Short Communication: Limited Induction of IL-10 in PBMCs from HIV-Infected Subjects Treated with HIV-VLPs

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Abstract

We have recently shown that HIV-1 Pr55gag virus-like particles (HIV-VLPs), produced in a baculovirus expression system and presenting a gp120 molecule from a Ugandan HIV-1 isolate of clade A (HIV-VLP_As), induce maturation and activation of antigen-presenting cells (APCs) in fresh peripheral blood mononuclear cells (PBMCs) from seronegative as well as seropositive, with either low or high viremia, HIV-1 subjects. A Th2 polarization has been observed in both HIV seropositive groups, which is efficiently boosted by HIV-VLP induction and does not switch into a Th1 pattern. Here we show that the production of the known immune-suppressive IL-10 is induced in both HIV-seropositive groups at a significantly lower level by HIV-VLPs compared to LPS. These levels, however, appear to still negatively interfere with the innate as well as adaptive Th1-polarized response observed in HIV-seropositive groups. These results indicate that vaccines and novel adjuvants (i.e., TLR agonists, such as LPS) must be evaluated not only for their immunogenicity but also for their potential immune-suppressive effects. In this perspective, fresh *ex vivo* PBMCs can be of high value for screening the responses as well as eventual failures of vaccinees enrolled in clinical trials.

VIRUS-LIKE PARTICLES (VLPs) represent a form of subunit vaccine based on viral capsid proteins that self-assemble into particulate structures closely resembling immature virus particles.¹⁻⁴ VLPs are replication as well as infection incompetent, lacking regulatory proteins as well as infectious genetic material, and can be employed to deliver antigenic structures. In particular, VLPs efficiently also reach the MHC class I pathway in antigen-presenting cells (APCs) in the absence of infection or intracellular replication.⁵⁻⁷

The VLPs developed in our laboratory are based on the HIV-1 Pr55gag precursor protein (HIV-VLPs) and display an entire gp120 molecule from a Ugandan HIV-1 isolate of the A clade.^{8–10} These HIV-VLP_As induce HIV-1-specific CD4⁺ and CD8⁺ T cell responses as well as cross-clade neutralizing antibodies in immunized BALB/c mice.¹¹ Moreover, the intraperitoneal and intranasal administration of HIV-VLP_As in mice induces antibody responses at systemic as well as mucosal (vaginal and intestinal) levels.^{12,13}

We have recently shown that these HIV-VLPs are able to induce maturation and activation of monocyte-derived dendritic cells (MDDCs), which produce a pattern of cytokines indicative of both Th-1 and Th-2 pathways [including interleukin (IL)-6, IL-10] and induce primary and secondary responses in autologous human CD4⁺ T cells in an *ex vivo* immunization assay.¹⁴ Moreover, the HIV-VLP-activated MDDCs show specific transcriptional profiles of genes involved in the morphological and functional changes characterizing the MDDCs activation and maturation.¹⁵ In addition, we have shown that the morphological and gene transcriptional maturation pattern induced by HIV-VLPs in *ex vivo*-generated MDDCs can also be observed in CD14⁺ uncultured peripheral blood mononuclear cells (PBMCs) from seronegative as well as seropositive individuals with low or high viremia levels.^{16,17} In particular, the results show that HIV-1 seropositivity status does not impair the immune activation status; furthermore, circulating monocyte CD14⁺ cell populations respond to an antigenic stimulus, although a Th2 polarization is observed in HIV-seropositive individuals, regardless of the viremia levels.¹⁷

Interleukin (IL)-10 is produced by macrophages, dendritic cells (DCs), B cells, as well as various subsets of CD4⁺ and CD8⁺ T cells¹⁸ and it was first described as a product of Th2 cells that inhibited cytokine synthesis in Th1 cells.¹⁹ Many of the effects of IL-10 on T cell and NK cell function are mainly mediated via a direct effect of IL-10 on monocytemacrophages. In particular, IL-10 inhibits MHC class II and costimulatory molecule B7-1/B7-2 expression on monocytes

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and macrophages and limits the production of proinflammatory cytokines and chemokines.¹⁸ Importantly, autocrine IL-10 signaling in DCs can inhibit chemokine production and prevent their trafficking to lymph nodes as shown in mycobacterial infection, leading to the failure to recruit and induce Th1 differentiation of naive T cells.²⁰ Nevertheless, IL-10 can act directly on CD4⁺ T cells, inhibiting proliferation and production of IL-2, interferon (IFN)-γ, IL-4, IL-5, and tumor necrosis factor (TNF)-α.^{18,21,22} Moreover, IL-10 produced by DCs may directly activate IL-10-secreting Tregs that inhibit effector T cell activity and reduce parasite control.23,24 Thus, IL-10 can directly regulate innate and adaptive Th1 and Th2 responses by limiting T cell activation and differentiation in the lymph nodes as well as suppressing proinflammatory responses in tissues, leading to impaired pathogen control and/or reduced immunopathology.²

In the present study, the effect of HIV-VLPs on IL-10 production has been evaluated *ex vivo* on total circulating PBMCs, according to HIV-1 seropositivity status. This is to assess and consequently circumvent the immune suppressive effect of IL-10 on the Th1-type response, which is extremely relevant in an HIV-1 vaccine perspective and in particular for therapeutic strategies. Lipopolysaccharide (LPS) was used as a term of comparison given that it is a well-known inducer of IL-10²⁶ and it is the agonist of the same TLR (TLR-4) targeted by adjuvants currently used in clinical trials (i.e., GSK's AS04).²⁷ We show that in HIV-1-seropositive subjects, with either low or high viremia, the HIV-VLPs induce a one-log lower amount of IL-10 in PBMCs compared to LPS.

Twenty-three subjects were enrolled in the study and all human specimens were obtained and processed at the Institute of Human Virology in Baltimore under informed consent, as approved by the University of Maryland Baltimore Institutional Review Board. Of these 19 were HIV-1 seropositive, of whom 11 were under antiretroviral treatment (ART) and showed a low HIV-1 viremia (1.34-2.54 log RNA copies/ml), while 8 were enrolled at their first visit and were naive for ART and showed a high viremia (4.74-5.92 log RNA copies/ml). Four healthy seronegative subjects were enrolled as controls. Human PBMCs were isolated by Ficoll-Hypaque density gradient centrifugation, plated in six-well plates at a concentration of 1×10^7 /well, and incubated with $6 \,\mu g/ml$ of HIV-VLPs or $1 \mu g/ml$ of LPS. The residual endotoxin activity possibly present in the HIV-VLP preparation was inhibited by preincubation with polymixin B sulfate (Sigma) at a concentration of $10 \,\mu g/ml$. The absence of interference due to the polymixin B sulfate in the activation results was verified in parallel on PBMCs treated only with polymixin.¹⁷ After 16 h cellular supernatants were collected and the level of IL-10 was assessed by ELISA (University of Maryland Cytokine Core Laboratory, Baltimore, MD).

The average basal level of IL-10 does not show a significant difference between HIV-1-seronegative and seropositive individuals (8.45–15.9 pg/ml); moreover, in the latter group, the level of viremia does not make a significant difference. Only two subjects, one in the low viremia and one in the high viremia groups, show very high basal IL-10 levels (183.9 and 1249.9 pg/ml), which could be due to individual characteristics (Fig. 1).

As expected, the treatment of PBMCs with LPS induces an increased production of IL-10 in seronegative (average 1534.29 pg/ml) as well as in seropositive individuals (average

1138.29 and 1356.37 pg/ml, in low and high viremia groups, respectively) (Fig. 2A), which represents a considerable fold induction over the basal levels (200 folds in seronegatives and 330 folds in low viremia and 78 folds in high viremia sero-positives) (Fig. 2B).

The treatment of PBMCs with HIV-VLPs induces levels of IL-10 in seronegative individuals (average of 1292.62 pg/ml) comparable to LPS induction with an average 180-fold induction over the basal levels. On the contrary, it induces a log lower level of IL-10 in seropositive individuals compared to LPS induction (average 96.04 and 171.37 pg/ml, in the low and high viremia groups, respectively) (Fig. 3A), which represents a significantly lower average fold induction over the basal levels (32.67 and 9.03 folds in the low and high viremia groups, respectively) (Fig. 3B). All intergroup comparisons were performed with the Mann-Whitney U test (for univariate nonparametric group analysis); p-values were two-tailed and considered significant if less than 0.05. Considering the observed mean values in the three cohort groups (seronegative, low-viremia and high-viremia seropositive), the size of the enrolled subjects per group has a statistical power of 100% at a two-tail *t*-test with a 99% confidence interval.

These data indicate that HIV-VLPs produced in our laboratory induce a significantly lower production of IL-10, compared to LPS, in seropositive individuals regardless of their viremia levels. However, considering the Th2 polarization observed in both HIV-seropositive groups, which is not switched into a sought Th1 pattern by HIV-VLP induction,¹⁷ these IL-10 levels could still be sufficient to negatively interfere with the innate as well as adaptive Th1-polarized response. The observed IL-10 levels, indeed, are in the range of the amount with a documented immunosuppressive effect, as shown by others.²⁶ Moreover, our findings confirm studies by others showing that the induction *in vivo* of Th2-biased responses with gp120 DNA vaccine is mediated in part through the stimulation of innate IL-10, which inhibits activation of DCs that trigger the induction of Th1 cells.²⁸

The present results are very attractive and, although obtained on a single vaccine approach, suggest that vaccines and novel adjuvants (i.e., TLR agonists, such as LPS) should be



FIG. 1. Basal expression of IL-10 in PBMCs. The basal expression of IL-10 by PBMCs was measured by ELISA in the culture supernatant. The value for each sample in each group has been represented. The median and interquartile range of the values in each group are shown.



FIG. 2. Expression of IL-10 induced by LPS in PBMCs. PBMCs were incubated in the presence of the LPS for 16 h and the expression of IL-10 by PBMCs was measured by ELISA in the culture supernatant. For each group, the value for each sample has been represented (**A**), and the fold-induction over the basal level in Fig. 1 has been represented (**B**). The median and interquartile range of the values in each group are shown; asterisks indicate a p < 0.05.



FIG. 3. Expression of IL-10 induced by HIV-VLPs in PBMCs. PBMCs were incubated in the presence of the HIV-VLPs for 16 h and the expression of IL-10 by PBMCs was measured by ELISA in the culture supernatant. For each group, the value for each sample has been represented (**A**), and the fold-induction over the basal level in Fig. 1 has been represented (**B**). The median and interquartile range of the values in each group are shown; asterisks indicate a p < 0.05.

evaluated not only for their immunogenicity but also for their potential immune-suppressive effects. Therefore, additional detailed studies on HIV-seropositive subjects are needed to identify strategies for reducing the factors possibly involved in the observed Th2 polarization and also for boosting the Th1-type response (i.e., doses, route, and timing of administration of vaccines and/or adjuvants). *In vivo* preclinical and clinical studies will be needed to validate the present data generated in *ex vivo* cultured human cells.

In this perspective, the experimental approach described here and based on fresh *ex vivo* PBMCs can be of great value for screening individual responses as well as eventual failures of vaccinees enrolled in clinical trials.

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Disclosure Statement

No competing financial interests exist.

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