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# Time Resolved Single-step Protease Activity Quantification Using Nanoplasmonic Resonator Sensors

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# Abstract

Protease activity measurement has broad application in drug screening, diagnosis and disease staging, and molecular profiling. However, conventional immunopeptidemetric assays (*IMPA*) exhibit low fluorescence signal-to-noise ratios, preventing reliable measurements at lower concentrations in the clinically important pM~nM range. Here, we demonstrated a highly sensitive measurement of protease activity using nanoplasmonic resonator (*NPR*). NPRs enhance Raman signals by  $6.1 \times 10^{10}$  times in a highly reproducible manner, enabling fast detection of proteolytically active Prostate Specific Antigen (*paPSA*) activities in real-time, at sensitivity level at 6 pM (0.2 ng/ml) with a dynamic range of 3 orders of magnitude. Experiments on extracellular fluid (*ECF*) from the *paPSA*-positive cells demonstrate specific detection in a complex bio-fluid background. This method offers a fast, sensitive, accurate, and one-step approach to detect the proteases activities in very small sample volumes.

## Keywords

Plasmonic resonator; Surface Enhanced Raman Scattering; Sensing; Prostate Cancer; Protease

Originally developed in 1928, Raman spectroscopy has been used extensively to characterize molecular properties<sup>1</sup>. Surface-Enhanced Raman Spectroscopy (*SERS*) increases the Raman signal significantly<sup>2-5</sup> through enhanced electromagnetic fields in close proximity to a surface. Additional enhancement can be obtained by utilizing molecular resonance Raman (*RR*) effect when the molecule was excited at its absorption band<sup>6</sup>. *SERS* measurements performed on dispersed metal nanoparticle aggregates, which is the mostly commonly used *SERS* substrate<sup>7</sup>, have demonstrated detection sensitivity up to single molecule level<sup>8-10</sup>. However, these measurement often suffer from poor reproducibility<sup>11</sup>. To improve the reproducibility, other methods including self-assembly of metallic colloidal nano-particles,<sup>12</sup> nanosphere lithography (*NSL*) and metal film over nanosphere (*MFON*)<sup>13</sup>, electrochemical roughening of

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Supporting Information Available: Peptide synthesis, instrumentation setup, and estimation of the detection volume. This material is available free of charge via the Internet at http://pubs.acs.org.

polished gold substrate, <sup>14</sup> and periodic structured metallic substrate using electron-beam lithography,<sup>15</sup> have been developed to fabricate SERS substrate consisting homogeneous features over large area with reproducible enhancement factors up to  $10^8$ . Although these efforts lead to successful utilization of *SERS* analysis in many promising applications including gene and protein discrimination,<sup>16-18</sup> bio-warfare agents detection<sup>19</sup> and real-time glucose monitoring,<sup>20</sup> lacking of the ability to fabricate *SERS* hot-spots at specific location limits application for very small sample volume. To overcome such limit, we recently developed tunable nanoplasmonic resonators (*NPRs*), consisting of thin SiO<sub>2</sub> layer sandwiched between metallic nano-disks.<sup>21</sup> The resonance frequency can be precisely tuned by varying the dielectric layer thickness and aspect-ratio of the *NPRs*. Individual *NPRs* can enhance the Raman intensity by a factor of  $6.1 \times 10^{10}$ ; among the largest values obtained for a single *SERS* substrate or nanoparticle. Fabricated using well established nanolithography processes, the *NPR*-based method enables producing *SERS* hot-spots at desired location in a much smaller dimension reproducibly, allowing multiplexed high throughput detection and lab-on-chip applications.

Prostate cancer biomarker Prostate Specific Antigen (*PSA*), a kallikrein (hK) family serine protease<sup>22, 23</sup>, is used as the model protease in this study. The commonly used prostate-specific antigen (PSA) blood test has being widely used for early diagnosis and management of prostate cancer, the leading male cancer.<sup>24, 25</sup> However, serum PSA concentrations reflect the presence of benign prostatic hyperplasia (BPH) more often than cancer.<sup>26, 27</sup> The lack of specificity causes a high false-positive rate and often leads to costly prostate needle biopsies for diagnosis and post-biopsy complications as well as considerable anxiety.<sup>22, 28, 29</sup> Recent research has identified a family of highly specific peptides that can be cleaved by paPSA isoform in xenografts models<sup>30</sup> and human samples<sup>31, 32</sup> thus, measurement of *paPSA* protease activity from in vivo samples is possible and would be potentially valuable as a more specific screening agent for prostate cancer and in detection of recurrent disease. However, reported results based on immunopeptidemetric assays (IMPA) exhibit low fluorescence signal-to-noise ratios, preventing reliable measurements at lower concentrations in the clinically important range of 60-300 pM.31, <sup>32</sup> In addition, there is usually a limited number of prostate cancer cells (<1000) isolated from fine needle biopsy or circulating cell capture. No method exists that can perform a paPSA protease activity assay on a small number of cells for clinical staging. Therefore, a key goal of this work is to develop NPR-based method that allows specific and sensitive measurements of *paPSA* for prostate cancer detection in a very small sample volume.

# **Results and Discussion**

In this work, *NPRs* (Fig. 1a) were conjugated with a *PSA* protease-specific substrate peptide, which has the sequence R19-HSSKLQLAAAC<sup>30, 33</sup>, with the *SERS* molecule Rhodamine 19 (*R19*) at the N-terminus and cysteine at the C-terminus (Fig. 1b). The peptide has been identified as a highly specific peptides that can be cleaved by *paPSA in vivo* in xenografts models<sup>30</sup> and human samples<sup>31, 32</sup>. The *paPSA* cleaves the peptide, leading to the release of the *R19* moiety (Fig, 1c) and a subsequent decrease in the Raman scattering intensity in a dose-and time-dependent manner, and the *PSA* protease activity can be accurately quantified. It has been theoretically estimated that *SERS* enhancement is strongly localized to the vicinity of nanoparticle resonator surface (5-10 nm), which effectively eliminates the assay background noise from the Raman scattering substance in the surrounding fluids, or the *R19* moieties that diffuse into the solution after protease cleavage. Because of this unique property, the assay can be performed in a simplified one-step format with no additional washing step required.

Under an optical microscope, the *NPR* arrays were distinctly visible due to the strong scattering of light at their resonant wavelength (Fig. 2a). The magnified views of *NPR* arrays that measured by Scanning Electron Microscope (*SEM*) and Atomic Force Microscope (*AFM*) are showing in Fig. 2b and 2c. The optical properties of the *NPR* were characterized by illuminating

the NPRs with collimated light delivered by a multimode optical fiber from a 150W Xenon lamp (Thermo Oriel) and collecting the extinction spectra using a grating spectrometer (Triax 550, Jobin Yvon) with matched liquid nitrogen cooled CCD detector (CCD-3500, Jobin Yvon). <sup>21</sup> The SiO<sub>2</sub> layer, sandwiched between the Ag layers, enable precisely tuning of NPR resonance. As shown in Fig. 2d, the measured resonance peak of NPRs-peptide-R19 conjugates closely matches laser excitation wavelength at 532 nm and thus, maximizes the enhancement of Raman scattering. It is worthwhile to note at the laser excitation overlap with the *R19* absorption band centered at 517 nm, the resulting resonant Raman scattering may also contribute to the enhanced Raman signal. For the *SERS* experiments, Raman spectra were measured using a modified inverted microscope (Axiovert 200, Zeiss) with a 50× objective in a backscattering configuration. As shown in Fig. 2e, *NPR*-based SERS substrate exhibits reproducible Raman spectrum with consistent enhancement factor at same order of magnitude. The variation of experimentally measured the *SERS* intensities obtained from 6 different *NPR* array are below 25% and it can be easily normalized in the experiment.

The assay was performed by exposing the NPR-peptide-R19 nanosensor to the fluidic samples and the subsequent time-dependent R19 Raman spectra change was recorded at an interval of one minute and an integration time of 30 seconds. The Raman peak at 1316 cm<sup>-1</sup> of SERS label molecule (R19) was monitored as the primary signature peak in this study, while the 1456 cm<sup>-1</sup>, 1526 cm<sup>-1</sup>, and 1597 cm<sup>-1</sup> peaks were also monitored as additional references (Fig. 3). The time-resolved spectral measurement in the presence of *PSA* (Fig. 3a) is plotted in Fig. 3c. Considering that the SERS intensities are proportional to the remaining R19 on the NPR surface, the normalized SERS intensity change is a direct indicator of PSA activity. Despite the variation in the initial intensity of different Raman signature peaks, the normalized data all converged into the same curve, indicating the normalized SERS intensity change is a reliable measure to quantitatively determine the substrate peptide being cleaved. As shown in Fig. 3c, before PSA addition, the NPR nanosensor showed steady intensities for all the peaks over a 10 minute period. However, upon addition of PSA, a significant decrease in each Raman peak is observed in the first 10-12 minutes, indicating that the PSA protease was able to cleave the peptides on the NPR. At the endpoint of 30 min, the decrease of the Raman signal reaches a plateau at *PSA* concentration of 6 nM while at lower concentration level (~pM), the signal continue to decrease at much lower rate. Another serine protease, granzyme B, was selected as a negative control (Fig. 3b,c). Within 50 minutes of recording, no substantial changes in SERS intensity was observed, even at concentrations up to 1  $\mu$ M. This result demonstrates that the decrease of Raman signal in the PSA assay was based on a genuine enzymatic process, rather than a non-specific hydrolysis reaction or due to the displacement of the peptide from the surface by other components in the buffer.

The sensitivity of the *NPR* nanosensor was evaluated by measuring SERS intensity change of set of sample with *PSA* enzyme concentration ranging from 6 nM to 6 pM. The absolute value of normalized *SERS* intensity change is shown in Fig. 4a. As expected, the rate of decrease in the Raman signal was proportional to the concentration of *PSA*, which is explained by a reduced rate of peptide cleavage when the *PSA* concentrations decreased. The proteolytic activity eventually reaches an equilibrium stage at 30 minutes as indicated by each Raman signal reaching a plateau. The absolute value of normalized decrease in *SERS* intensity versus various concentrations, after 30 minutes of enzyme addition, is plotted in Fig. 4b. The dynamic range for detection, in the current assay setup, was from 6 pM to 6 nM. *PSA* concentration higher than 6 nM does not exhibit a distinct difference with the given detection time. As shown in Fig. 4c, the monitored Raman peak intensity exhibits distinguishable decay characteristics at different PSA concentrations during the initial 4 minutes of sampling. Thus, by fitting the decaying rate, reliable assays can possibly be accomplished in 4 minutes.

In addition to protease activity measurements of purified *PSA*, measurements for *PSA* protease activity in extracellular fluid (*ECF*) from live cell culture was performed (Fig. 4d). It is well known that *LNCaP* cells secrete PSA and have recently been used in xenografts to evaluate *in vivo* PSA concentration<sup>30</sup>. For comparison, a K562 cell line, which does not secrete *PSA* into the *ECF*, was used as a negative control. *LNCaP ECF* showed a significant change in *SERS* signal, while *K562* exhibits very low *PSA* enzymatic activity (Fig. 4d). By correlating the normalized decrease in Raman signal with Fig. 3b, it was determined that the *LNCaP* media had an elevated amount of *paPSA* concentration (Fig. 4d).

# Summary

Compare with fluorescence-based assay, the NPR-based method offers several advantages. Strongly localized Raman enhancement can substantially amply the signal and also effectively reduce background noise. Therefore, it allows one-step and label free detection of protease activity with sensitivity at 6 pM, and dynamic range of 3 orders of magnitude. It should note PSA is considered a weak protease and other proteases would allow even better sensitivity. Second, it allows accurate measurement with very small sample volume of 15 pL (Supplemental Information). Third, fabricated using well-established nano-lithography process, NPR-based method is highly reproducible and thus, allowing quantitative assessment of protease activity. Finally, NPRs can be spatially arranged in a microarray format to achieve multiplexed measurements with broad applications, by measuring all know proteases in unprocessed biological samples without complex sample processing and purification steps. The multiplexity of the substrate peptide spatially can be achieved with microarrayer with industry standard protocols, when combined with NPR nanoarray clusters arranged in microarray format. Even if each of the 500+ proteases are cross-interrogated by 10 different substrate peptides, the array still has an easily manageable feature number of less than ten thousand<sup>34</sup>.

# Materials and Methods

#### NPR Fabrication

The *NPR* was patterned on quartz substrates (HOYA Corp.) by electron beam lithography (*EBL*) (Nanowriter Series EBL 100, Leica Microsystems). A 30 nm thick indium-tin-oxide (ITO) under-layer was sputtered on the substrate to prevent charging effects during the *EBL* process. 100 nm-thick polymathylmethacrylate (*PMMA*, MicroChem Corp.) films spin-coated on the ITO-quartz glass was used as a positive photoresist. After exposure, the patterns were developed using a 1:3 ratio of *MIBK* and *IPA* mixture followed by multilayer deposition of metal and dielectric materials using electron beam evaporation (Mark 40, CHA) and standard lift-off procedures. We fabricated three layered Ag/SiO<sub>2</sub>/Ag *NPR* arrays with each silver and SiO<sub>2</sub> layer thickness equal to 25 nm and 5 nm, respectively. The geometry of the fabricated *NPR* was examined by atomic force microscopy, and the total thickness of the *NPR* is confirmed to be 55 nm.

#### Device design and characterization

The optical properties of the *NPR* were characterized by illuminating the *NPRs* with collimated light delivered by a multimode optical fiber from a 150W Xenon lamp (Thermo Oriel) and collecting the extinction spectra using a grating spectrometer (Triax 550, Jobin Yvon) with matched liquid nitrogen cooled CCD detector (CCD-3500, Jobin Yvon). For the *SERS* experiments, Raman spectra were measured using a modified inverted microscope (Axiovert 200, Zeiss) with a 50× objective in a backscattering configuration. Baseline subtraction was applied to remove the fluorescence background of the measured spectra. The spectra were then smoothed in Matlab using the Savitsky-Golay method with a second-order polynomial and

window size of 9. To correct the possible influence due to the fluctuation of illumination intensity, frequency dependence of Raman scattering, and the variation of initial packing density of the report molecules, the change in SERS intensity was normalized to the average intensity before protease addition. The normalized SERS intensity change is defined as

$$\Delta I = \left[ I_t - I_0 \right] / I_0$$

where  $I_0$  is the average SERS intensity before the addition of the protease and  $I_t$  is the SERS intensity measured at the given time *t*.

#### Peptide conjugation to NPR and Applying Sample

The peptide attaches to the *NPR via* the thiol group on cysteine. The *PSA* substrate peptides were mixed with octanethiol at a 1:3 ratio and at a concentration of 50  $\mu$ M. Octanethiol, with a *SAM* chain length of 1-2 nm, was used as packing material to manage the distance among the *PSA* substrate peptides and help to erect the PSA substrate peptide for optimal spatial presentation. Thus, the octanethiol *SAM* improves access for the protease to bind to the peptides. The peptide solution was incubated with the *NPR* substrate for 24 hours to ensure a well-ordered self-assembled monolayer (*SAM*) on the *NPR* metallic surface. During incubation the sample was kept at 20°C. Before incubation with *PSA* enzyme, the sample was washed repeatedly with deionized water to ensure that all unattached peptides were removed. Upon washing, the sample was incubated with sample in a Tris-HCl, pH 8.0, 100mM NaCl, and 0.1mM *EDTA* buffer. Incubation was performed by placing a 100µL drop of the sample on the *NPR* array. *SERS* measurements were performed directly after incubation at 1 minute intervals.

#### **Cell Culture And Clinical Semen Samples**

*LNCaP* cells actively secrete *PSA* into *ECF*, and the human *CML* cells K562 are negative for PSA. Both cell lines are maintained in RPMI-1640 with 10% FBS and  $1 \times$  Pen/Strep, at 37°C with 5% CO<sub>2</sub>.  $10 \times 10^6$  cells were cultured overnight in 10ml fresh media. Media from both cultures were collected and *PSA* activity was measured by fluorescent methods as described before, and calibrated against commercial *PSA* (Calbiochem, San Diego, CA). Briefly, the PSA-binding peptides and derivatives with a spacer were chemically synthesized and used to prepare an affinity column, which was used to fractionate PSA in seminal plasma.

#### Purified PSA preparation and proteolytic reaction

Proteolytically active *PSA* was purified to homogeneity from human seminal plasma by column chromatography, eliminating all known *PSA* complexes and retaining its protease fraction. Cleavage of the substrate peptide immobilized on the *NPR* nanosensor is performed in a buffer of 50 mM Tris-HCl, pH 8.0, 100 mM NaCl, and 0.1 mM *EDTA*, and the reaction was monitored in real-time in 37°C. Protease inhibitors (to prevent *PSA* and Granzyme B degradation) are obtained from CalBiochem and added to the reaction following the manufacturer's instructions, so that the final reaction solution contains 5  $\mu$ M AEBSF, 4.2 nM Aprotinin, 200 nM Elastatinal and 10 nM GGACK. The concentration of proteolytically active PSA in the PSA reagent has been prepared with a wide range of concentration from 6 pM to 6 nM.

# Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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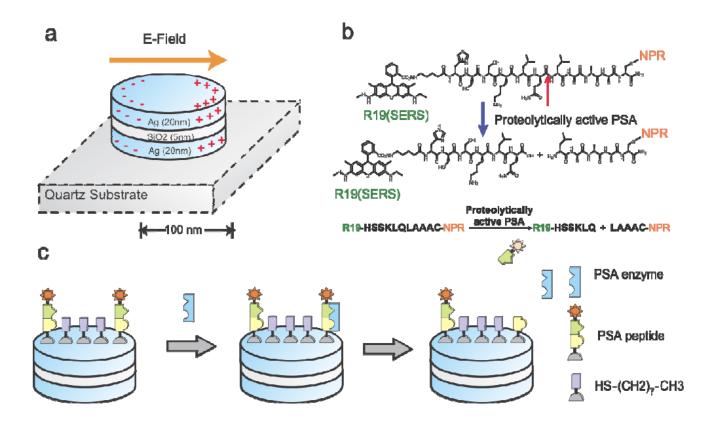
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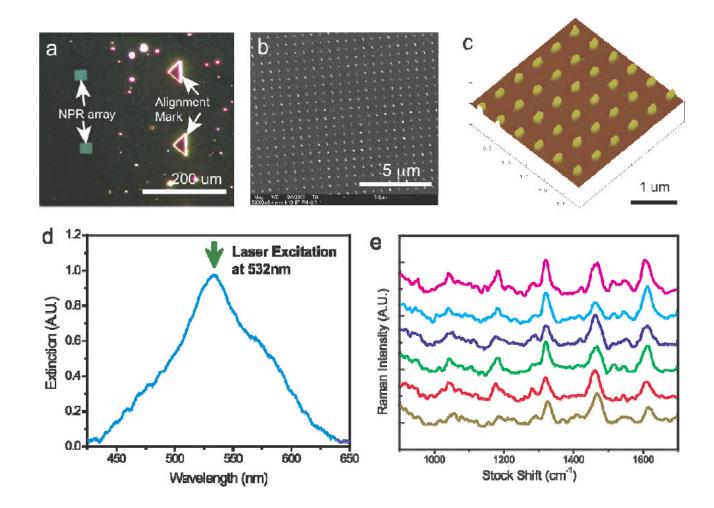
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#### Figure 1.

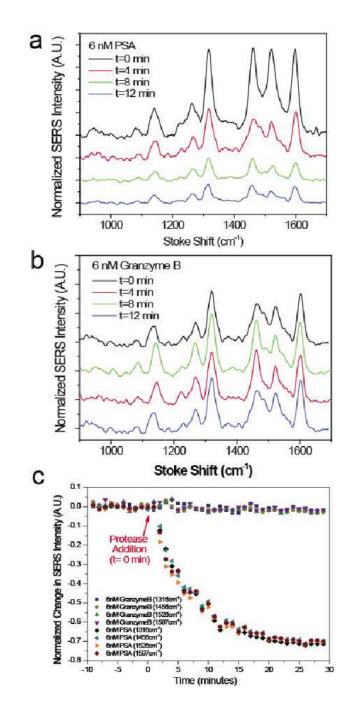
Schematic illustration of the working principle of detecting *PSA* protease activity using peptide-conjugated *NPR SERS* nanosensors. (a) *NPRs* exhibit a tunable plasmon resonance and highly enhanced local electromagnetic field through coupled plasmonic resonance. *NPRs* with a short axis of 150 nm and long axis of 200 nm were made of multi-stacks of silver and SiO<sub>2</sub> layers with thicknesses of 25 nm and 5 nm, respectively. (b) The molecular structure of the biomarker that consists of Raman dye R19, *PSA* specific peptide sequence HSSKLQLAAAC, and cysteine. The peptide can be cleaved by *PSA* enzyme between HSSKLQLAAAC and the Raman dye R19 (star). The presence of the *PSA* enzyme will cleave the peptide sequence. After cleavage, the diffusion of the *R19* moiety. Packing molecule octanethiol (HS-(CH<sub>2</sub>)<sub>2</sub>-CH<sub>3</sub>) was used to reduce the packing density of the reporting peptide.



#### Figure 2.

(a) Optical microscopic image of *NPRs* arrays fabricated using standard e-beam lithography and thin film deposition process. Fabricated NPRS arrays consists of  $30 \times 30$  *NPRs* with 500 nm spacing. Multiple *NPRs* arrays and alignment mark can be conveniently fabricated on the same substrate. (b) Magnified image of *NPR* array measured by Scanning Electron Microscope. Using precision lithography methods, the *NPR* can be prepared in a controlled manner. (c) Image of *NPRs* measured at higher magnification using Atomic Force Microscope (*AFM*). (d) Measured extinction spectrum of an NPR-peptide-R19 conjugate array at a wavelength range of 425 to 650 nm. The resonance peak of the *NPR* has been tuned to closely match the laser excitation and Raman emission frequencies, and thus, maximize the overall enhancement of the Raman signal. (e) Reproducible Raman spectra of NPR-peptide-R19 conjugates measured from six different *NPRs* arrays. Integration time is 30 seconds.

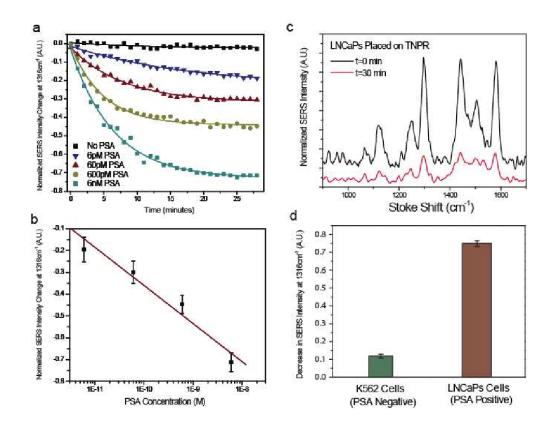
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#### Figure 3.

Real-time kinetic measurement of *PSA* protease activity. (a) *SERS* spectra for 6 nM *PSA* incubation taken over 30 minutes with an integration time of 30 seconds. (b) *SERS* spectra for the negative control, 6 nM granzyme B, taken over 30 minutes. (c) Time-resolved measurements of relative change in Raman peak intensity at 1316 cm<sup>-1</sup>, 1456 cm<sup>-1</sup>, 1526 cm<sup>-1</sup>, and 1597 cm<sup>-1</sup> before and after addition of *PSA* protease. Negative time represents time before protease addition.

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#### Figure 4.

Time-resolved measurements of PSA activity by varying the active *PSA* concentration. (a) Normalized *SERS* intensity change for 1316 cm<sup>-1</sup> peak at active *PSA* concentration from 6 pM to 6 nM. The decreasing of *SERS* intensity can be clearly measured while no significant change can be observed in the control experiment with no active *PSA* protease. (b) Concentration dependence of normalized *SERS* intensity change obtained at 30 min. (c) Protease activity measurement obtained from unprocessed extracellular fluid (*ECF*): Raman spectra obtained at the beginning of exposing *LNCaP* cells (positive control) *ECF* to *NPR* nanosensors (t = 0 min) and after 30 minutes. (d) Normalized change of SERS intensity at 1316 cm<sup>-1</sup> peak indicating *PSA* proteolytic activity in the fluid extracted from *LNCaP* and *K562* cell lines.