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Aquaporins in Spinal Cord Injury: The Janus Face of AQP4

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Abstract

Although malfunction of spinal cord water channels (aquaporins, AQP) likely contributes to severe disturbances in ion/water homeostasis after spinal cord injury (SCI), their roles are still poorly understood. Here we report and discuss the potential significance of changes in the AQP4 expression in human SCI that generates GFAP-labeled astrocytes devoid of AQP4, and GFAP-labeled astroglia that overexpress AQP4.

We used a rat model of contusion SCI to study observed changes in human SCI. AQP4-negative astrocytes are likely generated during the process of SCI-induced replacement of lost astrocytes, but their origin and role in SCI remains to be investigated. We found that AQP4-overexpression is likely triggered by hypoxia. Our transcriptional profiling of injured rat cords suggests that elevated AQP4 mediated water influx accompanies increased uptake of chloride and potassium ions which represents a protective astrocytic reaction to hypoxia. However, unbalanced water intake also results in astrocytic swelling that can contribute to motor impairment, but likely only in milder injuries. In severe rat SCI, a low abundance of AQP4-overexpressing astrocytes was found during the motor recovery phase. Our results suggest that severe rat contusion SCI is a better model to analyze AQP4 functions after SCI. We found that AQP4 increases in the chronic post-injury phase are associated with the development of pain-like behavior in SCI rats, while possible mechanisms underlying pain development may involve astrocytic swelling-induced glutamate release. In contrast, the formation and size of fluid-filled cavities occurring later after SCI does not appear to be affected by the extent of increased AQP4 levels. Therefore, the effect of therapeutic interventions targeting AQP4 will depend not only on the time interval after SCI or animal models, but also on the balance between protective role of increased AQP4 in hypoxia and deleterious effects of ongoing astrocytic swelling.

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Keywords

Human Spinal Cord Injury; AQP4-negative astrocytes; Interleukin 1 receptor antagonist; AQP4 overexpressing astrocytes; Cytotoxic edema; Hypoxia; Bumetanide; Pain; Fluid-filled cavity; Motor recovery

I. Why study Aquaporins (AQPs) in spinal cord injury (SCI)?

It is estimated that there are 2.5 million people worldwide living with a SCI, and that 130,000 new injuries occur each year (Thuret et al., 2006). Devastating losses of motor, sensory and autonomic functions cannot be reversed, principally because of the lack of any effective therapeutic treatments.

Methylprednisolone is the only pharmacological agent that has been shown to produce a clinical improvement after SCI (Cayli et al., 2004) in a randomized blinded research design, but it is not approved by the FDA for SCI treatment (Rozet, 2008), and the actual benefits are debated (Miller, 2008; Rozet, 2008). Therefore, effective therapeutic interventions after SCI are greatly needed.

A dramatic SCI-induced deregulation of ion/water homeostasis significantly contributes to the final functional impairments (LoPachin et al., 1999). Therefore, a better understanding of the roles that AQPs play in the regulation of ion/water homeostasis in spinal cords may give important insights into some important outcomes resulting from SCI, including edema, the formation of fluid-filled progressively enlarging syringes, and final motor or sensory impairments. Detailed descriptions of the mechanisms underlying control of the ion water/ water transport by different AQPs in the CNS is presented in other articles in this special issue of *Neuroscience*, so this study is primarily focused on describing current findings that implicate AQPs in the subsequent pathophysiology of SCI.

II. AQPs in spinal cords

Rodent spinal cords express transcripts for several AQPs: AQP4, AQP5, AQP8 and AQP9 (Oshio et al, 2004). With the exception of AQP5, expression of all other AQPs in rodent spinal cords has also been confirmed at the protein level. AQP4 protein is exclusively expressed in spinal astrocytes (Oshio et al., 2004; Nesic et al., 2006), while AQP9 proteins are found both in astrocytes and in neurons (Baudaut, 2009). AQP8 is found in ependymal cells around the central canal (Oshio et al., 2004), but detailed characterization of AQP8 and AQP9 in rodent spinal cords is lacking. Expression of AQP1 protein in sensory axons within dorsal horns has been confirmed in several studies on rodent spinal cords (Oshio et al., 2004; Shields et al., 2007; and Nesic et al., 2008), but the role of AQP1 in spinal cords remains unknown. AQP1 mRNA is not expected within spinal cords, since the axonal AQP1 protein in spinal cords originate in dorsal root ganglia neurons (Shields et al., 2007). With the exception of AQP4, none of the other AQPs found in rodent spinal cords has been confirmed in human spinal cords, so the challenging and intriguing study of AQPs' roles in different spinal pathologies has only just begun.

III. AQP4

Widely distributed AQP4 expression in white and gray matter spinal cord astrocytes is found in both rodents (mice, Oshio et al., 2004; and rats, Nesic et al., 2006, Fig. 2A) and in humans (Misu et al., 2007; Fig. 1A). There is little doubt that AQP4's normal function in astrocytes is to enable fast water influx or efflux, driven by osmotic or hydrostatic pressures (Solenov et al., 1997; Yang et al., 2008). It has been reported that rat spinal cord tissue has the highest

expression levels of AQP4 among all AQP4-expressing organs, including several different brain regions as well as various muscles including heart tissue (Shibuya et al., 2008). Widespread and high expression levels of AQP4 in mammalian spinal cords suggest the importance of potentially altered AQP4 functions in different pathological spinal conditions. AQP4 function has been implicated in spinal cord trauma (Nesic et al., 2006; Saddaoun et al., 2008), spinal cord ischemia (Xu et al., 2008); neuromyelitis optica (NMO) and multiple sclerosis (MS; Hinson et al., 2009; Misu et al., 2007), and amyotrophic lateral sclerosis (ALS; Nicaise et al., 2009). AQP4 expression changes are found in all those pathological conditions, including decreases in AQP4 levels (NMO), increases (ALS), and time-dependent combinations of both elevation and reduction (spinal cord trauma and ischemia). Fig. 1A shows typical AQP4 immunolabeling (brown) in white and gray matter astrocytes in uninjured human spinal cords (astrocytes are labeled for GFAP; pink). The same AQP4 expression pattern was found in cervical, thoracic and lumbar regions (not shown).

IV. Human SCI: AQP4-negative and AQP4-overexpressing astrocytes

AQP4 changes in human SCI have not been previously reported. We analyzed cords from three SCI patients suffering from trauma to the cervical segments at C5/6 (survival time 1 year), C2 (survival time 1 year) and C8 (survival time 2 years). Detailed histological analysis of these spinal cords is described in Guest et al., 2005; as patients No. 29, 28 and 59, respectively.

Immunohistochemical analysis of AQP4 labeling in all three injured cords at the lesion site showed the presence of GFAP-labeled astrocytes with and without AQP4. In contrast, GFAPlabeled astrocytes devoid of AQP4 have not been found in adult uninjured spinal cords. We and others have previously reported AQP4-labeled astrocytic processes that are not co-labeled with GFAP, reflecting extensive arborization of astrocytic processes not recognized by GFAP labeling (Nesic et al., 2006; Simard et al., 2003). However, GFAP-labeled processes without AQP4 have not been reported. We found AQP4-negative astrocytes at the lesion epicenter in all analyzed samples from three SCI patients, who differed in age, gender and the extent of SCI (complete vs. incomplete). We cannot rule out that causes other than SCI contributed to the AQP4 changes reported here; however, it is unlikely that three very different pathologies diagnosed as cause of death (e.g. pneumonia in patient #28, heart attack in patient #29 and sepsis in patient #59) all affected spinal cord astrocytes at the lesion site in the same manner, i.e., by inhibiting AQP4 expression. Similarly, it is doubtful that all three SCI patients suffered from the same undiagnosed disease that affected their spinal cord AQP4 in the same way. Furthermore, co-morbidity or deterioration of human spinal cord samples before or after autopsy, as possible causes of AQP4 absence, are also very unlikely because AQP4-negative astrocytes were also found in injured rat spinal cords (as shown in Fig. 2C).

A representative example of AQP4 labeling in human SCI (Fig. 1B, Patient No. 29; Guest et al., 2005) showed typical lesion morphology with a cavity at the epicenter – the cell/tissuefree center of the cord (cells were labeled with hematoxylin, blue). Most of the GFAP-labeled astrocytes (pink, Fig. 1B; marked with arrow head; Fig. 1D) surrounding the cyst were devoid of AQP4 (AQP4 labeling was brown), while astrocytes in the spared white matter rim had intense AQP4 labeling (Fig. 1B; marked with arrow). A similar finding was obtained using immunofluorescent labeling (Fig. 1F); GFAP-labeled astrocytes (green; high magnification insert) were not co-labeled with AQP4 (red) around the lesion epicenter (marked by the nuclear DAPI staining, blue), which was devoid of AQP4 immunolabeling (low magnification image).

AQP4 expression was markedly increased in the spared white matter in a chronically injured human spinal cord (Fig. 1F, SCI patient No. 28; Guest et al., 2005; the injury was at C2, and the survival time was 1 year), compared to the white matter AQP4 in uninjured human spinal cords (Fig. 1E; black rectangle in the image of the whole cord shows ventral white matter

region presented here). Large-scale magnification of (Fig. 1H) of the area marked with the white rectangle in Fig. 1F showed dense and intense AQP4 labeling that was significantly higher than in the equivalent white matter region of an uninjured cord (Fig. 1G). AQP4 upregulation likely did not result from the increased density and number of AQP4-expressing astrocytes in the spared white matter because of the similar number of nuclei per area in the peripheral white matter in both uninjured and injured cords (Figs. 1I, J).

Therefore, it appears that chronically injured human spinal cords possess at least two types of GFAP-labeled astroglia: AQP4-negative and AQP4-overexpressing cells. These astrocytes are perhaps interacting, given that we found AQP4-positive and negative GFAP-immunolabeled processes in close proximity (see yellow stars in Fig 1D and 1F, high magnification insert). Alternatively, AQP4-negative astrocytes may have AQP4 proteins localized in some membrane compartments. The heterogeneity of the astrocytic population has been well established, especially in injured cords (elegantly reviewed in White and Jakeman, 2008), but differential AQP4 expression in different subsets of astrocytes has not been reported.

V. AQP4-overexpressing astrocytes

V. A) AQP4-overexpressing and AQP4-negative astrocytes in a rat model of SCI

To shed light on the mechanisms and consequences of AQP4 changes found in human SCI, we investigated AQP4 changes in a rat model of contusion SCI. Contusion injuries are the most prevalent in clinical settings, and a rat model of contusion SCI mimics some of the basic histopathological outcomes found in human SCI (Beattie and Bresnahan, 2000). We employed the widely used and well-characterized Infinite Horizon device (Scheff et al., 2003) to produce contusion injury to the thoracic regions (T10) of male Sprague Dawley rats, as described in detail in Nesic et al., 2008.

Uninjured rat spinal cords have an AQP4 expression pattern (Fig. 2A) similar to that in uninjured human spinal cords, with dense astrocytic expression of AQP4 in both gray and white matter. In contrast to the human SCI we assessed, almost all astrocytes in chronically injured rat cords (1, 2, 3 or 5 months after SCI; n=3/group) were overexpressing AQP4 (Fig. 2B). However, at earlier time points after SCI in rats, there were more AQP4-negative astrocytes, similar to chronically injured human cords (Fig. 2C, marked with white star; see Fig. 7A). Immunofluorescent analysis also showed that next to GFAP-labeled, AQP4-negative astrocytes (Fig. 2C, marked with white star), AQP4-positive astrocytes expressed higher levels of AQP4 14d after SCI (Fig. 2C, E; n=3) than did astrocytes in uninjured cords (Fig. 2A, D; n=3). Therefore, rat SCI in the subacute phase post-SCI resembled chronically injured human spinal cords, since they both contained two identifiable populations of astroglia defined via AQP4 expression. This result suggests that recovery processes after SCI including the transition of astrocytes from AQP4-negative (see Part VII) to AQP4-positive astrocytes is more expeditious in rat than in human injured spinal cords.

V. B) AQP4-overexpressing astrocytes: cytotoxic edema

As a result of a large abundance of AQP4-overexpressing astrocytes in chronically injured rat SCI, overall AQP4 levels were significantly and persistently increased by several-fold, not only at the mRNA (Nesic et al., 2005), but also at the protein level (Fig. 2F; Nesic et al., 2006). Considering that AQP4 increases at 11 months were comparable to those at 2 months after SCI (Fig. 2G), we predict that AQP4 upregulation is a life-long astrocytic alteration after rodent SCI.

Overexpression of AQP4 is a rate-limiting factor for astrocytic swelling, as elegantly shown by Yang et al., (2008). Furthermore, deletion of AQP4 in AQP4-null mice demonstrated significantly alleviated cytotoxic swelling of astrocytes in different neuropathological

conditions (Zador et al., 2008). Therefore, significantly increased AQP4 levels in AQP4 overexpressing astrocytes likely reflect cytotoxic swelling of astrocytes in injured rat or human spinal cords. Astrocytic swelling in injured spinal cords has been documented by electron microscopy (Sharma and Ollson, 1990), but the possible impact on functional recovery has not been investigated until recently (Saadoun et al., 2008; described in the next paragraph). The impact of cytotoxic astrocytic swelling (and AQP4 upregulation) on the functional recovery after SCI will thus depend on the abundance of AQP4-overexpressing astrocytes in the time window that is relevant to motor or sensory recovery after SCI.

V. C) Effect on motor recovery

Gross motor recovery in rat SCI takes place in the first two weeks after SCI and plateaus by 3 wks post-SCI (Fig. 3A). Motor recovery of SCI rats was assessed using the Basso, Beattie, Bresnahan (BBB) scoring system that measures recovery of hind limb function, which is completely lost immediately after moderate or severe thoracic contusion injury (Basso et al., 1995). Uninjured rats have a BBB score of 21, while SCI rats with completely paralyzed hind limbs have a BBB score of 0. As shown in Fig. 3A, SCI rats recover their gross hind limb locomotor function to some degree by 21d post-SCI, but the extent of recovery depends on the severity of the initial insult. To test whether the severity of injury affects AQP4 changes after SCI, we used SCI rats with different injury levels, classified in three groups by an arbitrary criterion: (a) severe injury with BBB score of 8 \pm 0.87; moderate injury, BBB score = 12 \pm 1.32; and mild injury, BBB score $= 16.5 \pm 2.12$ (n=3 per group). The recovery of gross hindlimb motor function had plateaued by 3 wks in severe and moderate SCI, but not in mild SCI, where recovery continues, and reaches a plateau by 7wks post- SCI (not shown). We measured AQP4 levels in all SCI rats via Western blots (Fig. 3C). Our findings suggest that AQP4 levels at 3wks post-SCI in moderate and mild SCI rats are similar to control levels, in contrast to the severe group, which showed significantly lower AQP4 levels (p<0.05). Therefore, better motor recovery after different rat SCI was NOT associated with lower AQP4 levels (Fig. 3C), that would be expected if AQP4-mediated cytotoxic swelling negatively affects neuronal function (see Sykova et al., 2004; Mulligan and MacVicar; 2006) underlying motor recovery after SCI. Although moderate and mild SCI differed significantly in terms of the restored hindlimb motor functions, AQP4 levels were indistinguishable both at 21 (Fig. 3) and at 56d after SCI (not shown).

The time-course study of AQP4 levels after moderate SCI (Fig. 3B) showed that AQP4 protein levels were also significantly reduced as observed in severe injury (at 21d) but only at earlier time points (1-14d), while they were not reduced in mild injury (not shown). As presented in Fig 3B, AQP4 levels were drastically decreased in the first week, and were restored by the 3rd week post-SCI in moderate SCI. However, AQP4 levels at 21d post-injury were still reduced in severe SCI (Fig. 3C), suggesting that reappearance of AQP4-expressing astrocytes after SCI depends on the severity of injury, and is delayed in severely injured rats. Therefore, possibly negative impact of AQP4-mediated astrocytic swelling on motor recovery will likely be fairly limited in severe injuries, considering the small number of AQP4-(over)expressing astrocytes in the relevant time window (and a smaller number of functional axons in contact with AQP4-overexpressing astrocytes; Fig. 3A, C). Even in moderate SCI, where motor recovery plateaus by day 14, it is unlikely that AQP4-driven astrocytic swelling may significantly impair processes underlying motor recovery. This result may explain why we did not find a correlation between motor recovery scores and AQP4 levels, as described above.

However, Saadoun et al. (2008) found that AQP4- null mice demonstrated significantly better motor recovery after SCI compared to wild type mice, due to reduced cytotoxic edema. They also documented that SCI in mice produced significant increases in AQP4 expression 2d after injury, when AQP4 levels were severely reduced in a rat contusion SCI (Fig. 3). Therefore, we

can assume that the mouse model of compression SCI model used in Saadoun et al. (2008) study produces a milder insult compared to the moderate contusion SCI used in most of our studies, and much milder than the examples of human SCI analyzed here (that resembles severe rat SCI, see Fig. 7B). It is also possible that mouse astrocytes differ profoundly in their response to SCI, including AQP4 changes, compared to astrocytes in rats or humans. This is a plausible hypothesis given that inflammatory reactions in mouse SCI significantly differ from those in rat (Sroga et al., 2003).

Therefore, we propose that the effect of AQP4 deletion or inhibition on the motor recovery after SCI depends on the severity of initial injury and on the animal model or species chosen for the animal model in the study. Additionally, inhibition of AQP4 early after severe SCI may be even harmful, if a small number of surviving AQP4-expressing astrocytes exerts a protective role in reaction to hypoxia (described in Part VI; see Fig. 5), which is predictably dramatic after severe SCI. Unfortunately, the only viable approach for testing the hypotheses proposed here requires the use of specific AQP4 inhibitors that can be safely administered to different SCI models in various temporal paradigms – and these inhibitors have not yet been developed.

V. D) Effect on sensory recovery

In contrast to motor recovery, sensory impairments after SCI, such as autonomic dysreflexia (Krenz and Weaver, 1997) or neuropathic pain, appear later and persist into the chronic postinjury phase in rat SCI (reviewed in Hulsebosch et al., 2009), a time frame in which AQP4 overexpressing astrocytes are present in human SCI (Fig. 1), and predominate in rat SCI, (Fig. 2), irrespective of the severity of injury. Therefore, we hypothesize that robust AQP4 upregulation ("AQP4 overexpression") and resultant cytotoxic edema may be more relevant to sensory recovery after SCI, regardless of the severity of SCI. We have already shown that increased AQP4 mRNA levels are correlated with pain-like behavior in SCI rats (Nesic et al., 2005). SCI rats that develop pain-like behavior (mechanical allodynia) have > 2-fold higher levels of AQP4 mRNA than do SCI rats that do not develop pain-like behavior (n=4; p<0.05). Therefore, AQP4 upregulation in AQP4-expressing astrocytes may play a role in the development of chronic pain. A large body of evidence suggests an important role that astrocytes play in development of neuropathic pain (for review see Milligan and Watkins, 2009), including SCI pain (Gwak and Hulsebosch; 2009; Carlton et al., 2009), although contribution of AQP4 has not yet been characterized. Chronic pain is a debilitating condition in SCI patients (Yezierski 1996; Finnerup et al., 2001; Siddall et al., 2003; Hulsebosch, 2005). So, what could be the possible mechanism linking AQP4, astrocytic swelling, and hyperexcitability of pain processing neurons, that underlies pain development after SCI? A plausible hypothesis is that swollen astrocytes release excess glutamate (Milligan and MacVicar, 2006) that causes hyperexcitability in pain-processing neurons. It has been well documented that glutamate receptor inhibition attenuates pain and reduces neuronal hyperexcitability after SCI (reviewed in Hulsebosch et al., 2005; 2009). It has also been shown that ammonia-induced astrocytic swelling triggers the release of glutamate and causes neuronal hyperexcitability (Rose, 2007). However, this mechanism has not yet been studied in relation to SCI-dependent neuropathic pain. In human SCI AQP4-overexpressing astrocytes may trigger the above described mechanism if they are localized near pain-processing neurons (e.g. in the vicinity of pain processing neurons in dorsal horns), even in the absence of a large population of AQP4-overexpressing astrocytes. Not all SCI patients develop pain. Published studies have reported divergent incidence of chronic pain among individuals with SCI, ranging from 26 to 96% (Dijkers et al., 2009). This individual variability may be attributed to the unpredictable localization of AQP4-overexpressing astrocytes in injured spinal cords. Our analysis of three human SCI samples showed that abundance and distribution of AQP4 overexpressing astrocytes may vary significantly among individual SCI patients. Consistent with this feature of SCI pain, we also found inter-individual variability in AQP4 levels among

equally injured rats in the chronic-post-injury phase, although GFAP levels were indistinguishable (not shown), indicating that differential AQP4 expression may explain astrocytic contribution to pain in SCI rats that develop pain, in agreement with our previous study (Nesic et al., 2005).

V. E) Effect on the size of fluid-filled cavities

Fluid-filled cavities almost always form at the SCI lesion site in human and rat injuries, but not in mouse SCI (Stokes and Jakeman, 2002). Although the fluid-filled cavities are permanent, they do not usually pose a clinical problem for SCI patients, so little attention has been given to the mechanisms underlying their development/maintenance. However, understanding the processes that contribute to permanent filling of cavities with fluid is necessary for a better understanding of cavity expansion into syrinx in some SCI patients. Syringes are longitudinally orientated fluid-filled cavities extending away from the lesion site (Klekamp and Samii, 2002; Stoodley et al., 1999). Formation of syringes in some SCI patients, or posttraumatic syrongomyelia (PTS), is a devastating neurological condition characterized by progressive loss of sensation or strength, pain, profuse sweating, spasticity and autonomic dysreflexia (Biyani and Masry, 1994). Syringes occur in about 28% (Backe et al., 1991; Williams, 1992), although reported incidence varied depending on the study. The mechanisms underlying enlargement of fluid-filled cavities and development of PTS are poorly understood (for review, see Klekamp and Samii, 2001; Klekamp, 2002), and as a result, surgical treatments have long term efficacy in less than 50% of patients with PTS. Without exception, activated astrocytes form the wall of both cavities and syringes in SCI patients and animal models of SCI (Reddy et al., 1989; Inman and Steward, 2003; Seki and Feghlings, 2008), even in cases where syringes are not associated with traumatic injury to the spinal cord (Levin et al., 2004). This suggests a role for astrocytes in fluid-filled cavity formation; however, it is not yet confirmed. We found intense AQP4 labeling in astrocytes around fluid-filled cavities in rat SCI (see Fig. 2B, 2B₁), suggesting a possible role for AQP4 in fluid accumulation within cavities.

To shed light on the possible link between AQP4 and fluid-filled cavity formation, we analyzed cavity sizes using the T2-weighted Magnetic Resonance Imaging (MRI) method (Weirich et al., 1990; Bilgen et al., 2000; Narayana et al., 1999), while AQP4 protein levels were measured in the same SCI rats by Western blotting. Fluid accumulation appears in T2 MRI images as a hyperintense ("white") signal similar to the subarachnoid cerebrospinal fluid signal intensity (marked with red arrow in Fig. 4A). Soon after SCI (7d), we found a diffuse hyperintense signal; e.g. vasogenic edema throughout the gray and white matter (see black arrow) that was especially intense at and around the site of injury (images 1-3). Vasogenic edema demonstrated with T2MRI imaging was additionally confirmed with increased spinal water content early (3d) after SCI (Fig. 4B). Significant decreases in AQP4 early after SCI may contribute to the accumulation of vasogenic edema by slowing the process of fluid removal (Zador et al., 2008), but this remains to be confirmed.

However, considerable fluid accumulation within cavities (round, well defined structures, labeled with a red star in Fig. 4A) was also visible in injured cords, as early as 2wks post-SCI (corresponding to the time of AQP4 restoration, Fig. 3B) and persisted up to 8 wks after SCI (corresponding to robust increases in AQP4, Fig. 2F, G). Fluid accumulation within cavities also resulted in significantly increased water content of injured spinal cords 2 or 5 months after SCI, as reported earlier (Fig. 4B, Nesic et al., 2006). Therefore, we asked whether AQP4 overexpression may contribute to the fluid accumulation within cavities.

We measured AQP4 levels in SCI rats $(n=10, \text{ in two independent experiments})$ 8wks after SCI where sizes of fluid-filled cavities were quantified at 4, 6 and 8 wks after SCI. However, we did not find any correlation between AQP4 protein levels (8 wks post-SCI) and cavity sizes (8 wks post-SCI), including fluid-filled cavities that enlarged over time. A representative example

of 4 SCI rats, their fluid-filled cavities and AQP4 levels both measured 8wks post-SCI is presented in Fig. 4C. Although cavities varied significantly in size, AQP4 levels were indistinguishable, suggesting that AQP4 likely does not have an important role in fluid-filled cavity formation or its enlargement after rodent SCI (not previously reported). A fluid-filled cavity in SCI rat No. 4 (Fig. 4C) increased from 4 to 8 wks after SCI (Fig. 4D), in contrast to other SCI rats in this group (not shown, see typical example presented in Fig. 4A), whose cavities stayed the same or decreased from 4 to 8 wks. It thus appears that fluid-filled cavity enlargement was also not associated with significantly altered AQP4 levels. Although AQP4 protein levels were not correlated with the total fluid accumulation in chronically injured SCI rats, the role of specifically altered AQP4 distribution/function in the formation of fluid-filled cavities cannot be ruled out.

VI. AQP4 upregulation and hypoxia

To shed some light on mechanisms that trigger and maintain AQP4 increases in chronically injured rat cords, we analyzed mRNA levels of thousands of genes expressed in chronically injured cords, using DNA microarrays and transcriptional profiling of 8 equally injured rats (indistinguishable BBB scores of those rats are presented in Nesic et al., 2005). Our goal was to identify all mRNAs that were significantly correlated with AQP4 mRNA levels in those 8 SCI rats (coefficient of correlation $\geq \pm 0.8$; p<0.01), and thus give us an insight into the genes that were possibly co-regulated with the *aqp4* gene in chronically injured cords. Out of 3389 genes expressed in all injured spinal cords, we found 112 transcripts positively and 11 mRNAs negatively correlated with AQP4 mRNA levels. Partial results of this analysis are presented in Table 1.

Among significantly correlated mRNAs we noted Hypoxia induced factor, HIF-1α (Table 1, r=0.84; p<0.01), a transcription factor that has already been shown to regulate AQP4 expression. It has been found that increased HIF-1 α activation triggers AQP4 expression after traumatic brain injury (Ding et al., 2009). As we have already reported; there is a significant 50% increase in protein levels of HIF-1α (Nesic et al., 2008) in chronically injured cords (42d after SCI), suggesting that HIF-1α maybe be one of the upstream regulators of persistent AQP4 upregulation in rat SCI. Conversely, AQP4 upregulation may also be a protective reaction to hypoxia. The promoter region of the *aqp4* gene contains a putative antioxidant-responsive element (ARE; Umenishi and Verkman, 1988), which is also activated under hypoxic conditions (Walleh et al., 1997). It has already been shown that activators of ARE can induce AQP4 expression in brain trauma (Zhao et al., 2005). Therefore, AQP4 upregulation may reflect a protective reaction of injured cords to persistently hypoxic conditions. Severe hypoxic conditions did not exist only in the chronically injured cords; they were also present in early post-SCI phases. Acute hypoxia has been well documented, including increases in HIF-1 α (Xiaowei et al., 2006). Therefore, the appearance of AQP4-overexpressing astrocytes even early after SCI (Fig. 2C) may also be explained by hypoxia.

It is well established that hypoxia significantly alters ion transport mechanisms as a consequence of the cellular energy depletion and resultant intracellular sodium overload (Malek et al., 2003). Those harmful mechanisms leading to sodium overload are also seen in SCI (Lopachin et al., 1999), where inhibition of sodium channels shows significant neuroprotective and therapeutic potential (Schwartz and Fehlings 2001; Hawryluk et al., 2008). As a compensatory reaction to the sodium overload, potassium and chloride effluxes are stimulated to maintain cellular osmolality and electroneutrality (Malek et al., 2003). Therefore, hypoxic insult to neurons results in increased extracellular potassium and chloride by more than ten-fold (Blank and Kirshner, 1977), which are than taken up by astrocytes via different pathways, including inward-rectifying potassium channels and chloride transporters (Kahle et al., 2009). Rapid removal of extracellular K^+ and Cl by astrocytes must be

accompanied by obligatory water influx, presumably through AQP4 channels. Consistent with hypoxia-induced alterations in ion transport mechanisms involving astrocytic uptake of potassium and chloride, we found transcript levels of several K^+ channels and $K^+/Cl^$ transporters to be significantly correlated with AQP4 mRNA levels (Table 1). For example, we found a significant correlation between AQP4 mRNA and mRNA for the Na-K-2Cl cotransporter (NKCC1; $r=0.87$; $p<0.01$), whose protein levels are increased after SCI (Cramer et al., 2008). It has been shown that hypoxia increases NKCC1-mediated ion influx in astrocytes, and that deletion or blocking of NKCC1 in astrocytes exposed to hypoxia prevents astrocytic water uptake (Lenart et al., 2004). Therefore, it is possible that hypoxia after SCI increases the expression of NKCC1 and AQP4, as a compensatory, homeostatic reaction to protect neurons.

Ions taken up by astrocytes (including NKCC1-mediated uptake) during normal neuronal activity cause transient astrocytic swelling (MacVicar et al., 2002) and extracellular space shrinkage (Ostby et al., 2009), without damaging to the surrounding tissue, because excess water and ions are removed from the CNS parenchyma via the astrocytic syncytium (Walz, 2000). However, constant hypoxia-driven accumulation of extracellular ions likely exceeds removal capacity of astrocytic network, in addition to already disturbed communication within the astrocytic syncytium after SCI. It has been shown that proteins essential for the communication within astrocytic network, such as gap junction protein, connexin (Cx43) change after SCI (Theriault et al., 1997; Lee et al., 2005), indicating functional rearrangements in astroglial syncytyium in injured spinal cords. Consequences of the damaged functions of the panglial syncytium in neuropathological conditions are eloquently described in the article by J. Rash in this issue of *Neuroscience*. As a result of the ineffective removal of excess water via the impaired astrocytic syncytium after SCI, chronically swollen astrocytes may negatively impact neuronal excitability and axonal conductivity (Sykova, 2004; Mulligan and MacVicar, 2006).

However, the overall effect of AQP4-driven astrocytic swelling on functional recovery after SCI will depend on the balance between protective astrocytic roles in removing extracellular ions and harmful effects of astrocytic swelling. To test this hypothesis we used NKCC1 inhibitor bumetanide (0.1 mM), known to inhibit NKCC1-mediated ion uptake and astrocytic swelling caused by hypoxia (Lenart et al., 2004). Moderately injured rats received bumetanide intrathecally via osmotic minipumps for 4 wks, while motor recovery was assessed using the BBB test. Bumetanide administration significantly impaired motor recovery (Fig. 5A), indicating that NKCC1- driven ion uptake by astrocytes has a more protective role in hypoxic condition in injured spinal cords. Bumetanide also decreased GFAP levels (Fig. 5B), consistent with its effect on reducing astrocytic swelling (Sykova et al., 1999). Therefore, the reduction of astrocytic swelling resulting from the inhibition of NKCC1-mediated hypoxia-driven uptake of extracellular ions did not lead to improved motor recovery after SCI.

Interestingly, like the *aqp4* gene, the gene for NKCC1 is also affected by the transcriptional activation of ARE (Cho et al., 2005), consistent with our hypothesis that AQP4 and NKCC1 are co-regulated in chronically injured rat cords as part of the protective reaction to hypoxia. The possible transcriptional regulator of both genes may be transcriptional factor Nuclear Factor E2 (Nrf2), which activates ARE, but this hypothesis remains to be tested in future experiments. In general, activation of Nrf2 in astrocytes is neuroprotective against a wide array of insults, including hypoxia (Vargas and Johnson, 2009), and a possible involvement of Nrf2 in AQP4 upregulation would support our hypothesis that AQP4 over-expression after SCI is a protective astrocytic reaction.

We also found an inverse correlation between AQP4 mRNA and another chloride cotransporter, KCC1 ($r = -0.73$, $p < 0.01$), which has an opposing role to NKCC1, since it

extrudes chloride ions from astrocytes (Kettenmann and Ransom, 2004), and is downregulated after SCI (Cramer et al., 2008). The inverse correlation between AQP4 and KCC1 may suggest that increases in AQP4 are driven by ion influxes, rather than effluxes, at least in hypoxic conditions after SCI. Interestingly, AQP4 levels were NOT correlated with NKCC1 or KCC1 in uninjured cords ($r = 0.24$ and 0.55 respectively; n=5).

As expected, GFAP mRNA levels (detected with two gene-specific probes on Affymterix microarrays) were not correlated with AQP4 mRNA levels (Table 1, r=0.18 and -0.22), consistent with the existence of various populations of astrocytes that differ in expression levels of AQP4 (e.g. AQP4-positive and AQP4-negative) and further validating the results of our correlation analysis.

VII. AQP4-negative astrocytes – where do they come from?

The astrocytic population undergoes significant (∼60%) depletion at the epicenter of injury after moderate rodent SCI (Grossman et al., 2005). That is consistent with our finding that 3d after SCI there were significant decreases in both GFAP and AQP4 (Fig. 6A), and that a cellsparing agent, the potent anti-inflammatory interleukin 1 receptor antagonist (IL1ra; Nesic et al., 2001) could reverse some of those SCI-induced depletions, indicating that loss of astrocytes contributes to the decrease in AQP4 levels early after SCI.

However, SCI also triggers processes that attempt to replace all lost astrocytes. Lytlle and Wrathall, (2007) showed that lost astrocytes are all replenished with GFAP-labeled cells from 7 until 28d after SCI. Zai and Wrathall, (2005) reported that ∼20% of all BrdU–labeled cells undergoing proliferation 3d after SCI are GFAP-positive, indicating that a substantial fraction of surviving astrocytes undergoes proliferation. In addition, activation of glial progenitor cells and astrogliogenesis also contribute to the replacement of astrocytes in injured cords. Glial progenitor cells in injured cords are the largest population of cells that undergoes proliferation and differentiation after SCI (Zai and Wrathall, (2005), and the vast majority of them differentiate into astrocytes (Horner et al., 2000; Zai and Wrathall, 2005; Yang et al., 2006). However, the phenotypes of GFAP-positive cells generated via processes of astrocytic proliferation and astrogliogenesis after SCI are poorly understood, and to what extent those newly generated GFAP-positive cells resemble mature, resting astrocytes in uninjured cords.

At 7d post-SCI, GFAP levels were significantly increased (58%; Fig. 6B), in contrast to GFAP levels at 3d post-SCI (Fig.6A), suggesting that astrocytic replacement was taking place between 3d and 7d post-SCI, and that those "new" astrocytes are in the activated form (reflected in the elevated GFAP levels, compared to sham-controls). However, Western blot analysis showed that AQP4 levels remained low at 7d post-SCI (Fig. 6B; Nesic et al., 2006), indicating suppression of AQP4 in newly generated astrocytes, and perhaps in surviving astrocytes as well. Consistent with this, we found that IL-1ra completely reversed GFAP levels, but only partially restored AQP4 levels (Fig. 6A), suggesting that surviving astrocytes may also have reduced AQP4 expression levels early after SCI.

Our data also indicate that some of those "new" astrocytes are immature cells (will be reported elsewhere), resembling transitional cells in the normal developmental astrogliogenesis, and have suppressed AQP4; similar to embryonic astrocytes. Astrocytic AQP4 expression becomes apparent only during postnatal development (Wen et al., 1999; Ferrari et al., submitted). Therefore, AQP4 decreases early after SCI (Figs. 3B; 7A, B) may result from suppressed AQP4 expression both in surviving and newly generated astrocytes. What could be the possible consequences of the presence of AQP4-negative astrocytes in injured spinal cord parenchyma is an intriguing question. Given the intimate contact between blood vessels and AQP4 expressing astrocytes (Amiry-Moghaddam et al., 2003), the first question is whether AQP4-

negative astrocytes also establish close contact with blood vessels. Here we show one rather large blood vessel in an uninjured spinal cord surrounded by dense astrocytic processes, all expressing AQP4 (Fig. 6C). However, AQP4- negative astrocytic processes also establish equally close contact with larger blood vessels (Fig. 6D_I) and small blood vessels/cappilaries (Fig. $6D_{II}$) in human SCI, but the ultrastructural organization of this contact and molecular interaction between blood vessels and AQP4-negative astrocytes, and whether those astrocytes affect the function of the blood vessels in injured spinal cords remain to be investigated.

VIII. Summary and conclusions

Several AQPs have been found in rodent spinal cords, but only one was identified in human spinal cords – AQP4, the subject of this report. More detailed studies of other AQPs in human SCI, and their possible roles in pathophysiological outcomes described here, will undoubtedly add to the complexity of AQPs' role in SCI. For example, we have shown that AQP1 levels significantly and persistently increase in rat SCI, in part due to AQP1 induction in astrocytes (Nesic et al., 2008). Therefore, the role of AQP4 in the pathophysiology after SCI will have to be studied in concert with AQP1 or other AQPs that may also prove to be relevant players in deregulation of ion/water homeostasis in human SCI.

The summary and conclusion of our data presented here are depicted in Fig. 7 (next page).

- **1.** Analysis of AQP4 expression in three chronically injured SCI patients showed the presence of two populations of astrocytes: AQP4-overexpressing and AQP4-negative astroglia (labeled with GFAP; Fig. 7A, B).
- **2.** AQP4-negative astrocytes are likely generated during the process of SCI-induced replacement of lost astrocytes, and can be rescued with anti-inflammatory cell sparing interventions. AQP4-negative astrocytes are immature cells since they share some similarities with transitional astroglial cells during normal developmental astrogliogenesis (their description will be reported elsewhere). AQP4-negative astrocytes establish close contact with blood vessels in injured cords (rat and human), similar to normal AQP4-expressing astrocytes in uninjured cords. It is thus possible that immature AQP4-negative astrocytes contribute to the chronic dysfunction of blood vessels, described in animal models of SCI that includes vascular hyperpermeability, consequent vasogenic edema, or chronic hypoxia – a possibility that remains to be tested (Fig. 7A).
- **3.** Those two populations of astrocytes also exist in a rat model of contusion SCI. However, the abundance of AQP4-negative astrocytes changes over time: it is higher at early time points after rat SCI (Fig. 7B). Gradually, AQP4-negative astrocytes become replaced with, or transformed into AQP4-expressing astrocytes that predominate in chronic post-injury phase (Fig. 7A, B). The AQP4/GFAP ratio (measured with Western blots in rat SCI; Fig. 7B) varies not only with time postinjury, but also with the severity of injury. More severe injuries have lower AQP4/ GFAP ratios, indicating a higher number of AQP4-negative astrocytes, and thus are more similar to human SCI (Fig. 7B). Therefore, it appears that more severe rat contusion injury better mimics astrocytic changes observed in human SCI. However, the time course of astrocytic changes in human SCI remains to be determined.
- **4.** Although AQP4 overexpression implies negative impact of cytotoxic edema on neuronal/axonal excitability, better motor recovery of SCI rats was not associated with lower AQP4 levels. This likely results from a low abundance of AQP4 overexpressing astrocytes during the time post-injury when gross motor recovery takes place in moderate and severe SCI (Fig. 7B). Therefore, we predict that therapeutic

inhibition of AQP4 will have a positive effect on the gross motor recovery only in mild SCI, but will not be beneficial in moderate or severe SCI (Fig. 7B).

- **5.** AQP4 overexpression- mediated astrocytic swelling may be more relevant to sensory recovery, since mechanisms underlying sensory dysfunction such as pain development take place in the chronic post-injury phase in a rat SCI (Fig. 7A), when AQP4-overexpressing astrocytes predominate. AQP4 levels are increased in SCI rats that develop neuropathic pain-like behavior. We propose a mechanism that links astrocytic swelling and pain: swelling-induced release of glutamate that can induce hyperexcitability of pain-processing neurons, and chronic pain.
- **6.** In contrast, formation of fluid-filled cavities in chronically injured cords does not appear to be affected by the extent of AQP4 increases. Although AQP4 protein levels were not correlated with the total fluid accumulation within cavities, the role of specifically altered AQP4 distribution in the formation of fluid-filled cavities cannot be ruled out.
- **7.** Our analysis of transcriptional profiles of chronically injured rat spinal cords suggests that persistent hypoxia may trigger and maintain AQP4 overexpression in AQP4 expressing astrocytes. This analysis also suggested that AQP4 increases may be coupled to a K^+/Cl^- uptake mechanism, as a protective reaction to hypoxia. Bumetanide, NKCC1 inhibitor decreased astrocytic swelling and significantly impaired motor recovery of moderately injured rats, suggesting that hypoxia-driven mechanisms, although leading to astrocytic swelling may also be protective in moderately (or severely) injured rats. Therefore, the effect of AQP4 inhibition on functional recovery after SCI will depend not only on the time interval after SCI or animal models used in the study, but also on the balance between protective role of increased AQP4 in hypoxia and deleterious effects of astrocytic swelling.
- **8.** It is also possible that AQP4-overexpression is maladaptive reaction to hypoxia that leads to excessive astrocytic swelling in chronically injured cords, affecting primarily sensory recovery after SCI. The antioxidants acetazolamide (Tanimura et al., 2009) and edaravone (Kikuchi et al., 2009) have recently been shown to be neuroprotective by inhibiting/decreasing AQP4 in brain ischemia. Although those antioxidants are not strictly selective for AQP4, they are promising therapeutic tools in manipulating AQP4 functions in SCI.

Taken together our data and the reports of others that attempt to shed light on the role of AQP4 in human SCI raise more questions than provide answers. A critical contribution to the field however will be the discovery of selective, specific and safe pharmacological agents to inhibit AQP4 functions, which can be then be used to directly test the hypotheses proposed in this report.

XIX. Methods

Rat model of contusion SCI

We used Sprague Dawley male rats. Rats received a partial laminectomy at T10. Moderate SCI was then inflicted using an Infinite Horizon device (LLC, Lexington, KY) and 150kD force, 1s dwell time. These forces produce substantial motor deficits, although SCI rats exhibit spontaneous recovery of weight-supported plantar stepping with occasional coordination (The average final BBB score for rat SCI is 11.5.) The surgical procedures are described in Nesic et al., 2008; all procedures comply with the recommendations in the NIH Guide for the Care and Use of Laboratory Animals, and are approved by UTMB's Institutional Animal Care and Use Committee. We use the minimal number of animals necessary for each experiment, and the suffering of animals is minimized.

Locomotor assessments

Gross motor recovery of SCI rats was assessed using open field tests with the Basso Beattie and Bresnahan scale (BBB rank scores; Basso et al., 1995) assigned as measures of hind limb activity to document plantar placement with weight-bearing stance.

Water content was determined according to the protocol described in Li and Tator (1999). The percent water content was calculated as follows: water content $(\%) = [$ (wet weight-dry weight)/ wet weight $\vert \times 100$.

Histological analysis

Preparation of injured human spinal cords for histological analysis is described in Guest et al., 2005.

Immunohistochemistry—Uninjured and injured human spinal cord sections (5-6 microns thickness) were subjected to a deparaffinization/rehydration procedure by xylene treatment. Several steps of incubations in decreasing ethanol concentration from 100% to 70% were followed with a final incubation in Phosphate-buffered saline (PBS). Antigen retrieval was performed at high temperature in the presence of 10mM sodium citrate. Immunohystochemistry was performed by incubating with two primary antibodies, AQP4 (*Chemicon*; 1:400) and GFAP (*Chemicon*; 1:800 dilution). AQP4 was detected with LSAB2 system-horse radish peroxidase (*DakoCytomation*) and a DAB substrate that gave a brown end-product at the site of the target antigen. GFAP-bound antibody was detected with an alkaline phosphatase secondary detection system and a substrate that gave a pink precipitate from fast red chromogen. Counterstaining with Harris hematoxylin was used to detect the cell nuclei (dark blue).

Immunofluorescence—Immunofluorescent detection of AQP4 and GFAP in human spinal cord sections was performed using the same antibodies as in immunohistchemistry. After deparafinization/rehydration and antigen retrieval procedures, AQP4 immunolabeling was determined with the secondary antibody (*Alexa Fluor* goat anti-rabbit IgG; 1:500).

Immunofluorescent detection of AQP4 in rat spinal cord sections is described in detail in Nesic et al., (2008). Uninjured and injured rats were intracardially perfused with 300ml of 0.1M PBS, followed by 500 mL of 4% paraformaldehyde in 0.1 M phosphate buffer. The spinal cords were removed and postfixed in 4% paraformaldehyde for 2 h at 4°C, then rinsed and cryoprotected in 30% sucrose in phosphate buffer for 48 h at 4°C. We used primary antibodies: Rabbit AQP-4 (*Chemicon;* 1: 10,000); mouse monoclonal GFAP (*Chemicon;* 1:1000).

Labeled spinal cord sections were studied with a confocal laser scanning system (*BIO-RAD Radiance 2100, K-2 system*). For double immunofluorescence staining, to avoid "bleed through" of fluorescense signals between adjacent color channels, the data were collected one channel at a time by sequential scanning. Images were collected using the 488 and 568 nm excitation lines of an Argon-Krypton laser. The co-localization of the two antigens was shown by yellow color in the images obtained after overlaying the green and red channels. Digital images were saved and processed with *Adobe Photoshop* for final editing. For quantitative analysis of the intensity of immunolabeling, sections were imaged using the same exposure times, and the average density was measured with *MetaMorph* software (Molecular Devices, Downingtown, PA). Five randomly selected sections from the thoracic spinal cord segment in each animal were analyzed and the relative optical densities were averaged to provide a mean number for each rat.

Electrophoresis and Western Blotting

As described in Nesic et al., 2006. We used primary antibodies: Rabbit AQP-4 (*Chemicon;* 1: 1000); Mouse monoclonal GFAP (*Chemicon;* 1:71000).

MRI imaging

MRI that includes dual-echo and diffusion-weighted images was performed in the MRI facility at UT Houston (<http://www.uth.tmc.edu/radiology/narayana/pub>index.htm) headed by Dr. P. Narayana. The method is described in Dr. Narayana's publications: Weirich et al. (1990); Bilgen et al. (2000) and Narayana et al. (1999). To quantify the hyperintense regions in rapid acquisition relaxation enhancement (RARE) images we used Image Pro-Plus 5 software. Intensity thresholds levels were determined for the hyperintense lesions by comparison with the normal uninjured spinal cord tissue. The thresholds were then applied to areas of interest in SCI images. The volume of injury was calculated by multiplying each lesion area by slice thickness (1mm), then summing the volumes for all slices to obtain the total lesion volume.

DNA microarrays. (detailed description in Nesic et al., 2003,2005)

Total RNA was prepared from frozen spinal cord segments using TRI-Reagent (Molecular Research Center, Cincinnati, OH, USA). Spinal segments were homogenized in TRI-Reagent, and total RNA extracted in chloroform, ethanol-precipitated, and stored at −80°C. Total RNA was assayed for integrity on 1% denaturing agarose gels. Approximately 15μg of total RNA was used for each target. The rat RGA microarray from *Affymetrix* (Santa Clara, CA, USA) was used for all hybridizations; the results were analyzed with *Affymetrix GeneChip Analysis Suite 5.0 software*. Finding genes with significantly changed expression levels in any group being compared was done using the Statistical Analysis of Microarrays (SAM), a robust statistical method devised specifically for the analysis of microarray data (Tusher et al., 2001), which was used on the dataset that resulted from filtering out (a) genes absent in all samples and (b) all ESTs (Expressed Sequence Tags). We accepted only those mRNA values with a fold change that was higher than 1.5 for upregulated genes and lower than 0.66 for downregulated genes. This pre-filtering procedure decreased the number of genes being analyzed, and thus reduced the number of false positives from the SAM analysis. Pearson correlation analysis was done using the SPSS statistical package.

Statistical Analysis

All statistical tests were evaluated at the α level of significance of 0.05, two-tailed. We use parametric methods (t-test) for our analyses. For multiple-group comparisons, data wee analyzed using one way analysis of variance (one way ANOVA). The LSD multiple comparisons post-hoc test was used to determine *p* values. *p* values less than 0.05 are considered significant.

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List of Abbreviations

- ALS amyotrophic lateral sclerosis
- AQPs Aquaporins
- AQP4 Aquaporin 4
- BBB Basso, Beattie, Bresnahan motor recovery score
- BSCB blood-spinal cord barrier
- CNS Central Nervous System
- FDA Food and Drug Administration

Fig. 1.

An immunohistochemical procedure was used to detect GFAP and AQP4 in human spinal cord sections. GFAP was detected with an alkaline phosphatase secondary detection system and a substrate that gave a pink precipitate from fast red chromogen. AQP4 was detected with LSAB2 system-horse radish peroxidase and DAB substrate that gave a brown end-product at the site of the target antigen. Counterstaining to detect nuclei was performed with Harris hematoxylin (dark blue). **A)** Uninjured human spinal cord section labeled with GFAP (red) and AQP4 (brown). Here we present cervical spinal cord section, but the same AQP4 expression pattern was found in thoracic and lumbar sections. **B)** Injured human spinal cord at the epicenter (C7), isolated from an SCI patient, one year after SCI. This case (No. 29) is described in Guest et

al., 2005. **C)** Large magnification of astrocytes in the region of *glia limitans externa* (marked with white star) of uninjured cord clearly showing GFAP and AQP4 co-expression. Yellow star marks "islands" of AQP4 labeling among AQP4-negative astrocytes. Calibration line: 100 μm. **D)** GFAP-labeled astrocytes (pink) around the cyst were devoid of AQP4. Calibration line: 100 μm. **E)** Immunofluoresecent detection of AQP4 (red) in ventral white matter of the uninjured spinal cords; the region of the spinal cord used in this image is marked with a black rectangle in the gray image of the whole section (insert on the left). Calibration line: 400 μm. **F)** Equivalent AQP4 labeling in the white mater rim in C2, one year after SCI (Patient No. 28; Guest et al., 2005) showed both AQP4-devoid region at the center of the section and visibly more AQP4 labeling compared to uninjured white or gray matter human spinal cords. Calibration line: 400 μm. The insert framed in yellow depicts high magnification image of astrocytes (GFAP labeled green) devoid of AQP4 (yellow square in the low magnification image). Yellow starts mark AQP4 labeling (red). **G)** High magnification images of the region marked by the white rectangle in E. Calibration line: 100 μm. **H)** High magnification images of the region marked by the white rectangle in F. Calibration line: 100 μm. **I)** Nuclear counterstain (DAPI) in the same image (shown in G). **J)** Nuclear counterstain (DAPI) in the same image (shown in H).

Fig. 2.

A) Immunofluorescent AQP4 labeling in the thoracic region of an uninjured rat spinal cord. Calibration line: 500 μm. **B)** AQP4 labeling at the lesion site (T10) of a chronically injured rat spinal cord (2 months after SCI) with large fluid-filled cavity. Calibration line: 200 μm. **B1)** Fluid accumulated within cavity is visible in T2 MRI image as white, hyperintense signal (see explanation in Fig. 4) in the same injured rat cord used for AQP4 immunolabeling in B. **C)** AQP4 (red) and GFAP (green) labeling of astrocytes in injured rat spinal cord segment (lesion site; T10) 14d after SCI, showing injury site (dorsal horns and dorsal columns) where GFAPlabeled astrocytes devoid of AQP4 were found (marked with white star). **D, E)** Comparison of AQP4 in equivalent imaged regions of uninjured (A) and injured (C) spinal cords, marked

with white rectangles showing substantially more AQP4 labeling in injured cords where GFAPlabeled astrocytes were also AQP4-positive, indicating AQP4 overexpression in those astroglia. Calibration line: 200 μm. **F)** AQP4 Western blot of four uninjured and five injured samples 2months after SCI. As expected, the blot showed two clearly identifiable AQP4 bands (M1 and M23), with the M23 isoform being more abundant. Quantitative analysis of both bands before and after SCI and at different time points consistently showed that SCI induced similar increases in both isoforms in SCI rats (n=17 for uninjured and n=28 fro SCI rats). **G)** A representative Western blot of two uninjured samples (C) 2 and 11 months after sham treatment, and two SCI samples (at the lesion site) 2 and 11 months after SCI showed significant increases in AQP4 levels persisting up to 11 months after SCI (the last time point measured) without decline in the intensity of either M23 or M1, suggesting permanent upregulation of AQP4 in chronically injured rat spinal cords at the lesion site.

Fig. 3.

A) Motor recovery of SCI (n=9) with different severities of initial contusion injury to T10. Mild injuries did not produce immediate and complete paralysis of their hindlimbs (BBB scores were >0), in contrast to moderate or severe SCI. Motor recovery was assessed using the BBB scoring system up to 21d after SCI, when motor recovery is typically finalized in severe or moderate injury. At 21d, SCI rats were sacrificed and the lesion site used for Western blot analysis. Maintaining severely injured rats for longer than 21d poses a problem, because those SCI rats develop severe pain-like behavior in chronically post-injury phase. **B)** Time course of AQP4 protein level changes in moderate SCI at the lesion site (T10). A representative AQP4 Western blot shows decreases in AQP4 levels at 1, 3 and 14d after SCI (n=3 per time point),

and restoration of AQP4 to basal levels by 21d post-SCI. **C)** AQP4 Western blot (T10, 21d after SCI) in SCI rats with different levels of injury (A) showed that restoration of AQP4 levels happened in mild and moderate SCI, but not in severe, where AQP4 levels remained reduced.

Fig. 4.

A) The bottom line represents typical T2-MRI images of an uninjured spinal cord imaged in the same thoracic regions as those in the upper rows. Here we show 7 consecutive mages, around the SCI epicenter (images 1-3, right to left). The schematic representation above the uninjured cord shows the epicenter of SCI, and the approximate length of the cord that was imaged and presented here. The upper rows represent a moderately injured rat spinal cord imaged at 7 days, 2 wks, 4 wks and 8 wks after SCI. Numbers in white indicate individual images in columns, and red letters are time points after SCI (in rows). Arrows and asterisks are explained in the text. **B)** Increased water content was found not only at 3d after SCI (due to vasogenic edema) but also in the thoracic region of injured spinal cords 2 and 5months after

SCI (∼20mm long; mean±S.D; p<0.05; reported in Nesic et al., 2006). **C)** MRI images of four SCI rats (1-4) 8 wks after SCI at the epicenter of SCI. Rat No. 4 had the largest cyst. **D)** Four T2 MRI images of an SCI rat whose cysts spanned ∼12 mm (about 4 segments) and enlarged from 4wks to 8 wks.

Fig. 5.

A) Motor recovery (BBB test) was assessed in two groups of SCI rats; a group that received vehicle ($n=5$) and the other bumetanide (0.1mM; $n=5$) for 4 weeks continuously via osmotic minipumps (*Alzet* minipump, 2.5 microl/h. Catheterization and intrathecal delivery is described in Nesic et al., 2008). Vehicle or bumetanide (*SIGMA* #*B3023*) were delivered intrathecally to avoid systemic effects of NKCC1 inhibition. Concentration of bumetanide was based on Willis et al., 2006. Values are presented as Mean+/-SE. The difference between BBB scores in vehicle-treated and bumetanide-treated SCI rats was significant from day 6 till day 28 post-SCI (p<0.05; ANOVA). **B**) GFAP Western blot was performed after the completion of the experiment described in A). GFAP levels were measured at the site of lesion (T10), where GFAP levels are significantly increased after SCI. However, bumetanide treatment reduced GFAP levels, consistent with its inhibitory effect on astrocytic swelling.

Fig. 6.

A) AQP4 and GFAP Western blots 3d after SCI at the lesion site (T10). IL1ra (750ng/ml) was administered intrathecally for 3d in a group of SCI rats (n=5), while a second group of SCI rats received vehicle intrathecally for 7d (n=4). Rats were sacrificed at 3d post-SCI and Western blots performed. IL1ra was administered via osmotic minipumps and i.th. cathaters. We have also shown that IL1ra exerted expected effects: it significantly decreased Cox-2 upregulation after SCI, or reduced IL-6 mRNAs (not shown; both Cox-2 and IL-6 are known IL-1 transcriptional targets – Touzani et al., 1999; Igwe et al., 2001). Therefore, the IL-1ra effects we observed in injured cords were mediated via specific blocking of IL-1R activation. **B)** AQP4 and GFAP Western blots showed that 7d after SCI, AQP4 levels were still reduced at the lesion site in moderate SCI, while GFAP levels showed significantly increased levels compared to sham-treated rats (n=5 per group), indicating replacement and activation of astrocytes early after SCI (already reported in Nesic et al., 2006). **C, D)** Large and small blood vessels in uninjured and injured human spinal cord (C2, 1 year after SCI, SCI patient No. 29; Guest et al., 2005). Calibration line in C_I: 0.1 mm; and in C_{III}: 10 μm. GFAP-labeled astrocytic processes devoid of AQP4 (pink) surrounded blood vessel in chronically injured cords. Erythrocytes in blood vessel were stained blue with hematoxilline.

AQP4-Negative Astrocytes

AQP4-Overexpressing e Astrocytes

Fig. 7. Described in the text.

Table 1

