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Distinct effects of p38 α deletion in myeloid lineage and gut epithelia in mouse models of inflammatory bowel disease

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Abstract

Background & Aims—p38 α is a mitogen-activated protein kinase that mediates inflammatory responses, but its role in inflammatory bowel disease (IBD) is unclear. The effects of p38 α inhibitors have been inconsistent in animal models and clinical studies of IBD, possibly arising from the different functions of p38 α in different tissues or cell types. We investigated the effects of p38 α inhibition in myeloid vs. the colonic epithelium.

Methods—We studied mice with myeloid cell-specific and intestinal epithelial cell-specific disruption p38 α (LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice and Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice), as well as p38 β , γ , and δ knockout. Colitis was induced using Dextran Sodium Sulfate (DSS) or 2,4,6-trinitrobenzene sulfonic acid (TNBS).

Results—Mice with myeloid cell-specific deletion of p38 α had less inflammation and an improved disease condition, compared with wild-type mice, whereas mice with intestinal epithelial cell-specific deletion of p38 α had increased progression of colitis that resulted from disrupted intestinal epithelial homeostasis. The distinct effects of p38 α disruption in different tissue types might underlie the unsuccessful therapeutic application of p38 inhibitors to colitis. We found that a γ -secretase inhibitor, which functions opposite that of a p38 inhibitor in the regulation of intestinal epithelial homeostasis, can significantly improve the effects of a p38 inhibitor in reducing colitis.

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The authors declare no conflict of interest.

Conclusion—p38 α has distinct functions in mouse myeloid cells vs. colonic epithelium; these differences should be taken into consideration in defining the role of p38 α in inflammation and developing p38 inhibitors as therapeutics.

Keywords

p38 α ; colitis; knockout mice

INTRODUCTION

Inflammatory bowel diseases (IBDs), represented mainly by ulcerative colitis (UC) and Crohn's disease (CD), are disorders characterized by chronic relapsing inflammation of the gastrointestinal tract¹. Although the precise etiology remains unknown, a widely accepted hypothesis is that commensal intestinal bacteria trigger an inappropriate mucosal immune response that mediates intestinal tissue damage in genetically susceptible individuals²⁻⁵. Inhibition of inflammation should therefore be beneficial for IBD patients; however, current therapies, such as glucocorticoids, provide only transient or marginal effects. Clinical trials and animal studies with chemicals that inhibit inflammatory signaling pathways, such as NF- κ B and p38, have not yielded promising results⁶.

p38 group mitogen activated protein kinase (MAPK) has four members, with p38 α being the prototypic member of this group kinase⁷. The functional importance of p38 α in inflammatory diseases has been well documented⁸. p38 α is also assumed to be a major mediator of inflammation in IBD, showing the strongest increase in activity among MAPKs within the inflamed intestinal mucosa of IBD patients⁹⁻¹⁰. However, in clinical trials p38 inhibitors have yielded controversial results^{11, 12}. In patients with moderate to severe Crohn's disease, the p38 and JNK inhibitor CNI-1493 has demonstrated clinical improvement¹¹, while the p38 inhibitor BIRB796 did not in a multicenter trial¹². Similarly, p38 inhibitors in mouse experimental colitis models have yielded contradicting results, with some reporting improvement^{13, 14} and others reporting improvement in some parameters but worsening in others^{15, 16}. The role of the p38 pathway in IBD needs to be clarified before determining whether p38 α inhibitors have therapeutic potential in IBD.

Because the function of p38 α might be different in different cell types or tissues, we hypothesized that the antiinflammatory effect of p38 inhibition in myeloid cells is actually beneficial while inhibition of p38 in colonic epithelial cells is harmful. Using mice with myeloid cell-specific deletion of p38 α and mice with intestinal epithelial cell-specific deletion of p38 α , we found that p38 α deletion in myeloid cells indeed improves the condition of experimental colitis, while p38 α deletion in intestinal epithelial cells increases susceptibility to colitis by inhibiting the differentiation and enhancing the proliferation of colonic epithelial cells. p38 α has distinct functions in different cell types, which should be carefully taken into consideration to understand the role of p38 α in diseases.

MATERIALS AND METHODS

Experimental animals

LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice were described previously¹⁷. p38 β , γ , and δ knockout mice were generated by protamine-Cre breeding with their floxed alleles, respectively¹⁸.

Experimental procedures

The detailed methods of mice, colitis induction, colonic injury scoring, proteins and total RNA isolation from inflammatory colonic mucosa, primary intestinal epithelial cells isolation,

electrophoretic mobility-shift assay, histology, immunohistochemistry, immunofluorescence, *in situ* intestinal proliferation analysis, hemoglobin and hematocrit analysis, inhibitors, western blotting analysis, real-time PCR, semi-quantitative RT-PCR analysis, and statistical analysis are described in the Online Supplementary Materials.

RESULTS

Global inhibition of p38 α inhibits inflammatory cell infiltration into colitis mucosa but does not improve clinical symptoms

Due to the role of p38 α in inflammation, inhibitors of p38 α / β have been used to evaluate whether inhibition of p38 α could be a useful approach in treating IBD. Unfortunately, the data are controversial¹³⁻¹⁶. We also evaluated the effects of a p38 α / β inhibitor SB203580 on mouse colitis. Since weightloss is a hallmark of severe intestinal inflammation in mice and is one of the criteria for determining IBD and its severity, we monitored the body weight of mice that were given 3.5% DSS in drinking water for 6 days. SB203580 did not affect body weight loss associated with DSS-induced colitis (Fig. 1a). SB203580 itself has no effect on mouse body weight (Supplementary Fig. 1). Histological examination showed that although the inflammatory cell infiltration into the colon were significantly less in the mice treated with SB203580, the degree of epithelial injury were very similar between control mice and the mice treated with SB203580 (Fig. 1b, c, d). SB203580 indeed inhibits the inflammatory reaction in the colonic mucosa to some extent, but the global inhibition of p38 α / β did not reduce susceptibility of colonic mucosa to colitis injury and did not improve clinical results.

Because SB203580 not only inhibits p38 α but also p38 β , and because these two kinases have different functions, we used p38 β knockout mice to determine whether inhibition of p38 β contributed to the puzzling result observed in SB203580-treated colitis mice (Fig. 1a-d). p38 β knockout mice are viable and apparently healthy, and did not show any clinical and pathological differences compared with those in control littermates during colitis (Supplementary Fig. 2a, b). We also examined the effects of p38 γ and p38 δ on DSS-induced colitis and eliminated their involvement in colitis (Supplementary Fig. 3; the genotyping of these knockout mice are shown in Supplementary Fig. 4).

SB203580 is known as a p38 inhibitor, but it can also inhibit RICK^{13, 14}. To exclude the contribution of the non-specificity of SB203580 in studying the role of p38 in colitis, we needed to use p38 knockout mice.

Specific deletion of p38 α in myeloid cells reduces the disease activity of DSS-induced mouse colitis

Since p38 α has diverse roles in different cells¹⁹, inhibition of p38 α in one cell type in the colonic mucosa might be beneficial, while in another it could be harmful. Since p38 α in myeloid cells plays a role in inflammatory reactions¹⁷, we hypothesized that the antiinflammatory effects of p38 α inhibition in myeloid cells are beneficial in colitis and examined this using mice with myeloid cell (macrophages and neutrophils) specific deletion of p38 α (LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$). LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice had a significantly smaller body weight reduction in comparison with littermate p38 $\alpha^{fl/fl}$ control mice when we feed the mice with DSS (Fig. 2a). Colons after the administration of DSS revealed more severe bleeding in control p38 $\alpha^{fl/fl}$ mice relative to LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice (Supplementary Fig. 5). Concordant with this, LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice showed less anemia at multiple time points, as determined by the measurement of hemoglobin and hematocrit concentration in circulating peripheral blood (Fig. 2b, c). The specific deletion of p38 α in myeloid cells reduces the disease activity of DSS-induced colitis.

Microscopic analysis showed that the tissue damage in the mucosa was less in LtrLys^{Cre}-p38^{Δ/Δ} mice in comparison with p38^{fl/fl}, and no significant differences in the colon appearances were observed before DSS administration (Fig. 2d). The severity and extent of glandular mucodepletion, epithelial damage, and inflammatory cell infiltration into the mucosa were analyzed by histopathological scoring. Both epithelial injury scoring and inflammatory cell infiltration scoring were lower in LtrLys^{Cre}-p38^{Δ/Δ} mice compared to control p38^{fl/fl} mice at days 3 and 7 after colitis induction (Fig. 2e, f). The specific deletion of p38 α in myeloid cells reduces the inflammatory responses and subsequent colon epithelial damage during DSS-induced colitis.

We sought to determine whether there are any differences in the activities of inflammation-related transcriptional factors in the colonic mucosal tissues of LtrLys^{Cre}-p38^{Δ/Δ} mice and control p38^{fl/fl} mice by comparing the DNA binding activities of several transcriptional factors. DSS activated AP-1, AP-2, C/EBP β , Interferon- γ activated sequences (GAS), and NF- κ B signaling in both LtrLys^{Cre}-p38^{Δ/Δ} mice and control p38^{fl/fl} mice. The activities of AP-2 and C/EBP β in colons were similar between LtrLys^{Cre}-p38^{Δ/Δ} mice and control p38^{fl/fl} mice, while the activation of AP-1, GAS, and NF- κ B were less in the colons of LtrLys^{Cre}-p38^{Δ/Δ} mice compared to control p38^{fl/fl} mice (Fig. 3a). Next, the amounts of mRNAs encoding proinflammatory cytokines (IL-1 β , TNF α , IL-6, and IL-12 p40) were examined, and those were found to be less in LtrLys^{Cre}-p38^{Δ/Δ} mice colons (Fig. 3b). Cox-2 and IL-6 protein-expressing cells were much less abundant in the colons of LtrLys^{Cre}-p38^{Δ/Δ} mice compared to control p38^{fl/fl} mice in the mucosal and submucosal inflammatory lesions (Fig. 3c), suggesting that p38 α in myeloid cells directly or indirectly regulates inflammatory responses in colonic mucosa during the course of DSS-induced colitis.

Specific deletion of p38 α in intestinal epithelial cells affects cell proliferation and goblet cell differentiation and thus promotes the course of colitis

Our results show that the specific inhibition of p38 α in myeloid cells reduces the severity of DSS-induced mouse colitis, confirming that inhibition of inflammation is beneficial for the disease. The lack of any beneficial effect using SB203580 in treating colitis could be due to the fact that inhibition of p38 α in non-myeloid cells was harmful. Intestinal epithelial cells are major components of the mucosa of the colon and are targets during colitis. We found that mice treated with SB203580 *in vivo* had a decreased differentiated mucus-producing goblet cell population in colonic mucosa (Fig. 4a, b). Because intestinal homeostasis is maintained based on the balance of differentiation and proliferation of the epithelial cells, we next analyzed the proliferative state of colonic crypts in mice treated with SB203580. Proliferating cells were labeled by intraperitoneal injection of BrdU 2 hrs before harvesting colons. Analysis of BrdU-positive cells revealed that SB203580 significantly increased the number of proliferating cells in the colon (Fig. 4a, c). Much evidence indicates that the increase in cell proliferation and the impaired homeostasis, especially the decreased number of goblet cells, which normally have a protective role in the mucosa, result in greater susceptibility to injuries^{20, 21}, and therefore the changes in differentiation and proliferation of the epithelial cells in SB203580-treated mice could lead to an increased susceptibility to DSS-induced colitis injuries. Indeed, as shown above, the mice treated with SB203580 show severe DSS-induced colon epithelial damage, although the number of inflammatory cells in the mucosal lesions was less than that of the control mice (Fig. 1b, c, d). The SB203580-induced increase of proliferating cells in the colon mucosa is associated with increases in cyclin D1 and c-Jun expression, as well as JNK and ERK1/2 phosphorylation, consistent with the p38 function reported in a variety of cell types (Fig. 4d)^{18, 19, 22-24}. Our data suggest that inhibition of p38 α in colonic epithelial cells affects intestinal homeostasis.

To evaluate this notion, we generated mice lacking p38 α in intestinal epithelial cells (Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$) by crossing p38 $\alpha^{fl/fl}$ mice and Villin^{Cre} mice, which express Cre recombinase under the control of the promoter of the intestinal epithelial cell-specific gene encoding villin²⁵. Although live Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice were obtained at about one third of the expected ratio from over 100 pups analyzed, due to still unknown reasons (Supplementary Table 1 and Supplementary Results), Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice appear to be healthy without any apparent clinical symptoms. Specific deletion of p38 α in intestinal epithelial cells in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice was confirmed by comparing the p38 α protein expression in the whole intestinal tissues and in the isolated intestinal epithelial cells (Fig. 5a). The trace amounts of p38 α may be due to small amounts of non-epithelial cells unavoidably contaminating the isolated epithelial cells, or due to the fact the slight mosaicism of cre expression in the colon of Villin-Cre mice.

In the colon, stem cells are located at the base of the crypts, with proliferation and migration occurring upwards while differentiating into mostly enterocytes and goblet cells, with only a few interspersed enteroendocrine cells. We examined the patterns of differentiation and proliferation of intestinal epithelial cells in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice. No gross morphological differences in the colon were detected between p38 $\alpha^{fl/fl}$ and Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice. Immunohistochemistry for Cdx-2, a marker of enterocytes, and for chromogranin A (ChrA), a marker of enteroendocrine cells, revealed no major differences in those cellular populations (Fig. 5b). In contrast, Alcian Blue (AB) staining, which detects acidic mucins, and PAS staining, which detects both neutral and acidic mucins, showed that the goblet cell population was strongly decreased in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice colon (Fig. 5b). The decreased number of goblet cells was also detected in the small intestine (Supplementary Fig. 6). On the other hand, the number of BrdU-positive cells present in the colons increased in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice, suggesting that the intestinal cell proliferation was enhanced in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice similar to the mice treated with the p38 inhibitor (Fig. 5b). Concordant with this, the increase in proliferating colon epithelial cells in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice was associated with greater activation of JNK and ERK1/2 (Fig. 5c), consistent with the mice treated with the p38 inhibitor.

Because undifferentiated and proliferating cells are generally more susceptible to injury^{20, 21}, and because less goblet cells result in less mucins and other factors that protect the intestinal mucosa from injury and facilitate tissue repair²⁶, Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice may be more prone to the induced colitis. This was confirmed by the increased and quicker body weight loss of Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice during DSS-induced colitis (Fig. 5d). The intestinal Cre expression alone showed no effects during the clinical course of colitis (Fig. 5d). Proinflammatory cytokine mRNA levels in the colonic mucosa were almost comparable or slightly higher in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice than in p38 $\alpha^{fl/fl}$ control mice (Fig. 5e). However, histological analyses revealed that, although both p38 $\alpha^{fl/fl}$ control mice and Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice exhibited severe intestinal inflammation, Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice had more severe and extensive epithelial injury with larger areas of ulceration (Fig. 5f). Histopathological scoring of colons also showed that the inflammatory cell infiltration was not significantly increased while the epithelial injury was more severe and extensive in Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice after colitis induction (Fig. 5f). Similar clinical results on body weight loss during colitis were obtained in another murine IBD model, 2,4,6-trinitrobenzene sulfonic acid (TNBS)-induced colitis (Supplementary Fig. 7). Although TNBS is believed to drive T cell-mediated responses, myeloid cells, including macrophages, are also major cells of its inflammatory reaction²⁷ and LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice still showed clinically less body weight loss compared with control p38 $\alpha^{fl/fl}$ mice, which suggests that p38 α in myeloid cells also plays a role in the pathogenesis of TNBS colitis. On the other hand, Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice showed increased and sustained body weight loss during the TNBS-induced colitis compared to p38 $\alpha^{fl/fl}$ control mice, just as in the DSS-induced colitis model (Supplementary Fig. 7). These results suggest that p38 α in intestinal epithelial cells regulates the intestinal epithelial cell differentiation and proliferation, and defective p38 α in

the intestinal epithelial cells results in greater susceptibility to colitis, which is in contrast to p38 α deletion in myeloid cells.

A combination of a p38 inhibitor and a γ -secretase inhibitor confers beneficial effects on colitis

Since distinct functions of p38 α in myeloid and intestinal epithelial cells might be the reason for the unsuccessful application of p38 inhibitors in treating colitis, we used a γ -secretase inhibitor dibenzazepine (DBZ), which was reported to affect epithelial cell differentiation and proliferation in a direction opposite that of what we observed with SB203580^{28, 29}, to compensate for the harmful effect of p38 inhibition on intestinal epithelial cells. DBZ itself had no influence on body weight change without colitis (Supplementary Fig. 8a), and mild protective effects on the course of colitis based on the body weight loss (Supplementary Fig. 8b). We observed a significant protective effect on DSS-induced colitis when the combination of DBZ and SB203580 was used (Fig. 6a left panel left panel and Supplementary Fig. 8b). Similar improvement on body weight loss by the combination of DBZ and SB203580 was obtained in TNBS-induced colitis as well (Supplementary Fig. 9). The histological examination showed that the extent and degree of inflammatory lesions were less in the SB203580 plus DBZ-treated mice compared to those in control, SB203580 only, or DBZ only treated mice (Fig. 6a middle panel and Supplementary Fig. 10). The improvement was observed even when the drug was administered after the establishment of colitis (Fig. 6a right panel). To further analyze the protective effects by this combination, the differentiation and proliferation status of the colon epithelial cells was examined. As described above, SB203580 decreased the number of PAS-positive goblet cells (Fig. 6b, c), DBZ induced significantly more goblet cells (Fig. 6b, c), and the combination eliminated the inhibitory effects of goblet cell differentiation by SB203580 in the colon and small intestine (Fig. 6b, c, and Supplementary Fig. 11). The SB203580-mediated increase of proliferating colonic epithelial cells was also suppressed by DBZ (Fig. 6b, c). The γ -secretase inhibitor masked the effects of the p38 inhibitor on intestinal epithelial cells.

The induction of the goblet cell lineage by the γ -secretase inhibitor was reported through its inhibitory effects on the Notch pathway²⁸. *Hes1*, which is transcriptionally controlled by Notch signaling, encodes a bHLH transcriptional repressor and suppresses the expression of *Atoh1*³⁰, a key transcriptional factor required for goblet cell lineage differentiation in the intestine³¹. As reported previously, we found that the γ -secretase inhibitor inhibited the expression of *Hes1* and subsequently enhanced the expression of *Atoh1* in the intestinal epithelial cells (Fig. 6d). By contrast, the p38 inhibitor had no effect on the expression of *Hes1* but suppressed the expression of *Atoh1*. Expression of the unrelated molecule *Tcf4* was not changed by either γ -secretase inhibitor or p38 inhibitor treatment (Fig. 6d). *Hes1* expression was as low in the combination treatment as in the γ -secretase inhibitor treatment, but the expression levels of *Atoh1* were almost similar to those in the control intestinal cells, albeit less than in the γ -secretase inhibitor-treated intestinal cells (Fig. 6d). These results suggested that p38 α may work downstream of *Hes1* or independent from *Hes1* to influence the expression of the transcriptional factors that are required for secretory lineage cell differentiation. These were confirmed by examining the expression of the transcriptional factors in Villin^{Cre}-p38 α ^{Δ/Δ} mice intestinal epithelial cells. In the isolated intestinal epithelial cells from Villin^{Cre}-p38 α ^{Δ/Δ} mice, *Hes1* expression was not changed, *Atoh1* expression was significantly decreased, and the expression of the unrelated molecule *Tcf4* was unchanged (Fig. 6d). In addition, DBZ treatment decreased *Hes1* expression and restored *Atoh1* expression in Villin^{Cre}-p38 α ^{Δ/Δ} mice (Supplementary Fig. 12). These results suggest that p38 α works as a positive regulator on secretory cell differentiation in the intestinal epithelia downstream of or independent from *Hes1*, and that the impairment of this cell differentiation by p38 inhibitors can be compensated by inhibition of the Notch pathway.

DISCUSSION

Here we show that genetic deletion of p38 α in myeloid and intestinal epithelial cells leads to opposite effects on the development of colitis *in vivo*.

The role of p38 α in myeloid cells is known to be primarily in inflammatory responses¹⁷, and here we show that p38 α in intestinal epithelial cells is important for regulating goblet cell differentiation and epithelial cell proliferation. Secretory lineage cell differentiation in the intestine is regulated by regulating transcriptional factors *Atoh1* and *Hes1*. Our results suggested that p38 α may work downstream of or independent from *Hes1* to influence the expression of *Atoh1*. *Atoh1* expression can also be regulated by the transcriptional factor Pax6, and p38 is necessary for Pax6 to achieve its transactivation activity³², the decreased expression of *Atoh1* in the intestine could be due to the defect in p38-mediated activation of Pax6 activity.

Using a γ -secretase inhibitor we confirmed that p38 inhibition caused reduction of intestinal cell differentiation into goblet cells and that increasing intestinal cell proliferation is harmful in colitis. Since γ -secretase inhibitors were originally developed for Alzheimer's disease, with some currently in Phase III clinical trials, and p38 inhibitors are also in clinic trials (<http://clinicaltrials.gov/>), a combination therapy might be a viable therapeutic option for colitis in the near future.

In conclusion, we show that p38 α exerts different functions in myeloid cells and intestinal epithelial cells in the course of colitis in mice. The unclear and undesired outcomes by global inhibition of p38 α may arise from the different effects of p38 α inhibition in different tissues or cell-types. Based on this notion and the recent attention on tissue-specific functions of various signaling molecules³³⁻³⁵, tissue-specific p38 α inhibition or simultaneous rescue of the undesired effects induced by global p38 inhibition, as shown here, should be taken into consideration for more efficacious intervention in this pathway.

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

Acknowledgments

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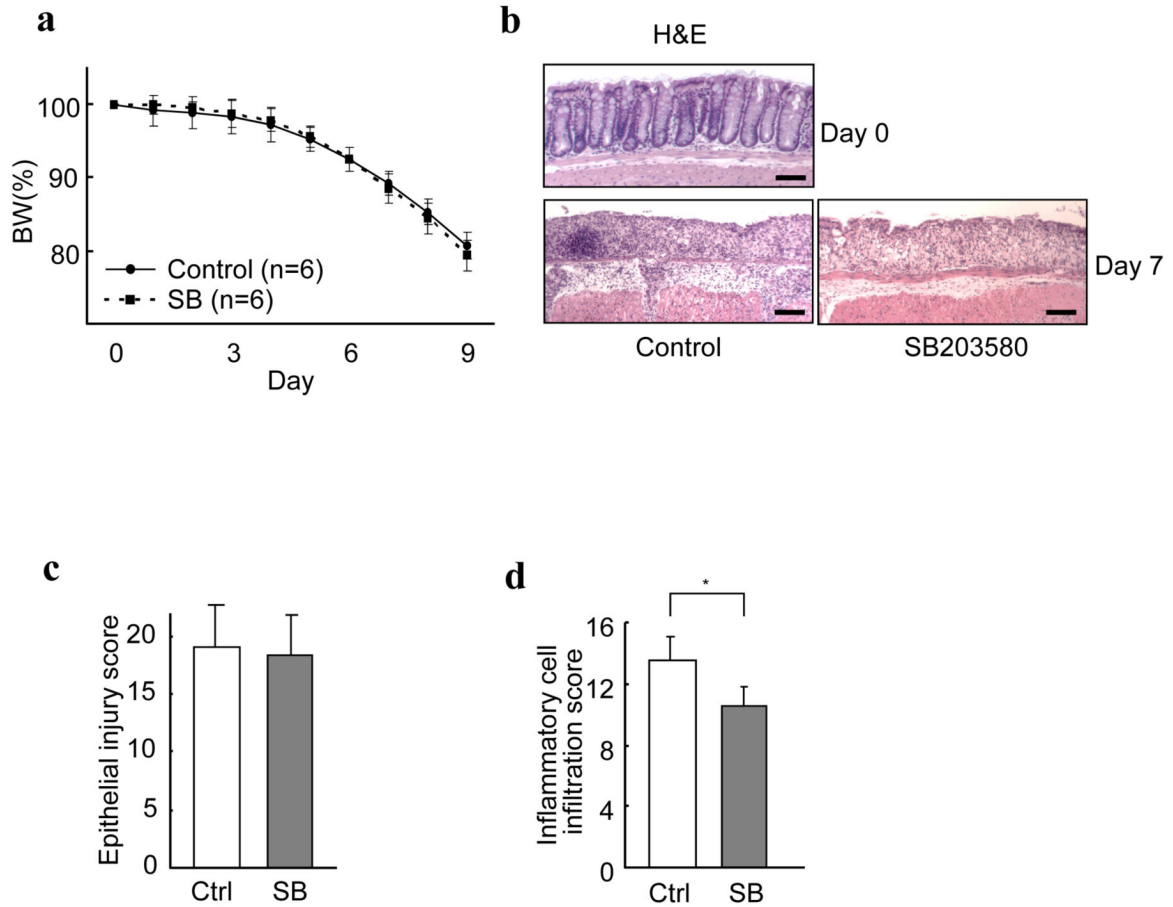
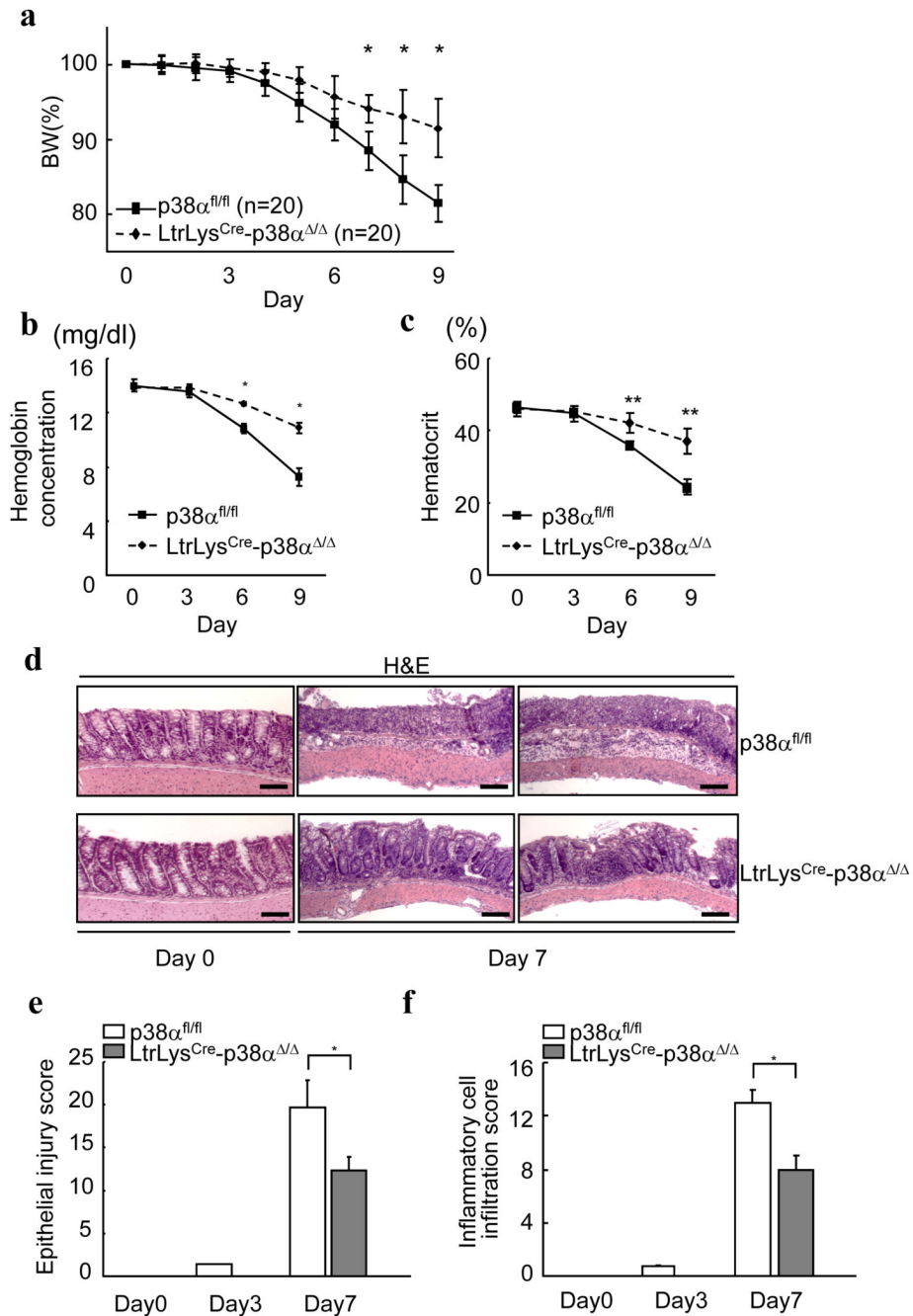


Figure 1.

The p38 inhibitor SB203580 inhibits the inflammatory cell infiltration into colonic mucosa during DSS-induced colitis, but does not improve clinical symptoms. **(a)** No difference in body weight changes during the course of colitis between control and SB203580 (SB)-treated mice. C57Bl/6 mice were treated daily with control vehicle or SB. Mice were given 3.5% DSS in drinking water for 6 days, and body weight was recorded daily. Data are presented as mean \pm s.d. **(b)** More inflammatory cell infiltration is seen in the colonic mucosa of control mice than those treated with SB. Representative photomicrographs of each hematoxylin and eosin (H&E)-stained colons at approximately 30 mm from the anal canal of mice treated with control vehicle or SB203580 at 7 days after the initiation of DSS administration. The section before colitis induction (day 0) is shown as a reference (top panel). Four other mice sets showed similar results. Bars, 100 μ m. **(c, d)** Histological scoring of epithelial injury in colons **(c)** and inflammatory cell infiltration into colonic tissues of mice **(d)** treated with control vehicle or SB at 7 days after the initiation of DSS administration. The degree of epithelial injury was similar but the inflammatory cell infiltration was greater in SB-treated mice. The scoring was performed as described in the “Methods” section. Results are presented as mean \pm s.d. ($n = 8$ per group from two independent experiments). * $p < 0.05$.

**Figure 2.**

Less severity of clinical and pathological parameters of LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice during DSS-induced colitis. **(a)** Mice with p38 α wildtype and myeloid deletion (LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$) were given 3.5% DSS in their drinking water for 6 days and body weight was recorded. Data are presented as mean \pm s.d. * p < 0.05. **(b)** Hemoglobin concentration and **(c)** Hematocrit values of peripheral blood taken at indicated time points after the initiation of DSS administration. Data are presented as mean \pm s.d. (n = 4 per group). * p < 0.01, ** p < 0.05. **(d)** Representative photomicrographs of hematoxylin and eosin (H&E)-stained colons of p38 $\alpha^{fl/fl}$ and LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice at 0 and 7 days after the initiation of DSS administration. No significant differences in the colon appearances between p38 $\alpha^{fl/fl}$ and LtrLys^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice at day 0,

but p38 $\alpha^{fl/fl}$ mice exhibited more severe inflammation at day 7. Similar results were obtained from three other mice sets. Bars, 100 μm . **(e, f)** Histological scoring of epithelial injury in colons **(e)** and inflammatory cell infiltration into colonic tissues of mice **(f)** at 0, 3, and 7 days after the initiation of DSS administration. The scoring algorithm is described in the “Methods” section. Results are presented as mean \pm s.d ($n = 4$ per group). * $p < 0.01$.

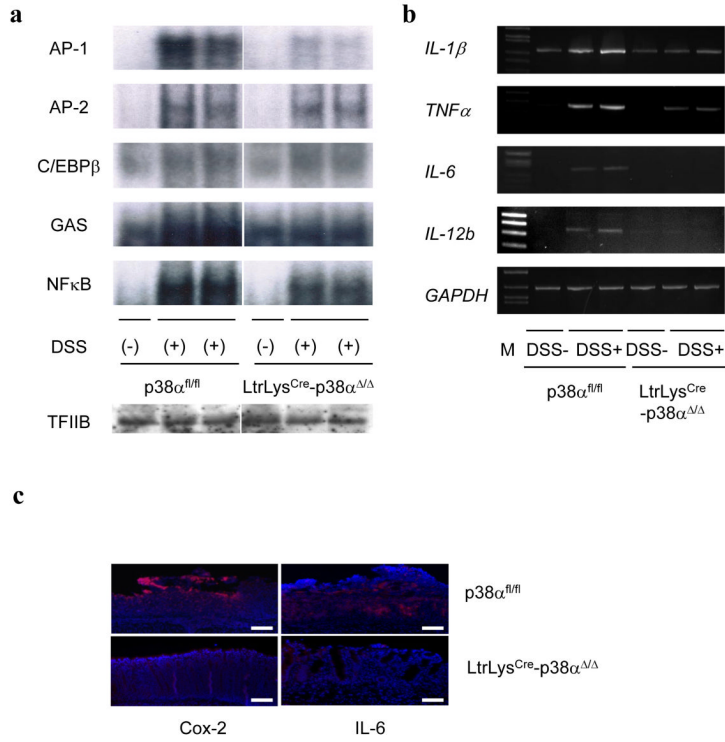


Figure 3. (a) Induction of inflammation-related transcriptional factor activities in the colons of DSS-treated mice. Nuclear extracts of colonic mucosa prepared 0 and 9 days after initiation of DSS administration were analyzed for AP-1, AP-2, C/EBPβ, GAS (IFN-γ-activated sequences), and NF-κB DNA-binding activities (Electrophoretic mobility-shift assay; EMSA). Equal protein recovery in nuclear extracts was verified by immunoblotting with antibodies against TFIIB. Results using two independent p38α^{fl/fl} and LtrLys^{Cre}-p38α^{Δ/Δ} mice each are shown. (b) Induction of inflammation-associated genes in the colons of DSS-treated mice. Colonic RNA isolated 9 days after the initiation of DSS treatment was analyzed by semi-quantitative RT-PCR for *IL-1β*, *TNFα*, *IL-6*, *IL-12b* (*IL-12p40*), and *GAPDH*. Results from two separate p38α^{fl/fl} and LtrLys^{Cre}-p38α^{Δ/Δ} mice after DSS treatment are shown. (c) Representative photographs of immunofluorescent detection of Cox-2 and IL-6 in the inflammatory lesions. Colon sections prepared at 7 days after the initiation of DSS administration were analyzed by indirect immunofluorescent staining for Cox-2 and IL-6 (red), and counterstaining of DNA with DAPI (blue). Bars, 100 μm.

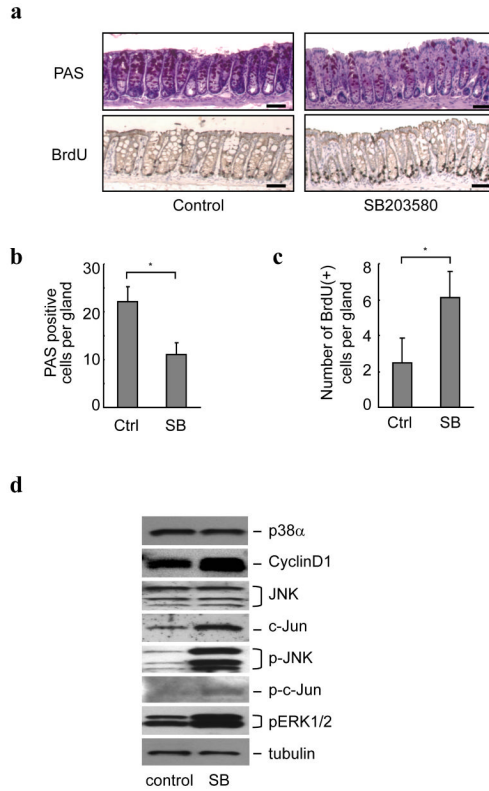


Figure 4. p38 inhibitor inhibits intestinal goblet cell differentiation and promotes intestinal epithelial cell proliferation. **(a)** PAS-positive goblet cells were less, but BrdU-positive proliferating cells were more in intestinal epithelial cells of SB203580-treated mice. Representative photomicrographs of PAS- and BrdU-stained colons at approximately 30 mm proximal from the anal canal of C57Bl/6 mice with and without SB203580 treatment for 3 days are shown. Mice were injected with 1mg/ml BrdU and sacrificed 2 hrs later. Adjacent sections were used for these PAS and BrdU staining. Four mice were used in one group and showed similar results. Bars, 100 μ m. **(b, c)** Average numbers of PAS-positive cells **(b)** and BrdU-positive cells **(c)** per gland are shown. Cells were counted in 80 randomly chosen glands from four mice in each group. Error bars represent \pm s.d. * $p < 0.01$. **(d)** Total extracts from the colon mucosa of C57Bl/6 control mice (control) and mice treated with SB203580 for 48 hrs (SB) were analyzed by immunoblotting using the indicated antibodies. The result shown is a representative of three independent experiments using three mouse sets.

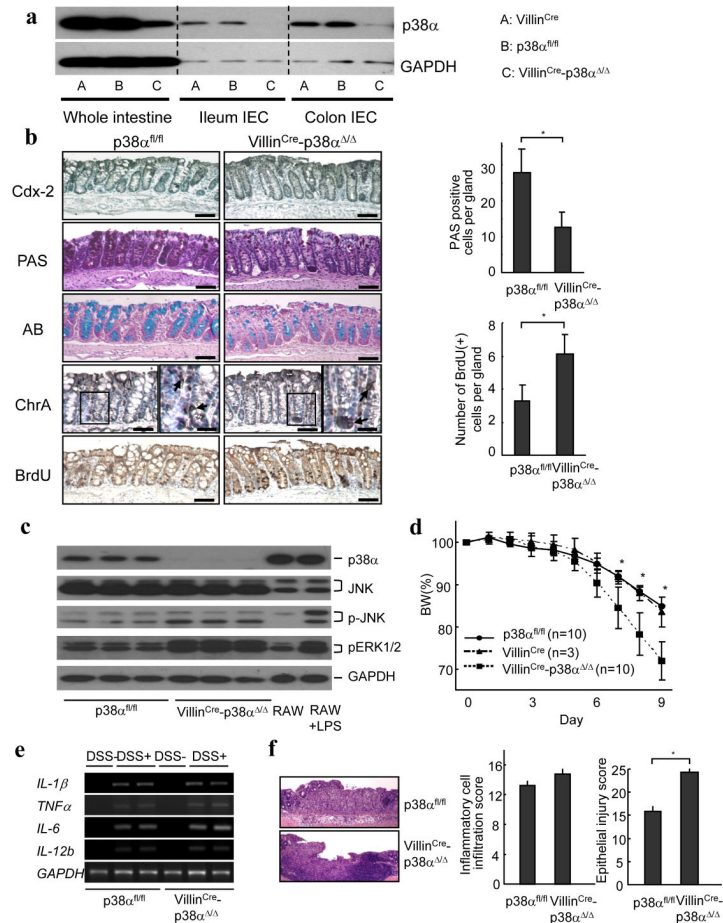


Figure 5. $p38\alpha$ activity in intestinal epithelial cells is required for intestinal epithelial homeostasis and protection from DSS-induced colitis. **(a)** Specific deletion of $p38\alpha$ in the intestinal epithelial cells in $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice. $p38\alpha$ expression in the whole colon tissue, isolated ileum epithelial cells, and isolated colon epithelial cells of $Villin^{Cre}$, $p38\alpha^{fl/fl}$, and $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice were analyzed by immunoblotting. The result is representative of three independent experiments using different mice. **(b)** (Left panel) Histological and immunohistochemical analyses of the $p38\alpha^{fl/fl}$ and $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice colon. No gross differences were detected in the number of Cdx-2 positive enterocytes (Cdx-2), and the number of Chromogranin A positive enteroendocrine cells (ChrA), but PAS staining (PAS) and Alcian Blue staining (AB) revealed a reduction in goblet cell population in the colon epithelium of $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice. BrdU-positive proliferating cells were greater in $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice colons. The sections are 30 mm proximal from the anal canal. Adjacent sections were used for all the staining. Bars are 100 μ m, except enlarged photos in chromogranin A staining. Close examination of the colon denoted by the boxes in the left panels of chromogranin A staining are shown at a higher magnification in the right panels (bars, 25 μ m) and the positive cells are indicated by arrows. Similar results were obtained from three independent mice sets. (Right panel) Average numbers of PAS-positive cells (upper) and BrdU-positive cells (lower) per gland in the $p38\alpha^{fl/fl}$ and $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice colon are shown. Cells were counted in 80 randomly chosen glands from three mice in each group. Error bars represent \pm s.d. * $p < 0.01$. **(c)** Protein extracts from isolated colon epithelial cells of $p38\alpha^{fl/fl}$ and $Villin^{Cre}$ - $p38\alpha^{\Delta/\Delta}$ mice were analyzed by immunoblotting using the indicated antibodies. The results

from three separate mice in each group are shown. As controls, protein extracts from RAW264.7 cells with and without LPS stimulation for one hour were used. **(d)** More severe body weight loss in Villin^{Cre}-p38^{Δ/Δ} mice during the DSS-induced colitis. p38^{fl/fl} control and Villin^{Cre}-p38^{Δ/Δ} mice were given 3.5% DSS in their drinking water for 6 days and body weight was recorded daily. Mice expressing villin-cre only with no p38 floxed alleles (Villin^{Cre}) were also included to rule out the possibility of the influence of cre. Data are presented as mean ± s.d. **p* < 0.05. **(e)** Expression of inflammation-associated genes in the colons of p38^{fl/fl} and Villin^{Cre}-p38^{Δ/Δ} mice after DSS treatment. Colonic RNA was isolated 7 days after the initiation of DSS treatment and analyzed by semi-quantitative RT-PCR. Results from two separate p38^{fl/fl} and Villin^{Cre}-p38^{Δ/Δ} mice are shown. **(f)** (Left panel) Representative photomicrographs of hematoxylin and eosin-stained colons of p38^{fl/fl} and Villin^{Cre}-p38^{Δ/Δ} mice at 7 days after the initiation of DSS administration. Mice in both groups exhibited severe intestinal inflammation, but Villin^{Cre}-p38^{Δ/Δ} mice showed more severe and extensive epithelial injury. Similar results were obtained from the other three mice sets. Bars, 100 μm. (Right panel) Histological scoring of inflammatory cell infiltration and epithelial injury in colonic tissues of mice at 7 days after the initiation of DSS administration. Results are presented as mean ± s.d (*n* = 4 per group). * *p* < 0.05.

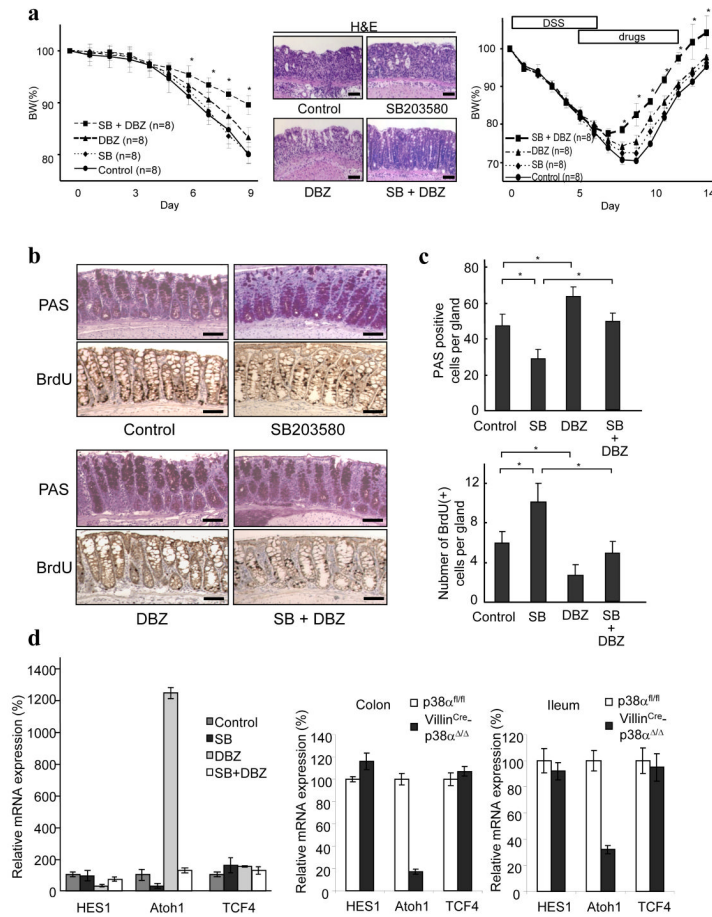


Figure 6.

Colitis activities are attenuated by a combination therapy of a p38 inhibitor and a γ -secretase inhibitor. **(a)** (Left panel) C57Bl/6 mice were treated daily with control vehicle, SB203580 (SB), γ -secretase inhibitor (DBZ), or a combination of SB and DBZ. Mice were given 3.5% DSS in their drinking water for 6 days and body weight was recorded daily. Data are presented as mean \pm s.d. * p < 0.05 compared with vehicle group. (Middle panels) Hematoxylin and eosin (H&E)-stained colons at approximately 30 mm from the anal canal of mice treated with vehicle, SB, DBZ, and SB plus DBZ, 7 days after the initiation of DSS administration. Similar results were obtained from three mice in each group. Bars, 100 μ m. (Right panel) C57Bl/6 mice were given 3.5% DSS in their drinking water for 6 days and body weight was recorded daily. SB, DBZ, SB+DBZ and control (10% DMSO in normal saline) were injected into mice on Day6 and thereafter as indicated. The combined therapy of SB203580 and DBZ showed statistically significant improvement after the establishment of DSS-induced colitis. Data are presented as mean \pm s.d. * p < 0.05 compared with the vehicle-treated control mice. **(b)** Photomicrographs of PAS-stained and BrdU-stained colons of mice treated with vehicle, SB, DBZ, and SB plus DBZ for 3 days. Mice were injected with 1mg/ml BrdU and sacrificed 4 hrs later. Sections at approximately 30 mm proximal from the anal canal are shown. Adjacent sections were used for both PAS and BrdU staining. Three independent groups showed similar results. Bars, 100 μ m. **(c)** Average numbers of PAS-positive and BrdU-positive cells per gland (45 randomly chosen glands were counted from three mice) are shown. Error bars represent \pm s.d. * p < 0.05. **(d)** (Left panel) The results of real-time PCR are shown using isolated colon epithelial cells from mice treated with vehicle, SB, DBZ, and SB plus DBZ for 3 days. The expression levels in vehicle-treated mice were set at 100. Results are presented as mean \pm s.d. from three

independent experiments (n = 6 in total). (Right panels) The results of real-time RT-PCR using isolated colon and ileum epithelial cells from p38 $\alpha^{fl/fl}$ and Villin^{Cre}-p38 $\alpha^{\Delta/\Delta}$ mice. The expression levels in p38 $\alpha^{fl/fl}$ mice were set at 100. Results are presented as mean \pm s.d from three independent experiments (n = 6 in total).