

Comparison of Shiga Toxin-Producing *Escherichia coli* Detection Methods Using Clinical Stool Samples

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Molecular diagnostic tools capable of identifying Shiga toxin-specific genetic determinants in stool specimens permit an unbiased approach to detect Shiga toxin-producing *Escherichia coli* (STEC) in clinical samples and can indicate when culture-based isolation methods are required. It is increasingly recognized that clinically relevant STEC are not limited to the singular O157 serotypes, and therefore diagnostic assays targeting toxin-encoding determinants must be able to account for any genetic variation that exists between serotypes. In this study conventional PCR and four real-time PCR assays (HybProbe, TaqMan, SYBR Green, and LUX) targeting the *stx1* and *stx2* Shiga toxin coding sequences were used to identify STEC in enriched stool samples ($n = 36$) and a panel of O157 and non-O157 strains ($n = 64$). PCR assays targeting *stx1* and *stx2* had variable specificity and sensitivity values with enriched stool samples. Molecular assays using DNA from pure cultures revealed that some primers were not sensitive to all *stx2* variants. This evaluation concluded that the TaqMan-based probes were most appropriate in high throughput clinical diagnostic laboratories in consideration of cost, turn around time, and assay performance. (J Mol Diagn 2010, 12:469–475; DOI: 10.2353/jmoldx.2010.090221)

Shiga toxin-producing *Escherichia coli* (STEC) that belong to serotype O157:H7 are recognized globally as important causative agents of enterocolitis food poisoning. Several prominent outbreaks of this STEC serotype have also gained significant public health attention, leading to the overall appreciation of O157:H7 as a major public health concern in the food production industry.^{1–3} STEC can lead to a wide array of clinical manifestations ranging from barely noticeable acute gastritis to bloody diarrhea,

and occasionally to complications such as hemolytic uremic syndrome (HUS).^{4–6} These infections, hospitalizations, and subsequent complications have been shown to result in dramatic costs to both the health care system and the state infection control departments involved in their management.⁷ Typically, STEC infection is most severe in pediatric and elderly patients, whereas adults do not present with severe symptoms in most cases.⁸ Additionally, Shiga toxins, encoded by *stx1* and *stx2*, are the primary virulence factor possessed by STEC and contribute to the manifestation of both bloody diarrhea and HUS.⁵ Although a great deal of attention (both in the general public and the scientific communities) has been focused on the O157:H7 serotype, several studies suggest that up to 50% of STEC illness is caused by serotypes other than O157^{9–13} of which there are over 100.¹⁴

O157 STEC are routinely screened for in the clinical microbiology laboratory by selective plating on sorbitol MacConkey media, which exploits the nonsorbitol fermenting phenotype of most O157 strains. As a result, O157 can readily be distinguished from normal *E. coli* flora. However, the recent identification of sorbitol fermenting O157 strains associated with HUS calls for additional screening methods to be used in addition to sorbitol MacConkey.¹⁵ BBL CHROMagar O157 (BD Canada, Mississauga, ON, Canada) plated medium is an alternative method for identifying O157 growth based on differential colorimetric colony growth.¹⁶ However, these plating methods only select for sorbitol fermenting strains of O157 or simply O157 strains of STEC, respectively, whereas commensal *E. coli* and non-O157 STEC are indistinguishable on both media and therefore require additional molecular diagnostic assays. To date, no widely used standard method for identifying non-O157 STEC infections is used by clinical diagnostic laboratories.

There are several research methods reported for the detection of non-O157 STEC, most of which focus on the detection of Shiga toxins or Shiga toxin-encoding genetic determinants. A standardized method for detecting the presence of toxin in stool involves filtration of stool for purification of toxin with subsequent incubation with Vero tissue culture cells. This assay requires a highly skilled technician to maintain the cell lines as well as monoclonal

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antibodies for confirmation of Shiga toxin. More importantly, the Vero cell assay is considered time and labor intensive, not for practical clinical diagnostic purposes. However, the Meridian Premier EHEC kit (Meridian Diagnostics, Inc., Cincinnati, OH) can detect Shiga toxin in stool samples via an immunoassay and can aid in the identification of non-O157 STEC. Alternatively, a myriad of PCR-based assays designed to detect *stx1* and *stx2* in *E. coli* has been described.^{6,17–26} Recently, the Centers for Disease Control and Prevention released updated guidelines for the detection of STEC in relation to acute community-acquired diarrhea, which included specific testing for Shiga toxins or their genetic determinants in addition to traditional culture (<http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5812a1.htm>, updated Oct 16, 2009).

We compared four real-time PCR assays (two described in this study) as well as a conventional PCR method for the detection of STEC *stx1* and *stx2* genes. The assays were compared for sensitivity, specificity, detection threshold, as well as cost and time requirements. These methods were compared for their ability to detect various STEC serotypes from pure cultures as well as from stool specimens and optimized for the respective amplification platforms located in four different laboratories. Extraction of DNA from cultures or spiked stool samples was performed in one selective laboratory and distributed to the other laboratories for testing. The results of this study provide guidelines for diagnostics laboratories to adopt a methodology according to available platform and budget.

Materials and Methods

Enrichment of STEC in Stool Samples and DNA Extraction

A total of 36 stool samples previously identified²⁷ to contain the following 41 STEC strains (co-infection was found in five samples) were included in the study: O157:H7 ($n = 18$); O26:H11 ($n = 10$); O121:H19 ($n = 3$); O26:NM ($n = 1$); O5:NM ($n = 1$); O111:NM ($n = 1$); O145:NM ($n = 1$); O103:H2 ($n = 1$); O177:NM ($n = 1$); O1:H7 ($n = 1$); O8:H19 ($n = 1$); O2:H4 ($n = 1$); and O25:H1 ($n = 1$).

An aliquot of 200 μ l of watery stool or a “pea” size was inoculated into 5 ml of Trypticase Soy Broth and incubated at 37°C overnight. After incubation, 200 μ l of the enriched culture was transferred into a 1.5-ml screw cap centrifuge tube, centrifuged for 3 minutes at 14,000 $\times g$, and the supernatant was removed and the pellet was washed with 1 ml of 12 mmol/L Tris buffer, pH 7.4. After centrifuging for 3 minutes at 14,000 $\times g$, the wash buffer was removed and the pellet was resuspended in 200 μ l of rapid lysis buffer (100 mmol/L NaCl; 10 mmol/L Tris-HCl, pH 8.3; 1 mmol/L EDTA, pH 9.0; 1% Triton X-100) and boiled for 15 minutes. After centrifugation, the supernatant was removed and retained to be used as a template in PCR assays, and then subsequently stored at –70°C. For extraction control, an STEC-negative stool sample was spiked with an O157:H7 STEC (American

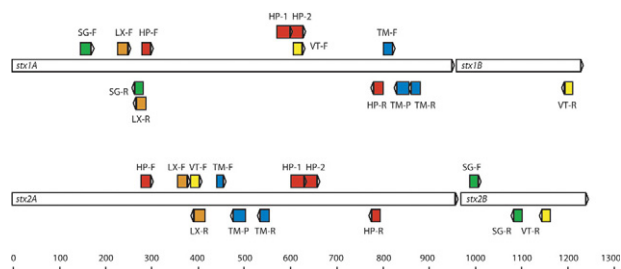


Figure 1. Schematic of PCR and real-time PCR oligonucleotide primers and probes in reference to the *stx1* and *stx2* loci. HP, HybProbe; LX, Light Upon eXtension; SG, SYBR Green; TM, TaqMan; and VT, conventional PCR primers.

Type Culture Collection 43895) at a concentration of 100 colony forming units/ml, and 200 μ l was inoculated into 5 ml of Trypticase Soy Broth, incubated overnight, and extracted along with the clinical sample. A STEC-negative stool sample was also used as a negative extraction control. DNA prepared from O157:H7 STEC (American Type Culture Collection 43895) was used as positive control for all subsequent PCR assays, whereas water was included as the PCR negative control.

DNA was extracted from STEC cultures of known serotypes containing *stx1* ($n = 21$), *stx2* ($n = 22$), *stx1* and *stx2* ($n = 14$), and seven non-Shiga toxin-producing *E. coli* isolates by rapid lysis method. A subset of these isolates was obtained from the aforementioned Stx-positive stool samples. Single colony was touched and dispensed into 200 μ l of lysis buffer (100 mmol/L NaCl; 10 mmol/L Tris-HCl, pH 8.3; 1 mmol/L EDTA, pH 9.0; 1% Triton X-100), boiled for 15 minutes, and the supernatant after centrifugation was used as template for PCR.

Real-Time and Conventional PCR Protocols for the Detection of the Stx Genes

Sets of primers and probes using HybProbe (TIB Molbiol, Adeptia, NJ), TaqMan (Applied Biosystems Inc., Foster City, CA), SYBR Green (Invitrogen Life Science, Burlington, Ontario, Canada), and LUX (Invitrogen Life Science) real-time assays as well as conventional PCR for the detection of the *stx* genes on different amplification platforms were evaluated. Target location of primers and probes in respect to each other is illustrated in Figure 1, and coordinates are provided in Table 1. Oligonucleotide primers and fluorescent probes, conditions, and amplification platforms are described in Tables 1 and 2. The previously published assays (LUX,²⁸ [Light Upon Extension] conventional PCR,²² and HybProbe²⁹) were performed without modification. The SYBR Green and LUX assays for *stx1* and *stx2* were each performed in separate reactions, whereas the conventional PCR, HybProbe, and TaqMan assays were performed as duplex assays in a single reaction, respectively. Duplex PCR assays were selected because they saved labor time in the set up as well as template DNA, reagents and consumables. For the detection of *stx1* and *stx2* by conventional PCR, amplified products were analyzed by electrophoresis in

Table 1. Oligonucleotides Used in this Study

Oligonucleotide	Target	Sequence	Coordinates
STEC-HP-F	<i>stx1, stx2</i>	5'-GARCRAAATAATTTATATGTG-3'	1352569-1352589 and (2996681-2996701)
STEC-HP-R	<i>stx1, stx2</i>	5'-TGATGATGRCAATTCAGTAT-3'	(1353067-1353086) and 2996181-2996200
STEC 1-HP-1	<i>stx1</i>	5'-TTTACGTTTTTCGGCAAATACAGAGGGGAT-[FAM]-3'	(2996383-2996411)
STEC 1-HP-2	<i>stx1</i>	5'-[Red 640]-TCGTACAACACTGGATGATCTCAGTGGG-Ph-3'	(2996354-2996381)
STEC 2-HP-1	<i>stx2</i>	5'-TCAGGCACCTGCTGAAACTGCTCCTGTGTGA-[FAM]-3'	1352892-1352921
STEC 2-HP-2	<i>stx2</i>	5'-[Red 705]-ACCATGACGCCGGGAGACGTGGACCT-Ph-3'	1352923-1352948
STX1-TM-F	<i>stx1</i>	5'-CATCGCGAGTTGCCAGAAT-3'	(2996160-2996178)
STX1-TM-R	<i>stx1</i>	5'-GCGTAATCCACGGACTCTTC-3'	2996101-2996121
STX1-TM-P	<i>stx1</i>	5'-[FAM]-CTGCCGGACACATAGAAGGAAACTCATCA-[TAMRA]-3'	2996125-2996153
STX2-TM-F	<i>stx2</i>	5'-CCGGAATGCAAATCAGTC-3'	1352732-1352749
STX2-TM-R	<i>stx2</i>	5'-CAGTGACAAAACGCAGAACT-3'	(1352826-1352845)
STX2-TM-P	<i>stx2</i>	5'-[VIC]-ACTGAACTCCATTAAGCCAGATATGA-[TAMRA]-3'	(1352767-1352793)
STX1-SG-F	<i>stx1</i>	5'-CATTACAGACTATTTTCATCAGAGGTA-3'	(2996809-2996835)
STX1-SG-R	<i>stx1</i>	5'-TCGTTCAACAATAAGCCGTAGATTA-3'	2996696-2996720
STX2-SG-F	<i>stx2</i>	5'-GCGGTTTTATTTGCATTAGC-3'	1353279-1353298
STX2-SG-R	<i>stx2</i>	5'-TCCCGTCAACCTTCACTGTGA-3'	(1353374-1353393)
LX1-FDOB66	<i>stx1</i>	5'-cggctATTATTTTCGTTCAACAATAAGCCG (Alexa 546)-3'	2996690-2996713
LX1-RDOB67	<i>stx1</i>	5'-CAGAGGGATAGATCCAGAGGAAGG-3'	(2996730-2996753)
LX2-FGIL290	<i>stx2</i>	5'-cggacaCAGAGTGGTATAACTGCTGTCCG (FAM)-3'	(1352684-1352706)
LX2-RGIL291	<i>stx2</i>	5'-ATATCAGTGCCCGGTGTGACAA-3'	1352647-1352668
VT1F	<i>stx1</i>	5'-ACACTGGATGATCTCAGTGG-3'	(2996355-2996374)
VT1R	<i>stx1</i>	5'-CTGAATCCCCTCCATTATG-3'	2995773-2995792
VT2F	<i>stx2</i>	5'-CCATGACAACGGACAGCAGTT-3'	1352675-1352695
VT2R	<i>stx2</i>	5'-CCTGTCAACTGAGCACTTTG-3'	(1353435-1353454)

The coordinates of the primers and probes are described in reference to GenBank accession number AE005174.2 (*Escherichia coli* O157:H7 EDL933 complete genome), and sequences that match the complement strand are indicated in brackets.

FAM, 6-carboxyfluorescein; TAMRA, Tetramethyl-6-Carboxyrhodamine; Red 640, LightCycler-Red 640-N-hydroxy-succinimide ester; Red 705, LightCycler-Red 705-N-hydroxy-succinimide ester; Ph, 3'-phosphate; O, C-Phosphorothioate; F, A-Phosphorothioate; E, G-Phosphorothioate; R, IUB code for A or G (wobble base). Lowercase bases at the 5' end indicate those required for LUX primer hairpin formation and are not present in the target sequence; the penultimate 3' base is tagged with the fluorescent molecule indicated in brackets.

1.5% (w/v) agarose gels running at 150 V for 45 minutes by using a 1 kb ladder (Invitrogen Life Science) for size reference. The predicted amplicon sizes for *stx1* and *stx2* are 614 bp and 779 bp, respectively.

An amplification curve is indicative of a positive result for the LUX reaction. For the TaqMan assay, a cycle threshold of 0.2 was used as signal cut-off for inferring a positive amplification result. Both SYBR Green as well as HybProbe real-time PCR used amplification and melting curves for the analysis for both assays. For SYBR Green, the expected melting temperature (T_m) of *stx1* is 86.5°C and 83.5°C for *stx2*. The expected T_m values for *stx1* in the HybProbe assay are 62°C, 65°C, or 68°C, depending on the gene variant. Amplicons generated by *stx2* variants have T_m values of 51°C, 55°C, 62°C, 63°C, and 65°C.

Specificity and Sensitivity Determination

In this study, a true positive was defined as a sample that yielded a consensus of three positive results for the five tested methods. A true negative was defined similarly as a sample that yielded at least three negative results for the five tested methods.

End-Point Detection Level of the Different PCR Assays

For end-point detection thresholds for the *stx* amplification assays, total genomic DNA was isolated from liquid cultures of *E. coli* O157:H7, O26:H11, O121:H19, and O111:NM strains as previously described,²⁸ and the DNA

Table 2. Thermocycling Parameters and Instrumentation for the PCR Methods

Method	Instrumentation	PCR conditions
HybProbe real-time PCR ²⁹	Roche LightCycler version 1.5	95°C/10 minutes; 40 cycles of 95°C/10 seconds; 50°C/20 seconds; 72°C/30 seconds
TaqMan real-time PCR	ABI Prism 7000 SDS	95°C/10 minutes; 40 cycles of 95°C/15 seconds; 60°C/1 minute; hold at 25°C/1 minute
SYBR Green real-time PCR	Stratagene MX4000	95°C/10 minutes; 40 cycles of 95°C/30 seconds; 55°C/1 minute; 72°C/30 seconds
LUX real-time PCR ²⁸	Cepheid SmartCycler	95°C/3 minutes; 40 cycles of 95°C/10 seconds; 55°C/15 seconds; 72°C/15 seconds
Conventional PCR ²²	ABI GeneAmp 9600	95°C for 5 minutes; 40 cycles of 94°C/40 seconds; 56°C/40 seconds and 72°C/40 seconds; final extension at 72°C/6 minutes

Table 5. End-Point Detection Threshold for *Stx1* and *Stx2* Genes for Conventional and Real-Time PCR Platforms

Template	<i>Stx</i> genotype	Conventional		HybProbe		TaqMan		SYBR Green		LUX	
		<i>stx1</i>	<i>stx2</i>	<i>stx1</i>	<i>stx2</i>	<i>stx1</i>	<i>stx2</i>	<i>stx1</i>	<i>stx2</i>	<i>stx1</i>	<i>stx2</i>
O157:H7	<i>stx1, stx2</i>	10 ⁻¹	10 ⁻¹	10 ⁻⁵	10 ⁻⁵	10 ⁻⁸	10 ⁻⁷	10 ⁻⁶	10 ⁻⁶	10 ⁻⁷	10 ⁻⁶
O26:H11	<i>stx1</i>	10 ⁻¹	—	10 ⁻⁴	—	10 ⁻⁸	—	10 ⁻⁶	—	10 ⁻⁷	—
O121:H19	<i>stx2</i>	—	10 ⁻²	—	10 ⁻⁴	—	10 ⁻⁷	—	10 ⁻⁶	—	10 ⁻⁷
O111:NM	<i>stx1, stx2</i>	10 ⁻¹	10 ⁻²	10 ⁻⁴	10 ⁻⁴	10 ⁻⁸	10 ⁻⁷	10 ⁻⁷	10 ⁻⁵	10 ⁻⁶	10 ⁻⁷

Tenfold dilutions of DNA at a concentration of 33 ng/μL were made from 10⁻¹ to 10⁻⁹. —, not performed.

varied from each other, but no significant difference was observed within the assay from one to another strain.

Cost of Each Assay on Its Dedicated Amplification Platforms

The cost and time requirement to perform each amplification assay is shown in Table 6. HybProbe real-time PCR assay was performed by using the Roche LightCycler (Laval, Quebec, Canada) version 1.5, which has a capacity of running 32 samples. The cost was the highest at \$196.11 CAD for 25 samples tested. The performance of LUX real-time PCR on the Cepheid SmartCycler (Sunnyvale, CA) had the second highest cost at \$138.08 CAD. This assay cannot be performed as a multiplex and this instrument can accommodate 16 samples at one time. Consequently, four runs of amplification were required to complete testing 25 samples and thus increasing the cost and turn around time of the assay. The remaining three platforms [(ABI GeneAmp 9600, Applied Biosystems Inc., Foster City, CA) ABI Prism 7000 SDS (Applied Biosystems Inc.), and Stratagene MX4000 (Stratagene, Santa Clara, CA)] for conventional PCR, TaqMan, and SYBR Green real-time PCR have the capability of running 96 samples each run. Conventional PCR was the cheapest based on materials and consumables, but additional hands-on time was required for the agarose gel analysis and thus increasing the labor cost.

Discussion

Non-O157 STEC have been associated with disease outbreaks worldwide, with select serotypes (such as O26:H11, O103:H2, O103:H25, O111:NM, O121:H19, and O145:NM) associated with severe complications such as

HUS.³⁰ Due to clinical screening limitations in many countries, the true worldwide incidence of STEC is not known. Current methods used in most clinical microbiology laboratories rely on classical culture-based techniques using BBL CHROMagar O157 (BD Canada) giving a characteristic color for O157 STEC or sorbitol MacConkey plates to identify only O157 sorbitol nonfermenting STEC. Molecular diagnostic assays such as PCR do not rely on phenotypic traits, but rather screen for the genetic determinants that define STEC. As a result of this broad genotypic screen, patients' stool samples containing non-O157 STEC can be readily identified that otherwise would have gone undetected by using only classical phenotypic-dependent culture methods. With the increasing number of assays and platforms available for amplification detection of *stx1* and *stx2* genes, it is of interest to compare the multiple methods for their ability to accurately identify the presence of these genes in clinical isolates and specimens.

When DNA extracts from enriched stool culture were used as templates, TaqMan and LUX methods identified every sample accurately, whereas conventional PCR, SYBR Green, and HybProbe assays were found to have a lower specificity and sensitivity. Evaluation of these PCR methods with the broader panel of non-O157 STEC strains indicated that the SYBR Green assay could not detect some *stx2* variant alleles due to polymorphisms in the primer binding sites. The forward primer STX2-SG-F has a polymorphic site at the 3' end compared with the corresponding primer binding site in the O26:H11 strain (GenBank accession number DQ143181), and this variation likely accounted for the amplification failure. The corresponding region of *stx2* was sequenced from the non-O157 strains with a false negative SYBR Green real-time PCR result, and all had multiple point mutations in the SYBR Green primer binding sites (data not shown). It is therefore recommended that laboratories do not use primers that target variable regions of the *stx* loci. This should greatly improve the sensitivity for the SYBR Green assay.

From the examined real-time PCR chemistries used in this study, the TaqMan assay performed on the ABI Prism 7000 SDS is recommended because of the high degree of sensitivity and specificity for both stool culture and pure culture extracts, the ability to duplex both *stx1* and *stx2* probes into a single reaction, and a higher confidence level due to the use of probes in combination with primers. Like the TaqMan assay, the LUX assay on the Cepheid SmartCycler also provided 100% specificity and sensitivity for both stool samples and cultures. The LUX assay also employs a combination of primers and

Table 6. Cost and Time for Conventional and Real-Time PCR Assays for *Stx1* and *Stx2* Amplification

Method	Cost for 25 samples	Turn around time
Conventional PCR	C\$53.35	4 hours and 10 minutes
TaqMan real-time PCR	C\$58.94	3 hours and 30 minutes
LUX real-time PCR	C\$138.08	4 hours and 10 minutes
HybProbe real-time PCR	C\$196.11	2 hours
SYBR Green real-time PCR	C\$73.30	2 hour and 40 minutes

probes, but unlike the TaqMan assay, this real-time reaction could not be performed as a duplex assay (data not shown). Furthermore, the Cepheid SmartCycler platform has a capacity of running 16 amplification assays in one run as compared with the capacity of 96 samples per run in the ABI Prism 7000 SDS. Consequently, the reagent costs and turn around time would be higher under these circumstances. However, the Cepheid SmartCycler provides a potential advantage to a low volume testing laboratory with a wide variety of testing targets as this platform has 16 independent units, which allow various assays with different cycling parameters to be performed simultaneously. Therefore, there is an advantage of using this platform in a low volume testing laboratory with wide varieties of testing menu.

The TaqMan assay was second only to conventional PCR in terms of lowest cost for testing 25 samples. Conventional PCR, however, has the inherent disadvantage of requiring gels for analysis, which not only requires additional technical handling for analysis but also results in further expenses associated with the disposal of ethidium bromide waste (not reflected in the calculated price in Table 6) and the handling of a potential carcinogenic agent in the laboratory. An alternative to the ethidium bromide is the precast nonethidium Lonza FlashGel system at a cost of \$21.00, which can accommodate up to 32 samples including positive and negative controls and size standards. This replacement will increase the cost of the conventional PCR test. As well, conventional PCR did not have 100% sensitivity and specificity for stool samples as was achieved with the TaqMan assay.

The HybProbe and SYBR Green assays had given the shortest turn around time for reporting; however, SYBR Green had the lowest sensitivity and specificity values of the tested methods, and HybProbe is nearly four times more expensive than conventional PCR and TaqMan, making it the least favorable method. At the time of this study, the TaqMan assay was performed by using the ABI 7000 SDS, and the total time for the total amplification program requires approximately 2 hours (3.5 hours including extraction time). Taking into account the extra labor cost for the preparation of agarose gel and loading of the amplified products for using conventional PCR for STEC testing, this makes the TaqMan assay the cheapest test.

The assays for detecting STEC demonstrate the effectiveness of multiple molecular methods for the detection of STEC from various serotypes lineages directly from clinical stool enrichment cultures, and will be useful to direct culture-based isolations of STEC strains. This study also provides the framework for which individual diagnostic centers can adopt real-time PCR assays for *stx* genes detection according to their available platforms and budgets.

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