Multiplex Ligation-Dependent Probe Amplification Versus Multiprobe Fluorescence *in Situ* Hybridization To Detect Genomic Aberrations in Chronic Lymphocytic Leukemia

A Tertiary Center Experience

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Cytogenetic abnormalities play a major role in the prognosis of patients with chronic lymphocytic leukemia (CLL). Several methods have emerged to try to best identify these abnormalities. We used fluorescence *in situ* **hybridization (FISH) to determine the frequency of cytogenetic changes in our CLL patient population. We also evaluated the effectiveness of multiplex ligation-dependent probe amplification (MLPA) in detecting these abnormalities. Sixty-two B-CLL patients and 20 healthy controls were enrolled, and FISH and MLPA analyses were performed on peripheral blood samples. Using FISH, genomic aberrations were found in 73% of patients and presented as follows: single 13q14.3 deletion (60%), trisomy 12 (7%), ATM deletion (6%), 17p13.1 deletion (2%). MLPA analyses done on 61/62 patients showed sensitivity and specificity values of 90% and 100% respectively. MLPA revealed several additional copy number changes, the most common being 19p13 (***LDLR* **and** *CDKN2D).* **Moreover, the cost for MLPA analysis, including technical time and reagents, is 86% less than FISH. In conclusion, cytogenetic abnormalities are a common finding in CLL patients, and MLPA is a reliable approach that is more cost effective and faster than FISH. Despite MLPA limitations of sensitivity, it can be used as a first-line screen and complementary test to FISH analysis.** *(J Mol Diagn 2010, 12:197–203; DOI: 10.2353/jmoldx.2010.090046)*

able disease and treatment has not changed overall survival.1,2 This diagnosis encompasses a heterogeneous group of B-cell neoplasms, in which patients demonstrate a variable clinical course. The disease progression, which is classified in the Americas according to the Rai system, ranges from stage 0 where patients display lymphocytosis in blood and marrow and survive more than 10 years, to stage IV where patients with lymphadenopathy, with or without splenomegaly and hepatomegaly, underproductive anemia, and low platelet counts have an average survival of 1.5 to 2 years. 3 It is likely that patients with poor prognosis may benefit from early therapy.⁴ Laboratory indices such as tumor load, elevated LDH, lymphocyte doubling time, increased percentage of prolymphocytes, increased serum β 2 microglobulin or soluble CD23, and diffuse bone marrow infiltration have been ineffective at predicting an impending bad prognosis in individual patients.

Two distinct disease courses have recently been identified in CLL that depend on the mutational status of immunoglobulin variable region Ig*VH*. 5,6 As B lymphocytes mature, they pass through the germinal center of the lymph node follicles where they transform into rapidly proliferating centroblasts. During this process, somatic mutations in the variable region of the immunoglobulin genes are inserted in a randomized manner. The mutational status of the immunoglobulin variable region has been shown to distinguish CLL patients with good and bad prognosis. Unfortunately, Ig*VH* mutation testing is not practical to perform for most clinical laboratories. Investigators have therefore looked for surrogate markers to prognosticate CLL patients. The expression of ZAP-70 held initial promise but its detection by flow cytometry is

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fraught with technical difficulties and therefore is also problematic in many laboratories.

In many studies multiple recurring chromosomal aberrations appear to be effective prognostic markers in CLL. The most common abnormalities include 11q deletions, trisomy 12, 17p deletions and 13q deletions. In 2000, Dohner et al⁷ used five fluorescence *in situ* hybridization (FISH) probes to show that 80% of CLL cases had at least one of these genomic aberrations and that patient prognosis could be predicted even in early stages of disease. Patients with 13q deletion as the sole abnormality had the best prognosis. The worst prognosis was seen in patients with 17p deletion (or *p53* mutation). Detection of chromosome abnormalities by conventional metaphase cytogenetics has been challenging due to limited proliferation of CLL cells *in vitro*. However, due to technical advances in culture conditions that use CpG-oligonucleotide DSP30 plus interleukin 2, conventional cytogenetics can now be used to efficiently detect complex aberrant karyotypes.^{8,9} Nevertheless, interphase fluorescence *in situ* hybridization (I-FISH) using probes specific for the most common abnormalities is generally considered the gold standard approach. Both of these technologies are expensive and time consuming.

Recently, a polymerase chain reaction (PCR)-based approach for detecting chromosomal duplications and deletions, multiplex ligation-dependent probe amplification (MLPA), has emerged that is reported to be a fast, sensitive and cost effective method that can detect copy number changes of up to 45 nucleic acid sequences in one simple reaction, so is ideally suited to detect the deletions and trisomies associated with CLL. Each MLPA probe consists of two oligonucleotides, one consisting of a sequence specific for the forward PCR primer as well as sequence specific to a portion of the DNA region of interest. The second oligonucleotide consists of sequence specific for the reverse primer, an adjacent portion of the DNA region of interest and a stuffer sequence between the two, which is different in length for each probe. The two oligonucleotides will ligate together and amplify only if they bind side by side on the patient's DNA. All probe ligation products are amplified by PCR using only one primer pair (as they have common primer sequences flanking the gene-specific sequences). The products of individual probes are distinguishable because the length of each amplification product is unique due to variations in the length of the stuffer sequence. The resulting amplification products are size separated and quantified by capillary electrophoresis.¹⁰ Despite the apparent applicability of the MLPA technique in detecting chromosomal abnormalities in CLL, there is minimal supportive evidence. Buijs et $al¹¹$ used MLPA to look for common chromosomal alterations in 54 cases of CLL and concluded that it was a powerful and economically attractive technology that detected alterations when the percentage of mutated cells was greater than 35%, which is the case for most CLL patients at diagnosis. Coll-Mulet et al came to a similar conclusion from their study of 50 CLL patients.12 Additional studies are required to validate this approach.

We have used FISH as the gold standard to prospectively determine the proportion of high and low risk patients in the Nova Scotia CLL population who might benefit from treatment tailored to their prognostic markers. Secondly, we compared MLPA and FISH as methods to detect prognostic markers in CLL, in terms of sensitivity, specificity, processing time and cost.

Materials and Methods

Case Selection and Sample Collection

Sixty three previously diagnosed (untreated and treated 6 months ago) and new untreated CLL patients were enrolled prospectively in this study. Patients with atypical CLL were excluded. All participants attended the hematology clinic at the QEII Health Sciences Centre from August 2007 to June 2008. Written informed consent was obtained from each participant as required by the Capital District Health Research Ethics Board. Peripheral blood samples were collected in EDTA and sodium heparin tubes.

Interphase FISH

FISH analysis for chromosomal abnormalities was performed on peripheral blood cells collected on sodium heparin. Leukocytes were harvested without prior culture or stimulation and preserved in a fixative solution of methanol/acetic acid at -20° C using standard methods. The cell suspension was spread on two slides for each patient in preparation for FISH. Commercial, multicolor probes provided by Vysis laboratories (New York, NY) were used that included probes for 11q22 (*LSI ATM*), 13q14.3 (*LSI D13S319*), 13q34 (*LSI 13q34*), 12p11.1-q11 (*CEP12*) and 17p13.1 (*LSI P53*). Probes were validated by testing 20 normal controls to establish the cut off point for lower limit of abnormal number of probe signals. We analyzed probe hybridization in 200 nuclei from each individual in the control group. The number of false positive cells for any given signal pattern were identified among these nuclei. We then used the β inverse formula in Microsoft Excel to determine the normal cut off at the upper bound of the 95th percentile. Moreover, two independent analysts scored 50 nuclei for each patient. Scoring of each sample was achieved using a fluorescence microscope. A normal control was included with every patient run.

DNA Extraction

DNA was extracted from peripheral blood collected on EDTA using a standard salting out method. It was dissolved in TE buffer at a concentration of $10-20$ ng/ μ l and stored in the fridge at 4°C. DNA was obtained from 55 patients and 10 normal controls.

MLPA Reaction

The MLPA CLL kit (P037 and P038) from MRC-Holland (Amsterdam, The Netherlands) was used to detect chromosomal abnormalities commonly associated with CLL. The probe mix consists of 55 probes specific for chromosomal positions, 17p13, 13q14, 11q23, 10q23, 2p24, 8q24, 6q25-26, 9p21, and other regions on chromosomes 12 and 19. The manufacturer's protocol was followed. Three reaction phases included hybridization, ligation, and PCR. For hybridization, 5μ of DNA/TE buffer solution was heated to 98°C for 5 minutes, followed by addition of the probe mix. Samples were re-heated for 1 minute at 95°C and then incubated for 16 hours at 60°C. In the ligation phase, the annealed oligonucleotide probes were incubated with ligase at 54°C. In the third phase, 35 cycles of PCR were performed using PCR master mix and SALSA polymerase that was added to the ligated products at 60°C. PCR reactions were performed in an MJ thermal cycler with a heated lid. Finally, a gene scan ABI3130XL capillary electrophoresis (Burlington, Canada) was used to size separate and analyze PCR products.

MLPA Data Analysis

Genemarker software (Soft Genetics, State College, PA) performed the MLPA analysis by dividing relative peak area of each probe by the sum of all probe peak areas. The ratio was then normalized in relation to a normal control. Threshold of detection was set at 0.85–1.2. The presence of more than 2 outliers was required to call a positive result for any chromosomal abnormality identified by FISH.

Cost-Effectiveness Analysis

The overall testing time and cost for analysis of each sample, including patients and normal controls were estimated taking into account hands-on technician time, technologist salary per hour, and the cost of materials and supplies. Calculations assumed that samples were processed in batches of 10. The aforementioned analysis applied for both FISH and MLPA.

Statistical Analysis

A Wilcoxon rank sum test and a Kruskal-Wallis nonparametric test was performed to compare variables between subjects with normal results and subjects with cytogenetic abnormalities.

Results

Demographic and Clinical Data

The demographic data for 62 patients are summarized in Table 1.

FISH

Interphase FISH was used to detect chromosome abnormalities commonly associated with CLL. Validation procedures established lower limits for positivity of 3%, 5%, 2%, 5%, and 1% for 13q14.3, 13q34, 11q22, and 17p13.1

Table 1. Demographic and Clinical Data

Age (years) $<$ 50	Frequency 6
$50 - 70$	35
>70	21
Sex	Frequency
Male	46
Female	16
Median white blood cell count /L	25×10^9
White blood cell count range	$2 - 202$
Median absolute lymphocyte count	14×10^{9}
Absolute lymphocyte count range	$1 - 110$
Median smear cells (%)	44
Rai stage, no (%)	
Stage 0	46 (74%)
Stage 1	14 (22%)
Stage 2	$0(0\%)$
Stage 3	1(2%)
Stage 4	1(2%)

deletions and trisomy 12, respectively. The frequency of each defect, in the patients tested, is shown in Table 2. Forty-seven of 62 patients (75%) had an abnormal karyotype. While 42 of these had a single abnormality detected, five had two abnormalities. The most common defect was 13q14.3, which was present in 39 patients. The deletion was heterozygous in the majority of these, but 4 cases were homozygous. Trisomy 12 was observed as an isolated abnormality in 5% of patients. Deletions of 17P13.1, 11q22 or 13q34 were not detected as the sole aberration in any of our patients. 13q14.3 deletion accompanied *p53* (17p13.1) deletion in one patient and *ATM (11q22)* deletion in three patients. Table 3 shows the proportion of abnormal cells detected with each probe.

MLPA

MLPA analysis for chromosomal abnormalities was performed on 61 of 62 patients to determine its validity as an alternate to FISH for clinical diagnostics. DNA was not recovered from the peripheral blood sample of one patient for unknown reasons. MLPA results were in concordance with FISH results in 54 cases. All 15 cases that

Table 2. Frequency of Recurring Cytogenetic Abnormalities Detected by FISH in CLL Patients

	Frequency	Percent
Normal	15	25
Abnormal	47	75
Isolated abnormalities		
13q14.3 deletion		
Monoallelic	27	44
Biallelic	4	6
Monoallelic and biallelic	8	13
Trisomy 12	З	5
11g22 deletion	Λ	Λ
17p13.1 deletion	∩	Ω
Combined abnormalities		
11q22 deletion and 13q14.3 deletion	З	5
Trisomy 12 and 13q14.3 deletion		2
17p13.1 deletion and 13g14.3 deletion		2

were normal by FISH were also normal for those particular abnormalities by MLPA. Discordant results were observed in seven cases. In five of these, 13q14.3 deletions were detected by FISH but not MLPA. MLPA findings partially agreed with FISH results in the remaining two cases with dual abnormalities. FISH detected 11q22/ 13q14.3 and 17p13.1/13q14.3 deletions, while MLPA only detected the 13q14.3 deletion. However, the 11q22 and 17p13.1 abnormalities were present in only a small proportion of cells. These latter two cases were excluded from the reliability analysis.

When abnormal cells were present at a low level, they were undetectable by the MLPA technique. The 13q14.3 deletions were detected at a minimum concentration of 26%. The sensitivity of MLPA in detecting 13q14.3 deletions was assessed as described below. Due to a small sample size, the lower limits for detection of the remaining abnormalities could not be determined, but 11q22 and 17p13.1 deletions were not detectable at an abnormal cell concentration of 18 and 19%, respectively.

Because the MLPA kit has the capacity to detect abnormalities that are not included in the FISH analysis, additional abnormalities were detected in some patients using this approach. Since this was not the focus of our study, these findings were not confirmed by FISH. These copy number changes included gains in 8q24 *MYC* (2/61), 2p24 *MYCN* (4/61), 17p13 (2/61), 19p13 *LDLR* and *CDKN2D* (14/61) and loss of 2p24 *MYCN* (4/61) and 6q25 *ESR1* (1/61). No abnormalities with 9p21 *CDKN2A* and *CDKN2B* or 10q23.31 *PTEN* were detected in this population.

Representative MLPA analyses are demonstrated in Figure 1, A–C. Analyses of all MLPA data show a sensitivity of 0.9, specificity of 1, and positive and negative predictive values of 1 and 0.75, respectively.

Sensitivity of MLPA Analysis

The sensitivity of MLPA in detecting copy number variation in decreasing numbers of abnormal cells in leukemic peripheral blood was determined and the results are shown in Table 4. DNA from a patient shown by FISH to have 97% CLL cells heterozygous for the 13q14.3 deletion was diluted serially with normal DNA. MLPA reliably detected the 13q14.3 deletion only when it was present in greater than 36.4% of cells.

Figure 1. MLPA analysis of three CLL patients. **A:** Height ratio plot from a patient with heterozygous 13q14.1 and ATM deletions, normalized to that of a normal control. Copy number changes are seen as small red squares that lie outside the threshold detection (green line), which was set at 0.8 –1.2. Small green and blue squares represent normal copy number of genes detected by a probe mix specific for CLL chromosomal sequences (green squares) and internal control probes (blue squares) targeting other chromosomes. MLPA probe amplification products below 130 nt represent DNA quantity control fragments. **B:** A CLL patient with homozygous 13q14.1 deletion. **C:** A peak profile method of viewing MLPA analysis. Each peak represents a specific probe amplification product. We show a CLL patient (blue) with heterozygous 13q14.3 deletion and trisomy 12 compared with a normal control group (red).

Cost and Time-Effectiveness for FISH Versus MLPA

The time and cost for sample processing and analysis of CLL cases by both FISH and MLPA are shown in Table 5. These values are based on the assumption that samples are batched and analyzed in groups of 10 and include appropriate controls. Analysis by FISH includes scoring of slides by two independent readers. Turnaround time for FISH includes sample processing, overnight hybridization of probes and scoring. For MLPA, it includes DNA extraction, overnight hybridization of probes, PCR, and analysis.

Table 4. Sensitivity of MLPA for Detecting a 13q14.3 Deletion in Decreasing Number of CLL Cells

FISH	MLPA*
98	
49	
23	$\! +$
9	
18	

*A positive signal indicates that more than two probes for this deletion had a RCN outside the normal range of 0.85–1.2. The patient was heterozygous for this deletion. †

The abnormality was only detected in one of three assays at this dilution. All other results were consistent between three assays.

Discussion

CLL has generally been considered a disease of the elderly with male predominance. According to the Surveillance Epidemiology and End Results (SEER) cancer statistics review (*http://seer.cancer.gov/statfacts/html/clyl.html?statfacts_ pageclyl.html&x19&y19* (accessed July 8, 2008), the median age of CLL patients at the time of diagnosis is 72 years.13 Approximately 11% are diagnosed below the age of 55 years, with 9% between age 45 and 54. Similarly, 16% of our patients were diagnosed below age 55 with 3% below age 45. We also report a predominance of males with a ratio of 2.9:1. While this male predominance is somewhat higher than the 2:1 ratio recorded in SEER, Omoti's demographic data from a single Nigerian Centre contradicts the North American data showing a female preponderance with a male to female ratio of 1:3.¹⁴

In accord with Dohner et al⁷ we have shown that 97% of our patient population, including those with poor prognostic cytogenetic markers such as *P53* and *ATM* deletions, presented at an early stage of disease. The fact that some early stage asymptomatic CLL cases present with poor prognostic cytogenetic markers has induced investigators to start a therapy trial in such patients in the hope that it prolongs survival.¹⁵ The current clinical staging system does not take into account cytogenetic markers and is not able to predict patients' clinical course and their treatment requirement, especially at the time of diagnosis.

The first objective of this study was to prospectively determine the proportion of Nova Scotia CLL patients who are at risk of disease progression, based on the presence of well-established cytogenetic prognostic markers, $16-19$ with a view to individualized therapy. FISH analysis is reported to consistently detect abnormalities

Table 5. Cost and Time of Analysis for Recurring Abnormalities in CLL Patients by FISH Versus MLPA

	FISH	MI PA
Material and supplies Technical time for	\$234 \$94 (1.8 hours/	\$40 \$52 (0.2 hours/
processing	sample \times 2	sample)
	readers)	
Total cost	\$328	\$45
Turnaround time	48-72 hours	48-72 hours

Table 6. Published Studies on the Frequency of Cytogenetic Aberrations in CLL by FISH

		Published study reference number					
			5	6		18	19
Number of pts Normal karyotype	325 18	113	153	509 108	100 36		132 500
13g deletion	178	56	81	160	44	76	287
11g deletion	58	13	14	17	23	21	60
12q trisomy	53	21	26	71	11	17	68
17p deletion 6q deletion	23 21		16	17	12	9	35 23

The number of samples per column can be greater than the number of patients if multiple abnormalities are present.

in 64% of CLL patients $4,20$ and was used here as the gold standard to identify these markers. Despite the small sample size, our observations showed a frequency similar to previously published results. The most common aberration was the 13q14.3 deletion (44%), while 11q and 17p deletions and trisomy 12 were less frequent (5%, 2%, and 7% respectively). See Table 6 for a summary of other reports.

FISH has been validated as a reliable diagnostic approach. However, it is expensive and time consuming. For these reasons our second objective was to compare MLPA to FISH as an alternate approach for detecting deletions and duplications associated with CLL. The results were highly concordant. Compared with FISH, MLPA was highly specific, with no false positive results. MLPA also had a good detection sensitivity of 90%, as has been previously suggested.^{11,21,22} False negative results were seen in seven patients (five completely discordant and two partially discordant cases with dual abnormalities). In all cases these negative results can be attributed to a low proportion of mutant cells, ranging from 10% to 23%. These results are consistent with the MLPA kit manufacturer's claim of probe mixes P037 and P038 being able to detect abnormalities in cases with greater than 30% to 60% abnormal cells. Indeed, our data showed that we were able to reliably detect the 13q14.3 abnormality in DNA samples containing approximately 36% leukemia cells, by using a reliable method of adjusting the detection threshold and using multiple normal controls. We recommend a separate control for each MLPA assay to decrease the rate for false positive results. Our detection rate is superior to that of Buijs¹¹ who reported a threshold for detection of 40% for *RB1* deletion*,* 54% for ATM deletion, and 54% for trisomy 12. Coll-Mulet et al¹² reported a threshold for detection of abnormalities of 25%. They may have achieved a higher level of sensitivity from their analyses because they extracted DNA for MLPA from purified B cells in all cases with fewer than 80% lymphocytes in whole blood, while we extracted DNA directly from whole blood in all cases. These studies show that MLPA has a very high level of specificity and, although less sensitive than FISH, has an adequate level of sensitivity for detecting cytogenetic abnormalities in CLL, especially in the setting of symptomatic disease progression, which usually presents with an increase in lymphocyte count.

MLPA was found to be superior to FISH according to other criteria. Because of the multiplex nature of this approach it has the ability to detect a large number of genetic alterations that are not present in the standard FISH analysis for CLL. For Example, the current CLL MLPA kits contain probes targeting several areas on 13q14 including *MIR15-16*, which belong to the microRNA class of genes.23 *miR15a* and *miR16-1* down-regulate *BCL-2* and thus induce apoptosis. They are reported to be deleted in 15–65% of patients with CLL.^{23,24} Likewise, we have found that 52% of the study patients showed reduced copy number of those genes. *miR15a* and *miR16-1* are also reported to be associated with high expression of ZAP-70 and disease progression.²⁵ Therefore, the ability to identify the microRNA signature in CLL patients is an additional advantage of the MLPA test.

Several additional defects were detected in our patient population, although their presence was not confirmed by FISH due to the unavailability of FISH probes for these chromosomal regions in our laboratory. These additional markers were detected as the sole defect in only one case. This suggests that they are typically secondary to the defects more commonly associated with CLL. In two of our patients who displayed a 13q14.3 deletion, a gain of *MYC* on 8q24, which is a proto-oncogene that drives cell proliferation, was also found. In contrast, to this increase, Korz et al²⁶ reported that 55% of the B-CLL patients showed down-regulated expression of *MYC* proto-oncogene. Hence, the role of *MYC* is still unknown in these patients. A second oncogene gain, 2p24 *MYCN* was noted in four cases. *MYCN* is found in CLL patients with mutated and unmutated IgVH.,²⁷ which predict favorable and unfavorable prognosis respectively, therefore, the implication of *MYCN* as an isolated abnormality is not yet clear. We also observed a gain of 19p13 *LDLR* and *CDKN2D* in 14 patients. Previous reports demonstrated a strong association between trisomy 19 and trisomy 12, but of the four patients reported here with trisomy 12, only one showed a copy number gain of 19p13. A strong association between trisomy 12, trisomy 19 and IgVH hypermutation²⁷ has also been demonstrated, whereas an isolated trisomy 12 is associated with unmutated IgVH and progressive disease.⁹ MLPA is therefore a helpful tool to stratify patients with trisomy 12 abnormalities that are characterized by heterogeneity. Four other patients showed a loss of 2p24 *MYCN*, which is as an uncommon finding in CLL.²⁷ One final case showed deleted 6q25 *ESR1,* which was seen in 6% of CLL patients.28 Deletions of *CDKN2A* or *CDKN2B* on 9p21 were not detected. The lack of 9p21 deletions in our patients compared with those studied by Buijs, may reflect the fact that his patients had advanced stage disease, while the majority of our patients were at an early stage.

We compared the time required from sample processing to reporting of results, using FISH versus MLPA. Results were obtained in approximately the same time with either technique. However, only 1/12 of the hands-on technical time was required for MLPA. This, together with the lower cost of reagents would reduce the cost for detecting cytogenetic markers in CLL by 86%.

In summary, compared with FISH as the current gold standard testing method, the MLPA technique was less costly; it was reproducible and allowed simultaneous analyses for large numbers of samples in a shorter time. On the other hand, it was less sensitive than FISH, being able to detect only those abnormalities that were present in a significant proportion of cells. Since FISH analysis is limited by the number of probes used, it underestimates the complexity of prognostic cytogenetic markers in CLL.8,9 Similar findings have been reported in the detection of chromosomal abnormalities associated with other diseases.21,29,30 We conclude, therefore, that MLPA is an ideal screening technique, and could be used as a complementary method to FISH.

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