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## Soft materials to treat central nervous system injuries: evaluation of the suitability of non-mammalian fibrin gels

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### Abstract

Polymeric scaffolds formed from synthetic or natural materials have many applications in tissue engineering and medicine, and multiple material properties need to be optimized for specific applications. Recent studies have emphasized the importance of the scaffolds' mechanical properties to support specific cellular responses in addition to considerations of biochemical interactions, material transport, immunogenicity, and other factors that determine biocompatibility. Fibrin gels formed from purified fibrinogen and thrombin, the final two reactants in the blood coagulation cascade, have long been shown to be effective in wound healing and supporting the growth of cells *in vitro* and *in vivo*. Fibrin, even without additional growth factors or other components has potential for use in neuronal wound healing in part because of its mechanical compliance that supports the growth of neurons without activation of glial proliferation. This review summarizes issues related to the use of fibrin gels in neuronal cell contexts, with an emphasis on issues of immunogenicity, and considers the potential advantages and disadvantages of fibrin prepared from non-mammalian sources.

### Introduction

The elastic properties of tissues and biomaterials designed to promote wound healing or regeneration in specific settings has until recently not been considered as an essential design feature. Most studies have addressed the biochemical and structural properties of scaffolds and extracellular matrices that dictate the molecular specificity of cell adhesions and the transport of soluble factors into and away from the site of repair. A series of recent studies has rejuvenated interest in studying how tissue and biomaterial stiffness influences the structure and function of cells by showing that matrix stiffness, under conditions where other factors are held constant, has a large effect on the rate of cell proliferation, specific programs of gene expression, cell motility, and the developmental fate of stem cells [1–3]. In some cases, matrix stiffness can override chemical stimuli, as illustrated by the lack of response to osteogenic growth factors when mesenchymal stem cells are plated on soft (< 1000 Pa) surfaces [4], and in other cases

the nature of the adhesive ligand works in concert with substrate mechanics to direct specific processes such as the interplay between the type of integrin ligand and the substrate stiffness on the formation of actin stress fibers or the modulation of motility[5–7].

Not all cells respond similarly to matrix stiffness, and some cell types such as neutrophils seem not to respond to stiffness differences in the range that strongly affect other cell types [5]. One setting in which the elasticity of the substrate appears to have a highly specific effect is in central nervous system. The brain is among the softest human tissues, with a time-dependent shear storage modulus (or, depending on the type of rheologic measurement, Young's modulus) that varies from 1000 Pa at millisecond time scales appropriate for modeling effects of impact, to a relatively steady level near 200 Pa at time scales on the order of seconds [8,9]. At sites of injury, where glial scarring occurs, the local stiffness can be palpably higher, but is not yet quantitatively determined, and the stiffness difference at the interface of the glial scar can act as a physical as well as a chemical barrier to neurite extension and neuronal repair in severe injuries [9,10].

The possibility that soft materials might be partially useful in restoration of diseased CNS tissue is related to the finding that two main cell types of the CNS, neurons and astrocytes, respond in very different ways to matrix stiffness [10], and that gels of low elastic modulus differentially support the neuronal development of precursor cells [9]. Spinal cord and cortical brain neurons extend neurites and form branches more avidly on soft materials, and are the only cell type thus far documented to be inhibited from extending as the matrix becomes stiffer than the stiffness of a normal brain (<1000 Pa) [9,11–15]. In contrast, astrocytes, like numerous other cell types, develop stress fibers, a larger spread area, and become activated on stiff surfaces [10]. This article will focus on evidence of the effects of manipulating substrate stiffness that may have utility in central nervous system and other injury settings and on the specific properties of matrices derived from non-mammalian clotting factors such as salmon fibrinogen and thrombin that have potential advantages or complementary properties compared to synthetic or human-derived materials.

## Advantages of fibrin from non-mammalian sources

Fibrin has a long and extensive record of use in wound healing including treatment of trauma to the brain and spinal cord [16,17]. Fibrin is the normal scaffold that first forms at sites where trauma to cells initiates the cascade of reactions leading to blood clotting. Purification of the two final reactants, fibrinogen and thrombin, and administration in controlled amounts at defined locations has many clinical applications [18]. The fibrin scaffold can be supplemented with growth factors and other agents for specific settings and is simple to administer, with a straightforward injection into the affected region [19]. The reaction occurs at physiological temperature and pH, and both the rates of gelation and the mechanical properties of the polymerized gel can be controlled easily by adjusting the injection mix [20,21].

Limitations of the use of fibrin in CNS or other injuries include the fact that fibrin is designed to degrade at a rate that depends on the production of plasmin and other proteases generated at the injured site, and in some settings such as neural regeneration, fibrin degradation proceeds too rapidly to allow neurite infiltration without the use of protease inhibitors that can have known or unanticipated negative effects. Cells of the CNS, including neurons, astrocytes, and microglia have receptors for thrombin, fibrinogen or fibrin that also have potentially negative effects on neural wound healing. Human fibrin is also optimized to polymerize at slightly below 37°C, and fails to clot at lowered temperatures that are required in some surgical settings, including CNS trauma. Additional concerns involve the potentials for infectious agents introduced by using proteins derived from pooled human or other mammalian sources. Some of these limitations can be overcome by non-mammalian coagulation proteins, such as have

been purified from salmon blood [22–26]. Worldwide production of farmed salmon now exceeds a million metric tons annually. Therefore, millions of liters of blood with consistent quality are available from animals where genetics, nutrition, and environment are controlled or closely monitored.

Proteins derived from salmon or other non-mammalian tissues are likely to be safe from mammalian infectious agents due to the wide evolutionary distance between fish and humans. The low body temperature of cold water fish serves as another barrier to cross-species survival of bacteria or viruses. Prion infection is also most probable in species with similar prion proteins. Although salmon do have a normal isoform of prion protein, its structure is quite different from the mammalian protein [27] and therefore presents little risk. Also, there is no evidence of prion disease in fish, and even if farmed fish ingest mammalian prions, the infectivity is quickly cleared [28]. Prion contamination is a special concern in fibrinogen products, because mammalian fibrinogen can selectively bind the infective part of the prion protein [29].

Salmon fibrinogen and thrombin are sufficiently similar to human fibrinogen and thrombin to be interchangeable in terms of fibrin polymerization, but they differ subtly from those of the human proteins both in amino acid sequence and the nature of glycosylation [23,24,30]. For example, whereas salmon thrombin activates human platelets (a cell type absent in fish) the time course of platelet aggregation *in vitro* is slightly different, suggesting that salmon thrombin activates the major human platelet receptor, but might not fully activate other cellular targets [23]. The A-alpha chain of salmon fibrinogen is significant lower molecular weight compared to human A-alpha, and the gamma chain of zebrafish fibrinogen, the closest species to salmon that has been sequenced, lacks homology in a region of human fibrinogen that activates microglia [31] and is thought to contribute to inflammation in the CNS.

Differences between salmon and mammalian fibrin are apparent in several studies in which these scaffolds have been compared in cell culture and animal models. Mammalian neurite outgrowth *in vitro* is significantly less in human or bovine fibrin compared to salmon fibrin in three dimensional fibrin gels [33]. Human fibrin did not improve functional recovery in a rat model of spinal cord injury [33]. Human fibrinogen inhibits neurite outgrowth while salmon fibrin does not, possibly via outgrowth by triggering an inhibitory signal transduction pathway in neurons [34]. Human fibrinogen polymerizes slowly below 37°C but salmon fibrinogen clots normally down to 0°C [30]. Since outcomes can be improved by hypothermia after traumatic brain injury [35] and possibly spinal cord injury [36], salmon fibrin could be effective for the coagulopathy seen at low body temperature.

## Issues of immune response to foreign proteins and biomaterial scaffolds

The same structural differences between salmon and mammalian fibrinogen and thrombin that in some context confers possible advantages to use of non-mammalian fibrin is potentially countered by the presumed higher antigenicity of salmon proteins in a mammalian host. The inflammatory response to synthetic and natural tissue adhesives is variable, depending primarily on the contact of tissue fluids around the biomaterial and the access of host blood cells. In general, host reactions following administration of biomaterials include stages of blood-material interaction, provisional matrix formation, acute inflammation, chronic inflammation, granulation tissue development, foreign body reaction, and fibrosis (fibrous capsule) development [37]. In the cascade of these events the role of the immune system is significant, but immune system activation largely depends on the immunogenicity of tissue adhesives.

Synthetic tissue adhesives, as most widely used and continuously developed, are relatively inert for the host immune system. For example, if administered intravascularly to the rats, N-

butyl-2-cyanoacrylate induces only mild eosinophilic inflammation during the first day and after 7 days the tissue reaction is minimal [38]. However, small particles of cyanoacrylates can modulate immune response to external antigens as demonstrated by Simeonova et al. [39]. Currently it is believed that the adjuvant effect of synthetic materials in stimulating dendritic cells and the adaptive immune response to co-expressed (auto)antigens may be more important than was previously thought [40]. In addition, systemic inflammatory reactions and septic complications can develop, but the conditions that are needed for their development are not well known. Some of these rare reactions can be life threatening due to fulminant inflammatory reactions [41]. Delayed and recurrent chronic inflammatory and granulomatous reactions could be seen in response to some synthetic gels [42]. However, polyethylene glycol based biodegradable hydrogels used as tissue sealants do not appear to induce immediate humoral or cellular immune reactions [43,44].

Thus in general, synthetic tissue adhesives do not necessarily strongly initiate cross-talk with hosts tissues and cells due to their relatively passive role in tissue repair. However, the immune reactions largely depend on the chemistry and physics of synthetic biomaterials surfaces which contact the host tissue. Biomaterials' surface characteristics have a significant impact on antigen presenting cells, including macrophage and dendritic cells' responses such as adhesion, apoptosis and cytokine secretion. These cells continuously sense and internalize their surroundings by pattern recognizing receptors orchestrating the immune system and inflammatory reactions towards the target tissue. As an example, alginate, which is composed of alternating mannuronic and guluronic acid residues has been shown to induce inflammatory response depending on the amount of mannuronic acid residues in the preparation [45]. Thus by controlling the alginate composition it is possible to modulate inflammatory reactions induced by sealants containing alginate. Synthetic materials like polyglycolic acid are also able to enhance immune response [40]. Unfortunately, thus far the interactions between synthetic tissue adhesives and the immune system are only superficially studied in spite of the fact that specially designed materials could stimulate the immune system to improve tissue healing [46].

Native tissue adhesives represent natural bio-compounds of the host to mimic the physiological situation and therefore their interaction with cellular and humoral factors of the immune system is more immediate. Here the immune system gets stronger direct signals for its activation. The extent of activation depends on genetic differences between donor (from where biomaterial is prepared) and host tissues. Tissue sealants prepared from the individual's tissues to be treated (autologous adhesives) are not immunogenic if their composition is not physically or chemically altered i.e. there are no neo-antigens recognized by the immune system as non-self. In a study by van Nooten et al. [47] a 2-component glue with sufficient elasticity and tensile strength was made by mixing canine autologous plasma concentrate with 7.5 % glutaraldehyde and applied to dogs. As a result, only mild inflammation with few lymphocytes and plasma cells around the glue was formed. The absence of CD4+ T lymphocytes in the infiltration was taken as evidence for the absence of antigen presentation in the tissue treated with glue [47]. Protein preparations from other individuals of the same species can acquire immunogenicity (for example due to blood group antigens contamination) whereas xenogenic biomaterials from tissues of other species are always immunogenic. The combination of allogeneous and heterologous proteins in fibrinogen-coated collagen patches seems to diminish immunological reactions against the patches' components [48], but comprehensive immunological studies on these tissue adhesives are still not available.

The use of recombinant human coagulation proteins, instead of those prepared from blood with a possibility of contamination with infectious agents, seems to offer a treatment device that has no problems. However, an expectation that human recombinant protein preparations would be non-immunogenic in patients capable of synthesizing these proteins by themselves, is

somewhat premature, if we take into account the possibility that these preparations may include trace amounts of ingredients originating from the expression systems used for their preparation. Also incomplete or abnormal post-translational modification or other, even minimal changes in the composition can render these preparations immunogenic [49]. Still, recombinant human thrombin is less immunogenic for clinical use than heterologous thrombin as has also been demonstrated by the comparative clinical analysis of Weaver et al. [50]. In this study no patients who underwent either a peripheral arterial bypass or arteriovenous graft procedure and received recombinant human thrombin seroconverted or had an increase in anti-thrombin antibody titer. In another study, the development of non-neutralized antibodies to recombinant human thrombin was detected in 3 out of 198 patients [32].

The most commonly used native tissue sealants are thrombin- and fibrinogen-based. Thrombin-based products are often produced from bovine plasma and fibrinogen-based hemostatic agents derived from human plasma [51]. Accordingly, the most serious immunological problems could rise if bovine thrombin based fibrin glue is used. Although tissue glues of such types have been safely and effectively used for many years in thousands of patients, a number of immunological complications have been reported. In most cases, these complications are related to the development of immune reactions against bovine thrombin preparations. Even a single administration of bovine thrombin can mount a significant immune response, as has been shown by the development of autoantibodies characteristic for the systemic autoimmunity in non-autoimmune-prone mice [52]. If the patient has a propensity to develop such antibodies or has pre-existing autoantibodies to thrombin, the administration of bovine thrombin containing glue could induce or potentiate immune reactions against autologous thrombin. In such cases serious clinical consequences from the antithrombin autoantibodies may appear. It is possible that these autoantibodies cause either thrombosis [53] or hemorrhage [54]. The pathological outcome of antithrombin antibodies likely depends on the antigenic epitope to which they react. According to recent studies, thrombin autoantibodies can be found in up to 40.9 % of patients with systemic lupus erythematosus and antiphospholipid syndrome [55]. Somewhat lower frequencies have been reported earlier [56], however thrombin may share common epitopes with prothrombin and beta2- glycoprotein I, well known autoantigens in antiphospholipid syndrome [57]. Similarly, antibodies to other bovine fibrin glue components like factor Va could arise [53], leading to the development of autoantibodies against human factor Va which would impair the systemic coagulation with serious clinical complications similar to those seen in cases of spontaneously developed autoantibodies [58].

Administration of bovine fibrin glue can also induce immediate reactions in the form of Immunoglobulin E (IgE)-mediated anaphylaxis against thrombin [59,60]. If aprotinin of bovine origin is used in fibrin sealant to prevent lysis of the clot, anaphylactic reactions can develop [61,62]. A specific immune response induced by local aprotinin administration does not differ from that seen in intravenous exposure [61].

The development of immune reactions to bovine fibrin glue and other glue materials of bovine origin is mostly due to the presence of xenogenic carbohydrates such as Gal $\alpha$ 1-3Gal in bovine products [63]. These carbohydrates, not present in human fibrinogen or thrombin, are strong stimulators of immune response among humans. In bovine thrombin preparations the source of Gal $\alpha$ 1-3Gal may not be thrombin itself but rather this xenoantigen can be expressed on contaminating proteins. Whatever the cause, 90 % of humans exposed to a bovine thrombin preparation develop IgG antibodies against one or more of the proteins in the preparation [53].

In contrast to tissue sealants containing constituents of bovine origin, coagulation proteins of salmon used for fibrin glue development do not express highly antigenic carbohydrate Gal $\alpha$ 1-3Gal. However IgE and IgG antibodies can be developed to fish proteins, probably



induced by proteins rather than by carbohydrate residues. Among fish proteins with potency to activate IgE (i.e. immediate allergen) reactions, parvalbumin, a muscle protein, holds a special position since parvalbumins from fish are considered to be the major or sole allergens for 95 % of the patients suffering from IgE-mediated fish allergy [64]. So far parvalbumins of about 30 fish species have been characterized [65] including salmon allergen Sal s1 [66,67]. Parvalbumins of different fish species show considerable cross-reactivity and therefore are dangerous for individuals with known fish allergy that account for about 0.1–0.3 % of the general population [65]. This salmon protein was also demonstrated to be antigenic by the use of salmon antibodies in IgG ELISA and immunoelectrophoretic methods [66]. However, since salmon thrombin and fibrinogen are prepared from salmon blood the possibility that allergen Sal s1 situating in the fish muscle would contaminate salmon fibrin glue should be minimal.

Some reactions to fish proteins may also develop through cross-reactions. Thus, pre-existing autoantibodies can react with fish thrombin and fibrinogen preparations as has been shown in previous studies [23,24]. In these studies, as well as a later one by Laidmäe et al. [30], no assays of immune response showed any unusual antigenicity of the salmon fibrin sealant (Figure 1). Humoral immune response to salmon thrombin and fibrinogen was studied after intraperitoneal administration of salmon fibrin glue to rabbits and rats. Using an enzyme-linked immunosorbent assay and salmon thrombin and fibrinogen as antigens, only a mild increase of IgG binding to antigens was demonstrated 1–3 weeks after the first fibrin glue administration. As expected, after a second dose of salmon fibrin glue, antibodies levels were higher (Fig 1A,B). In no case was an increase in clotting times observed, demonstrating that the antibodies developed did not affect the normal coagulation process (Fig 1D). Notably, when rabbit blood samples were tested with purified rabbit fibrinogen and thrombin, no antibodies were detected showing that autoantibodies to host proteins have not been developed (Fig 1C). These results were further confirmed in immunoblot studies on 23 control and 23 experimental rats where low intensity antibody reactions to other polypeptides in thrombin and fibrinogen preparations were found [30]. As also demonstrated by other authors in association with human proteins [68], salmon fibrinogen is more immunogenic than salmon thrombin. Most importantly, however, no cross-reactivity to human factor Va was demonstrated in animals immunized with salmon thrombin. This result shows that salmon fibrin glue does not induce immune reactions that might be cross-reactive with human factor Va, which is the most problematic immunological cross-reactivity associated with the use of bovine fibrin glue [69]. Also, peripheral blood C-reactive protein levels were similar in experimental and control rats at the next day of second salmon fibrin glue challenge (Laidmäe et al., unpublished). These results show that there is no immediate inflammatory reaction in response to salmon fibrin glue application. The absence of antibody cross-reactivity between salmon and mammalian proteins is likely due to differences in glycosylation and other posttranslational modifications which are substantially different between fish and mammals.

## Performance of salmon fibrin in hemostasis and neuronal wound healing

Salmon fibrin has been tested in animal models of both hemostasis and neuronal wound healing. In two models of bleeding, purified salmon fibrinogen and thrombin preparations performed as well as commercial preparations of human proteins. Salmon fibrin dressing efficiently stopped bleeding in a rat hip penetrating injury model [70] and bandages lined with lyophilized salmon fibrinogen and thrombin controls arterial bleeding in a swine model where a 4.4 mm hole was surgically formed in the aorta [71]. Gels made from salmon fibrin were superior to human fibrin gels in supporting the growth and tubulogenesis of human umbilical vein endothelial cells in vitro [72].

In addition to its utility in hemostasis and formation of a matrix in which angiogenesis can initiate, fibrin also has advantages for repair of central and peripheral nervous system injuries

in part because of its mechanical properties, which can be tuned by varying fibrinogen and thrombin concentrations. Neurons, unlike other cell types, appear to grow best on very soft materials [11,12] and fibrin fibers are among the softest biopolymers [73–75]. One consequence of the mechanical preference of neurons is evident in Figure 2, which shows how the relative amounts of neurons and astrocytes grown from a whole cortical mouse brain preparation are altered as the elastic modulus of the salmon fibrin gel is changed from 1800 Pa to 74 Pa. The softest gels, which simulate the softness of normal brain [1,3] strongly promote growth of neurons and astrocytes, whereas stiffer gels promote astrocyte adhesion and spreading but not neuronal extension.

Formation of a soft-cell-compatible matrix is accomplished by fibrin from any source, but the suitability of this matrix for specific applications depends on many factors such as the stability of the matrix to degradative enzymes released at the site of injury and the multiple signals that can be elicited by sites within the protein filaments. For the long-term cultures needed to produce robust neurite outgrowth with minimal activation of inflammation, salmon fibrin is more effective than human or bovine thrombin to support neuronal growth in vitro [33]. In part this is because salmon fibrin is more resistant to rapid degradation in a neuronal setting, and in part perhaps because of beneficial differences in post-translational modifications or primary structure. Figure 3 shows the greater extension and more robust growth of neurites from rat brain cortices in salmon fibrin compared to human or bovine fibrin. Whereas the mechanisms that account for the greater growth of mammalian neurons in salmon fibrin are not known, preliminary studies in a rat spinal cord injury model are consistent with these in vitro findings.

## Conclusion

The biochemical and mechanical properties of fibrin gels, characterized by a large mesh size, a low elastic modulus, and binding sites for integrins and other cellular targets are well suited to use in neuronal and other tissue engineering contexts. The effectiveness of fibrin gels in vivo cannot be inferred from its efficacy in vitro without consideration of its stability at wound sites and the immunologic response of the host to this foreign material. For proteins derived from blood or even from recombinant sources possible adverse effects from infectious agents or bacterial endotoxins are also an important consideration. Such issues have motivated studies of fibrin derived from non-mammalian source such as farmed salmon, and structural differences between salmon and mammalian fibrin might also contribute to its advantageous use in neural cell growth and repair.

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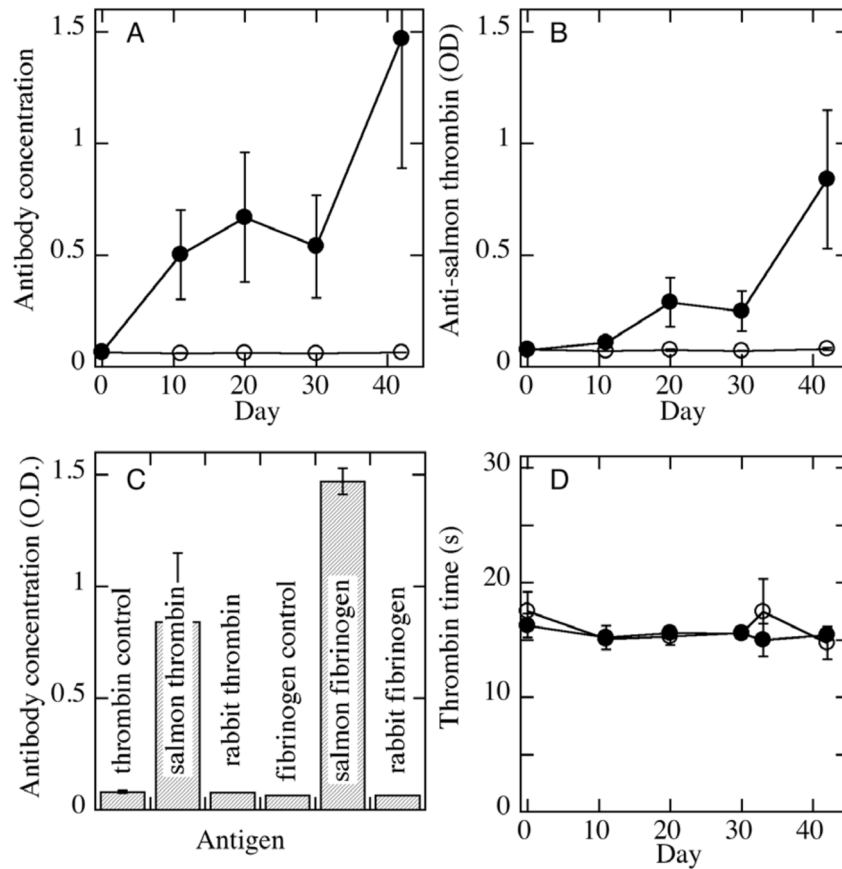
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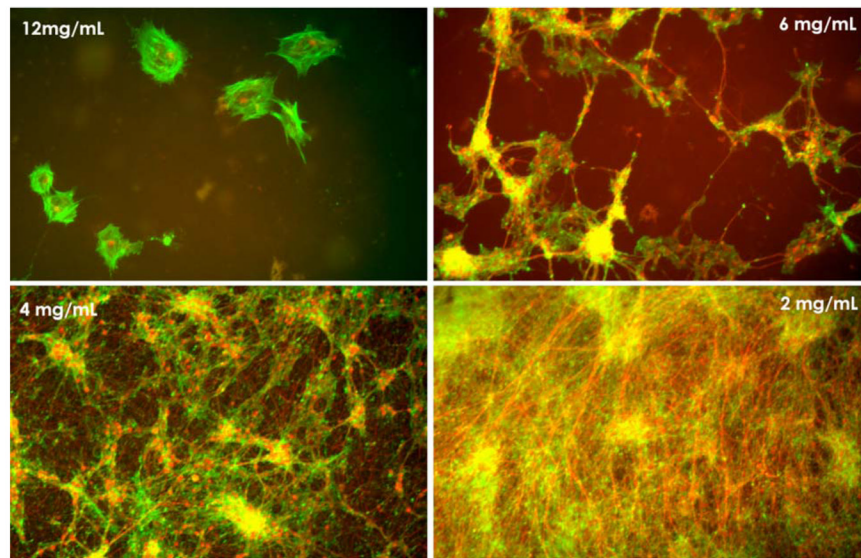
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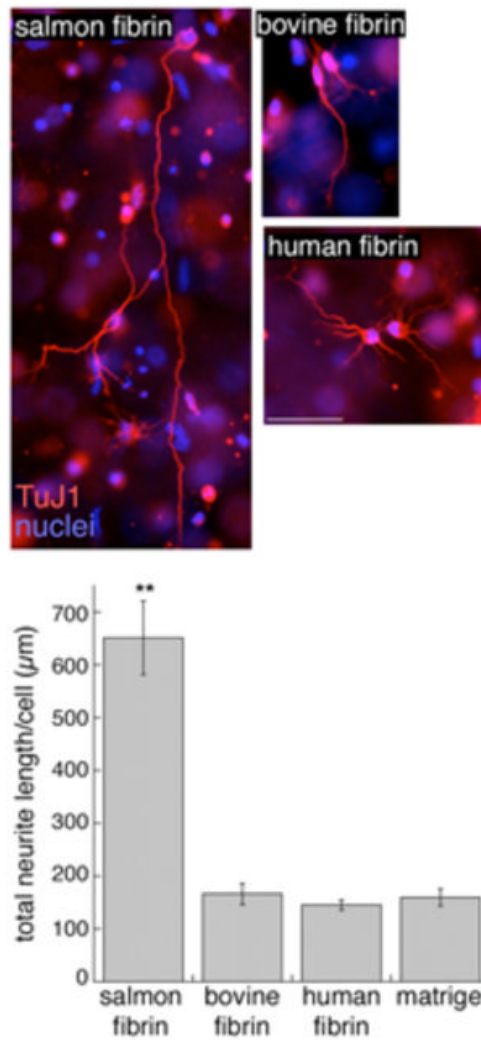
**Figure 1.**

Development of antibodies to salmon, but not endogenous, proteins after administration of salmon fibrin. Antibodies to salmon fibrinogen (A) or thrombin (B) were measured in rabbit plasma samples taken at various times before and after intraperitoneal administration of salmon fibrin on days 2 and 32. Open symbols are data for samples from control animals treated with saline and solid symbols are from animals treated with salmon fibrin. (C) Comparison of antibody titres on day 42 for rabbits treated with salmon fibrin on days 2 and 32 reacting against salmon or rabbit fibrinogen or thrombin. Controls are for ELISA assays done on the same strips using plasma from control animals treated with 0.9% saline in place of salmon fibrin. D. Thrombin times performed on the same samples as used for antibody analyses. Adapted from [30].



**Figure 2.** Cultures of dissociated embryonic mouse brain cortices at 1 week in salmon fibrin gels of different concentrations corresponding to elastic moduli of 1800 Pa, 575 Pa, 300 Pa and 75 Pa with decreasing concentration. Neurons are labeled for bIII-tubulin (red) and astrocytes for GFAP (green). Adapted from [10].





**Figure 3.** Rat cortical neurons embedded in salmon, bovine or human fibrin for 3 days were immunostained with TuJ1 or Map5/Map1b antibodies to visualize neurites. . Scale bar is 50  $\mu\text{m}$ . The effect of the different matrices on neurite growth was quantified by measuring the total neurite length per cell (\*\* $p < 0.001$  salmon fibrin vs. bovine or human fibrin). Adapted from [33].