

Towards targeting platelet storage lesion-related signaling pathways

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Blood platelets play a pivotal role in thrombosis and haemostasis. Platelet transfusions are life-saving medical procedures for patients undergoing major surgery or suffering from diseases such as cancer or thrombocytopenia. Research efforts in transfusion science are applied to the banking of platelets in areas ranging from donor genotyping to the improvement of the blood component processing procedure and determination of product quality. After production, platelet concentrates are stored at room temperature (20-24 °C) with agitation for only 4-7 days. This shelf-life restriction is imposed by health regulatory authorities in order to ensure safety and quality of the blood product owing to the risk of bacterial growth and the loss of platelet viability during storage commonly referred to as the "platelet storage lesion" (PSL).

The symptoms of platelet storage lesion

According to the PubMed scientific citation database, alterations occurring in platelets during storage were first mentioned in 1957 by Mustard *et al.* describing the influence of blood collecting techniques on platelet numbers during blood collection and storage^{1,2}. Almost 15 years later, Murphy *et al.* introduced the term "platelet storage lesion" linked to observations such as lactate accumulation, disc to sphere transformation and reduced responsiveness to ADP for platelet aggregation³. These studies also revealed that some but not all of these features seem to be restored after transfusion suggesting a partial reversibility of the negative effects of storage. During the last four decades, several excellent studies have contributed to an improved understanding of PSL as highlighted in numerous review articles⁴⁻⁸. Triggered mainly by blood processing and the duration of storage, the PSL is best defined as the sum of all deleterious changes leading to progressive damage in platelet structure and

function that arise from the time blood is drawn from a donor to the time platelets are transfused to a recipient⁵. These changes are found spanning several platelet physiological compartments including cytoskeletal reorganization, loss of glycoprotein expression on the platelet surface, derangement of metabolic activity, changes in the lipid membrane, activation of signaling cascades, apoptosis-like symptoms and protein translation. Most of these aspects are characteristic of platelet activation^{9,10} except for the deterioration effect contributing to the PSL mediated by the lactate accumulation which seems to be platelet activation independent¹¹. The reduction of glycoproteins, particular GPIb - the subunit of the GPIb-IX-V complex responsible for the vWF interaction - on the platelet surface during storage is most likely due to proteolysis¹². This process can be decelerated by treatment with inhibitors against matrix metalloproteinases¹³. Most of these alterations during storage can be monitored using a variety of *in vitro* measures¹⁴ as well as determination of *in vivo* recovery and survival in normal volunteers thereby providing a valuable constellation of tools for the estimation of platelet viability¹⁵. However, the changes occurring during a 5-day storage period do not result in a decreased clinical efficacy as measured by the corrected count increment (CCI)¹⁶.

Similar to studies of agonist-stimulated fresh platelets, moderate platelet activation during storage is revealed by assessing the surface expression of P-selectin using CD62P binding which confirms the conclusion described by Bode⁹. Based on this evidence of platelet activation many inhibitor studies were aiming to reduce the PSL development by adding compounds such as prostaglandin E1, theophylline, thrombin inhibitors or L-carnitine that resulted in an improved platelet function and integrity compared to the untreated sample^{17,18}. Furthermore, protein-free

physiologic salt solutions fortified with citrate, bicarbonate and glucose¹⁹ as well as supplementation of platelet concentrates with either second messengers or pharmacological inhibitors of different platelet function including amiloride, adenosine, sodium nitroprusside, prostaglandin E1, dipyridamole, ticlopidine, and quinacrine²⁰ as well as magnesium and potassium²¹, triggered the development of a variety of platelet additive solutions (PAS)²² designed to slow down several aspects of PSL progression²³. Lastly, mouse model studies identified a potential mechanism leading to the clearance of platelet concentrates after transfusion of platelets stored at 4 °C²⁴ and suggested that enzymatic glycosylation of chilled platelets could prolong circulation of cold-stored platelets²⁵. However, these results obtained from the mouse model did not agree with human platelets since modification by galactosylation did not prevent the accelerated platelet clearance and thus revealed the existence of two different mechanisms for short- and long-term cold-stored platelets²⁶.

Proteomics to assess protein changes during storage

In order to slow the progression of PSL in a targeted manner, signaling events triggered by PSL needed to be explored. This was achieved by the application of proteomics²⁷ to analyze changes in the platelet proteome during storage^{28,29}. Complementary proteomic approaches employing both peptide-centric (isotope Tagging for Relative and Absolute Quantitation and Isotope Coded Affinity Tagging) and protein-centric (qualitative and quantitative two-dimensional [2D] gel electrophoresis) methods were applied in order to attain both optimal proteome coverage as well as to capture alterations in posttranslational modifications, respectively, which revealed the discovery of several hundred protein changes. Many protein alterations occurring during storage are similar to a proteomic study that monitored protein changes during platelet activation by agonists³⁰ confirming the earlier observations that platelets are activated during storage⁹. A subset of the proteins that changed significantly in protein concentration based on confidence and consistency in the proteomic results were subjected to further biochemical analysis. This study revealed one potential mechanism for the development of PSL involving activation of the

GTPase Rap1 that contributed to GPIIb/IIIa activation³¹. Therefore, the proteomic studies began to unravel targets for the interference of PSL-related signaling events. Inhibitor studies targeting PI3-kinase which among other kinases mediates Rap1 activation, showed diminished Rap1 and GPIIb/IIIa activation as well as a deceleration of *in vitro* storage-induced platelet deterioration. This reduction in PSL development was demonstrated by reduced glycolytic activity as well as improved responsiveness to the agonist ADP in an extent of shape change assay³¹. Furthermore, although observed in a mouse model rather than in human platelets, a recent study revealed that inhibiting p38 MAPK improved post-translational survival and haemostatic function of stored platelets providing an additional opportunity for intervention in PSL progression since p38 MAPK signaling is not a central component in platelet integrin activation³².

Conclusion and future perspective

These recent results suggest that protein kinases might represent one important group of proteins involved in the development of PSL and provide a potential target for inhibition in order to reduce development of PSL. Further studies are necessary to fine-tune the inhibition effect and unravel potential "side effects". Furthermore, demonstration of an effect is only a first step. It is unlikely that most of the known inhibitors would be acceptable additions to platelet concentrates from a patient safety perspective. With the recent implementation of pathogen reduction technologies (PRT) a new dimension of challenges has appeared on the horizon³³. The treatment of platelet concentrates with either UV-A and a photo sensitizer or UV-C revealed acceleration of PSL development³⁴⁻³⁷. This is corroborated by a proteomic analysis discovering significant increases in concentration for several proteins triggered by irradiation³⁷. These results point directly to a potential synergistic research effort among PSL, PRT and PAS development (Figure 1). Future efforts must address a better understanding of PRT impacts on the PSL and the subsequent identification of ways to modify PAS towards the main goal as formulated by Murphy *et al.* in 1971: "if a 'storage lesion' can be defined, its correction might allow further prolongation of effective storage"³.

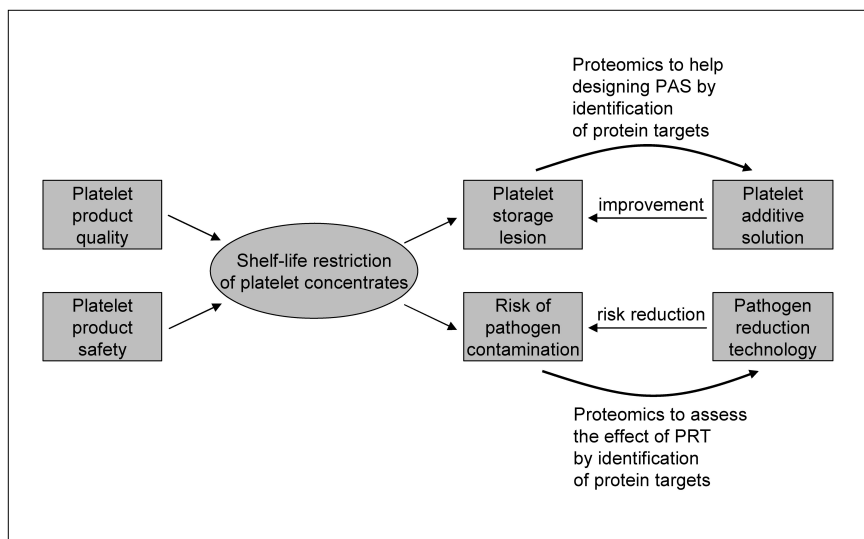


Figure 1 - Platelet product quality and product safety determine the restriction of the platelet shelf-life. Platelet storage lesion and risk of pathogen contamination are the main targets for investigation towards prolongation of the shelf-life. Proteomics provides an excellent tool to address these issues in order to identify protein targets for intervention. Subsequent development of PAS and improvement of PRT will lead to the deceleration of PSL progression as well as a reduction in PRT-mediated effects in platelet concentrates. This synergy will hopefully achieve reduced PSL development while maintaining pathogen risk reduction towards a potential increase in the shelf-life of platelet concentrates.

Key words: blood platelets; platelet storage lesion; proteomics; signal transduction; protein kinase.

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