


Nuclear receptor Rev-erb α : a heme receptor that coordinates circadian rhythm and metabolism

Lei Yin, Nan Wu and Mitchell A. Lazar 

 Corresponding Author: lazar@mail.med.upenn.edu

University of Michigan School of Medicine, Ann Arbor, Michigan (L. Y.) and Division of Endocrinology, Diabetes, and Metabolism and The Institute for Diabetes, Obesity, and Metabolism, University of Pennsylvania School of Medicine, Philadelphia, Pennsylvania (N. W. and M. A. L.); (L. Y. and N. W. contributed equally to this work)

Nuclear receptor Rev-erb α (NR1D1), previously considered to be an orphan nuclear receptor, is a receptor for heme, which promotes transcriptional repression via recruitment of the NCoR-HDAC3 corepressor complex. Rev-erb α gene regulation is circadian, and Rev-erb α comprises a critical negative limb of the core circadian clock by directly repressing the expression of the positive clock component, Bmal1. Rev-erb α also regulates the metabolic gene pathway, thus serving as a heme sensor for coordination of circadian and metabolic pathways.

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Introduction to Rev-erb α

Rev-erb α (NR1D1) was discovered in 1989, and as such was one of the first orphan nuclear receptors (NRs) to be described [Lazar et al., 1990b; Miyajima et al., 1989]. Rev-erb α is now recognized to be the first member of an interesting NR subfamily that includes the highly related Rev-erb β [Bonnelye et al., 1994; Dumas et al., 1994; Retnakaran et al., 1994], as well as the ROR subfamily of orphan receptors (ROR) [Giguere et al., 1994]. A Rev-erb α homologue, called E75, is present in *Drosophila* [Segraves and Hogness, 1990]. The 3'-end of mouse Rev-erb α gene overlaps with that of mouse *TR α 2* gene [Lazar et al., 1990b; Miyajima et al., 1989]. It has been suggested that the presence of Rev-erb α transcripts may influence the alternative splicing of *TR α* by an antisense mechanism [Lazar et al., 1990a; Munroe and Lazar, 1991]. In mammals, Rev-erb α expression is highly regulated in both its tissue distribution and developmental profile. Indeed, knockout of Rev-erb α without perturbation of the *TR α* gene leads to a modest phenotype of reproductive abnormalities and delayed cerebellar development in mice [Chomez et al., 2000]. More importantly, Rev-erb α knockout mice show changes in their circadian rhythm of activity, which is characterized by a shorter period length and greater light-induced phase responsiveness than that of control mice [Preitner et al., 2002].

Rev-erb α is a potent repressor of gene transcription

Many NRs activate gene expression in the presence of a natural or pharmaceutical ligand, whose binding leads to a receptor conformation that allows tight interaction with transcriptional coactivators [McKenna and O'Malley, 2002]. In the absence of ligand, several NRs repress transcription, via recruitment of corepressors that specifically recognize the unliganded state [Hu and Lazar, 2000; Privalsky, 2004]. Binding of ligand thus induces a

conformational switch from the repressed to an activated state [Glass and Rosenfeld, 2000]. The major ligand-dependent conformational change is a movement of a C-terminal helix, called H12, towards the hydrophobic core of the NR, making contact with and stabilizing the ligand binding [Wurtz et al., 1996]. H12 is required for coactivator binding [Halachmi et al., 1994], and forms part of the coactivator binding surface of the NR [Feng et al., 1998; Shiau et al., 1998]. The remainder of the coactivator binding surface overlaps with the region of the NR that is bound by corepressor [Hu and Lazar, 1999; Marimuthu et al., 2002; Nagy et al., 1999; Perissi et al., 1999; Xu et al., 2002]. Indeed, whereas deletion of H12 abolishes coactivator binding, it markedly increases corepressor binding to TR, RAR, and RXR [Schulman et al., 1996; Zhang et al., 1999]. This is particularly relevant to Rev-erb α , which is unique among NRs in that it completely lacks H12 and is a potent and constitutive transcriptional repressor [Harding and Lazar, 1995].

The role of the NCoR/HDAC3 complex in repression by Rev-erb α

Rev-erb α interacts strongly with Nuclear Receptor CoRepressor (NCoR) [Zamir et al., 1996], which it binds preferentially over Silencing Mediator for Retinoid and Thyroid Receptors (SMRT) when bound to target DNA [Hu et al., 2001; Zamir et al., 1997a]. Knockdown of NCoR attenuates repression by Rev-erb α [Ishizuka and Lazar, 2003]. The class I histone deacetylase (HDAC), HDAC3, interacts stably and quantitatively with endogenous NCoR [Guenther et al., 2000; Li et al., 2000; Zhang et al., 2002]. The catalytic activity of HDAC3 actually requires interaction with NCoR or SMRT [Guenther et al., 2001; Zhang et al., 2002], and the HDAC3 activity of cellular N-CoR complexes is lost after knockdown of HDAC3, suggesting that HDAC3 is the major HDAC associated with N-CoR [Ishizuka and Lazar, 2005]. HDAC3 is required for the repressive activity of Rev-erb α [Ishizuka and Lazar, 2003], and is recruited by Rev-erb α to

endogenous target genes whose activity is de-repressed in the absence of HDAC3 [Yin and Lazar, 2005]. The role of other HDACs in Rev-erb α function is unclear at this time.

Determinants of genes that are targets for Rev-erb α repression

Like other NRs, the Rev-erb α DBD consists of two zinc-ordered modules creating a helix-turn-helix structure that recognizes the specific hexameric sequence "AGGTCA" [Umesono and Evans, 1989]. Rev-erb α binds DNA as a monomer, but only to extended half-sites in which an A/T-rich sequence is 5' to the AGGTCA [Harding and Lazar, 1995]. ROR, a constitutively active orphan NR, has a very similar DBD that binds DNA as a monomer to almost identical DNA sequences, called ROR elements (ROREs) [Giguere et al., 1995]. Structural analysis revealed that the C-terminal extension of the Rev-erb α DBD interacts with the A/T-rich 5' extension of the AGGTCA half-site that is required for high affinity binding [Zhao et al., 1998].

Many NRs bind to direct repeats of the "AGGTCA" site as a heterodimer with RXR [Mangelsdorf and Evans, 1995], and the spacing of the AGGTAC "half-sites" is a critical determinant of binding affinity and specificity [Umesono et al., 1991]. Unlike many other orphan NRs, Rev-erb α does not heterodimerize with RXR. Rev-erb α does bind specifically as a homodimer to tandem repeats spaced by two base pairs ("DR2"), but only when the 5' half-site of the DR2 is flanked by the A/T-rich sequence favored by the monomer; this is referred to as a Rev-DR2 [Harding and Lazar, 1995]. Unlike RXR heterodimers, the Rev-erb α homodimer is not stable in the absence of DNA, but does bind cooperatively to the DR2 [Harding and Lazar, 1995].

Rev-erb α is a potent repressor on the cooperatively bound Rev-DR2 [Harding and Lazar, 1995; Zamir et al., 1997b]. In addition, two Rev-erb α monomers bound independently to relatively widely spaced ROREs can also recruit NCoR to repress transcription [Harding and Lazar, 1995; Zamir et al., 1997b]. However, a single Rev-erb α molecule bound to a lone RORE cannot recruit NCoR [Zamir et al., 1997b]. This is because the stoichiometry of productive NCoR binding is two Rev-erb α molecules to one of NCoR [Zamir et al., 1997b], which is also true for other NRs such as TR [Cohen et al., 1998; Jeannin et al., 1998; Zamir et al., 1997b]. Although monomeric Rev-erb α cannot actively repress transcription, it can nevertheless function as a repressor by competing with constitutively active ROR for ROREs [Forman et al., 1994; Harding and Lazar, 1995; Retnakaran et al., 1994].

Modulation of the repressive activity of Rev-erb α

For other corepressor-binding NRs, repressive activity is regulated by ligand binding, which destabilizes the binding of the corepressor complex in addition to stabilizing NR-coactivator complexes. Remarkably, Rev-erb α binding

to NCoR is actually stabilized by molecular heme, while depletion of intracellular heme abolishes the interaction between Rev-erb α and N-CoR protein. In 2007, two groups independently found that heme binds directly to Rev-erb α with a 1:1 stoichiometry, and that this binding is specific, saturable, reversible, and functional [Raghuram et al., 2007; Yin et al., 2007], thereby fitting the criteria for an NR ligand. Thus, Rev-erb α is no longer an "orphan" receptor. In addition to its endogenous ligand, a recent study indicates that, like other NRs, Rev-erb α can be targeted by other small molecules that have the potential to be used for therapeutic purposes [Meng et al., 2008]. It should be noted that the highly related Rev-erb β can also bind heme, and the structure and function of heme-bound Rev-erb β is sensitive to the presence of nitric oxide (NO) [Marvin et al., 2009; Reinking et al., 2005]. At this time, it is not clear if Rev-erb α transcriptional activity is regulated by NO [Raghuram et al., 2007; Yin et al., 2007]. In addition, it should be pointed out that the sensing of heme concentration by Rev-erb α contrasts with the stoichiometric role of heme in regulating the circadian neuronal PAS-domain protein 2 (NPAS2), whose heme-dependent binding of carbon monoxide results in an inhibition of DNA-binding activity [Dioum et al., 2002].

Regulation of Rev-erb α protein stability

The cellular levels of Rev-erb α are also major determinants of whether Rev-erb α target genes will be repressed in a given cell. We have recently identified a pathway whereby Rev-erb α protein levels are regulated by GSK3 β -dependent phosphorylation, which prevents the rapid proteasomal degradation of Rev-erb α [Yin et al., 2006]. Phosphorylation stabilizes Rev-erb α protein until serum-induced phosphorylation of serine 9 (ser9-p) inhibits GSK3 β enzymatic activity [Cohen and Frame, 2001; Frame and Cohen, 2001; Frame et al., 2001], leading to Rev-erb α ubiquitination and degradation via the 26S proteasome. Phosphorylation-directed proteolysis often involves a class of E3 ubiquitin ligases called SCF (Skp1-Cullin1-F box) complexes [Petroski and Deshaies, 2005]; however, the E3 ligase(s) responsible for Rev-erb α degradation is(are) not known at this time. Note that the GSK3 β -dependent stabilization of Rev-erb α is opposite of this more usual scenario, whereby phosphorylated GSK3 β substrates are specifically targeted to proteasomal degradation [Doble and Woodgett, 2003].

Role of Rev-erb α in circadian biology

Genetic and biochemical analysis revealed that 24 h circadian rhythms are present throughout the animal kingdom [Panda et al., 2002]. In mammals, circadian rhythm is a fundamental regulatory factor for many aspects of behavior and physiology, including sleep/wake cycles, blood pressure, body temperature and metabolism. Disruption in circadian rhythms leads to increased incidence of many diseases, such as cancer, metabolic disease, and mental illness [Gachon et al., 2004]. Cellular rhythms are generated and maintained through interconnected transcriptional feedback of clock genes. The cycle starts when two PAS-HLH proteins,

BMAL1 and CLOCK, heterodimerize to activate a number of circadian genes including Per and Cry, which feedback and negatively regulate the activity of Bmal1/Clock [Takahashi et al., 2008].

Rev-erb α is also transcriptionally activated by BMAL1/CLOCK, initiating a second negative feedback loop that represses the transcription of the Bmal1 gene. This function of Rev-erb α is mediated by recruitment of the NCoR/HDAC3 complex to tandem Rev-erb α binding sites in the Bmal1 gene promoter [Yin and Lazar, 2005]. By repressing Bmal1 gene expression, Rev-erb α thereby represents an important link between the positive and negative loops of the circadian clock. Indeed, mice lacking Rev-erb α manifest a distinctive pattern of circadian rhythm [Preitner et al., 2002]. Under constant darkness, Rev-erb α null animals exhibit a significantly shorter circadian period length and an aberrant phase-shifting response to light stimuli. Although it has been thought that such circadian phenotype is due to loss of Rev-erb α -dependent Bmal1 gene regulation, the exact mechanism remains unclear. The GSK3 β -mediated phosphorylation of Rev-erb α is also involved in initiation and synchronization of the cell autonomous circadian clock [Yin et al., 2006]. It is of interest that lithium, a widely used and effective treatment of bipolar disorder that also has effects on circadian rhythm, is a potent GSK3 β inhibitor that induces Rev-erb α protein degradation and upregulation of Rev-erb α gene targets including Bmal1 [Pardee et al., 2009; Yin et al., 2006]. Indeed, inhibition of GSK3 β by either small chemical inhibitor or siRNA knockdown consistently causes a strong short circadian period phenotype, a similar circadian behavior in Rev-erb α null mice [Hirota et al., 2008].

Role of Rev-erb α in metabolic regulation

Rev-erb α is most highly expressed in metabolic tissues, including adipose tissue, liver and muscle [Burke et al., 1996; Lazar et al., 1989]. Little is known about the physiological functions of Rev-erb α in adipose tissue, although Rev-erb α mRNA is induced in two of the most well-studied models of adipogenesis, 3T3-L1 and 3T3-F442A cells [Chawla and Lazar, 1993]. Overexpression of Rev-erb α has been shown to enhance adipogenesis [Fontaine et al., 2003], and Rev-erb α is required for adipogenesis [Wang and Lazar, 2008]. The biological role of Rev-erb α in muscle is also not well understood, though it may be involved in muscle fiber type switching [Pircher et al., 2005].

More is known about the metabolic function of Rev-erb α in liver [Duez and Staels, 2009; Le Martelot et al., 2009]. Besides its function in regulating core clock genes, Rev-erb α also regulates time-specific expression of circadian output genes important for normal hepatic physiology. Rev-erb α has been shown to repress expression of apolipoprotein CIII (apoC-III) [Coste and Rodriguez, 2002; Raspe et al., 2002] and, consistent with this, mice lacking Rev-erb α have elevated apoC-III levels and a large increase in serum triglyceride and VLDL levels [Raspe et al., 2002]. Rev-erb α also represses the gluconeogenic gene, glucose 6-phosphatase, in

hepatocytes [Yin et al., 2007]. Rev-erb α also regulates bile acid metabolism via both direct and indirect mechanisms [Duez et al., 2008; Le Martelot et al., 2009]. More recently, Rev-erb α has been demonstrated to regulate the expression of mir-122, a highly abundant liver-specific microRNA [Gatfield et al., 2009], further supporting a critical role for Rev-erb α in liver.

Rev-erb α also regulates the synthesis of its ligand, heme. The rate limiting enzyme in heme synthesis, ALAS1, has a circadian rhythm and is positively regulated by two circadian transcriptional regulators, the bHLH protein NPAS2 and the coactivator, PGC-1 α [Handschin et al., 2005; Kaasik and Lee, 2004; Liu et al., 2007]. We recently showed that Rev-erb α directly represses PGC-1 α , thus creating a feedback loop in which heme promotes Rev-erb α repression of PGC-1 α , thereby reducing ALAS1 gene expression and heme biosynthesis. Conversely, low heme levels reduce Rev-erb α repression, enhancing PGC-1 α stimulation of heme synthesis via transcriptional activation of the rate limiting enzyme, ALAS1 [Wu et al., 2009]. Rev-erb α thus serves as a sensor that functions to maintain intracellular heme levels within a limited range under normal physiological conditions.

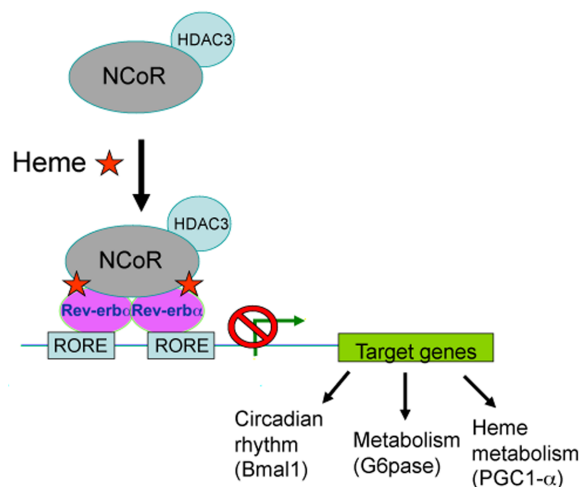


Figure 1. Rev-erb α coordinates circadian rhythm and metabolic pathways in a heme-dependent mode. The binding elements of Rev-erb α , called ROREs, are present in core clock genes and also in important metabolic genes. Heme, a physiological ligand of Rev-erb α , promotes recruitment of the NCoR-HDAC3 corepressor complex to Rev-erb α homodimers bound to target genes and enhances Rev-erb α -mediated repression of those target genes. Heme binding to Rev-erb α induces the feedback inhibition of its own biosynthesis.

Summary and conclusions

The biological significance of repression by NRs and their corepressors is increasingly apparent. Rev-erb α , which lacks H12 and thus is an obligate repressor, has been a superb model for understanding the mechanisms of repression. Moreover, the critical role of Rev-erb α in the core circadian clock provides a powerful and compelling validation of the biological importance of active gene repression and the corepressor complexes. Rev-erb α also regulates metabolic pathways, and is thus a molecular link between circadian rhythm and metabolic physiology. The function of Rev-erb α as a heme sensor

serves to maintain heme homeostasis, while regulating metabolic and circadian processes that may be affected by ambient heme concentrations including the oxidative metabolism of the cell (Figure 1). Compounds that modulate Rev-erb α activity thus have the potential to contribute to or even control the crosstalk between circadian and metabolic processes, which is of great significance due to the marked rise in obesity, diabetes, and sleep disorders that plague advanced societies.

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