Myosin binding protein C1: a novel gene for autosomal dominant distal arthrogryposis type 1

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Distal arthrogryposis type I (DA1) is a disorder characterized by congenital contractures of the hands and feet for which few genes have been identified. Here we describe a five-generation family with DA1 segregating as an autosomal dominant disorder with complete penetrance. Genome-wide linkage analysis using Affymetrix GeneChip Mapping 10K data from 12 affected members of this family revealed a multipoint LOD_{max} of 3.27 on chromosome 12q. Sequencing of the slow-twitch skeletal muscle myosin binding protein C1 (MYBPC1), located within the linkage interval, revealed a missense mutation (c.706T>C) that segregated with disease in this family and causes a W236R amino acid substitution. A second MYBPC1 missense mutation was identified (c.2566T>C)(Y856H) in another family with DA1, accounting for an MYBPC1 mutation frequency of 13% (two of 15). Skeletal muscle biopsies from affected patients showed type I (slow-twitch) fibers were smaller than type II fibers. Expression of a green fluorescent protein (GFP)-tagged MYBPC1 construct containing WT and DA1 mutations in mouse skeletal muscle revealed robust sarcomeric localization. In contrast, a more diffuse localization was seen when non-fused GFP and MYBPC1 proteins containing corresponding MYBPC3 amino acid substitutions (R326Q, E334K) that cause hypertrophic cardiomyopathy were expressed. These findings reveal that the MYBPC1 is a novel gene responsible for DA1, though the mechanism of disease may differ from how some cardiac MYBPC3 mutations cause hypertrophic cardiomyopathy.

INTRODUCTION

Congenital contractures occur in $0.5-1\%$ of all births (1). Distal limb contractures occur as a spectrum, from isolated contracture of a single limb in talipes equinovarus (also called clubfoot), to severe bilateral contractures of the hands and feet with additional manifestations, including craniofacial anomalies or scoliosis, in some forms of distal arthrogryposis. Of the more than 10 forms of distal arthrogryposis that have been described to date (2), distal arthrogryposis type I (DA1) is the most common, affecting approximately one in 10 000 individuals (3). Patients with DA1 have contractures that are limited to the hands and feet with no additional anomalies. Variable expressivity, including clubfoot, vertical

talus, camptodactyly, overriding fingers, ulnar deviation of the fingers, is common in families with autosomal dominant inherited DA1 $(3-6)$.

Mutations in genes encoding the skeletal muscle contractile apparatus have been implicated in distal arthrogryposis. These genes include myosin heavy chain (MYH3 and MYH8), troponin I (TNNI2), troponin T (TNNT3) and tropomyosin (TPM2) $(7-11)$. Much of this research has focused on the most severe forms of distal arthrogryposis, Freeman–Sheldon syndrome (distal arthrogryposis type 2A) and Sheldon–Hall syndrome (distal arthrogryposis type 2B), in which craniofacial anomalies and scoliosis often accompany the distal limb contractures (12). Nearly, all patients with Freeman–Sheldon syndrome and about one-third of all patients with Sheldon–Hall

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Figure 1. Distal limb contractures in affected individuals from family 5432. (A) Photograph of proband with treated bilateral congenital clubfoot and his great aunt with unilateral left-sided clubfoot before and after multiple corrective surgeries. (B) Hand contractures consisting of camptodactyly and ulnar deviation of the fingers in three affected individuals of family 5432. The final photo shows fourth finger extension contractures present in two individuals of this family.

syndrome have mutations in the embryonic myosin heavy chain gene MYH3 (7).

In contrast, the genetic basis of DA1 has been less well established. Mutations in three contractile genes have been identified in patients with DA1, including TPM2 (9), TNNI2 (6) and TNNT3 (13). However, in each case mutations were identified in only a single patient or family, suggesting extensive locus heterogeneity in DA1. Furthermore, mutations in these genes do not exclusively cause a DA1 phenotype, but have also been identified in patients with a wide range of neuromuscular disease, such as cap myopathy (14), nemaline myopathy (15), multiple pterygium syndrome with nemaline myopathy (16) and Freeman–Sheldon syndrome (DA2B) (9).

Here, we provide a clinical description of a large family with autosomal dominant DA1 and identify the first mutations in skeletal muscle slow-twitch myosin binding protein C1 (MYBPC1) in two familial cases of DA1. Because mutations in the cardiac myosin binding protein C3 gene (MYBPC3) are one of the most frequent causes of hypertrophic cardiomyopathy (17,18), this finding suggests that myosin binding protein C is critical for the normal function of both cardiac and skeletal muscle.

RESULTS

The proband of this large family with DA1 presented with bilateral clubfoot and camptodactyly with ulnar deviation of the fingers (Fig. 1). Facial weakness was absent. He belongs to a multi-generational family (5432) with autosomal dominant inheritance of distal limb contractures with complete penetrance of the lower limb contractures. Nine of 12 affected individuals had congenital talipes equinovarus (clubfoot) and the three other affected individuals had congenital vertical talus (Fig. 1A). The lower limb contractures were bilateral in all cases except one female with left-sided clubfoot and one female with right-sided clubfoot. Surgical treatment of the lower limb contractures occurred in six of 12, whereas the others were treated conservatively. Five of the 12 individuals had hand contractures manifesting as either camptodactyly and ulnar deviation of the fingers (three individuals) or extension contracture of the fourth digit (two individuals) (Fig. 1B). The other seven affected individuals were examined and found to have normal finger flexion creases and no evidence of hand involvement. Detailed neurological examinations were performed on all 12 affected individuals and no

Figure 2. Haplotype analysis indicating markers on chromosome 12q common to all affected individuals with distal arthrogryposis type I. Common haplotype is shown in red. Arrow indicates proband. $+$ Symbol indicates individuals with hand contractures; VT indicates individuals with vertical talus. All other affected individuals have clubfoot. Haplotypes were created with GENEHUN-TER and viewed on Haplopainter (55).

facial weakness or weakness of any specific muscle groups was noted with the exception of limitations of finger, toe and foot extensor strength in some individuals. However, the presence of joint contractures limited our ability to fully test these muscle groups. None had hip dysplasia or scoliosis.

To map the gene causing DA1, a genome-wide linkage scan was performed using data from 12 affected and five unaffected individuals of family 5432. Genotypes for 11 555 SNPs at an average 0.3 cM resolution were determined following hybridization to Affymetrix 10K mapping SNP arrays. Parametric multipoint logarithm of the odds (LOD) score analysis yielded LOD_{max} of 3.27 with markers on chromosome 12q23.2 (Fig. 2). Recombinants delineated the critical region to an interval of 9 cM between rs3869308 and rs1196761, corresponding to a 12 Mb region (chr12: 92 400 000– 104 640 000) (Fig. 2). The chromosome 12q23.2 candidate region contains more than 60 genes.

One reasonable candidate within this linkage interval is the skeletal muscle myosin binding protein C1 (*MYBPC1*) gene. Sequencing of MYBPC1 revealed a missense mutation $c.706T>C$ resulting in the amino acid substitution W236R (Fig. 3A). This mutation was present in all affected family members, and absent in unaffected family members. The W236R amino acid substitution occurs within the MyBP-C unique motif located between the C1 and C2 immunoglobulin domains (Fig. 4). Sequencing of MYBPC1 in 14 additional patients with DA1 identified a missense mutation $c.2566T>C$ in an individual with bilateral vertical talus and hand contractures (Fig. 3B). This mutation results in amino acid substitution Y856H within the C8 repeat (Fig. 4). This mutation was found also in the proband's grandfather who has bilateral clubfoot and no hand contractures. Both mutations occur in regions that are highly conserved and were not identified chromosomes of 400 control individuals of North American Caucasian ancestry.

Routine ATPase stains demonstrated type I fiber smallness from abductor hallucis muscle of both probands with MYBPC1 W236R (Fig. 5) and Y856H mutations (data not shown). Muscle biopsies were obtained at 4 and 2 years of age, respectively. For the biopsy shown in Figure 5 (W236R), type 1 fibers were 24% smaller than type 2 fibers (14.0 versus 18.4 μ m), meeting the criteria for type 1 fiber atrophy (greater than 12% difference in size) (19). In the biopsy of the second patient (Y856H), the type 1 fibers were 33% smaller than type 2 fibers $(6.2 \text{ versus } 9.3 \text{ }\mu\text{m})$. Although there was an increase in the number of type 2 fibers in the biopsy shown in Figure 5 (W236R) (66% type 1 fibers compared with 34% type 1 fibers), this did not quite meet the definition of $\geq 2:1$ ratio required for fiber type predominance (20,21). There was no fiber predominance in the biopsy of the second patient (Y856H).

The biopsy from the patient with MYBPC1 W236R mutation showed focal regions of basophilic staining centrally on hematoxylin and eosin staining in larger fibers (Fig. 5A). These regions were not appreciated on other histochemical stains such as Gomori trichrome, nicotinamide adenine dinucleotide, ATPase or succinic dehydrogenase. Additionally, they did not stain with an MYBPC1 antibody, dystrophyrelated stains (dystrophin, α -dystroglycan, $\alpha/\beta/\gamma/\delta$ sarcoglycan, α 2-laminin, lamp-2, caveolin-3) or with antibodies to other proteins known to aggregate including desmin, VCP, ubiquitin, SMI-31 or TDP-43 (22).

Skeletal muscle MYBPC1 protein expression did not differ between patients with the W236R and Y856H mutations and controls on western blot (data not shown). However, we were unable to distinguish between wild-type and mutant MYBPC1 protein and therefore the relative abundance of each could not be determined. Both muscle biopsies were evaluated with routine electron microscopy and no abnormalities were noted (data not shown).

As MYBPC1 protein expression levels appeared to be unaffected by DA1 mutations, we elected to evaluate their localization in mature skeletal muscle. To do this, we generated MYBPC1 expression constructs with a C-terminal fused green fluorescent protein (GFP) tag consisting of WT

Figure 3. MYBPC1 missense mutations in two families with distal arthrogryposis type 1. Chromatograms showing missense mutations in proband of family 5432 (A) and 8039 (B). Both mutations result in amino acid substitutions at highly conserved residues as shown by multiple species alignment of MYBPC1 (skeletal muscle, slow-twitch) and MYBPC2 (skeletal muscle, fast-twitch) and MYBPC3 (cardiac). Also shown in (B) is a pedigree of family 8039 and clinical photographs of hand and foot contractures (congenital vertical talus) occurring in the proband.

MYBPC1, DA1 mutants W236R and Y856H, and the homologous mutations to the human MYBPC3 R326Q and E334K that are associated with hypertrophic cardiomyopathy (K240Q and E248K in MYBPC1, respectively). When transiently transfected into cultured cells, all constructs expressed a similar size MYBPC1 fusion protein migrating at 160 kDa that was immunoreactive with both GFP and MYBPC1 antibodies (Fig. 6A and data not shown). To determine the localization of the mutant proteins in vivo, each expression construct as well as a control unfused GFP control vector was electroporated into mouse epitrochlearis muscle. Following 5 days of expression, WT MYBPC1-GFP localized to the sarcomeric C-zone of the A band, resulting in characteristic transverse stripes occurring as a doublet pattern when single muscle fibers were evaluated for GFP fluorescence (Fig. 6B and C) as expected for MYBPC1 expression (23). This pattern was similar to that seen with MYBPC1 W236R and Y856H mutants, suggesting that DA1 mutations did not alter their localization. In contrast, when the MYBPC1 K240Q and E248K missense mutants corresponding to MYBPC3 R326Q and E334K and mutations were expressed there was reduced or absent localization to the sarcomere. This diffuse staining pattern was similar to that seen following electroporation of an unfused GFP control vector.

DISCUSSION

In this report, we have identified the first human mutations in the slow skeletal myosin binding protein C1 (MYBPC1) gene, thus providing additional evidence that distal arthrogryposis is a disease of the skeletal muscle sarcomere. Although MYBPC1 mutations have not previously been reported, mutations in the cardiac myosin binding protein C3 (MYBPC3) gene represent one of the most common causes of familial hypertrophic cardiomyopathy (17,18). The three known myosin binding protein C genes (MYBPC1, MYBPC2 and MYBPC3) are each encoded on a different chromosome and show differential expression in striated muscle. Although the function of myosin binding protein C (MyBP-C) has not been fully elucidated, it appears to stabilize sarcomere structure through its interactions with myosin and titin and may modulate muscle contraction by phosphorylation-dependent interactions with myosin-S2 (reviewed in 24). Now that MYBPC1 mutations have been identified in DA1, MyBP-C joins a group of sarcomeric proteins, including myosin heavy chain, troponin T, troponin I, tropomyosin and actin, which can cause either cardiac or skeletal muscle phenotypes, depending on whether the mutation occurs in the gene encoding either the cardiac or skeletal muscle isoform (25,26).

Like the DA1 families described here with MYBPC1 mutations, MYBPC3 mutations often result in a less severe phenotype with decreased penetrance and a more benign course compared with other gene mutations (27). Intrafamilial phenotypic variability, particularly in the penetrance of hand contractures, was present in both families with MYBPC1 mutations and is considerable in DA1 (4,6,28), suggesting an important role for additional genetic or environmental modifiers. Given the increasingly large number of genes responsible for distal arthrogryposis, it is likely that additive effects of

Figure 4. Location of two myosin binding protein C1 (MYBPC1) mutations in two patients with DA1. The W236R mutation is located within the MyBP-C unique motif between the C1 and C2 immunoglobulin domains. This region has been shown to interact with myosin S2 (42). The Y856H mutation is within the C8 repeat, a region known to mediate interactions with LMM portion of myosin (45,46) and titin (47). Two MYBPC3 mutations found in patients with hypertrophic cardiomyopathy, R326Q and E334K, corresponding to MYBPC1 K240Q and E248K, are shown in italics. Immunoglobulin domains are shown as circles and fibronectin type III domains as squares.

multiple gene mutations or common variants contributes to this variability, as has been shown in hypertrophic cardiomyopathy where as many as 5% of affected individuals harbor multiple gene mutations (18,29).

Although multiple hypotheses have been proposed regarding the pathogenesis of distal arthrogryposis, a leading hypothesis is that the contractures occur in response to in utero lack of joint movement. The congenital nature of the DA1 contractures resulting from MYBPC1 mutations may be explained by the early embryonic expression of this gene. Although not restricted to embryonic development, MYBPC1 is the only MYBPC gene expressed in skeletal muscle prior to birth at which time the fast skeletal MYBPC2 gene begins to be expressed (30,31). A similar pattern is seen with the slow troponin I gene being expressed prior to the subsequent switch to fast troponin I gene in fast-twitch skeletal muscle (32). Therefore, mutations affecting the only MYBPC gene expressed during skeletal muscle development, namely *MYBPC1*, are likely to negatively impact early muscle development and fetal movement resulting in congenital contracture. The prior identification of embryonic or fetally expressed gene mutations in congenital contracture syndromes provides significant support for this theory. Specific examples include the embryonic myosin heavy chain (*MYH3*) causing distal arthrogryposis type 2 (7), perinatal myosin heavy chain (MYH8) causing trismus pseudocamptodactyly syndrome (11) and acetylcholine receptor embryonal subunits (CHRNG) causing multiple pterygium syndrome (33).

On the basis of the prior identification of mutations in genes encoding fast-twitch contractile proteins in distal arthrogryposis syndromes, it was previously proposed that DA syndromes result from abnormalities of fast-twitch myofibers (9). However, the gene responsible for DA1 in these two families described here is the slow-twitch skeletal muscle MYBPC1. In mouse, the slow skeletal MYBPC1 mRNA is the sole MYBPC gene expressed in the soleus (a muscle with a high proportion of slow-twitch fibers), whereas it is coexpressed with the fast skeletal MYBPC2 in mouse extensor digitorum longus (31). A similar pattern is revealed in adult human muscle where the slow skeletal *MYBPC1* is expressed solely in type 1 fibers (slow-twitch), but fast skeletal MYBPC2 and slow skeletal

MYBPC1 are coexpressed in type 2 fibers (30 and unpublished data). Although these expression patterns may therefore explain the type 1 fiber atrophy present histologically in muscle biopsies of two individuals with the MYBPC1 Y856H and W236R mutations, they do not explain the enigmatic restriction of the contractures to the distal musculature.

Most sarcomeric gene mutations causing distal arthrogryposis and hypertrophic cardiomyopathy are missense mutations causing gain of function or dominant-negative effects on function, although haploinsufficiency has been proposed as a mechanism of disease resulting from MYBPC3 mutations. Evidence to support this comes from the fact that nearly two-thirds of the cardiac MYBPC3 mutations identified in individuals with hypertrophic cardiomyopathy are truncation mutations (17,18,34) as well as the lack of evidence for truncated protein expression in patient myocardial biopsies (35,36). Nonsense mutations in MYBPC1 were not identified in this study and MYBPC1 knockout mice have not been reported, thus it is not known if MYBPC1 haploinsufficiency results in disease. Few studies have examined the functional effects of MYBPC3 missense mutations that are most relevant to the MYBPC1 missense mutations described here. One study reported a slight reduction in cardiac MYBPC3 protein expression in myocardial biopsies from two patients with MYBPC3 missense mutations (35). Another study reported reduced expression and more rapid degradation of the MYBPC3 E334K protein expressed in COS-7 cells (37). In the mutants studied here, abnormalities in the sarcomeric localization of the MYBPC3 missense mutants R326Q and E334K were noted in comparison with the MYBPC1 mutants that appeared to localize correctly. This suggests that MYBPC1 and MYBPC3 missense mutations may result in disease through different mechanisms, including failure to localize to the sarcomere.

Assessing the additional functional effects of MYBPC1 missense mutations is complicated by the large number of proteins with which *MYBPC1* interacts, including titin (38), myosin [both at S2 and at light meromyosin (LMM) protein] (39), actin (40) and four and a half LIM domain 1 ($FHL1$) (41). The DA1 mutant W236R occurs within the MyBP-C unique motif located between the C1 and C2 immunoglobulin domains. One function of this MyBP-C unique motif is to regulate muscle contraction through a phosphorylationdependent interaction with the S2 region of myosin (42). Although these phosphorylation-regulated interactions have been well studied in heart (43,44), their significance in skeletal muscle is less clear since these consensus phosphorylation sites are poorly conserved in MYBPC1 or MYBPC2. The highest affinity interaction of MyBP-C with myosin takes place between the LMM portion of myosin and the MyBP-C C-terminal C7–C10 domains (45,46) near the location of the DA1 Y856H mutation. These same MyBP-C domains participate in the interactions with titin (47). Because the MYBPC1 W236R and Y856H mutations identified in DA1 patients appear to localize to the sarcomere correctly in an in vivo expression system, we predict that these mutations may have more subtle effects on the regulatory aspects of this protein and could reduce the ability of muscle fibers to contract properly. However, we also cannot rule out the possibility that some of the basophilic stained material in the patient muscle

biopsy (W236R) may represent an aggregation of misfolded protein, though it was not recognized by antibodies to MYBPC1 or other antigens typically present in protein aggregates. Further studies will be needed to better understand the mechanism by which these mutations cause human disease.

Given that the majority of individuals with DA1 do not have mutations in slow skeletal MYBPC1, DA1 is likely more genetically heterogeneous than some types of distal arthrogryposis such as Freeman–Sheldon syndrome (DA2B) where nearly all patients have MYH3 mutations (7). Recently, the feasibility of the whole exome sequencing approach for gene discovery was demonstrated using a small number of unrelated distal arthrogryposis patient DNA samples (48). Whole genome sequencing projects are likely to play an important role in identifying additional genes responsible for distal arthrogryposis and the genetic modifiers that apply to individual patients.

MATERIALS AND METHODS

The study protocol was approved by the Institutional Review Board, and all subjects and/or their parents gave informed consent. Individuals were considered affected, if one or more major clinical manifestations (2) were present since the family history was positive. Major diagnostic criteria

of the upper limbs include ulnar deviation of the fingers, camptodactyly, hypoplastic and/or absent flexion creases, or overriding fingers at birth. Major diagnostic criteria for the lower limbs include talipes equinovarus (clubfoot), calcaneovalgus deformity, vertical talus and metatarsus varus. Control DNA consisted of 400 Caucasian individuals negative for congenital limb anomalies. DNA was isolated from peripheral blood or spit samples (Oragene, DNA Genotek, Inc., Ottawa, ON Canada). Muscle biopsies were processed in the Washington University Neuromuscular Laboratory. Cryostat sections of rapidly frozen muscle were processed for muscle histochemistry in standard fashion (49). Abnormalities in fiber sizes and fiber type proportions were based on measurements and counts of 100 representative fibers from each biopsy.

Linkage analysis

Genome-wide linkage analysis was performed with Affymetrix Mapping 10K XbaI array data from 12 affected and five unaffected individuals from family 5432. The Affymetrix 10K SNP mapping array genotyping was performed by the NIH Neuroscience Microarray Consortium. All linkage programs were accessed through the EasyLinkage package (50,51). PedCheck was used for the detection of Mendelian errors (52) and non-Mendelian errors were identified with

Figure 5. Histochemistry of muscle biopsy of the proband with MYBPC1 W236R mutation showing small type I fibers. (A) Hematoxylin and eosin staining demonstrating variability in fiber size as well as the presence of centrally localized basophilia in some larger fibers (arrows). Scale bar equals 18 μ m. (B) Higher magnification of hematoxylin and eosin stained image shown in (A). (C) ATPase 9.4 staining highlighting smaller type I fibers (lightly stained). Scale bar equals $19 \mu m$.

Figure 6. MYBPC1 W236R and Y856H mutant proteins localize to the sarcomeric C-zone similar to wild-type protein. (A) Immunoblot of transiently transfected U20S cells expressing WT, DA1 mutants W236R or Y856H or the homologous MYBCP3 mutations E248K or K240Q using a GFP antibody. Note that all proteins express an intact full-length protein. The location of full-length MYBPC1 protein is shown with an arrowhead. (B) Fluorescent image of mouse epitrochlearis muscle fibers after electroporation with GFP WT MYBPC1-GFP showing localization of the protein to the C zones of the A band. Schematic illustration shows three sarcomeres with thin (actin) and thick (myosin) filaments oriented horizontally and Z lines oriented vertically. (C) Fluorescent images of mouse epitrochlearis muscle fibers after electroporation with GFP-tagged constructs. The unfused GFP construct, containing only green fluorescent protein, shows diffuse cytoplasmic staining of single skeletal muscle fibers. High-powered images (at right) show the characteristic doublet pattern of MYBPC1 expression in the C-zone of the sarcomere with the expression of wild-type (WT) MYBPC1, W236R and Y856H mutant GFP-tagged proteins. However, expression of two MYBPC1–GFP constructs (K240Q and E248K) containing the corresponding MYBPC3 mutations (R326Q and E334K) identified in hypertrophic cardiomyopathy patients show poor or absent sarcomeric localization and instead show diffuse cytoplasmic staining.

Merlin (53). Multipoint linkage analysis was performed with GENEHUNTER (54) using sets of 100 markers and repeated with sets of 60 markers for verification. Linkage was performed assuming autosomal dominant inheritance with 95% penetrance, a disease allele frequency of 0.01%, and no phenocopies. Caucasian allele frequencies and marker locations were obtained from Affymetrix. Haplotypes were created with GENEHUNTER and viewed on Haplopainter (55). LOD score graphs were displayed using EasyLinkage software $(50,51)$.

Sequencing of candidate genes

Primers were designed to amplify all coding exons of MYBPC1 using Primer3 and amplicons were sequenced with an ABI 3730 Sequencer using the Big Dye Terminator Cycle Sequencing Ready Reaction sequencing kit (PE Biosystems). Sequence was analyzed with Sequencher v4.2 software (Gene Codes Corporation, Ann Arbor, MI, USA). MYBPC1 sequence annotation corresponds to NM_002465 coding

sequence. The frequency of the MYBPC1 mutations was determined in control patient samples at the Washington University Division of Human Genetics Sequenom Genotyping Core. The CLUSTALW program was used for multiple sequence alignment (http://align.genome.jp). Prediction of functional effects of polymorphisms/variants was performed using PolyPhen (http://genetics.bwh.harvard.edu/pph/index.html) (56).

Plasmid construction

The DNA construct encoding MYBPC1 isoform 4 (AM392734) was obtained from the ORFeome Collaboration (www.orfeomecollaboration.org) as a Gateway (Invitrogen) entry vector (pENTR201) and transferred to a C-terminus GFP destination vector (pcDNA6.2/GFP-DEST). Both MYBPC1 missense mutations were created by engineering single nucleotide substitutions into the MYBPC1-GFP plasmid with the Quick Change Site-Directed Mutagenesis Kit (Stratagene, La Jolla, CA, USA). The MYBPC3 R326Q and E334K mutations (18,37) were made at the corresponding conserved residues K240Q and E248K of MYBPC1-GFP plasmid sequence. All mutations were verified by sequencing. Plasmid DNA was prepared for each of the five constructs using the Qiagen MaxiPrep kit.

Western blot

Skeletal muscle lysates were obtained from biopsy tissue that was flash frozen in liquid nitrogen within 30 min. Briefly, tissue was homogenized in lysis buffer [20 mm Tris pH 8.0, 100 mM NaCl, 1% Triton X-100, 1 mM PMSF, 10 mM benzamidine and 1 mm protease inhibitor cocktail (Sigma)], and centrifuged at 12 000g for 10 min. In the case of tissue culture cells, a 60 mm dish of human osteosarcoma cells (U20S) were transfected with 4 μ g plasmid DNA using lipofectamine 2000 per company recommendations (Invitrogen). At 48 h after transfection, cells were rinsed in $1 \times$ PBS, pelleted and lysed in RIPA buffer $(25 \text{ mm Tris} \cdot HCl \text{ pH } 7.6$, 150 mM NaCl, 1% NP-40, 1% sodium deoxycholate, 0.1% SDS) and briefly sonicated. Supernatant protein samples (25 μ g) were electrophoresed on SDS–PAGE 9% gel and transferred to PVDF membrane (Millipore, Bedford, MA, USA). Immunoblotting was performed with an anti-MYBPC1 antibody (Abcam, UK) or with GFP antibody (Sigma) both at 1:1000 dilution. Immune complexes were visualized with the ECL Plus kit (Amersham Biosciences, Piscataway, NJ, USA).

In vivo electroporation and microscopic evaluation

Mice were anesthetized using pentobarbital (50 mg/kg body weight). The skin of the upper arms was shaved, and 50 μ g in 50 μ l of the expression construct was injected into the region of the epitrochlearis muscle by using a 0.5 ml syringe fitted with a 29-gauge needle. Two-needle array electrodes (BTX, San Diego, CA, USA) were inserted into the muscle immediately after DNA delivery for electroporation. The distance between the electrodes was 5 mm, and the array was inserted longitudinally relative to the muscle fibers. In vivo electroporation parameters were the following: voltage, 100 V; pulse length, 50 ms; no. of pulse, six pulses; pulse interval, 200 ms; desired field strength, 200 V/cm, given by a BTX ECM830 Electro Square Porator. After 5 days of recovery, epitrochlearis muscles were removed from anesthetized mice. The epitrochlearis is a small and flat muscle that lies along the medial surface of the upper forelimb and is sufficiently thin to allow microscopic evaluation of intact fibers. The muscles were then fixed in 3% paraformaldehyde on glass cover. After fixation, the tissues were rinsed with PBS and distilled water and examined for GFP using a Nikon Eclipse 80i microscope with an apochromat $40 \times$ objective. Image processing was performed using 2D deconvolution and NIS elements software. Images are representative of at least three independent injections.

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Conflict of Interest statement. None declared.

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