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Individual Differences Reveal the Basis of Consonance

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Summary

Some combinations of musical notes are consonant (pleasant), while others are dissonant (unpleasant), a distinction central to music. Explanations of consonance in terms of acoustics, auditory neuroscience, and enculturation have been debated for centuries [1-12]. We utilized individual differences to distinguish the candidate theories. We measured preferences for musical chords as well as nonmusical sounds that isolated particular acoustic factors – specifically, the beating and the harmonic relationships between frequency components, two factors that have long been thought to potentially underlie consonance [2,3,10,13-20]. Listeners preferred stimuli without beats and with harmonic spectra, but across over 250 subjects, only the preference for harmonic spectra was consistently correlated with preferences for consonant over dissonant chords. Harmonicity preferences were also correlated with the number of years subjects had spent playing a musical instrument, suggesting that exposure to music amplifies preferences for harmonic frequencies because of their musical importance. Harmonic spectra are prominent features of natural sounds, and our results indicate they also underlie the perception of consonance.

Results

Fig. 1a shows the pleasantness ratings given by a group of subjects to different combinations of notes. Some combinations were consistently rated higher than others, irrespective of the instrument playing the notes. This is the phenomenon of consonance, the origins of which have remained controversial throughout history[1-12].

Ancient thinkers viewed consonance as determined by ratios (Fig. 1b), but in modern times it has been linked to acoustic properties thought to be important to the auditory system [10]. The dominant contemporary theory posits that dissonance is due to beating between frequency components[2,13-15]. Beating occurs whenever two sinusoids of differing frequency are combined (Fig. 1c, top left). Over time the components drift in and out of phase, and the combined waveform waxes and wanes in amplitude. This modulation produces a sound quality known as roughness that listeners typically describe as unpleasant[21,22], and that has been thought to be prevalent in dissonant, but not consonant, musical chords[13-15].

Fig. 1c shows spectra and waveforms for two musical intervals (chords with two notes). The minor second, a dissonant interval, contains many pairs of frequency components that are close but not identical in frequency, and that produce beating, visible as amplitude fluctuations in

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Methods are described in more detail in Supplemental Information.

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the waveform. The (consonant) fifth presents a different picture, containing frequencies that are widely spaced or exactly coincident, and that produce little beating.

However, the intervals differ in another respect. The fifth contains frequencies that are approximately harmonically related – they are all multiples of a common fundamental frequency (F_0) (Fig. 1c, top right). Not every component of the harmonic series is present, but each frequency corresponds to a harmonic. In this respect the fifth bears some resemblance to an individual musical note, whose frequencies are generally a series of harmonics, the F_0 of which corresponds to the pitch of the note. The resemblance does not hold for the minor second, whose frequencies are inharmonic. This contrast exemplifies an alternative view – that consonant chords derive their pleasantness not from the absence of beating, but rather from their similarity to single notes with harmonic spectra[3,17-20].

It has also seemed plausible that consonance might not be rooted in acoustics at all, and is instead the arbitrary product of enculturation[23] – listeners might simply learn to like specific chords that are prevalent in the music of their culture. This notion is fueled in part by the use of the equal-tempered scale in modern music, in which consonant intervals only approximate integer ratios (Fig. 1b), and are thus somewhat less harmonic, and less devoid of beating, than they would be otherwise. Of course, enculturation and acoustic-based explanations are not mutually exclusive. If a particular acoustic property were to underlie the distinction between consonance and dissonance, listeners could potentially learn an aesthetic association with that property by hearing it repeatedly in music.

In our efforts to address these issues, we took advantage of the fact that some listeners showed stronger consonance preferences than others. We investigated whether inter-subject variability in consonance preferences could be explained by variation in preferences for particular acoustic factors. We measured acoustic preferences by asking subjects to rate the pleasantness of nonmusical stimuli designed to independently vary in beating and harmonic content. To isolate the aesthetic contribution of a particular factor, we formed preference measures by subtracting the ratings of stimuli possessing that factor from those that did not. If beating or harmonic spectra underlie consonance, the associated acoustic preference measures should be correlated with our consonance measures. To ensure robustness and replicability, we separately examined these correlations for chords made from different instrument sounds, and separately tested two large cohorts of subjects ($N = 142, 123$).

Consonance Preferences

We measured consonance preferences with chord rating tests (Fig. 1a). Two summary measures of this preference were computed for each instrument sound (timbre), one for two-note chords (intervals), and one for three-note chords (triads). Each measure was formed from the difference between the ratings of consonant and dissonant chords. Large values of these measures indicate strong preferences, and individual subjects produced consistently different values, indicated by correlations in their scores from two successive tests. These correlations were not simply due to differences in how subjects used the rating scale, as they persisted once the ratings were z-scored to equalize the range used by each subject. Fig. 1d shows representative test-retest scatter plots (for the saxophone consonance measures for Cohort 1); test-retest correlations for the different note timbres and subject cohorts ranged from .60-.75 (interval measure) and .46-.63 (triad measure), all statistically significant ($p < .0001$).

Acoustic Preferences

Beating preferences were assessed by comparing ratings of pairs of pure tones (single frequencies) presented to either the same or different ears (diotic and dichotic presentation, respectively). Dichotic presentation of two tones is known to greatly attenuate perceived beats

[24], but leaves the spectrum (and its harmonicity and pitch) unchanged[25]. In a pilot experiment we found that pure-tone pairs were rated more highly when presented dichotically than diotically, but only when the tones were sufficiently close in frequency to fall within the same cochlear filter (Fig. 2a). Beating is known to be audible only for frequency differences small enough to be registered by the cochlear filter bank[2]; our results therefore suggest that the dichotic-diotic rating difference reflects the extent to which audible beats are judged to be objectionable. To form a measure of preference for stimuli lacking beats (B1), we obtained ratings for narrowly spaced tone pairs in three frequency ranges (Fig. 2b), and subtracted the ratings of all the diotic from all the dichotic tone pairs.

To assess preferences for harmonicity, we compared pleasantness ratings for harmonic and inharmonic complex tones. The harmonic stimuli contained a subset of the frequencies of a normal harmonic tone, spaced widely enough apart to avoid substantial beating (Fig. 2c). The inharmonic stimuli were generated by perturbing the frequencies of the harmonic tones. The main harmonicity preference measure (H1) was the difference between the mean ratings of the harmonic and inharmonic stimuli.

Because the beating test stimuli, having but two frequency components, might be considered less similar to musical chords than the harmonic and inharmonic test stimuli, we also used a second measure of harmonicity preference. For this measure (H2), we subtracted the ratings of the low-frequency dichotic tone pairs (from the beating test stimuli; Fig. 2b) from those of single pure tones (the simplest case of a harmonic stimulus). The frequencies of the tone pairs were not harmonically related, and produced minimal beating due to the dichotic presentation; they allowed us to use some of the stimuli from the beating measures to probe harmonicity. This measure also served as a control for the possibility that distortion products might have produced beating in the other harmonicity test stimuli[26].

Subjects on average preferred harmonic over inharmonic spectra, and stimuli without beats over those with beats (Fig. 2d), but individual differences were evident in all the acoustic preference measures (Fig. 2e&f: B1 and H1, Cohort 1; test-retest correlations for the acoustic measures in each cohort ranged from .41-.76, all $p < .0001$). Notably, the beating and harmonicity effects were not significantly correlated across subjects, suggesting that our tests isolated two largely independent effects (Fig. 2g: B1 and H1, Cohort 1; correlations between the beating and harmonicity measures of each cohort ranged from $-.09$ to $.17$; $p > .05$ in all cases).

Correlations Between Acoustic and Consonance Preferences

Although the reliability, average effect size, and variance of the beating and harmonicity preferences were comparable (Fig. S1), we found large differences in their correlations with consonance preferences. These correlations for the beating measures (Fig. 3a, top) were weak and inconsistent (see also Fig. S2). In contrast, both harmonicity measures correlated strongly with both consonance measures for synthetic as well as natural note sounds (Fig. 3a, lower two rows). Subjects with stronger preferences for harmonic spectra thus had stronger preferences for consonant over dissonant chords. Although one might imagine that a listener's preference for one chord over another would be subject to many different influences (their mood, the musical genre most recently heard etc.), our measures of their preference for harmonic spectra explain a sizeable portion of the variance in consonance preferences, whereas our beating measure explains little (Fig. 3b).

To gain insight into these effects, we examined correlations between the acoustic preference measures and ratings of individual chords, averaging across note timbres to increase reliability (Fig. 3c). The beating measure yielded modest negative correlations with the minor and major second (the two leftmost intervals in the plots), but not for other dissonant intervals. The

harmonicity measures, in contrast, were negatively correlated with every dissonant chord that we tested. We note that the similarity in correlation patterns for the two harmonicity measures is non-trivial, as the measures were derived from non-overlapping sets of stimuli that physically had little in common.

Effects of Musical Experience

When our acoustic preference measures were correlated with the number of years each subject had spent playing a musical instrument, another distinction emerged: both harmonicity measures were positively correlated with musical experience, whereas our beating measure was not (Fig. 4a). Subjects with more musical experience thus had stronger preferences for harmonic over inharmonic spectra. A priori there was little reason to expect this – none of the acoustic test stimuli had musical connotations, and in fact were designed to avoid physical similarity to musical stimuli. This result is strong evidence for the importance of harmonicity in music, and suggests that the aesthetic response to harmonic frequency relations is at least partially learned from musical experience.

Musical experience was also correlated with the strength of consonance preferences (Fig. 4b), further consistent with a role for learning. Given that our measure of musical experience is only a crude estimate of the degree to which subjects had internalized the structure of Western music, it seems likely that the musical experience correlations are underestimates, perhaps substantially so (Fig. S4).

Discussion

We used individual differences to explore the basis of consonance and dissonance. Our findings suggest that consonance is due to harmonic frequency relations, and that dissonance results from note combinations that produce inharmonic frequencies. Moreover, preferences for harmonic spectra and consonant chords appear to be heavily influenced by musical experience. Our results thus support a strong role for enculturation in consonance, but indicate that rather than learning to find specific arbitrary chords pleasing, listeners learn to like a general acoustic property, that of harmonicity. Harmonic structure has broad importance in the auditory system [27,28], and chord perception may simply involve the assignment of valence to the output of mechanisms that analyze harmonicity for pitch perception [29] or sound segregation [30].

Audible beating, or roughness, often evokes strong unpleasant reactions in listeners, and is routinely used to modulate tension in music [31–33]. However, its aesthetic association does not appear to be learned from music-related experience, and we find little evidence for a relation to consonance. This is likely because dissonant chords do not always produce large degrees of beating, while consonant chords sometimes do. Because the beating of two frequencies becomes weaker as their amplitudes become more different [34], the beating produced by two notes depends on the note spectrum, and varies considerably across instruments [35]. For this reason beating may not reliably indicate chord character, instead functioning as a largely orthogonal aesthetic influence. The perception of harmonic frequency relations, by contrast, is much less dependent on the exact frequency amplitudes [36], and thus may be more invariantly related to musical structure. At present we lack perceptually calibrated methods to confirm this intuition with measurements of harmonic content (see Supplementary Methods), and thus instead used correlations with unambiguously harmonic or inharmonic stimuli to test the role of harmonicity.

Consonance has long been a battleground for nature/nurture debates of music. We provide some support for nurture in showing a role for musical experience, but our results also indicate that the debate should perhaps be reframed in terms of acoustic properties. Previous studies of consonance perception in infants [7,9] and non-Western adults [5,11] have generally used

stimuli that varied in both harmonicity and beating. It could be fruitful to separately examine their effects, as we found only harmonicity preferences to be related to musical experience. It remains possible that the effect of musical experience reflects enhancement of an initial innate bias for harmonic sounds rather than a purely learned effect. Indeed, this notion derives plausibility from the prominence of harmonicity in mammalian vocalizations, where it may provide a signal of health and attractiveness [37], but a definitive resolution will require further study.

The idea that consonance derives from beating was fueled by reports that dissonance ratings of pure-tone pairs could predict the dissonance of intervals formed from complex tones (notes with multiple frequency components)[13,14]. These studies argued that the dissonance of pure-tone pairs was due to beating, and that their predictive value revealed the role of beating in consonance. However, we find that the dissonance of pure-tone pairs is a function both of their beating and of their harmonicity. Two narrowly separated frequencies are consistent only with an implausibly low fundamental frequency, and this seems to contribute as much to their unpleasantness as does their beating. Our H2 harmonicity measure, constructed from pure tones and pure-tone pairs, was correlated with consonance preferences even though the tone pairs were dichotically presented, and thus produced minimal beating (Fig. 3). This indicates that effects previously ascribed to beating likely had large, and unnoted, contributions from harmonicity.

Harmonicity preferences predicted chord ratings even though we used chords from the equal-tempered scale, that were thus not perfectly harmonic. This suggests that the mechanisms for detecting harmonicity are somewhat coarsely tuned, perhaps because some natural sounds also deviate slightly from perfect harmonicity [38]. It remains to be seen whether harmonicity contributes to aesthetic responses to chord progressions, or to melodies, for instance via integration of frequency information over time [39]. Musical context critically influences whether a chord in a piece of music sounds pleasing [40], and the role of acoustic factors in such effects is an open issue.

Our study applies a new approach to old issues in music perception. Debates over consonance have remained unresolved because the candidate theories often make similar predictions [10], and because models of the candidate mechanisms [13-15,19,20,22] hinge on assumptions and parameters that are difficult to verify. We have utilized individual differences to circumvent these difficulties, and find evidence that harmonicity plays a key role in the perception of consonance.

Experimental Procedures

Participants & Method

All subjects (Minnesota undergraduates) completed a pair of acoustic tests (containing both the beating and harmonicity test stimuli) followed by paired chord rating tests, each pair with chords generated with different note timbres (paired tests permitted test-retest reliability estimates). The two cohorts had similar demographic characteristics and differed only in taking slightly different versions of the tests (Cohort 2 was tested on pure tones instead of saxophone notes, for instance). In each test, subjects were presented with stimuli in random order, with multiple repetitions of each stimulus (3 for the acoustic tests, 4 for the chord tests), each time with a different root pitch.

Chords were derived from the equal-tempered scale. Chord root pitches were drawn from a fixed set in the octave above middle C, except for the sung vowel and saxophone stimuli, the root notes of which were drawn from G#3 upwards to accommodate the range of the singer/instrument. Following each trial subjects entered a rating between -3 and 3, denoting the range

from very unpleasant to very pleasant. Subjects were instructed to use the full rating scale. Before starting the tests, subjects were given a short practice test to familiarize them with the range of stimuli they would encounter.

Tone pairs used for the beating measures (Fig. 2b) were separated by either 0.75 or 1.5 semitones, such that considerable beating was heard when presented diotically.

Inharmonic complex tones were generated either by multiplying the frequencies of each harmonic component by a small factor, or by adding a small constant offset to each frequency. All other aspects of the harmonic/inharmonic test stimuli were identical.

Analysis

The interval consonance measure was formed by subtracting the mean rating of the five lowest-rated intervals from that of the five highest-rated intervals. The triad consonance measure was formed by subtracting the ratings for the augmented triad from that of the major triad.

Spearman correlation coefficients and two-tailed significance tests were used throughout. Correction for multiple comparisons (modified Bonferroni) was performed on all sets of multiple statistical tests. Correlations between diagnostic measures and individual chords were computed with chord ratings averaged across timbre.

To compute the variance in consonance preferences explained by acoustic preferences, the correlation for a given cohort and note sound was corrected for attenuation using the test-retest correlations for both preferences, and then squared. These estimates of explained variance were averaged across note sound and cohort.

Highlights

- Sounds with harmonic frequencies, and that lack beats, are preferred by listeners
- Only preference for harmonic spectra predicts preference for consonant chords
- Preferences for harmonic spectra, consonant chords correlate with musical experience
- Suggests harmonic frequency relations underlie perception of consonance

Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

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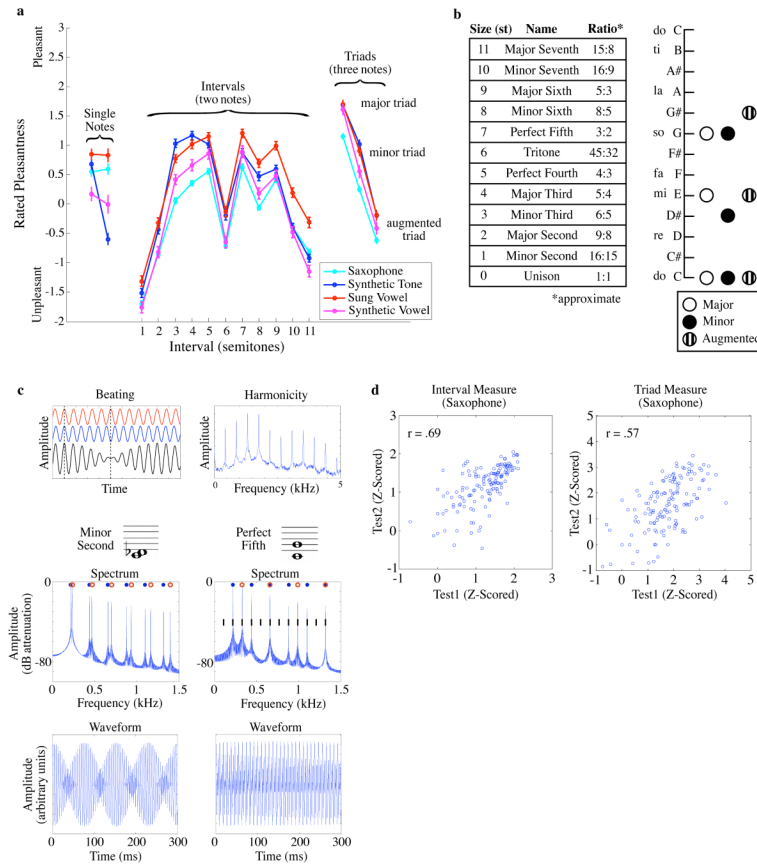


Fig. 1.

Consonance preferences and their possible acoustic basis. **(A)** Mean pleasantness ratings of individual notes and chords, for Cohort 1. The two single-note conditions differed in pitch (lower pitch on left). Error bars denote standard errors. **(B)** Intervals and chords used in experiments, with diatonic scale as reference. Ratios in stimuli approximated those listed in table, due to use of the equal-tempered scale. **(C)** Beating and harmonicity in consonant and dissonant intervals. Top left – two sinusoids of different frequencies are plotted in red and blue; their superposition (in black) contains amplitude modulation known as “beating”. Top right – amplitude spectrum for the note A440 played on an oboe. The frequencies in the note are all integer multiples of the fundamental frequency of 440 Hz, and as a result are regularly spaced along the frequency axis. Bottom rows – spectra and waveforms for the minor second and perfect fifth, generated by combining two synthetic complex tones with different fundamental frequencies. Red and blue circles denote the frequencies belonging to each note. The frequencies of the fifth are approximately harmonically related (black lines denote harmonic series). Amplitude modulation (from beating) is evident in the waveform of the minor second, but not the fifth. **(D)** Scatter plots of consonance measures computed from z-scored ratings of Cohort1 (saxophone notes) on two successive tests. The interval consonance measure was formed by subtracting the mean rating of the five lowest-rated intervals from that of the five highest-rated intervals. The triad consonance measure was formed by subtracting the ratings for the augmented triad from that of the major triad. Each circle denotes the scores of a single subject. Here and elsewhere, r is the Spearman correlation coefficient.

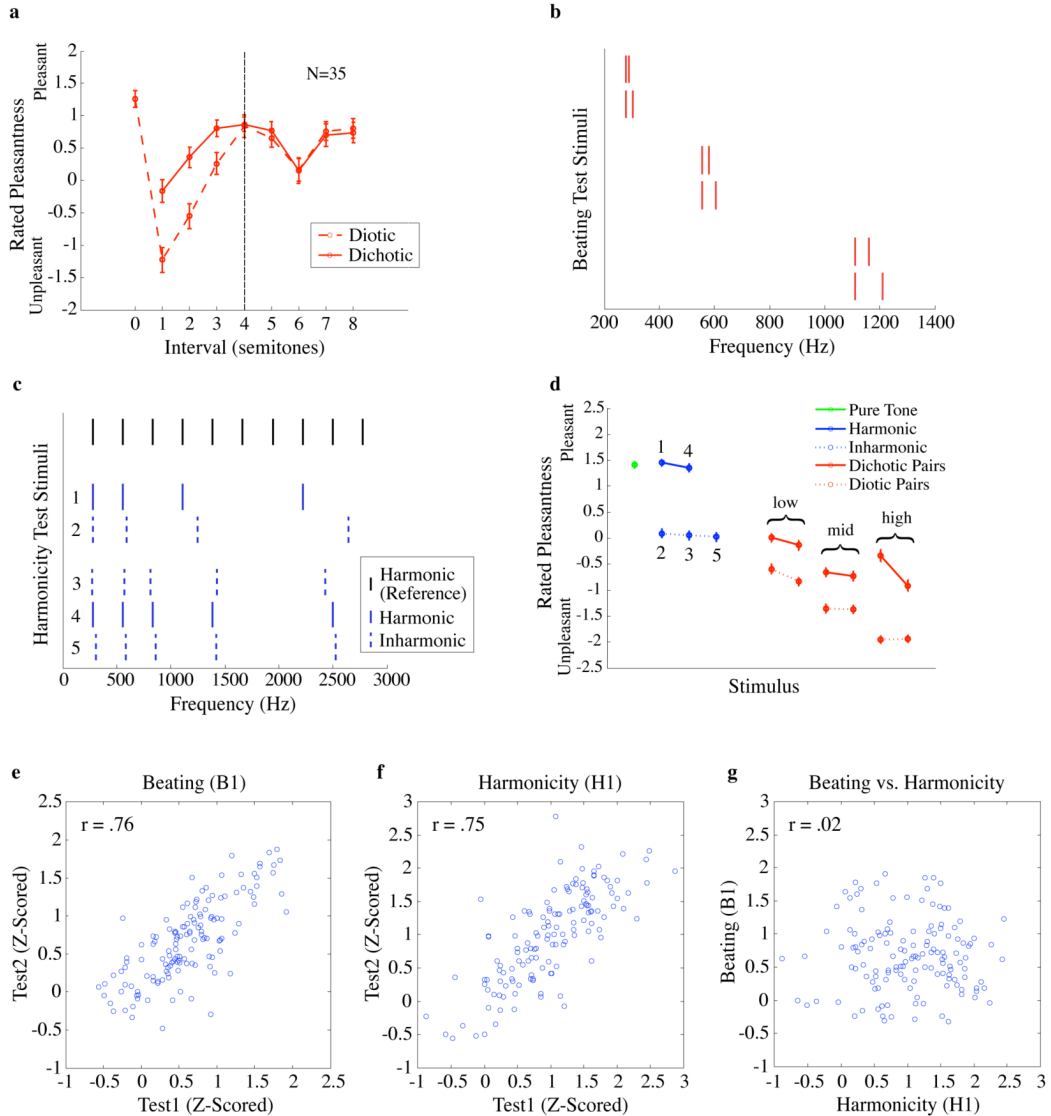


Fig. 2. Diagnostic measures of beating and harmonicity. **(A)** Mean pleasantness ratings of 35 subjects for pairs of pure tones, diotically or dichotically presented. Error bars denote standard errors. The unison (0 semitone separation) could only be presented diotically. Dashed line represents the approximate frequency separation (derived from estimated cochlear filter bandwidths) at which beats become inaudible. **(B)** Schematic spectra of beating test stimuli. Tone pairs were separated by either 0.75 or 1.5 semitones, such that considerable beating was heard when presented diotically. **(C)** Schematic spectra of harmonicity test stimuli. Inharmonic complex tones were generated via small perturbations to the frequencies of each harmonic component, ensuring that all components were separated widely enough to avoid substantial beating. All other aspects of the harmonic/inharmonic test stimuli were identical. Numbers to left of spectra are to enable comparison with **(D)**. **(D)** Mean pleasantness ratings of acoustic test stimuli, Cohort 1. Error bars denote standard errors. **(E) & (F)** Scatter plots of B1 and H1 measures computed from z-scored ratings of Cohort 1 on two successive tests. See also Figs. S1, S5. **(G)** Scatter plot of B1 and H1 measures, averaged over the two tests.

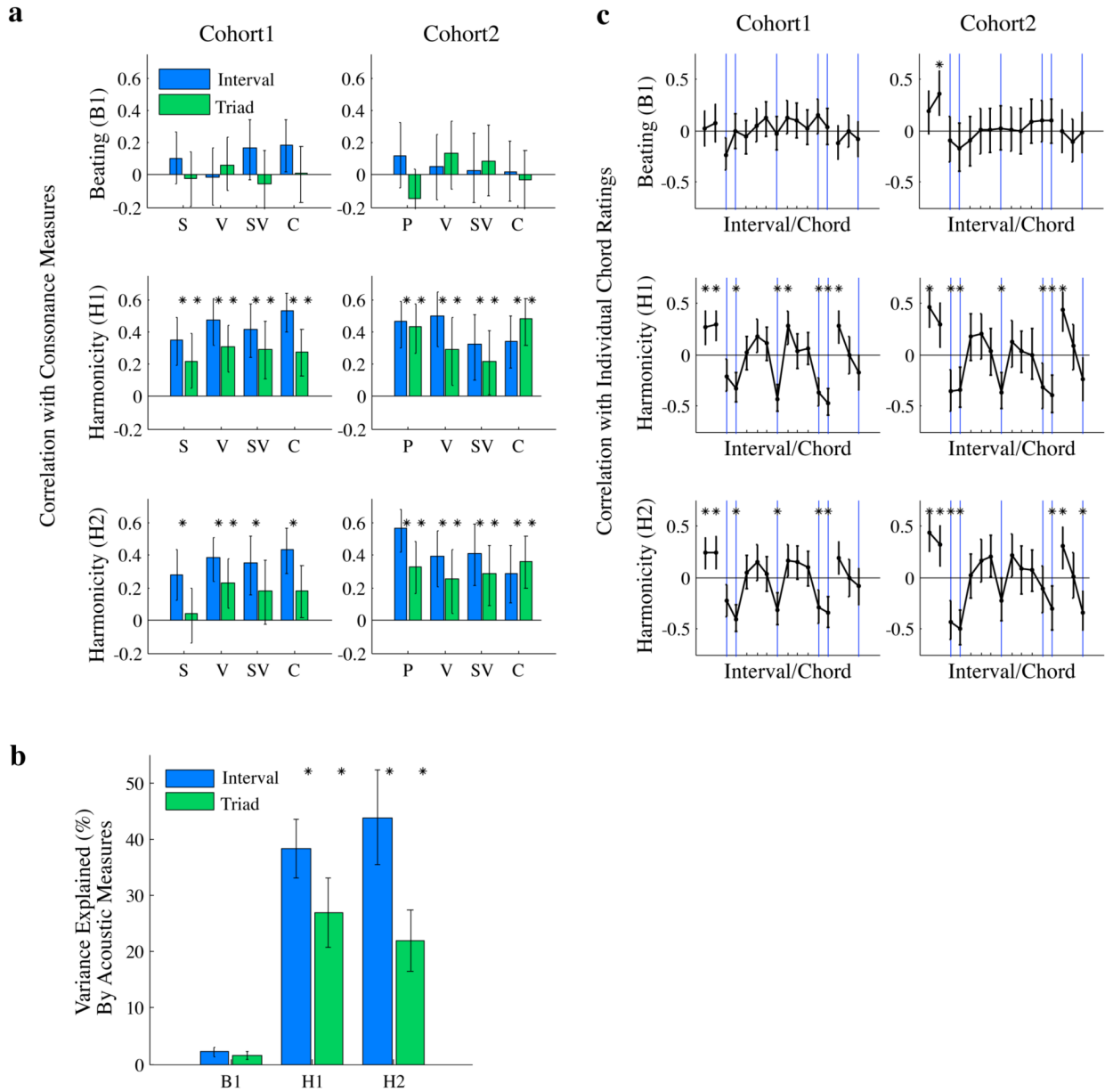


Fig. 3. Correlations of beating and harmonicity preferences with consonance preferences. **(A)** Correlations with interval and triad consonance measures. Letters on x-axis denote note timbre (saxophone (S), sung vowels (V), synthetic sung vowels (SV), synthetic complex tone (C), pure tone (P)). Here and in (C), error bars denote 95% confidence intervals, and asterisks denote significance (.05 criterion). **(B)** Variance of consonance measures explained by acoustic preferences. Error bars denote standard errors. Asterisks indicate that the variance explained by a harmonicity preference was significantly greater than that for the beating preference measure (.05 criterion, sign test). **(C)** Correlations with ratings of individual chords, averaged across note timbre. Interval/chord arrangement within subpanels follows conventions of Figure 1a. Blue vertical lines denote dissonant intervals and triads included in consonance measures. See also Figs. S2, S3.

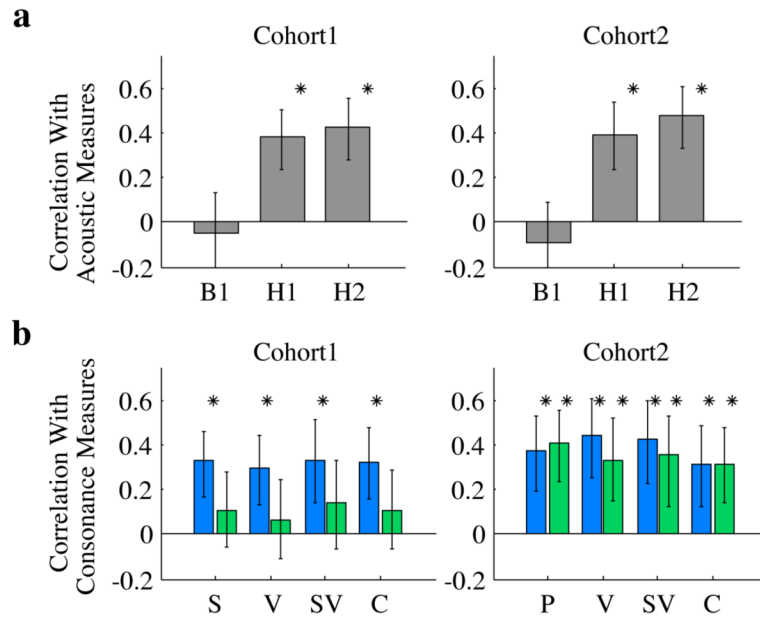


Fig. 4. Effect of musical experience. **(A)** Correlation between the number of years a subject had spent playing an instrument and their acoustic preferences. Here and in B, error bars denote 95% confidence intervals, and asterisks denote significance with .05 criterion, corrected for multiple comparisons. See also Figs. S2, S4. **(B)** Correlations between musical experience and consonance preference measures (interval measure in blue, triad measure in green).