

Published in final edited form as:

Steroids. 2010 July ; 75(7): 467–476. doi:10.1016/j.steroids.2010.02.004.

Epigenetic regulation of the expression of genes involved in steroid hormone biosynthesis and action

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Abstract

Steroid hormones participate in organ development, reproduction, body homeostasis, and stress responses. The steroid machinery is expressed in a development- and tissue-specific manner, with the expression of these factors being tightly regulated by an array of transcription factors (TFs). Epigenetics provides an additional layer of gene regulation through DNA methylation and histone tail modifications. Evidence of epigenetic regulation of key steroidogenic enzymes is increasing, though this does not seem to be a predominant regulatory pathway. Steroid hormones exert their action in target tissues through steroid nuclear receptors belonging to the NR3A and NR3C families. Nuclear receptor expression levels and post-translational modifications regulate their function and dictate their sensitivity to steroid ligands. Nuclear receptors and TFs are more likely to be epigenetically regulated than proteins involved in steroidogenesis and have secondary impact on the expression of these steroidogenic enzymes. Here we review evidence for epigenetic regulation of enzymes, transcription factors, and nuclear receptors related to steroid biogenesis and action.

Keywords

Epigenetics; nuclear receptors; steroid hormones; steroidogenesis; DNA methylation; transcription factors

Introduction

Despite its complexity, the human body comprises only 200 different cell types or so that originate from a unique DNA sequence. Each cell type arises from a carefully orchestrated gene expression pattern that produces an exclusive specialized cell phenotype. Patterns of expression, which originate from the same genomic template, are epigenetically controlled,

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dynamically changing, and influenced by the environment (1–3). Epigenetics, literally meaning “above the genome,” refers to a change in gene expression that is independent of the DNA sequence. DNA methylation, histone tail modifications, and microRNAs are ways in which cell type identity can be conferred despite a common DNA makeup.

Sources of the major steroid production supplying the body are the ovary, testis, adrenal cortex, and during fetal development, the placenta. In the ovary, granulosa and theca cells make estrogen and progesterone. In the testis, Leydig cells localized in the interstitial space produce testosterone. The adrenal cortex is subdivided into three morphological distinct zones: the glomerulosa synthesizing aldosterone, the fasciculata producing cortisol, and the reticularis primarily making dehydroepiandrosterone (DHEA) and sulfated DHEA (DHEAS). The central nervous system (4–6) and heart (7–9) have been found to locally produce steroids, and the mechanisms governing steroid biosynthesis in these tissues are likely similar to those operating in the main steroidogenic cells.

Cholesterol is the precursor of all steroids, and its transport from intracellular sources into the mitochondria is the rate-limiting step in steroid biosynthesis [For a review refer to Jefcoate *et al.* (10) and Rone *et al.* (11)] (Fig. 2). Steroid production can be divided in two broad stages, 1) cholesterol transport into mitochondria and formation of pregnenolone 2) pregnenolone metabolism by tissue-specific steroidogenic enzymes. In the first stage, the steroidogenic acute regulatory protein (STAR) facilitates transport of cholesterol to the outer mitochondrial membrane where the translocator protein (18 kDa, TSPO), formerly known as the peripheral-type benzodiazepine receptor, acts in concert with other proteins to bind and transport cholesterol into the mitochondrial matrix (11). CYP11A then metabolizes cholesterol into pregnenolone, which freely diffuses out of the mitochondria. In the second stage, the expression of tissue-specific enzymes downstream of pregnenolone production ends in steroid biosynthesis. Steroid specificity is conferred by tissue-specific expression of CYP17, leading to the biosynthesis of DHEA, DHEAS, testosterone, estradiol, and cortisol. The expression of 3 β HSD is also tissue-specific, leading to progesterone and ultimately aldosterone formation. In rodents, corticosterone is the major glucocorticoid due to lack of CYP17 expression in the adrenal gland (12–14). These two stages (i.e., the control of cholesterol transport into mitochondria and the expression of tissue-specific steroidogenic enzymes) are the key determinants of steroid biosynthesis and are likely to be the main points of regulation of the expression of the steroidogenic machinery (15).

The effects of steroid hormones are mainly mediated through steroid nuclear receptors. Although steroid binding sites and receptors have been identified in the plasma membrane and other organelles, the focus of this review is on the main mediators of steroid hormone action, the nuclear receptors. Tissue-specific expression and modulation of nuclear receptor function by co-regulators determine the action of steroid hormones. The critical influence of steroid hormones is illustrated by the inactivating mutations of the androgen receptor (AR) resulting in a phenotypic female with XY chromosomes (16). Stress responses and blood pressure are also influenced by the nuclear receptors, and mutations like M604L in the human glucocorticoid receptor (GR) can increase sensitivity to glucocorticoids, resulting in increased blood pressure in response to dexamethasone (17).

The purpose of this review is to gather evidence for epigenetic regulation of the steroid hormone synthesis and action pathways. For information on tissue-specific expression, reactions, and nomenclature of steroidogenic enzymes, refer to Payne and Hales (18,19). For a discussion of the transcriptional regulation of the steroidogenic machinery, refer to LaVoie and King (15).

Epigenetic control of gene expression

The first layer of gene regulation is mediated by transcription factors (TFs) that are selectively expressed in the cell. These TFs and the genes themselves are subject to a second layer of gene expression regulation that occurs independently of the DNA sequence. As noted earlier, DNA methylation, histone tail modifications, and microRNA expression are ways in which cell type identity can be conferred in the presence of a shared DNA makeup.

DNA methylation

DNA methylation refers to the transfer of a methyl group to the carbon-5 position of cytosine and occurs in cytosine-phosphodiester-guanine (CpG) dinucleotides (20) (Fig. 1B). It is estimated that humans have 37,729 CpG islands (i.e., CpG-rich regions) that are ~1 kb in size, with 35% existing in promoter regions (21). DNA methyl-transferases (DNMTs) transfer a methyl group to CpGs using *S*-adenosyl-methionine as a methyl group donor. CpG islands in promoter regions are mostly unmethylated, and their methylation is correlated with gene transcription suppression and chromatin structure condensation (20).

The proteins MeCP2, MBD1, MBD2, MBD3, and MBD4 form part of a family of CpG-binding proteins that share a methyl-CpG-binding domain (MDB) and recognize genomic areas marked by DNA methylation (Fig. 1B). Kaiso, another methylated CpG (mCpG)-binding protein, does not contain a MDB but instead has zinc fingers (22). The binding affinity for mCpG depends on the properties of the mCpG-binding proteins, which form part of larger transcriptional repression complexes. DNA methylation and chromatin remodeling are linked through the recruitment of chromatin remodeling proteins like histone deacetylases (HDACs) that are present in the repressor complexes (23,24) (Fig. 1C). For instance, MeCP2 CpG binding leads to decreased gene transcription through chromatin remodeling mediated by a repressor complex containing the corepressor mSin3A known to recruit HDACs (23,24). Transcriptional activity suppression has also been proposed to occur through decreased binding of TFs to mCpG (25,26).

Four mammalian DNA methyltransferases sharing a conserved catalytic domain have been characterized. DNMT1, commonly known as the maintenance methyltransferase, exhibits preference for hemimethylated DNA and is essential to maintain double strand methylation after genomic replication (27). Inactivating mutations of DNMT1 cause genomic instability and are embryonic lethal at E9.5 (28). DNMT2 has been shown to efficiently methylate tRNA^{ASP} rather than DNA (29). However, its role remains unclear since mutants have no apparent phenotypic abnormalities (30). DNMT3A and DNMT3B participate in *de novo* DNA methylation, and inactivating mutations of both genes are embryonic lethal at E9.5 (31). DNMT3L lacks methyltransferase activity due to the absence of catalytic residues but has been shown to play a role in DNA imprinting (32,33).

Nucleoside analogs that inhibit CpG methylation have formed the basis for DNA methylation studies and anti-tumor therapies. The commonly used analogs, 5-aza-2'-deoxycytidine (5-aza-dC) and 5-azacytidine (5-aza), are incorporated into DNA during replication and inhibit methyltransferase activity. This results in global hypomethylation and consequently, transcriptional activation of many genes. However, because the use of demethylating agents results in global hypomethylation, establishing a direct correlation with hypomethylation of the gene of interest or an indirect correlation through expression of TFs regulating its expression is difficult.

Histone modifications

Histones aid in the packing of the genome and are an integral component of the expression architecture of a cell by virtue of their ability to undergo covalent modification at the tail

region (34). Electrostatic interactions between DNA and positively charged histone complexes comprised of H1, H2A, H3, and H4 form the nucleosome. Each histone, in turn, has a number of histone variants that are associated with transcriptional repression or activity, increasing chromatin complexity (35). Histone tails, mainly H3 and H4, can be modified by acetylation (36), methylation (37), phosphorylation, sumoylation (38), or ubiquitination (39). The most studied histone modification is acetylation of H3K9, which is associated with transcriptional activation through inactivation of the positive lysine charge (Fig. 1C). Histone acetylation aids in chromatin remodeling and is maintained by the activity of the histone acetyl transferases (HATs) and HDACs that are associated with TFs. Histone acetylation has been linked to DNA methylation, as seen by the finding that DNMT3L mediates trimethylation of H3K9, a mark associated with transcriptional repression. This relationship was shown to be unidirectional and underscores the interdependence of DNA and histone modifications (40).

Similar to DNA methylation inhibitors, the use of HDACs inhibitors such as trichostatin A (TSA) increases gene expression through hyperacetylation of histones (41,42). Interestingly, evidence for epigenetic regulation of the enzymes involved in steroid biosynthesis is indirect and comes from the finding that clinical use of HDAC inhibitors is associated with the side effect of reduced steroid production (43,44).

Role of steroidogenic factor-1 (SF-1; NR5A1) in steroidogenesis

The orphan nuclear receptor, SF-1, is expressed in all steroidogenic tissues (45,46). SF-1 has been shown to increase expression of the steroidogenic machinery by binding to its response element site found in the promoter regions of the genes encoding for STAR, CYPs, and 3β HSD (47,48). The action of SF-1 is needed but not essential for steroid production, and SF-1, together with other TFs, accounts for the control of tissue-specific steroid protein levels. For instance, in the human adrenal corticocarcinoma cell line, NCI-H295R, a reduction in SF-1 decreases STAR protein expression but does not affect the ability of cAMP to increase STAR expression through the action of the cAMP-response element modulator (49). Aside from its role in steroidogenesis, SF-1 is also involved in the development of the adrenals and testis (50).

SF-1 expression is temporally regulated and tissue specific, suggesting that it is tightly regulated, perhaps in part epigenetically (48). The human *NR5A1* gene is found on chromosome 9q33 and contains a CpG island that spans the promoter region and the first exon. DNA methylation has been shown to control *NR5A1* gene expression, as seen by the finding that methylation of the SF-1 promoter is associated with SF-1 non expression in normal endometrial tissue, while promoter hypomethylation is associated with SF-1 expression in endometrial stromal cells (51). The presence of SF-1 is accompanied by the expression of steroid machinery proteins capable of producing estrogen, including CYP19.

Further evidence of epigenetic regulation of SF-1 expression comes from a study of the HDAC inhibitor valproate, which is commonly used for the treatment of epilepsy. This study found that valproate decreases SF-1 and CYP11A1 levels in mouse Y1 and human H295 adrenocortical tumor cell lines (52). Unexpectedly, this decrease was shown to result from an indirect epigenetic mechanism triggered by the treatment. The authors concluded that the decreased protein levels were due to ubiquitin-mediated degradation of SF-1 (52). This observation is relevant, as HDAC inhibitors are under clinical trials and their impact on steroidogenesis is a concern for their use.

Star

The rate-limiting step in cholesterol synthesis is the transport of cholesterol into the inner mitochondrial membrane. STAR is one of the proteins involved in bringing endogenous cholesterol to the mitochondrial outer membrane. The *Star* gene does not contain a CpG island but proximal promoter modifications have been reported (53,54). *Star* mRNA is rapidly induced in MA-10 cells after stimulation with 8-Br-cAMP reaching maximum nascent RNA transcription 60 min post-stimulation (53,54). Quantitative chromatin immunoprecipitation assays performed in MA-10 cells stimulated with 8-Br-cAMP showed increased binding of GATA4, SF-1, and CBP to the proximal *Star* promoter within 30 minutes of stimulation and coincided with the increase in nascent *Star* RNA. Chromatin remodeling was made evident by the decrease in tri-methyl histone H3 (K4), di-methyl histone H3 (K9), and an increase in acetyl histone H3 within the first 30 mins (54). Taken all together, the evidence suggests that TF binding to the *Star* proximal promoter induced a change in chromatin structure that allowed rapid transcription.

CYP17A1

The expression of the *CYP17A1* gene is both species and tissue specific (55). In humans, CYP17 expression in the adrenal cortex leads to cortisol production (56). This is in contrast to rodents, which do not express CYP17 in the adrenals and instead express β HSD to produce corticosterone from pregnenolone (57,58). CpG islands have been identified in the rat (-905/-692) and mouse (-2791/-2644) but not in humans (55). However, as pointed out by the authors, 1.5 kb of the human promoter areas has ~45% homology to the rodent promoter and could share common regulatory mechanisms (55).

The first reports of CpG methylation came from studies of bovine adrenals showing that two CpG sites become demethylated upon placement of adrenocortical cells in culture (Fig. 3A) (59,60). *In vivo* evidence for the epigenetic regulation of *Cyp17a1* comes from an ingenious experiment in which tetrahydrocortisol, a cortisol metabolite found in low levels in rodents, was monitored in rat urine after treatment of these animals with 5-aza-dC (55). In rodent adrenals, methylation of the *Cyp17a1* promoter region is correlated with the silencing of gene expression. The absence of CYP17 leads to the production of corticosterone as the main glucocorticoid. If adrenal *Cyp17a1* expression is controlled by methylation then treatment of rodents with 5-aza should demethylate the *Cyp17a1* promoter resulting in the expression of CYP17 and thus cortisol formation that can be indirectly detected by the presence of tetrahydrocortisol in the urine. Indeed, *Cyp17a1* mRNA was detected in the adrenals and treatment with 5-aza-dC induced changes in the levels of tetrahydrocortisol present in the urine of the treated animals (Fig. 3B) (55).

The absence of a CpG island in the human *CYP17A1* gene suggests that direct epigenetic regulation of the *Cyp17a1* promoter is more essential in rodents. In humans, expression of *CYP17A1* is driven by a complex interaction of TFs (61). Indirect evidence of epigenetic regulation of human *CYP17A1* is tied to the induction of the GATA-4 and GATA-6 TFs by 5-aza-dC in human NCI-H295A cells (62). These TFs were shown to be required for *CYP17A1* expression, adding to the mounting evidence that expression of the steroidogenic machinery is governed by tissue-specific TF expression. Of note, the epigenetic studies of *Cyp17a1* have relied on the use of methylation-sensitive enzymes that have a limited ability to identify mCpGs. Bisulfite- or pyro-sequencing will be helpful in further characterizing the methylation pattern of the *Cyp17a1* promoter across species and tissues.

CYP19A1

In humans, the *CYP19A1* gene encodes aromatase, which is expressed in a tissue-, developmental stage-, and time-specific manner. This enzyme is controlled by multiple

promoters distributed along a region that is 136 kb upstream of the translation initiation site in exon II (63). Aromatase metabolizes testosterone into estradiol and androstenedione to estrone, both products that are capable of activating estrogen receptor. Atypic or deregulated expression of aromatase is relevant to estrogen-dependent pathologies such as endometriosis and breast cancer, and such abnormal expression could be mediated, in part, by epigenetic modifications.

The use of the multiple *CYP19A1* promoters and the distribution of these elements vary across species, but data relating to the modulation and level of promoter activity comes from multi-species studies. In one study, CpG methylation of promoter I.1 (PI.1) and PII was compared between bovine granulosa cells and corpora lutea (64). PII showed high transcriptional activity in granulosa cells and was largely unmethylated. In contrast, this promoter was methylated and inactive in corpora lutea (64). The responsiveness of the *CYP19A1* promoter to cAMP also seems to be regulated by CpG methylation. In human skin fibroblasts, the cAMP sensitivity of the cAMP response element (CRE) element located -211/-199 upstream of exon II was found to be related to DNA methylation. That is, cAMP responsiveness was associated with DNA hypermethylation and irresponsiveness with DNA methylation (65). This CRE element is in PI.3 and near PII, which are thought to have common regulatory elements (66,67). Further evidence of epigenetic regulation of the *CYP19A1* promoter is provided by a study of sheep placentomes. In this tissue, P1.5/2 methylation correlated with expression of aromatase at different developmental stages and between placental structures (68). Nevertheless, the authors concluded that CpG methylation was not the main factor driving tissue-specific *CYP19A1* expression (68,69).

Until now, evidence of epigenetic modification is limited to *Cyp17a1* and *CYP19A1*. Although relevant, epigenetic modifications, such as DNA methylation, have not emerged as a predominant widespread regulatory mechanism in the expression of key steroidogenic enzymes.

Epigenetic changes in the steroid nuclear receptors affect physiological responses

Steroidogenic hormones act on their gene targets through steroid nuclear receptors (70). The nuclear receptor groups NR3A and NR3C contain the steroid nuclear receptors (71). Most nuclear receptors are found in the cytoplasm and migrate to the nucleus upon binding hormone (Fig. 4). In the nucleus, consensus sequences found in the promoters of target genes, otherwise known as hormone response elements, serve as docking sites for the hormone-receptor complex. The steroid nuclear receptors are distributed throughout the body, and disruption of their function leads to an insensitivity or malfunction of steroid hormone endocrine action (17,72,73). It is worth mentioning that some compounds, such as doisynolic acids, can trigger estrogenic-like activities while exhibiting low binding activity for ER alpha and beta receptors (74,75). The role that DNA methylation, and other epigenetic modifications, may play on the levels of the nuclear receptors and action of compounds like doisynolic remains to be examined.

Glucocorticoid receptor

The dynamic nature of epigenetic regulation and its link with the environment has been observed in hypothalamic-pituitary-adrenal programming of the stress response (76,77). Maternal licking and grooming (LG) as well as arched-back nursing (ABN) occurring within the first days postpartum correlate with the expression of the GR (NR3C1) in the rat forebrain. During stress, corticotrophin-releasing factor is secreted from the paraventricular nucleus. This stimulates ACTH secretion, which is followed by increased glucocorticoid

production. The magnitude of the stress response is related to a negative feedback loop that is dependent on the level of GR expression in the hypothalamus (78). Higher levels of GR, like those found in offspring exposed to high LG-ABN, impart increased sensitivity to glucocorticoids and as consequence, are associated with a moderate stress response. The opposite is true for offspring exposed to low LG-ABN (76,77,79,80). These observations led to the discovery of epigenetic modifications in exon 1₇ of brain-expressed GR. This promoter area contains the NGFI-A binding site thought to be involved in brain GR expression. This region undergoes a dynamic change in DNA methylation during embryonic development, with the area being unmethylated at gestational day 20 and fully methylated by postnatal day (PND) 1 (81). Interestingly, changes in DNA methylation persist into adulthood depending upon exposure to low/high LG-ABN. In the case of high LG-ABN, the region is demethylated during the first week of life, and this methylation state, along with GR expression level changes, persists into adulthood. In contrast, in animals exposed to low LG-ABN, the region remains methylated, and this is associated with decreased GR expression and an increased stress response (81). The authors postulate that a mechanism exists in which NGFI-A binding to the GR promoter is dependent on DNA methylation programmed in the early postnatal period. NGFI-A binding to the GR promoter will bring HATs to the promoter area and make the chromatin state more transcriptional-favorable, leading to high expression of GR in the hypothalamus (82).

One of the first studies to correlate these findings in rats to humans was performed in victims of child abuse (83). Rat GR exon 1₇ is homologous to human GR1_F (84), which is also expressed in the hippocampus (85). Victims with history of child abuse were found to have decreased hippocampal expression of GR and increased GR1_F methylation (83). Taken together, all available data suggest that maternal fostering during the perinatal period bears its epigenetic mark well into adulthood and affects the stress response of offspring.

Mineralocorticoid receptor

Environmental exposure during fetal development can reprogram the epigenome. We have previously shown that *in utero* exposure to the plasticizer di-(2-ethylhexyl) phthalate (DEHP) decreases testosterone production in PND60 offspring (86). In the rat, Leydig cells develop in two waves. The fetal-Leydig cells, responsible for primary sex organ development, exhibit peak production of testosterone at gestational day (GD) 19 and disappear by PND10. The adult-Leydig cells are responsible for the onset of puberty and the levels of testosterone thereafter (Fig. 5A) (87,88). Interestingly, the effects of DEHP observed in the adult are not directly caused by DEHP exposure since DEHP metabolites are cleared from the body within 3 days after contact with DEHP (89). Furthermore, the adult-Leydig cell population was not present during treatment, suggesting that the effects seen in the adult result from disruption of adult-Leydig cell progenitors. In search of mechanisms that would explain these observations, we analyzed expression of steroid nuclear receptors in PND60 animals and found the mineralocorticoid receptor (NR3C2; MR) to be the only steroid nuclear receptor undergoing decreased expression in adult offspring after *in utero* DEHP exposure (Fig. 5A) (90). The MR is widely distributed in the body and is best known for its role in the renin-angiotensin-aldosterone system (91). However, the MR has been shown to be expressed in Leydig cells, where its activation by aldosterone increases testosterone production (92). In the rat, the MR gene is found in the long arm of chromosome 19 (19q11). Similar to the human MR gene, the rat gene contains two 5' exons that form part of the 5' UTR and are spliced into the MR coding sequence to form MR α and MR β (93). It also contains two large CpG islands that enclose both UTRs. Pyrosequencing revealed that the two areas upstream of the transcription start sites are methylated in the adult (90). MR β sequences contain moderate methylation immediately upstream of the transcription start site in ~20% of the testis population. MR α sequences contain four CpGs

immediately upstream of the transcription start site that are differentially methylated in animals subjected to *in utero* DEHP exposure (Fig. 5B) (90). These differentially methylated CpGs contained putative AP1 and SP1 binding sites, leading us to hypothesize that their deregulation could alter the activity of the whole promoter resulting in the observed decrease in MR expression.

Estrogen receptors

Brain expression of the estrogen receptor α (NR3A1; ER α) has also been associated with maternal licking and grooming as well as sexual behavior. The medial preoptic area (MPOA), medial preoptic nucleus subdivisions, parastrial nucleus, posterodorsal preoptic nucleus, and ventral medial hypothalamus (VMH) exhibit high expression of ER α (94,95). ER α knock-out in females is associated with increased infanticide and a reduced motivation to retrieve pups, suggesting that nurturing impairments exist. This has been attributed to a deregulation of oxytocin (96) and alterations in dopaminergic signaling (97) acting on the MPOA and VMH, which are known to regulate nurturing (98) and reproductive (99) behavior.

Similar to the findings related to differential methylation in the GR rat cross-fostering study, immediate postnatal care was found to correlate with ER α expression in female offspring exposed to high or low licking and grooming behavior (100). ER α 1b promoter methylation was also found to be correlated with ER α expression in the adult brain (100). The differentially methylated DNA contains consensus sequences for Stat5b, which would not be expected to bind methylated sequences (100).

In humans, the ER α gene promoter is found on chromosome 6q25 and contains a dense CpG island that encompasses the promoter and first exon regions (101,102). ER α has been widely studied in breast cancer. The disease can be broadly classified into two groups [i.e., ER α expressing (ER α +) and non expressing tumor cells (ER α -)] that are related to the epigenomic state of ER α . Promoter regions are mostly unmethylated in ER α cells, which are associated with a better outcome. On the other hand, ER α - cells tend to have epigenetically silenced promoters and are considered to be more aggressive and resistant to hormonal treatments. Interestingly, ER α cells eventually give rise to the more aggressive ER α - cells, suggesting that cancer aggressiveness is correlated with the epigenomic state of the cell. The methylation activity on this ER α promoter area has been correlated with the expression of ER α in various cell lines, tumors, and metastases, suggesting that DNA methylation plays an important role in the regulation of ER α expression (103,104). Further support for this role comes from the finding that treatment of a non ER α -expressing cancer tumor cell line (MD-MB-231 cell line) with 5-aza or 5-aza-dC results in ER α re-expression (105), a result also observed following TSA treatment (106).

The human estrogen receptor beta (NR3A2; ER β) is found on chromosome 14q23. Exposure to the endocrine disruptor, methoxychlor during fetal and perinatal development decreases ER β , but not ER α , expression in the ovary, and this effect is accompanied by early pubertal onset and first estrus, reduced litter size, and increased irregular cyclicity (107). Bisulfate sequencing and methylation-specific PCR have revealed that decreased ER β expression correlates with DNA hypermethylation at PND50-60, while the ER α promoter remains unaffected at this time (108). This study suggests that the epigenetic regulation of the two receptors is controlled by different pathways. ER β participates in granulosa cell differentiation induced by FSH and responsiveness to LH (109,110). The decreased expression of this receptor could explain the early puberty, increased irregular cyclicity, reduced litter sizes, and premature reproductive aging when exposed to a high dose of methoxychlor (108). ER β methylation has also been implicated in prostate and ovarian cancer (111). TSA or 5-aza has been shown to elicit re-expression of ER β , and this effect is

accompanied by induction of apoptosis in the prostate cancer cell lines LNCaP, DU-145, and PC-3 (112).

Androgen receptor

The human AR (NR3C4) is found on chromosome Xq12 and is widely expressed throughout the body. Evidence of epigenetic regulation of AR comes from the finding that advanced-stage and androgen-insensitive prostate cancers are associated with AR gene hypermethylation and loss of AR expression. The first evidence of AR epigenetic regulation came from the observation that the AR-deficient (AR-) cell lines Du145, DuPro, TSU-PR1, and PPC1 have hypermethylated AR promoters, while the AR-expressing cell lines LNCaP and PC3 cells used in these studies have hypomethylated promoters (113). Treatment of AR-cells with 5-aza restores AR expression, an effect that is associated with AR promoter hypomethylation. Similarly, loss of AR expression and AR promoter hypermethylation has been observed in invasive prostate adenocarcinomas chemically induced by treatment of rats with 3,2'-dimethyl-4-aminobiphenyl (114). AR hypermethylation also seems to play a significant role in human prostate cancer. AR hypermethylation has been detected in 20% of primary cell lines from prostate cancer patients and 28% of hormone-refractory prostate cancers (115). Prostate cancer is associated with many genome-wide effects, and AR methylation is likely one of multiple epigenetic reprogramming events (116).

Like methylation, histone modifications also participate in the regulation of AR-driven genes. Studies have linked the activation of AR-dependent genes with lysine-specific demethylase 1 (LSD1), a demethylase that removes transcriptionally repressive mono-, di-, and tri-methylation marks from H3K4 and H3K9 to favor gene expression. LSD1 knockdown decreases transcriptional activation of AR-driven genes as well as cell proliferation in LNCaP cells (117). Similar results have been obtained with the LSD1 inhibitor, pargyline (117).

Infection and inflammation are associated with early prostate cancer progression (118). However, it is not known whether infection and inflammation are leading to AR methylation. As pointed out by Nelson (118), iNOS-producing macrophages are found in earlier stages of prostate cancer progression. Moreover, interleukin 1 β silences *FMR1* and *HPRT*, an event associated with production of nitric oxide (119). Taken together these findings suggest that epigenomic changes may occur early in the development of cancer and defining the role that inflammation plays in the 40 or so genes modified in prostate cancer could be of great relevance for future treatments (120).

Challenges and methods of studying epigenetic changes *in vivo*

The epigenome is tissue-, developmental stage-, and species-specific. In addition, it dynamically changes in the adult in response to the environment (3,121,122). Its dynamic nature is best exemplified, in one hand, by the reset of all the epigenomic marks during gametogenesis, effectively erasing cell memory before passing it on to the next generation (123), and in the other, by the generation of unique configurations of epigenomic marks that are laid down to give rise to the different cell types and their expression patterns. Even within the same cell type, subtle differences in the epigenome exist. For example, bisulfate sequencing of DNA from tissues or cell lines often shows that not all clones have the same methylated pattern. This implies that the epigenome is adaptable, with differences in the epigenome arising not only from cell type, but also from the cellular microenvironment, such as closeness to vascular nutrition and neighboring cells. The challenge is how to study the epigenome in an efficient, flexible, and affordable way.

For the study of small genomic regions, bisulfate sequencing is the gold standard in determining DNA methylation. Improvements in bisulfate treatment of the genomic DNA have enhanced conversion efficiency and ease of use (124). However, genome-wide methylation studies with single CpG resolution are expensive, time consuming, and challenging to perform. Multiple genome-wide methods have been developed and are constantly being perfected for the study of the epigenome (125–127). Shotgun bisulfate sequencing is among the promising technologies that uses high-throughput sequencing combined with bisulfate-treated DNA to offer high-resolution mCpG reading (128). Other approaches like microarrays (129) have had relative success, and development of algorithms to analyze the data will improve their use (130). Nevertheless, the costs and availability of these technologies limit their wide spread use.

Restriction landmark genomic scanning (RGLS) (131) and methylation-sensitive restriction fingerprinting (MSRF) (132) are popular techniques for genome-wide methylation analysis. The materials for these techniques are readily available and can be setup in any laboratory. RGLS is a restriction endonuclease-based epigenomic approach that has been successfully used in the discovery of methylated genes in cancer (133) and investigation of mouse germ cell development (134). RGLS relies on methyl-sensitive enzymes to generate genomic fragments, which can be separated by 2D gel electrophoresis to reveal a pattern of spots representing the global methylation status. The data output obtained from RGLS can be combined with bioinformatics algorithms to identify changing targets (135,136). The power of this technique is limited by the ability to separate fragments and the amount of restriction sites present in the genome for a given enzyme. In the case of *NotI*, this is ~2,000 fragments (137).

MSRF relies upon a methylation-sensitive enzyme that is frequently found in the genome to fragment non-methylated consensus sites in the genome. The DNA fragments not digested by the enzyme are then PCR-amplified under low stringent conditions using two short primers. The fragments are separated in a sequencing gel, and the differences between digested and undigested DNA samples orient to areas undergoing methylation changes (132). We have used MSRF to identify epigenetic changes in adult rats exposed to DEHP *in utero*. In this experiment, pregnant dams were administered the endocrine disruptor DEHP by gavage from GD14 until birth, and testes were collected at PND60. DNA was extracted, digested with the methylation-sensitive enzyme *BstUI*, and PCR-amplified using a combination of MRSF primers. The products were then separated in a sequencing gel. The resulting band pattern reflects the methylation status of a particular area in the genome. We identified several regions that were differentially methylated and are in the processes of cloning and characterizing the expression of the targets (Fig. 5C). We hope that a similar analysis in purified cell populations will uncover new epigenetically modified targets and shed more light into the long-term effects of DEHP.

Conclusions

Interplay exists among steroid hormone action, biosynthesis, and steroid receptor function. Epigenetic modifications to either branch are likely to alter their associated signaling and depending on age, impact development. Promoter regulation similar to that observed in GR and ER α genes likely occurs across the genome. The identification of genes and characterization of their response to the environment is of high clinical relevance. The development of new sequencing technologies will likely aid in obtaining a high-resolution CpG map.

Acknowledgments

We are grateful to Dr. M. Culty (McGill University) for her critical review of the manuscript. This work was supported by grant R01 ES013495 from the National Institutes of Health, a Canada Research Chair in Biochemical Pharmacology (V.P.), and a Georgetown University-Consejo Nacional de Ciencia y Tecnologia fellowship (D.M.-A.). The Research Institute of McGill University Health Centre is supported in part by a center grant from Fonds de la Recherche en Santé Quebec.

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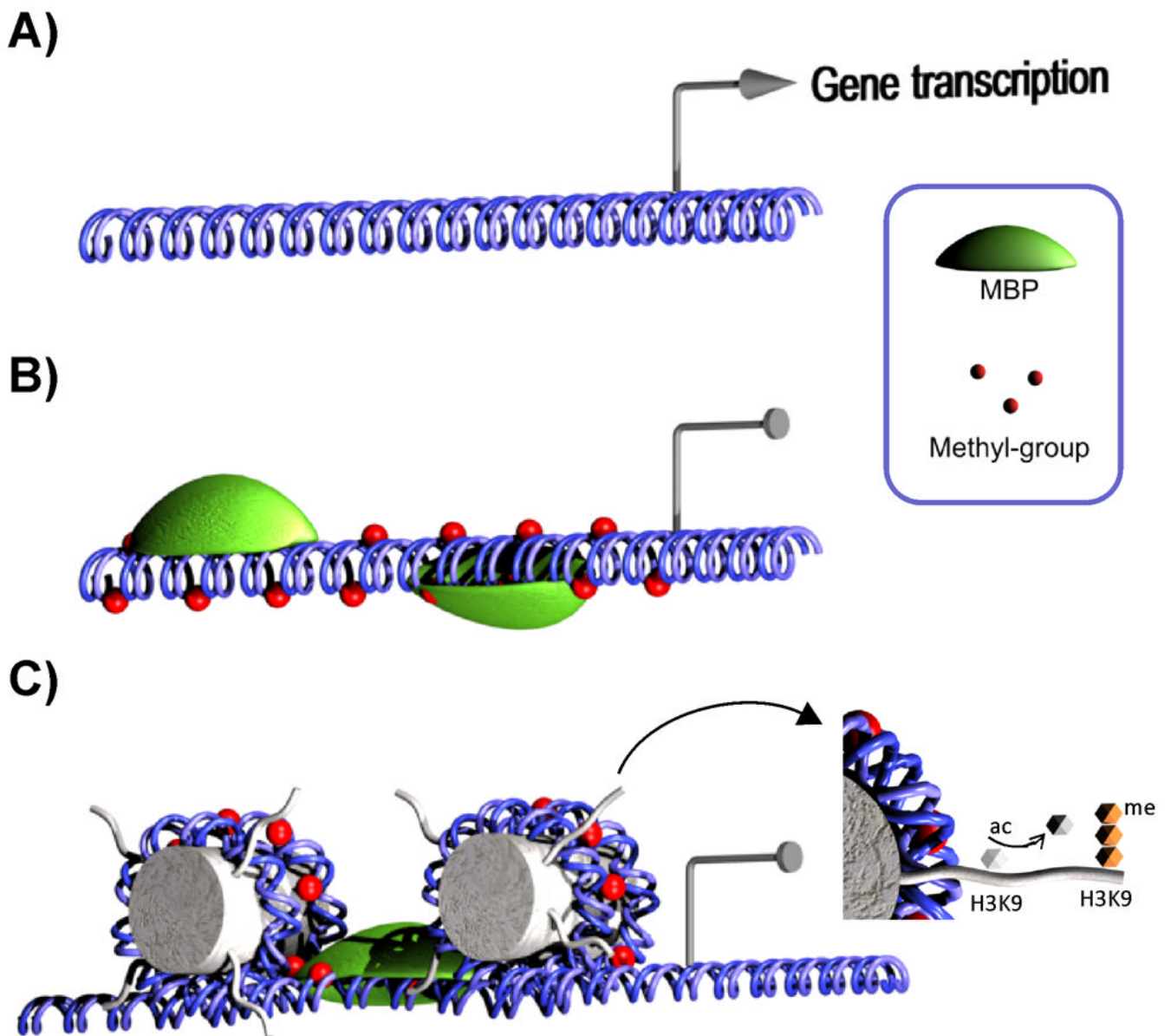


Fig. 1. Role of DNA methylation in gene silencing. (A) Methylation-free DNA allows binding of transcription factors and is transcriptionally active. (B) Methyl groups are added to CpGs in promoter regions by DNMTs and are recognized by methyl-CpG-binding proteins (MBPs). (C) MBPs are coupled to chromatin remodeling complexes that lead to a closed promoter configuration through histone modifications such as deacetylation and trimethylation of H3K9.

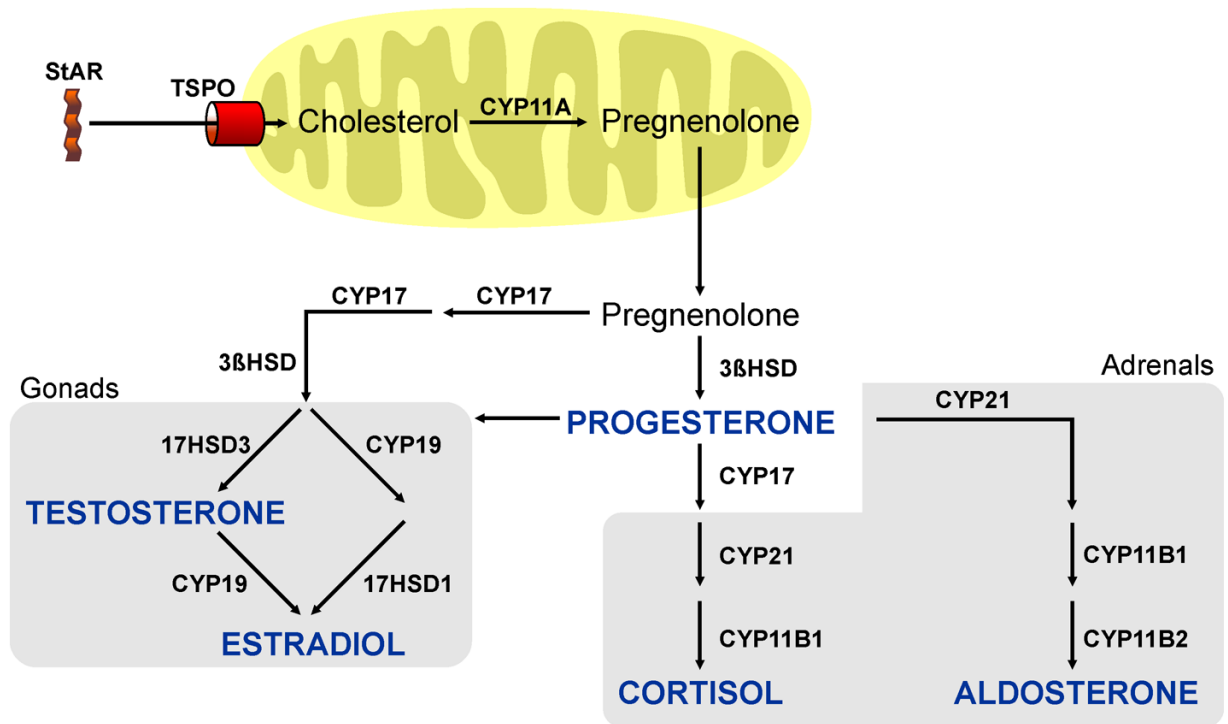


Fig. 2. Steroid biosynthesis. Cholesterol is the precursor of all steroids and is delivered into the inner mitochondrial membrane by STAR and TSPO where is cleaved into pregnenolone. Pregnenolone freely diffuses out of the mitochondria and is used for the biosynthesis of testosterone and estradiol in gonads or cortisol and aldosterone in the adrenal glands.

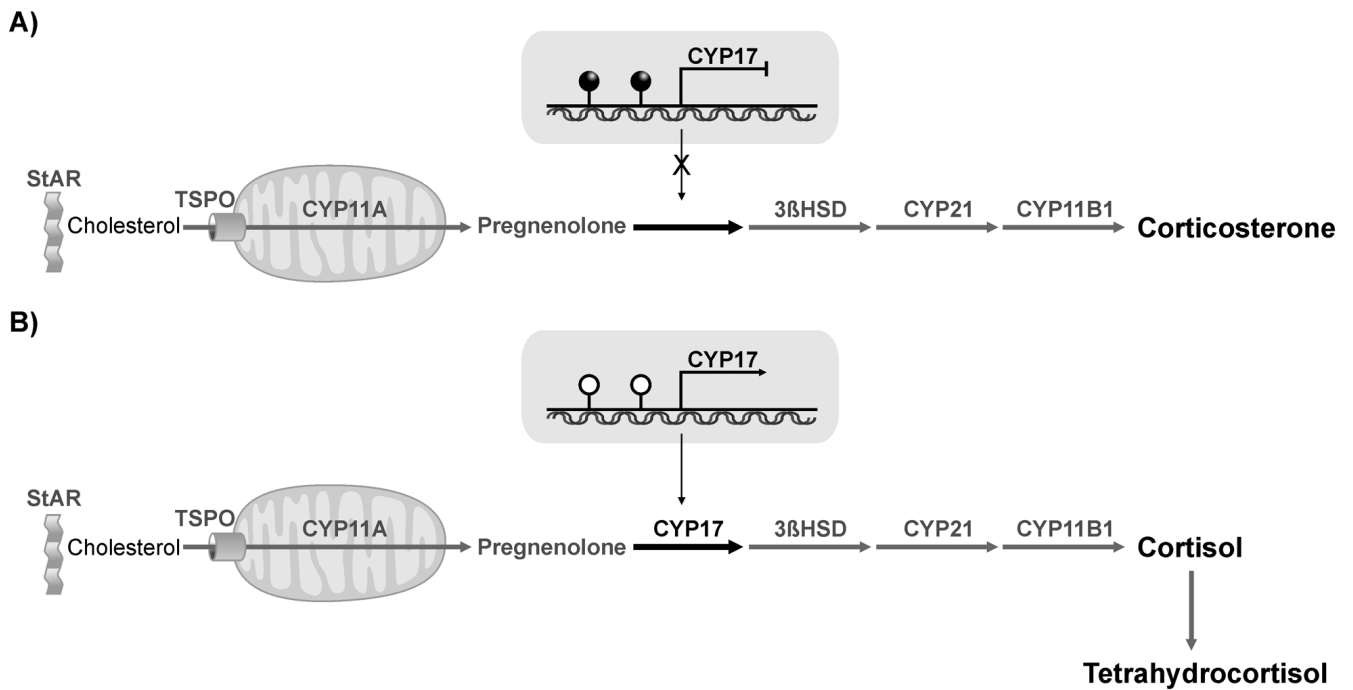


Fig. 3. Demethylation of *Cyp17a1* in rat adrenals leads to the production of cortisol. (A) In rodent adrenals, methylation of the *Cyp17a1* promoter region is correlated with the silencing of gene expression. The absence of CYP17 leads to the production of corticosterone as the main glucocorticoid. (B) Treatment of rodents with 5-aza demethylates the *Cyp17a1* promoter and is associated with re-expression of CYP17, resulting in cortisol production that can be indirectly detected by the presence of the metabolite tetrahydrocortisol in the urine.

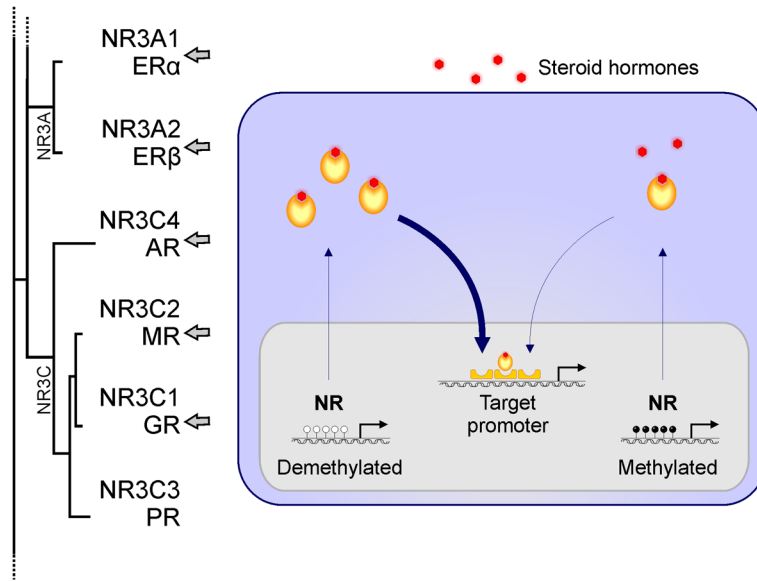


Fig. 4. Epigenetic modifications of nuclear receptors impact steroid hormone signaling. The nuclear receptor subfamily NR3 and NR4 is known to be epigenetically regulated (shown by the arrow). Demethylation of promoter region of the nuclear receptor (NR) leads to normal production of protein that binds to steroid hormones and translocates to the nucleus to activate target promoter areas. Methylation of promoter regions of NRs leads to decrease expression, hormone-binding, and activation of target promoters.

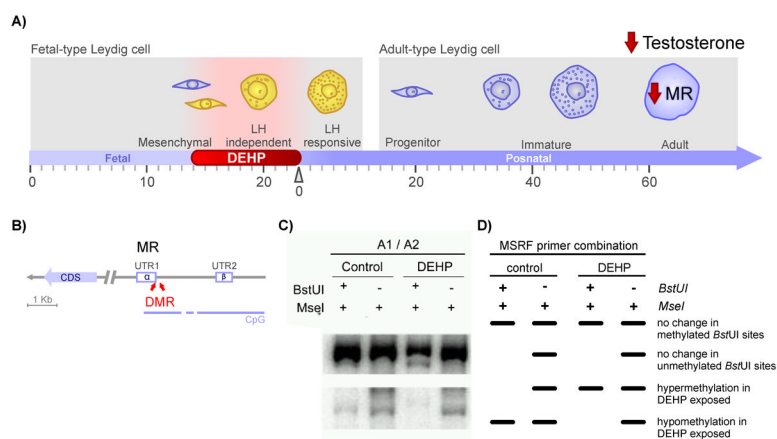


Fig. 5. *In utero* exposure to the plasticizer DEHP decreases MR expression in adult Leydig cells. (A) *In utero* DEHP treatment from GD14 until birth targets fetal-Leydig cells (yellow) and progenitor cells of adult Leydig cells (blue), leading to decreased MR expression and testosterone production in adult-Leydig cells. (B) Pyrosequencing of the MR promoter region revealed a differentially methylated region (DMR) that correlates with the decrease in MR expression. (C) Methylation-sensitive restriction fingerprinting (MSRF) identified two regions that were hypomethylated in the adult (PND60) after *in utero* exposure to DEHP. (D) Schematic diagram depicting the possible MSRF patterns.

Table 1

Epigenetic changes in transcription factors and enzymes involved in steroid biosynthesis.

Gene	Evidence	Reference
<i>NR5A1</i>	Restoration of SF-1 expression in endometrial tissue is associated with SF-1 promoter hypomethylation	(51)
<i>SF-1</i>	The HDAC inhibitor valproate decreases SF-1 and Cyp11a1 levels by an indirect mechanism in Y1 and H295 cell lines	(52)
<i>Star</i>	Decrease in tri-methyl histone H3 (K4) and di-methyl histone H3 (K9) and an increase in acetyl histone H3 within the first 30 mins post 8-Br-cAMP stimulation of MA-10 cells.	(53,54)
<i>Cyp17</i>	CpG demethylation in primary bovine adrenal cell lines	(59,60)
	Rodents treated with 5-aza-dC express Cyp17 in adrenals and produce cortisol	(55)
<i>Cyp19</i>	Hypermethylation in bovine granulosa cells and hypomethylation in corpora lutea at PL1/PII	(64)
	Demethylation of the CRE element at -211/-199 confers camp responsiveness to human skin fibroblast at PL3/II	(65)
	Methylation of CpGs in P1.5/2 of sheep placentomes correlates with aromatase expression but is not the only mechanism of regulation	(68,69)
<i>Nr3c1</i>	Offspring exposed to high LG-ABN exhibit demethylation at exon 1 ₇ , while those exposed to low LG-ABN exhibit methylation in this region	(81)
GR	Victims of child abuse exhibit hypermethylation of GR1 _F and low GR expression in the hippocampus	(83)
<i>Nr3c2</i>	A differentially methylated area in the MR promoter is associated with decreased MR expression in the testis after <i>in utero</i> DEHP exposure	(90)
<i>Nr3a1</i>	Differential methylation in the ER α 1b promoter is correlated with ER α expression in the adult brain	(100)
ER α	ER α promoter methylation is correlated with the loss of ER α expression in human breast cancer	(103,104)
	5-aza and 5-aza-dC treatment of the ER α -negative cell line, MD-MB-231, results in ER α re-expression	(105)
	TSA treatment of the MD-MB-231 cell line induces ER α re-expression	(106)
<i>Nr3a2</i>	Fetal and perinatal exposure to methoxychlor hypermethylates the ER β promoter and decreases ER β expression in the ovary at PND50-60	(108)
ER β	TSA treatment of the ER β -negative cell lines LNCaP, DU-145, and PC-3 induces ER β expression	(112)
<i>NR3C4</i>	5-aza treatment induces re-expression of AR in the AR-negative cell lines Du145, DuPro, TSU-PR1, and PPC1	(113)
AR	Rat invasive adenocarcinomas contain hypermethylation and lose AR expression	(114)
	20% of human primary cancer cell lines and 28% of hormone-refractory prostate cancers contain hypermethylation	(115)