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## **Exacerbation of tobacco smoke mediated apoptosis by resveratrol: an unexpected consequence of its antioxidant action**

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## **Abstract**

Resveratrol, a polyphenolic compound rich in grapes and red wine, has been reported to protect cells against oxidative damage and cell death by increasing cellular antioxidant/detoxification capacity. Cigarette smoking is a major risk factor for respiratory diseases and oxidative damage is implicated in its pathogenesis. Here we investigated the enhancement of antioxidant capacity by resveratrol and its potential protection against cell death caused by cigarette smoke in human bronchial epithelial cells (HBE1). At concentrations that did not affect cell growth, resveratrol activated Nrf2 signaling and increased the expression of NAD(P)H:quinone reductase-1, heme oxygenase-1, and the catalytic subunit of glutamate cysteine ligase. Surprisingly, instead of protecting against cell death, resveratrol significantly enhanced cigarette smoke extract-induced apoptosis. To define the underlying mechanism, the effect of resveratrol on caspase activity was examined and it was found that resveratrol significantly enhanced cigarette smoke-stimulated caspase activity. In conclusion, results from this study suggest that although resveratrol increased antioxidant and detoxification capacity, it increased rather than protected against cigarette smokeinduced apoptosis.

#### **Keywords**

caspase activity; oxidative stress; antioxidant; lung disease

## **Introduction**

Resveratrol, a polyphenolic compound found in grapes, wine, berries, and herbal medicines, such as Polygonum cuspidatum, has been shown to exhibit various biochemical activities, such as regulation of the cell cycle (Hsieh and Wu, 1999), stimulation of endothelial nitric oxide synthase (Taubert and Berkels, 2003), and inhibition of platelet aggregation (Pace-Asciak et al., 1995). Recent studies have found that resveratrol increased antioxidant capability and protected against oxidative damage by enhancing the expression of antioxidant genes, such as heme oxygenase-1 (Chen et al., 2005; Das et al., 2006; Juan et al., 2005), thioredoxin reductase (Hu et al., 2007), and glutathione (GSH) (Savaskan et al., 2003; Vieira de Almeida et al., 2007).

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Apoptosis or programmed cell death is a tightly regulated process that consists of complex biochemical cascades involving the activation of caspases (Zimmermann et al., 2001). Caspases are a class of cysteine proteases involved in the initiation and execution of apoptosis and are activated through either extrinsic or intrinsic apoptosis pathways. In the extrinsic pathway, activation of membrane death receptors such as Fas receptor results in the auto-activation of caspase 8 and the subsequent cleavage of procaspase 3 into its active form. The intrinsic pathway, on the other hand, is triggered by signals that cause the release of cytochrome c, Apaf-1, and other proteins from mitochondria. These proteins then form an apoptosome with procaspase 9, resulting in formation of caspase 9. Caspase 9 then cleaves procaspase 3, resulting in caspase 3, the major apoptosis executor (Zimmermann et al., 2001).

Cigarette smoke is the major environmental hazard causing pulmonary diseases such as chronic obstructive pulmonary disease (COPD) and lung cancers. Cigarette smoke is a mixture of more than 4000 chemicals that include significant amounts of free radicals, peroxides, and electrophiles (Pryor and Stone, 1993). Oxidative damage and cell death caused by these oxidants have been implicated in the pathogenesis of COPD and lung cancers (MacNee, 2000; Traber et al., 2000). Therefore, increasing antioxidant capacity has been proposed as a promising strategy to prevent cigarette smoke-induced lung diseases.

Considering its potential in inducing antioxidant defenses, we hypothesized that resveratrol would alleviate cigarette smoke-caused apoptosis. In this study, we tested this hypothesis and unexpectedly found that, although resveratrol increased the expression of some antioxidant genes, it actually enhanced apoptosis, which was apparently through protection of caspase activity.

## **Materials and methods**

#### **Reagents**

Unless otherwise noted, all chemicals were from Sigma (St. Louis, MO). Antibodies and small interfering RNAs were from Santa Cruz (Santa Cruz, CA). Annexin V-FITC Apoptosis Detection kit, Acetyl-Asp-Glu-Val-Asp-7-amino-4-(trifluoromethyl)-coumarin (Ac-DEVD-AFC) and acetyl-Leu-Glu-His-Asp-7-amino-4-(trifluoromethyl)-coumarin (Ac-LEHD-AFC) were bought from EMD Biosciences (La Jolla, CA). TRIzol Reagent was from Life Technologies (Grand Island, NY). DNA-*free* reagent was from Ambion (Austin, TX). TaqMan Reverse Transcription Reagent and SYBR Green PCR Master Mix were from Applied Biosystems (Foster City, CA). FuGENE 6 transfection reagent was from Roche (Indianapolis, IN).

#### **Cell culture and treatment**

A human bronchial epithelial cell line (HBE1 cell) was cultured in collagen-coated dishes in 5% CO2 at 37°C as described by Harper *et al*. (Harper et al., 2001). The HBE1 cell line, which has been demonstrated to share many properties with primary human bronchial cells (Yankaskas et al., 1993), has been used to study the response of human bronchial epithelial cells to various insults including cigarette smoke. Indeed, Lee and coworkers have shown that cigarette smoke exposure caused similar injury in HBE1 cells as in primary human airway epithelium (Lee et al., 2008). Resveratrol was freshly dissolved in ethanol and the final concentration of ethanol in medium was 0.05%.

#### **Preparation of cigarette smoke extracts (CSE)**

CSE was an extract of mainstream cigarette smoke. Briefly, the smoke from one filtered cigarette (Camel regular) containing 1.2 mg of nicotine and 18 mg of tar, according to the

manufacturer's report, was drawn through an experimental apparatus with a constant airflow driven by vacuum. The smoke was bubbled through 25 ml of cell medium in 2 min and the solution was used as the stock (100%) for further dilutions. After adjusting the pH to 7.2, the obtained CSE was filtered through a 0.22-μm filter (Millipore, Bedford, MA) for sterilization and diluted for use in 20 min after the preparation.

#### **Measurement of mRNA content**

The content of GCLC, NQO-1, and HO-1 mRNAs was determined with real-time PCR method using the protocol described previously (Zhang et al., 2005a). NQO-1 primers, sense 5'- TCTCGGCTCACTGCAACCTCT, antisense, 5'-GCACTTTGGGAGGCTGAGGTA; HO-1 sense 5'- TCTCTTGGCTGGCTTCCTTAC, antisense 5'- GGCTTTTGGAGGTTTGAGACA. GCL and GAPDH primers are same as described previously (Dickinson et al., 2004).

#### **Western Blotting**

Western blotting was performed as described previously (Dickinson et al., 2002). Briefly, protein was extracted and 25 μg protein was heated for 15 min at 95°C in loading buffer containing SDS (Tris base, pH 6.5, glycerol, dithiothreitol (DTT), and pyronin Y), electrophoresed under denaturing conditions on a 10% Tris-glycine acrylamide gel (Invitrogen, Carlsbad, CA), and then electroblotted onto a polyvinylidene difluoride (PVDF) membrane (Immobilon P; Millipore, Bedford, MA). Membranes were blocked with 5% fatfree milk at room temperature for 1 h, and then incubated overnight at 4°C with appropriate primary antibody in 5% milk in Tris-buffered saline (TBS). After being washed with Trisbuffered saline containing 0.05% Tween 20 (TTBS), the membrane was incubated with appropriate secondary antibody at room temperature for 2 h. After TTBS washing, the membrane was treated with chemiluminescence reagent (ECL Plus; Amersham, Arlington Heights, IL) for 5 min. The target bands were then imaged on a Kodak Image Station 2000R.

#### **Cell growth assay**

Cell growth was assayed with direct cell counting. Briefly, cells at 60-70% confluence were treated with different concentrations of resveratrol for 24 hours. Cell numbers at 0h and 24h after treatment were counted with hemocytometer.

#### **Assay of caspase activity**

Activity of caspase 3 and 9 was determined by following the protocol described previously (Watanabe et al., 2002). Briefly cells in 6-well plate were collected and lysed in 200 μl of 0.1% Triton X-100/NaPi (0.1 M sodium phosphate buffer, pH 7.4) and centrifuged at 10,000 g for 10 min at 4°C to obtain the supernatant. Assays of caspase activity were carried out in 200 μl of reaction containing the following: cell lysate equivalent to the original  $6 \times 10^4$ cells, 10 mM dithiothreitol, 0.05% (vol/vol) Triton X-100, and 50 μM of either Ac-DEVD-AFC (caspase 3 substrate) or Ac-LEHD-AFC (caspase 9 substrate) in NaPi. After incubation at 37°C for 1 h, the fluorescence intensity was measured in a fluorescence microplate reader (SpectraMax GeminiXS, Molecular Devices) with excitation and emission wavelengths of 400 and 500 nm, respectively. The values were converted to AFC concentrations using an external AFC standard.

#### **Apoptosis assay**

Apoptosis was determined with a FITC-conjugated annexin V-propidium iodide (PI) kit in a Guava EasyCyte Mini System (Guava Technologies Inc., Hayward, CA). Briefly, cells in 12-well plate were collected with trypsin treatment and combined with cells in the medium.

Cell pellet was rinsed with 1 X PBS for 2 times and incubated with annexin V-FITC in binding buffer for 15 min. After adding PI, samples were incubated in ice for 10 min and then analyzed in the Guava flow cytometer.

#### **Statistical Analysis**

A comparative  $\Delta \Delta C_T$  method was used for the relative mRNA quantification as described before (Zhang et al., 2005b). All data were expressed as the mean  $\pm$  standard error. Sigma Stat software was used for statistical analysis and statistical significance was accepted when *p* < 0.05. The one-way ANOVA and Tukey test were used for comparison of mRNA level and relative caspase activity.

## **Results**

#### **Resveratrol increases expression of antioxidant genes**

Antioxidant enzymes, such as glutamate cysteine ligase (GCL), NAD(P)H quinone oxidoreductase-1 (NQO-1), and heme oxygenase-1 (HO-1), play crucial roles in the detoxification of oxidants and the maintenance of redox homeostasis. To examine the potential protective effects of resveratrol against oxidative stress, we first determined the effects of resveratrol on the expression of NQO-1, HO-1, and the catalytic unit of GCL (GCLC). As shown in Figure 1A, resveratrol (2 and 5  $\mu$ M) significantly increased the mRNA levels of GCLC, NQO-1, and HO-1 in HBE1 cells. In addition, the nuclear content of Nrf2, a critical transcription factor involved in the induction of a variety of antioxidant/ detoxifying genes, was also increased by resveratrol (Figure 1B). These data demonstrated that resveratrol increased the expression levels of a variety of antioxidant and detoxifying genes in HBE1 cells.

#### **Resveratrol increased CSE-triggered apoptosis**

As shown in Figure 2A, resveratrol itself did not cause apoptosis. Even when cells were exposed to a concentration as high as 50 μM resveratrol, only 6.84% of the cells were apoptotic (Annexin V  $+$ /PI $-$ ), similar to vehicle control. These data suggest that resveratrol alone does not cause apoptosis in HBE1 cells at concentrations less than 50 μM. Since resveratrol increased antioxidant gene expression (Figure 1), we initially hypothesized that resveratrol would protect cells from cytoxicity caused by cigarette smoke. To test this, we investigated the protection of resveratrol against CSE-induced cell death. Exposure to CSE for 4 h caused apoptosis in a concentration-dependent manner (Figure 2B); pre-exposure to 2 and 5 μM of resveratrol for 24 h, contrary to our initial hypothesis, further increased CSEinduced apoptosis. Although 5% CSE did not induce apoptosis, with resveratrol pretreatment, it markedly increased early apoptotic cells indicated by higher percentages of Annexin+/PI- cells (represented by high green fluorescence and low red fluorescence). With 10% and 20% CSE, pretreatment with resveratrol caused a similar pattern of increased percentage of early apoptotic cells. With 20% CSE, we also observed a marked increase in late apoptosis in respect to increasing dose of resveratrol as indicated by the higher percentage of Annexin V+/PI+ cells (Figure 2B).

#### **Resveratrol mediated inhibition of cell growth**

It was reported previously that resveratrol might sensitize cells to apoptosis by inhibiting cell growth (Ahmad et al., 2001; Ferry-Dumazet et al., 2002; Fulda and Debatin, 2004). To examine whether this effect was responsible for the enhancing effect of resveratrol on CSEtriggered apoptosis, we measured the effect of resveratrol on cell growth. As shown in Figure 3, when cells were exposed to less than 5 μM resveratrol, the cells proliferated at the same rate as that of vehicle control with the cell number increasing by 2 fold in 24h. When

cells were exposed to 20 μM resveratrol however, cell number increased only by 14% in 24h. Thus, while 20 μM resveratrol could inhibit cell growth as previously reported, inhibition of cell growth was not involved in the increased CSE-triggered apoptosis by 5 μM resveratrol.

#### **Resveratrol protected caspase activity**

Caspase 9 and caspase 3 play critical roles in the initiation and execution of the apoptotic process. To elucidate how resveratrol increased CSE-induced apoptosis, we investigated the potential effect of resveratrol on caspase activity. CSE alone significantly increased the activities of both caspase 9 and 3 (Table 1). The activities of both caspases were further increased with the pretreatment of cells with  $5 \mu M$  of resveratrol for 24 h, indicating that resveratrol increased caspase activity. However, resveratrol alone did not elevate the activity of caspase 9 and 3 (Table 1), suggesting that resveratrol enhanced CSE-activated caspase activity through mechanisms other than directly activating the caspases.

#### **Caspase3 and 9 were reversibly oxidized during cigarette smoke exposure in the absence of resveratrol**

To support the hypothesis that a fraction of caspase activated by CSE was in an inactive state as a result of oxidation, we examined the post-exposure recovery of caspase inhibition with the dithiothreitol (DTT), a reductant frequently used in biochemical assays to maintain the reduced state of proteins. The caspase activity of cells exposed to CSE was determined with/without DTT (2 mM) in assay mixture. Compared with non-DTT condition, DTT incubation significantly increased activities of both caspase 9 and caspase 3, which are activated by CSE (Table 1), suggesting that reduction could increase caspase activity after CSE exposure.

### **Discussion**

The original purpose of this study was to examine the potential increase in antioxidant defense by resveratrol and its protection against cigarette smoke-induced cell death. To do this, we measured the expression levels of some antioxidant genes and examined the effect of resveratrol pre-treatment on CSE-caused apoptosis in human bronchial epithelial cells (HBE1 cells). The results suggest that although resveratrol increased antioxidant and detoxification capacity, it did not alleviate CSE-triggered apoptosis. Instead, resveratrol exacerbated CSE-induced apoptosis. Furthermore, we demonstrated that resveratrol appeared to potentiate apoptosis by protecting CSE-stimulated caspase activity rather than by activating caspases.

Resveratrol has been shown to exhibit antioxidant properties, particularly through the induction of antioxidant genes (Chen et al., 2005; Das et al., 2006; Hu et al., 2007; Juan et al., 2005; Savaskan et al., 2003; Vieira de Almeida et al., 2007) and the alleviation of oxidative damage (Ara et al., 2005; Cadenas and Barja, 1999; de Almeida et al., 2007; Kasdallah-Grissa et al., 2007; Mizutani et al., 2001). In agreement with this, we found that resveratrol increased the mRNA contents of NQO-1, HO-1, and GCLC, which are critical in defense against oxidative stress. The resveratrol-mediated activation of Nrf2, a key transcription factor involved in the induction of many antioxidant and detoxifying genes, provides one mechanism through which resveratrol increases cellular antioxidant and detoxification capacity.

Significant amounts of free radicals and oxidants are present in cigarette smoke and produce oxidative stress-related damage, such as cell death in the lung of a smoker, which eventually leads to cigarette smoke-induced lung disease (MacNee, 2000; Pryor and Stone, 1993;

Traber et al., 2000). Antioxidant treatment is thus usually considered an effective strategy to reduce smoke-induced damage (Kinnula, 2005). This study however, showed that although resveratrol increased the antioxidant and detoxification capacity, it exacerbated rather than alleviated cigarette smoke-induced apoptosis. This unexpected result demonstrates that an increase in antioxidant capacity by resveratrol did not translate into an alleviation of cell death from oxidative stress. Similar phenomena with other phase II enzyme inducers have been reported previously. For example, D'Agostini *et al*. showed that N-acetylcysteine alone or in combination with oltipraz significantly decreased cigarette smoke-induced apoptosis, while phenylethyl isothiocyanate enhanced apoptosis caused by cigarette smoke (D'Agostini et al., 2001). Like resveratrol, phenylethyl isothiocyanate is a potent inducer of antioxidant genes and considered a chemopreventive agent (Hu et al., 2006; Xu et al., 2006). Martin *et al*. also found that resveratrol decreased oxidative damage but enhanced apoptosis caused by 2, 4, 6-trinitrobenzene sulfonic acid, an inducer of oxidative stress (Martin et al., 2004). Indeed, resveratrol has been reported to enhance the apoptosis caused by a diversity of apoptosis triggers including cytokines and chemotherapeutic agents (Duraj et al., 2006; Fulda and Debatin, 2004; Jazirehi and Bonavida, 2004; Shankar et al., 2007). The difference here is in the proposed mechanism. Previously, it was proposed that cell growth arrest by resveratrol might be involved in its apoptosis sensitization effect (Ahmad et al., 2001; Ferry-Dumazet et al., 2002; Fulda and Debatin, 2004). In the current study however, we did not see cell growth inhibition by resveratrol at the concentrations that enhanced apoptosis (Figure 3). Instead, we found that the CSE-induced caspase activity was protected (and thus further increased) by resveratrol, suggesting that increased caspase activity rather than cell growth inhibition was involved in the enhancement of cigarette smoke-induced apoptosis by resveratrol.

Caspases play critical roles in the apoptotic process and their activities are highly regulated. In this study we found that resveratrol apparently increased the activities of both caspases 3 and 9 that were induced by CSE although resveratrol itself did not activate caspases (Table 1). This suggests that the resveratrol treatment resulted in prevention of the loss of CSEinduced caspase activity and that this is responsible for at least part of the apoptosis exacerbating effect of resveratrol. Activation of caspase 9 is through the intrinsic apoptosis pathway or mitochondrial pathway and involves a balance between proapoptotic and antiapoptotic members of the Bcl-2 family. Previously, resveratrol was shown to increase caspase 9 activity by up regulating Bcl-2 family members (Benitez et al., 2007;Jazirehi and Bonavida, 2004;Jo et al., 2004). The increased caspase 9 activity would consequently activate more caspase 3. In addition, it was reported that resveratrol could cause redistribution of death receptor (CD95) and thus increase the caspase 3 activity (Delmas et al., 2004). In this study however, 5 μM resveratrol did not cause apoptosis (Figure 2A), nor did it increase caspase activity alone (Table 1), suggesting that resveratrol instead protected caspases that were activated by cigarette smoke.

Caspases are cysteine proteinases that are redox sensitive and could be inhibited upon oxidative modification (Borutaite and Brown, 2001; Hampton and Orrenius, 1997). For instance, Zech *et al*. found that the caspase 3 activity was inhibited by nitric oxide and peroxynitrite (Mohr et al., 1997). Little is known about the modification of caspases by cigarette smoke. A recent study by Stringer *et al*. demonstrated that caspase 3 was inhibited by CSE dose-dependently and the inhibited caspase activity could be restored with DTT incubation (Stringer et al., 2007). In the current study, DTT addition to cell extracts post exposure to CSE markedly increased the activities of both caspases 9 and 3 after activation by CSE (Table 1). DTT is a powerful reductant that would reduce the disulfide bonds in caspases and then recover the oxidative modification of caspases, if there were any. These data imply that a fraction of the caspases (caspase 9 or caspase 3) could be recovered from reversibly oxidized inactive form. Based on this, it may be inferred that caspase (3 and 9)

activity was affected in two phases by cigarette smoke; caspases were initially activated by CSE and then a fraction of these active caspases were oxidatively inhibited by CSE. By increasing antioxidant levels, resveratrol apparently decreased oxidative modification of caspases and protected their activity.

In summary, results from this study showed that while resveratrol induced antioxidant/ detoxifying genes expression, it did not protect cells from apoptosis caused by cigarette smoke but rather exacerbated it, partially through protection of the activities of caspase 9 and caspase 3. Excessive apoptosis is involved in the pathogenesis of lung diseases such as emphysema while dysregulated apoptosis is implicated in the development of lung cancer. Therefore, enhancement of apoptosis can be both beneficial and detrimental within the lung parenchyma depending on the pathogenic changes. Obviously, further studies are required to define the potential beneficial health effects of resveratrol.

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#### **Figure 1.**

Resveratrol increased antioxidant gene expression. (A) Resveratrol increased mRNA levels of GCLC, NQO-1, and HO-1. HBE1 cells were treated with 0, 2 and 5 μM of resveratrol for 12h and mRNA level of specific gene was determined using RT-real-time PCR assay.  $N=3$ , \* P<0.05 compared with vehicle control. (B) Nuclear content of Nrf2 is increased by resveratrol. HBE1 cells were treated with  $5 \mu$ M resveratrol for 1 h and the nucleus was extracted and then nuclear Nrf2 level was determined with Western blotting. Lamin B1 was used as internal control.



#### **Figure 2.**

Resveratrol enhanced CSE-induced apoptosis. (A) Resveratrol did not induce apoptosis itself. (B) Pretreatment of resveratrol increased apoptosis induced by CSE. HBE1 cells were pretreated with or without 5 μM resveratrol for 24h before being exposed to CSE for 4h. Apoptosis was then determined with annexin V-FITC method. Experiments were performed

4 times and data from one experiment was shown. The number in low-left, low-right, upleft, up-right phase shows the percentage of cells in normal condition, in the early apoptotic stage, in necrotic stage, and in late apoptotic/necrotic stage, respectively.



#### **Figure 3.**

Effect of resveratrol on cell growth. HBE1 cells were treated with different concentrations of resveratrol for 0 and 24 h and the cell number was counted. N=3, \* P<0.05 compared with vehicle control.

#### **Table 1**

Effects of resveratrol on CSE-stimulated caspase activity



HBE1 cells were pretreated with 5 μM resveratrol for 24 h before being treated with/without CSE for 4 and 24 h; and the caspase activity was measured as described in Methods. Values are mean  $\pm$  SE of three experiments.

*\** P<0.05 compared with vehicle control (ethanol) of 0% CSE treatment;

*#* P<0.05 compared with vehicle control (ethanol) of same CSE exposure. Cas 3, caspase 3; cas 9, caspase 9; R, resveratrol; 0, vehicle control (ethanol).