

# The updated Swedish family-cancer database used to assess familial risks of prostate cancer during rapidly increasing incidence

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## Abstract

The Swedish Family-Cancer Database has been used for some 10 years in the study of familial risks at all common sites. In the present paper we describe some of the main features of version VII of this Database, assembled in year 2006. This update included all residents in Sweden born or immigrated in 1932 and later (offspring) with their biological parents, a total of 11.5 million individuals. Cancer cases were retrieved from the Swedish Cancer Registry from years 1958 to 2004, including over 1.2 million first and multiple primary cancers and *in situ* tumours. We show one application of the Database in the study of familial risks in prostate cancer, with special reference to the modification of familial risk at the time of about 50% increase in incidence due to prostate specific antigen (PSA) screening. The familial risks for prostate cancer were 1.92 for sons of affected fathers, 3.03 for brothers and 5.44 for men with an affected father and an affected brother. Familial risk for prostate cancer according to the time since the first family member was diagnosed showed significant increases for two family members being diagnosed in the same year compared to 5+ years apart. Increased surveillance and the availability of PSA screening are the likely reasons for the overestimated familial relative risk shortly after the first diagnosis. This lead time bias should be considered in clinical counselling.

## Introduction

The family history is the prime anamnestic piece of information in the clinical genetic counselling of many diseases, including breast, prostate and colorectal cancers [1, 2]. A confirmed family history of a disease has been the initial clue about its heritable causation and a starting point for gene identification of most hereditary diseases. Public awareness of familial risks and the demand for counselling have increased. In the USA, increasing numbers of National Cancer Institute-

-designated cancer centres offer clinical genetic counselling, not only to patients and their families but to any concerned individuals [3]. Awareness of familial risks and concern after diagnosis of a family member may lead to an early diagnosis of the same disease, if screening methods are available, as shown for melanoma and *in situ* breast and cervical cancers [4]. The usefulness of the family history is critically dependent on its accuracy. A recommendation for mutation testing for a disease gene is usually based on the family history, and the result may turn out to be

negative simply because the family history has been wrong. Unfortunately patients tend often to be unaware of the medical histories of their relatives. Recently, data on the accuracy of family histories have been accumulated by comparing reported histories to those with medical documentation. Murff et al. collected literature on the accuracy of family history data for cancer [5]. The positive predictive value (positives of true positives) of the reported family history compared to medical diagnosis in a first-degree relative was 93% for breast, 85% for prostate, 81% for colon, 69% for ovarian and 37% for endometrial cancers when reported by cancer patients. When the family histories were reported by healthy controls, the positive predictive values were about 20 percent units lower; the worst were ovarian (25%) and endometrial cancers (17%). The percentages were lower for the second-degree relatives than for the first-degree relatives. Many of the findings were similar in a Swedish study, which suggested that reporting is worse for rare cancers; somewhat surprisingly, the accuracy of reporting cancer in siblings was worse than that in parents [6]. These data are worrisome as they are, but they may be even worse for many other diseases, for which the diagnostics have not been as uniform as they have been for cancer during the past half century.

Familial clustering of cancer can be identified through a number of approaches. The clinical identification of probands and construction of pedigrees has been the classical approach to heritable diseases. A unique population screening program for familial cancer has been carried out among the 1.5 million inhabitants of the West Pomeranian Region around Szczecin in Poland [7, 8]. As a further alternative, population-based datasets on familial cancer have been used in Utah, Iceland, UK, Denmark, Finland and Sweden [9-13]. The largest dataset on familial cancer is the Swedish Family-Cancer Database, which has been updated periodically, and in the present article we report the seventh update, covering cancers up to year 2004, abbreviated FCD2004. We show an application of the Database to prostate cancer, with special reference to the familial risks during a period of increasing incidence.

## The Family-Cancer Database of year 2004

Statistics Sweden created a family database, the "Second Generation Register", in 1995 [14]. After a few expansions, it covered offspring born after 1931 with their parents, renamed as the "Multigeneration Register" to indicate that the number of generations

was more than two. We have linked this Register to the Swedish Cancer Registry (1958-2004) to make the Family-Cancer Database (MigMed2) in year 2006 for the seventh time, called here FCD2004 [15, 16]. For the first time, FCD2004 contains data on all immigrants, whereas the previous versions only included those who had had children in Sweden. In FCD all data are organized in child-mother-father triplets; the parents have been registered at the time of birth of the child, allowing tracking of "biological" parents in spite of divorce and remarriage.

FCD2004 identified a total of 11.5 million persons, divided into parental and offspring generations. An overwhelming proportion (97.9%) of offspring born in Sweden have information on parents, but the proportion is much smaller for offspring born outside Sweden, for obvious reasons (Table 1). Even for those born in Sweden, the parental links are more numerous for living than for deceased individuals; 10.9% of offspring with cancer lack parental links. FCD2004 contains 1.2 million tumour notifications, compared to 1.1 million in FCD2002 (Table 2); among tumours in FCD2004, 796,000 are first primary cancers, 85,000 are multiple primaries and 237,000 are *in situ* cancers, dominated by cervical *in situ* cancers. The annual accumulation of cancer cases to the parental and offspring generation in FCD2004 and FCD2002 is shown in Fig. 1. The offspring generation had initially far fewer cases than the parental one but now in FCD2004 the number of cases among the offspring & parent group (i.e. those who were first offspring and then became parents) exceeded the case numbers of the parental generation. The parental cases are decreasing in the course of time because the parental generation was born before year 1932 and it is dying away. The 'All' curve is the sum of the three other mutually exclusive curves.

## An application of the Database: prostate cancer

According to the Cancer Incidence in Five Continents, the difference in incidence of prostate cancer between the highest (202/100,000 for Detroit African Americans) and the lowest (1.1 for Qidong, China) rates is larger than for any major cancer [17]. The reasons for the difference are not understood but one is the ever rising incidence in the affluent countries. The increase in incidence, 3.4-fold in Sweden, is shown in Fig. 2 for the period 1960-2004, based on the Swedish Cancer Registry. There seem to be two different patterns in the age-incidence relationships. The first

**Table 1.** Number of individuals in the offspring generations in FCD2004 according to country of birth

Number of offspring in FCD2004							
	Total no. of offspring	Offspring with cancer		Offspring linked to parent		Offspring with cancer not linked to parent	
	n	n	[%]	n	[%]	n	[%]
All offspring	8 965 636	304 083	3.4	7 783 176	86.8	59 569	0.7
Living offspring	8 633 969	195 631	2.3	7 552 456	87.5	28 766	0.3
Deceased offspring	331 667	108 452	32.7	230 720	69.6	30 803	9.3
Number of offspring in FCD2002							
	Total no. of offspring	Offspring with cancer		Offspring linked to parent		Offspring with cancer not linked to parent	
	n	n	[%]	n	[%]	n	[%]
All	7 400 436	224 225	3.0	7 240 222	97.8	26 254	0.4
Living offspring	7 110 978	144 602	2.0	7 010 092	98.6	8 936	0.1
Deceased offspring	289 458	79 623	27.5	230 130	79.5	17 318	6.0
Number of Swedish-born offspring in FCD2004							
	Total no. of offspring	Offspring with cancer		Offspring linked to parent		Offspring with cancer not linked to parent	
	n	n	[%]	n	[%]	n	[%]
All offspring	7 537 563	268 007	3.6	7 376 394	97.9	29 280	0.4
Living offspring	7 249 706	173 097	2.4	7 152 845	98.7	10 207	0.1
Deceased offspring	287 857	94 910	33.0	223 549	77.7	19 073	6.6
Number of foreign-born offspring in FCD2004							
	Total no. of offspring	Offspring with cancer		Offspring linked to parent		Offspring with cancer not linked to parent	
	n	n	[%]	n	[%]	n	[%]
All offspring	1 402 042	35 995	2.6	400 544	28.6	30 217	2.2
Living offspring	1 358 869	22 513	1.7	393 432	29.0	18 543	1.4
Deceased offspring	43 173	13 482	31.2	7 112	16.5	11 674	27.0
Number of offspring with unknown birth country in FCD2004							
	Total no. of offspring	Offspring with cancer		Offspring linked to parent		Offspring with cancer not linked to parent	
	n	n	[%]	n	[%]	n	[%]
All offspring	26 031	81	0.3	6 238	24.0	72	0.3
Living offspring	25 394	21	0.1	6 179	24.3	16	0.1
Deceased offspring	637	60	9.4	59	9.3	56	8.8

**Table 2.** Number of cancers in the FCD2004 compared to FCD2002

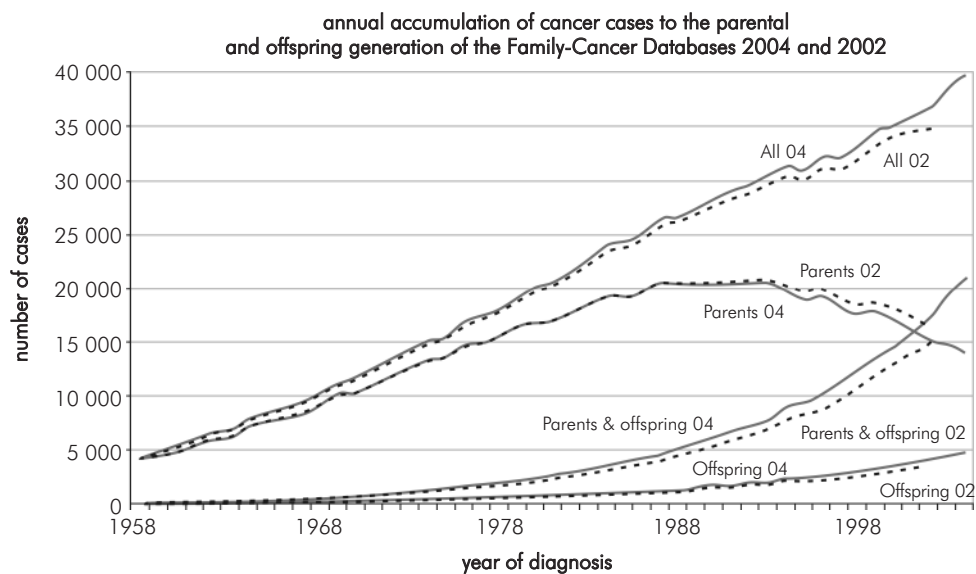
Number of cancer notifications for first and multiple primary invasive and in situ cancers in FCD2004, 1958-2004				
	First primary	Multiple primary	In situ	All
Father	326 543	40 924	32 385	399 852
Mother	274 372	36 292	58 240	368 904
Father/son	93 261	6 053	10 292	109 606
Mother/daughter	128 479	10 872	136 516	275 867
Son	31 734	1 644	2 493	35 871
Daughter	29 694	2 346	22 492	54 532
All	884 083	98 131	262 418	1 244 632

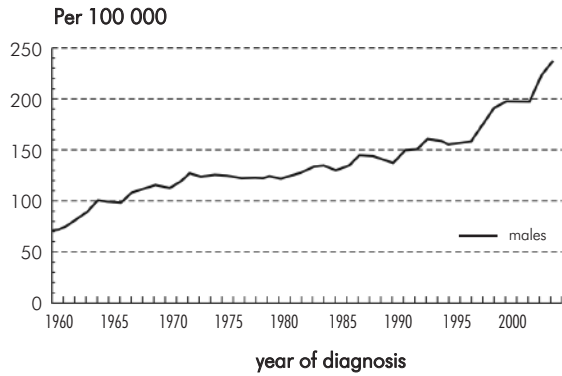
Number of cancer notifications for first and multiple primary invasive and in situ cancers in FCD2002, 1958-2002				
	First primary	Multiple primary	In situ	All
Father	315 921	37 379	30 057	383 357
Mother	270 039	33 676	64 203	367 918
Father/son	65 269	3 832	6 982	76 083
Mother/daughter	97 442	7 658	114 976	220 076
Son	24 230	1 105	1 752	27 087
Daughter	23 075	1 614	18 671	43 360
All	795 976	85 264	236 641	1 117 881

one prevailed until about year 1995, and it was characterized by a preferential increase in incidence in those older than 70 years [18]. This increase coincided with a more common and intense

application of prostatic biopsies and transurethral resection techniques [19]. In the second phase, after year 1997, the 50% increase extended preferentially to younger age groups and it coincided with a wide

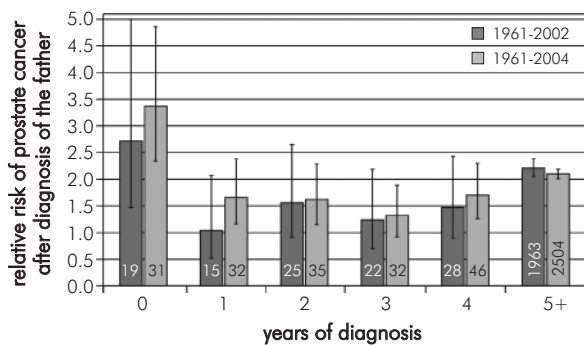


**Fig. 1.**



**Fig. 2.** Prostate cancer incidence in Sweden, based on the Swedish Cancer Registry

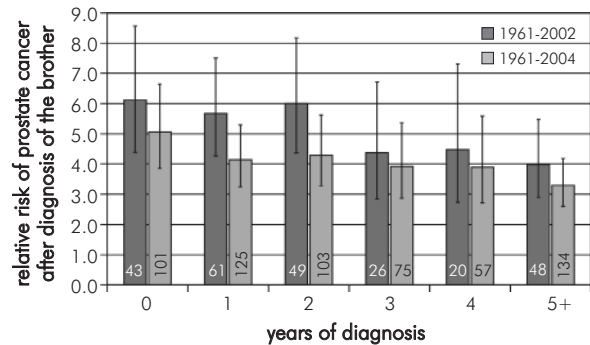
application of opportunistic prostate specific antigen (PSA) testing [20, 21]. The widespread use of PSA testing was the probable cause of the upward shift in incidence between years 1998 and 2004.



**Fig. 3.** Dependence of familial risk for prostate cancer in sons on the time after father’s diagnosis of prostate cancer (95%CI and number of father-son pairs is shown inside the bars)

The familial risks for prostate cancer are shown in Table 3 based on FCD2004 (oldest age for offspring 72 years) and FCD2002 (oldest age for offspring 70 years). The methods, based on standardized incidence ratio (SIR) and 95% confidence intervals (CIs), have been described elsewhere [15, 16]. The number of affected father-son pairs has increased from 1501 to 2546 and that of affected brother pairs from 361 to 898; for three affected individuals/family the number has increased from 118 to 259. The increases in familial cases show the reason why the biannual updating of FCD are considered worthwhile. All the familial risks have decreased slightly because of the aging population; in FCD2004 they were 1.92 for sons of affected fathers, 3.03 for brothers and 5.44 for men with an affected father and an affected brother (Table 3).

With increasing incidence and access, changes in familial risks are expected; some evidence has been seen for prostate and some other cancers earlier [4, 18, 22]. The methods, based on Poisson regression



**Fig. 4.** Dependence of familial risk for prostate cancer in brothers on the time after the first brother’s diagnosis of prostate cancer (95%CI and number of brother-son pairs is shown inside the bars)

**Table 3.** SIR<sup>1)</sup> for invasive prostate cancer in men by family history

Family history	FCD2004				FCD2002			
	O	E	SIR	95% CI	O	E	SIR	95% CI
Father only	2 546	1 324	<b>1.92</b>	1.85 2.00	1 501	767	<b>1.96</b>	1.86 2.06
Brother only	898	296	<b>3.03</b>	2.00 4.57	361	107	<b>3.37</b>	2.14 5.29
Father & brother	259	48	<b>5.44</b>	3.39 8.68	118	18	<b>6.60</b>	3.86 11.18
No history	14 473	16 516	0.88	0.86 0.89	8 573	9 662	0.89	0.87 0.91
All brothers (ref)	9 738	9 738	1	0.69 1.44	5 490	5 490	1	0.69 1.45
All (ref)	18 176	18 176	1	0.99 1.01	10 553	10 553	1	0.98 1.02

Period of follow-up: 1961-2004 Period of follow-up: 1961-2002

<sup>1)</sup> SIR standardized by age, calendar period, socioeconomic status and residential region

analysis, have been described elsewhere [4]; relative risk (RR), its 95%CI and a two-sided p-value were calculated. We assessed familial risk for prostate cancer in father-son pairs using FCD2004 and FCD2002 according to the time since the first family member was diagnosed (Fig. 3). The risk was highest for sons to be diagnosed with prostate cancer in the year of the father's diagnosis, and higher in FCD2004 (RR 3.37, N=31, 95%CI 2.34-4.86) than in FCD2002 (2.72). In FCD2004 the difference between the same year and the reference, 5+ years (RR 2.10, N=2504, 95%CI 2.01-2.19), was significant,  $p=0.011$ . The similar analysis for brothers showed a somewhat different result, as the RRs were systematically lower for FCD2004 than FCD2002 (Fig. 4); however, the difference between the same and 5+ years remained. In FCD2004 the RR for diagnosis of both brothers in the same year was 5.06 (N=101, 95%CI 3.86-6.64) compared to 3.30 (N=134, 95%CI 2.60-4.18) in 5+ years,  $p=0.019$ .

## Conclusions

The median age at diagnosis of cancer at all sites is about 70 years in Sweden [23]. Thus the offspring population aged up to 72 years in FCD2004 has passed the median age. If familial cancers indeed are diagnosed at a younger age than sporadic cancers, as they are for known hereditary cancer syndromes, then we can expect to have captured a large proportion of familial cancers, particularly for relatively early onset cancers, such as breast cancer. However, for relatively late onset cancers, exemplified by prostate cancer here, larger numbers of familial cases are obtained by extending the data to older individuals. Data from the Utah population database suggest that familial cancers can be detected even at old ages [10]. Even hereditary cancers can be found at late age; when mutation screening for hereditary nonpolyposis colorectal cancer (HNPCC) was extended to older patients, mutation-positive individuals were detected with a median age of 61 years, compared to the long-held median age of 44 years [24]. Whether familial cancers tend to be of early onset is yet to be seen and the future updates of FCD will resolve the issue.

The successes in early diagnosis and management of heritable cancers have shown that inherited cancers are no longer inevitable. Although genetic testing has become an important method for at-risk families of certain cancers, it covers a small proportion of all familial cancers. Empirical risk estimates from epidemiological studies have proven to be useful for

familial breast and prostate cancers, and it is recommended that reliable risk estimates for other cancers also be seriously considered for routine clinical recommendations [25]. A familial low-penetrant risk in a common cancer may result in more cases in a given population than a high risk of a rare cancer. Furthermore, familial risks are higher for some relatively rare neoplasms, causing hardship in the affected families. Epidemiological results on familial risk are sometimes dismissed because 'they cannot be translated into individual risks'. However, there are many examples on everyday use of epidemiological data in clinical risk estimation [16, 25]. In the absence of known genes, reliable individual risk estimates need to be generated among populations.

Increased surveillance and the availability of screening methods may result in overestimated familial relative risks shortly after the first diagnosis. We show here increased risks for prostate cancer both for father-son pairs and for brothers in the year of the first family member's diagnosis. The findings are consistent with data from FCD2002 [4, 18, 22]. However, even though the overall effect of this bias on familial risks is small, it calls for consideration in clinical counselling of individuals from families in which synchronous cancers were diagnosed. The lead time bias should not misguide the doctor, who should instead explain the possibility of bias to the patients and their family members in order to comfort their anxiety.

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