



Published in final edited form as:

J Alzheimers Dis. 2009 November ; 18(3): 553–564. doi:10.3233/JAD-2009-1163.

Impact of APOE on the Healthy Aging Brain: A Voxel-Based MRI and DTI Study

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Abstract

Neuroimaging studies of apolipoprotein E (APOE ϵ 4) have implicated its association with brain atrophy in Alzheimer's disease. To date, few studies have used automated morphological analysis techniques to assess APOE ϵ 4-related brain structure change in both gray and white matter in nondemented older adults. Nondemented (CDR = 0, n = 53) subjects over 60 had MRI, diffusion tensor imaging, and neurocognitive assessments. We assessed differences in cognition and brain structure associated with APOE ϵ 4 genetic variation using voxel-based morphometry techniques, and tract-based spatial statistics of fractional anisotropy change. In nondemented older adults with the ϵ 4 allele, cognitive performance was reduced, and atrophy was present in the hippocampus and amygdala compared to APOE ϵ 4 negative participants. We also report that ϵ 4 carriers have decreased fractional anisotropy in the left parahippocampal gyrus white matter. In conclusion, the presence of an APOE ϵ 4 allele in nondemented older adults is associated with decreases in cognition and gray and white matter changes in the medial temporal cortex. Overall we provide further evidence of the effects of genetic variance related to imaging and cognitive measures of risk for Alzheimer's disease.

Keywords

Aging; Alzheimer's disease; apolipoprotein (APOE); cognition; dementia; diffusion tensor imaging (DTI); fractional anisotropy (FA); genetics; hippocampus; voxel-based morphometry (VBM)

INTRODUCTION

While autosomal dominant mutations exist in Alzheimer's disease (AD), they are exceedingly rare, with the majority of AD cases likely involving a combination of genetic and environmental risk factors [1]. New neuroimaging methods labeled "imaging genetics" [2] are being used to clarify the genetics of AD pathology, risk, and variability in an individual's response to treatment [3–7]. Imaging genetics advantageously provides a more direct measurement of the influence of the gene at the level of neuroanatomy, with automated image analysis techniques providing an unbiased approach towards characterizing genetic effects on brain structure and function [2].

Individuals with the apolipoprotein ϵ 4 (APOE ϵ 4) genotype have an increased risk for AD [8]. It is unclear whether individuals without clinical evidence of dementia who harbor an APOE ϵ 4 risk allele express the neuroimaging phenotype of AD. Region of interest (ROI) studies in individuals with AD have demonstrated ϵ 4 allele-related decreases in temporal [9],

hippocampal [10,11], amygdala [12,13], and whole brain [14] gray matter volume. Similar studies in healthy subjects have had mixed results. Some [7,15–19], but not all [20–22], structural imaging studies of cognitively intact $\epsilon 4$ -carrying adults have shown reduced brain volume, with the majority reporting trends for decreased hippocampal volume in the $\epsilon 4$ carriers. There has only been one voxel-based morphometry (VBM) study focused on healthy elderly, reporting decreased hippocampal gray matter density in $\epsilon 4$ homozygotes (but not heterozygotes) relative to noncarriers [23]. A broader VBM study of subjects ranging from 19–80 years of age found decreased density, not volume, in APOE $\epsilon 4$ carriers in the medial temporal and bilateral fronto-temporal regions [24].

In addition to VBM, diffusion tensor imaging (DTI) has recently been used to examine genetically-mediated pathologic processes involved in the breakdown of brain white matter, possibly marking risk for AD. A recent ROI and voxel-based study investigating the impact of the APOE $\epsilon 4$ allele on white matter integrity in healthy subjects suggested APOE $\epsilon 4$ -related integrity changes in the corpus callosum, occipitofronto fasciculus, and left hippocampus [25]. APOE $\epsilon 4$ -related decreases in diffusion have also been reported in the parahippocampal gyrus [26]. Finally, tract-based spatial statistics (TBSS) have been applied to analyze $\epsilon 4$ -related white matter variation in elderly women. Smith and colleagues found reduced fractional anisotropy (FA) in $\epsilon 4$ -carriers in the fronto-occipital, inferior temporal, and cingulum bundle fiber tracts, along with the splenium of the corpus callosum [27]. Overall, medial temporal and posterior fiber tract variability may be associated with APOE $\epsilon 4$ genetic variation.

Studies of cognitive differences in nondemented APOE $\epsilon 4$ carriers who are otherwise healthy are also mixed. Some studies report mild cognitive deficits in elderly individuals with the $\epsilon 4$ genotype [28–31], and others show no APOE $\epsilon 4$ -specific cognitive decline [15,32,33]. Specifically, $\epsilon 4$ -carriers may have increased age-related memory decline [31], decreases in verbal memory [28], and global cognitive deficits [34]. A review of these and other studies argued that the neurocognitive deficit associated with the APOE $\epsilon 4$ allele in otherwise healthy elderly individuals is most likely related to risk for AD [35]. However, studies of “healthy” samples are often limited by the use of clinical techniques insensitive to the earliest stages of AD, for instance, the Mini-Mental State Examination (MMSE) or IQ testing [15–18]. Thus, those studies demonstrating hippocampal or cognitive differences [15–19] may have had individuals with mild cognitive impairment (MCI) overrepresented within their APOE $\epsilon 4$ groups [19].

These mixed imaging and cognitive results may be the consequence of heterogeneous clinical methods, insensitive screening techniques, or various ROI based volumetric methods. The purpose of this study was to clarify the literature by using several new voxel-wise analysis methods to analyze both regional gray matter volume (VBM), and white matter integrity (TBSS) in a single group of subjects carefully screened to exclude early AD with intensive clinical methods. In addition we aggregated common cognitive measures to characterize gene-related cognitive variation in several domains. We also tested for a role of physical and lifestyle measures in APOE $\epsilon 4$ -related brain structure change.

METHODS

Demographics

Nondemented subjects aged 60 and over were enrolled in the University of Kansas Brain Aging Project. Participants were recruited from a referral-based memory clinic and by media appeals. A participant was considered to have a family history if either their mother or father had a diagnosis of AD. The presence or absence of dementia, and its severity if present, was determined using the Clinical Dementia Rating (CDR) scale [36]. These methods have a diagnostic accuracy for AD of 93% [37] and have been shown to be accurate in identifying the

subset of individuals meeting criteria for MCI who have early stage AD [38]. The CDR assesses cognitive function in multiple domains. A global CDR score is derived from individual ratings in each domain such that CDR 0 indicates no dementia, CDR 0.5 indicates very mild, CDR 1 indicates mild, CDR 2 indicates moderate, and CDR 3 indicates severe dementia. All participants included in this analysis had a CDR rating of 0. All participants provided informed consent according to institutional guidelines. Study exclusions included neurological disease other than AD, history of ischemic heart disease, history of significant mental illness, diabetes mellitus, or other systemic illness that might impair completion of the study [39]. APOE genotyping results were obtained using restriction enzyme isotyping and were available for 53 of the healthy elderly subjects who also had brain imaging data. Subjects were divided based on if they were a carrier of the APOE ϵ 4 allele (ϵ 4/ ϵ 4, $n = 2$, ϵ 4/E3, $n = 12$, total ϵ 4 carrier $n = 14$) or if they were a noncarrier ($n = 39$).

Physical and lifestyle measures

Four common assessments were selected to index physical function, daily activity, and lifestyle. The Physical Performance Test is a short battery of timed physical tasks that serves as a composite measure of physical frailty and function [40]. Peak oxygen consumption (VO_2^{peak}) was measured during an exercise test as previously described [39] to measure cardiorespiratory fitness [41]. The participant's level of habitual physical activity was estimated using the Physical Activity Scale in the Elderly (PASE), as described previously [42,43]. Functional independence was estimated using the Mild Cognitive Impairment Activities of Daily Living Scale (MCI-ADL).

Cognitive measures

A trained psychometrician administered a psychometric battery including standard measures of memory (Wechsler Memory Scale [WMS] – Revised Logical Memory I and II [44], Free and Cued Selective Reminding Task [45]), language (Boston Naming Test–15 item [46]), working memory (WMS III Digit Span Forwards and Backwards [44], Wechsler Adult Intelligence Scale [WAIS] letter – number sequencing [47]), executive function (Trailmaking A and B [48], Verbal Fluency [49], and Stroop Color-Word Test [50]), and visuospatial ability (WAIS Block Design [47]). The MMSE [51] was administered as a measure of global cognition. All cognitive performance scores were converted to Z scores based on the mean and SD of a larger cohort of nondemented individuals described previously [52]. The mean of each participant's Z scores was determined to create an index of global cognitive performance.

Voxel-Based Morphometry (VBM)

Structural MRI data were obtained using a Siemens 3.0 Tesla Allegra MRI Scanner. High-resolution T1 weighted anatomical images were acquired (magnetization-prepared rapid gradient echo [MPRAGE]; $1 \times 1 \times 1 \text{ mm}^3$ voxels, repetition time [TR] = 2,500, echo time [TE] = 4.38ms, inversion time [TI] = 1,100 ms, field of view 256×256 with 18% oversample, flip angle = 8 degrees) and processed for voxel-based analysis. Every scan was checked for image artifacts and gross anatomical abnormalities. Eleven subjects were excluded for movement artifact or inhomogeneity that distorted brain matter. Data analysis for 53 subjects was performed using the VBM5 toolbox (<http://dbm.neuro.uni-jena.de>), an extension of the SPM5 algorithms (Wellcome Department of Cognitive Neurology, London, UK) running under MATLAB 7.1 (The MathWorks, Natick, MA, USA) on Linux. Processing for VBM has been detailed elsewhere [53]; in short we used unified segmentation with the hidden Markov Random Field model (HMRF, $3 \times 3 \times 3$), writing tissue probability maps without priors, nonlinear modulation, saved with affine registration only, and smoothed at a 10 mm full width at half maximum (FWHM) Gaussian kernel. Additionally, all images were visually checked after registration and segmentation for misalignment, artifact, or malfunction of segmentation.

Total gray matter, white matter, and total intracranial volume were computed in cm^3 using the normalized tissue maps of each study participant.

Diffusion tensor imaging

Single-shot echo-planar imaging sequence was used to obtain diffusion images with the following parameters: repetition time [TR] = 6300 ms; echo time [TE] = 84 ms. Diffusion gradients were applied in 12 non-collinear directions with 2 b-values ($b = 0$ and $b = 1000 \text{ s/mm}^2$). Thirty four 3 mm sections were acquired at an in-plane resolution of 128×128 . Voxelwise statistical analysis of the FA data was carried out using TBSS [54], part of the Oxford Center for Functional MRI of the Brain (FMRIB) software library (FSL) [55]. First, diffusion weighted data were visually checked for motion, artifact, or poor scan quality. The data underwent an eddy current correction to minimize distortions by affine registering the baseline image with no diffusion weighting to the twelve diffusion-weighted gradient images. 53 FA images were created by fitting a tensor model to the raw diffusion data using the nonlinear registration tool (FNIRT), which uses a b-spline representation of the registration warp field [56]. A brain mask was then created with the Brain Extraction Tool for each subject on their baseline image [57]. A diffusion tensor model was fit at each voxel, aiding in the calculation of FA on a voxel-wise basis. The FA maps were registered to the high resolution FMRIB58_FA standard template. All the processing and pre-processing steps were performed on the LONI Pipeline (<http://pipeline.loni.ucla.edu/>).

The derived mean FA image from the actual subjects was thinned to create a mean FA skeleton representing the centre of the white matter tracts derived from the entire group. A FA threshold of 0.2 was used to keep the skeleton bound to the white matter structures and also to reduce cross-subject variability at the extremes. Each subject's registered FA data is then projected onto the mean FA skeleton to get individual FA skeletons. Individual FA skeletons were visually inspected for orientation and artifact after automatic processing by aligning them to the group mean. These resulting individual FA skeletons were then compared on a voxel-wise basis for various statistical measures.

Statistical analyses, demographics

SPSS 16.0 was used for all statistical analysis outside of imaging space. Continuous demographic and imaging variables were compared in $\epsilon 4$ carrier and non-carrier groups using ANOVA. Chi-square was used to compare categorical variables between groups.

VBM statistics

To analyze brain images in SPM5, we used a full-factorial model (a 2-sample t-test) with independence between genotype groups, unequal variance, no grand mean scaling, and centered covariates on the overall mean. We used absolute threshold masking set at 0.10 to further restrict the analysis to gray matter tissue.

First, gray matter maps of APOE $\epsilon 4$ carrier and non-carrier subjects were compared to identify areas of $\epsilon 4$ -related brain volume difference using a 2-sample t-test with age and gender as confounding variables. We then examined the relationship of APOE $\epsilon 4$ with medial temporal lobe volume using a small volume correction (SVC) derived from the Wake Forest University Pickatlas (<http://www.fmri.wfubmc.edu>) [58], as described in previous VBM studies investigating genetic variation specific to medial temporal regions [59]. The medial temporal SVC was pre-selected an early marker of disease in AD [53,60], though the literature has mixed findings of reduced medial temporal volume in cognitively intact APOE $\epsilon 4$ carriers [16,24, 61]. To correct for multiple comparisons in SVC analyses, as well as in the global analysis, all results were considered significant at $p < 0.05$ (family-wise error corrected, FWE). Voxels are

reported with reference to the Montreal Neurological Institute standard space within SPM5 after conversion to the standard space of Talarach and Tournoux using custom software [62].

DTI statistics

The FA skeletons were analyzed for cross-subject voxel-wise statistics using non-parametric permutation tests (Randomise [a TBSS statistical tool]; <http://www.fmrib.ox.ac.uk/fsl/randomise/index.html>, 5,000 iterations). The group's mean FA skeleton was used as a mask (threshold at a mean FA value of 0.20). We report between-group differences at $p < 0.05$, using the threshold-free cluster-enhancement option [63]. We followed suggested methods [63] and used a nonparametric 2-sample independent t -test to compare FA between genotype groups. Age and gender were entered into this analysis as confound regressors.

RESULTS

Demographics statistical analysis

The mean age of the cohort ($n = 53$) was 73.4 years (SD = 6.3), with no significant difference in age between $\epsilon 4$ carriers ($n = 14$) and $\epsilon 4$ noncarriers ($n = 39$). More specifically, there were no differences in age between genotype groups ($\epsilon 4/4$ ($n = 2$); age 67 and 77; $\epsilon 3/4$ ($n = 12$); mean age = 72.8, sd = 6.3; $\epsilon 3/3$ ($n = 39$); mean age = 73.7, sd = 7.1: ANOVA, $p = 0.435$). Groups were similar for gender distribution and years of education. There were no significant differences in normalized whole brain volume gray and white matter volume. Subjects with an APOE $\epsilon 4$ allele had significantly decreased global cognition (global index) compared to subjects with no $\epsilon 4$ allele, characterized by global cognition ($p = 0.047$, Table 1). Decreased global cognitive performance was primarily due to $\epsilon 4$ -carriers performing significantly worse on two tests, Logical Memory I ($\epsilon 4$ -noncarriers, mean = 13.74, sd = 3.73; $\epsilon 4$ -carriers, mean = 10.79, sd = 5.56), Letter Number Sequencing ($\epsilon 4$ -noncarriers, mean = 10.26, sd = 1.618; $\epsilon 4$ -carriers, mean = 9.14, sd = 1.834), with a difference in Delayed Logical Memory that almost reached statistical significance ($\epsilon 4$ -noncarriers, mean = 11.77, sd = 4.4; $\epsilon 4$ -carriers, mean = 9.07, sd = 5.5, $p = 0.056$). There were no significant differences between $\epsilon 4$ carrier groups on other cognitive tests or tests of function (MCI-ADL), physical frailty (Physical Performance Test), aerobic capacity (VO_2^{peak}), or habitual physical activity level (PASE) as summarized in Table 1.

VBM results

First, we used VBM to identify areas of APOE $\epsilon 4$ -related differences in brain volume by comparing maps in nondemented elderly with and without an $\epsilon 4$ allele. $\epsilon 4$ -carriers had a trend for lower gray matter regional volumes in the left lingual/parahippocampal gyrus, right inferior parietal cortex, left superior frontal cortex, left angular gyrus, left amygdala, and right precuneus ($p < 0.001$, uncorrected, Table 2, Fig. 1). The SVC analysis of the medial temporal lobe revealed a significant cluster of reduced gray matter volume in the left anterior hippocampus and amygdala in APOE $\epsilon 4$ carriers versus noncarriers ($p < 0.05$ FWE corrected, Table 2, Fig. 2).

We also found a trend for increased gray matter volume APOE $\epsilon 4$ carriers compared to those noncarriers in the right medial frontal gyrus, the left middle temporal gyrus, the left middle occipital gyrus, right inferior frontal cortex, right precuneus, and right hippocampus ($p < 0.001$ uncorrected, Table 2, Fig. 1). SVC analyses confined to the medial temporal lobes demonstrated no significant gray matter volume increase or decrease.

DTI results

There were no regions where FA was significantly higher or lower in healthy elderly $\epsilon 4$ carriers versus noncarriers at $p < 0.05$ corrected level of significance. However a large cluster of decreased FA in $\epsilon 4$ carriers in the left parahippocampal gyrus white matter ($-27, -24, -23, x, y, z$) trended toward significance ($p < 0.001$ uncorrected; Fig. 3).

APOE interaction with lifestyle measures: Effect on gray matter volume

To examine the relationship of several environmental factors on moderating the relationship of APOE $\epsilon 4$ -related brain structure variation, we next extracted the most significant result for each contrast; the hippocampal/amygdalar volume decrease in $\epsilon 4$ carriers and the trend for right medial frontal volume increase in $\epsilon 4$ carriers using the volume of interest (eigenvector) tool in SPM5. Data were then analyzed outside of imaging space using SPSS 16.0 to test for an influence of physical activity or lifestyle on APOE $\epsilon 4$ related decreased or increased gray matter volume. Partial correlation analysis, controlling for age and gender, did not reveal a significant contribution of physical function or lifestyle (MCI-ADL, PASE, Physical

Performance Test, Vo_2^{peak}) to extracted gray matter volume measures in either the $\epsilon 4$ noncarriers or the carriers.

DISCUSSION

We applied novel voxel-wise VBM and TBSS analyses to assess the relationship of APOE $\epsilon 4$ genetic variation on brain structure in healthy elderly subjects. We found decreased medial temporal gray matter volume and global cognitive performance in carriers of the $\epsilon 4$ allele. APOE is the only established genetic risk factor for late-onset AD [8], and carriers of the $\epsilon 4$ allele, despite being nondemented, express small measurable endophenotypes of brain structure and function that are similar to individuals with AD.

We found that those cognitively intact, nondemented subjects with an $\epsilon 4$ allele had significantly decreased global cognitive performance compared to APOE $\epsilon 4$ negative participants. Interestingly, this decrease was primarily due to $\epsilon 4$ -carriers performing significantly worse on Logical Memory I and Letter Number Sequencing and a trend for decreased performance in Delayed Logical Memory. Poorer performance on Logical Memory I has been reported to be an indicator of risk for AD in healthy subjects [64] and both Logical Memory and Letter Number Sequencing have been noted as markers of early dysfunction in AD [65,66]. While presence of an $\epsilon 4$ allele along with these deficits may mark risk for AD, decline in memory performance and hippocampal volume are also commonly observed in normal aging [67].

Some have argued that morphological changes in $\epsilon 4$ carriers, such as decreased hippocampal volume, represent brain changes associated with preclinical AD [7]. Modest APOE $\epsilon 4$ -related brain volume difference was observed in regions known to be affected in AD, namely the medial temporal cortex, including the hippocampus and amygdala. Decreased hippocampal volume is an early feature of AD and most likely occurs several years before the onset of symptoms [68], perhaps even in childhood for those carrying an APOE $\epsilon 4$ allele [69]. AD subjects with an APOE $\epsilon 4$ allele have lower hippocampal [10,11] and amygdala [12,13] gray matter volumes. Past VBM studies reported reduced entorhinal and subiculum cortical thickness in nondemented $\epsilon 4$ carriers [70] and decreased hippocampal gray matter density in $\epsilon 4$ homozygotes (but not heterozygotes) relative to noncarriers [23].

This study demonstrates $\epsilon 4$ -related decreased hippocampal and amygdala volume in nondemented elderly men and women who have been carefully screened for evidence of clinical change using sensitive diagnostic methods (CDR). $\epsilon 4$ -carriers also had a trend for lower GM regional volumes in the left parahippocampal gyrus, right inferior parietal cortex, left

superior frontal cortex, left angular gyrus, and right precuneus. Decreased gray matter volume in the parahippocampal gyrus, posterior temporal (supramarginal gyrus and angular gyrus), inferior parietal cortex have been reported in early AD subjects compared to healthy controls [53,71–74]. However, our current, cross-sectional findings cannot be interpreted to be either a direct manifestation of the disease process or predisposition to later development. Longitudinal follow-up will determine how these morphological differences represent gray matter changes that may lead to a disease state.

We identified a trend for regional volume increases in $\epsilon 4$ carriers compared to non-carriers, primarily in the frontal cortex. A number of studies have noted increased frontal lobe volume [10,14,75] as well as increased executive function in APOE $\epsilon 4$ carriers with AD [76], although the same has not been reported in nondemented subjects. Regionally increased brain volume in nondemented $\epsilon 4$ carriers may represent preservation of brain health, or alternate protective genetic or environmental mechanisms at work. Indeed, our sample of elderly $\epsilon 4$ -carriers are nondemented despite the high risk for AD imparted by the $\epsilon 4$ -allele. $\epsilon 4$ carriers typically manifest AD at an earlier age than our present cohort. Alternatively, it is possible these results represent a false positive. Given that our hippocampal cluster extended into subgyral space, the SVC did not reveal a significant increase in this region, and lacking a mechanistic model for increased volume, this possibility cannot be ruled out in the present study. It is possible that our individuals selected out for being nondemented are a residual group of $\epsilon 4$ -carriers not fully representative of the population of $\epsilon 4$ -carriers. Nevertheless, the present data suggest that despite the impact of the $\epsilon 4$ allele on cognitive and imaging measures in healthy elderly, there are mediating protective mechanisms preventing disease onset in this particular group.

As a post-hoc analysis we extracted the cluster of significantly decreased volume in carriers of the $\epsilon 4$ allele and tested if various factors related to lifestyle, physical activity or cardiorespiratory fitness were related to APOE $\epsilon 4$ related brain volume decreases. None of these factors significantly covaried with change in brain morphology associated with the APOE gene. There may be other factors influencing brain volume changes that we have not controlled for such as other genes or medication, and future studies looking at epistasis between interacting gene variants of interest may shed light on more complex genetic mechanisms at work. Several studies have linked APOE risk effects to lifestyle [77], and while our study consisted of a variety of lifestyle measures, these measures and our sample size may have limited sensitivity for identifying this type of geneenvironment interaction.

We found that APOE $\epsilon 4$ genetic variation may be associated with disrupted white matter integrity in the parahippocampal gyrus of healthy elderly subjects. A large number of studies have found decreased white matter strength in posterior temporal regions, including parahippocampal tracts, in subjects with AD [78–83]. AD-related hippocampal atrophy has been correlated with abnormalities in the cingulum bundle fiber tract [84,85], which mainly includes fibers connecting the parahippocampal gyrus and hippocampus proper to the posterior cingulate cortex [86,87]. Moreover several DTI studies in nondemented subjects have reported a significant relationship between the APOE $\epsilon 4$ allele and decreased white matter integrity in temporo-parietal regions [25–27]. A recent DTI study focused on the parahippocampal gyrus and found decreased FA in healthy carriers of the $\epsilon 4$ allele, similar to our own results [26]. Another region of interest study found decreased FA in the posterior corpus callosum of individuals carrying a copy of the APOE $\epsilon 4$ allele [25]. Taken together, these results and ours suggest that genetic variation in APOE $\epsilon 4$ may influence disease-related white matter integrity in posterior white matter tracts, especially those branching from the medial temporal cortex.

TBSS was created to alleviate alignment-related problems in DTI data, and thus restricts the analysis to a group-estimated skeleton strictly of white matter. Ideally this would increase the power of the analysis to detect the small fractional anisotropy changes that might occur in a

cognitively healthy group. Although it is possible that restriction in white matter to the FA skeleton could increase the chance of a Type II error, a recent study using TBSS in AD subjects reported disease-related FA decreases at a statistical threshold similar to our own in the parahippocampal gyrus [88]. Usage of the FMRIB58_FA standard template might also introduce bias through the registration process, due to the age discrepancy between the template subjects and the age of our subjects. It is also possible that TB-SS could be vulnerable to detecting the vascular burden of the white matter, and that this, in turn, is affecting the APOE ϵ 4 results in the white matter. While TBSS confines analyses to a narrow skeleton within the white matter tracts of greatest integrity, the presence of white matter lesions may have influenced the results. We excluded individuals with a history of clinical stroke, diabetes, and cardiovascular disease, minimizing the potential influence of vascular-related changes.

Overall we sought to use automated morphological analysis techniques to characterize the genetic variation in APOE associated with both gray matter volume and white matter viability in carefully screened, non-demented elderly subjects. Using voxel-based analyses in several imaging modalities, we validate previous studies identifying decreased hippocampal and amygdala volume in APOE ϵ 4 carriers and decreased FA in the parahippocampal gyrus in one group of subjects. We also identify selective decreases in memory-related cognitive performance in otherwise healthy elderly individuals carrying the ϵ 4 allele. Our finding of a trend for increased frontal gray matter associated with the risk allele sets the groundwork for future studies to identify potential protective mechanisms at work in individuals at risk for AD. More complex approaches to characterizing genetic epistasis using these comprehensive, unbiased image analyses in a larger group, along with relevant environmental, lifestyle, or other genetic measures may inform risk for the disease as well as the mechanisms involved in the disease pathology.

Acknowledgments

This study was supported by grants R03 AG026374 and R21 AG029615 from the National Institutes of Aging and K23NS058252 from the National Institute on Neurological Disorders and Stroke. The University of Kansas General Clinical Research Center (M01RR023940) provided essential space, expertise, and nursing support. The Hoglund Brain Imaging Center is supported by grant C76 HF00201.

The authors thank members of the KU Brain Aging Project team, especially Pat Laubinger, Phyllis Switzer, Diane Cunningham, and George Thomas for their assistance with data collection and study as well as helpful suggestions. Finally, they thank the research participants of the KU Brain Aging Project for their generosity of time and spirit, which makes this research possible.

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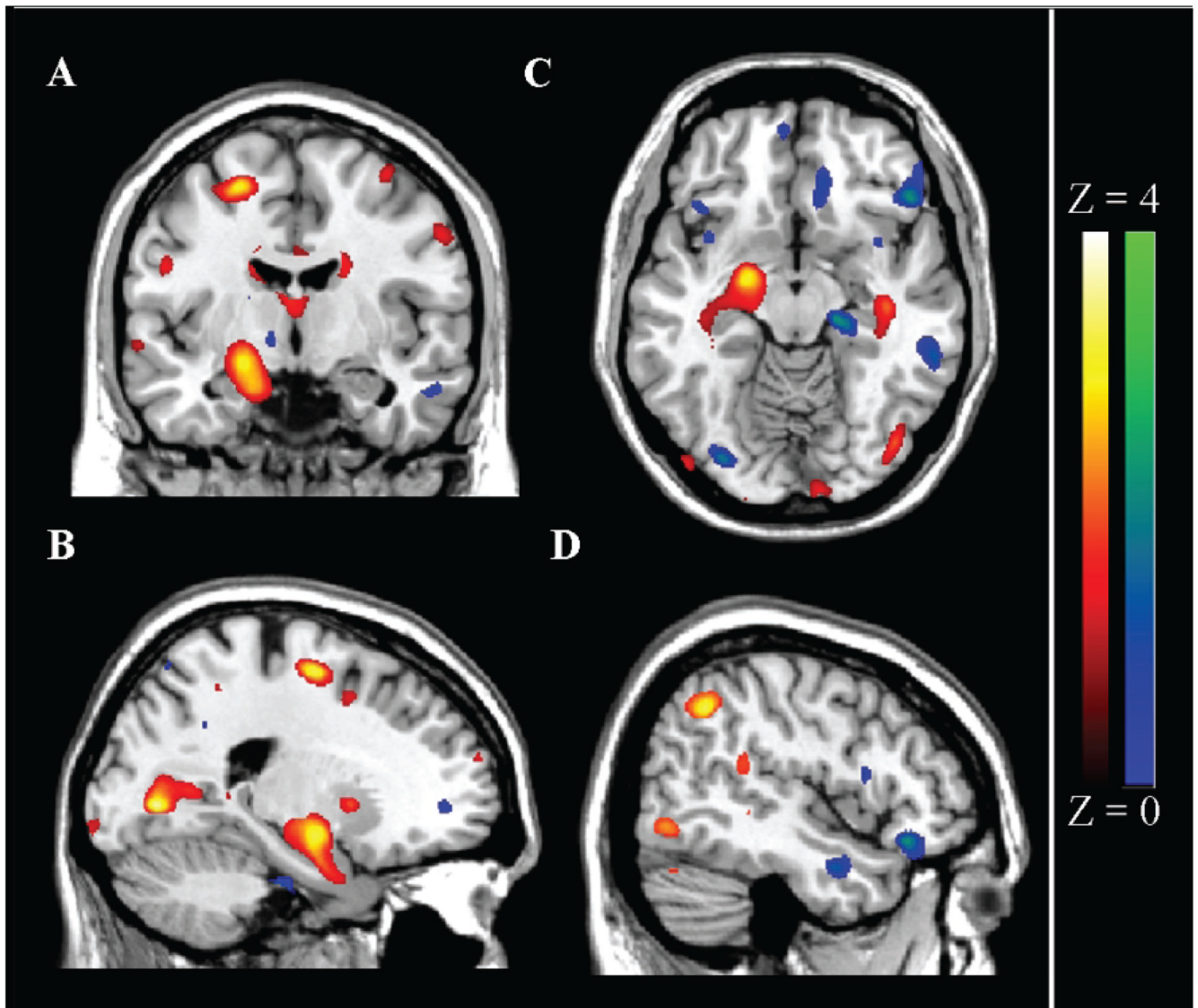


Fig. 1. Voxel-Based Morphometry analysis of APOE carrier status affect on gray matter regional changes. Figure shows VBM results from both conditions (Noncarrier > Carrier in yellow, Carrier > Noncarrier in pink/red) overlaid on 152 MNI mean image (MRIcron). Color bar range based on Z scores, scores for individual regions listed in Table 2. Quadrant A, B, and C shows $\epsilon 4$ carrier decreases (red to bright yellow) in gray matter volume in left hippocampus, and decreased Precuneus volume is also visible in C. Quadrant D shows $\epsilon 4$ carrier increases (blue to bright green) in middle temporal and inferior frontal gyri.

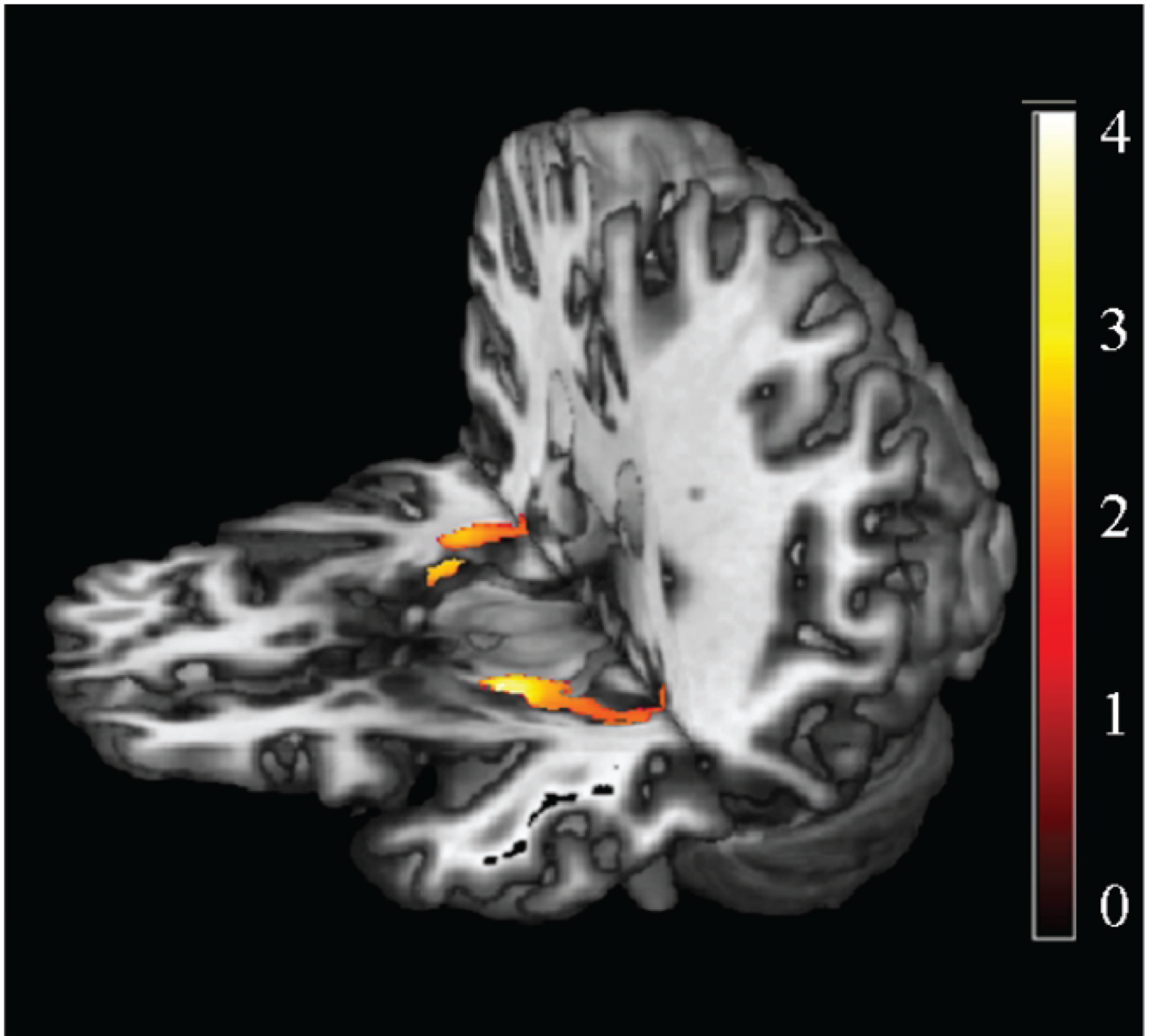


Fig. 2. Voxel-Based Morphometry analysis of APOE carrier status effect on medial temporal cortex. VBM results overlaid on 3D mean. The color bar range is based on Z scores. Yellow regions represent significant medial temporal decreased gray matter volume in nondemented APOE ϵ 4 carriers compared to APOE ϵ 4 noncarriers, from small volume-corrected analysis ($p < 0.05$, corrected, significant for left hippocampus/amygdala).

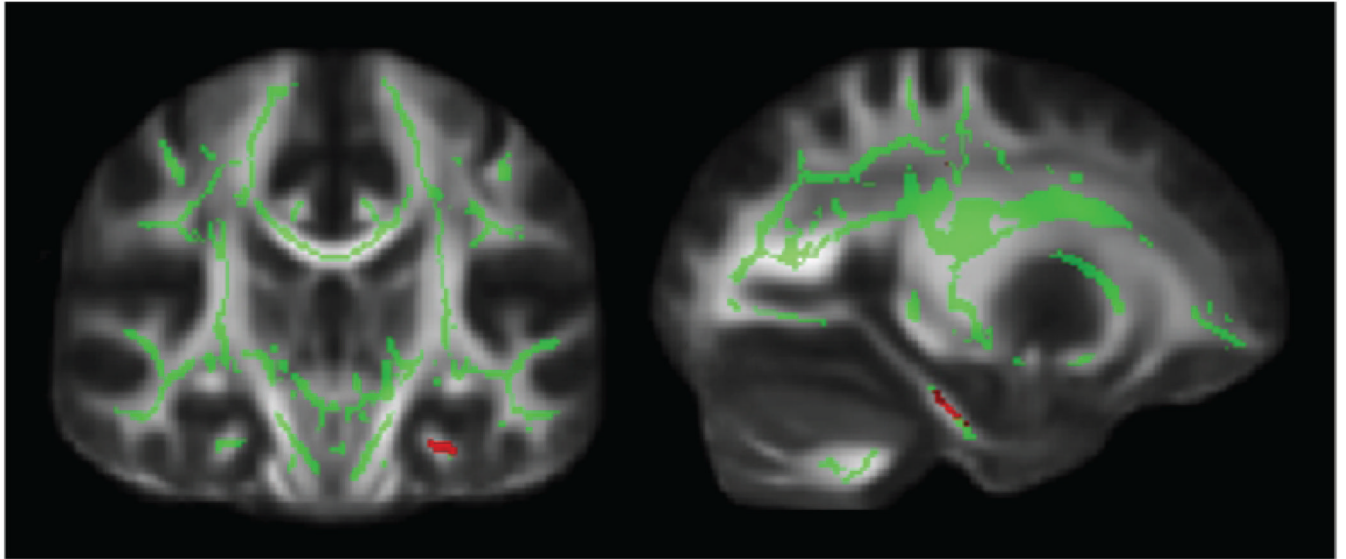


Fig. 3.

DTI analysis of APOE carrier status effect on FA. Spatial maps of the results of between group voxel-wise statistics. Differences in WM tract integrity are displayed in red for $\epsilon 4$ -Carriers, who had less FA than $\epsilon 4$ -noncarriers in the left parahippocampal gyrus. Images (coronal and sagittal view) are t -statistics displayed at the threshold $p < 0.001$, uncorrected. In green, the “mean FA skeleton” isn’t in document of all participants is shown, only FA values projected on the skeleton were compared. These images are overlaid on the MNI152 standard diffusion brain. The left hemisphere of the brain corresponds to the right side of the image.

Table 1Demographics analyzed between $\epsilon 4$ non-Carrier and $\epsilon 4$ Carrier

	$\epsilon 4$ non Carrier (<i>n</i> = 39)	$\epsilon 4$ Carrier (<i>n</i> = 14)	Significance
Age	73.7 (6.2)	72.7 (6.2)	0.588
Gender, % female (n)	39% (15)	57% (8)	0.185
Education (years)	16.5 (2.2)	16.2 (2.0)	0.576
Family History, % yes (n)	33 % (13)	57 % (8)	0.107
Whole Brain volume (mm ³ /L)	0.77 (0.02)	0.77 (0.02)	0.815
Whole Gray volume (mm ³ /L)	0.43 (0.02)	0.43 (0.02)	0.917
Whole White Matter volume (mm ³ /L)	0.35 (0.02)	0.35 (0.02)	0.669
Standardized Cognitive Score	0.08 (0.42)	-0.20 (0.53)	*0.047
PASE	128.85 (46.37)	148.71 (57.95)	0.204
ADL	49.0 (3.2)	47.6 (3.7)	0.175
VO ₂ lean	37.2 (6.67)	39.2 (7.29)	0.336
Physical Performance Test	30.59 (3.5)	30.07 (2.5)	0.619

All data represent means (SD), unless otherwise noted.

* Significant at $p < 0.05$.

Table 2

Voxel-Based morphometry analysis results showing gray matter regional decreases as well as increases in Carriers compared to noncarriers

	X, Y, Z	k	Z score	P value Uncorrected (FWE Corrected)
Gray matter decreases in $\epsilon 4$ carriers				
L Lingual/Parahippocampal Gyrus, Precuneus	-24, -73, 1	4170	3.52	< 0.001
R Inferior Parietal Cortex	46, -56, 42	1268	3.25	0.001
L Superior Frontal Cortex	-22, -7, 58	1551	3.14	0.001
L Angular/Supramarginal Gyrus	-42, -53, 22	2594	3.14	0.001
L Amygdala	-20, -7, -12	6437	3.11	0.001
R Precuneus	23, -51, 49	766	3.01	0.001
SVC-Hippocampus/Amygdala	-20, -7, -12	2564	3.11 (3.56)	0.001 (0.049)
Gray matter increases in $\epsilon 4$ carriers				
R Medial Frontal Gyrus	14, 51, 11	3196	3.82	< 0.001
L Middle Temporal Gyrus	-36, -67, 12	4147	3.50	< 0.001
L Middle Occipital Gyrus	-29, -83, -14	767	3.16	0.001
R Inferior Frontal Gyrus	49, 28, -14	1903	3.14	0.001
R Precuneus	15, -60, 39	3545	3.13	0.001
R Hippocampus	17, -24, -11	4128	3.12	0.001
SVC-Hippocampus/Amygdala	17, -24, -11	939	3.12	0.001 (0.333)

SVC = small volume correction, ROI taken from Wakeforest PickAtlas, uncorr = uncorrected p value, L = Left, R = Right, BA = Brodmann's Area, AD = Alzheimer's disease, *regions in bold reached uncorrected significance, and corrected level given in parenthesis (family-wise error, FWE).