

# Amyloidogenic sequences in native protein structures

Susan Tzotzos and Andrew J. Doig\*

Manchester Interdisciplinary Biocentre, The University of Manchester, Manchester M1 7DN, United Kingdom

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**Abstract:** Numerous short peptides have been shown to form  $\beta$ -sheet amyloid aggregates *in vitro*. Proteins that contain such sequences are likely to be problematic for a cell, due to their potential to aggregate into toxic structures. We investigated the structures of 30 proteins containing 45 sequences known to form amyloid, to see how the proteins cope with the presence of these potentially toxic sequences, studying secondary structure, hydrogen-bonding, solvent accessible surface area and hydrophobicity. We identified two mechanisms by which proteins avoid aggregation: Firstly, amyloidogenic sequences are often found within helices, despite their inherent preference to form  $\beta$  structure. Helices may offer a selective advantage, since in order to form amyloid the sequence will presumably have to first unfold and then refold into a  $\beta$  structure. Secondly, amyloidogenic sequences that are found in  $\beta$  structure are usually buried within the protein. Surface exposed amyloidogenic sequences are not tolerated in strands, presumably because they lead to protein aggregation via assembly of the amyloidogenic regions. The use of  $\alpha$ -helices, where amyloidogenic sequences are forced into helix, despite their intrinsic preference for  $\beta$  structure, is thus a widespread mechanism to avoid protein aggregation.

**Keywords:** amyloid; secondary structure; aggregation; hydrogen-bond; solvent accessibility

## Introduction

The formation of fibrillar aggregates, amyloid fibrils or inclusion bodies of amyloid fibrillar material, appears to be a generic property of polypeptide chains. It is believed that many, if not all proteins, can be converted *in vitro* into amyloid fibrils, given the appropriate conditions.<sup>1-5</sup> Regardless of the size, sequence or structure of the amyloid precursor protein, mature fibrils all appear to share a similar highly organised multimolecular morphology.<sup>6</sup>

More than 40 pathological conditions in humans have so far been attributed to amyloid deposition,

amongst which are Alzheimer's, Huntington's, and Parkinson's diseases, as well as the transmissible spongiform encephalopathies. In these disease conditions, a specific peptide or protein, which is normally soluble, forms fibril-like aggregates, which eventually become deposited as insoluble fibrils and larger plaques or inclusion bodies.<sup>7</sup> Specific mutations have been shown to be the cause for the production of amyloidogenic protein in several disease conditions, but (more) often the protein has the wild-type sequence.

Several proteins unassociated with disease conditions can be induced to form fibrils *in vitro*.<sup>1,2,8-10</sup> In some cases, the aggregates formed from these nondisease-associated proteins have been shown to have cytotoxic properties similar to those of pathological aggregates.<sup>11</sup> A diverse group of proteins has been observed to form amyloid-like fibrils having specific physiological functions in nonpathological conditions in a wide range of organisms, such as proteins of the eggshell chorion in the silk moth, spidroin in the spider, Pmel17, which plays a central

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Additional Supporting Information may be found in the online version of this article.

**Abbreviations:** AD, Alzheimer's disease; ASA, accessible surface area; PDB, Protein Data Bank; PFH, paired helical filament; SRE, self-recognition element.

\*Correspondence to: Andrew J. Doig, Manchester Interdisciplinary Biocentre, The University of Manchester, 131 Princess Street, Manchester M1 7DN, United Kingdom. E-mail: andrew.doig@manchester.ac.uk

role melanin-a polymerisation in humans and many more.<sup>12-17</sup> Amyloid fibres are found in bacteria, fungi, and insects, exploiting their unique mechanical and biological properties.<sup>17</sup> This nonpathological amyloid has been dubbed functional amyloid to distinguish it from the amyloid associated with disease conditions, but from a structural point of view both types of amyloid are the same.<sup>16,17</sup>

The definitive characteristic of amyloid fibrils formed in all the aforementioned cases is the so-called “cross- $\beta$ ” structure as revealed by X-ray diffraction, in which the polypeptide chain is organised into  $\beta$ -sheets arranged parallel to the longitudinal fibril axis, with constituent  $\beta$ -strands perpendicular to the fibril axis.<sup>6,18</sup> Amyloid is also characterised by a high affinity for certain chemical stains such as Congo red and thioflavin (ThT). These staining properties, together with the fibril appearance and characteristic cross- $\beta$  diffraction pattern are the accepted diagnostic prerequisites for amyloid.<sup>18</sup> Solid-state NMR experiments have greatly advanced our knowledge of the structure and stability of amyloid fibrils.<sup>19-21</sup>

The molecular architecture of fibrils formed by different proteins differs with respect to amount of cross- $\beta$  structure, strand orientation and disposition of the core amyloid structure within the protein.<sup>22</sup> Despite their similar nature, a distinction should be made between amyloid fibril formation and protein aggregation. At high protein concentration under physiological conditions, misfolded protein molecules can form amorphous aggregates. The driving force behind formation of such aggregates, which are often enriched in cross- $\beta$  structure, is a combination of hydrophobicity, secondary structure propensity and charge.<sup>23</sup>  $\beta$  aggregation and amyloidosis often occur together in pathological conditions, leading to the idea that  $\beta$  aggregation is an intermediate step on the pathway to formation of mature amyloid fibrils.<sup>23</sup> Furthermore it has been shown amyloid aggregates are polymorphic and that a single polypeptide can fold into multiple amyloid conformations.<sup>24</sup> It is now accepted that pre-fibrillar aggregates, rather than mature amyloid plaques, are the cytotoxic elements in protein deposition diseases.<sup>25,26</sup>

Experiments using very short peptides and larger proteins have attempted to elucidate features of the primary sequence and specific residues, which are responsible for and can be used to predict aggregation and amyloid formation.<sup>27-42</sup> Hydrophobicity is an important determinant of the aggregation propensity of a polypeptide chain.<sup>32</sup> Examination of sequences in disease-related, amyloidogenic proteins has revealed a higher than expected occurrence of aromatic groups, consistent with the important role of Phe residue side chains in pi-pi stacking in the steric-zipper model of amyloid fibrils.<sup>6,43</sup> Statistical studies of natural protein sequences have revealed

that groups of three or more hydrophobic residues occur less frequently than would be expected assuming neutral selection, providing evidence that clusters of hydrophobic residues have been selected against during protein evolution.<sup>44</sup>

The net charge on the protein molecule is an important factor influencing aggregation with a high net charge impeding aggregation.<sup>45</sup> Investigations into the effect of mutations altering the charge state of a protein without altering its hydrophobicity or secondary structural propensity showed that aggregation was favoured by those mutations which brought about a reduction in the net charge.<sup>11,46,47</sup> Similarly, *in vivo* experiments have shown that mutations decreasing the positive charge on a molecule increase the aggregation propensity and mutations increasing the net charge result in decreased aggregation.<sup>48</sup>

Amyloidogenic proteins which are predominantly  $\alpha$ -helical, must undergo an  $\alpha$ -helix to  $\beta$ -sheet conversion during the formation of amyloid fibrils.<sup>27</sup> The tendency to form  $\alpha$  helical secondary structure thus mitigates against the tendency to form  $\beta$ -sheet and hence amyloid fibrils.<sup>27,49</sup> Conversely, the propensity to form  $\beta$ -sheet secondary structure enhances the chances of amyloid formation.<sup>28</sup> In this regard, it is interesting to note that patterns of alternating hydrophobic and hydrophilic residues, which favour formation of  $\beta$ -sheet secondary structure, occur less frequently in natural proteins than would be expected by chance.<sup>50</sup> A comparison of the 3D structural models in the Protein Data Bank with secondary structures predicted for the same proteins by various algorithms has shown that about 3% of known protein structures contain an  $\alpha$ -helix of seven residues or more for which the prediction algorithm suggests a  $\beta$ -strand.<sup>27</sup> While such regions may be due to errors in secondary structure prediction algorithms, such discordant  $\alpha$ -helices have been verified experimentally in some cases. They are seen to occur in the prion protein (positions 179–191), the  $\beta$ -amyloid peptide (positions 16–23) and the lung surfactant protein (positions 12–27), as well as several proteins which although not known to be amyloidogenic *in vivo*, have been found to produce fibrils *in vitro*.<sup>27</sup> There thus seems to be a correlation between  $\alpha$ -helix/ $\beta$ -strand discordant stretches and amyloid fibril formation. Discordant helices may be starting points for  $\alpha$ -helix to  $\beta$ -sheet conversion; their modulation so as to tip the balance toward  $\alpha$ -helix propensity and away from  $\beta$ -strand propensity, reduces the likelihood of fibril formation.<sup>27,49</sup>

Amyloidogenic sequences tend to lack Pro and Gly, presumably as they are destabilizing in  $\beta$  structure.<sup>51</sup> Conservation of glycine and proline residues at structurally strategic positions in  $\beta$ -sandwich proteins appears to serve the purpose of aggregation prevention. Experiments with *de novo* peptides and

proteins as well as with mutated forms of naturally occurring proteins, have elucidated features of polypeptide sequence which inhibit aggregation and fibril formation—so-called “negative design” features.<sup>52-54</sup> The term “structural gatekeeper” was coined by Otzen *et al*<sup>55</sup> to describe charged side chains that prevent aggregation by interrupting contiguous stretches of hydrophobic residues in the primary sequence. A systematic survey of edge strands in a large sample of all- $\beta$  proteins revealed several features which would prevent further  $\beta$ -sheet interactions via main chain hydrogen-bonding, such as  $\beta$ -bulges, proline residues, very short edge strands, tertiary contacts with loop regions and charged residues occurring in positions unfavourable for further strand interaction.<sup>53</sup> Edge-to-edge aggregation in naturally occurring  $\beta$ -sandwich proteins is also prevented by placing an “inwardly-pointing” charged residue on the hydrophobic side of a  $\beta$ -strand; just one residue in the edge strand is sufficient to block aggregation. In  $\beta$ -barrel proteins, unsatisfied hydrogen bonds are minimised: there are no edge strands. Unsatisfied hydrogen bonds render  $\beta$  strands susceptible to aggregation.

Structural studies as well as *in vitro* studies with proteolytic fragments of amyloidogenic proteins and synthetic peptides, have established that the tendency for a protein to form amyloid is often limited to a short sequence of the full protein, known as a “self-recognition element” (SRE). SREs constitute the core peptide of amyloid fibrils in steric-zipper structures.<sup>56,57</sup> Such amyloidogenic sequences constitute “hot spots” for aggregation of the native protein into amyloid fibrils.<sup>37</sup> In the case of paired helical filament (PHF) tau, which accumulates in the neurofibrillary tangles characteristic of AD and other neurodegenerative diseases, it has been shown that only three residues, VYK, are sufficient for fibril formation.<sup>58</sup> Similarly, short sequences forming the core domain of various amyloid fibrils have been identified, amongst which are KLVFFAE for  $\beta$ -amyloid,<sup>59</sup> NFGSVQ for medin,<sup>60</sup> DFNKF for calcitonin,<sup>61,62</sup> FGAIL and NFGAIL for islet amyloid polypeptide,<sup>63</sup> VEALYL and LYQLEN for insulin<sup>57</sup> and VAQKTV for  $\alpha$ -synuclein.<sup>64</sup> It may be possible to delete residues freely on either side of an SRE while retaining the ability for form amyloid.

The object of this study is to structurally investigate the ways in which native proteins containing “dangerous” amyloidogenic stretches have evolved to avoid aggregation and amyloid formation. Amyloidogenic stretches can potentially be identified in several ways, such as regions associated with mutations leading to amyloid formation and the results of programs designed to predict amyloidogenic sequences. The amyloidogenic stretches that we study are those of peptides that have been shown to form amyloid in isolation. This data set is more reliably known to

form amyloid than one derived from prediction programs that will inevitably lack some accuracy, or one using regions where amyloid formation may result from reasons not directly evident in a protein structure, such as perturbing protein trafficking. These sequences have an intrinsic preference to form amyloid. If they are present in a native protein, it will have had to evolve structural features to prevent the amyloidogenic sequence forming an SRE and causing protein aggregation. Discovering how protein structures deal with such “toxic sequences” is the goal of this work.

Amyloid has a common structure composed of extended  $\beta$ -sheets with hydrogen-bonding parallel to the fibril axis. Amyloidogenic peptides therefore must have an intrinsic tendency to adopt  $\beta$  structure. One might thus expect that amyloidogenic peptides will usually be found in  $\beta$ -sheets within proteins. Remarkably, we found that this was not the case.

## Results

### Data set

Amyloidogenic proteins were found by surveying the literature and review articles.<sup>10,14,56</sup> For proteins to be classified as amyloidogenic, they must have been found in amyloid deposits *in vivo* or have been shown to form amyloid fibrils experimentally *in vitro*, either in their entirety or as fragments. Amyloidogenic proteins included in this study were those for which the presence of discrete sequences capable of amyloid fibril formation had been confirmed by transmission EM in combination with Congo red staining, ThT fluorescence or a cross- $\beta$  X-ray diffraction pattern. In the case of transthyretin, amyloid fibril formation of the sequence (105)YTIAALL-SPYS(115) had been shown by magic angle spinning NMR (Jaroniec *et al*, 2004). In addition to evidence of fibril formation, the existence of an accurate 3D model of the native protein deposited in the PDB was essential. Structural models for proteins were initially found by a combination of text searches of the PDB and PDBsum databases as well as by using the “Search by sequence” tool of the PDBsum database<sup>65,66</sup> entering as query sequence amyloidogenic fragments gathered from the primary survey. Subsequently, Perl programs were applied to carry out sequence identity searches of all sequence files representing the PDB database, (downloaded from the PISCES website: <http://dunbrack.fccc.edu/PISCES.php><sup>67</sup>) with each of the amyloidogenic fragments gathered from the primary survey, resulting in the detection of 10 more proteins for inclusion in the study. These are the *Bacillus subtilis* “YjcG” protein (LYQLEN), the *Methanococcus jannaschii* tRNA endonuclease (LVEALYL), DNA polymerase III

subunit alpha, from *Escherichia coli* (GGVVIA), chains N and 2 of the 20S proteasome from *Bos taurus* (GGVVIA), enterotoxin k from *Staphylococcus aureus* (DFNKF), the Na<sup>+</sup>/Ca<sup>2+</sup>-exchange protein 1 from *Canis familiaris* (NFLVH), chains A and D of cytochrome b from *Rhodobacter sphaeroides* (FGAIL), human cystolic thymidine kinase (FGAIL), glycyl-tRNA synthetase from *Thermus thermophilus* (IKVAV) and the leucine-binding protein from *E.coli* (IKVAV). These proteins, although not previously reported as fibril-forming, face an identical problem in dealing with their amyloidogenic peptides, and it is therefore appropriate to include them in our analysis. The amyloidogenic fragment IKVAV was also found in chain H of the 60S ribosome from *Saccharomyces cerevisiae*, but this protein was not included in the study owing to its large size: a 30-mer of molecular mass 1513 kDa. Thirty native proteins were identified for analysis using the search methods described (Table I).

In the case of acylphosphatase (AcP) and medin, amyloidogenicity was originally reported for the human proteins in each case.<sup>28,46,60,88,76</sup> Since no structural model was available for the human proteins, but there were structural models available for the homologous proteins equine muscle AcP: PDB ID 1APS and bovine medin: PDB ID 3BN6, the latter were taken for analysis. Measurements of relative accessible surface area, secondary structure and hydrogen-bond density were carried out on these structures, whose sequences differ slightly from the original amyloidogenic proteins. Equine muscle AcP shares 94% sequence identity with human muscle AcP. The human AcP amyloidogenic sequence, (16)RVQGVCFRMYTEDEAR(31), is (16)RVQGVCFRMYAEDEAR(31) in 1APS; the human AcP amyloidogenic sequence (87)SKLEYSNFSIRY(98) is (87)SKLEYSNFSVRY(98) in 1APS. Human medin is a proteolytic fragment of human lactadherin, which shares 70% sequence identity with bovine lactadherin. 3BN6 is a structural model of the C2 domain of bovine lactadherin with residues V70-V87 matching the amyloidogenic sequence V299-V316 in human medin. The human amyloidogenic sequence (299)VTGIITQGAR(308) is identical in 3BN6; the human amyloidogenic sequence, (309)NFGSVQFV(316), is (80)DFGHIQYV(87) in 3BN6.

Nonoverlapping amyloidogenic fragments greater than 20 amino acid residues in length were excluded from the amyloidogenic category, in order to reduce the probability of including non-amyloidogenic residues. Thus, the 20–41 peptide of  $\beta$ 2-microglobulin, the 36–67 peptide of *B. subtilis* cspB, and the 1–29 amyloidogenic fragment of myoglobin, were considered non-amyloidogenic in the calculations. For pairs of overlapping fibril-forming peptides longer than 20 amino acid residues, the shorter was taken, hence the 1–22 peptide of *B. subtilis* cspB

was considered representative. For any group of overlapping fibril-forming fragments less than 20 amino acids in length, one composite sequence including all amino acid residues observed in individual amyloidogenic sequences was taken as representative of the group. Where a sequence contained a shorter amyloidogenic peptide, the latter was taken as representative. Thus, the 106–147<sup>102</sup> and the 132–160<sup>91</sup> peptides of the human prion protein (hPrP) are represented by the shorter 138–144 peptide reported in Sawaya et al (2007).<sup>57</sup> For keratopithelin, the shorter 515–525 peptide was taken as representative.<sup>83</sup> Similarly, the composite 66–92 amyloidogenic sequence for  $\alpha$ -synuclein which forms part of the  $\alpha$ -synuclein 61–95 NAC peptide<sup>71</sup> is represented by the three shorter 66–74, 77–82, and 86–92 peptides<sup>57,71,70</sup> (Table I).

### Secondary structure

Table II shows the secondary structure of each protein under consideration, subdivided into the amyloidogenic and non-amyloidogenic parts of each structure. Percentages of residues that are helix, strand, or coil are given for each region. The mean values given in Table II are of 30 values, one per protein, for secondary structure in non-amyloidogenic sequences, and of 45 values, for secondary structure in each of 45 discrete amyloidogenic sequences. We find that 35% of residues in amyloidogenic regions are helical compared to only 28% in non-amyloidogenic regions. This preference is at the expense of coil, rather than strand, as 34% of residues in amyloidogenic regions are in strand compared to 28% in non-amyloidogenic regions, while 31% of amyloidogenic regions are coil, compared to 44% of non-amyloidogenic regions. Mann-Whitney tests show that while these differences in helix and strand frequencies are not significant, the difference in coil preferences is ( $P = 0.0008$ ). These results for proteins and amyloidogenic sequences considered individually are consolidated by calculations for pooled residues (577 amyloidogenic, 15,659 non-amyloidogenic) from all 30 proteins, which show that 35% of amyloidogenic residues are helical compared to 31% in non-amyloidogenic regions, 36% of amyloidogenic residues are strand compared to 29% in non-amyloidogenic regions, and 30% of amyloidogenic residues are coil compared to 40% in non-amyloidogenic regions (Table III). There is therefore a clear trend for amyloidogenic sequences to be helical or strand structure, rather than coil. This is perhaps surprising, since in isolation the amyloidogenic sequences are all prone to form aggregated  $\beta$ -sheets. This result tallies with that of Linding et al.<sup>103</sup> who found that regions predicted to be prone to  $\beta$  aggregation are more common in globular proteins, with high secondary structure content, than in intrinsically disordered proteins. Examples of amyloidogenic sequences in

**Table 1. Proteins of Which Peptide Fragments have been Shown to Form Amyloid Fibrils In Vitro and for Which a 3D Structural Model Is Available**

Protein	UniProt ID	PDB ID of 3D structural model for protein <sup>a</sup>	Amyloidogenic sequence(s)/peptide(s)	Location in native mature protein sequence	References	
$\alpha$ -Synuclein	P37840	1XQ8 <sup>a</sup>	(68)GAVVTGVTAVA(78)	68-78	68	
			(51)GVATVA(56)	51-56		
			(66)VGAVVTGV(74)	66-74		
			(86)GSIAAAT(92)	86-92		
			(71)VTGVTAVAQKTV(82)	71-82		69,70
			(77)VAQKTV(82)			
			$\beta$ -Lactoglobulin	P02754		1BEB
(11)DIQKAGTWY(20)	11-20					
(101)KYLFCMENS(110)	101-110					
(116)SLVCQCLVTRTP(126)	116-126					
(146)HIRLSFN(152)	146-152					
(20)SNFLNCYVSGFHPSDIEVDLLK(41)	20-41	73				
(58)KDWFSY(63)	58-71				74,75,57	
$\beta$ 2-Microglobulin	P61769	1B0G	(59)DWSFYLLYYTEFT(71)	83-89	83-89	
			(62)FYLLYY(67)			
			(64)LLYYTE(69)			
			(83)NHVTLS(88)			
			(83)NHVTLSQ(89)			
			(91)KIVKWD(96)			
			(16)RVQGVCFRMYTEDEAR(31) <sup>b</sup>	91-96		
			(87)SKLEYSNFSIRY(98) <sup>b</sup>	16-31		
			(12)MSSYAFFVQTCREEHK(27)	87-98		
			(60)MSTYTGFTDQ(70)	12-27		
			(1)MLEGKVKWFNSEKGFIEVEG(22)	60-70		
			(1)MLEGKVKWFNSEKGFIEVEGQDDVVFHFSAIQ(35)	1-22		
			(36)EGFKTLEEGQAVSFEIVEGNRGPQAAANVTKEA(67)	1-35		
Gelsolin	P06396	1KCKQ	(182)SFNNGDCFILD(192) <sup>c</sup>	36-67	80,81	
			(1038)STNRENTHYGSVVTYRS(1054) <sup>d</sup>	182-192		
			A chain: (13)LYQLEN(18) <sup>e</sup>	1038-1054		
			B chain: (11)LVEALY(16) <sup>e</sup>			
			B chain: (12)VEALYL(17) <sup>e</sup>			
Human complement receptor type 1	P17927	1GKG	(515)FSMLVAAIQSA(525) <sup>f</sup>	515-532 <sup>f</sup>	83	
			(515)FSMLVAAIQSAGLTETLN(532) <sup>f</sup>			
Insulin	P01308	1XDA	(538)NAGDVAFV(545)	538-545	84	
			(2919)SAKVDAIGLEIV(2930)	2919-2930		
Kerato-epithelin	Q15582	1X3B <sup>a</sup>	(56)IFQINS(61)	56-61	86,57	
				26-123		
Lactoferrin	P02788	1LFH	(299)VTGIITQGAR(308) <sup>g</sup>	32-108	87	
			(309)NFGSVQ(314) <sup>g</sup>	299-308 <sup>g</sup>		
Laminin alpha-1 chain, G-like domain, mouse	P19137	2JD4	(309)NFGSVQFV(316) <sup>g</sup>	309-316 <sup>g</sup>	60,88	
			(1)GLSDGEWQVVLNVWVKVEADIAGHGQEV(29)			
Lysozyme, human	P61626	1REX	(101)KYLEFISDAIHVLSK(118)	1-29	89	
			(113)AGAAAAAGAVVGLGG(127) <sup>h,i</sup>	101-118		
Medin (a proteolytic fragment of human lactadherin) <sup>g</sup>	Q08431	3BN6 <sup>g</sup>		113-127 <sup>h,i</sup>	90	
Myoglobin, horse heart	P68082	1WLA			89	
Prion protein, human, hPrP	P04156	1QLX			3	

**Table I. (Continued)**

Protein	UniProt ID	PDB ID of 3D structural model for protein <sup>a</sup>	Amyloidogenic sequence(s)/peptide(s)	Location in native mature protein sequence	References
Prolactin	P01236	1RW5	(132)SAMSRIHFSGSDYEDRYRENMRYPNQ(160) <sup>i</sup> (138)IHFGSD(144) <sup>i</sup> (170)SNQNNF(175) <sup>j</sup> (178)DCVNITIKQHTVTTT(193) <sup>i</sup> (7)GAARCQVTLRDLDFDR(21) (20)DRAVLSHYIHNLSS(34) (43)RYTHGRGFITKAINS(57) (26)LVLCAAASLI(34) <sup>j</sup>	132–160 <sup>i</sup> 138–144 <sup>i</sup> 170–175 <sup>i</sup> 178–193 <sup>i</sup> 7–21 20–34 43–57 26–34	91 57,92 57 93 94
RepA of Pseudomonas pPS10 plasmid	Q52546	1HKQ			95
Transthyretin	P02766	1TTA	(105)YTIAAALLSPYS(115)	105–115	96,97
The following proteins were found to contain fibril-forming peptides present in previously-characterised amyloidogenic proteins <sup>k</sup> :					
*YjcG <sup>+</sup> protein, <i>B. subtilis</i>	O31629	2D4G	(151)LYQLEN(156)	151–156	57,75
tRNA splicing endonuclease, <i>Methanococcus jannaschii</i>	Q58819	1A79	(47)LVEALYL(53)	47–53	
DNA polymerase III subunit alpha, <i>Escherichia coli</i>	P10443	2HNH	(513)GGVVA(518)	513–518	57
20S proteasome <i>Bos taurus</i> (Chains N and 2)	P33672	1IRU	(18)GGVVA(23)	18–23	
Enterotoxin, <i>Staphylococcus aureus</i>	Q5HHK0	2NTT	(50)DFNKF(54)	50–54	61,62
Na <sup>+</sup> /Ca <sup>2+</sup> -exchange protein 1, <i>Canis familiaris</i>	P23685	2DPK	(455)NFLVH(459)	455–459	98
Cytochrome b <i>Rhodobacter sphaeroides</i>	Q02761	2QJP	(337)FGAIL(341)	337–341	63,99
Thymidine kinase, cystolic, human	P04183	1W4R	(133)FGAIL(137)	133–137	
Glycyl-tRNA synthetase, <i>Thermus thermophilus</i>	P56206	1ATI	(399)IKVAV(403)	399–403	100,101
Leucine-binding protein, <i>E. coli</i>	P04816	1USG	(3)IKVAV(7)	3–7	

<sup>a</sup> Indicates that this is the only suitable model available for the amyloidogenic protein.

<sup>b</sup> IAPS is a structural model for equine muscle acylphosphatase, which shares 94% sequence identity with human muscle acylphosphatase. The human sequence, (16)RVQGVCFRMYAEDEAR(31), is (16)RVQGVCFRMYAEDEAR(31) in IAPS; the human sequence (87)SKLEYSNFSVRY(98) is (87)SKLEYSNFSVRY(98) in IAPS.

<sup>c</sup> The 11-peptide containing the mutation D187N has a greatly increased tendency to form amyloid fibrils compared to the peptide with the wild-type sequence with Asp187.<sup>80</sup>

<sup>d</sup> The native sequence in IKGK has Cys1054; Ser1054 is reported for the synthetic, fibril-forming peptide.<sup>82</sup>

<sup>e</sup> The amyloidogenic sequence LVEALYL also occurs in the tRNA splicing endonuclease from *Methanococcus jannaschii* (47)LVEALYL(53), structural model PDB ID:1A79; the amyloidogenic sequence LYQLEN also occurs in the *B. subtilis* <sup>γ</sup>ycG<sup>+</sup> protein (151)LYQLEN(156), structural model PDB ID:2D4G.

<sup>f</sup> Numbering includes 23-residue signal sequence. Amyloidogenic sequence spans Phe21-Asn38 in 1x3B.

<sup>g</sup> The model 3BN6 is bovine lactadherin C2 domain, which shares 70% SID with human lactadherin of which residues 268–317 are medin. Residues Val70-Val87 in 3BN6 are equivalent to the amyloidogenic sequence in human medin between residues 299–316. The human sequence (299)VTGHITQGAR(308) is identical in 3BN6; the human sequence, (309)NFGSVQFV(316), is (80)DFGHIQYV(87) in 3BN6.

<sup>h</sup> Only (125)LGGL(127) of this amyloidogenic peptide are represented in structural model 1QLX, the first residue of which is Leu125.

<sup>i</sup> Numbering includes 22-residue signal sequence.

<sup>j</sup> The peptide containing the mutated residue, Val31 is highly amyloidogenic, the wild-type sequence containing Ala31 is amyloidogenic but to a lesser degree.<sup>95</sup>

<sup>k</sup> Structural models were found by using a Perl program to search the Protein Data Bank for sequences identical to known amyloidogenic peptides (Methods).

**Table II.** Secondary Structure Distribution in Amyloidogenic and Non-amyloidogenic Sequences

Protein	PDB ID of protein model	Amyloidogenic sequence(s)	Number of residues		Secondary structure distribution <sup>a</sup> %					
			Amyloidogenic	Non-amyloidogenic	Helix (amy)	Helix (nonamy)	Strand (amy)	Strand (nonamy)	Coil (amy)	Coil (nonamy)
$\alpha$ -Synuclein	1XQ8	51–56	6	112	100	47.3	0	0	0	52.7
		66–74	9		100		0		0	
		77–82	6		100		0		0	
		86–92	7		100		0		0	
$\beta$ -Lactoglobulin	1BEB	A:11–20	10	236	20	11.9	40	41.5	40	46.6
		A:101–110	10		0		80		20	
		A:116–126	11		0		72.7		27.3	
		A:146–152	7		0		85.7		14.3	
		B:11–20	10		20		40		40	
		B:101–110	10		0		80		20	
$\beta$ 2-Microglobulin	1B0G	B:116–126	11		0		72.7		27.3	
		B:146–152	7		0		85.7		14.3	
		58–71	14	72	0	0	71.4	52.8	28.6	47.2
		83–89	7		0		14.3		85.7	
		91–96	6		0		83.3		16.7	
		16–31	16	70	43.8	14.3	0	48.6	56.2	37.1
AcP	1APS	87–98	12		0		0		100	
		12–27	16	55	87.5	61.8	0	0	12.5	38.2
Amphoterin	1CKT	60–70	11	56	54.5	41.1	0	0	45.5	58.9
		1–22	22	45	0	0	68.2	51.1	31.8	48.9
<i>B. subtilis</i> cspB	2ES2	182–192	11	92 <sup>b</sup>	0	25.0	72.7	29.3	27.3	45.7
		1038–1054	17	119	0	0	29.4	34.5	70.6	65.5
Human complement receptor 1, SRC3	1XDA <sup>c</sup>	A: 13–18	6	37	100	37.8	0	16.2	0	46.0
		B: 11–17	7		100		0		0	
Insulin	1X3B	515–525	11	135	72.7	24.4	0	16.3	27.3	59.3
Kerato-epithelin	1LFH	538–545	8	683	0	28.7	50.0	20.2	50.0	51.1
		2919–2930	12	363 <sup>d</sup>	0	0.6	75.0	51.5	25.0	47.9
Lactoferrin	2JD4 <sup>c</sup>	56–61	6	124	16.7	33.9	0	12.9	83.3	53.2
		299–308	10	140 <sup>f</sup>	0	0	90.0	49.0	10.0	51.0
Laminin	1REX	309–316	8		0		75.0		25.0	
Lysozyme	3BN6 <sup>c</sup>	101–118	18	135	94.4	69.6	0	0	5.6	30.4
		7–34	28	156	71.4	62.2	0	0	28.6	37.8
Medin	1QLX	43–57	15	72	6.7	52.8	0	8.3	93.3	38.9
		113–127 <sup>f</sup>	3		0		0		100	
Myoglobin	1RW5	138–144	7		14.3		0		85.7	
		170–175	6		33.3		0		66.7	
Prolactin	1Q1X	178–193	16	232	81.2	34.5	0	30.6	18.8	34.9
		26–34 (dimer)	9 ( $\times$ 2)		77.8		0		22.2	
hPrP	1HKQ	105–115 (tetramer)	11 ( $\times$ 4)	464	33.3	6.0	0	50.0	66.7	44.0
repA, pPS10 Pseudomonas	1TTA		0		0		90.9	9.1	9.1	
Transferrin	1T7A		0		0		90.9	9.1	9.1	

**Table II.** (Continued)

Protein	PDB ID of protein model	Amyloidogenic sequence(s)	Number of residues		Secondary structure distribution <sup>a</sup> %							
			Amyloidogenic	Non-amyloidogenic	Helix (amy)	Helix (nonamy)	Strand (amy)	Strand (nonamy)	Coil (amy)	Coil (nonamy)		
<i>B. subtilis</i> YjcG protein	2D4G	151–156 (dimer)	6 (×2)	324	0	27.5	67.0	35.2	33.0	37.3		
<i>M. jannaschii</i> tRNA endonuclease	1A79	47–53 (tetramer)	7 (×4)	656	100	29.0	67.0	33.2	33.0	37.8		
DNA polymerase III subunit alpha, <i>E. coli</i>	2HNH	513–518	6	904	100	46.2	100	9.0	0	44.8		
20S proteasome <i>Bos taurus</i>	1IRU	18–23 (Chains N&2)	6 (×2)	6273	0	30.9	83.0	33.5	17.0	35.6		
Enterotoxin, <i>S. aureus</i>	2NTT	50–54 (dimer)	5 (×2)	424	0	13.7	83.0	44.8	17.0	41.5		
Na <sup>+</sup> /Ca <sup>2+</sup> -exchange protein 1, <i>C. familiaris</i>	2DPK	455–459	5	119	80.0	0	0	20.0	20.0	38.7		
Cytochrome b, <i>R. sphaeroides</i>	2QJP <sup>c</sup>	337–341 (Chains A&D)	5 (×2)	1716	100	44.6	0	11.1	0	44.3		
Thymidine kinase, cystolic, human	1W4R <sup>c</sup>	133–137 (Chains A,B,C&D)	5 (×4)	641	40.0	26.1	20.0	36.2	40.0	37.7		
Glycyl-tRNA synthetase, <i>Thermus thermophilus</i>	1ATI	399–403 (dimer)	5 (×2)	863	40.0	27.5	20.0	33.6	40.0	38.9		
Leucine-binding protein, <i>E. coli</i>	1USG	3–7	5	340	0	43.5	100	21.8	0	34.7		
Total no. of residues	16235		577	15658								
Mean (±SD)					35 (±42)	28 (±20)	34 (±39)	28 (±19)	31 (±30)	44 (±8)		
<i>P</i> -value (Mann-Whitney test)					0.60	0.76			0.0008			

<sup>a</sup> Secondary structure distribution according to DeepView: Swiss-PdbViewer.<sup>102</sup>

<sup>b</sup> There are 104 residues in 1KCCQ of which 93 are non-amyloidogenic, but atomic coordinate information is lacking for Val158 and so secondary structure cannot be assigned.

<sup>c</sup> Biological molecule 1 used for analysis.

<sup>d</sup> There are 376 residues in 2JD4 of which 364 are non-amyloidogenic, but atomic coordinate information is lacking for Pro3060 and so secondary structure cannot be assigned to this residue.

<sup>e</sup> The model 3BN6 is bovine lactadherin C2 domain, which shares 70% SID with human lactadherin of which residues 268–317 are median. Residues Val70–Val87 in 3BN6 are equivalent to the amyloidogenic sequence in human median between residues 299–316.

<sup>f</sup> Residues 125–127 only are represented in 1QLX.



**Table III.** Summary of Secondary Structure and Solvent Accessibilities<sup>a</sup>

	Amyloidogenic sequences	Non-amyloidogenic sequences
Hydrogen-bonds per residue <sup>b</sup>	1.12	1.03
Accessible surface area per residue (relative) % <sup>c</sup>	25.6	26.5
Secondary structure distribution <sup>d</sup> %		
Helix	34.5	30.7
Strand	36.0	29.4
Coil	29.5	39.9

<sup>a</sup> Values for each characteristic in individual proteins were summed and expressed as an average of the total of 577 amyloidogenic residues and 15,659 non-amyloidogenic residues (16,236 amino acid residues *in toto*).

<sup>b</sup> Number of hydrogen-bonds per residue estimated by VADAR.<sup>83</sup> In the case of the 20S proteasome, only chains N and 2 containing the amyloidogenic sequence and chains interacting through hydrogen-bonds with these were included in the analysis.

<sup>c</sup> Accessible surface area, average relative surface area per residue (%) computed by the NACCESS program.<sup>91</sup>

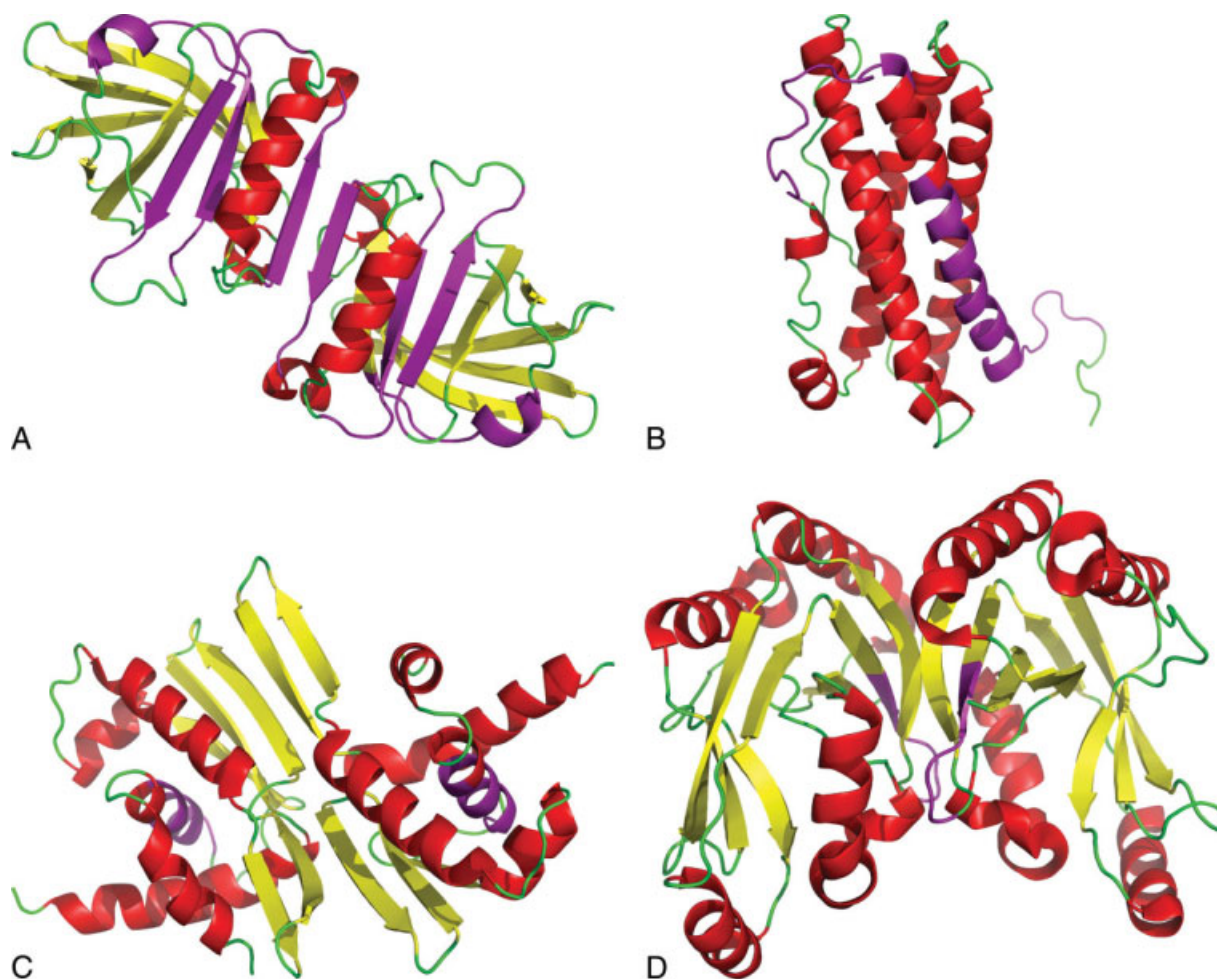
<sup>d</sup> Secondary structure distribution (%) according to DeepView: Swiss-PdbViewer.<sup>102</sup>

proteins are shown in Figure 1 and Supplementary Information Figure 1.

### Surface accessibility

Relative solvent accessibilities show the fraction of a residue's surface that is buried compared to the

unfolded state. These data were determined for amyloidogenic and non-amyloidogenic sequences. Three different methods were applied in these calculations. Calculations using all residues from all proteins pooled into one dataset for amyloidogenic (577 residues) and one for non-amyloidogenic (15,659



**Figure 1.** Selection of amyloidogenic proteins in native conformation with amyloidogenic sequences highlighted (amyloidogenic residue numbers in parentheses for given protein model refer to residues considered amyloidogenic for calculations in present study). Biological molecules are illustrated unless otherwise indicated. a)  $\beta$ -lactoglobulin, PDB ID 1BEB (Asp11-Tyr20, Lys101-Ser110, Ser116-Pro126, His146-Asn152), b) prolactin, PDB ID 1RW5 (Gly7-Ser34, Arg43-Ser57), c) repA pPS10 Pseudomonas, PDB ID 1HKQ (Leu26-Ile34), d) *B. subtilis* 'YjcG' protein, PDB ID 2D4G (Leu151-Asn156). Images were created using PyMol ([www.pymol.org](http://www.pymol.org)).

residues) showed a very small difference in relative accessible surface area (RASA) between amyloidogenic (25.6% RASA) and non-amyloidogenic (26.5% RASA) (Table III). Considered on a per protein basis, amyloidogenic residues showed a significantly lower relative accessible surface area (24% RASA) compared to non-amyloidogenic residues (35% RASA), with a  $P$ -value of 0.0003. However, when amyloidogenic residues were treated as a set of 45 discrete amyloidogenic sequences, there was no significant difference between amyloidogenic (30% RASA) and non-amyloidogenic (35% RASA) residues in terms of surface accessibility (Table IV). The results thus indicate that when considered as part of their native protein, amyloidogenic sequences have an average surface accessibility, which is lower than non-amyloidogenic sequences. Amyloidogenic regions are thus more likely to be buried in a protein interior.

### **Hydrogen-bond density**

Table IV shows the numbers of hydrogen bonds per residue for each amyloidogenic sequence, for amyloidogenic regions per protein and for non-amyloidogenic regions for each protein in our data set. As for the solvent accessibility calculations, three different methods were applied. Calculations from pooled residues of all proteins showed that amyloidogenic residues have more hydrogen bonds per residue (1.12) than non-amyloidogenic residues (1.03) (Table III). Expressed on a per protein basis, there are 1.13 hydrogen bonds per residue in amyloidogenic residues compared to 0.98 in non-amyloidogenic residues, a difference of borderline significance ( $P = 0.057$ ). Expressed as an average per discrete amyloidogenic sequence, amyloidogenic sequences have more hydrogen bonds per residue (1.09) than non-amyloidogenic residues (0.98). The slight trend of higher hydrogen-bond density in amyloidogenic compared to non-amyloidogenic regions can be attributed to the higher likelihood of amyloidogenic regions being in helix or strand which are inherently rich in hydrogen-bonds.

The secondary structure, solvent accessible surface area and hydrogen-bond data in Tables II and IV is averaged as mean values per sequence. Table III gives the same properties averaged per residue, thus giving greater weight to longer sequences and larger proteins. Similar trends are seen: amyloidogenic regions have more hydrogen-bonds, marginally lower solvent accessibility and are more likely to be in helix or strand, at the expense of coil.

### **Solvent accessible surface areas in helices and sheets**

Subdivision of the solvent accessible surface area by secondary structure reveals some clear differences that are obscured when this data is pooled (Tables III and IV). Table V gives surface area data per resi-

due only for residues in strands and Table VI gives the same data for helical residues. The surface areas of residues within amyloidogenic strands are nearly always (15 out of 16 cases) lower than those within non-amyloidogenic strands (11% vs. 20%, respectively), with a significant  $P$ -value of 0.0045. In contrast, amyloidogenic residues in helices have similar mean solvent accessible surface areas to non-amyloidogenic helical residues (28% vs. 32%, respectively), with no significant difference ( $P = 0.49$ ). Table VII summarises the same data on a per residue basis, rather than per strand, as in Tables V and VI. Again, it is clear that amyloidogenic residues within strands have significantly lower surface areas than non-amyloidogenic strand residues, while there is no significant difference between helical residues. This suggests that there is pressure to bury amyloidogenic sequences when in  $\beta$ -strands, while this is not the case for helical amyloidogenic sequences.

### **Hydrophobicity**

Mean residue hydrophobicities for amyloidogenic and non-amyloidogenic residues are given in Table VIII. Amyloidogenic residues are much more likely to be hydrophobic than non-amyloidogenic residues. The average hydrophobicity of amyloidogenic residues is greater than non-amyloidogenic residues in all proteins except for human complement factor and prolactin (data not shown). (Human complement factor has a Cys to Ser mutation that causes amyloidogenicity, perhaps via loss of a disulphide bond.) This is the case when comparing residues within strands or helices, though there is an overall trend for strand residues to be more hydrophobic than helical residues. We compared our data set to a representative set of 586 non-homologous PDB structures (200,754 amino acid residues). Our data set has slightly more hydrophobic helices and less hydrophobic coil regions overall, though these differences are much smaller than those seen when comparing amyloidogenic with non-amyloidogenic sequences. There is thus a clear trend for amyloidogenic sequences to be hydrophobic, as expected since they are prone to aggregation by definition. Also apparent is that amyloidogenic  $\beta$ -strand residues are the most hydrophobic of all types of residue (average hydrophobicity per residue 0.800).

### **Comparison of solvent accessible surface areas with secondary structure contents**

The solvent accessible surface area data, subdivided by secondary structure (Tables V–VII), suggests that distinct strategies are used by proteins to avoid aggregation depending on whether amyloidogenic sequences are found within strands or helices. We therefore divided our data set into two parts: the H-set, which contains all amyloidogenic sequences that have no residues in strand (Supp. Info. Table 1), and

**Table IV.** Hydrogen-Bond Frequency and Accessible Surface Area in Amyloidogenic and Non-amyloidogenic Residues

Protein	PDB ID of protein model	Amyloidogenic sequence(s)	Amyloidogenic			Non-amyloidogenic		
			Hydrogen-bonds/residue <sup>a</sup>		Relative ASA/residue <sup>b</sup> %		Hydrogen-bonds/residue <sup>a</sup>	Relative ASA/residue <sup>b</sup> %
			Average for sequence	Average for protein	Average for sequence	Average for protein		
$\alpha$ -Synuclein	1XQ8	51-56 66-74 77-82	1.17 1.33 1.00	1.07	53.7 58.5 70.6	62.5	0.78	71.4
$\beta$ -Lactoglobulin	1BEB (dimer)	86-92 A&B:11-20 A&B:101-110 A&B:116-126 A&B:146-152	0.71 1.25 1.55 1.14 1.00	1.29	68.3 30.5 15.4 12.7	18.6	1.03	33.6
$\beta$ 2-Microglobulin	1B0G	58-71 83-89 91-96	1.14 0.87 0.50	0.93	15.3 22.9 45.5	33.1	0.83	29.4
AcP	1APS	16-31 87-98	1.13 0.58	0.89	42.5 9.64	10.6	1.20	6.60
Amphotericin	1CKT	12-27	1.38	1.38	19.4	19.4	1.13	41.8
ApoC-II	1SOH	60-70	1.09	1.09	58.8	58.8	0.93	59.9
<i>B. subtilis</i> cspB	2ES2	1-22	0.91	0.91	36.9	36.9	0.71	40.5
Gelsolin	1KCQ	182-192	1.18	1.18	5.46	5.46	0.98	39.4
Human complement receptor 1, SRC3	1GKG	1038-1054	0.76	0.76	39.0	39.0	0.62	43.6
Insulin	1XDA <sup>c</sup>	A: 13-18 B: 11-17	1.33 0.86	1.08	49.2 40.4	44.4	0.92	47.0
Kerato-epithelin	1X3B	515-525	1.18	1.18	30.3	30.3	0.69	41.9
Lactoferrin	1LFH	538-545	0.50	0.50	13.4	13.4	1.07	27.0
Laminin	2JD4 <sup>c</sup>	2919-2930	1.08	1.08	21.6	21.6	0.91	29.4
Lysozyme	1REX	56-61	1.33	1.33	4.72	4.72	1.14	34.2
Medin	3BN6 <sup>d</sup>	299-308	1.20	1.17	8.00	20.2	0.94	31.8
Myoglobin	1WLA	309-316	1.13	1.13	35.3	35.3	1.23	36.0
Prolactin	1RW5	101-118 7-34	1.06 1.25	1.06 1.05	24.9 39.8	24.9 44.1	1.01	35.6
hPrP	1QLX	43-57 113-127 <sup>e</sup> 138-144	0.67 0.33 0.86	1.09	52.1 73.6 54.2	43.8	0.90	40.7
repA, pPS10	1HKQ (dimer)	170-175 178-193	1.50 1.19	0.83	46.5 32.7	18.9	1.16	36.2
Pseudomonas Transthyretin	1TTA (tetramer)	26-34	0.83	0.83	18.9	18.9	0.96	30.0
<i>B. subtilis</i> YjcG' protein	2D4G (dimer)	105-115 151-156	1.18 1.17	1.18 1.17	9.64 26.6	26.6	0.95	32.5

**Table IV. (Continued)**

Protein	PDB ID of protein model	Amyloidogenic sequence(s)	Amyloidogenic			Non-amyloidogenic		
			Hydrogen-bonds/residue <sup>a</sup>		Relative ASA/residue <sup>b</sup> %		Hydrogen-bonds/residue <sup>a</sup>	Relative ASA/residue <sup>b</sup> %
			Average for sequence	Average for protein	Average for sequence	Average for protein		
<i>M. jamaaschii</i> tRNA endonuclease	1A79 (tetramer)	47–53	1.46	1.46	2.86	2.86	1.06	27.2
DNA polymerase III subunit alpha, <i>E. coli</i>	2HNH	513–518	0.67	0.67	1.52	1.52	1.09	27.4
20S proteasome <i>Bos taurus</i>	1IRU	18–23 (Chains N&2)	0.83	0.83	5.83	5.83	1.05	21.3
Enterotoxin, <i>S. aureus</i>	2NTT (dimer)	50–54	2.50	2.50	37.6	37.6	1.03	29.8
Na <sup>+</sup> /Ca <sup>2+</sup> -exchange protein 1, <i>C. familiaris</i>	2DPK	455–459	1.80	1.80	17.5	17.5	0.86	38.5
Cytochrome b, <i>R. sphaeroides</i>	2QJP <sup>c</sup>	337–341 (Chains A&D)	1.10	1.10	25.0	25.0	1.05	27.7
Thymidine kinase, cystolic, human	1W4R <sup>c</sup>	133–137 (Chains A,B,C&D)	1.00	1.00	23.1	23.1	0.99	25.1
Glycyl-tRNA synthetase, <i>Thermus thermophilus</i>	1ATI (dimer)	399–403	1.40	1.40	2.11	2.11	1.10	24.3
Leucine-binding protein, <i>E. coli</i>	1USG	3–7	0.80	0.80	14.3	14.3	1.10	28.9
Mean (±SD)			1.09 (±0.37)	1.13 (±0.37)	30 (±20)	24 (±16)	0.98 (±0.15)	35 (±12)

<sup>a</sup> Number of hydrogen-bonds per residue estimated by the VADAR program.<sup>83</sup>

<sup>b</sup> Accessible surface area, average relative surface area per residue (%) computed by the NACCESS program.<sup>91</sup>

<sup>c</sup> Biological molecule 1 used for analysis.

<sup>d</sup> The model 3BN6 is bovine lactadherin C2 domain, which shares 70% SID with human lactadherin of which residues 268–317 are median. Residues Val70–Val87 in 3BN6 are equivalent to the amyloidogenic sequence in human median between residues 299 and 316.

<sup>e</sup> Residues 125–127 only are represented in 1QLX.

**Table V.** Comparison of Relative Accessible Surface Area in Amyloidogenic and Non-amyloidogenic  $\beta$ -Strand Residues

	PDB ID	Amyloidogenic sequence(s)	Number of $\beta$ -strand residues <sup>a</sup>		Average relative ASA per $\beta$ -strand residue <sup>b</sup> %	
			Amyloidogenic	Non-amyloidogenic	Amyloidogenic	Non-amyloidogenic
$\beta$ -Lactoglobulin	1BEB (dimer)	11–20 101–110 116–126 146–152	52	98	11.3	22.0
$\beta$ 2-Microglobulin	1BOG	58–71 83–89 91–96	16	38	27.5	20.2
<i>B. subtilis</i> cspB protein	2ES2	1–22	15	23	23.9	26.8
Gelsolin	1KCQ	182–192	8	27	3.44	28.9
Human complement receptor 1	1GKG	1038–1054	5	41	23.5	34.2
Lactoferrin	1LFH	538–545	4	138	0	12.6
Laminin	2JD4 (biol. mol.1)	2919–2930	9	187	6.3	18.3
Medin	3BN6	299–308	15	69	14.1	18.3
Transthyretin	1TTA (tetramer)	309–316 (70–87 in 3BN6)	40	232	10.6	16.4
<i>B. subtilis</i> 'YjCG' protein	2D4G (dimer)	105–115	8	110	11.7	19.6
DNA polymerase III subunit alpha, <i>E. coli</i>	2HNH	151–156 513–518	6	81	1.52	10.6
20S proteasome <i>Bos taurus</i>	1IRU	18–23 (chains N and 2)	10	144	0.41	11.3
Na <sup>+</sup> /Ca <sup>2+</sup> -exchange protein 1, <i>C. familiaris</i>	2DPK	455–459	5	73	17.5	26.7
Thymidine kinase, cystolic, human	1W4R	133–137 (chains A,B,C & D)	4	232	8.03	15.3
Glycyl-tRNA synthetase, <i>Thermus thermophilus</i>	1ATI (dimer)	399–403	6	294	0.50	16.4
Leucine-binding protein, <i>E. coli</i>	1USG	3–7	5	74	14.3	18.1
Mean $\pm$ SD					11 $\pm$ 9	20 $\pm$ 7
t-test, t						-3.20
t-test, df						27.7
t-test, P-value						0.0035
Mann-Whitney test, P-value						0.0045

<sup>a</sup> Secondary structure according to DeepView: Swiss-PdbViewer (Guex and Peitsch, 1997).

<sup>b</sup> Accessible surface area (ASA), average relative surface area per residue (%) computed by the NACCESS program (Hubbard and Thornton, 1993).

**Table VI.** Comparison of Relative Accessible Surface Area in Amyloidogenic and Non-amyloidogenic Helical Residues

Protein	PDB ID	Amyloidogenic sequence(s) containing residues in helical conformation	No. of helical residues <sup>a</sup>		Average relative ASA per helical residue <sup>b</sup> %	
			Amyloidogenic	Nonamyloidogenic	Amyloidogenic	Nonamyloidogenic
$\alpha$ -Synuclein	1XQ8	51-56 66-74 77-82 86-92	28	53	62.5	65.0
$\beta$ -Lactoglobulin	1BEB dimer	11-20 <sup>c</sup>	4	28	53.0	39.8
AcP	1APS	16-31 <sup>c</sup>	7	10	13.8	7.9
Amphoterin	1CKT	12-27	14	34	20.4	34.4
ApoC-II	1SOH	60-70	6	23	56.3	56.1
Insulin	1XDA(1)	13-18 11-17	13	14	44.4	41.4
Kerato-epithelin	1X3B	515-525 (21-32 in 1X3B)	8	33	33.8	35.1
Lysozyme	1REX	55-61	1	42	0	24.0
Myoglobin	1WLA	101-118	17	94	24.3	31.1
Prolactin	1RW5	7-34 43-57	21	97	27.2	25.0
hPrP	1QLX	138-144 <sup>c</sup> 170-175 <sup>c</sup> 178-193 <sup>c</sup>	16	38	34.4	37.7
repA pPS10	1HKQ dimer	26-34	10	80	12.2	29.2
<i>M. jannaschii</i> tRNA endonuclease	1A79 tetramer	47-53	28	190	2.86	25.9
Enterotoxin, <i>S. aureus</i>	2NTT dimer	50-54	8	58	38.4	16.4
Cytochrome b <i>Rhodobacter sphaeroides</i>	2QJP(1) (Chains A&D)	337-341	10	526	25.0	21.2
Thymidine kinase, cystolic, human	1W4R (Chains A,B,C&D)	133-137	8	167	2.79	24.6
Mean $\pm$ SD					28 $\pm$ 19	32 $\pm$ 14
t-test, t						-0.66
t-test, df						27.49
t-test, P-value						0.52
Mann-Whitney test, P-value						0.49

<sup>a</sup> Secondary structure according to DeepView: Swiss-PdbViewer (Guex and Peitsch, 1997).

<sup>b</sup> Accessible surface area (ASA), average relative surface area per residue (%) computed by the NACCESS program (Hubbard and Thornton, 1993).

<sup>c</sup> One of two or more amyloidogenic sequences in given protein: only this sequence has residues in helical conformation.

**Table VII.** Pooled Data for Accessible Surface Area of Amyloidogenic and Non-amyloidogenic  $\beta$ -strand and Helical Residues

	Average relative ASA per $\beta$ -strand residue <sup>a</sup> %		Average relative ASA per helical residue <sup>a</sup> %	
	Amyloidogenic	Non-amyloidogenic	Amyloidogenic	Non-amyloidogenic
Number of residues	208	1861	199	1487
Mean $\pm$ SD	12 $\pm$ 16	17 $\pm$ 20	29 $\pm$ 28	27 $\pm$ 24
Mann-Whitney test, p-value	0.0011		0.95	

<sup>a</sup>Accessible surface area (ASA), average relative surface area per residue (%) computed by the NACCESS program.

the S-set which contains all amyloidogenic sequences that have one or more residues in strand (Supp. Info. Table 2).

Figure 2 shows correlations between solvent accessible surface area and secondary structure strand content. There is a significant correlation for strands, with sequences that have more  $\beta$  content, more likely to be buried. This is apparent when looking at the amyloidogenic sequences in all our data set (Fig. 2a), within the S-set (Fig. 2b) and for strand content in non-amyloidogenic sequences (Fig. 2c). This general trend for sequences with a higher strand content to be more buried can explain why amyloidogenic sequences can be tolerated in proteins if they are in  $\beta$  structure.

In contrast to strands, there is no preference for sequences with more helical content to have a lower solvent accessible surface area (Fig. 3). Figure 3a shows a weak trend for sequences with a high helical content in amyloidogenic sequences to have a higher surface area, though this correlation arises from the inclusion of sequences with low accessibil-

ity and zero helical content, since within the H-set the correlation is not apparent (Fig. 3b). There is also no correlation between accessibility and helical content within non-amyloidogenic sequences (Fig. 3c). This therefore suggests that amyloidogenic sequences in helices do not need to be buried to avoid aggregation, in contrast to strand sequences.

## Discussion

Proteins that contain a sequence capable of forming amyloid pose a real danger for a cell, since they can be toxic if they fold into this form. A simple solution to this problem might therefore be for such sequences to be never present within proteins. While selection against sequences that may form amyloid does seem to occur,<sup>50</sup> they are still present in some proteins, perhaps because they are essential for function or important for folding. By examining experimentally verified amyloidogenic sequences within protein structures, we have identified two mechanisms by which proteins avoid aggregation: Firstly, amyloidogenic sequences are often found within

**Table VIII.** Hydrophobicity of Amyloidogenic and Non-amyloidogenic Residues in Amyloidogenic Proteins and of Residues in Globular Proteins in General<sup>a,b</sup>

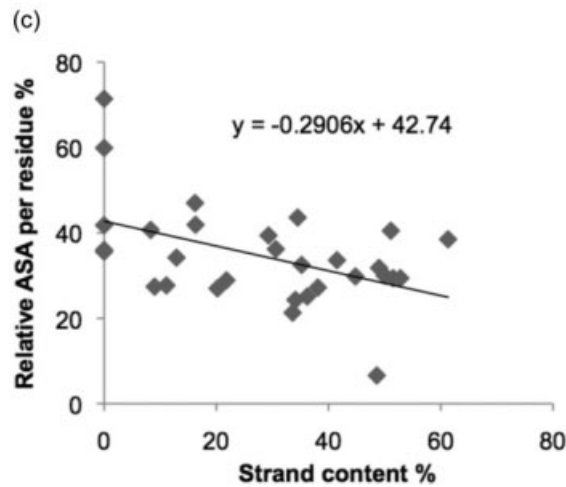
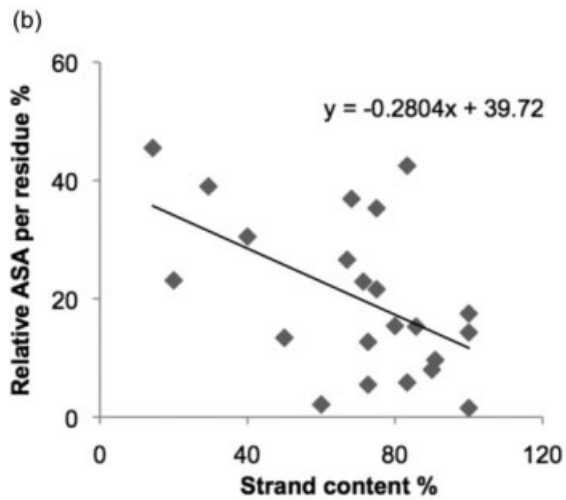
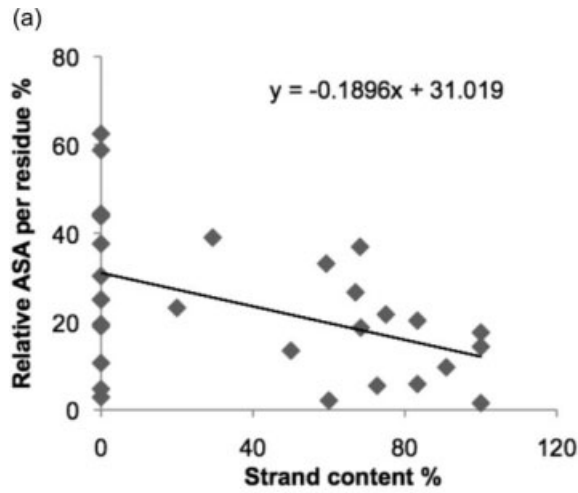
	Amyloidogenic proteins <sup>c</sup>			Culled set of globular proteins <sup>b</sup>
	Amyloidogenic residues	Non-amyloidogenic residues	All residues	
Secondary structure <sup>d</sup>				
All residues	0.600	0.372	0.380	0.366
Helical	0.638	0.409	0.418	0.356
Strand	0.800	0.625	0.634	0.616
Coil	0.356	0.159	0.165	0.218

<sup>a</sup> Thirty amyloidogenic proteins represented by PDB models: 1A79, 1APS, 1ATI, 1B0G, 1BEB, 1CKT, 1GKG, 1HKQ, 1IRU, 1KCQ, 1LFH, 1QLX, 1REX, 1RW5, 1SOH, 1TTA, 1USG, 1W4R, 1WLA, 1X3B, 1XDA, 1XQ8, 2D4G, 2DPK, 2ES2, 2HNN, 2JD4, 2NTT, 2QJP and 3BN6. Hydrophobicity calculated using Perl program 'stride\_hydrophob'. Analysis comprised 589 amyloidogenic and 15654 non-amyloidogenic residues: 214 helical amyloidogenic, 188 strand amyloidogenic and 187 coil amyloidogenic residues; 5593 helical non-amyloidogenic, 4136 strand non-amyloidogenic and 5925 coil non-amyloidogenic residues.

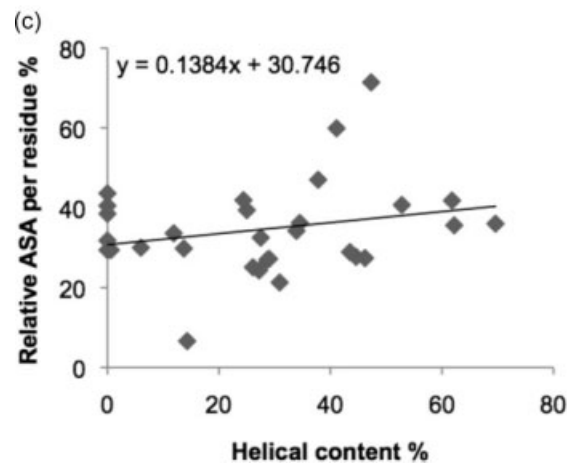
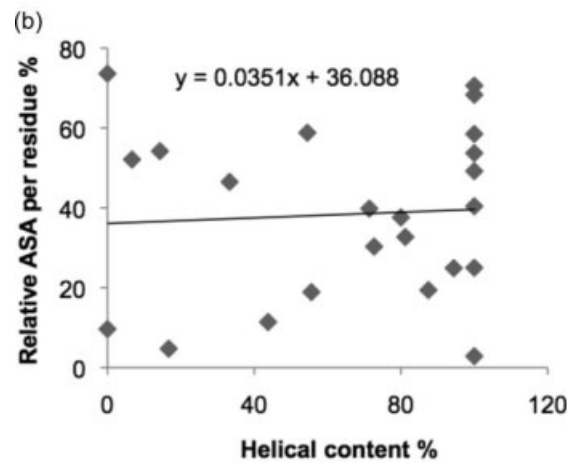
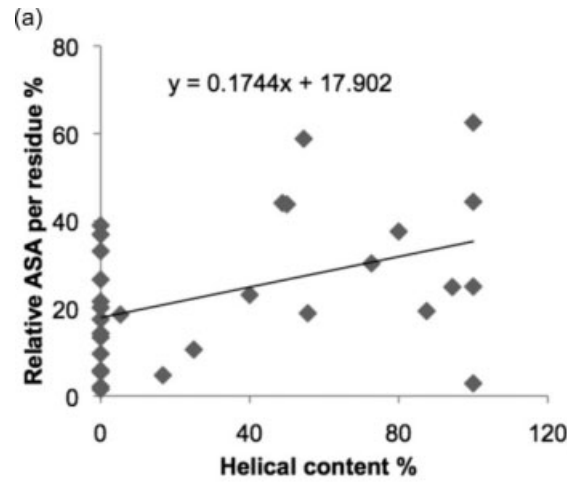
<sup>b</sup> Culled set obtained from PISCES website: <http://dunbrack.fccc.edu/PISCES.php> (<20% SID, <1.6 Å resolution, <0.25 R factor).<sup>62</sup> Hydrophobicity calculated using Perl program 'stride\_hydrophob'. Analysis comprised 586 PDB structures consisting of 200,754 amino acid residues.

<sup>c</sup> For AcP and medin, structures of homologous proteins were used (PDB IDs: 1APS and 3BN6, respectively), and the FASTA sequence from the UniProt entries, P14621 and Q08431, applies for hydrophobicity measurements.

<sup>d</sup> Secondary structure according to STRIDE: <http://webclu.bio.wzw.tum.de/cgi-bin/stride/stridecgi.py>.<sup>114</sup>



**Figure 2.** (a) Correlation between relative accessible surface area (ASA) per residue and strand content in amyloidogenic sequences of 30 native proteins (one average value per protein). Correlation coefficient =  $-0.4568$ ,  $p = 0.0112$ ; slope of trendline =  $-0.1896$ . (b) Correlation between relative accessible surface area (ASA) per residue and strand content in S-set of amyloidogenic sequences. Correlation coefficient =  $-0.5239$ ,  $p = 0.0123$ ; slope of the trendline =  $-0.2804$ . (c) Correlation between relative accessible surface area (ASA) per residue and strand content in non-amyloidogenic sequences of 30 native proteins. Correlation coefficient =  $-0.4735$ ,  $p = 0.0082$ ; slope of the trendline =  $-0.2906$ .



**Figure 3.** (a) Correlation between relative accessible surface area (ASA) per residue and helical content in amyloidogenic sequences of 30 native proteins (one average value per protein). Correlation coefficient =  $0.4244$ ,  $p = 0.0194$ ; slope of trendline =  $0.1744$ . (b) Correlation between relative accessible surface area (ASA) per residue and helical content in H-set of amyloidogenic sequences. Correlation coefficient =  $0.0610$ ,  $p = 0.7823$ ; slope of the trendline =  $-0.0351$ . (c) Correlation between relative accessible surface area (ASA) per residue and helical content in non-amyloidogenic sequences of 30 native proteins. Correlation coefficient =  $0.2414$ ,  $p = 0.1987$ ; slope of the trendline =  $0.1384$ .



helices. This is remarkable, since these sequences have an inherent preference to form  $\beta$  structures, by definition, since amyloid has a cross- $\beta$  structure. Despite this preference, the rest of the protein forces the amyloidogenic region into helix. Helix is arguably as distant as possible from amyloid, since in order to form amyloid the sequence will presumably have to first unfold and then refold into a  $\beta$  structure. If the amyloidogenic sequence is in a helix, there is no additional pressure for it to be buried. Discordant helices have previously been discussed as regions of a protein predicted to form strand, while actually forming helix.<sup>27,30,49</sup> During folding into the native structure, such regions of secondary structure ambivalence have similar potential to fold into  $\alpha$ -helices or  $\beta$ -sheets. The results presented here clearly demonstrate this ambivalence manifested in the different secondary structures adopted by fibril-forming sequences in native proteins. The sequence LYQLEN is 100% helical in human insulin, but 67% strand and 33% random coil in *Bacillus subtilis* YjcG protein. The sequence FGAIL, is 100% helical in cytochrome b, but 40% helical, 20% strand and 40% random coil in thymidine kinase (Table II). Similarly, the sequence GGVVIA, the region of the A $\beta$ (1–42) peptide with the highest aggregation propensity,<sup>36</sup> where it is 100% helical,<sup>104</sup> is shown in this study to adopt a 100% strand conformation in *E. coli* DNA polymerase and a conformation which is 83% strand, 17% random coil in chains N and 2 of the 20S proteasome of *Bos taurus* (Table II).

Hydrophobicity is arguably the single most important physico-chemical feature influencing the aggregation potential of a polypeptide chain.<sup>14,32,105</sup> Our results clearly show that the hydrophobicity of amyloidogenic residues in native proteins is similar to that of  $\beta$  strand residues in globular proteins in general. Furthermore, it is clear that amyloidogenic  $\beta$  strand residues are highly hydrophobic (Table VIII). Nevertheless, observations from this study support conclusions from previous work that observed patterns of  $\beta$  aggregation are not solely the outcome of hydrophobicity and  $\beta$ -sheet propensity.<sup>103</sup> Globular proteins contain three times as many aggregation nucleating regions as intrinsically disordered proteins suggesting that tertiary structure formation competes with  $\beta$  aggregation propensity and that burying of the aggregating regions in the folded state is expected as a logical consequence.<sup>103</sup> Destabilisation of the native state by natural mutation leads to amyloid disease.<sup>28</sup> Globular proteins are thus protected from self-association by having aggregation-prone stretches sequestered by structure.<sup>23</sup>

The existence of strong selection pressure on the conformational stability of the native state is well established.<sup>106</sup> Negative selection pressure will ensure that amyloidogenic sequences having a detrimental effect on the organism will be sequestered

into protein structures where their harmful effect is mitigated.<sup>106</sup> In the case of functional amyloid, the ability to exploit an environmental niche has resulted in retention of these sequences.<sup>16,107,108</sup>

These earlier conclusions are borne out by this study, which shows that in native proteins there is a greater tendency for amyloidogenic sequences to form either  $\alpha$  helical or  $\beta$  strand secondary structure rather than random coil. Furthermore, the results show that potentially fibril-forming residues in  $\beta$ -strand conformation are more buried than non-fibril-forming residues. This is not the case for fibril-forming helices which are equally as exposed to the protein surface as their nonfibril-forming counterparts. The helical conformation would therefore appear to offer equal protection against fibril formation as buried strand conformation. Surface exposed amyloidogenic sequences are not tolerated in strands, presumably because they lead to protein aggregation via assembly of the amyloidogenic regions.

## Methods

### Viewing the protein molecules

Protein structures, downloaded from the Protein Data Bank, were viewed using the software package DeepView, version 3.7 (formerly Swiss-PdbViewer).<sup>109</sup> Biological units were used throughout. In the case of  $\beta$ -lactoglobulin, PDB ID 1BEB, the two biological units were used to construct the dimer, the physiologically functional form of the protein, using the 'Create Merged Layer' function in DeepView.

### Secondary structure

Secondary structure was recorded for each residue according to the designation given by DeepView, in which residues are classified as helical, strand, or random coil.<sup>109</sup> This classification often differs slightly from that given in the PDB file header for a particular protein.

### Surface accessibility

The relative accessible surface area (RASA) (%) for each residue of the biological unit was calculated using the NACCESS program, version 2.1.1.<sup>110</sup> Average relative surface accessibilities per residue were calculated for amyloidogenic and non-amyloidogenic sequences and for the different secondary structures thereof, using Excel.

### Hydrogen-bond density

Putative hydrogen-bonds were calculated using the VADAR program, version 1.5<sup>111</sup> and results expressed as hydrogen-bonds per residue for a given sequence. Structures were uploaded to the VADAR website for single or multiple chain analysis, as

appropriate. The 20S proteasome, PDB ID 1IRU, exceeded the upper limit of VADAR (2000 residues) and so a construct was used comprising chains N and 2 which contain the amyloidogenic sequence GGVVIA, and those chains having potential hydrogen-bond interactions with chains N and 2, as measured in DeepView.

### Hydrophobicity

Hydrophobicity calculations were carried out applying Perl programs. FASTA sequence files downloaded from the respective PDB entry for each protein were used in the calculations, except for AcP and medin where human sequences matching the 1APS and 3BN6 sequences were taken from the UniProt entries P14621 and Q08431, respectively. Each amino acid was assigned its hydrophobicity value according to the scale of Fauchere and Pliska<sup>112</sup> and a simple average of the individual values was calculated for any given sequence. For comparative purposes, hydrophobicity measurements were carried out on subsets of sequences culled from the PDB using PISCES<sup>67</sup> with a maximum sequence identity of 20%, R factor of no greater than 0.25 and resolution 1.6 Å or better. For the hydrophobicity calculations, secondary structure was assigned according to STRIDE<sup>114</sup> with simplification of the STRIDE classification into helical, strand, and coil secondary structure types, whereby helical comprises  $3_{10}$  and  $\alpha$ -helical types, strand comprises strand and bridge types and coil comprises coil and turn types.

### Amyloidogenic sequences and datasets

Except in the case of pooled data, values for percentage secondary structure distribution, relative accessible surface area (ASA)/residue and hydrogen-bond density (hydrogen-bonds/residue) were calculated for each protein and for each amyloidogenic sequence. In the case of oligomeric proteins with more than one copy of an amyloidogenic sequence, one average value for the sequence and protein was calculated to avoid redundancy. To observe more accurately the relationship between surface accessibility and secondary structure in the amyloidogenic sequences, the proteins were further divided into those with a  $\beta$ -strand content of  $>0\%$  in their amyloidogenic sequences, the so-called S-set, and those whose amyloidogenic sequences contained  $0\%$  strand content, the H-set. Some amyloidogenic sequences occur in more than one protein and so are associated with the corresponding number of values for each parameter. Thus, two values each for relative solvent accessible surface area, helical, strand, and coil content and hydrogen-bond density are associated with the sequence LVEALYL, which occurs in the insulin B chain and each chain of the *M. jannaschii* tRNA endonuclease, a tetramer. Similarly, two values for

each parameter are associated with the S-set sequences, GGVVIA and IKVAV. The amyloidogenic sequence LYQLEN, which occurs in the A chain of insulin and the 'YjcG' protein of *B. subtilis*, is ambivalent with respect to secondary structure. Similarly, FGAIL occurs in chains A and D of cytochrome b from *Rhodobacter sphaeroides* (H-set) as well as human cystolic thymidine kinase (S-set) (Table I and supp. info.).

### Statistical analyses

The Kolmogorov-Smirnov test was used to assess normal distribution of datasets. The two-sample t-test and the Mann-Whitney test were used for normally and non-normally distributed data, respectively. The software package R, version 2.6.2, was used for Kolmogorov-Smirnov, Mann-Whitney and t-test calculations.<sup>113</sup> Correlation coefficients were calculated using Matlab, version 7.1.0.21 (The MathWorks, Inc). Significance was assumed at the  $P < 0.05$  level.

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