain localized; however, a subset of PCa is aggressive and accounts for more than 27,000 deaths in the United States annually. Identification of factors specifically associated with risk for more aggressive PCa is urgently needed to reduce overdiagnosis and overtreatment of this common disease. To search for such factors, we compared the frequencies of SNPs among PCa patients who were defined as having either more aggressive or less aggressive disease in four populations examined in the Genetic Markers of Susceptibility (CGEMS) study performed by the National Cancer Institute. SNPs showing possible associations with disease severity were further evaluated in an additional three independent study populations from the United States and Sweden. In total, we studied 4,829 and 12,205 patients with more and less aggressive disease, respectively. We found that the frequency of the TT genotype of SNP rs4054823 at 17p12 was consistently higher among patients with more aggressive compared with less aggressive disease in each of the seven populations studied, with an overall P value of 2.1×10^{-8} under a recessive model, exceeding the conservative genome-wide significance level. The difference in frequency was largest between patients with high-grade, non-organ-confined disease compared with those with low-grade, organ-confined disease. This study demonstrates that inherited variants predisposing to aggressive but not indolent PCa exist in the genome, and suggests that the clinical potential of such variants as potential early markers for risk of aggressive PCa should be evaluated.

association | genetics | SNP | Gleason grade | stage

Prostate cancer accounts for one-fourth of all cancer diagnoses in men in the United States, with an estimated 192,280 new cases in 2009 (1). Although most men will have an indolent form of the disease, aggressive prostate cancers are currently the second leading cause of cancer deaths in men in this country. Most cases of prostate cancer are diagnosed as a result of having an elevated serum level of prostate-specific antigen (PSA). PSA-based disease screening leading to early detection and treatment of prostate cancer (PCa) has contributed to the reduction in mortality observed for this disease in the US over the past several years (1). However, results from two large randomized trials in Europe and the US provide strong evidence that PSA-based screening for PCa is associated with a high risk of overdiagnosis (2, 3). In the European trial, PSA screening was associated with decreased PCa related mortality but at a great cost; ~1,410 men needed to be screened, and 48 additional PCa cases would need to be treated to prevent one death from PCa (2). Although interpretation of these findings is still a subject of discussion, the current inability to accurately distinguish risk for life-threatening, aggressive PCa from the overwhelming majority of indolent cases

contributes to the dilemma. Based upon existing evidence for a genetic predisposition to aggressive PCa (4) and PCa-specific death (5), we hypothesized that inherited genetic variants exist that could be used as markers to identify men at risk for more aggressive disease at an early, curable stage of the disease.

Recent breakthroughs in genome-wide association studies (GWAS) have led to the discovery of more than two dozen reported SNPs that are associated with PCa risk by comparing men with or without PCa using case-control study designs (6–25). Unfortunately, none of these PCa risk-associated SNPs consistently distinguish risk for more or less aggressive cancer (26–28), nor are they associated with prostate cancer-specific mortality (29). As a result, there has been much debate regarding the clinical utility of these SNPs as a risk stratification tool (30, 31). Clearly, an alternative approach is needed to search for genetic markers that distinguish those men who are at risk for developing more aggressive PCa. Herein, we report our findings from a systematic evaluation of ~27,000 SNPs in the genome by comparing 4,829 patients with more aggressive disease and 12,205 patients with less aggressive disease from seven study populations using a case-case study design.

Results

To identify inherited genetic markers that are associated with aggressiveness of PCa, we first analyzed publicly available genotype data for ~27,000 SNPs across the genome among 1,980 patients with more aggressive disease and 2,109 patients with less aggressive disease from four CGEMS study populations (PLCO, CPS-II, HPFS, and ATBC) using a case-case analysis (Fig. 1, Table 1). Based on the results of a combined allelic test, we selected a subset of SNPs ($n = 74$) for further evaluation, where $P < 0.05$ for the difference between more and less aggressive disease, and the direction of association was consistent among the four studies. These SNPs were subsequently evaluated in an independent cohort of 1,231 patients with more aggressive disease and 1,619 patients with less aggressive disease from the CAPS study (Table S1). Six of these 74 SNPs were confirmed; $P < 0.05$ for the allelic test, with the same direction of association (Dataset S1). We then evaluated these six SNPs in 1,408 patients with more aggressive disease and 4,318 patients with less aggressive disease from the Johns Hopkins Hospital (JHH) study

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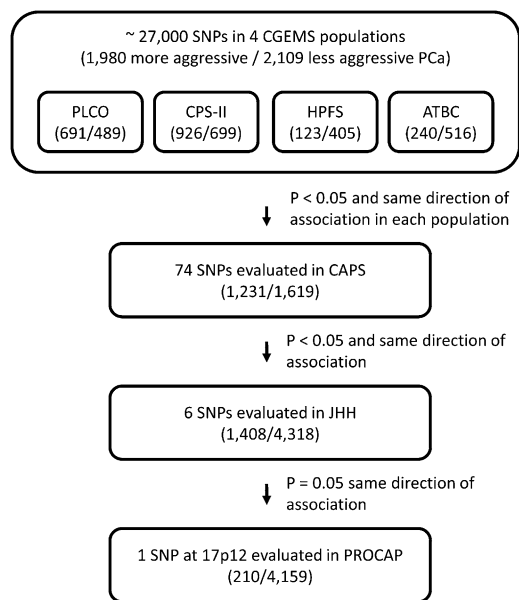


Fig. 1. Flow chart of the study design. Numbers of subjects with more or less aggressive prostate cancer in each study population are indicated in parentheses.

population (Table S2). One SNP (rs4054823 at 17p12) had a marginally different allele frequency between the two types of PCa patients ($P = 0.051$) with the same direction of association as in the previous studies (Dataset S2). This SNP was further evaluated in an additional independent Swedish PCa patient population (PROCAP), comprising 210 patients with more aggressive disease and 4,159 patients with less aggressive disease. The allelic test confirmed the association ($P = 0.01$).

As summarized in Table 2, the frequency of allele T of SNP rs4054823 was consistently higher in patients with more aggressive disease compared with patients with less aggressive disease in each of the four CGEMS populations, and was significant in the combined allelic test ($P = 9.8 \times 10^{-4}$). The T allele of rs4054823 was also more frequent in patients with more aggressive disease in each of the three independent populations in the confirmation stage, with a value of $P = 5.0 \times 10^{-4}$ from a combined allelic test. Combining the data from all seven populations, the allelic test of the SNP and aggressiveness of PCa was highly significant ($P = 2.1 \times 10^{-6}$). When genotype frequencies of this SNP between the two types of PCa were tested using dominant and recessive models, the recessive model (allele T) was most significant ($P = 2.1 \times 10^{-8}$). This P value exceeded a study-wide significance level at a 5% false positive rate using a conservative Bonferroni correction (27,000 SNPs and three genetic models). The TT genotype was found in 32% of 4829 cases with aggressive disease and 28% of 12,205 cases with less aggressive disease. Compared with PCa patients who had CC or CT genotypes, patients who had the TT genotype of this SNP had an odds ratio (OR) of 1.26 (95% confidence interval [CI], 1.16–1.36) for aggressive PCa. No heterogeneity was observed in the OR estimates among different populations ($P = 0.56$, Breslow-Day test).

To overcome potential limitations arising from the heterogeneous definitions of aggressive PCa used among these seven study populations, and to more fully characterize the association, we performed an in-depth analysis of the correlation of SNP rs4054823 with specific clinicopathologic variables of PCa including tumor grade as assessed by Gleason score and TNM stage in populations for which this information was available. This analysis was first performed in patients from JHH for the following reasons: (i) a large number of patients ($n = 5,955$)

recruited from the same hospital were available; (ii) all patients were treated with radical prostatectomy and thus, unlike patients receiving either no or nonsurgical treatment, their tumors were available for extensive pathologic evaluation; and (iii) tumors were uniformly graded and staged by pathologists at JHH using the same protocol (32, 33). In this analysis, we found that the frequency of the TT genotype was lower in patients with well- to moderately differentiated cancers (29%, 28%, and 30% in cancers with Gleason scores ≤ 6 , 3+4, and 4+3, respectively) and increased only in patients with more poorly differentiated tumors, i.e., Gleason scores ≥ 8 (35%), $P = 0.002$ from a χ^2 test comparing patients with Gleason score ≥ 8 and < 8 (Fig. 2A). Similarly, we found that the frequency of the TT genotype was lower in patients with low disease stage (pT2, 29% and pT3a, 28%) and was increased in patients with higher disease stage (\geq pT3b, 34%; $P = 0.03$, from a χ^2 test comparing patients with stage \geq pT3b and $<$ pT3b). The difference in TT genotype frequency was largest between the most extreme groups with regard to likelihood of disease progression and lethality: 29% of patients with the least aggressive disease (Gleason score ≤ 6 and organ-confined stage, pT2, $n = 3,080$), compared with 46% of patients with the most aggressive PCa (Gleason score ≥ 8 and non-organ-confined stage, \geq pT3b, $n = 136$; OR = 2.11; 95% CI: 1.507–2.99), $P = 1.6 \times 10^{-5}$.

We also examined the association of this SNP with clinicopathologic variables in the Swedish CAPS population, although this population differed from the JHH population in that the treatments included multiple modalities (none, radiation, surgery, and hormonal), resulting in less uniform tumor staging and grading. In this population, the TT genotype frequency also increased with increasing Gleason score and stage; the largest difference was between the most and least aggressive PCa patients (Fig. 2B). The pattern of association, however, differed from that of JHH: a threshold increase of TT genotype frequency in patients with Gleason score ≥ 8 or stage \geq pT3b was observed in the JHH patients, whereas a gradual increase of TT genotype frequency was observed with increasing Gleason score or stage in CAPS patients. We speculate that this difference is due to the pathologic evaluation of prostatectomy specimens in the JHH study versus the clinical grading of biopsy specimens and clinical staging of the majority of cases in the CAPS study. Typically, a ~20–30% discrepancy in grading and staging is observed between clinical and pathologic evaluations of the same patient (34).

Discussion

This study reflects an important shift in genetic association studies of PCa. Most studies to date have searched for inherited genetic variants that predispose men to overall PCa risk, by comparing men with and without PCa using a case-control design. In contrast, we strategically set out to identify inherited genetic markers that distinguish between risk for aggressive versus indolent PCa, by comparing SNPs among PCa patients with these two disease phenotypes using a case-case design. The need for this change in approach is supported by several trends, including a concern over increased rates of diagnosis and treatment of indolent disease and the lack of consistently validated markers of aggressive disease identified using currently used case-control study designs (26).

In this study, we have successfully identified a SNP with a genotype frequency that is consistently different between patients with more or less aggressive PCa in each of the seven independent populations studied. The difference between the two types of PCa was statistically significant ($P = 2.1 \times 10^{-8}$), exceeding a conservative study-wide and even genome-wide significance level. More importantly, the difference in frequency was largest between patients with high-grade, non-organ-confined disease and thus

Table 1. Number of patients with more or less aggressive prostate cancer in each of seven populations

Study population	No. of prostate cancer patients	
	More aggressive	Less aggressive
CGEMS*		
PLCO	691	489
ACS(CPS-II)	926	699
HPFS	123	405
ATBC	240	516
Subtotal	1,980	2,109
CAPS [†]	1,231	1,619
JHH [‡]	1,408	4,318
PROCAP [§]	210	4,159
Total	4,829	12,205

*In the CGEMS study, more aggressive disease is defined as Gleason ≥ 7 or T-stage $\geq T3$.

[†]In the CAPS study, more aggressive disease is defined as Gleason ≥ 8 or T-stage $\geq T3$.

[‡]In the JHH study, more aggressive disease is defined as Gleason $\geq (4+3)$ or T-stage $\geq T3b$ or N+.

[§]In the PROCAP study, more aggressive disease is defined as Gleason ≥ 8 or N+.

with aggressiveness of prostate cancer. GWAS with more complete genome coverage using a case–case design will likely identify additional SNPs associated with PCa aggressiveness. Another limitation is that we were not able to test the association of this SNP with PCa progression because of a lack of long-term follow-up information for the studied patient populations at this time. Testing for the association of this SNP with progression, together with Gleason score and stage, would allow us to assess their independent and joint contributions in predicting for disease outcome. However, an association of a SNP with Gleason score/stage alone, as demonstrated in this study, is important by itself, as Gleason score and stage are informative surrogates of disease outcome, albeit insufficient (39, 40). More importantly, when high-grade/stage tumors are diagnosed, it is often too late for effective treatment. Inherited genetic markers can be used to overcome this limitation because they do not measure a tumor-derived product and thus can be measured and can be informative years before PCa develops. Based on our study, we speculate that a panel of SNPs with characteristics similar to the one described here could be an important part of a genetic-

based, targeted PSA screening strategy that is effective in reducing the number of men requiring disease screening, thereby reducing overdiagnosis while also decreasing mortality by facilitating identification of those men at risk for aggressive PCa at a stage when the disease is potentially curable. Further studies will be necessary to assess this possibility.

Methods

Study Subjects. Seven independent populations were included in this study (Table 1). The first four populations were from the publicly available CGEMS study, and include the Prostate, Lung, Colon and Ovarian (PLCO) Cancer Screening Trial, the American Cancer Society Cancer Prevention Study II (CPS-II), the Health Professionals Follow-up Study (HPFS), and the Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study (ATBC), as described in detail elsewhere (9, 11). PCa aggressiveness was defined by the CGEMS study as follows: patients with clinical stage T3/T4 or Gleason score of 7 or higher (stage and grade designations as described below) based on biopsy specimens were classified as having more aggressive disease, whereas the remaining patients were classified as having less aggressive disease.

The other three populations were from our collaborative research group, including a hospital-based case series from the JHH, and two population-based studies based on the National Prostate Cancer Register of Sweden; a case-control study; CAnceR Prostate in Sweden (CAPS) (41, 26), and a case series of PCa patients treated for localized PCa (PROCAP) (42, 43).

PCa patients from the CAPS study were identified and recruited from four regional cancer registries in Sweden, diagnosed between July 2001 and October 2003. Patients were classified as having more aggressive disease if their cancers met any of the following criteria: advanced stage as evidenced by disease spread outside of the prostate; presence of cancer in the lymph nodes or other metastatic sites (clinical stage T3/T4, N+, M+, respectively); presence of poorly differentiated cancer at biopsy as indicated by a high Gleason score (i.e., 4+4 = 8 or higher; Gleason scores are the sum of the two most prevalent histologic patterns, rated on a scale of 1–5, with 5 being the most poorly differentiated); or a serum PSA level associated with a high likelihood of extensive disease (>50 ng/mL ($n = 1,231$)). Otherwise, the patients were classified as having less aggressive disease ($n = 1,619$) (Table S1).

The PCa patients from the JHH study were men who underwent radical prostatectomy for treatment of PCa at JHH from January 1, 1999, through December 31, 2008. Because of the non-JHH populations analyzed in this study including only individuals of European descent, the JHH population was similarly confined. Tumors were graded and staged after resection; those with Gleason scores of 7, with the most prevalent pattern being 4, or higher, or stage T3b or higher, or N+ or M+ were defined as more aggressive disease ($n = 1,408$). Tumors with Gleason score of 7 with most prevalent pattern 3, or lower and no evidence of disease dissemination (pathologic stage T2/N0/M0) were defined as having less aggressive disease ($n = 4,318$) (Table S2).

Table 2. Association of SNP rs4054823 at 17p12 with aggressiveness of PCa

Study populations	Genotype frequency						Allele test				Genotype test			
	Aggressive			Nonaggressive			Frequency (T)				Recessive		Dominant	
	CC	CT	TT	CC	CT	TT	Agg.	Nonagg.	OR (95% CI)	P	OR (95% CI)	P	OR (95% CI)	P
CGEMS study														
ACS	171	467	275	152	349	183	0.56	0.52	1.15(1.00–1.32)	0.05	1.18(0.95–1.47)	0.14	1.24(0.97–1.58)	0.09
ATBC	52	119	67	124	253	132	0.53	0.51	1.10(0.88–1.37)	0.39	1.12(0.79–1.58)	0.52	1.15(0.80–1.66)	0.45
HPFS	29	43	46	75	191	123	0.57	0.56	1.04(0.78–1.40)	0.78	1.38(0.90–2.12)	0.14	0.73(0.45–1.20)	0.21
PLCO	119	332	233	104	253	126	0.58	0.52	1.28(1.08–1.51)	3.7E-03	1.46(1.13–1.89)	3.6E-03	1.30(0.97–1.75)	0.08
Sub total	371	961	621	455	1046	564	0.56	0.53	1.17(1.06–1.28)	9.8E-04	1.27(1.10–1.47)	9.1E-04	1.18(1.00–1.38)	0.04
Confirmation														
CAPS	247	589	387	331	841	428	0.56	0.52	1.11(1.00–1.24)	0.04	1.27(1.08–1.49)	4.5E-03	1.03(0.86–1.24)	0.75
JHH	289	662	448	912	2152	1217	0.56	0.54	1.09(1.00–1.19)	0.05	1.19(1.04–1.35)	1.0E-02	1.04(0.90–1.21)	0.61
PROCAP	35	93	81	853	2079	1215	0.61	0.54	1.31(1.07–1.61)	0.01	1.53(1.15–2.03)	3.5E-03	1.29(0.89–1.87)	0.18
Sub total	571	1344	916	2096	5072	2860	0.56	0.54	1.12(1.05–1.19)	5.0E-04	1.25(1.13–1.37)	6.2E-06	1.06(0.95–1.18)	0.32
All populations	942	2305	1537	2551	6118	3424	0.56	0.54	1.13(1.08–1.19)	2.1E-06	1.26(1.16–1.36)	2.1E-08	1.09(1.00–1.20)	0.05

Recessive and dominant models are defined in terms of risk allele T. For Subtotal and All populations, the P value and OR (95%CI) were calculated from the CMH test. Breslow-Day P value for all populations / recessive mode is 0.5646.

The PROCAP study was a cohort of PCa patients diagnosed predominantly with clinically localized disease between 1997 and 2002 and recruited from the National Prostate Cancer Register of Sweden. Among 4,356 patients, 210 were classified as having more aggressive disease (clinical stage T3/T4, N+, M+, Gleason Score ≥ 8 , or pretreatment serum PSA ≥ 50 ng/mL). The remaining 4,159 patients were classified as having less aggressive disease.

This study received institutional approval at Wake Forest University School of Medicine, Johns Hopkins University School of Medicine, and the Karolinska Institutet.

SNPs and Genotyping Methods. The genotyping data for $\sim 27,000$ SNPs in four CGEMS study populations (PLCO, CPS-II, HPFS, and ATBC) were publicly available. These SNPs were genotyped because they were significantly associated with PCa risk in the first-stage GWAS of the CGEMS study (PLCO) using a case-control analysis (11). Individual genotype data from PLCO were obtained through an approved data request application. Summary genotype information from CPS-II, HPFS, and ATBC were downloaded from a publicly accessible CGEMS website (<http://cgems.cancer.gov/data/>).

SNP genotyping in the CAPS, JHH, and PROCAP were performed using the MassARRAY iPLEX genotyping system (Sequenom) at Wake Forest University. Duplicate test samples and two water samples (PCR negative controls) that were blinded to the technician were included in each 96-well plate. The rate of concordant results between 100 duplicate samples was $>99\%$.

Statistical Analysis. Allele frequency differences between two groups of patients were tested for each SNP using a χ^2 test with 1 degree of freedom

within each population. The allelic odds ratio (OR) and 95% confidence interval (95% CI) were estimated based on a multiplicative model. Genotype frequency differences between two groups of patients were also tested using both a dominant and a recessive model for SNPs that were confirmed in an allele test from multiple populations. Results from multiple populations were combined using a Mantel-Haenszel model in which the populations were allowed to have different allele frequencies but were assumed to have a common OR. The homogeneity of ORs among different study populations was tested using Breslow-Day χ^2 test.

For SNPs that were confirmed to be significantly associated with aggressiveness of PCa, a χ^2 test using a $2 \times K$ table was performed for Gleason scores and T-stage, in which K is the number of possible categories within each variable. All reported *P* values were based on a two-sided test.

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