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Stem cell transplantation for neuroblastoma

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Abstract

High-risk neuroblastoma is a childhood malignancy with a poor prognosis. Gradual improvements in survival have correlated with therapeutic intensity, and the ability to harvest, process and store autologous hematopoietic stem cells has allowed for dose intensification beyond marrow tolerance. The use of high-dose chemotherapy with autologous hematopoietic stem cell rescue in consolidation has resulted in improvements in survival, although further advances are still needed. Newer approaches to SCT and supportive care, most notably the transition to PBSC, have resulted in further improvement in survival and decreases in treatment-related mortality. Research into experimental approaches to hematopoietic SCT is ongoing.

Keywords

neuroblastoma; stem cell transplantation; tandem transplant

Introduction

Neuroblastoma is the second most common solid malignancy of childhood (after CNS tumors). While neuroblastoma has a broad spectrum of clinical presentations and behavior, high-risk neuroblastoma is still a significant clinical challenge and remains one of the most difficult pediatric tumors.¹ Some progress in treating high-risk neuroblastoma has correlated with escalation of therapeutic intensity,² although even with a CR achieved with maximal intensity induction therapy, long-term event-free survival remains less than 40–50%. In order to achieve dose escalation beyond marrow tolerance, harvest and storage of hematopoietic stem cells (HSC) capable of reestablishing trilinear hematopoiesis is required. Several recent studies comparing high-dose chemotherapy with stem cell rescue to maintenance chemotherapy have shown improved event-free survival (EFS) using this modality, although outcomes still remain relatively poor.^{3,4} Further intensification of consolidation therapy, through the use of tandem auto-logous SCT, has been facilitated by the ability to collect adequate peripheral blood HSC, and early studies suggest that this is a feasible approach which may improve outcome in this deadly disease.^{5,6}

This review of SCT for high-risk neuroblastoma will cover several topics, including (1) a brief overview of autologous SCT, (2) the state of clinical experience using autologous SCT for

high-risk neuroblastoma, (3) the challenges and approaches to HSC collection, processing and administration in these young patients and (4) experimental SCT for high-risk neuroblastoma.

Autologous SCT: overview

The harvest and storage of a patient's own HSC followed by reinfusion of those HSC to the patient following high-dose chemotherapy (HDC) is commonly referred to as autologous hematopoietic SCT, or stem cell rescue. The HDC regimen administered is generally beyond the tolerance of the patient's marrow (myeloablative), meaning that no hematopoietic recovery can occur without the stored HSC. There are, however, submyeloablative HDC regimens in which HSC rescue is not absolutely required for engraftment, but is used to speed recovery, decrease toxicity and the interval between courses of chemotherapy.^{7,8} There are certain criteria which may indicate the appropriate setting in which to use autologous SCT for malignancies. These include (1) a chemo-responsive tumor with good initial response to induction chemotherapy, but a poor 3-or 5-year EFS, (2) the use of an HDC regimen that may be dose escalated safely past marrow tolerance, (3) an HDC regimen that utilizes multiple agents active against the disease, including, ideally, agents different than those used in the induction regimen and (4) the use of optimal supportive care. Thus, high-risk neuroblastoma represents a malignancy likely to benefit from autologous SCT, as it meets the first three design criteria listed above. Specifically, it is a chemotherapy-sensitive disease in which most patients can achieve a CR or very good partial remission with induction chemotherapy, but in which a high CR rate does not translate into a high EFS rate. While 80–85% of patients have chemotherapy-responsive disease, <20% are long-term survivors with conventional chemotherapy. A principal difficulty in employing autologous SCT in these patients lies in the challenges inherent in harvesting adequate HSC from small children. Despite the difficulties, the improvements in EFS demonstrated in phase III studies have made autologous SCT as consolidation therapy the standard of care for patients with high-risk neuroblastoma.

Autologous SCT for neuroblastoma

The use of autologous SCT for high-risk neuroblastoma has been under investigation for over two decades. Several early single-arm or retrospective studies indicated that autologous transplant might improve the EFS of patients with high-risk neuroblastoma, although none of the studies were randomized, and their results may have been influenced by selection bias.^{9–11} In 1997, a large EBMT retrospective analysis of 1070 autologous transplant for high-risk neuroblastoma noted that 2-year survival among the group of patients who had reached an SCT procedure was 49%. In many of these procedures, the stem source was bone marrow. Most relapses occurred within the first 18 months following transplant, although relapses were found as late as 7 years from transplant. There were no survivors among the group of the 48 patients who relapsed and underwent a second SCT.¹²

The largest randomized, phase III trial of autologous SCT for high-risk neuroblastoma was the Children's Cancer Group 3891 study. It employed a 2 × 2 factorial design in which patients were randomized to a consolidation regimen with autologous SCT (supported by purged bone marrow, as discussed below) versus continuation chemotherapy. Following consolidation, patients were then randomized to biologic therapy with isotretinoin (a maturational agent) versus no further therapy.¹³ The study found that event-free survival among patients with high-risk neuroblastoma was significantly better with high-dose chemotherapy and radiotherapy followed by transplantation of purged autologous bone marrow than with chemotherapy alone. They also noted that treatment with isotretinoin further improved the outcome among patients without progressive disease (see Figure 1). In the initial report, the authors estimated a 3.7-year EFS from diagnosis in the best group as being 38%. This represented a remarkable step forward in the treatment of high-risk neuroblastoma, and helped establish autologous transplant

followed by 6 months of oral isotretinoin therapy as the standard of care for these patients. Despite its important results, this study was subject to the challenges of a 2×2 design and a complex treatment plan: of 579 eligible patients, 379 underwent the first randomization, and 258 patients underwent the second. This reduced the population of patients being studied to approximately 50 patients in each of the four treatment groups.

Further studies of autologous SCT in high-risk neuroblastoma built on the results of the 3891 study, and sought to modify the techniques of autologous SCT to allow for a further increase in dose intensity. Table 1 shows EFS rates at or around 3 years for several major studies. Several trends can be seen in these data. First, some studies have utilized TBI and some have not. The use of TBI in these young children is controversial because of the issue of long-term side effects, and there is no randomized comparison of a TBI-containing versus non-TBI regimen to demonstrate whether it adds efficacy to such consolidation regimens. Based on the COG A3973 study (see below), the effective standard conditioning regimen in the United States at this time is carboplatin, etoposide and melphalan. Carboplatin and etoposide are effective anti-neuroblastoma agents which can be dose escalated beyond marrow tolerance (see above), and melphalan is another active agent which (in effective doses) can only be utilized in the setting of consolidation. In sum, these studies as well as the PBSC studies described below have established the core standard for neuroblastoma treatment in 2007—five or six cycles of effective multiagent induction chemotherapy, surgery, radiotherapy at least to the primary tumor bed and SCT followed by oral isotretinoin.

Challenges to PBSC collection, processing and administration

Progress in the management of SCT patients has reduced the mortality rate in autologous transplant to <5% in many studies. This improvement has been a consequence of advances in infection prophylaxis and supportive care, but perhaps even more important has been the switch from bone marrow to mobilized hematopoietic PBSC to support the hematopoietic recovery of the patient. Compared to autologous marrow, PBSC provide faster hematopoietic recovery and therefore lower rates of infection, quicker resolution of mucositis, earlier discharge from the hospital and less risk of prolonged need for transfusions. As a consequence, the use of autologous bone marrow as a source of HSC has all but disappeared. In our own institution, no patient has received autologous bone marrow since 1996. Despite the impressive advantages of PBSC, the young age and small size of patients with high-risk neuroblastoma present significant challenges to the collection and administration of PBSC in adequate numbers. The following subsections will discuss the collection, vascular access, processing and dosing of PBSC in very small patients.

Collection of PBSC

An increase in HSC concentration in the peripheral blood (mobilization) can be measured at the hematopoietic nadir following chemotherapy, and can also be induced through the use of hematopoietic growth factors (HGF).¹⁴ This mobilization provides the increased concentration of PBSC necessary to obtain adequate numbers for SCT. Following mobilization, HSC can be collected using apheresis. This technology allows for the separation of specific blood components from whole blood continuously, and in real time, by centrifugation. The various blood components can then be either diverted into a collection container for processing and storage, or can be returned to the patient. Even in an effectively mobilized patient, HSC are sufficiently rare and processing of multiple blood volumes is often required, often over more than 1 day, and especially in patients pretreated with multiple courses of chemotherapy.¹⁵ A major challenge to achieving an effective apheresis collection in small children is adequate vascular access.

Vascular access for PBSC pheresis

Two ports of vascular access are required for continuous blood processing—one for blood draw, and the other for return. In most adults, these can be achieved using two antecubital lines. However, in a small child, percutaneous antecubital large-bore access is not possible, and conventional Broviac-type catheters can be difficult to use for apheresis, as the lumen tends to collapse under the negative pressure used to draw blood at a rate required for effective pheresis (approximately 1–2 ml/kg/min). Thus, a specially designed apheresis catheter is ideal. It is designed to allow for faster rates of flow by combining a larger lumen size, shorter catheter length and stiffer walls. Although there are several configurations, an apheresis catheter is generally a two-lumen catheter with offset proximal and distal ports, and side holes along the tip of the catheter. This design minimizes the mixing of processed and unprocessed blood, thereby maximizing the efficiency of the collection. The catheters are available for both temporary and tunneled insertion. We have generally used 8 Fr cuffed tunneled catheters (MedComp) in our smaller patients, specifically those who weigh 10 kg or more. Patients smaller than 10 kg may require temporary femoral line placement, as femoral lines are shorter and allow faster collection rates for a given diameter.

Processing of PBSC

Engineering of the PBSC graft is possible to remove or expand desired cell populations. The most researched manipulation in the context of neuroblastoma is the purging of malignant cells prior to the infusion of the HSC product. This is potentially important, as research has suggested that clonogenic tumor cells can be infused with an HSC graft, and that these cells can result in relapse of the malignancy.¹⁶

There are two methods to purge an HSC product of tumor cells—either positive selection of HSC to the exclusion of tumor cells, or negative selection designed to specifically remove malignant cells. In terms of positive selection, CD34 selection is the primary technique available to stem cell laboratories. CD34 is an antigen expressed on HSC and progenitors of all hematopoietic lineages. In general, CD34 selection will result in a product that is 60–95% CD34+. Automated processes are available that are capable of selecting the CD34+ cell population away from the 99% of PBSC that are irrelevant for engraftment, including T cells and tumor cells that do not express CD34. One of these technologies, the Isolex 300i device, is FDA approved, and a second, the Miltenyi CliniMACS device, is approved in Europe and may become available in the United States. CD34 selection has been used to purge stem cell products in patients with neuroblastoma, but concerns have been raised that some neuroblastoma cells may express CD34 or surface epitopes cross-reactive with anti-CD34 monoclonal antibodies.^{17,18} Our data have not confirmed this hypothesis,¹⁹ and we, along with others, have used CD34 selection as a purging technique for PBSC products in the clinical setting.²⁰

In terms of negative selection, the most widely used technique in neuroblastoma has been antitumor monoclonal antibodies followed by a magnetic depletion step.^{21,22} Although the evidence suggests that purging of bone marrow may be important, PBSC are less likely to contain tumor cells than bone marrow, and no study to date has shown that purging itself improves outcome. To address this question, the Children's Oncology Group has recently completed the A3973 trial—a phase III, randomized comparison of purged versus unpurged PBSC given in the context of autologous SCT for high-risk neuroblastoma. Although this study is currently unpublished, data from the A3973 trial have been presented at American Society of Clinical Oncology (ASCO).²³ These preliminary analyses have shown no advantage for patients receiving a purged PBSC product (S Kreissman and W London, unpublished data): the 2-year EFS in the unpurged group was 51%, and in the purged group 47% ($P=0.47$), with

an estimated and preliminary 3-year EFS of approximately 40% overall. This suggests that the central challenge in therapy of neuroblastoma continues to be purging the patient of the tumor.

Dosing of PBSC

As discussed above, CD34 is a marker of most HSC and progenitors of the hematopoietic lineages. Importantly, the number of CD34+ cells infused to a patient correlates with the likelihood of successful engraftment,^{24,25} and the number of CD34+ cells can be enumerated by flow cytometry. Below a threshold of approximately 1×10^6 CD34+ cells per kg, engraftment becomes unreliable,²⁶ and most centers attempt to achieve minimum doses of 2×10^6 to 2.5×10^6 CD34+ cells per kg. Doses greater than 5×10^6 CD34+ cells per kg probably do not provide any incremental benefit, and can be challenging to collect in patients who have been treated with multiple courses of chemotherapy. Because of the availability of therapies that might require PBSC support for recurrent disease, collection of a 'backup' aliquot of PBSC at the time of initial collection is recommended for patients with good HSC mobilization.²⁵

The ideal time to initiate apheresis is both critical and difficult to predict in patients who have received chemotherapy. Many centers set the start date 1–3 days after the ANC reaches 1000 per μ l after the nadir, with concomitant evidence of platelet recovery. Some centers have access to a quantitative assay for CD34+ cells in the peripheral blood. Detection of <5 CD34+ cells per μ l is predictive of a poor PBSC collection, while >10 – 20 correlates with collecting $>2.5 \times 10^6$ CD34+ cells per kg in a single procedure.^{27,28}

Experimental SCT for high-risk neuroblastoma

The more rapid recovery afforded by PBSC has allowed the autologous SCT concept to be extended to sequential cycles. This approach (commonly known as 'tandem transplant') builds on the hypothesis that improved outcomes correlate with dose intensity. Tandem transplant allows for even greater dose intensity in consolidation with the potential to introduce different active agents at each of the transplants. Initially, this approach used bone marrow as the HSC source, but was complicated by unacceptable treatment-related mortality (TRM).²⁹ Following the switch from bone marrow to PBSC as the HSC source, several groups have tested the tandem transplant approach with more promising results.^{6,7,30} The largest of these studies was conducted over 6 years at four cooperating institutions. It showed a 3-year EFS of 55% in a sequentially treated group of 97 patients (most recent update shown in Figure 2). The study was designed around early collection of PBSC, the use of CD34 selection as a purging method and two myeloablative consolidation regimens containing distinct agents (first carboplatin/etoposide/cyclophosphamide, then melphalan/TBI). TRM in this study was 6%, and included one patient who died of EBV lymphoproliferative disease (EBV-LPD). Although EBV-LPD is exceedingly uncommon following autologous SCT, this study had three cases among 97 patients. This suggests that the combination of CD34 selection and tandem transplant is more immunosuppressive than autologous SCT using unpurged PBSC.^{20,31} A second study found similar results using three sequential HDC procedures.⁷: EFS at 3 years was 57%. A total of 19 of the 25 patients completed the second autologous SCT, 17 went onto the third and 1 late TRM was observed.

In addition to increasing the dose intensity through tandem transplant, some groups have tried novel radiopharmaceutical agents either alone or as part of a myeloablative consolidation regimen. Metaiodobenzylguanidine (MIBG) is a compound selectively concentrated in $>90\%$ of neuroblastomas. The conjugation of this compound to ^{131}I has been used as an imaging modality for neuroblastoma. It can also be used at higher doses to deliver targeted radiation to neuroblastoma. High-dose ^{131}I -MIBG as a single agent has an excellent response rate in relapsed neuroblastoma patients with MIBG-avid tumors, with an overall complete plus partial response rate on 36% in a recent phase II report.³² The principal toxicity of high-dose MIBG

therapy is hematologic, and up to 40% of these patients can require PBSC support^{32,33} supporting that there may be value in collecting and cryopreserving an extra aliquot of PBSC at the time of the initial pheresis procedure.²⁵ Extending this concept, several studies have combined therapeutic doses of ¹³¹I-MIBG with HDC as a consolidation therapy, with preliminary evidence of efficacy in high-risk patients.^{34,35} Another approach, studied by several groups including the group at Memorial Sloan Kettering, has been an immunotherapy approach using antibodies that target neuroblastoma, most commonly targeting the neuroblastoma surface antigen GD2. These antibodies have been delivered as radionuclide immunoconjugates,³⁶ as fusion proteins containing a cytokine moiety,³⁷ and as unmodified³⁸ or chimerized murine monoclonal antibody.³⁹ The latter monoclonal, ch14.18, is currently being tested in the setting of post-SCT minimal residual disease in the Children's Oncology Group phase III randomized trial ANBL0032.

Finally, as an alternative to autologous SCT, some groups have studied allogeneic SCT in an attempt to harness an immunotherapeutic effect. A graft-versus-malignancy effect has been well described in allogeneic transplant for liquid tumors, but has not yet been convincingly demonstrated in the setting of solid tumors.⁴⁰ Although initial studies of conventional allogeneic SCT for high-risk neuroblastoma failed to show clear benefit,^{12,41} the advent of nonmyeloablative conditioning regimens has provided hope that reduced intensity conditioning will reduce TRM and allow for the detection of a therapeutic benefit. As a result, institutions are beginning to explore the possibility of an allogeneic effect in neuroblastoma. At this point, this is still an investigational and unusual application of allogeneic transplant, with 38 such cases reported to the EBMT from 1991 to 2002.⁴² Some recent case reports have provided preliminary evidence for a graft-versus-tumor effect in neuroblastoma. A 2003 case report described a patient who underwent allogeneic SCT after a relapse. Although the patient received further chemotherapy after the allogeneic transplant and response could not be correlated to GVHD, the patient did enter a CR sustained for at least 4 years.⁴³ In a more recent report, development of GVHD correlated temporally with disease response in a patient who had undergone a reduced-intensity allogeneic bone marrow transplant.⁴⁴ In a similar regard, the group at Columbia has been testing reduced intensity allogeneic cord blood transplants in patients with a wide range of diagnoses, including neuroblastoma.^{45,46}

The data continue to show improving outcomes with increasing intensity of consolidation regimens assisted by PBSC-based autologous SCT rescue. This therapeutic modality remains the standard of therapy for patients undergoing their primary treatment for neuroblastoma. Other modalities, including radionuclide therapy and especially allogeneic SCT, should only be undertaken in the context of a clinical trial which targets patients appropriate for such experimental therapies. One such group is patients who have recurred after intensive therapy, where there is no established curative option. Another group to target in such trials has been termed 'ultrahigh-risk'. This group includes patients who have failed the test of chemosensitivity and still have significant disease burdens, with either stable disease after induction or other indicators of nonchemosensitive disease. These include significant residual disease at metastatic sites at end induction: residual bone marrow infiltration with tumor detected by microscopy immunocytology,⁴⁷ or presence of multiple sites of skeletal disease as demonstrated by ¹²³I-MIBG scintigraphy.^{48,49} These patients have a poor outcome after SCT: Katzenstein *et al.*⁴⁸ report 0% EFS in patients with three or more sites of active disease still present prior to SCT. These data suggest that this group of ultrahigh-risk patients are candidates for experimental therapies.

Conclusion

In 2007, the standard therapy for high-risk neuroblastoma is based on a backbone of multicycle induction, PBSC collection early in induction, testing of the PBSC product for neuroblastoma

contamination, as complete surgical resection as possible without organ removal, autologous SCT, (although there is no clearly superior combination of consolidation agents) and local radiotherapy before or after the autologous SCT. The next phase III COG trial will test single versus tandem transplant as consolidation therapy. Having reached an effective limit in terms of chemotherapeutic intensity with tandem transplant, future trials will need to focus on targeted therapies and/or immunotherapy in the hope of improving outcomes for children afflicted with this cruel disease.

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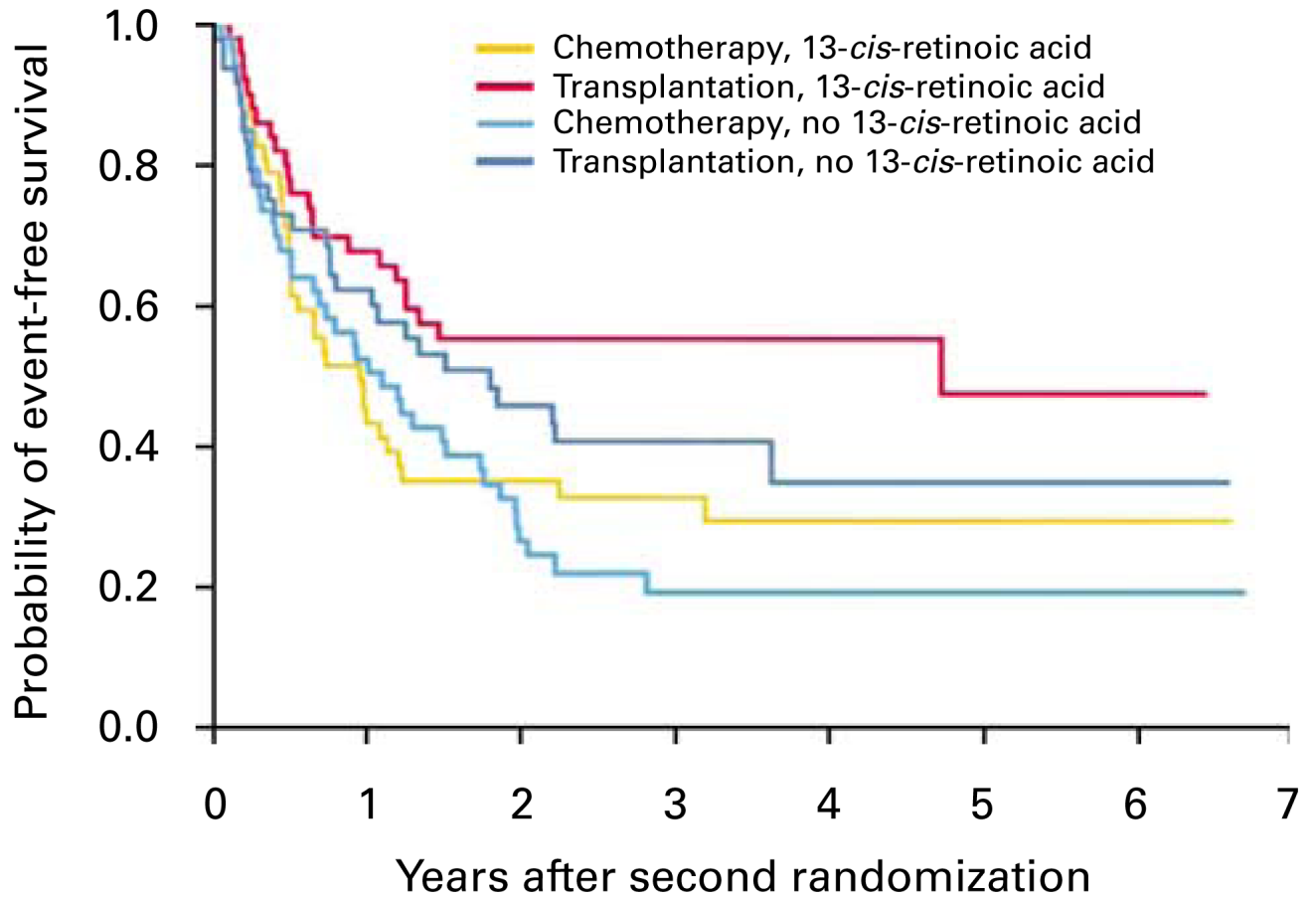


Figure 1.

Results of the CCG 3891 study as initially published.³ EFS among patients who reached both the first and second randomizations. Patients were assigned to BMT + isotretinoin, BMT without isotretinoin, continuation chemotherapy + isotretinoin and continuation chemotherapy without isotretinoin. Follow-up began at the time of the second randomization (34 weeks after diagnosis). EFS was significantly improved in the BMT + isotretinoin group compared to the continuation chemotherapy without isotretinoin group ($P=0.02$). Figure reproduced with permission from the *N Engl J Med*.

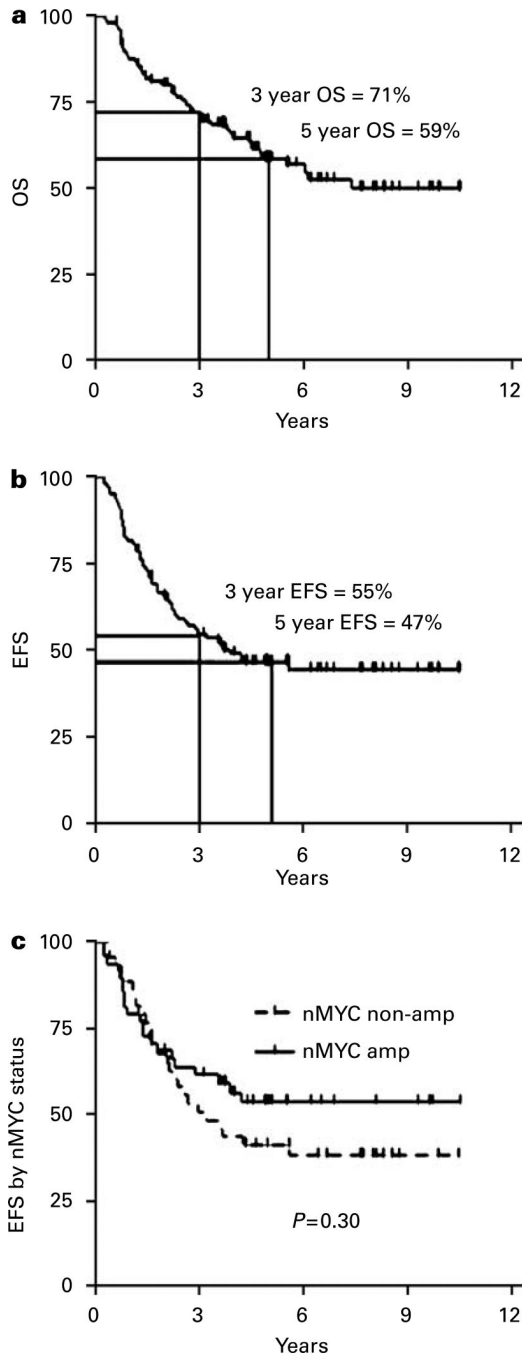


Figure 2. Kaplan–Meier curves showing the overall and event-free survival for patients undergoing tandem autologous SCT for high-risk neuroblastoma. The patients were conditioned with carboplatin/etoposide/cyclophosphamide for the first transplant, then melphalan/TBI for the second. **(a)** Overall survival (OS) from diagnosis, **(b)** event-free survival (EFS) from diagnosis and **(c)** EFS from diagnosis stratified by nMYC amplification.

Table 1

Results from selected studies of autologous SCT in high-risk neuroblastoma^a

Group	N	Study type	EFS from	EFS	Myeloablative regimen(s)
EBMT ^{1,2}	1070	Retrospective	Transplant	2 year (49%) 5 year (33%)	Various
CCG 3891 ³	539	Phase III	Estimated from diagnosis	3.7 year (38%)	CEM/TBI
Grupp <i>et al.</i> ⁵	97	Phase II	Diagnosis	3 year (55%)	No. 1 CECtx No. 2 melphalan/TBI
Kletzel <i>et al.</i> ⁷	25	Phase II	Diagnosis	3 year (57%)	No. 1 CE No. 2 CE No. 3 TCtx
Villablanca <i>et al.</i> ^b	73	Phase II	Transplant	3 year (49%) 5 year (47%)	CEM
Kreissman <i>et al.</i> ²³	489	Phase III	Diagnosis	2 year (49%) 3 year (~40%) ^c	CEM

Abbreviations: C = carboplatin; CCG = Children's Cancer Group; Ctx = cyclophosphamide; E = etoposide; EBMT = European Group for Blood and Marrow Transplantation; EFS = event-free survival; M = melphalan; T = thiotepa; TBI = total body irradiation.

^a Study populations differed significantly in these six studies. The EBMT analysis included allogeneic transplants and transplants after relapse. Villablanca, *et al.* included only stage 4 > 1 year post-SCT in the group presented.

^b Villablanca *et al.*, unpublished data.

^c The median follow-up on A3973 is 2 years, so this is an estimate.