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# **2-Methoxyestradiol inhibits Barrett's Esophageal Adenocarcinoma Growth and Differentiation through differential regulation of β-catenin-E-cadherin-axis**

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# **Abstract**

The purpose of this study was to evaluate whether 2-methoxyestradiol  $(2-ME_2)$ , a promising anticancer agent, modulates Barrett's esophageal adenocarcinoma (BEAC) cell growth and behavior through cellular pathway involving β-catenin in partnership with E-cadherin, which appears to play a critical role in the induction of antitumor responses in cancer cells. We found that 2-ME<sub>2</sub> markedly reduced the BEAC cell proliferation via regulating apoptotic machinery such as Bcl-2 and Bax. It may nullify the aggressive behavior of the cells by reducing the migratory behavior. Expressions of  $β$ -catenin and E-cadherin and binding of these two proteins is activated in a 2-ME<sub>2</sub>-dependent fashion in Bic-1 cells. Moreover, over expressions of these two proteins may be due to the stabilization of these proteins by  $2-ME<sub>2</sub>$ . We found that  $2-ME<sub>2</sub>$ -induced anti-migratory effects are mediated through the β-catenin -E-cadherin signaling pathways. In view of these results, we determined whether 2- ME2 reduces BEAC tumor growth. Administration of 2-ME2 significantly decreased the growth of BEAC cells xenografted on the flank of nude mice. The evidence presented points out that the impact of 2-ME<sub>2</sub> on β-catenin-orchestrated signal transduction plausibly plays a multi-faceted functional role to inhibit the proliferation and cell migration of  $2-ME<sub>2</sub>$  treated malignant cells and it could be a potential candidate in novel treatment strategies for Barrett's esophageal adenocarcinoma.

### **Keywords**

2-ME2; β-catenin; E-cadherin; Barrett's esophageal carcinoma

# **Introduction**

Barrett's esophagus-associated esophageal adenocarcinoma (BEAC) involves the mucosa of distal esophagus and gastroesophageal junction (GEJ) damaged by inflammatory stimuli (1). Within the last three decades, BEAC has become one of the fastest growing tumors in the Western world (2,3). It is understood that the evolution of BEAC is a progressive multi-step process, characterized by intestinal metaplasia, dysplasia, high grade dysplasia, and invasive

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2-Methoxyestradiol (2-ME<sub>2</sub>) is an endogenous byproduct of 17 $\beta$ -estradiol (E<sub>2</sub>) with antitumor effects against different tumor subtypes (7). Previous work from our laboratory and others have shown that the anti-malignancy properties of  $2-ME<sub>2</sub>$  are not only independent of estrogen receptors (8,9), but involve activation of diverse signal transduction circuits (10-12), inhibition of tubulin polymerization (13), and G2/M phase cell cycle arrest through the disruption of mitotic spindle apparatus (7,13-16). 2-ME<sub>2</sub> is currently undergoing phase I and II testing under the commercial name Panzem (17). Early evidence indicates that  $2-ME<sub>2</sub>$  is an orally bioavailable drug that causes selective inhibition of tumor cell growth and proliferation without any of the usual chemotherapy-induced toxicity. As a result, the clinical interest in  $2-ME_2$  is growing. Yet, the mechanisms of action of  $2-ME<sub>2</sub>$  and the molecular circuits central to the tumor-specific growth inhibitory properties of 2-ME<sub>2</sub> are poorly understood.

Cancers arise through several cellular events. Notable among many cancers causing pathways is the deregulation of β-catenin activity that has been shown to augment tumor proliferation and survival and propagate cancer metastases (18-21). Expectably, anticancer therapies that correct the aberrant β-catenin functions are emerging as novel chemotherapeutics against a subset of tumors. To that end, in an effort to better understand  $2-ME<sub>2</sub>$ 's antitumor mechanisms and to establish a scientific rationale that could introduce  $2-ME<sub>2</sub>$  as an innovative chemotherapeutic agent against BEAC, we divided our research into three parts. First, we investigated the cellular status of β-catenin in BEAC-derived Bic-1 and OE33 cells, as there is insufficient reporting onβ-catenin signaling in BE-stimulated adenocarcinogenesis. βcatenin is a ubiquitous protein that possesses dual properties of being a positive and negative regulator of cell survival and fate(18-21). Second, the cellular functions of β-catenin are dependent on its intracellular location. These reports led us to subsequently examine if βcatenin and/or its membrane-bound partner-E-cadherin participate in  $2-ME<sub>2</sub>$ -activated signaling module in BEAC cells and, finally we investigated whether manipulation of β-catenin and E-cadherin genes by experimental techniques would have any impact on 2-ME<sub>2</sub>-directed antitumor responses. Based on these results, we designed in vivo experiments of  $2-ME<sub>2</sub>$  in BEAC xenografts.

Our studies categorically establish the *in vitro* and *in vivo* antitumor efficacy of 2-ME<sub>2</sub> against BEAC cells and tumors. We have established that the cytotoxic effects of  $2-ME<sub>2</sub>$  occur in parallel with increased expression of membranous β-catenin and enhanced β-catenin-Ecadherin association at the plasma membrane of  $2-ME<sub>2</sub>$  treated cells. We also describe that by selecting the β-catenin-E-cadherin membranous complex as a specific drug target  $2-ME<sub>2</sub>$ efficiently inhibits cell motility of BEAC cells. Collectively, these studies advance our current understanding of the signaling defects underlying BE-induced carcinogenesis and act as a precursor to future translational studies involving 2-ME<sub>2</sub> in BE-associated cancers.

#### **Materials and Methods**

#### **Animals, Cell lines and reagents**

About 8 weeks old athymic male and female mice (nu/nu) were obtained from Charles River Laboratories and used for xenograft experiments. The Barrett's esophagus-associated esophageal adenocarcinoma (BEAC) cell line-Bic-1 was a kind gift from Dr. David G. Beer, University of Michigan, Ann Arbor, MI. All other epithelial cancer cell lines derived from breast carcinoma (MCF-7, MDA-MB-231), prostate (PC-3), and pancreatic cancer (Mia-Paca2) were purchased from American Type Culture Collection (Manassas, VA) and cultured

in Dulbecco's modified Eagle's medium ((DMEM), Sigma, St Louis, MO) supplemented with 10% fetal bovine serum (FBS) (Hyclone, Logan, UT) and antibiotics (Sigma). Human OE33 cell line was purchased from Sigma (St. Louis, MO) and cultured in the same media described above. 2-ME2 was purchased from Sigma (St Louis, MO). Mouse monoclonal antibody against β-catenin and E-cadherin were obtained from BD Biosciences. Mouse monoclonal anti-Bcl-2 antibody was obtained from Oncogene Research Products (Boston, MA) and Polyclonal anti-Bax and secondary antibodies, such as goat anti-rabbit IgG-HRP and goat anti-mouse IgG-HRP were purchased from Santa Cruz Biotechnology (Santa Cruz, CA). Protein A/ Protein G Immunoprecipitation kit was purchased from KPL, Inc (Gaithersburg, MD) and MEM-PER<sup>R</sup> eukaryotic membrane protein extraction reagent kit was obtained from Pierce (Rockford, IL). All other chemical were obtained either from Sigma (St. Louis, MO) or Fishers Scientific (Pittsburgh, PA).

#### **Cell Proliferation analysis by cell counting**

Tumor cells (10,000 cells per well in 3ml medium) were plated onto 6-well tissue culture plates containing DMEM with 10% FBS. After reaching ~60-70% confluent growth, cells were treated with different dosages of 2-ME2 for 24h. After completion of the experiments, cells were stained with 0.2% trypan blue solution for 5 min and counted the viable cells (unstained) using automatic cell counter (Nexcelom). In each experiment set, cells were plated in quadruplicates.

#### **Apoptosis Assay**

Photometric enzyme immunoassay for quantitative *in vitro* determination of apoptotic cell death was determined as described previously (16).

#### **Xenograft model**

Bic-1 cells  $(2.5 \times 10^6)$  were injected into the right hind leg of each mouse for the development of tumor. The mice were divided into two groups (four mice per group) with a control group and 2-ME<sub>2</sub> treatment group. To remove any gender differences in 2-ME<sub>2</sub> actions on BEAC xenografts, we included 2 female and 2 male mice per group. The mice were maintained in a specific pathogen-free facility at VAMC, Kansas City, Missouri. Kansas City VAMC Animal Research Committee approved all the animal experiments. To determine the inhibitory effect of 2-ME<sub>2</sub> on tumor volume, nude mice bearing xenografts of Bic-1 cells were given  $2-ME_2$ doses (75 mg/kg/day) by orogastric feeding or vehicle (control) after tumor growth of  $\sim$ 100mm<sup>3</sup> was noted in the hind leg of animals. The doses of 2-ME<sub>2</sub> have been previously reported in the literature by us  $(15,21)$  and others  $(22)$ . 2-ME<sub>2</sub> was dissolved in DMSO +peptamen (milk) in 1:2 ratio. We used DMSO+peptamen (1:2 ratio) as a vehicle control. Tumor growth was monitored for 16 days by measuring two perpendicular diameters twice weekly. Tumor volume was calculated according to the formula  $V = (a \times b^2)/2$ , where *a* and *b* are the largest and smallest diameters, respectively.

#### **Cell Migration Assay**

Cell migration assays were performed as described earlier (Banerjee 2008). Briefly, Bic-1 cells (2−10<sup>4</sup> cells/well) seeded on 8.0μm pore transwell filter insert (Becton Dickinson, Franklin Lakes, NJ). To the upper chamber,  $5\mu$ M concentration of  $2-ME_2$  was added to the medium according to the experimental design. Cell migration was allowed to proceed for 24 h. After 24 h incubation, the cells of the upper side of the membranes were removed by gently wiping with a cotton swab, and the cells that had migrated to the lower surface of the membranes were fixed with methanol, stained with Giemsa and counted.

#### **Cell lysis, immunoprecipitations and immunoblotting**

Cells were treated for the indicated times with 5 μM of 2-Methoxyestradiol, unless stated otherwise, and lysed in phosphorylation lysis buffer as previously described (22-24). Immunoprecipitations and immunoblotting using an ECL (enhanced chemiluminescence) method were performed as previously described (22-24).

#### **shRNA Insert Preparation and Transfection in Bic-1 Cells**

E-cadherin and β-catenin specific shRNA and mismatched shRNA were designed, synthesized and cloned into pSilencer 1.0-U6 expression following the instruction provided by the manufacturer (Ambion Inc., Austin, TX) and as previously described (23,24). E-cadherin and β-catenin-specific shRNA sequences are provided in Supl. Table 1. Expression vectors, with mismatched or specific shRNA inserts, were transformed into the competent cells, DH5α. Plasmids were purified by QIAprep Spin Miniprep Kit (Qiagen, Chatsworth, CA). The transfection procedure was the same as that described previously (23,24).

#### **Statistical Analysis**

All data are expressed as the mean  $\pm$  SD. Statistically significant differences between groups were determined by using the paired Student's two-tailed *t*-test. A value of *P* < 0.05 was considered statistically significant.

#### **Results**

#### **2-ME2 inhibits the proliferation of Barrett's Adenocarcinoma cells and activates apoptosis**

The objective of this study was to evaluate if  $2-ME<sub>2</sub>$  is able to exhibit an anti-proliferative effect on Bic-1 and OE33 cells. To test the hypothesis, Bic-1 cells were exposed to 1 and 5  $\mu$ M doses of 2-ME<sub>2</sub> for 24h. Cell numbers were counted electronically using Cellometer Auto T4 Cell Counter (Nexcelom) by trypan blue method. Compared with untreated controls, 2-  $ME_2$  significantly decreased Bic-1 cell numbers with 5  $\mu$ M dose at 24 h (Fig. 1A). 2-ME<sub>2</sub> also produces similar cytolytic effects at 5 μM dose on OE33 cells at 24 h (Fig. 1A).

To study whether inhibition of cell growth by  $2-ME<sub>2</sub>$  is due to the apoptosis, we performed ELISA-based apoptosis assay. We found that  $2-ME_2$  (5  $\mu$ M) significantly enhanced the apoptotic cell death in both Bic-1 and OE33 cells (Fig. 1B). Next, we measured the expression of annexin V and propidium iodide (PI), considered to be an early and late apoptotic marker, respectively. As shown in Figure 1C, 2-ME<sub>2</sub>-treated Bic-1 cells show pronounced immunoflorescence staining with annexin V and PI, indicating that both early and late cell death programs are activated within 24 h of 2-ME2 treatment. Since induction of pro-apoptotic Bax and inhibition of anti-apoptotic Bcl-2 has previously been shown to activate the cellular suicide programs (16,25), we, subsequently, sought to determine the levels of Bax and Bcl-2 protein expression in Bic-1 and OE33 cells following  $2-ME<sub>2</sub>$  (5  $\mu$ M) treatment. We found that Bax and Bcl-2 proteins were differentially expressed in the total lysates of Bic-1 and OE33 cells and the ratio of Bax to Bcl-2 was significantly increased in treated groups (Fig. 2), which is the hallmark of apoptosis (26). These findings suggest that the common denominator in 2- ME2-triggerred programmed cell death is elevating of the Bax/Bcl-2 protein ratio.

#### **Expression pattern of β-catenin and its regulation by 2-ME2 in BEAC-derived Bic-1 and OE33 cells**

Ample studies have shown the involvement of β-catenin overexpression in the development of various cancers by increased tumor proliferation and inhibition of apoptosis (18-21). Our goal was to evaluate whether β-catenin could be a target molecule of  $2-ME<sub>2</sub>$  to exert its catastrophic effect on Barrett's adenocarcinoma cells. To do so, we first determined the level

of β-catenin protein in Bic-1 cells jointly with a panel of other adeno-cancer cell lines, including breast carcinoma (MCF-7; MDA-MB-231), prostate (PC-3), and pancreatic (Mia-Paca2) cancer cells, by immuno-Western blot analysis using a mouse monoclonal against β-catenin. As shown in Figure 3A, the highest levels of β-catenin protein were observed in the lysates of MCF-7 breast cancer cells (lane 2) and Bic-1 cells (lane 4). Contrastingly, there was an insignificant β-catenin expression in the whole cell lysates of invasive carcinoma cells, including the Mia-Paca2 cells (lane 1), PC-3 cells (lane 5), and MDA-MB-231 cells (lane 3). In studies where β-catenin expression was evaluated in Bic-1 cell lysates, we consistently found β-catenin expressed as a multimeric protein complex, which is in agreement with previous work (27).

The differential accumulation of  $\beta$ -catenin within intracellular compartments has been linked to tumor formation (18-21,28), as well as a positive regulator of apoptosis and cellular differentiation (29,30). These reports led us to investigate whether  $2-ME<sub>2</sub>$  would alter the cellular levels of β-catenin in Bic-1 cell lysates to achieve its antitumor effects. We found that 5 μM 2-ME2 treatment markedly increased the total cellular protein levels of β-catenin by 5.2 fold at 24 h in Bic cells (Fig. 3A, **right panel**). This was an unexpected result as we speculated that inhibition of β-catenin by 2-ME<sub>2</sub> would constitute the fundamental molecular mechanism underlying the anti-cancer actions of  $2-ME_2$  on cells that express abundant β-catenin.

As a result of our unforeseen observations showing that  $2-ME<sub>2</sub>$  effectively induces rather than reduce the total intracellular β-catenin protein expression in Bic-1 cell lysates (Fig. 3A), we hypothesized that  $2-ME<sub>2</sub>$  treatments may change the  $\beta$ -catenin distribution intercellularly to mediate its antiproliferative actions. By function, the membrane-bound β-catenin acts in partner with E-cadherin to facilitate cytoskeletal attachment and thereby has antitumor properties, while nuclear-associated β-catenin binds with Tcf-3/4 and activates gene expression involved in tumor multiplication and spread (19,20,20,21,28). With that background in view and to test our objective, Bic-1 cells were stimulated for 24 h with 5  $\mu$ M of 2-ME<sub>2</sub>; following that, the quantitative subfractionation of nuclear, cytoplasmic, and membrane-associated βcatenin was studied using immuno-Western blotting. In untreated Bic-1 cells, high baseline levels of cytoplasmic and nuclear β-catenin was observed but the membrane-bound β-catenin was undetectable (Fig. 3B). Upon stimulation of Bic-1 cells with 5 μM of  $2ME<sub>2</sub>$ , β-catenin expression was significantly increased in the membrane-fraction, while the  $\beta$ -catenin levels in cytosolic and nuclear fractions were unchanged (Fig. 3B). Taken together, these data indicate that 2-ME<sub>2</sub> exclusively upregulates  $\beta$ -catenin expression in Bic-1 cells at the plasma membrane fractions, and that event could be responsible for the growth inhibitory properties of  $2-ME<sub>2</sub>$  on malignant cells.

Multiple studies have shown that the accumulated  $\beta$ -catenin in the nucleus needs to bind to its cognate receptor, Lef/Tcf transcription factors, to activate target genes (18-21,28). Therefore, the status of Lef/Tcf was determined in 2-ME2 exposed or unexposed Bic cells. Our results illustrate that Tcf-3/4 protein levels remain unaltered even after 24 h of  $2-ME<sub>2</sub>$  treatment (Supl. Fig.1).

#### **β-catenin binds to E-cadherin in a 2-ME2-dependent fashion**

Anti-cancer strategies that modulate the subcellular distribution of β-catenin-E-cadherin to promote cell-to-cell adhesion are increasingly being viewed as novel, especially in the setting of invasive cancers with deregulated β-catenin signaling (31-34). Within that context and to further expand on our findings that 2-ME2 induces preferential expression of membranous βcatenin in Bic-1 cells, we explored the hypothesis whether 2-ME2 treatments could promote β-catenin-E-cadherin binding in Bic-1 cells. To test this, we conducted the coimmunoprecipitation experiments on membrane extracts of Bic-1 cells that were incubated with either β-catenin or an E-cadherin antibody for 24 h. We found that β-catenin-E-cadherin

binding enhances significantly in 2-ME<sub>2</sub>-exposed cells, while binding of these two proteins was undetected or minimally detected in membranous lysates of unstimulated Bic-1 cells (Fig. 3C).

#### **2-ME2 attenuates the motility/migration of Bic-1 cell that is enhanced by small interfering RNA-induced silencing against E-cadherin and β-catenin**

As noted earlier, the augmentation of β-catenin-E-cadherin binding and/or correction of Ecadherin deficiency in tumor cells lead to inhibition of tumor cell migration, a hallmark of invasive phenotype. Thus, in this study we determined if  $2-ME<sub>2</sub>$  modulates the migration of tumor cells. To test this, we designed cell culture experiments to optically observe the movement of Bic-1 cells across a cell-free zone created using a "scratch" technique. As shown in Figure. 4A, under serum free conditions Bic-1 cells demonstrate migratory properties at 24 h by voyaging into the cell-free zone created by the scratch. In contrast, the width of the scratchinduced cell-free zone remained relatively unperturbed in 2-ME<sub>2</sub>-treated Bic-1 cells, signifying 2-ME<sub>2</sub>-induced arrest on cell motility.

In the *in vivo* setting, increased tumor cell mobility combined with an enhanced capacity of the tumor cells to invade across the basement membrane, which is facilitated by proteosomal degradation of matrigel by cancer cells, underlies the development of tumor metastases. Hence, after demonstrating the impact of  $2-ME_2$  on Bic-1 cell motility we choose to perform matrigel assays to investigate the transmigratory capacity of 2-ME2 treated and untreated Bic-1 cells across an intact matrigel membrane. In parallel, we determined the role of β-catenin and its binding partner, E-cadherin, on the migration of Bic-1 cells. First, we transiently transfected Bic-1 cells with pSilencer vectors containing small interfering RNA (shRNA) constructs against E-cadherin or scrambled DNA for 24h. Transfection efficiency was determined by immunoblotting. We found that all three synthetic shRNA oligonucleotides targeted against different sequences within the coding region of the human E-cadherin gene (designated shRNA E-cad#1-3), yielded marked reduction in E-cadherin protein expression as compared to scramble-shRNA or native Bic-1 cells (Fig. 4B). Based on the degree of E-cadherin inhibition measured by western blotting, we selected the most potent shRNA-E-cad#1 clones for subsequent biological studies. shRNA-transfected Bic-1 cells (15,000 per well) were seeded on upper chamber of a modified Boyden chamber containing regular DMEM in the presence or absence of 2-ME<sub>2</sub> (5  $\mu$ M) for 24 h. Subsequently, cell migrations were studied according to our previous method (35). Upon shRNA-mediated inhibition of E-cadherin expression, in the absence of  $2-ME<sub>2</sub>$ , the migratory mode of shRNA-transfected-Bic-1 cells at 24 hours was augmented as compared to mismatch-vector transfected and naïve Bic-1 cells, respectively (Fig. 4B). These shRNA experiments indicate that down-regulation of E-cadherin boosts the trans-basement membrane excursion of Bic-1 cells. In contrast, the migration of  $2-ME<sub>2</sub>$  (5)  $\mu$ M) exposed cells was appreciably decreased at 24 h compared to 2-ME<sub>2</sub> unexposed cells (Fig. 4B. Next, we designed to examine the impact of β-catenin silencing by shRNA on cell migration. We found silencing of β-catenin gene in Bic-1 cells promoted their cell migration as compared to the corresponding controls (Fig. 4C). However, this shRNA-induced migration can be significantly abolished by  $2-ME_2$ -exposure (Fig. 4C). Collectively, our studies categorically establish that  $2-ME_2$  is a very potent anti-invasive chemotherapy drug in blocking the invasive behavior of Bic-1 cells.

#### **Repression of E-cadherin and β-catenin by shRNA is restored by 2-ME2 treatment**

From previous studies results we reasoned whether 2-ME<sub>2</sub> could restore the protein levels by overcoming the shRNA-directed repression of E-cadherin and β-catenin genes in Bic-1 cells. As shown in Figure 4B, β-catenin protein levels enhanced significantly in 2-ME<sub>2</sub>-exposed βcatenin-shRNA transfected Bic-1 cells at 24h. Similar results were obtained when EcadshRNA-transfected cells were treated with 2-ME<sub>2</sub> for 24h (Fig. 5A). Altogether, these

results support the claim that the repressions of E-cadherin and β-catenin protein by shRNAs are restored by  $2-ME<sub>2</sub>$ .

#### **Effect of 2ME2 on β-catenin and E-cadherin mRNA**

To investigate the mechanisms responsible for  $2ME<sub>2</sub>$ -induced up-regulation of E-cadherin and β-catenin, we used the shRNA constructs designed for our earlier experiments to first knockdown β-catenin and/or E-cadherin genes in the Bic-1 cells. The shRNA transfected cells were then grown in either the presence or absence of  $2-ME_2$  (5  $\mu$ M) for 24 h at 37°C. Total mRNA levels of β-catenin and E-cadherin were determined by Northern blot analysis. As depicted in Figure 5B, 2-ME<sub>2</sub> is unable to rescue the shRNA-mediated inhibition of β-catenin and E-cadherin mRNA expression in these cells. Therefore, this study suggests that  $2-ME<sub>2</sub>$ mediated upregulation of these proteins expressions could be the result of stabilization these proteins. However, further studies are warranted.

#### **2-ME2 inhibits the growth of BEAC xenografts**

When Bic-1 cells are implanted into nude mice they are remarkably tumorigenic. To illustrate that point, measurable xenografts were noted within a week of Bic-1 inoculation into the hind leg of nude mice, whereas OE33 cells produced comparable xenografts at 3-4 weeks after implantation (Supl. Fig. 2). These studies suggest that both cell lines are capable of producing xenografts in immunocompromised mice, although at varying time points. Given the rapid tumor forming potential of Bic-1 cells, we subsequently sought to determine the *in vivo* effects of 2-ME<sub>2</sub> on Bic-1-generated xenografts. To determine the inhibitory effect of 2-ME<sub>2</sub> on tumor volume, four athymic nude (2 female and 2 male) mice in each group were treated with or without 2-ME<sub>2</sub> (75 mg/kg/day) after bearing a minimum xenograft size of ~100mm<sup>3</sup> (Day 0). Tumor growth was monitored for 16 days by measuring two perpendicular diameters twice weekly. Our data shows that  $2-ME<sub>2</sub>$  significantly inhibits the growth of Bic-1-induced tumors in nude mice (Fig. 6). However, like in humans, interanimal variability was noted in tumor responses (range of tumor reduction was 38-71%).

# **Discussion**

Therapeutic advances in Barrett's esophagitis-associated adenocarcinoma (BEAC) have lagged behind other cancers due to the paucity of reliable *in vitro* and *in vivo* models. Although previous studies have established Bic-1 and OE33 cells as BEAC-derived cell lines, there is limited information characterizing the ongoing molecular events in these cells. Previous studies suggest that both Bic-1 and OE33 cells have mutated p53 gene (36,37). Despite that concordance in p53 status, there are molecular and behavioral differences between Bic-1 and OE33 cells. We found a striking difference in the level of villin expression in Bic-1 (high expression) and OE33 (low expression) cells (Supl. Fig.3). Villin is a  $Ca^{2+}$ -dependent actin binding protein and a useful marker for intestinal-cell differentiation and for recognition of malignant tumors of colonic origin (38). Therefore, our observations make us speculate two possible scenarios to explain the differential expression of villin in BEAC cell lines. First, in the villin overexpressing Bic-1 cells, the microvilli architecture could be better preserved. Second, while taking into account the epithelial heterogeneity of BEAC, the presence of colonocyte-like cells in Bic-1 may be responsible for the preferential expression of villin in Bic-1 cells. Moreover, when Bic-1 cells are implanted into nude mice they become remarkably tumorigenic within a week. OE33 cells also produce measurable xenografts, however, at 3-4 weeks after implantation (Supl. Fig.2). Collectively, these studies suggest that these two cell lines are phenotypically and behaviorally distinct, and therefore, we selected these two cell lines for the present study.

The poor understanding of BEAC pathobiology is partly responsible due to the meager therapeutic targets available against BEAC. Research efforts geared to introduce targeted and novel treatments are therefore desperately needed to improve patient outcomes in BEAC (5, 6). 2-ME<sub>2</sub> is being increasingly recognized as a novel chemotherapy drug due to its propensity to activate a wide array of anti-cancer targets with a relative sparing of the normal tissues(17, 39,40). We have carried out studies to determine the therapeutic efficacy of  $2-ME<sub>2</sub>$  against EAC and to identify surrogate biomarkers which would be useful in predicting its anti-cancer responses. Our studies clearly establish 2-ME2, at a concentration of 5 μM, attenuated the *in vitro* proliferation of BEAC-derived Bic-1 and OE33 cells through the induction of apoptosis. Differential regulations of Bax and Bcl-2 may promote apoptosis (Figs. 1 and 2).

The growth of Bic-1 xenografts was significantly slower in the  $2-ME<sub>2</sub>$  group than in animals treated with vehicle (control) (Fig. 6). This effect is, however, variable. Therefore,  $2-ME<sub>2</sub>$  may prove to be a therapeutic agent for patients with BEAC if its poor bioavailability in humans as well in animals is addressed. Design of new formulations of  $2-ME<sub>2</sub>$  to improve its bioavailability is ongoing in our laboratory.

Sequential loss of membranous β-catenin and E-cadherin expression along the metaplasia– dysplasia–cancer sequence has been previously reported in clinical specimens (41). It is now customary knowledge that the pro-inflammatory cytokines produced by inflamed cells of BE augment the nuclear translocation of β-catenin that eventually culminates in neoplastic transformation by transactivation of oncogenes Anderson, 2006 4931 /id;Tselepis, 2003 4883 / id}. Given the importance of β-catenin nuclear translocation as a hallmark of neoplastic transformation, we determined whether  $2-ME<sub>2</sub>$  can be a regulator of this translocation event. We therefore examined the expression profiles of β-catenin in BEAC cells before and after the exposure of 2-ME<sub>2</sub>. We found constitutive expression of nuclear and cytosolic, instead of membranous, β-catenin in unexposed Bic-1 cells, while membranous fraction of β-catenin accumulated remarkably in 2-ME<sub>2</sub>-exposed Bic-1 cells (Fig. 3). Membrane-bound β-catenin plays a vital role in cell adhesion machinery, which may be particularly relevant to the prevention of cancer progression via the induction of mesenchymal to epithelial transition (MET)(42-44). Therefore, we anticipate that 2-ME<sub>2</sub>-induced accumulation of β-catenin in the membrane may diminish the aggressive behavior of the BEAC cells.

β-catenin mediated cell-cell adhesion is a coordinated process that is accomplished by molecular interactions with E-cadherin, a cell adhesion molecule that acts as a tumor suppressor inhibiting the invasive front and it is frequently down regulated in aggressive cancer cells  $(31-34,44,45)$ . Our results demonstrate that  $2-ME<sub>2</sub>$  treatment promotes E-cadherin expression and its association with β-catenin in the plasma membrane fraction of Bic-1 cells (Fig. 5A and B). These studies strengthen our above hypothesis and suggest that  $2-ME<sub>2</sub>$  may be able to restore the cell adhesion property of the BEAC cells.

The next logical step was to perform studies that would demonstrate the biological relevance of membranous β-catenin-E-cadherin induction in 2-ME2 treated cells. The picture evolving from our transwell motility assays is that contrary to the motile and invasive phenotype of the 2-ME<sub>2</sub>-unexposed cells, the 2-ME<sub>2</sub>-treated cells exhibit a drastic inhibition of cellular migration in E-cadherin and β-catenin deficient Bic-1 cells. Loss of E-cadherin expression promotes cancer dissemination through local proteolysis and via enhanced motility and migration of cancer cells across the matrigel basement membrane (46-49). However, the observation made in our shRNA knocking-down experiments is that β-catenin silencing leads to increased cell motility in a BEAC model that is original and previously unreported. These findings underscore our argument that the assembly and function of the β-catenin and Ecadherin epithelial adhesion molecules are mutually supportive in Bic-1 cells. 2-ME2, by restoring the expression level of β-catenin and E-cadherin transmembrane adhesion molecules

Since we found that  $2-ME_2$  enhances membrane  $\beta$ -catenin and E-cadherin levels in these cells even after silencing of the expressions of these two molecules, we sought to determine how does 2-ME2 nullifies the effect of shRNA mediated down regulation of β-catenin and Ecadherin expression? We provide evidence to suggest that the induction of membranous βcatenin protein and E-cadherin by  $2-ME_2$  is accomplished by protein stabilization (Fig. 5). To the best of our knowledge, this study provides a firsthand report of post-transcriptional mechanisms involved in 2-ME<sub>2</sub>-mediated protein stability of  $\beta$ -catenin-E-cadherin cell-cell adhesion complex.

In conclusion, after reviewing the current body of evidence, our results are the first to describe the *in vitro* and *in vivo* antitumor effects of 2-ME<sub>2</sub> on BEAC-derived cell lines and xenografts, respectively. Since there has not been an appreciable improvement in the overall survival of patients with BEAC over the last decade (5,6), there is an urgent need to investigate effective and less-toxic chemotherapeutic options. Our data provides solid scientific merit for the broader use of  $2-ME<sub>2</sub>$  in chemoprevention and treating patients with BEAC.

# **Supplementary Material**

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# **Acknowledgments**

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# **Abbreviations**



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**Figure 1. Antiproliferative and apoptotic effects of 2-Methoxyestradiol (2-ME2) on BEAC cells** A. Bic-1 and OE33 cells were incubated with various concentrations of 2-ME<sub>2</sub> for 24h or left untreated. Cell numbers were counted electronically using Cello meter Auto T4 Cell Counter. Data is displayed as mean  $\pm$  SD in each case. P value was determined by Student's t-test. \*p<0.05 *vs* controls and \*\*p<0.001 *vs* controls.

**B.** Bic-1 and OE33 cells were incubated with various concentrations of  $2-ME_2$  for 24 h and apoptotic cell death was determined using cell-death detection ELISA kit. Data is displayed as mean ± SD in each case. P value was determined by Student's t-test. #p<0.01 *vs* controls and ##p<0.001 *vs* controls.

**C.** Immunofluorescence images of Bic-1 cells treated with or without 5 μM of 2-ME2 for 24 h. Cells that have bound Annexin V-FITC show green staining in the plasma membrane, which signify early apoptosis. Cells that have lost membrane integrity will show red staining (PI) throughout the nucleus and a halo of green staining (FITC) on the cell surface (arrow head), while FITC Annexin V negative and PI positive (red) indicate late stage apoptosis and death. Viable cells are negative for FITC Annexin V binding and PI staining (control).



#### **Figure 2. 2-ME2 modulates Bax and Bcl-2 expression profiles in BEAC cells**

Equal amounts of total cell lysates (50μg/lane) were analyzed by immunoblotting with antibodies against Bax or Bcl-2. The blot was subsequently stripped and reprobed with an antibody against β-actin as a control for loading. Quantification of each band was performed by densitometry analysis software. Significant difference between untreated (C) and 2-ME<sup>2</sup> treated (T) samples is indicated by \*p<0.01, ns, non significant.



**Figure 3. 2-ME2 induces total and membranous β-catenin expression in Bic-1 cells A.** Total β-catenin expression was detected in different cancer cell line extracts by Western blotting using β-catenin specific monoclonal antibodies (left panel) and  $2-ME<sub>2</sub>$ -induced alteration of total β-catenin protein levels in Bic-1 cell extracts (right panel). Bic-1 were incubated with  $2-ME_2$  (5μM) for the indicated times. Equal amounts of total cell lysates (100μg/lane) were analyzed by immunoblotting with an antibody against β-catenin. The blots were stripped and reprobed with β-actin antibody as a control for loading. \*p<0.05 *vs* controls, ns, non-significant.

**B.** Distribution of β-catenin protein in different cellular compartments of Bic-1 cells before and after exposure to  $5\mu$ M of  $2-ME_2$  for 24h. Cells were fractionated into membranous (Mem),

cytosolic (Cyto) and nuclear (Nucl) fractions. Equal aliquots of all three cellular fractions were resolved by immunoblotted for β-catenin. Subsequently, the blot was stripped and reprobed with β-actin antibody as a control for loading of cytosolic and nuclear fractions and calnexin antibody as a control for loading of membrane fraction.

**C.** Increased interactions of β-catenin and E-cadherin were observed in Bic-1 cells following 2-ME2 stimulation. Cells were treated with 5μM 2-ME2 for 24 h or left untreated. Whole-cell lysates were harvested and used for IP/WB analysis with antibodies as indicated.

Immunoprecipated β-catenin and E-cadherin have been normalized to IgG and their fold inductions are shown in the figure.



**Figure 4. Contribution of E-cadherin and β-catenin to 2-ME2-mediated effects on Bic-1 cell motility A.** Representative images of the scratch test show untreated Bic-1 cells grown in serum-free conditions (control) at 0 h or 24 h after scratch and  $2-ME<sub>2</sub>$  treated Bic-1 cells at similar time points. In the control test the distance between the borderlines becomes infiltrated with motile Bic-1 cells 24 h after scratch, while it is still preserved in 2-ME2 treated samples (*middle panel*). Immunofluorescence images (*right panel*) of GFP-tagged Bic-1 cells in 2-ME<sub>2</sub>-treated and untreated cultures.

**B.** Reduced expression of E-cadherin (left panel) and β-catenin (right panel) by gene-directed shRNAs. E-cadherin level was determined by Western blotting in mismatched shRNA transfected and E-cadherin shRNA-transfected Bic-1 cells. β-catenin protein expression in Bic-1 cells was analyzed by immunoflorescence technique using a monoclonal antibody against β-catenin (red). Nuclei are counterstained with DAPI (blue). **a**. mismatched-shRNA transfected cells, **b**. β-catenin-shRNA transfected cells and **c**. β-catenin-shRNA transfected cells and  $2-ME_2$  (5μM) treated cells.

**C.** Contribution of E-cadherin (left panel) and β-catenin (right panel) to 2-ME<sub>2</sub>-mediated effects on Bic-1 cell migration. E-cadherin or β-catenin-transfected Bic-1 cells were placed in the upper chamber of Boyden chamber in the presence or absence of  $2-ME<sub>2</sub>$  and cell migration towards serum was allowed to proceed for 24 h. Treatment series are: control (1), control+2-  $ME<sub>2</sub>$  (2), scrambled control (3), scrambled control+2-ME<sub>2</sub> (4), E-cadherin/β-catenin-shRNA (5) and E-cadherin/β-catenin-shRNA+2-ME<sub>2</sub> (6). The results reflect the mean ( $\pm$  SD) number of migrated cells to the undersurface of the matrigel membrane from 3 independent experiments. \*p<0.05 *vs* controls; \*\*p<0.01 *vs* shRNA; \*\*\*p<0.001 *vs* control/scrambled control.



#### **Figure 5. 2-ME2 restores E-cadherin protein in shRNA-transfected Bic-1 cells**

**A.** Transfected Bic-1 cells were treated with 5μM of 2-ME<sub>2</sub> for 24 h or left untreated. Equal amounts of cell lysates (100μg/lane) were analyzed by Western blotting with an antibody against E-cadherin. Quantification of each band was performed by densitometry analysis software. \* p<0.005 *vs* mismatched controls. \*\* p<0.01*vs* shRNA alone transfected cells. **B.** E-cadherin and β-catenin shRNA transfected Bic-1 cells were exposed to 5 μM of 2-ME<sub>2</sub> for 24 h, and β-catenin (left panel) and E-cadherin (right panel) mRNA expressions were determined by northern blotting using nonradioactive DIG-labeled probe. GAPDH is used as loading control.





For *in vivo* studies, nude mice bearing xenografts of Bic-1 cells were given 2-ME<sub>2</sub> (75 mg/kg/ day) by orogastric feeding or vehicle (control). Tumor growth was monitored for 16 days by measuring two perpendicular diameters twice weekly. Tumor volumes of the 2-ME<sub>2</sub> treated (T) group *versus* the vehicle (C) group on the indicated days were measured and were plotted against time. Bar diagram representation of the tumor size at 0 day and 16 day after treatment has been shown in right panel (inset). *Column*, means of four mice in each group; *bars*, SD. \*p<0.001.