

A fast, single-vesicle fusion assay mimics physiological SNARE requirements

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Almost all known intracellular fusion reactions are driven by formation of *trans*-SNARE complexes through pairing of vesicle-associated v-SNAREs with complementary t-SNAREs on target membranes. However, the number of SNARE complexes required for fusion is unknown, and there is controversy about whether additional proteins are required to explain the fast fusion which can occur in cells. Here we show that single vesicles containing the synaptic/exocytic v-SNAREs VAMP/synaptobrevin fuse rapidly with planar, supported bilayers containing the synaptic/exocytic t-SNAREs syntaxin-SNAP25. Fusion rates decreased dramatically when the number of externally oriented v-SNAREs per vesicle was reduced below 5–10, directly establishing this as the minimum number required for rapid fusion. Docking-to-fusion delay time distributions were consistent with a requirement that 5–11 t-SNAREs be recruited to achieve fusion, closely matching the v-SNARE requirement.

lipid bilayer | membrane fusion | SNARE mechanisms | supported bilayer

Trafficking of proteins in the cell—as well as secretion of physiological mediators such as hormones and neurotransmitters—depends on intracellular membrane fusion. With few exceptions, intracellular fusion reactions are driven by pairing of vesicle-associated v-SNAREs (soluble *N*-ethylmaleimide-sensitive factor attachment protein receptors) with cognate t-SNAREs on the target membrane, resulting in a four-helix bundle (SNAREpin) that brings bilayers into close proximity (1–3). In cells, the action of SNAREs is regulated by auxiliary proteins, some of which, such as the members of the Sec1/Munc18-like (SM) family, are universally required components of the eukaryotic fusion machinery (4). Whether SNAREs alone can catalyze fusion at physiologically meaningful rates in the absence of modulating proteins or peptides (5–9) remains controversial. In addition, it is unknown how many SNAREpins are required to produce fusion. Here, using an *in vitro* assay that can resolve single docking and fusion events, we show 5–10 SNAREpins mediate fast fusion in the absence of any auxiliary proteins.

Reconstituted fusion assays have played a key role in elucidating mechanisms of SNARE-mediated membrane fusion (1, 2, 5, 6, 10, 11). SNARE proteins reconstituted into small unilamellar vesicles (SUVs) fused bilayers in a bulk fusion assay, albeit with slow kinetics (1, 2). More recently, single SUVs containing the synaptic/exocytic v-SNAREs VAMP/synaptobrevin were shown to fuse rapidly with planar, supported bilayers (SBLs) containing the synaptic/exocytic t-SNAREs syntaxin 1-SNAP25, with single fusion events occurring in ~10–100 ms (7, 9) to seconds (8, 12). However, the SNAP25 subunit of the t-SNARE was not required (8, 9), or an artificial peptide was needed (7), raising questions about the physiological relevance of these results. These, and other studies of SNARE-mediated membrane fusion, used lipid bilayers where the active fusion catalysts were the only proteins present. By contrast, natural intracellular membranes are populated by bulk integral membrane proteins at concentrations ranging from 30,000 to 40,000

per μm^2 (13), providing a very different environment for fusion. To bring phospholipid bilayers into contact, SNARE proteins *in vivo* must presumably perform additional work to push aside this repulsive protein layer.

To better mimic the situation realized in cells, we covered bilayer surfaces with a poly(ethylene glycol) (PEG) polymer “brush” of ~4-nm height using a PEG chain attached to phosphoethanolamine [1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(methoxy[polyethylene glycol]-2000)]. For the conditions of 5 mol % PEG used here, the polymer chain surface density is about 70,000 per μm^2 and the conformational flexibility allows each chain to fill out a volume of about 60–70 nm^3 , corresponding to the cytosolic domain of a folded globular protein of about 50–60 kDa. We find that SNAP25 dependence is restored but rapid fusion remains (mean delay after docking of 130 ms).

Similar PEG brushes have been used previously to provide steric protection to homogeneous bilayers in adhesion studies while allowing specific ligand-receptor interactions to proceed unimpeded (14). PEGylated SUVs are among the most stable known liposomes, and due to their excellent biocompatibility find use in drug delivery applications as “stealth liposomes” (15). The inclusion of lipid-linked PEG chains also confers exceptional stability on supported bilayers. SBLs containing the same PEG brush as used here could be dried, kept in air for >1 day, and then rehydrated to gain their original fluidity without apparent loss of integrity (14). Importantly, the PEG chains also serve to lift the bilayer about 4 nm from the glass coverslip support which has been shown to reduce interactions between the transmembrane proteins and the underlying substrate that otherwise impair lateral diffusion of these proteins (16, 17).

Results

In addition to the use of PEG brushes, we have enhanced the SUV-SBL fusion assay by including a fluorescent lipid [1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(7-nitro-2-1,3-benzoxadiazol-4-yl); NBD-PE] in the SBL. This allowed us to quality control the SBL down to the diffraction limit for its continuity and fluidity by a simple fluorescence recovery after photobleaching (FRAP) measurement before every experiment (*SI Text*).

Our experimental design is based on a purpose-designed microfluidic flow system in which the fluorescently labeled v-SUVs flow at closely controlled rates and concentrations over the SBL,

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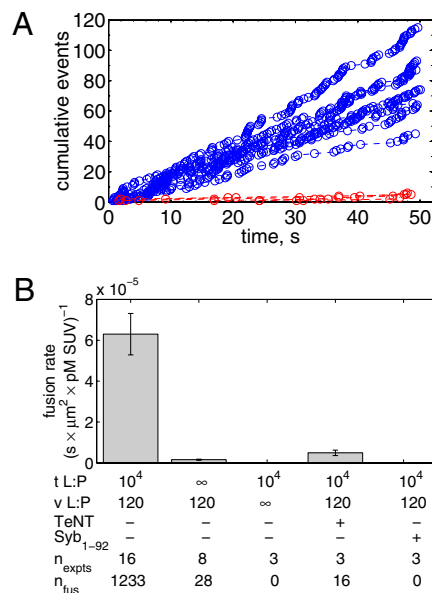


Fig. 2. Fusion rates. (A) Cumulative number of fusions as a function of time for t-SBLs (t-L:P = 10K) and v-SUVs (4.9 pM, v-L:P = 120) shown in blue for various individual acquisitions. Data for identically prepared v-SUVs over protein-free SBLs are shown in red. (B) Mean fusion rates normalized by detection area and SUV concentration for various conditions as indicated. TeNT, 50 nM tetanus neurotoxin; Syb₁₋₉₂, cytoplasmic domain of Syb. Numbers of experiments and total numbers of detected fusion events are indicated. All data were obtained at 27 °C.

blocked by soluble v-SNAREs (Syb residues 1–92). Thus, SNARE complex assembly is responsible for driving fusion in this system.

Individual docking events were recorded, cumulated, and normalized in the same fashion as for fusion events. The normalized total docking rate, \hat{d}_{tot} , was about twice the fusion rate \hat{f} (SI Text), indicating that the efficiency of fusion after docking is about 50%. Most of the docked vesicles that did not end up fusing within 20–30 s gradually photobleached during this period and appeared to remain at the docking site. Only a small fraction (~4%) visibly dissociated from the SBL to rejoin the flow (SI Text).

Both \hat{f} and \hat{d}_{tot} eventually decreased as a function of time with a half-time of 2000–3000 s, ultimately dropping to background levels for $t > 5000$ s for v-SUV L:P = 150–200 (SI Text). This is presumably due to consumption of SBL t-SNAREs by free v-SNAREs delivered by fusing v-SUVs. This is corroborated by the observation that \hat{f} decreased more rapidly for v-SUVs containing higher copy numbers of Syb (SI Text), as more Syb were released into the SBL per fusion event. This further suggests that either t- or v-SNAREs or both are mobile in the SBL (17) and are able to form inactive *cis*-SNARE complexes upon encounter.

The dependence of \hat{f} on t-SNARE density in the SBLs was nonlinear. \hat{f} increased only slightly as the t-SNARE density was increased from t-L:P = 30,000 (~48 t-SNAREs/ μm^2) to 10,000 (~140 t-SNAREs/ μm^2) and then dropped rapidly at higher densities (SI Text), consistent with an earlier report (9) that inactive t-SNARE aggregates may develop at high concentrations. By contrast, \hat{f} depended linearly on v-SUV concentration in the range we studied.

Most fusions occurred extremely rapidly after docking. The mean delay before fusion occurred was about 160 ms for the data shown in Fig. 3 A and B. A small fraction (<15–25%) of fusions entailed far longer delays (Fig. 3B). The long delays followed the same delay time distribution as that for docking and fusion of v-SUVs to protein-free SBLs (SI Text), suggesting a small, non-specific component was present in the overall fusion rate.

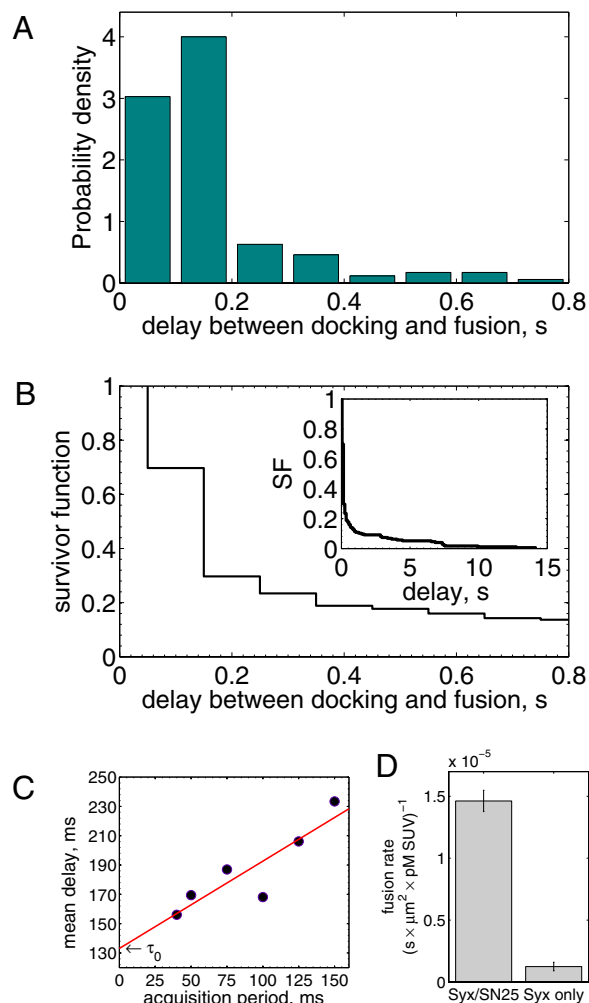


Fig. 3. Delays between individual docking and fusion events and SNAP25 dependence of the overall fusion rate. (A) Distribution of delay times, normalized to integrate to unity (t-LP = 10K, v-LP = 150, 32 °C, 175 delays from 8 acquisitions; bin width = 100 ms). (B) The same delays as in A, presented as a survivor function (SI Text). Inset shows the full span of the distribution, including a small fraction of delays (<15–20%) which occur on >1 s time-scales. (C) Effect of the limited time resolution on the sampling of the true delays. The mean delay for fast fusions (delays ≤ 0.8 s) versus acquisition period T_{acq} . The mean delay extrapolated to $T_{acq} = 0$ ms is $\tau_0 \approx 130$ ms. (D) Comparison of fusion rates between SBLs reconstituted with Syx-SNAP25 (190 fusions, 7 acquisitions, t-LP = 10K) and with Syx alone (60 fusions in 19 acquisitions, t-LP = 10K). SBLs were formed from t-SUVs reconstituted side by side. Omission of SNAP25 resulted in a 12-fold reduction in the normalized fusion rate (v-LP = 200, T = 30–32 °C).

Owing to limits on our time resolution the measured fast delays may be overestimated, especially at higher t-SNARE densities, where delays are shorter (see below). To quantify this, in one series of experiments (t-L:P = 10K) we varied the acquisition period, T_{acq} , obtained the apparent mean delay for delays $\tau \leq 0.8$ s as in Fig. 3 A and B for every T_{acq} , and plotted these mean delays versus T_{acq} , as shown in Fig. 3C. Apparent mean delay values decreased as a function of decreasing T_{acq} , extrapolating to $\tau_0 = 130$ ms at $T_{acq} = 0$. At large T_{acq} the signal-to-noise ratio is better, facilitating detection, but the large bin width leads to overestimation of delay times. As a good compromise under our experimental conditions, we used $T_{acq} = 100$ ms for all data reported here, unless noted otherwise. The mean delay values we report elsewhere in this article are not extrapolated values, as implementation of this procedure for

every experimental condition is impractical; consequently, they should be viewed as upper bounds of the true mean delays.

Notably, this system is sufficiently robust that relatively weak interactions between syntaxin (Syx) and VAMP/synaptobrevin (Syb) that are well-documented (18) are unable to drive fusion (Fig. 3D), in contrast to earlier reports using SBLs (8, 9). Adding back SNAP25 in our assay does not reconstitute functional t-SNAREs, consistent with the long incubation times required for proper assembly *in vitro* (8).

An essential parameter that would help elucidate molecular details of the action of SNAREs is the number of SNAREpins required for fusion, N^* . Although a few estimates have been made from live-cell studies (19), these span a wide range (between 3 and 16) and are inferential rather than direct estimates. To estimate N^* , we measured the normalized fusion rate, f , while varying the SUV L:P, or equivalently the number of Syb per SUV, N_v . When N_v was lowered between 20 and 10, f dropped precipitously by approximately two orders of magnitude to background levels, as shown in Fig. 4. Because about half the v-SNAREs face the lumen of the SUV at these low densities (11), we conclude that about 5–10 v-SNAREs are required on the outside of the vesicle for efficient fusion. Assuming all v-SNAREs are active, this suggests fusion requires $N^* = 5 - 10$ SNAREpins.

We found that delays between docking and fusion became greater as the t-SNARE density was lowered, whereas they were insensitive to variations in N_v provided N_v was sufficiently high to sustain fusion (SI Text), suggesting that delays are limited by how fast t-SNAREs can be recruited to fusion sites. Motivated by these observations, we adopted an indirect but independent approach to confirm our direct measurements of N^* by predicting the distribution of delay times on the sole assumption that lateral diffusion of t-SNAREs to the docked vesicle should be rate-limiting for fusion after docking. In this model, the distribution of delay times reflects the variability of time required for p number of individual t-SNAREs to cumulatively diffuse from surrounding regions of the SBL to the docking site at which one SNAREpin is already engaged (SI Text). The only input parameters are the diffusion constant, the concentration of actively reconstituted t-SNAREs in the SBL, and a molecular size, all of which are either known or can be estimated independently. We found the model describes the observed delays well for $p = 4-10$, or $N^* = 1 + p = 5 - 11$ SNAREpins (SI Text), closely matching the directly measured v-SNARE requirements.

Using a similarly indirect modeling approach, a recent *in vitro* study suggested 6–9 SNAREpins might be required (7). How-

ever, because SNARE densities were not varied, different models of delay distributions could not be distinguished. In addition, the delays might have been affected by the osmotic gradient employed and by the artificial peptide (Syb₄₉₋₉₆) used to assemble the t-SNARE complex that needed to be displaced by the full-length Syb for fusion to occur. Our finding that delays increase when the t-SNAREs are depleted precludes a model in which t-SNAREs are preassembled into clusters that act as functional docking/fusion sites in this assay (SI Text).

Discussion

In previous studies using SBLs lacking polymer brushes, rapid fusion of SUVs mediated by synaptic/exocytic SNARE proteins has been observed, but SNAP25 has not been required (8, 9). These observations suggest that even within the minimal fusion machinery there is a catalytic core consisting of Syb and Syx. This view is directly supported by the long-known affinity between Syb and Syx (18) and by the recent x-ray crystal structure of the postfusion state of the complete SNARE complex, including the membrane anchors of Syx and Syb (20). Both Syx and Syb form continuous interacting helices from the beginning of their N-terminal (membrane-distal) SNARE motif, through the linker regions, and into and across the lipid bilayer. SNAP25 does not extend into the lipid bilayer, and according to our results presumably imparts additional binding energy to stabilize Syb and Syx and to pay for the free-energy cost of clearing bulk membrane proteins out of the vicinity required for fusion. Taken together, these and earlier results (1, 3) provide clear physical chemical proof that SNARE proteins are indeed engines of membrane fusion. The energy supplied by 5–10 SNAREpins, ~35 kT each (21), is more than sufficient to overcome known activation energies for fusion (40–140 kT) both *in vivo* (22, 23) and in model systems (24). Other proteins position or regulate this engine; in particular, it is likely that the universally important SM proteins play a key role in organizing SNAREpins (4). It will be interesting to see whether the same number of SNAREpins is required in this SM-organized structure as with the SNAREs alone.

It is widely recognized that SNARE proteins constitute the core of many different membrane fusion machineries required for intracellular trafficking. However, it has been a matter of recent debate as to whether SNAREs alone can drive fusion efficiently in the absence of modulating proteins or peptides. A recent report (6) showed that Rabs together with tethers and associated proteins resulted in multiple rounds of robust fusion when endosomal SNARE proteins were present, whereas little fusion appeared to occur with SNAREs alone. This raised the possibility that Rab GTPases and associated tethering might contribute physically to bilayer fusion. However, this conclusion cannot be reached because the conditions used to load the vesicles with reporter molecules filled only about 15% and 44% of the donor (t-SUV) and acceptor (v-SUV) vesicles, respectively, so only 6.6% of the fusion events in the first round could be recorded, even if this occurred with 100% efficiency. The assay therefore primarily measured subsequent rounds of fusion (i.e., SNARE recycling) rather than the initial events, which presumably did not require the recycling machinery. It can be concluded that Rabs and tethers, in addition to NSF and SNAP, play an important role in recycling SNAREs. This would be consistent with the need to favor *trans*-SNARE interactions over *cis* interactions, especially in homotypic fusion processes, in which Rabs and tethers have previously been implicated (5).

The mean time of 130 ms for fusion after docking is more than ample to explain the speed of virtually all fusion events in the cell (25), and indeed closely matches the speed at which single synaptic vesicles undergo exocytosis upon stimulation in retinal bipolar neurons, where they are held in reserve ~20 nm from the presynaptic membrane by ribbon structures, just outside the reach of t- and v-SNAREs (26). However, in many other neu-

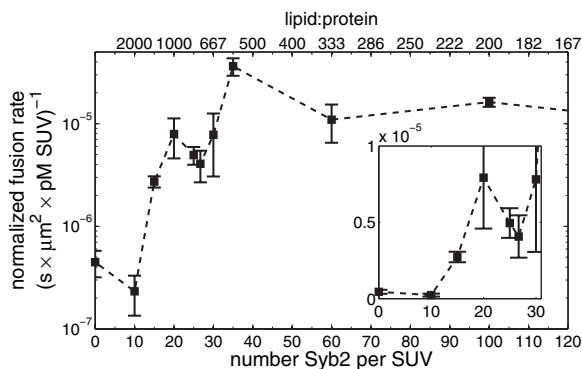


Fig. 4. The normalized fusion rate, f , as a function of the number of Sybs per v-SUV, N_v , plotted on a semilogarithmic scale. Note the precipitous drop in f spanning approximately two orders of magnitude as N_v is decreased from 20 to 10. (Inset) Blow-up of small N_v region, linear scale (72 experiments, 1609 fusion events total, 32 °C). At least 6 experiments per data point for $N_v \leq 20$, 2–14 experiments per data point for $N_v > 20$. Error bars are \pm SEM.

rons, 2–10 synaptic vesicles are predocked at the active zone and neurotransmitter release occurs 100 times faster (27). The SNAREs in this readily releasable pool of vesicles are pre-assembled (28, 29) and the fusion process at this point is clamped by complexin (30). Thus, only the very final step in the fusion process remains to be accomplished when calcium enters to trigger synaptotagmin (27, 30), which may very well contribute directly to the speed of fusion at this late stage (10, 11, 31).

Materials and Methods

Recombinant Protein Expression and Purification. Details are given in *SI Materials and Methods*.

Preparation of SUVs and SBLs. SNARE proteins were reconstituted into liposomes essentially as described (32) with small differences. All lipids were from Avanti Polar Lipids, and were dissolved in a 2:1 (vol:vol) mixture of CHCl_3 :methanol. Typically, 1 μM total lipid was used, with a composition that was 78 mol % 1,2-dioleoyl-*sn*-glycero-3-phosphocholine (DOPC), 15 mol % 1,2-dioleoyl-*sn*-glycero-3-phospho-L-serine (DOPS), 5 mol % 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-[methoxy(polyethylene glycol)-2000] (PEG2000-PE), and 2 mol % fluorescently labeled lipids, either 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(7-nitro-2-1,3-benzoxadiazol-4-yl) (NBD-PE) or 1,2-dioleoyl-*sn*-glycero-3-phosphoethanolamine-*N*-(lissamine rhodamine B sulfonyl) (LR-PE).

SBLs were formed by incubating protein-free or t-SUVs over very hydrophilic #1.5 glass coverslips (Waldemar Knittel Glasbearbeitungs), which were prepared by, in sequence, cleaning in a hot Hellmanex II (Hellma) solution, extensive rinsing with Milli-Q (Millipore)-purified water (MQ water), Piranha cleaning (a 2:1 mixture of sulfuric acid and hydrogen peroxide), extensive rinsing with MQ water, drying, and plasma cleaning (Harrick PDC-32G plasma cleaner/sterilizer; Harrick Plasma). A clean coverslip was bonded with an elastomer block made of poly(dimethyl siloxane) (PDMS) containing microfabricated grooves which formed flow channels (Fig. 1). After extensive rinsing with buffer and for every SBL we formed, we checked the homogeneity of the SBL down to the diffraction limit using the NBD-labeled lipids included in the bilayers. Then the fluidity of the SBL was verified by fluorescence recovery after photobleaching (FRAP; a sample trace is shown in *SI Materials and Methods*). Only if an SBL passed these quality checks did

we introduce a solution of v-SUVs into the channel, at a typical concentration of 40–60 nM lipid. Given that the mean vesicle diameter is ~ 50 nm (see below), and assuming 0.7 nm^2 per lipid (33), this corresponds to 2–3 pM SUV. Typically, protein-free or v-SUVs were diluted ($2-5$) $\times 10^{-5}$ times before use. See *SI Materials and Methods* for further details.

Quantification of Actual L:P Ratios. Actual lipid-to-protein ratios were obtained using a combination of densitometry for quantifying protein concentrations and fluorescence for lipids, as described in *SI Materials and Methods*. The protein and lipid yields coincided to within measurement error. Therefore, the nominal and the actual L:P ratios are the same.

Characterization of SUVs by Dynamic Light Scattering. Details are given in *SI Materials and Methods*. We found that the number-average bare SUV diameter is ~ 50 nm. This value, which is in close agreement with previous independent measurements by electron microscopy (32), was used to convert lipid concentrations to SUV concentrations and to calculate the number of proteins per vesicle from the lipid:protein ratios.

Microfluidic Flow Channels, Microscopy, and Analysis of Fusion Events. Details are given in *SI Materials and Methods*.

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