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# Hematopoietic Stem Cell Transplantation for MDS

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### **Abstract**

Hematopoietic stem cell transplantation (HSCT) offers potentially curative therapy for patients with myelodysplastic syndromes (MDS). However, as the majority of patients with MDS are in the 7<sup>th</sup> or 8<sup>th</sup> decade of life, conventional transplant regimens have been used only infrequently, and only with the development of reduced-intensity conditioning has transplantation been applied more broadly to older patients. Dependent upon disease status at the time of transplantation, 30–70% of patients can be expected to be cured of their disease and survive long-term. However, post-transplant relapse and graft-versus-host disease (GVHD) remain problems and further instigations are needed.

### Keywords

Transplantation for MDS; conditioning intensity; cytogenetics and relapse

### INTRODUCTION

The myelodysplastic syndromes (MDS) comprise a heterogeneous group of clonal bone marrow diseases characterized by ineffective production of normal mature blood cells and peripheral blood cytopenias. Generally required for the diagnosis are dysplastic changes in blood and marrow cells. In approximately one-third of patients, MDS will eventually evolve to acute myeloid leukemia (AML). A detailed description of the disease characteristics, including the cellular and molecular biology of MDS, is provided elsewhere in this volume.

Infections due to neutropenia and neutrophil dysfunction represent the leading cause of death in MDS. Life-threatening bleeding due to thrombocytopenia is another complication directly attributable to marrow failure. The most frequent presentation, however, is anemia. Red blood cell transfusion dependence and the resulting iron overload may lead to additional organ complications, particularly in heart, liver and endocrine organs. 4,5

For most patients with MDS, chemotherapy alone is not a viable treatment option. Only about 40% of patients will achieve remissions, which are generally of short duration.<sup>6–8</sup> For highrisk MDS patients, 3-year survival rates after chemotherapy are in the range of only 5%.<sup>9</sup>

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Currently the only therapy with proven curative potential for MDS is hematopoietic stem cell transplantation (HSCT),10<sup>-</sup>13 with long-term survival rates between 25% and 70%.14<sup>-</sup>17 However, HSCT carries a risk of toxicity and potentially fatal complications, particulary in older patients. Given the frequently slow progression in low-risk MDS, the risk of treatment-related mortality (TRM) must be carefully weighed against the potential benefits of transplantation. Patient characteristics, timing of transplantation, and choice of conditioning regimen have to be considered. Thus, the questions are: transplantation for whom, when, and how? Should induction chemotherapy be given before HSCT? What should be the source of stem cells? Should the graft be T-cell depleted? How can one optimize the rate of engraftment and the graft-versus-tumor effect (GvT) while minimizing the incidence of graft-versus-host disease (GvHD) and TRM? The present chapter will focus on these questions.

### GENERAL CONSIDERATIONS

MDS originates in hematopoietic stem or precursor cells, and the goal of HSCT is to replace those cells and their progeny with cells from a healthy donor. Successful allogeneic HSCT requires that 1) healthy donor cells are able to establish themselves (engraft) in the patient, and 2) the abnormal (malignant) cells responsible for the patient's disease are eliminated or inactivated.

To allow donor cell engraftment it is generally necessary that the patient is "conditioned," i.e. the immunological barrier, which protects the body against intrusion by foreign organisms or cells, must be overcome. <sup>18</sup> T-cell mediated host-versus-graft reactions seem to be the main cause of rejection, in addition to natural killer (NK)-cell effects.

Conditioning can include various immunosuppressive drugs, chemotherapeutic agents or irradiation, and new regimens are continously being developed and tested. Regimens are often categorized as conventional/high-dose (myeloablative conditining [MAC]), reduced intensity (RIC), or low-dose/non-myeloablative conditioning (NMC).<sup>21</sup> However, a review of the literature shows that there is a spectrum of regimens which basically form a continuum,22 and any categorization must remain artificial. Nevertheless, it is clear that the extent of toxicity correlates with conditioning intensity, and in general the probability of relapse is higher the lower the regimen intensity.23 This is particularly true with transplantation for advanced disease. An important potential advantage of RIC is the ability of autologous marrow function to recover if the donor graft is rejected.

An undesired consequence of currently used conditioning regimens is that the defense against infectious organisms is also disrupted, and the fact that most conditioning regimens damage the anatomical tissue barriers (skin, mucosa) further enhances the risk of infections. This was one rationale for the development of RIC regimens, which cause less tissue toxicity than conventional high-dose regimens, which in turn translates into lower acute non-relapse mortality (NRM). The development of these RIC regimens has also allowed to offer HSCT to older individuals who, until recently, were not considered transplant candidates <sup>23</sup>;24 and TRM in various HSCT regimens has steadily declined in recent years.25;26

A second purpose of the conditioning regimen is to ablate the abnormal cells responsible for the patient's disease. While the conditioning regimens are generally effective in killing a large proportion of tumor cells, we rely on the immuno-therapeutic effect of donor cells for complete disease eradication. The lower the conditioning intensity, the more the patient's cure will depend upon this GvT effect. <sup>22</sup> In clinical studies, there is a strong correlation of GvT effect and GvHD, in particular chronic GvHD. <sup>18;27</sup> While recent research suggests that it may be possible to separate a GvT effect from the reactions that cause GvHD,28;29 clinically we have yet to show that such a separation is possible. Even if patients achieve remissions following HSCT, relapse remains a problem, especially in advanced MDS.30;31 The immunological

effects of HSCT, and consequently the risk of relapse and GvHD, depend upon the conditioning regimen, the nature of the graft, i.e. degree of human leukocyte antigen (HLA)-match, stemcell source (bone marrow, peripheral blood or umbilical cord blood) and GvHD prophylaxis, among others.

Only about 25% of patients will have HLA identical sibling donors (or matched related donors other than a sibling). However, large volunteer "donor banks" have been set up, and currently, an HLA-matched unrelated donor can be identified for about 50-60% of Caucasians; the proportion is lower for African Americans, and may be as low as 10% in some ethnic minorities. 32,33 If a patient and sibling have inherited the same paternal and maternal chromosomes 6, they should be genotypically identical for HLA-A, -B, -C, -DR, and -DQ, i.e. show a "10 out of 10" match. The only exception would be if a crossover has occurred. When we search for unrelated donors and typing by high resolution is available, we have the same objective of finding a "10 out of 10 match". Lesser degrees of matching may be acceptable for some indications. With increasing degrees of mismatching, there is a higher probability of nonengraftment (particularly with HLA-C disparities) and a higher probability of GVHD. For patients without an HLA-matched related or unrelated donor, cord blood cells or cells from a haploidentical related donor may offer alternatives.34<sup>-</sup>36 Cord blood has the advantage of "immaturity", allowing to transplant HLA-mismatched cells without a significant increase in GvHD incidence. A drawback is the limited number of cells available, often associated with a marked delay in engraftment.37 The use of two units of cord blood or in vitro "expansion" of the cord blood before infusion has partially overcome this limitation.38<sup>-40</sup>

Initial results with haploidentical HSCT are encouraging. Graft failure presents only a minor problem, and GvHD rates have been surprisingly low, with relapse-free survival (RFS) and NRM comparing favourably with results from other HLA non-identical transplants. It is clear, of course, that in addition to HLA antigens, so-called "non-HLA" or "minor" antigens (which are presented by HLA antigens) are involved in allogeneic interactions and GVHD (otherwise, no GVHD should be observed in HLA-genotypically identical sibling transplants). It is currently not routine to type donor and patient for those minor antigens.

In addition, research in recent years has shown that antigens typically expressed on NK cells, in particular, KIR antigens are involved in donor/host interactions and may play an essential role in tumor cell elimination.

### RISK ASSESSMENT AND SCORING

Several MDS scoring systems have been developed and are used to identify patients who are likely to benefit from HSCT.

#### Multiparameter prognostic scoring systems

The International Prognostic Scoring System (IPSS),<sup>2</sup> used widely to assess patient prognosis, has also proven a reliable indicator of the probability of transplant success. The higher the IPSS score, the lower RFS.11;41 A major point of criticism is that the instrument's predictions are based on data from time of diagnosis,42 although one recent study showed that if recalculated at the time of transplantation, the IPSS retained its predictive power.<sup>41</sup> The more recently developed WHO Prognostic Scoring System (WPSS)<sup>5</sup> includes WHO classification, karyotype and transfusion dependence. In contrast to the IPSS it allows for real-time assessment of prognosis. A recent study validated its applicability to HSCT.43

Another recent addition is the Simplified MDS Risk  $Score^{44}$  that includes poor performance status, older age, thrombocytopenia, anemia, increased marrow blasts, leukocytosis, chromosome 7 or complex ( $\geq$ 3) abnormalities and earlier transfusions as adverse risk factors.

It has been validated for secondary MDS and a cohort of de novo MDS patients.<sup>45</sup> Whether this system is truly simpler than others remains to be seen, but its value might lie in the fact that it incorporates performance status, which in turn might reflect comorbidities. A possible relevance in the context of HSCT remains to be determined.

### Cytogenetics

A patient's karyotype is the most powerful predictor of RFS after HSCT for MDS.<sup>2;43;46</sup> This has led Armand et al. to re-examine the cytogenetic risk stratification of MDS in regards to the impact on transplant outcome.<sup>47</sup> Their data, recently validated in a multi-center analysis, indicate that MDS patients can be separated into two groups, good/intermediate versus poorrisk cytogenetics, with significantly differing outcome post-HSCT.<sup>42;48</sup>

### **Flowcytometry**

Several studies have analyzed immunophenotypic aberrancies of MDS marrow cells and determined their prognostic relevance. <sup>49;50</sup> Wells et al. <sup>51</sup> developed a flow scoring system and showed a correlation of the severity of flow-cytometric aberrancies and the probability of relapse after HSCT. Strikingly, this was true even for patients with less than 5% marrow blasts at the time of HSCT. <sup>49</sup> Presumably, differences in gene expression underly the observed immunophenotypic abnormalities, and gene expression profiling has been shown to predict the risk of progression of MDS to AML. <sup>52</sup>

### Transfusion dependence and iron overload

Several recent studies53<sup>-59</sup> suggest that transfusion dependence (reflected in the WPSS) and iron overload have a negative impact on outcome after HSCT. The significance of elevated ferritin levels, however, is controversial, as ferritin may be elevated for various reasons, in particular inflammation. As such, a high ferritin level may reflect a different underlying disease process, rather than iron overload, although iron can contribute to inflammation. Liver iron content seems to be a more specific marker of iron overload, <sup>60</sup>;61 with non-invasive assessment procedures being developed.56;58 It has been postulated that treatment of iron overload may improve outcome following HSCT, <sup>55–58</sup> although this is a matter of controversy.

Transfusion dependence is also linked to marrow fibrosis, the presence of which has long been recognized as being associated with accelerated disease progression in patients with MDS. Recent studies<sup>58</sup> confirm those findings, and one study at least has shown a negative impact of fibrosis on post-HSCT outcome, particularly in patients with more advanced MDS.<sup>62</sup>

### Age and comorbidity

Until the mid 1990s few patients over 55 years were offered allogeneic HSCT63 due to higher NRM in older patients. As only about 25% of MDS patients are younger than 60 years,2;64 efforts have focused on reducing the elevated risk of NRM associated with older age by modifying conditioning regimens (as discussed above), supportive care and complication management. Recent successfully transplanted cohorts included patients with median ages of 55–60 years, with some patients older than 70 years.63

Much of the negative impact of age on prognosis appears to be due to the frequency of comorbid conditions with older age. All Sorror et al. developed a HCT-specific comorbidity index (HCT-CI)65 for risk assessment prior to transplantation, introducing objective laboratory and functional testing data, thereby modifying the Charlson Comorbidity Index. 66 The instrument has been validated for lymphoma and myeloma patients, 67 and for a mixed patient sample. 68 A multivariate analysis showed that the HCT-CI had greater predictive power for toxicities, NRM and overall survival after RIC HSCT than the Karnofksy Performance Score (KPS), but

these findings were not confirmed in a Canadian study.<sup>69</sup> However, the instruments measure two distinct patients characteristics, as evidenced by their weak correlation with each other. A combination of comorbidity and performance status assessment allows a more refined risk-stratification for HSCT.65

### TIMING OF TRANSPLANTATION

Determining the optimal timing of HSCT for MDS has proven difficult since it involves weighing the benefit of early transplantation (reduced risk of disease progression and relapse) with high TRM (in some studies as high as 20–25%), especially in patients in whom disease progression (even without HSCT) may be slow.<sup>2</sup>;11

Generally, shorter disease duration before HSCT is linked to improved overall survival, decreased TRM and increased RFS. Lower blast count (based on FAB classification) and younger age are also linked to more favorable outcome. Cutler et al. used a Markov model, involving a nontranplantation cohort and two patient cohorts receiving HLA-identical sibling transplants after high-dose conditioning, to determine the optimal timing of HSCT for MDS. They showed that patients with high or intermediate-2 risk by IPSS did benefit from early transplantation, while transplantation should be delayed for low-risk patients until evidence of disease progression. Intermediate-1 patients should probabaly be evaluated on a case by case basis.71 While this analysis was restricted to patients transplanted from HLA-identical siblings, most transplant centers apply this approach also to patients transplanted from unrelated donors.

Al-Ali et al. found that outcome after allogeneic (and autologous) HSCT was best if transplantation was performed between 6–12 months after diagnosis, with higher overall survival and lower TRM than observed in patients transplanted later. They attributed the negative effect of later transplantation to frequent blood transfusion, longer duration of pancytopenias, and increased risk of progression during the waiting period for HSCT.<sup>73</sup>

If transplantation has to be delayed, for example because of a lengthy search for an unrelated donor (median time 2–3 months;74 median time from diagnosis to HSCT 12.9 months in the US;75 median search duration 22 days for 549 patients in Germany76), 'bridging' treatment with hypo-methylating agents may delay progression to AML before HSCT.72 Such a strategy is especially relevant for MDS patients with IPSS intermediate-2 or high-risk disease, where the average time to AML progression may be short.<sup>2</sup>

# PRETRANSPLANT INDUCTION CHEMOTHERAPY AND THE USE OF HYPOMETHYLATING DRUGS

Studies linking elevated pre-transplant blast counts to increased risk of relapse <sup>17</sup> have led to investigations into the benefit of pre-transplant induction chemotherapy <sup>30;77</sup> for RFS after HSCT. Induction chemotherapy plays an important role in autologous HSCT, since this transplant modality requires that the patient be in remission; <sup>46</sup> for allogeneic HSCT, the indication is less clear. Several retrospective studies suggest that patients who achieve remission after induction chemotherapy have a lower risk of relapse after HSCT than patients who do not respond to induction chemotherapy. <sup>72;78;79</sup> It is still controversial whether this approach affects RFS. <sup>78;80;81</sup>

It is conceivable that the effect of pre-transplant chemotherapy consists in selecting treatmentsensitive patients.<sup>43</sup> To address these questions, the European Bone Marrow Transplant (EBMT) group is currently conducting a prospective randomized phase III trial investigating

the impact of pre-HSCT induction therapy on relapse rates after HSCT (EBMT Study code:  $Allo-MDS2\times2$ ).

Hypomethylating agents are emerging as an alternative to classic induction chemotherapy.72 In a recent retrospective study of therapy before allogeneic HSCT, overall survival, RFS, and cumulative incidence of relapse after 1 year were 47%, 41%, and 20%, respectively, for patients with MDS (and CML) receiving 5-azacytidine, compared to 60%, 51%, and 32% for non-5-azacytidine treated patients. Pre-transplant administration of 5-azacytidine resulted in a trend to reduced risk of relapse.82 In 17 patients with MDS, the hypomethylating drug 2-deoxy-5-azacytidine (decitabine) did not negatively affect toxicity after HSCT, and disease downstaging may improve HSCT outcome.83 However, responses to both, 5-azacytidine and decitabine are often delayed; in cases requiring urgent action (e.g. due to high risk of progression), induction chemotherapy may be preferable.30

### CONDITIONING REGIMENS

Intensive research in recent years has been geared toward minimizing the toxicity while optimizing the efficacy of conditioning regimens. However, there is no one-size-fits-all conditioning regimen. However, there is no one-size-fits-all conditioning regimen. Instead, conditioning should be tailored to diagnosis, disease stage, patient age, prior therapy, comorbidities and the other components of HSCT, such as donor and stem cell source. 11;31

While conventional conditioning is associated with a lower risk of relapse, <sup>30</sup> its toxicity makes it unsuitable for many patients with comorbidities, and it is generally only offered to patients under 65 or 60 years of age with suitable related or unrelated donors, respectively. <sup>11</sup> For MDS patients over 60 years, <sup>64</sup> and those with comorbidities, RIC is a viable alternative. While it is associated with a higher risk of relapse, this is possibly offset by lower TRM, <sup>84;85</sup> thereby offering equivalent overall survival and RFS, <sup>30;46;84–86</sup> although no prospective randomized study of comparable patients has been conducted so far. Even patients over 70 years have been transplanted successfully using RIC. <sup>87;88</sup> These results from retrospective studies should be interpreted with caution, because of likely bias in patient selection. <sup>85;89;90</sup> Only prospective studies will allow a definite comparison.

### DONOR SELECTION

The policy at most centers currently is to search for HLA-identical siblings. If no sibling is available, then an attempt is made to identify HLA-matched unrelated donors. Cord blood is being used as a third option. However, various centers have focused their research on the use of cord blood and might use this source of stem cells even instead of searching for a living unrelated donor. Further, efforts are underway to utilize haploidentical transplants more frequently since preliminary observations suggest a low rejection frequency and a surprisingly low incidence of GVHD. However, this approach must be considered investigational, and further data are required before firm recommendations can be made.

### STEM CELL SOURCE AND MANIPULATION

Stem cells obtained by bone marrow (BM) aspiration, umbilical cord blood cells (UCB) and granulocyte colony stimulating factor (G-CSF) mobilized peripheral blood progenitor cells (PBPC) lead to different outcomes, due to different GvHD and GvT effects, the number and nature of cells transplanted, and the relative maturity or activation of cells. <sup>18</sup>

A retrospective EMBT study,91 in agreement with data from FHCRC12 showed that the use of G-CSF mobilized PBPC for HSCT from related donors in patients with MDS was associated with lower treatment failure rates (relapse and refractory disease) than the use of marrow in

all MDS subgroups except refractory anemia.. Data from a recent Markov decision model of choice between BM and PBPC grafts in HLA-matched related donor HSCT92 involving 1111 adult patients conditioned with high-dose regimens and given unmanipulated grafts, showed significantly higher survival and better quality of life with PBPC, mainly due to lower risk of relapse, despite a higher incidence of GvHD. How PBSC compares to BM in unrelated HSCT is controversial,93:94 but a randomized prospective study in unrelated transplant recipients was just recently completed, and results are pending (Blood and Marrow Transplant Clinical Trials Network protocol 0201).

A third option is, as discussed, the use of UCB transplantation<sup>34</sup>;<sup>37</sup>;<sup>39</sup>;<sup>95</sup>;96 The introduction of two-unit transplants<sup>39</sup> has helped to overcome restrictions associated with the low cell dose of UCB units,<sup>95</sup> and in vitro expansion of UCB is emerging as a further option (reviewed in<sup>38</sup>). Few studies are available on the use of UCB in MDS (reviewed in<sup>97</sup>).

### WHAT CAN PATIENTS WITH MDS EXPECT FROM TRANSPLANTATION?

As discussed, many factors influence the outcome of HSCT. Two recent reviews offer a comprehensive compilation of current results. Kindwall-Keller and Isola<sup>97</sup> reviewed results of 24 studies that used high-dose conventional transplant conditioning and 30 studies that used RIC between 2000 and 2008. Oliansky et al.<sup>46</sup> attempted an "evidence based review" which included articles published between 1990 and 2008. Following below is a discussion of selected reports.

Warlick et al. studied 84 patients transplanted with marrow from related or unrelated donors or cord blood, following conditioning with conventional or RIC regimens.  $^{30}$  At 1 year, overall survival was 48%, cumulative relapse incidence 23%, and RFS 38%. The corresponding figures at 5 years were 31%, 25% and 29%, respectively. TRM at one year was 39%, and the incidence of acute GvHD was 43% for grades II-IV. The incidence of chronic GvHD at 1 year was 15%. RFS did not differ significantly by graft source or conditioning regimen. The probability of relapse was 18% for patients with  $\leq$  5% myeloblasts at HSCT and 35% for patients with  $\geq$  5% blasts. In patients with less than 5% blasts, conventional conditioning was associated with a lower risk of relapse compared to RIC (9% vs 31%), but the difference was non-significant in patients with more than 5% blasts. Conditioning intensity did not affect overall survival or RFS.

A study by de Witte et al. included an EBMT registry cohort of 374 patients with refractory anaemia (RA) or RA with ringed sideroblasts (RARS) receiving HLA-matched grafts after various conditioning regimems. At 4 years, overall survival was 52%, RFS 48%, relapse 15%, and NRM 37%. After adjusting for confounding factors, multivariate analysis showed increased risk of relapse after RIC compared to conventional conditioning, with a hazard ratio (HR) of 2.8. However, overall survival and RFS did not differ, due to lower NRM after RIC, with a HR of 0.8. HSCT from unrelated donors was associated with a lower relapse risk (HR 0.6), but higher NRM (HR 1.4) and overall survival did not differ significantly from that with related donors. Outcome did not differ between BM and PBSC grafts, while T-cell depletion was associated with higher NRM. Older age and transplantation more than 12 months after diagnosis adversely affected outcome.

An FHCRC study<sup>98</sup> analyzed outcomes in 257 patients with secondary MDS, including 103 whose disease had progressed to AML. Grades II-IV acute GvHD occurred in 67% of patients, and 57% developed chronic GvHD. The 5-year incidence of relapse was 33% for tAML, 36% for RAEB and 12% for RA/RARS. The 5-year RFS was 29% overall, 19% for tAML, 25% for RAEB, and 41% for RA/RARS. Outcomes were compared with results in 339 patients transplanted for *de novo* MDS/t-AML. Multivariate analysis failed to show significant differences between the two cohorts after adjusting for cytogenetic risk. Relapse probability

and RFS significantly correlated with disease stage (p<.001) and karyotype (p<.001). Patients receiving unrelated donor transplants (n=122) had a lower risk of relapse (p=.003) and higher RFS (p=.02) compared to those receiving grafts from related donors. Conditioning with (t) BUCY (n=93) was associated with the highest RFS (43%) and lowest NRM (28%).

In a retrospective multicenter study, Martino et al. <sup>85</sup> analyzed HSCT outcomes in 836 patients with MDS transplanted from HLA-identical sibling donors after RIC (n=215) or conventional conditioning (n=621). For the conventional and RIC cohorts, 3-year NRM was 32% vs. 22%, overall survival 45% vs. 41%, and RFS 41% vs. 33%. The cumulative incidence of acute GvHD was 58% vs. 43% at 100 days post-transplantation. Within 1 year, chronic GvHD developed in 52% vs. 45% of patients. Lack of complete remission before HSCT (p=.001), poor-risk karyotype (p=.03), diagnosis of tAML (p=.03), and age older than 50 years (p=.05) negatively affected RFS.

Lim et al. <sup>99</sup> prospectively evaluated the outcomes of 75 patients undergoing alemtuzumab-based RIC followed by unrelated donor HSCT. Actuarial 3-year TRM, RFS and overall survival, respectively, were 24%, 55% and 59% for patients with RCMD (n=28) and 44%, 18% and 18%, respectively, for patients with RAEB 1 and 2 (n=15). In multivariate analysis, HLA-mismatch adversely affected TRM, RFS and overall survival. Disease status at transplantation and comorbidity significantly influenced overall survival.

### MANAGING RELAPSE AFTER HSCT

While TRM after HSCT has progressively declined over the past decade, due to intesive efforts aimed at optimizing conditioning regimens, relapse has remained a major problem in all reports, but more so with RIC. Whether post-HSCT monitoring for disease progression or recurrence will be useful in instituting therapy for minimal residual disease (MRD), found helpful in other diseases, remains to be shown. BM cyto- and histomorphology, cytogenetic monitoring, PCR-assessment of molecular markers, assessment of donor-host chimerism and immunophenotyping 100 have all been applied.

In a recent study, MRD was found to significantly influence outcome after HSCT.  $^{101}$  MRD was assessed by counting cells with a "leukemia associated phenotype" as determined by flow-cytometry 100 days after transplant. Not surprisingly, patients with low MRD ( $<10^{-3}$ ) had better overall survival (73% vs. 25%) and RFS (74% vs. 17%) compared to those with high MRD ( $\ge10^{-3}$ ). Patients with low tumor burden and GvHD might benefit from intensified immunosuppression, reaping the benefit of reduced GvHD while running only a small risk of relapse due to reduced GvL effects.  $^{101}$ 

Various teams have administered pre-emptive donor lymphocyte infusions (DLI) in patients with relapse. <sup>102–</sup>108 It is not clear, however, how effective such a strategy will be eventually. Chemotherapy has generally been disappointing, and second HSCT in adults have been associated with a low success rate. 109

### **AUTOLOGOUS HSCT**

If no suitable matched donor is available, autologous transplantation of stem cells harvested during remission may be an option. Autologous HSCT has the advantage of transplantation without the risk of GvHD. Unfortunately, this also means the absence of a GvT effect, and consequently, increased risk of relapse. 73;110;111 With the development of UCB transplants and the use of haploidentical donors autologous transplants are being used rather infrequently in patients with MDS.

### SUMMARY AND CONCLUSIONS

Hematopoietic stem cell transplantation is currently the only treatment modality with proven curative potential. With the development of reduced-intensity conditioning regimens, it has been possible to offer HSCT to patients in the 7th and even 8th decade of life, an important consideration in view of age distribution of MDS. Further, the development of large unrelated donor registries, the availability of cord blood as a source of stem cells, and, most recently, the renewed interest in using haploidentical donors for transplantation allows to offer HSCT to a growing number of patients. While 20-25% of patients may suffer from chronic medical problems after HSCT, more than 70% report their quality of life as being "good to excellent" 1–2 years after transplantation. 92 It is clear, however, that despite all progress that has been made, with some patients now followed for more than 25 years after successful transplantation, disease recurrence and GVHD remain major hurdles. Great hopes are placed on immunotherapy after transplantation, but progress has been slow. With the availability of approved drugs for the treatment of MDS, ongoing studies are exploring the incorporation of those agents into the overall transplant approach. It will be of interest to follow both the impact of pre-transplant therapy and post-transplant adjuvant treatment with hypomethylating agents or lenalidomide on long-term success.

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