

# Primary Analysis of the Phase II Component of a Phase I/II Dose Intensification Study Using Three-Dimensional Conformal Radiation Therapy and Concurrent Chemotherapy for Patients With Inoperable Non–Small-Cell Lung Cancer: RTOG 0117

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## A B S T R A C T

### Purpose

Phase I of Radiation Therapy Oncology Group (RTOG) 0117 determined that 74 Gy was the maximum-tolerated dose with concurrent weekly carboplatin/paclitaxel chemotherapy for inoperable non–small-cell lung cancer (NSCLC). Phase II results are reported here.

### Patients and Methods

Patients with unresectable stages I-III NSCLC were eligible. Chemotherapy consisted of weekly paclitaxel at 50 mg/m<sup>2</sup> and carboplatin at area under the curve 2 mg/m<sup>2</sup>. The radiation dose was 74 Gy given in 37 fractions. Radiation therapy volumes included those of the gross tumor and involved nodes. The volume of lung at or exceeding 20 Gy (V20) was mandated to be ≤ 30%.

### Results

Of the combined phase I/II enrollment, a total of 55 patients received 74 Gy, of whom 53 were evaluable. The median follow-up was 19.3 months (range, 0.9 to 57.9 months) for all patients and 25.4 months (range, 13.1 to 57.9 months) for those still alive. The median survival for all patients was 25.9 months. The percentage surviving at least 12 months was 75.5% (95% CI, 65.7% to 85.2%). The median overall survival (OS) and progression-free survival (PFS) times for stage III patients (n = 44) were 21.6 months and 10.8 months, respectively. OS and PFS rates at 12 months were 72.7% and 50.0%, respectively. Twelve patients experienced grade ≥ 3 lung toxicity (two patients had grade 5 lung toxicity).

### Conclusion

The median survival time and OS rate at 12 months for this regimen are encouraging. These results serve as projection expectations for the high-dose radiation arms of the current RTOG 0617 phase III intergroup trial.

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## INTRODUCTION

The currently accepted standard of care for patients with unresectable, locally advanced non–small-cell lung cancer (NSCLC) is concurrent chemotherapy and radiation therapy. In recent years, most research has focused on which chemotherapy drugs to use and how to integrate them with radiation therapy. Moreover, little attention has been given to optimizing the radiation therapy component. In particular, the nationally accepted standard radiation prescription dose has remained at the same level (60-63 Gy) for more than 30 years.<sup>1</sup> It has been demonstrated that biopsy-proven local disease control using con-

ventionally fractionated doses in this range is only 15%.<sup>2</sup> Curing patients with unresectable NSCLC is not possible without local disease control. Therefore, the Radiation Therapy Oncology Group (RTOG) initiated a series of radiation dose-escalation trials (RTOG 9311, 0117, and 0617) with the intent of improving local control and subsequent survival.<sup>3</sup> Our ongoing intergroup phase III trial (RTOG 0617) is testing whether the overall survival (OS) rate is improved with 74 Gy versus 60 Gy in patients with unresectable stage III NSCLC.

Phase I results of RTOG 0117 have been reported, determining that 74 Gy is the maximum-tolerated dose (MTD) in the setting of concurrent

weekly paclitaxel and carboplatin chemotherapy.<sup>3</sup> This article reports the results of the phase II portion of RTOG 0117, giving 74 Gy with concurrent weekly paclitaxel and carboplatin.

## PATIENTS AND METHODS

### Patients and Treatment

Eligible patients had histologically proven stages I-IIIb NSCLC, Zubrod performance status 0 to 1,  $\leq 5\%$  weight loss within the past 6 months, a forced expiratory volume at 1 second of  $\geq 1$  L, and atelectasis, if present, must be less than one lung. Based on conformal treatment planning, the volume of lung at or exceeding 20 Gy (V20) must have been  $\leq 30\%$ , the mean esophagus dose  $\leq 34$  Gy, and the volume of esophagus exceeding 55 Gy (V55)  $\leq 30\%$ . Exclusion criteria included prior radiation therapy to the thorax, prior chemotherapy or biologic cancer therapy for lung cancer within the past 2 years, prior or concurrent malignancy (except nonmelanoma skin cancer) unless disease-free for one or more years, supraclavicular lymph node metastasis, pleural or pericardial effusions, and superior vena cava syndrome. The metastatic work-up included pulmonary function testing, chest x-ray, computed tomography (CT) of the chest and upper abdomen, either magnetic resonance imaging or CT of the brain, a bone scan, complete blood counts, electrolyte and alkaline phosphatase levels, and liver function tests. Positron emission tomography (PET) was not required because it was not routine at the outset of the study.

Treatment consisted of fractionated radiation therapy given with concurrent weekly chemotherapy consisting of paclitaxel at 50 mg/m<sup>2</sup> over 1 hour on days 1, 8, 15, 22, 29, 36, and 43 followed by carboplatin at area under the serum concentration-time curve at 2 mg/m<sup>2</sup> over 30 minutes on days 1, 8, 15, 22, 29, 36, and 43. Adjuvant systemic chemotherapy was optional following completion of radiation therapy.

Radiation therapy was delivered using three-dimensional conformal techniques to a cumulative dose of 74 Gy, the MTD from the phase I portion of this trial. Radiation doses were prescribed to the isocenter using water-based calculations. Heterogeneity corrections were not used to calculate the radiation dose to the patient. However, two plans were generated for each patient for the purpose of data collection, with and without tissue density corrections. Gross tumor volume was defined as the primary tumor and any lymph nodes exceeding 1 cm in greatest diameter. The gross tumor volume was expanded by 1 to 1.5 cm to achieve the planning target volume (PTV). No clinical target volume was specifically delineated. Elective nodal volumes were not included within the PTV. The protocol was designed to be stringent with respect to radiation dose to the normal lung and esophagus. Patients must have met V20  $\leq 30\%$ , mean esophagus dose  $\leq 34$  Gy, and esophageal V55  $\leq 30\%$ . V20 was calculated by using total lung volume minus PTV as the normal lung volume. The radiation treatment plan for each patient was stored centrally at the Image-Guided Therapy Center (ITC) and scored for compliance by the principal investigator.

### Statistical Design

The primary end point of the phase II portion of this study was to estimate the percentage of patients who survive at least 12 months using three-dimensional conformal radiation treatment concurrently with paclitaxel and carboplatin chemotherapy. The three secondary end points were to (1) evaluate the toxicity of this regimen, (2) determine the relationship between higher than normal tissue doses to lung and esophagus and encountered radiotherapy toxicity, and (3) estimate complete response rate as defined by diagnostic CT performed at 3 months after completion of all therapy.

The historical control for this study is the best arm of RTOG 9410, arm 2.<sup>4</sup> In RTOG 9410, the proportion of patients surviving at least 12 months was 62%. Using a one-group  $\chi^2$  test with  $\alpha = .10$ , a sample size of 50 gives 87% power to detect a 25% or greater relative increase or an absolute increase of at least 0.1558 in the proportion of patients surviving at least 12 months (null hypothesis:  $P \leq .6233$ ; alternative hypothesis:  $P \geq .7791$ ). We estimated that 46 patients were required for the phase II portion of this trial.

### Statistical Analysis Method

The primary end point hypotheses, the percentage of patients who survive at least 12 months, will be tested with a Fleming single-stage phase II procedure<sup>5</sup> using a one-sided 90% normal approximation confidence interval on 62.33%. If the point estimate for 12-month survival is greater than 0.71113 (the upper bound), then the conclusion is that the 12-month survival rate significantly improved from 62.33% under the new treatment at  $\alpha = .10$ . A failure event for OS was considered a death due to any cause, and OS rates were calculated using the Kaplan-Meier method.<sup>6</sup> A failure event for progression-free survival (PFS) was considered the first of either local, regional, or distant progression. Patients without treatment failure were censored at the date of death or last follow-up.

Frequency tables with counts and percentages were used to describe pretreatment characteristics and toxicities for each arm. Acute radiation therapy and chemotherapy toxicities were graded using Common Toxicity Criteria (CTC) v 2.0 criteria. Late radiation therapy toxicities were reported using the RTOG/EORTC (European Organisation for Research and Treatment of Cancer) Late Toxicity Criteria. Results for all eligible and evaluable patients from the phase II portion are reported.

## RESULTS

Between February 19, 2003, and January 13, 2004, nine patients were accrued to arm 2 (74 Gy) for the phase I portion of this trial, and 74 Gy was determined to be the MTD. The phase II portion opened to

**Table 1.** Pretreatment Characteristics of Patients in RTOG 0117 and RTOG 9410 Trials

| Characteristic          | RTOG 0117<br>(n = 53) |    | RTOG 9410<br>CON-QD<br>(n = 195) |    | P*     |
|-------------------------|-----------------------|----|----------------------------------|----|--------|
|                         | No.                   | %  | No.                              | %  |        |
| Age, years              |                       |    |                                  |    |        |
| Median                  | 67                    |    | 60                               |    | < .001 |
| Range                   | 43-83                 |    | 33-79                            |    |        |
| Sex                     |                       |    |                                  |    |        |
| Male                    | 38                    | 72 | 125                              | 64 | .30    |
| Female                  | 15                    | 28 | 70                               | 36 |        |
| Zubrod/KPS              |                       |    |                                  |    |        |
| 0/90-100                | 35                    | 66 | 148                              | 71 | .15    |
| 1/70-80                 | 18                    | 34 | 57                               | 29 |        |
| Stage                   |                       |    |                                  |    |        |
| IB                      | 3                     | 6  | 0                                | 0  |        |
| IIA/B                   | 6                     | 11 | 3                                | 2  |        |
| I/IIA/B                 | 9                     | 17 | 3                                | 2  | < .001 |
| IIIA                    | 38                    | 72 | 84                               | 43 |        |
| IIIB                    | 6                     | 11 | 108                              | 55 |        |
| Histology               |                       |    |                                  |    |        |
| Squamous cell carcinoma | 21                    | 40 | 75                               | 38 | NA†    |
| Adenocarcinoma          | 17                    | 32 | 73                               | 37 |        |
| Large cell lung cancer  | 4                     | 8  | 27                               | 14 |        |
| Carcinoma NOS           | 4                     | 8  | 18                               | 9  |        |
| Other                   | 7                     | 13 | 2                                | 1  |        |

NOTE. Radiation Therapy Oncology Group (RTOG) 0117 collected Zubrod performance status and used American Joint Committee on Cancer Staging, 5th edition. RTOG 9410 collected Karnofsky performance status and used International Union Against Cancer - American Joint Committee on Cancer Staging, 1988.

Abbreviations: CON QD, concurrent delivery beginning with day 1; KPS, Karnofsky performance score; NA, not applicable; NOS, not otherwise specified.

\*Continuous: t test; categorical:  $\chi^2$  test.

†Insufficient cell counts.

**Table 2.** Overall and Progression-Free Survival Outcomes (n = 53)

| Survival Time                             | RTOG 0117 Overall Survival |              |             |                    | RTOG 0117 Progression-Free Survival |              |             |                    | RTOG 9410 CON-QD Arm Overall Survival |              |             |                    |
|---|----------------------------|--------------|-------------|--------------------|-------------------------------------|--------------|-------------|--------------------|---------------------------------------|--------------|-------------|--------------------|
|   | % Alive                    | 95% CI       | No. at Risk | No. Dead/No. Alive | % Alive                             | 95% CI       | No. at Risk | No. Dead/No. Alive | % Alive                               | 95% CI       | No. at Risk | No. Dead/No. Alive |
| Time, months                              |                            |              |             |                    |                                     |              |             |                    |                                       |              |             |                    |
| 0   | 100                        |              | 53          |                    | 100                                 |              | 53          |                    | 100                                   |              | 195         |                    |
| 3   | 94.3                       | 83.5 to 98.1 | 50          |                    | 88.7                                | 76.5 to 94.7 | 47          |                    | 95.4                                  | 91.3 to 97.6 | 186         |                    |
| 6   | 88.7                       | 76.5 to 94.7 | 47          |                    | 69.8                                | 55.5 to 80.3 | 37          |                    | 84.1                                  | 78.2 to 88.5 | 164         |                    |
| 9   | 77.4                       | 63.6 to 86.5 | 41          |                    | 52.8                                | 38.6 to 65.2 | 28          |                    | 74.4                                  | 67.6 to 79.9 | 145         |                    |
| 12  | 75.5                       | 61.5 to 85.0 | 40          |                    | 50.9                                | 36.9 to 63.4 | 27          |                    | 62.1                                  | 54.8 to 68.4 | 120         |                    |
| Median survival time, months              | 25.9                       | 17.1 to NA   |             |                    | 12.2                                | 7.2 to 17.4  |             |                    | 17                                    | 14.0 to 20.2 |             |                    |
| No. of patients surviving at end of study | 28/53                      |              |             |                    | 36/53                               |              |             |                    | 185/195                               |              |             |                    |

Abbreviations: RTOG, Radiation Therapy Oncology Group; CON QD, concurrent delivery beginning with day 1; NA, not applicable.

accrual August 3, 2004, and closed November 26, 2007, after 46 patients were accrued to the phase II portion of the trial. These 46 patients have been combined with the nine patients from arm 2 for use in the phase II analysis. Forty-four patients were eligible from the phase II only arm; therefore, 53 patients were eligible and analyzable for the analysis of the phase II portion of this trial. This provides 89% statistical power for the primary end point of OS at 12 months.

The median follow-up time was 19.3 months (range, 0.9 to 57.9 months) for all patients and 25.4 months (range, 13.1 to 57.9 months) for those still alive. Two patients were excluded from the analysis: one withdrew consent and the other was ineligible because of the presence of a synchronous prostate cancer. All patient treatment plans were centrally reviewed. Ninety-four percent of radiation therapy plans were per protocol or acceptable and 6% had unacceptable deviations.

Table 1 contains the pretreatment characteristics of patients. The median age was 67 years (range, 43 to 83 years), 72% of patients were male, and 83% of patients entered onto the trial had stage IIIA/B NSCLC. Patients on RTOG 0117 were slightly older and with earlier stage disease compared with patients on the arm of the RTOG 9410 trial that used concurrent delivery beginning with day 1 (Table 1).

There were 40 patients who survived at least 12 months among the 53 eligible patients (75.5%; 95% CI, 65.7% to 85.2%; Table 2). The median OS was 25.9 months (95% CI, 17.1 months to not reached). When designing this trial, we used arm 2 of RTOG 9410, in which the 12-month survival rate was 62%, to hypothesize what 12-month survival rate was predetermined as successful. This survival rate at 12 months is 0.755, which is statistically improved relative to the projected rate from the designated historical control cohort. The OS curve at 12 months by Kaplan-Meier estimation is shown in Figure 1.

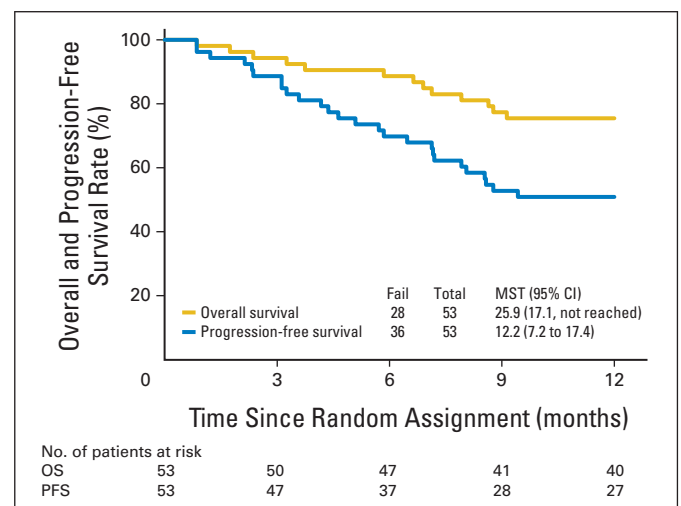
The PFS at 12 months was 50.9% (95% CI, 36.9% to 63.4%) and the median PFS time was 12.2 months (95% CI, 7.2 to 17.4 months; Table 2 and Fig 1). The median OS and PFS times for patients with stage III disease (n = 44) were 21.6 months and 10.8 months, respectively; OS and PFS rates at 12 months were 72.7% and 50.0%, respectively. As shown, this compares favorably with the arm of RTOG 9410 trial that used concurrent delivery beginning with day 1.

Acute and late toxicity are summarized in Table 3. There were two (4%) grade 5 acute toxicities reported. One was due to bilateral pneumonia and one was due to hemoptysis. There was one grade 5 late radiation therapy lung toxicity reported, which was due to pulmonary

hemorrhage that occurred 146 days after the start of treatment. There were 30 patients (57%) with grade 3 to 4 acute nonhematologic toxicities and 10 patients (20%) with grade 3 to 4 late radiation therapy toxicities.

Table 4 shows the dose-volume RT values for lung (V20 and mean lung dose [MLD]) and esophagus (mean esophagus dose [MED]) for plans with doses corrected for tissue heterogeneity. The mean V20 value, MLD, and MED were 23.9% (range, 9.9% to 35.7%), 15.0 Gy (range, 5.7 to 21.8 Gy), and 22.4 Gy (range, 7.1 to 34.9 Gy), respectively. Table 4 also lists the Gy dose given to 95% of the PTV (D95) values for both heterogeneity corrected and uncorrected plans.

Table 5 summarizes the dosimetric parameters for patients with or without grade  $\geq 3$  lung or grade  $\geq 2$  esophagus toxicities. There were 12 patients with RT data who experienced grade  $\geq 3$  lung toxicity. There were 21 patients with V20 and MLD data and 22 patients with MED data who experienced grade  $\geq 2$  esophageal toxicity. For the 12 patients developing grade  $\geq 3$  pneumonitis, the mean V20 or MLD values were similar to the values of patients who did not develop these toxicities. Likewise, for the 22 patients who developed grade  $\geq 2$



**Fig 1.** Overall survival (OS) and progression-free survival (PFS) rates for patients enrolled on trial. MST, mean survival time.

**Table 3.** Toxicity for Patients With Grades 1-5 Lung Toxicity

| Treatment and Toxicity                                | Grade |    |     |    |     |    |     |   |     |   |
|---|-------|----|-----|----|-----|----|-----|---|-----|---|
|   | 1     |    | 2   |    | 3   |    | 4   |   | 5   |   |
|   | No.   | %  | No. | %  | No. | %  | No. | % | No. | % |
| Chemotherapy and acute radiotherapy toxicity (n = 53) |       |    |     |    |     |    |     |   |     |   |
| Allergy/immunology                                    | 1     | 0  | 1   | 1  | 0   |    |     |   |     |   |
| Auditory/hearing                                      | 1     | 2  | 0   | 0  | 0   |    |     |   |     |   |
| Blood/bone marrow                                     | 7     | 10 | 24  | 3  | 0   |    |     |   |     |   |
| Cardiovascular (arrhythmia)                           | 0     | 3  | 4   | 0  | 0   |    |     |   |     |   |
| Cardiovascular (general)                              | 2     | 2  | 7   | 0  | 0   |    |     |   |     |   |
| Coagulation   | 2     | 0  | 2   | 0  | 0   |    |     |   |     |   |
| Constitutional symptoms                               | 16    | 21 | 3   | 0  | 0   |    |     |   |     |   |
| Dermatology/skin                                      | 20    | 9  | 1   | 0  | 0   |    |     |   |     |   |
| Gastrointestinal                                      | 9     | 26 | 12  | 0  | 0   |    |     |   |     |   |
| Hemorrhage  | 5     | 0  | 1   | 0  | 1   |    |     |   |     |   |
| Hepatic   | 9     | 4  | 0   | 0  | 0   |    |     |   |     |   |
| Infection febrile neutropenia                         | 0     | 1  | 6   | 0  | 0   |    |     |   |     |   |
| Metabolic/laboratory                                  | 8     | 4  | 5   | 0  | 0   |    |     |   |     |   |
| Musculoskeletal                                       | 1     | 1  | 0   | 0  | 0   |    |     |   |     |   |
| Neurology   | 12    | 7  | 5   | 0  | 0   |    |     |   |     |   |
| Pain  | 10    | 12 | 6   | 0  | 0   |    |     |   |     |   |
| Pulmonary   | 10    | 11 | 8   | 1  | 1   |    |     |   |     |   |
| Renal/genitourinary                                   | 5     | 2  | 2   | 0  | 0   |    |     |   |     |   |
| Sexual/reproductive function                          | 1     | 0  | 0   | 0  | 0   |    |     |   |     |   |
| Worst nonhematologic                                  | 4     | 8  | 16  | 30 | 28  | 53 | 2   | 4 | 2   | 4 |
| Worst hematologic                                     | 1     | 2  | 8   | 15 | 37  | 70 | 5   | 9 | 2   | 4 |
| Late radiotherapy toxicity (n = 50)                   |       |    |     |    |     |    |     |   |     |   |
| Bone  | 1     | 0  | 0   | 0  | 0   |    |     |   |     |   |
| Esophagus   | 6     | 1  | 4   | 0  | 0   |    |     |   |     |   |
| Heart   | 0     | 3  | 1   | 0  | 0   |    |     |   |     |   |
| Lung  | 11    | 9  | 6   | 1  | 1   |    |     |   |     |   |
| Other   | 4     | 4  | 0   | 0  | 0   |    |     |   |     |   |
| Skin (within the irradiated field)                    | 5     | 0  | 0   | 0  | 0   |    |     |   |     |   |
| Spinal cord   | 1     | 0  | 0   | 0  | 0   |    |     |   |     |   |
| Subcutaneous tissue                                   | 2     | 0  | 0   | 0  | 0   |    |     |   |     |   |
| Worst overall   | 13    | 26 | 10  | 20 | 9   | 18 | 1   | 2 | 1   | 2 |

esophagitis, there was no difference detected in the MED ( $P > .05$ ). Thirty-three patients (62%) experienced partial or complete response at 3 months post-RT. Four patients (8%) progressed, and five patients (9%) died before the 3 month post-RT time point (data not shown).

## DISCUSSION

Phase I results of RTOG 0117 determined that 74 Gy was the MTD to the mediastinum in the setting of concurrent weekly carboplatin and paclitaxel chemotherapy.<sup>3</sup> Patients in cohort 1 were treated with 75.25 Gy in 2.15-Gy daily fractions, and six (75%) of eight patients developed grade  $\geq 3$  toxicity. Patients in cohort 2 received 74 Gy in 2-Gy daily fractions, and only one of seven developed grade 3 toxicity. On the basis of these data, we proceeded to phase II of RTOG 0117. A median survival time of 25.9 months for the overall population and 21.6 months for patients with stage III disease is among the best observed for RTOG studies.<sup>4,7,8</sup> Likewise, the 1-year OS and PFS rates of 75.5% and 50.9%, respectively, are encouraging.

**Table 4.** RT Summary (with heterogeneity corrections) Based on RT Planning Data Submitted to the Image-Guided Therapy Center

| Therapy Summary                  | Normal Tissue Dose               |                                    |                                    |
|----------------------------------|----------------------------------|------------------------------------|------------------------------------|
|                                  | Lung V20 (n = 51)                | Mean Lung Dose (Gy) (n = 51)       | Mean Esophageal Dose (Gy) (n = 52) |
| Minimum                          | 9.9                              | 5.7                                | 7.1                                |
| 25th percentile                  | 19.0                             | 12.1                               | 18.5                               |
| Median                           | 24.4                             | 15.2                               | 22.1                               |
| 75th percentile                  | 29.4                             | 17.8                               | 26.4                               |
| Maximum                          | 35.7                             | 21.8                               | 34.9                               |
| Mean                             | 23.9                             | 15.0                               | 22.4                               |
| Standard deviation               | 6.1                              | 3.6                                | 6.4                                |
| D95*                             | Target Dose                      |                                    |                                    |
|                                  | Heterogeneity Corrected (n = 55) | Heterogeneity Uncorrected (n = 55) |                                    |
| Median                           | 73.1                             | 72.2                               |                                    |
| Minimum                          | 61.8                             | 66.6                               |                                    |
| Maximum                          | 82.1                             | 76.5                               |                                    |
| <i>P</i> (paired <i>t</i> test)† | .003                             |                                    |                                    |

Abbreviations: RT, radiotherapy; V20, volume of lung at or exceeding 20 Gy; PTV, planning target volume.  
 \*D95, Gy dose given to 95% of the PTV.  
 †Calculated with 55 patients with both corrected and uncorrected data. A total of 59 patients had uncorrected data (median dose, 72.2 Gy; range, 66.6-78 Gy).

The RTOG has conducted a series of trials designed to increase radiation dose with the aim of improving local tumor control since the early 1990s. RTOG 9311 was a prospective dose-escalation trial for patients with stage I-III NSCLC in which radiation was given alone in doses ranging from 70.9 to 90 Gy. That trial determined that 84 Gy was likely the MTD for radiation given to mediastinal structures in settings without concurrent chemotherapy. During the same time interval, patients were also enrolling onto RTOG 9410,<sup>4</sup> a three-arm phase III trial designed to test two hypotheses. The first hypothesis was that concurrent chemotherapy would provide a survival benefit compared with sequential chemoradiotherapy. The second hypothesis was that hyperfractionated RT to 69.6 Gy with concurrent chemotherapy would provide an even greater survival benefit compared with doses of 63 Gy with chemotherapy. While the first hypothesis proved true, the second showed that dose escalation with concurrent chemotherapy via hyperfractionation was not feasible because of increased toxicity. When data initially reported that the use of concurrent chemotherapy provided a survival benefit, RTOG 9311 was closed.<sup>9</sup> RTOG 0117 was then opened with the aims of determining the MTD of daily fractionated RT with concurrent weekly chemotherapy (phase I) and subsequently, the efficacy of that dose (phase II).

Over the past several years, three other groups have prospectively tested the tolerability and efficacy of 74 Gy given with weekly paclitaxel and carboplatin chemotherapy. All three groups independently reached a similar conclusion: 74 Gy is likely the MTD in this setting. The North Central Cancer Treatment Group (NCCTG) has reported prospective phase I results for 13 patients treated to 70, 74, or 78 Gy.<sup>10</sup> In their study, 70 and 74 Gy were well tolerated and 78 Gy was not. With a median follow-up of 28 months for the 13 patients on NCCTG N0028, the median survival time was 37 months. The Cancer and

**Table 5.** Radiotherapy (based on radiotherapy planning data submitted to ITC) and Esophagitis and Lung Toxicity at Any Time With Heterogeneity Corrections (n = 53)

| Radiotherapy                      | Grade < 3 Lung Toxicity (n = 39) |    | Grade ≥ 3 Lung Toxicity (n = 12) |     | P     | Grade < 2 Esophagitis (n = 30) |    | Grade ≥ 2 Esophagitis (n = 21) |    | P    |
|-----------------------------------|----------------------------------|----|----------------------------------|-----|-------|--------------------------------|----|--------------------------------|----|------|
|                                   | No.                              | %  | No.                              | %   |       | No.                            | %  | No.                            | %  |      |
| Lung V20                          |                                  |    |                                  |     |       |                                |    |                                |    |      |
| Median                            | 24.1                             |    | 26.3                             |     | .62*  | 22.4                           |    | 26.3                           |    | .22* |
| Range                             | 9.9-35.7                         |    | 15.6-33.3                        |     |       | 9.9-35.7                       |    | 14.0-33.3                      |    |      |
| < 25%                             | 13                               | 33 | 5                                | 42  | .73†  |                                |    |                                |    |      |
| ≥ 25%                             | 27                               | 68 | 7                                | 58  |       |                                |    |                                |    |      |
| ≤ 30%                             | 34                               | 85 | 12                               | 100 | .32†  |                                |    |                                |    |      |
| > 30%                             | 6                                | 15 | 0                                | 0   |       |                                |    |                                |    |      |
| Mean lung dose, Gy                |                                  |    |                                  |     |       |                                |    |                                |    |      |
| Median                            | 15.2                             |    | 17.2                             |     | .30‡  | 14.5                           |    | 16.9                           |    | .17‡ |
| Range                             | 5.7-21.8                         |    | 11.5-18.9                        |     |       | 5.7-21.8                       |    | 9.9-20.6                       |    |      |
| ≤ 20                              | 37                               | 95 | 12                               | 100 | 1.00† |                                |    |                                |    |      |
| > 20                              | 2                                | 5  | 0                                | 0   |       |                                |    |                                |    |      |
| Mean esophageal dose, Gy (n = 22) |                                  |    |                                  |     |       |                                |    |                                |    |      |
| Median                            |                                  |    |                                  |     |       | 21.0                           |    | 24.6                           |    | .08‡ |
| Range                             |                                  |    |                                  |     |       | 7.1-34.9                       |    | 16.2-33.7                      |    |      |
| ≤ 30                              |                                  |    |                                  |     |       | 27                             | 90 | 19                             | 86 | .69† |
| > 30                              |                                  |    |                                  |     |       | 3                              | 10 | 3                              | 14 |      |

Abbreviations: ITC, Image-Guided Therapy Center; V20, volume of lung at or exceeding 20 Gy.

\*Wilcoxon rank sum test.

†t test.

‡Fisher's exact test.

Leukemia Group B (CALGB) has also reported results of a randomized phase II comparison of two different chemotherapy regimens given with 74 Gy.<sup>11</sup> Patients either received induction paclitaxel and carboplatin for two cycles followed by the same weekly chemotherapy or they received induction carboplatin and gemcitabine followed by twice weekly gemcitabine during RT. The trial enrolled 69 patients and had a median follow-up of 16.4 months at last report. The median survival was 24.2 months on the paclitaxel/carboplatin arm. The gemcitabine arm was closed early because 13% of the patients had grade 5 pulmonary events. On the basis of these two trials as well as RTOG 0117, the NCCTG and the CALGB have joined efforts with the RTOG to support RTOG 0617 as an intergroup trial.

North Carolina investigators have reported the results of four sequential prospective phase I/II studies to assess the safety and feasibility of high-dose (74-90 Gy) three-dimensional conformal radiation treatment in the setting of concurrent weekly carboplatin and paclitaxel chemotherapy.<sup>12-15</sup> These investigators also delivered two cycles of carboplatin and paclitaxel neoadjuvantly before concurrent chemoradiotherapy. In total, 112 patients were accrued, with a median follow-up of 4.9 years for surviving patients. The median survival was 24 months (range, 18 to 31 months). The 1-, 3-, and 5-year OS rates were 69% (range, 60% to 77%), 36% (range, 27% to 45%), and 24% (range, 16% to 33%), respectively. The relatively longer follow-up duration of this population provides information about late complication risks.<sup>16</sup> Late complications—defined as grade ≥ 3 occurring > 90 days after RT—occurred in 22% (25 of 112 patients). Patients with complications appear to have longer survival than the overall group ( $P = .007$ ). Late complications included bronchial stenosis (n = 3), fatal hemoptysis (n = 2), tracheoesophageal fistula (n = 1), esophageal stricture (n = 7), myocardial infarction (n = 5), pericardial disease (n = 4), and bone fracture (n = 6).

The relatively lower rates of severe toxicity seen in RTOG 0117 could be attributed to smaller volumes of radiation therapy. Unlike the other studies noted above, dosimetric constraints for RTOG 0117 required total lung V20 ≤ 30%. Furthermore, to minimize toxicity while escalating radiation dose, elective nodal irradiation (ENI) was not delivered in RTOG 0117. The ENI failure rate in the preceding RTOG trial (9311) was only 8%.<sup>9</sup> This is in contrast to the CALGB and North Carolina studies noted above.<sup>11,13</sup> These two groups continued to deliver ENI to a dose of 45 to 50 Gy while escalating the radiation dose to 74 Gy. Our grade ≥ 3 acute pulmonary toxicity rate was 10% for 74 Gy, likely a result of the V20 restriction and lack of ENI. As for late toxicity, the follow-up for RTOG 0117 patients is still too short to be comprehensive. The North Carolina data show that late toxicities continue to occur with longer follow-up.

Some investigators have criticized the use of carboplatin and paclitaxel given weekly with radiation therapy for NSCLC. CALGB 39801 was a randomized comparison of weekly carboplatin and paclitaxel with or without two cycles of induction chemotherapy for patients with stage III NSCLC.<sup>17</sup> This study showed no advantage to induction chemotherapy and reasoned that the median survival results in both arms were lower than expected because of the weekly dosing schedule. Alternatives to that reasoning could be that patients on the CALGB study had more advanced disease. Nearly 50% of enrolled patients had stage IIIB cancers and 26% had weight loss exceeding 5%. Only 11% of patients enrolled on RTOG 0117 had stage IIIB disease and none had weight loss exceeding 5%. Furthermore, arm A of CALGB 30105 delivered weekly doses of carboplatin and paclitaxel and reported a median survival of 24.3 months.<sup>11</sup> In addition to the RTOG 0117 results reported here, arm A of CALGB 30105 served as a basis for weekly dosing with these agents in the current follow-up phase III study, RTOG 0617.

A potential weakness of this study is the relative lack of [<sup>18</sup>F]fluorodeoxyglucose PET (FDG-PET) staging. The use of FDG-PET for staging patients with NSCLC has become routine over the past 10 years and was increasing over the duration of accrual for RTOG 0117. At Washington University, the use of FDG-PET diagnostic imaging for NSCLC increased from 28% in 2000 to 46% in 2004.<sup>18</sup> As a result, nearly 10% of patients with presumed stage III NSCLC were found to have stage IV. Other investigators have shown similar effects of stage migration as a result of FDG-PET.<sup>19,20</sup> Future studies requiring PET staging could report higher survival rates for chemoradiotherapy for the stage III NSCLC population simply because patients with occult metastases have been excluded by FDG-PET. Thus, the median survival of 21.6 months for stage III patients in RTOG 0117 is likely to increase, using the same chemoradiotherapy regimen, in subsequent trials employing FDG-PET staging.

In conclusion, the median survival time and OS rate at 12 months for RTOG 0117 is encouraging. A radiation dose of 74 Gy given with concurrent weekly carboplatin and paclitaxel appears to be worthy of further investigation within a phase III trial. These survival and toxicity results serve as the projection expectations for the high-dose radiation arms of the current intergroup trial (RTOG 0617).

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## AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

The author(s) indicated no potential conflicts of interest.

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