# Two-Step Imprinted X Inactivation: Repeat versus Genic Silencing in the Mouse $\bar{r}$ †

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**Mammals compensate for unequal X-linked gene dosages between the sexes by inactivating one X chromosome in the female. In marsupials and in the early mouse embryo, X chromosome inactivation (XCI) is imprinted to occur selectively on the paternal X chromosome (X<sup>P</sup> ). The mechanisms and events underlying X<sup>P</sup> imprinting remain unclear. Here, we find that the imprinted X<sup>P</sup> can be functionally divided into two domains, one comprising traditional coding genes (genic) and the other comprising intergenic repetitive elements. X<sup>P</sup> repetitive element silencing occurs by the two-cell stage, does not require** *Xist***, and occurs several divisions prior to genic silencing. In contrast, genic silencing initiates at the morula-toblastocyst stage and absolutely requires** *Xist***. Genes translocate into the presilenced repeat region as they are inactivated, whereas active genes remain outside. Thus, during the gamete-embryo transition, im**printed XCI occurs in two steps, with repeat silencing preceding genic inactivation. Nucleolar association<br>may underlie the epigenetic asymmetry of X<sup>P</sup> and X<sup>M</sup>. We hypothesize that transgenerational information **(the imprint) is carried by repeats from the paternal germ line or that, alternatively, repetitive elements are silenced at the two-cell stage in a parent-of-origin-specific manner. Our model incorporates aspects of the so-called classical,** *de novo***, and preinactivation hypotheses and suggests that Xist RNA functions relatively late during preimplantation mouse development.**

Genomic imprinting refers to a parent-of-origin effect on gene expression in the developing embryo (3, 57). The existence of imprinting in the mammal means that male and female gametes contribute significantly different information to the zygote. One important difference is illustrated by X chromosome inactivation (XCI), the mechanism of dosage compensation in the mammal that results in the silencing of one X chromosome in the female embryo (2, 33, 34, 49, 64). While the eutherian form of XCI occurs randomly in the soma, the marsupial form is imprinted to occur exclusively on the paternal  $X(X^P)$  (54). Imprinted XCI also occurs in some eutherians but is restricted to the preimplantation embryo and the extraembryonic tissues (25, 37, 47, 60). Imprinted XCI precedes random XCI in the early mouse embryo and continues through the placental lineages. In the epiblast (embryo proper), transient X reactivation is followed by random XCI, which accounts for the mosaic pattern of inactivation seen in all somatic tissues of the eutherian.

The mechanisms and developmental timing of imprinted

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XCI remain unclear and are much debated. In principle, the maternal or paternal germ line (or both) may differentially mark the X chromosomes, with the maternal imprint protecting the maternal  $X(X^M)$  from inactivation and/or the paternal mark predestining  $X<sup>P</sup>$  for inactivation. The search for parentspecific regulators frequently has focused on the X inactivation center (*Xic*) (7), an X-linked region harboring several noncoding regulators for random XCI. *Xist* produces a 17-kb noncoding transcript whose accumulation on the X has been associated with the initiation of both random and imprinted XCI (6, 38, 50). In the preimplantation mouse embryo and in the extraembryonic lineages of the postimplantation embryo, *Xist* is imprinted to be paternally expressed in accordance with preferential XP inactivation (28). The randomization of *Xist* expression following X reactivation in the epiblast lineage results in mosaic  $X^M$  and  $X^P$  inactivation in the embryo proper.

The *Xic* also harbors *Tsix*, the 40-kb noncoding transcript that is complementary to and negatively regulates *Xist* (31). In contrast to *Xist*, *Tsix* is imprinted to be maternally expressed and therefore may be a maternal factor that protects  $X^M$  from silencing in the early embryo and extraembryonic tissues (30, 53). *Tsix* expression also becomes randomized following X reactivation in the epiblast and is expressed exclusively from the future active  $X(Xa)$  in the developing embryo proper. In the eutherian embryo, the importance of *Xist*/*Tsix* in the imprinting of the X has been borne out by genetic analyses: deleting *Xist* from XP causes a loss of XP silencing in the placental lineages (38), whereas deleting *Xist* from  $X^M$  (on which it is normally silent) has no consequence; conversely, deleting  $Tsix$  from  $X<sup>P</sup>$  (on which it is normally silent) has no consequence, whereas deleting  $Tsix$  from  $X^M$  results in ectopic

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 $XCI$  on  $X^M$  in the placental lineages (30, 53). Thus, for both imprinted and random XCI, *Xist* designates the future inactive X (Xi), while *Tsix* designates the future active X (Xa).

Although *Xic* clearly regulates imprinting in eutherians, *XIC* or an equivalent has yet to be identified in marsupials (11, 12, 22, 55). The absence of a marsupial *Xist* suggests that an alternative means of silencing the X must occur in mammals. Since the discovery of meiotic sex chromosome inactivation (MSCI) in the male germ line of both eutherian and marsupial mammals (14, 23, 32, 43, 58), several groups have hypothesized a link between MSCI and the imprinting of  $X<sup>P</sup>$  (10, 24, 26, 35, 39). Recent reports that XY silencing persists into the long postmeiotic period of spermatogenesis (16, 42, 62) support the idea that zygotic  $X<sup>P</sup>$  silencing is built in part on MSCI and its aftereffects in the paternal germ line. Because MSCI is *Xist* independent and *Xist* is not highly expressed during spermatogenesis (40, 61), germ line-driven silencing would provide an alternative imprinting mechanism that would not require an *XIC* in the marsupial and would dosage compensate the marsupial zygote from the time of conception.

The probability of an *XIST*-independent mechanism in the marsupial raises intriguing questions for imprinted XCI in eutherians. Did eutherian XCI evolve completely independently, or do vestiges of a marsupial mechanism still exist in the eutherians of today? Although the placental form of imprinted XCI in the mouse clearly depends on *Xist* (38), the role of *Xist* in the preimplantation embryo currently is unclear. Indeed, embryos deleted for *Xist* on  $X<sup>P</sup>$  are normal in the preimplantation stages and perish only after uterine implantation and the outgrowth of a placenta (38), suggesting that the early mouse embryo does not require *Xist*. There also is debate as to whether mouse  $X<sup>P</sup>$  is inherited from the male germ line in a partially inactive state, further raising the question of whether *Xist* is required to initiate imprinted XCI in the early mouse embryo (25, 45, 46). Here, we investigate the mechanism of  $X^P$ silencing in the earliest stages following the gamete-to-embryo transition. We discover that imprinted  $X<sup>P</sup>$  silencing takes place in two sequential steps, one involving repetitive elements and the other involving coding genes, and implicate repeats in the transmission of parental information to the early embryo.

#### **MATERIALS AND METHODS**

**Mice.** Mice carrying a deletion of *Xist* exons 1 to 6 (38) or an X-linked *GFP* transgene (D4/XE*GFP*) (17) have been described previously. To obtain  $X^M X^{P;GFP,Xist-}$  and  $X^{M;GFP,Xist-} X^P$  mice, we crossed *Xist* knockout mice to D4/XE*GFP* mice and obtained meiotic recombinants carrying the *GFP* transgene on the *Xist*-deficient X.

**Embryo culture.** Embryonic day 3.5 (E3.5) blastocysts were flushed from uteri and cultured overnight to E4.5 in drops of potassium simplex optimized medium under mineral oil (Millipore). After that, they were transferred onto gelatincoated Lab-Tek chamber slides (Nunc) and cultured in Dulbecco's modified essential medium (DMEM) with 10% fetal bovine serum (FBS) (Sigma) until E5.5 or E6.5 to obtain blastocyst outgrowths.

**RNA and DNA FISH.** Cytologic analysis in the preimplantation embryo is exceedingly difficult, because the material is extremely limiting and the embryos have a lot of cytoplasm relative to nuclear volume, which makes probe penetration challenging. To improve the sensitivity of the fluorescent in situ hybridization (FISH) assay, we collected published protocols and systematically varied each parameter to identify conditions that would yield the highest signal-to-noise ratio. Our optimization process led us to conclude that the removal of the cytoplasmic background is the most critical determinant for the success of RNA/ DNA FISH in early embryos. Specifically, the order of fixation versus permeabilization was crucial. When we fixed before permeabilizing (47), the cytoplasmic background always was high. In our optimal protocols, the permeabilization step had to either precede fixation or occur simultaneously. For all FISH experiments described in this study (except those in Fig. 1A and B), permeabilization (using Tergitol detergent) and fixation (using paraformaldehyde) are performed simultaneously. Preimplantation embryos were recovered at appropriate stages in M2 medium and promptly treated with Tyrode solution to remove the zona pellucida. Embryos were incubated in 6 mg/ml bovine serum albumin (BSA) in phosphate-buffered saline (PBS) for several minutes and briefly dried directly on glass slides. The slides then were fixed in ice-cold 1% paraformaldehyde in PBS with 0.05% NP-40 for 5 min and subsequently fixed again in ice-cold 1% paraformaldehyde in PBS for 5 min, and then they were stored in 70% ethanol. Prior to RNA FISH, the slides were dehydrated in a standard ethanol series (70, 80, and 100% ethanol, each for 2 min at room temperature).

For Cot-1, Chic1, and G6pdx RNA FISH shown in Fig. 1A and B, we used wild-type two-cell embryos derived from B6CBAF1 crosses as described previously (47). All other RNA FISH experiments were performed using the embryo derived from crosses between B6D2F1 mice unless otherwise designated. For the RNA FISH analysis of the *Xist* mutant, embryos were derived from crosses between B6D2F1 females and *Xist* mutant males. Analysis of spermatogenesis was carried out as previously described (42).

Cot-1 RNA FISH was performed as described previously (25). Xist RNA FISH was performed using a fluorescein isothiocyanate (FITC)-dUTP-labeled pSx9 probe generated by a nick translation kit (Roche). Cot-1 DNA (Invitrogen) was labeled with Cy3-dUTP (GE Healthcare) using the Prime-It kit (Stratagene). Cot-1 hybridization was performed at 42°C overnight with 100 ng of the Xist probe, 80 ng of Cot-1 probes, and 9  $\mu$ g of herring sperm DNA (Invitrogen) in 20  $\mu$ l of hybridization buffer (50% formamide, 2 $\times$  SSC [1 $\times$  SSC is 0.15 M NaCl plus 0.015 M sodium citrate], 2 mg/ml BSA, 10% dextran sulfate-500K) per slide. Slides were washed two times with  $2 \times$  SSC, 50% formamide at 45°C for 5 min each and two times with  $2 \times$  SSC at 45°C for 5 min each. Nascent RNA FISH was performed as described previously (5). The following bacterial artificial chromosome (BAC) clones were obtained from CHORI to generate probes labeled with FITC-dUTP (Stratagene), Cy3-dUTP (GE Healthcare), or Cy5-dUTP (GE Healthcare) via nick translation (Roche) to detect the following nascent transcripts: *Usp9x*, RP24-306P3; *Utx*, RP23-174N2; *Lamp2*, RP24-173A8; *Hprt1*, RP24-335G16; *Chic1*, CH29-617L21; *Atrx*, RP23-450B21; *Atp7a*, RP24-118E11; *Jarid1c*, RP24-148H21; and *Pdha1*, RP24-374N15. For the *G6pdx* probe, 5.6 kb of genomic DNA of *g6pdx* was cloned into pGEM-T-easy (Promega). The hybridization of the nascent transcript was performed at 37°C overnight with 100 ng of each gene-specific probe with  $10 \mu$ g of herring sperm DNA (Invitrogen),  $10 \mu$ g of yeast tRNA (Invitrogen), 10 μg of Cot-1 DNA (Invitrogen), and 20 mM ribonucleoside vanadyl complex (New England Biolabs) in 20 µl of hybridization buffer (50% formamide,  $2 \times$  SSC, 2 mg/ml BSA, 10% dextran sulfate-500K) per slide. Slides were washed two times with  $2 \times$  SSC, 50% formamide at 37°C for 5 min each and two times with  $2 \times$  SSC at 37°C for 5 min each. Nascent RNA FISH signals were verified to be genuine by overlaying images from second-round DNA FISH performed using the same BAC probes. Coincident DNA FISH signals confirmed that nascent RNA signals were truly from the corresponding genes.

LINE and SINE RNA FISH probes were obtained by the PCR of conserved regions of each repeat class using consensus primers for LINEs and B1 and B2 SINEs (Repbase; http://www.girinst.org/repbase/index.html). B1 and B2 fragments were amplified using the following 5'-end-labeled TYE563 primers (Integrated DNA Technologies): SINE B1 (5'-GTGGCRCAYGCCTTTAAT-3' and 5'-CGAGACAGGGTTTCTCTGTG-3') and B2 (5'-GCTGGWGAGATG GCTCAGYG-3' and 5'-AGCTGTCTTCAGACACACCAGA-3'). PCR products were 150 bp, purified following amplification, and used directly to perform RNA FISH in the presence of a 50-fold excess of herring sperm DNA (Invitrogen). For LINE RNA FISH, two overlapping fragments covering the consensus LINE region  $(4 \text{ kb})$  were amplified using the following primer pairs:  $5'$  primers, ATTACCATAGATGGAGAAACCAAA and TGACCATAGGTGTGTGGG TTC; 3' primers, TTCTTTCCAGCTTCTGGCTATTA and GATTCAATGCA ATCCCCATC. These fragments were combined in equal molar ratios, labeled by nick translation (Roche), and used in RNA FISH with a 50-fold excess of herring sperm DNA (Invitrogen).

For DNA FISH, Sx7 and  $\pi$ XE9 probes were labeled by nick translation (Roche) using FITC-dUTP (Stratagene), Cy3-dUTP (GE Healthcare), or Cy5 dUTP (GE Healthcare). Cy3-labeled X-painting probes were obtained from Cambrio (United Kingdom). For the analysis of specific X-linked repetitive domains, the following BAC clones were labeled by nick translation (Roche) using FITC-dUTP (Stratagene), Cy3-dUTP (GE Healthcare), or Cy5-dUTP (GE Healthcare): BAC79Mb, RP24-120A7; BAC90Mb, RP23-337O18; BAC116Mb, RP24-280J13; BAC124Mb, RP24-387A17; BAC21Mb, RP23-445I18; and



FIG. 1. Repeat silencing of  $X^P$  in the early embryo. (A to C) Two-color RNA FISH reveals the relationship between Xist RNA and Cot-1 expression in three representative XX two-cell embryos, using published protocols (47) (A and B; both nuclei are shown in the right panels) or our newly developed protocols (C). All images are deconvolved single z sections. Blastomeres indicated by asterisks in leftmost panels are magnified. Results for the second blastomere are shown in Fig. S1 in the supplemental material. The intensity of Cot-1 expression is quantified by fluorimetry across the indicated path ( $\prime$  to  $\prime\prime$ ) and plotted in the relative intensity range of 0 to 1. Note that  $X^P$  often resides next to the prenucleolus (N) and coincides with DAPI-intense regions. (D) X chromosome painting of a two-cell blastomere reveals that X<sup>P</sup> and X<sup>M</sup> occupy large nuclear territories. Note that  $X^P$  is associated with the prenucleolus and is relatively lacking in Cot-1 compared to  $X^M$ . The image represents merged z stacks (3D stacks projected onto a single plane) to capture X-chromosomal signals in multiple z sections. (E to H) Cot-1 RNA FISH of later stage XX embryos as indicated, presented as described for panel A to C. For panel G and H, serial z sections are merged (merged z's) to show the degree of Cot-1 expression throughout the nucleus. Following slide denaturation, X paint was performed to reveal the locations of  $X^M$ and  $X^P$ .

BAC44Mb, RP23-311H6. DNA FISH was performed according to reference 66, with minor modifications. Slides were treated with 2 mg/ml RNase A at 37°C for 30 min. After being washed with PBS, slides were treated with 0.2 N HCl, 0.5% Triton X-100 on ice for 10 min and then were denatured in 70% formamide,  $2\times$ SSC at 80°C for 10 min. For the Xic probes, 100 ng of probes was suspended in hybridization buffer with 1.5 µg/µl mouse Cot-1 DNA (Invitrogen), denatured at 80°C for 10 min, and preannealed at 37°C for 10 to 20 min. For X paint analysis, 2 ml of  $5\times$  stock was used. Before hybridization, denatured slides were dehydrated in an ice-cold ethanol series (70, 80, and 100%), probe was applied overnight at 37°C, and the slides were washed two times with  $2 \times$  SSC, 50% formamide at 37°C for 5 min each and two times with  $2 \times$  SSC at 37°C for 5 min each.

**Sequential RNA/DNA FISH.** RNA/DNA FISH was carried out serially. RNA FISH was carried out first, photographs were taken, and x-y coordinates were marked. Prior to DNA FISH, slides were fixed in 4% paraformaldehyde in PBS with  $0.5\%$  Tween 20 and  $0.5\%$  NP-40 for 10 min at room temperature to preserve the morphology of embryonic nuclei and to enhance the penetration of probes. Slides then were subjected to RNase treatment at 2 mg/ml. After being washed with PBS, slides were treated with 0.2 N HCl 0.5%, Triton X-100 on ice for 10 min and then denatured in 70% formamide,  $2 \times$  SSC at 80°C for 10 min, and DNA FISH was performed as described above. Photographs then were taken, and RNA/DNA images of the same *x-y* coordinates were identified using Volocity software (Improvision) prior to being merged in Photoshop (Adobe). Note that the images were captured in each channel as gray-scale images, pseudocolored as red, green, and blue in RGB space, and then merged. To generate figure panels, each image was converted to CMYK mode.

**Immunostaining.** Immunostaining was performed as described previously (47) using dilutions of the following antibodies: RNA polymerase II (Pol-II) (CTD8WG), 1:200; RNA Pol-II (H5), 1:50; and RNA Pol-III (RPC 53 subunit), 1:500.

**Image acquisition and analysis.** For the Cot-1 RNA FISH analysis at the two-cell stage and in the male germ line (Fig. 1A and B; also see Fig. 9 and Fig. S1 in the supplemental material), images were acquired with the Axioplan2 microscope (Zeiss) and Openlab software (Improvision). All other images were acquired with the Eclipse 90i microscope (Nikon) and Volocity software (Improvision). Fifty z sections were taken at  $0.2$ - $\mu$ m intervals for each embryo and analyzed after deconvolution by Volocity software (Improvision). For the scoring of transcriptional activity and the nucleolar association of specific X-linked repeat elements, RNA FISH and DNA FISH were performed in series, and their corresponding images were serially captured using the XY stage function of the Nikon 90i microscope. Approximately 50 z sections were analyzed for each image. To find the corresponding z sections in the RNA and DNA FISH experiments, z sections of 4',6'-diamidino-2-phenylindole (DAPI) images were converted to the black-white images, and the DAPI patterns were compared in all planes. Thereafter, using the DAPI images as guides, the RNA and DNA FISH signals were compared or merged in each z section.

For the line traces in Fig. 1, 2, 7, and 9, we captured the images in each channel as grayscale images in multiple z sections and then deconvolved the images using Volocity software. For quantitation, we chose the z section in which Xist RNA (green channel) is most intense (the center of the Xist focus) and extracted the corresponding z section in the Cot-1 (red) and DAPI (blue) channels. We exported these images from Volocity to Photoshop and adjusted the levels in each channel to increase our dynamic range. Because  $X^M$  and  $X^P$  lie in the same nucleus and their photographs were captured at the same time, level adjustments were performed on  $X^M$  and  $X^P$  together within the context of the same nucleus and quantitated across the same dynamic range (see the ImageJ plot in Fig. S6 in the supplemental material). To generate the line traces, we exported the adjusted images to the NIH's ImageJ software and performed the quantitative analysis along a single transect as shown.

To generate the interactive three-dimensional (3D) movies, we assembled  $\sim$  50  $z$  sections taken at 0.2- $\mu$ m intervals using the 3D opacity mode in Volocity. Volumes of RNA FISH images (Cot-1 and Xist) and DNA FISH images (BAC probes) were aligned using the DAPI stain as a guide, as the DAPI stain is common to both. Accurate DAPI alignments in 3D were made possible by the automated registration correction function in Volocity. The 3D volumes then were exported as QuickTime VR interactive movies and can be viewed using QuickTime player software.

*GFP* images of blastocysts and postimplantation embryos were acquired with the Eclipse TE2000-E microscope (Nikon) and Openlab software (Improvision). To compare *GFP* fluorescence intensities, images of equivalent stages were taken using identical microscope and software settings. Mean pixel intensity for each tissue and genotype was quantified using Volocity. Measurements of intranuclear distances and nuclear dimensions were taken using Volocity.

**RT-PCR.** Allele-specific reverse transcription-PCR (RT-PCR) methods and primer pairs spanning single-nucleotide polymorphisms (SNPs) were described previously (25). Note that *Xnp* equals *Atrx* and *Rlim* equals *Rnf12*.

# **RESULTS**

**Repeat silencing in the preimplantation embryo.** To explore potential mechanisms of imprinted silencing, we first revisited the debate over how much of  $X<sup>P</sup>$  already is inactive at the two-cell stage when the major wave of zygotic gene activation (ZGA) takes place. According to the classical model, XCI first takes place during the implantation period (E3.5 to E5.5) (1, 13, 29). More recent models proposed that XCI takes place earlier, with the *de novo* hypothesis positing that XCI initiates at the four-cell stage (47) and the preinactivation hypothesis postulating that the embryo inherits a partially silent  $X<sup>P</sup>$  from the paternal germ line (25). The timing and extent of silencing have remained unclear, due in large part to the difficulty of carrying out cytological and expression analyses on preimplantation embryos because of their minute size. Here, we developed a more sensitive method of DNA and RNA fluorescence *in situ* hybridization (FISH) that reduces cytoplasmic background while improving signal detection using locus-specific, Cot-1, and chromosome-painting probes (see Materials and Methods). Thereafter, all images were captured, deconvolved using Volocity software (Improvision) to subtract out-of-focus light, and quantitated by fluorescence intensity scanning across the nucleus.

Critical to the analysis of nascent transcription on a global scale is the use of Cot-1 probes (9, 18, 25). The Cot-1 genomic fraction contains highly repetitive, non-coding-expressed elements such as retrotransposons, centromere-associated repeats, and other simple repeats that concentrate in intergenic and intronic regions. Therefore, Cot-1 probes identify domains of new transcription within both genic and intergenic regions. Using either previous methods (47) or our newly developed method of RNA FISH, we observed that 76% ( $n = 41$ ) (Fig. 1A and B; also see Fig. S1 in the supplemental material) or 71% ( $n = 28$ ) (Fig. 1C), respectively, of the Xist RNA domains excluded Cot-1 hybridization at the two-cell stage. At this stage, the size of Xist domains varied from a small RNA cluster (Fig. 1A and B; also see Fig. S1 in the supplemental material) to a large aggregate akin to what normally is seen in somatic cells when Xist starts to spread (Fig. 1C). Fluorimetric analysis revealed that Xist-coated XP domains not only resided in a neighborhood lacking Cot-1 transcription (the line plot shows that Xist peaks coincided with Cot-1 troughs) but they also are generally DAPI intense (the line plot shows that Xist peaks coincided with bright DAPI staining). X chromosome DNA painting showed that both  $X^M$  and  $X^P$  occupied large nuclear territories during the two-cell stage (Fig. 1D and data not shown). It is noteworthy that  $X^P$  generally extended beyond the region of Xist accumulation. In eight out of eight blastomeres tested at the two-cell stage,  $X<sup>P</sup>$  lay within relatively Cot-1-poor regions and is closely associated with the nascent nucleolus (the nascent prenucleolus hereafter is referred to as the nucleolus for the sake of simplicity) (Fig. 1A to D; also see Fig. S1 in the supplemental material). Indeed, the core region of  $X^P$  (as defined by X painting) frequently appeared to surround the nucleolus and lie within the domain of perinucleolar



FIG. 2. Characterization of the Cot-1<sup>-</sup> domain. A single representative blastomere is shown in all panels, and the intensity of immunostaining is quantified by densitometry across the indicated path (' to ") and plotted in the relative intensity range of 0 to 1. (A to C) Immunostaining using<br>antibodies against RNA polymerases II and III as indicated. The frequen 17); Pol-II (H5), 79% (n = 19); Pol-III, 58% (n = 19). (D to F) Expression analysis of the indicated repetitive elements by RNA FISH. Exclusion frequencies were the following: LINE,  $62\%$  (n = 13); B1,  $67\%$  (n = 12); and B2,  $64\%$  (n = 14).

heterochromatin. The nucleolar association is consistent with recent work implicating physical association with the nucleolus as a defining feature of Xi (66). In contrast to  $X^P$ ,  $X^M$  localized in relatively Cot-1-enriched regions and was not obviously associated with the nucleolus (see below for further analysis and quantitation).

During the next few cleavages, the Xist domain progressively enlarged and excluded Cot-1 hybridization in all blastomeres (Fig. 1E to H), indicating that the transcription of repeat elements on XP remained repressed through preimplantation development. From the 2- to 16-cell stages, the Xist<sup>+</sup> domain coincided with a Cot-1<sup>-</sup> compartment, but neither the Xist<sup>+</sup>

domain nor the Cot-1<sup>-</sup> compartment covered all of  $X<sup>P</sup>$ . These data suggested that perhaps not all of  $X<sup>P</sup>$  is silent during the first four cleavage stages. Not until the blastocyst stage did  $X<sup>P</sup>$ , the Xist<sup>+</sup> domain, and the Cot-1<sup> $-$ </sup> compartment show substantial overlap at the cytological level (Fig. 1H). On the other hand,  $X^M$  continued to reside in Cot-1<sup>+</sup> regions throughout preimplantation development (Fig. 1D, G, and B; also see Fig. S2 in the supplemental material), indicating that the  $\text{Cot-1}^$ status is  $X^P$  specific.

To obtain independent testing of  $X<sup>P</sup>$ 's transcription state, we carried out combined immunofluorescence and FISH (immuno-FISH) using antibodies against RNA polymerase II and III (Pol-II and Pol-III, respectively), two polymerases involved in the transcription of repetitive elements. In the two-cell embryo, the patterns of RNA polymerase II staining, using antibodies directed against either the C terminus of Pol-II (CTD) or the active form of Pol-II (H5), were highly similar to that of Cot-1. Indeed, the Xist-coated portion of  $X<sup>P</sup>$  was not only Pol-II<sup>-</sup> but also was surrounded by Pol-II<sup>-</sup> chromatin (Fig. 2A) and B), suggesting that silencing extends beyond the Xist<sup>+</sup> domain. Immuno-FISH for Pol-III, which transcribes some repetitive elements such as B2 SINEs, likewise indicated that the Xist-coated  $X<sup>P</sup>$  was undertranscribed (Fig. 2C). Consistently with Cot-1 quantitation, the fluorimetric analysis of polymerase staining revealed an inverse correlation between the presence of Xist RNA and RNA polymerase (Fig. 2A to C, right).

To identify elements of the Cot-1 fraction that are undertranscribed from  $X<sup>P</sup>$ , we next generated consensus probes against LINEs, B1 SINEs, and B2 SINEs by using PCR primers that amplify the most highly conserved regions of each class of repeats (see Materials and Methods). Repetitive elements such as LINEs are highly enriched on the mouse X and consequently have been posited to play a role in XCI (36). In the two-cell embryo, distributions of each class of repeat RNA were similar to that of Cot-1 RNA (Fig. 2D to F). LINEs, B1s, and B2s generally were excluded from the nucleolus, the perinucleolar regions, and the Xist-coated  $X<sup>P</sup>$ . In addition to showing the inverse correlation between Xist RNA and repeat RNA staining, fluorimetric measurements showed that the Xistcoated  $X<sup>P</sup>$  resided in repeat RNA-poor areas (Fig. 2D to F, right). Taken together, these data support the idea that a portion of  $X<sup>P</sup>$ , at least the repeat-rich regions, is transcriptionally suppressed at the two-cell stage (25). They contrast with some earlier studies that found no evidence of Cot-1 or Pol-II exclusion from  $X<sup>P</sup>$  at the two-cell stage (45–48), most likely due to methodological differences (see Discussion).

**Repeat silencing precedes coding gene repression in the early embryo.** To determine whether the transcription state of genic elements mirrored that of repeat elements, we next examined  $X<sup>P</sup>$  on a gene-by-gene basis using our optimized RNA/ DNA FISH protocol. With BAC probes corresponding to nine X-linked genes, we queried nascent transcription from  $X^M$  and  $X<sup>P</sup>$  during the two-cell to blastocyst stages. In each case, simultaneous hybridization to Xist probes enabled us to determine the embryo sex (Xist  $RNA^{\hat{+}}$  equals female) and allelic origin of gene expression (Xist RNA indicates XP). Because genic loci could in principle be far from the *Xic* (and the Xist RNA signals), we confirmed that nascent RNA signals were specific by subsequently carrying out DNA FISH using a BAC probe labeled with a differently colored fluorophore. Such analysis demonstrated that nascent RNA signals indeed originated from the corresponding X-linked locus (a representative example is shown in Fig. 3A).

At the two- and four-cell stages, biallelic expression was observed in almost all blastomeres of XX embryos, while monoallelic expression was detected in XY embryos (Fig. 3B to F; also see Fig. S3 in the supplemental material), which is consistent with previous observations made for some X-linked genes (45–48). In our hands, however, evidence of genic silencing on  $X^P$  (which was distinctly different from that of  $X^M$  in male embryos) did not appear until the 8- to 16-cell stage (morula) in a fraction of blastomeres (Fig. 3G and H), and not until the blastocyst stage did dosage compensation occur to any significant extent (Fig. 3I and J). Among the eight genes tested, only one (*Utx*) escaped silencing (Fig. 3I and J). *Xic*-proximal genes, such as *Atrx* and *Atp7a*, were silenced earlier than *Xic*distal genes (Fig. 3H and J), which is consistent with a positiondependent order of silencing as shown by a previous study using allele-specific RT-PCR (25). This correlation suggests that Xist RNA is required in establishing genic silencing. In sum, these data argue that genic inactivation initiates in the morula stage and is not complete until the blastocyst stage or later (several divisions after the formation of an Xist<sup>+</sup> Cot-1<sup>-</sup> silent compartment). This finding places the timing of genic silencing at a later stage than that proposed by contemporary models, which suggested either preinactivation (25) or inactivation initiating at the four-cell stage and being completed by the morula stage (46, 47). This finding, together with a more recent analysis of genic expression (48), is more consistent with the classical model, which proposed inactivation during the peri-implantation stage (E3.5 to E5.5) (1, 13, 29).

**XP genes translocate into the repeat compartment during silencing.** We next performed two-color RNA FISH to examine the spatial and temporal aspects of genic silencing relative to the formation of the  $Xist^+$  Cot-1<sup>-</sup> compartment by measuring the distance between the  $Xist^+$  Cot-1<sup>-</sup> compartment and the nascent genic transcripts during genic silencing. We specifically examined the morula, where skewed allelic signals not only signified the onset of genic silencing but also enabled us to track both alleles simultaneously. Interestingly, while active  $X^P$  genes tend to reside outside of the  $Xist^+$  Cot-1<sup>-</sup> compartment (Fig. 4A), genes undergoing inactivation generally moved into or resided at the edge of the compartment (Fig. 4B). On the other hand, the *Utx* gene, the only one of the eight genes tested to escape imprinted XCI, continued to reside well outside of the  $Xist^+$  Cot-1<sup>-</sup> compartment (Fig. 4A and C), suggesting that translocation is specific to genes subject to inactivation. Thus, the process of silencing significantly correlated with the translocation of the corresponding genes into the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment (Fig. 4C), suggesting an overall contraction of  $X<sup>P</sup>$  during genic silencing. Indeed, our analysis showed that  $X^M$  and  $X^P$  were similar in size from the two-cell stage (Fig. 1D) to the 8-cell stage (Fig. 4D and data not shown). By the morula and blastocyst stages, however,  $X^P$ occupied significantly less volume than  $X^M$  (Fig. 4D).

Taken together, these data argued that imprinted XCI is a multistep process that recruits repeat and genic elements at different developmental stages (Fig. 4E). Prior to coding gene silencing, repeat elements of  $X<sup>P</sup>$  are silenced in a process



FIG. 3. Genic expression of  $X^P$  and  $X^M$  in the early embryo. (A) RNA/DNA FISH to confirm the specificity of RNA FISH signals. To ensure that nascent RNA signals originated from the corresponding genes, images were captured, cell coordinates marked, and slides denatured for subsequent DNA FISH using the same BAC probe (labeled with a different fluorophore). Note that RNA and DNA signals were perfectly coincident, confirming the specificity of RNA FISH. A representative experiment is shown. (B, D, G, and I) Nascent RNA FISH of indicated genes combined with Xist RNA FISH. Representative nuclei are shown. For all images, z sections were taken through the nucleus and merged into one plane to view all signals. (C, F, H, and J) Summary of all RNA FISH data from female (F) and male (M) embryos of the indicated stage. *n*, number of nuclei examined; the number of embryos analyzed is in parentheses. (E) Example of skewed expression in which the XP RNA shows fewer nascent transcripts at the four-cell stage.



FIG. 4. Translocation of genic loci into the silent repeat compartment during silencing. (A) Active  $X^P$  genes reside outside of the Xist<sup>+</sup> Cot-1<sup>-</sup> repeat compartment before silencing. Three representative blastomeres from morulae are shown expressing three X-linked genes. Arrows indicate linear distances between the gene and the outer edge of the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment. (B) During the process of silencing (deduced by diminished  $X^P$  expression), genes are translocated into the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment in the morula. The boxed region is magnified in the right panel. Arrows indicate linear distances between the gene and the outer edge of the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment. (C) Summary of linear distances between the gene and the silent compartment during silencing. The normalized distance is the linear distance from the center of the nascent RNA signal to the edge of the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment, each normalized to the nuclear diameter. Negative distances imply genic movement into the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment, whereas a zero distance implies localization at the edge of the Xist<sup>+</sup> Cot-1<sup>-</sup> compartment. *P* values were calculated using an unpaired t test. (D)  $X^P$  territory contracts over time.  $X^P$  and  $X^M$  territories were measured by Volocity software (Improvision) and normalized to total nuclear volume to yield the chromosome condensation index. *P* values were calculated using an unpaired *t* test. (E) Pictorial representation of genic localization into the preformed Xist<sup>+</sup> Cot-1<sup>-</sup> compartment during silencing. The silent compartment is present by the two-cell stage, and it enlarges as genic loci are translocated into it as they are gradually inactivated, beginning at the morula stage. X<sup>P</sup> silencing is not complete until the blastocyst stage or later.

already evident by the two-cell stage. The silent region enlarges during preimplantation development as coding genes are recruited into this  $\text{Cot-1}^-$  compartment during genic inactivation. Genic silencing does not reach its fullest extent until the blastocyst stage or later.

**Xist is required for the initiation of genic silencing in the preimplantation embryo.** While *Xist* clearly is required for XP silencing in the placenta of the postimplantation embryo, the fact that its deletion has no consequence for preimplantation development has left open its involvement in the early mouse embryo (38). Using RNA FISH to examine nascent transcription from eight X-linked genes, we observed that genic silencing in the morula and blastocyst was abolished when *Xist* is deleted on  $X^P$  (Fig. 5A to H; also see Fig. S4 in the supplemental material). Nearly all blastomeres showed biallelic expression in XX embryos, whereas control male embryos showed monoallelic expression, as expected. In two- to fourcell embryos where genic silencing does not normally take place (Fig. 3; also see Fig. S3 in the supplemental material), the pattern of expression in XX<sup>Xist-</sup> mutants was biallelic. Allele-specific RT-PCR confirmed these results using SNPs present in C57BL/6 and *Mus castaneus* mice for these X-linked genes (Fig. 5I). While wild-type embryos showed preferential  $X<sup>P</sup>$  silencing at the morula stage as previously reported (25), mutant embryos showed nearly equal biallelic expression. We conclude that *Xist* is required for the initiation of genic silencing in the preimplantation embryo.

We further studied the role of *Xist* during genic silencing by the analysis of embryos carrying an X-linked *GFP* transgene  $(X^M X^{P;GFP})$  (17). In E3.5 and E4.5 embryos,  $X^M X^{P;GFP}$  embryos showed indistinguishable green fluorescent protein (GFP) expression at the protein level compared to that of embryos for which *Xist* is deleted in *cis* ( $X^M \hat{X}^{P; GFP; Xist}$ ) (Fig. 6A to D and I), suggesting either the inefficient silencing of the *GFP* transgene in the blastocyst or the produrance of the *GFP* synthesized during earlier stages. However, in cultured E6.5 blastocyst outgrowths, we observed brighter *GFP* signals in the extraembryonic lineages of  $X^M X^{P;GFP;Xist}$  embryos compared to that of XMXP;*GFP* embryos (Fig. 6G to I), confirming the requirement of the *Xist* gene at the onset of genic  $X<sup>P</sup>$  silencing. Furthermore, in cultured E5.5 to E6.5 blastocyst outgrowths and in E6.5 postimplantation embryos, mosaic GFP expression could be seen in the embryonic ectoderm regardless of whether the transgene is on  $X^P$  or  $X^M$ , which is consistent with random XCI in the embryo proper (Fig. 6E to K). When *Xist* is deleted on X<sup>P</sup> , higher-intensity GFP signals could be observed from the embryo proper, indicating the failure to inactivate  $X<sup>P</sup>$  as expected (38). Interestingly, the increase in GFP fluorescence in *Xist* mutants is substantially greater than the expected 2-fold increase (Fig. 6J and L). Although the reasons for this effect are not known, this result was quite reproducible. During the course of analysis, we also discovered that the *GFP* transgene was poorly expressed in the extraembryonic lineages on E6.5 (Fig. 6J to O), regardless of whether it is maternally or paternally inherited. Thus, the transgene is not a good marker to examine imprinted XCI in the *Xist*-deficient mutant during the early stages of postimplantation development.

**Repeat silencing initiates without** *Xist* **and is associated with the nucleolus.** We next asked if *Xist* is required for the formation of the silent  $\text{Cot-1}^-$  compartment at the two-cell stage.

We carried out Cot-1 hybridization on undenatured slides and then followed with slide denaturation and DNA FISH to examine the expression state of X-linked repeat elements when *Xist* is deleted on XP . Because Xist RNA no longer could be used to distinguish  $X^M$  and  $X^P$ , we used a combination of two DNA probes,  $\pi$ XE9 (which is deleted on the mutant chromosome) and Sx7 (which is present on both X chromosomes), to identify XP . Intriguingly, deleting *Xist* on XP did not appreciably change its  $\text{Cot-1}^-$  status in two-cell embryos, at least in the region around the *Xic* (Fig. 7A and B). As is the case in wild-type embryos, fluorimetric analysis showed that the *Xic* and surrounding regions of  $X^M$  in mutant preimplantation embryos tend to reside in Cot-1<sup>+</sup> regions, while those of  $X^P$ resided in a Cot-1<sup>-</sup> neighborhood in the nucleolar region or surrounding perinucleolar heterochromation (Fig. 7A to D). RNA FISH using LINE and SINE probes demonstrated that perinucleolar localization is perfectly correlated with repeat element silencing on XP (Fig. 7D). Thus, *Xist* is not required for the repeat silencing of  $X<sup>P</sup>$  that already is present at the two-cell stage.

We observed that deleting is *Xist* did not change the predisposition of  $X<sup>P</sup>$  toward the heterochromatic perinucleolar region (Fig. 1 and 7D). Cot-1 RNA FISH together with DAPI staining showed that the region around the nucleolus was almost always  $\text{Cot-1}^-$  and DAPI intense (Fig. 7C). The  $X^P$  in both wild-type and  $X^M X^{P;Xist}$  embryos showed enrichment in this perinucleolar region, with the  $Xic$  of  $X<sup>P</sup>$  making direct contact with the nucleolar edge (Fig. 1). In the wild-type embryo, 71.4% of two-cell blastomeres showed  $X^P$ -nucleolus contact ( $n = 28$ ). Likewise in the *Xist* mutant, 70% of two-cell blastomeres showed  $X^P$ -nucleolus contact (n = 20). Analysis using LINE and SINE probes yielded similar results (Fig. 7D). In contrast, the *Xic* of  $X^M$  showed a relatively low frequency of association in both wild-type and mutant embryos. We conclude that the perinucleolar localization of  $X^P$  in the early preimplantation embryo also does not depend on *Xist*. In light of Xi's association with the perinucleolar compartment during random XCI (66), these results raised the possibility that repeat silencing during imprinted XCI depends less on *Xist* and more on other epigenetic mechanisms, such as nuclear compartmentalization.

To investigate further, we asked to what extent repeat silencing along XP was unaffected by the *Xist* deletion. Heretofore, our analyses examined only the portion of  $X<sup>P</sup>$  coated by Xist RNA, which remains small at the two-cell stage. To examine the behavior of X-linked regions outside of the Xist domain, we carried out serial RNA-DNA FISH. Because both XP and XM occupy large nuclear territories at the two-cell stage (Fig. 1D), X-painting probes could not provide the desired spatial resolution. Therefore, we carried out Cot-1/Xist RNA FISH in combination with DNA FISH using BAC probes against specific repeat regions along  $X^P$  (Fig. 8). When examining regions close to the *Xic* in wild-type embryos,  $X^M$  versus  $X<sup>P</sup>$  alleles could easily be distinguished by proximity to Xist RNA. We first tested four *Xic*-proximal BACs that are highly enriched for repetitive elements and do not contain any known coding genes (Fig. 8A). Consistently with repeat silencing, all four X-linked regions of  $X<sup>P</sup>$  localized to the heterochromatic ring around the nucleolus within a  $\text{Cot-1}^-$  hole, whereas the



FIG. 5. Genic silencing depends on *Xist*. (A to D) Biallelic expression of indicated genes in *Xist*-deficient preimplantation embryos of different stages. Shown are merged z sections taken through the nucleus to capture signals in all focal planes. (E to H) Summary of genic expression in *Xist* mutant female (F) and male (M) embryos of the indicated stage. n, number of nuclei examined; the number of embryos analyzed is in parentheses. (I) Allele-specific RT-PCR of seven X-linked genes in wild-type (WT) and *Xist* mutant morulae produced by the indicated crosses. Mus, *M. musculus*; Cas, *M. castaneus*; M, maternal; P, paternal; PBS, negative control derived from the wash fluid after embryos are isolated to rule out contamination.

corresponding alleles of  $X^M$  were relatively Cot-1 enriched (Fig. 8B and D).

To visualize relative spatial relationships between the alleles of  $X^M$  and  $X^P$ , we compiled an interactive 3D movie from  $\sim$  50

 $z$  sections taken at 0.2- $\mu$ m intervals for the nucleus shown in Fig. 8B (see Fig. S5A, B, and C in the supplemental material). From this depiction, it is clear that (i) Xist RNA does not merely form a small pinpoint but partially spreads around the



FIG. 6. Analysis of imprinted XCI using an X-linked *GFP* transgene. (A to D) Blastocysts isolated at E3.5 (A and B) or cultured for one additional day to E4.5. (C and D) The embryos carry a paternally transmitted X-linked *GFP* transgene on either a wild-type X (A and C) or *Xist*-deficient X (B and D). GFP expression is evident even when *GFP* is carried on a wild-type X<sup>P</sup> , consistently with a later onset of genic X<sup>P</sup> silencing than that expected and consistently with the produrance of GFP. Bright-field (left) and GFP fluorescence (right) images are shown for<br>each embryo. (C) Male embryos without X<sup>P</sup> are nontrangenic for X-linked *GFP* toderm. (E to H) Embryo outgrowths attached as blastocysts and cultured for 2 to 3 days until E5.5 (E and F) or E6.5 (G and H). Each embryo carries the paternally transmitted X-linked *GFP* transgene on a wild-type X (E and G) or *Xist*-deficient X (F and H). epi, epibast; ExE, extraembryonic ectoderm. (I) Quantitative assessment of X-linked GFP fluorescence for the stages shown in panels A to H. The mean fluorescence intensity was measured for each stage in the embryonic parts (ICM or epi) and in the extraembryonic parts (TE or ExE) as depicted in panels A and E. While no significant GFP signal differences can be quantified in E3.5 and E4.5 blastocysts, later on wild-type embryos show lower GFP signals than *Xist*-deficient embryos, which is consistent with the onset of genic X<sup>P</sup> silencing. Fluorescence differences between wild-type and *Xist* mutant embryos are statistically significant at E6.5 according to the nonpaired *t* test (epi,  $P = 0.0015$ ; ExE,  $P = 0.0314$ ). Error bars indicate standard errors of the means. ( $J \text{ to } O$ ) E6.5 embryos of the indicated genotypes as dissected from maternal deciduas (K to O) and the quantitation of the GFP signals depicted in panel L (J). *GFP* is almost silent in ExE regardless of whether it is carried on a wild-type or *Xist* mutant X chromosome and whether it is paternally or maternally transmitted, despite the fact that there is no imprinted inactivation of the maternal X in female (J, M, and N) or male (J and O) embryos. Therefore, the *GFP* transgene cannot be used as a reliable marker to analyze imprinted XCI. het, the mother is heterozygous for X-*GFP*; hom, the mother is homozygous for X-*GFP*.

presumptive prenucleolus, (ii)  $X<sup>P</sup>$  signals from the nongenic BACs closely follow the contours of the presumptive prenucleolus, and (iii) the  $X^P$  signals are unmistakably in Cot-1<sup>-1</sup> space (but are in DAPI<sup>+</sup> regions), whereas  $X^M$  signals are in a relatively Cot-1-enriched domain. During the quantitative analysis of signal intensities, all  $X^M$  and  $X^{\bar{P}}$  signals were evaluated across the same dynamic range, as indicated by ImageJ analysis (see Fig. S6 in the supplemental material).

When *Xist* was deleted from  $X^P$ , all four regions remained associated with the perinucleolar heterochromatin in the Cot-1<sup>-</sup> compartment, and the homologous regions on  $X^M$ continued to associate with  $\text{Cot-1}^+$  regions (Fig. 8C and D).



FIG. 7. Repeat silencing in the early preimplantation embryo does not require *Xist*. Cot-1 and Xist RNA FISH with subsequent DNA FISH using the Xic probe, Sx7, in the wild-type two-cell embryo (A), and Cot-1 RNA FISH with subsequent DNA FISH in the *Xist* mutant two-cell embryo using a combination of Sx7 and  $\pi$ XE9 probes to distinguish X<sup>M</sup> (wild-type) from X<sup>P</sup> (*Xist* deficient) (B). (C) Pictorial representation of the DAPI staining pattern and corresponding Cot-1 RNA FISH pattern at the two-cell stage. Because the nucleolus and perinucleolar heterochromatin are devoid of Cot-1 signal, the Cot-1 hole is always larger than the DAPI hole left by the nucleolus itself. When the DNA FISH signal in question localizes to the perinucleolar Cot-1 hole, the signal is scored as nucleolar association inactive. On the other hand, when the signal localizes in Cot-1<sup>+</sup> regions, it is scored as no association active. (D) *Xic* nucleolar association of X<sup>P</sup> versus X<sup>M</sup>. Cot-1, LINE, B1, and B2 RNA FISH were performed on wild-type and *Xist*-deficient two-cell embryos in combination with an Xic probe (Sx7). DNA FISH was conducted subsequently to compare the frequency with which  $X^P$  and  $X^M$  come in direct contact with the nucleolus. The combination of Sx7 and  $\pi XE9$  probes was used to distinguish X<sup>M</sup> (wild-type) from X<sup>P</sup> (*Xist* deficient). When the Sx7 signal was directly adjacent to the nucleolus or located in the perinucleolar heterochromatic ring, the chromosome was judged to be nucleolus associated and Cot-1<sup>-</sup>. For the two-cell embryo, there was 100% correlation between nucleolus-associated and Cot-1<sup>-</sup>, LINE<sup>-</sup>, and SINE B2<sup>-</sup> states of X<sup>P</sup>; there was a 95% correlation between the nucleolusassociated and the SINE B1<sup>-</sup> state. In contrast, chromosomes that were not nucleolus associated were Cot-1<sup>+</sup>. P values were calculated using the student *t* test. WT, wild-type. *Xist*-,  $X^M X^{P;Xist}$ .



FIG. 8. Repetitive elements outside of the Xist RNA domain on XP also are silenced in an *Xist*-independent manner (A) Locations of repeat-rich X-linked BAC sequences examined in panels B and C. Each region is located outside of the Xist RNA-coated domain of  $X<sup>P</sup>$  in the two-cell embryo. (B and C) Cot-1 and Xist RNA FISH with subsequent DNA FISH of repetitive elements outside of the Xist RNA-coated domain<br>in the wild-type two-cell embryo (B) or the X<sup>M</sup>X<sup>P</sup><sup>Xist</sub>- two-cell embryo (C). One </sup> signals, possibly reflecting sister chromatids of a cell in the  $G_2$  stage of the cell cycle and/or the longer probe lengths of some BACs (200 to 300 kb), which would yield a linear track of signals. (D) Quantitation of nucleolar association and repeat silencing for the experiments shown in panel B and C. Cot-1 RNA FISH was performed on wild-type and *Xist*-deficient embryos as described for Fig. 7D. *P* values were calculated using the  $\chi^2$  test. (E) Locations of repeat-rich X-linked BAC probes for the analysis shown in panels F and G. (F) Cot-1 and Xist RNA FISH with subsequent DNA FISH in the wild-type two-cell embryo with a paternally transmitted GFP transgene. One z section is shown. (G) Quantitation of nucleolar association and repeat silencing for the experiments shown in panel F. *P* values were calculated using the unpaired student *t* test.

We next examined two X-linked regions farther from the *Xic*, using the X-linked *GFP* transgene as a marker for  $X^P$  (Fig. 8E). These distal regions also showed a similar tendency toward nucleolar association and silencing (Fig. 8F and G). Interestingly, the *GFP* transgene, which is presumptively expressed on  $X^P$  at the two-cell stage, localized to a Cot-1<sup>+</sup> (active) region, further supporting the dichotomy between genic and nongenic compartments on  $X<sup>P</sup>$ . It also is noteworthy that nongenic regions occasionally could be observed within the nucleolus rather than around it (Fig. 8B and F), which is consistent with X-painting results that which showed that the  $X<sup>P</sup>$  territory often partially overlaps the nucleolus in the twocell embryo (Fig. 1D) (note that the DAPI staining of regions that protrude into the nucleolus would not be easily detectable due to the low concentration of DNA in the nucleolus relative to that of the extranucleolar regions). Taken together, these data show that repeat elements on  $X<sup>P</sup>$  within domains not coated by Xist RNA also are silenced at the two-cell stage, and this form of silencing occurs independently of Xist RNA.

To determine whether the *Xist*-independent repeat-silencing mechanism persists through preimplantation development, we examined 4- and 8-cell mutant embryos. The quantitative analysis of RNA/DNA FISH experiments showed that an *Xist* deficiency on  $X^P$  also had no effect on its localization in a Cot-1<sup>-</sup> perinucleolar region relative to that of  $X^M$  (Fig. 9A to C). Interestingly, the preferential perinucleolar localization of  $X<sup>P</sup>$ was lost at the 8-cell stage for both wild-type and mutant embryos. However, whereas the wild-type  $X<sup>P</sup>$  maintained the Cot-1<sup>-</sup> status, the  $X^P$  lacking *Xist* became Cot-1<sup>+</sup>. This outcome indicated that repeat silencing in later preimplantation embryos could not be maintained without *Xist*. Furthermore, X chromosome painting revealed that  $X^P$  in  $X^M X^{P;Xist}$  embryos could not adopt the compact configuration that was observed in wild-type embryos (compare Fig. 9E to Fig. 1H and 4D). Thus, the silencing of XP initially is repeat based and *Xist* independent, but it becomes *Xist* dependent at the 8-cell stage. These data further support the idea that imprinted XCI in the early mouse embryo is a two-step process and raise the hypothesis that imprinting information is carried by repeats from the paternal germ line, with the perinucleolar region playing a crucial role in maintaining the imprint specifically on  $X^P$  (Fig. 9F).

*Xist* **is not required for postmeiotic silencing in the male germ line.** Given that MSCI (40, 61) and repeat  $X<sup>P</sup>$  silencing in the early embryo are *Xist* independent, we were especially curious to learn if sex chromosome silencing in the transitional period (spermiogenesis) also is *Xist* independent. In comparing the postmeiotic sex chromatin (PMSC) of wild-type and *Xist*deficient spermatids, we observed no obvious differences between them when analyzing Cot-1 expression and epigenetic markers associated with PMSC (Fig. 10A to H). In the mutant germ line, the postmeiotic X (and Y) strongly stained with DAPI, localized next to the chromocenter, and excluded Cot-1 hybridization, as previously described for the wild-type germ line (16, 42, 62). Thus, repeat silencing in the postmeiotic period also does not depend on *Xist*. Furthermore, heterochromatic modifications, such as  $HP1\beta$  and methylation at lysine 9 of histone H3 (H3-2meK9), on the PMSC were intact in *Xist* mutant spermatids. We conclude that sex chromosome silencing throughout spermatogenesis is *Xist* independent. Therefore, during the gamete-to-embryo transition, *Xist* is

not required for X chromosome repression until late in preimplantation development.

# **DISCUSSION**

**Could transgenerational information be carried by repeat elements of X<sup>P</sup> ?** Our study shows that, during the transition from gamete to embryo in the mouse species, imprinted XCI occurs in two genetically separable steps, with repeat silencing preceding genic inactivation (Fig. 10I). The repeat elements of  $X^P$  form a Cot-1<sup>-</sup>/Pol-II<sup>-</sup>/Pol-III<sup>-</sup> silent compartment next to the nucleolus by the two-cell stage. Although Xist RNA localizes within it, the initial formation of the silent compartment does not actually require *Xist*. Genic silencing does not follow until several divisions later, occurring predominantly in the morula-blastocyst stages. In contrast to the initiation of repeat silencing, the initiation of genic repression strictly depends on *Xist*. Thus, imprinted XCI in the early embryo is biphasic, divisible not only on the basis of genic content but also by the relationship to *Xist*. In the mouse, maternal and paternal pronuclei do not fuse in the 1-cell embryo and come together only during the first mitotic division to form the two-cell embryo. At this stage,  $X^P$  already can be distinguished from  $X^M$ , not only by  $X^{P}$ 's association with Cot-1<sup>-</sup>/Pol-II<sup>-</sup>/III<sup>-</sup> regions but also by its preferential localization to the perinucleolar compartment. Interestingly, a class of repeat elements (LINEs) has been suggested to play a crucial role in another context: the spreading of silencing during random XCI (36). Therefore, one possible contribution of repeat silencing during imprinted XCI is to facilitate the spreading of Xist RNA and genic silencing. Consistently with this idea, we observed that Xist RNA spreading takes place around the nucleolus (see Fig. S1 in the supplemental material and data not shown). The nucleolus (more accurately, the nascent prenucleolus) might help scaffold repeat- and Xist RNA-mediated silencing.

These observations suggest one of two scenarios. First,  $X<sup>P</sup>$ repetitive elements may become silenced at the two-cell stage. In this scenario, XP silencing occurs *de novo* in the early embryo and takes place in two consecutive waves, involving repetitive elements before affecting coding genes. An alternative scenario is that the repeats arrive in the zygote in a preinactivated condition. In this model, transgenerational instruction (the imprint) may be carried by repeat elements of  $X<sup>P</sup>$  from the paternal germ line (Fig. 10I). Several observations lead us to favor the latter scenario. For example, the exclusion of repeat RNA hybridization is evident from the pachytene stage of meiosis I (MSCI) through the postmeiotic period and into mature sperm (16, 42, 62), and *Xist* is dispensable for both postmeiotic germ line silencing and the zygotic silencing of repeat sequences (Fig. 10). Thus, the heterochromatic state acquired during MSCI might more than predispose  $X<sup>P</sup>$  for XCI in the embryo, possibly indicating a mechanistic continuity of repeat-based XCI from gamete to embryo. In this context, it is interesting that recent studies link MSCI with the meiotic silencing of unpaired chromatin/DNA (MSUC/MSUD), a mechanism originating in lower eukaryotes to protect the genome from the proliferation of foreign DNA, such as transposons and retroviruses (4, 56, 63). It is known that repeat elements (such as LINEs) are especially enriched on the X compared to that on autosomes (36). We therefore speculate that chromatin marks



FIG. 9. Perinucleolar association present in two- and four-cell embryos is lost during the 8-cell stage. (A) Cot-1 and Xist RNA FISH with subsequent DNA FISH using the Xic probe, Sx7, in the wild-type four-cell embryo. (B) Cot-1 RNA FISH with subsequent DNA FISH in the *Xist* mutant four-cell embryo using a combination of Sx7 and  $\pi X\hat{E}^0$  probes to distinguish  $X^M$  (wild-type) from  $X^P$  (*Xist* deficient). For panels A and B, two z sections (top and bottom) are shown for each blastomere to capture the  $X^M$  and  $X^P$  planes. (C) *Xic* nucleolar association of  $X^P$  versus that of X<sup>M</sup> in 4- and 8-cell embryos. Cot-1 RNA FISH was performed on wild-type and *Xist*-deficient embryos as described for Fig. 7C with the following exception: for 4- and 8-cell embryos, nucleolar association correlated with a Cot-1<sup>-</sup> state of  $X<sup>P</sup>$  in 100% of blastomeres; however, for the wild-type embryos, a lack of nucleolar association was correlated with silencing in a fraction of blastomeres. P values were calculated using the unpaired student t test. WT, wild-type.  $Xist -$ ,  $X^M X^{P,Xist}$ . (D) X chrom territories (circled) at this stage. (E) Cot-1 RNA FISH and subsequent X chromosome painting show no compaction of XP in the *Xist* mutant embryo at the blastocyst stage. (F) Pictorial representation of the deduced  $X^P$  and  $X^M$  structures in the early embryo. Repeat elements of  $X^P$  lie in the silent perinucleolar compartment, while  $X^M$  and active genic loci of  $X^P$  reside in Cot-1<sup>+</sup> regions.



FIG. 10. Postmeiotic silencing also does not require *Xist*. (A and B) Cot-1 RNA FISH and the chromosome-specific painting of X and Y in the round spermatids of wild-type mice. Arrow, PMSC. Single z sections are shown for all panels. (C and D) Immunofluorescence for HP1 $\beta$  (C) and H3-2meK9 (D) in wild-type round spermatids. (E and F) Cot-1 RNA FISH and chromosome-specific painting of X and Y in the round spermatids of *Xist*-deficient mice. (G and H) Immunofluorescence for HP1 (G) and H3-2meK9 (H) in mutant round spermatids. (I) A working hypothesis for the developmental history of the X chromosome from gamete to embryo.

placed specifically onto such repeats in the male germ line, perhaps during MSCI, could comprise the imprint and be responsible for the first of two steps in the inactivation of  $X<sup>P</sup>$  in the early embryo. As DNA methylation has been shown to play a lesser role in imprinted XCI (52), we suggest a chromatinbased mechanism dependent on inherited nucleosomes and their associated factors. Interestingly, a recent study indicates that sperm chromatin profiles correlate with embryonic developmental programs (19). A second imprint, placed independently on *Xist*, would be responsible for the second phase of imprinted XCI.

Relevant to this hypothesis, another study has proposed that

autosomal *Xist* transgenes can recapitulate imprinted XCI when inherited through the paternal germ line, apparently without going through MSCI (45). This outcome has been interpreted as evidence that  $X<sup>P</sup>$  silencing in the mouse is strictly *Xist* dependent and unrelated to meiotic silencing. However, the data have not addressed the efficiency and stability of autosomal silencing in the transgenic mice. Indeed, the transgenic animals are viable and have no overt phenotype (20). Furthermore, a *lacZ* reporter gene could not be silenced in *cis* in transgenic pre- or postimplantation embryos (20). These data therefore exclude the possibility that the transgenebearing autosome is stably silenced. We suggest that the published data and our current analysis together support the idea of two synergistic mechanisms for imprinted XCI, a repeatbased silencing mechanism (potentially originating in the paternal germ line via MSCI) and a gene-based mechanism dependent on zygotic *Xist* expression (established without MSCI) later during preimplantation development.

Our data imply that imprinted XCI is biparentally controlled. The existence of a strong maternally expressed factor in the oocyte is well accepted (15, 28, 59). So robust is this maternal factor that embryos cannot inactivate  $X^M$  even in the presence of multiple  $X^M$  chromosomes. One study has proposed the maternally expressed *Tsix* gene as a candidate for the maternal factor (30). Under debate is whether there also exists a paternal regulator or if  $X<sup>P</sup>$  inactivation is a default consequence of  $X^M$ 's resistance to inactivation. In light of our present findings, we argue that the male germ line (through MSCI/PMSC) actively participates in imprinted XCI by contributing a preformed inactive  $X<sup>P</sup>$  compartment (repeat based in nature) to the zygote.

Our data show that a repeat-rich silent compartment recruits specific genes into it during the process of genic silencing. The notion of a preinactivated repeat region argues that imprinted XCI bears some mechanistic resemblance to random XCI (8, 9). The Xi nuclear territory has been shown to be organized into a gene-rich outer rim and a gene-poor inner core enriched for repetitive elements of the Cot-1 fraction (8, 9). One study suggests that the silencing of the Cot-1 fraction does not require *Xist*'s repeat A motif in mouse embryonic stem (ES) cells (8), an element crucial for random XCI in mice (21, 65, 67). Taken together, these findings indicate that genic elements on both the  $X^P$  of the early embryo and the future  $Xi$  of embryonic stem cells are translocated into the  $\text{Cot-1}^-$  silent compartment upon repression. For both imprinted  $X<sup>P</sup>$  and somatic Xi silencing, *Xist* is absolutely required for the translocation and silencing of genic loci. Therefore, although imprinted and random XCI differ significantly in the control of their initiation, the former being parentally controlled and the latter being zygotically controlled by a counting mechanism, some aspects of the inactivation processes themselves apparently are conserved.

In the zygote, the nucleolus may play a key role in establishing and maintaining the epigenetic asymmetry of  $X^P$  and  $X^M$ . Initially, only the repeat elements of  $X<sup>P</sup>$  associate with the  $\text{Cot-1}^{-}/\text{Pol-III}^{-}/\text{Pol-III}^{-}$  ring around the nucleolus. Recent studies showed that nucleoli may play a general role in epigenetic regulation. Intriguingly, although the nucleolus itself is inherited from the mother (44), pericentromic heterochromatin in the sperm is continuously decorated with PRC1 after fertilization in the perinucleolar region during preimplantation development (51), suggesting that the nucleolus continuously retains heterochromatic memory from the male germ line to the zygote. In random XCI, the perinucleolar compartment is thought to play a key role in maintaining the heterochromatic state of Xi (66). Taken together, these observations raise the possibility that the perinucleolar region is critical not only for somatic silencing but also for parent-of-origin effects in the early embryo. One crucial difference that distinguishes somatic Xi from imprinted  $X<sup>P</sup>$  is the role of *Xist* in perinucleolar targeting. The fact that XP targeting occurs independently of *Xist* further suggests that although imprinted and random XCI

share some aspects of the inactivation processes, they significantly diverge in how silencing is initiated.

**A requirement for** *Xist* **in the initiation of coding gene silencing.** The two-step process indicated by our study invokes Xist RNA only in the second step, when coding genes become inactivated on  $X<sup>P</sup>$ . We therefore have reached a different conclusion from that of a recent study, which proposed that the initiation of genic silencing does not require *Xist* (27). While our studies agree that coding gene silencing occurs in the morula-blastocyst stages, that of Kalantry et al. detects no loss of gene silencing in the morula when *Xist* is deleted from XP . These contrasting results could arise from methodological differences in the RNA FISH and allele-specific RT-PCR protocols. Our RNA FISH protocol has a sensitivity of  $>90\%$  in morulae and blastocysts, and our allele-specific RT-PCR was quantitated by Southern hybridization to end-labeled oligonucleotide probes (Fig. 5). Because Kalantry et al. did not perform DNA FISH on the *Xist* mutants, the origins of  $X^P$  and  $X^M$ could not be concluded with certainty. Kalantry et al. also drew conclusions about *Xist*-independent gene silencing from the X-linked GFP assay, which does not appear to be a reliable X-linked reporter during the peri-implantation period (Fig. 6). Although we believe that these technical differences explain our contrasting findings, it is possible that some genes analyzed by Kalantry et al. behaved like repeats and were inactivated in an *Xist*-independent manner. Significantly, our studies do agree on the point that at least some elements on  $X<sup>P</sup>$  can undergo imprinted XCI in an *Xist*-independent manner.

**Implications for developmental and evolutionary models.** The findings in this study shed new light on the ongoing debate regarding the timing and mechanism of imprinted XCI in the mouse embryo. On the basis of isoenzyme analyses, the classical model proposed that  $X<sup>P</sup>$  initially is active and is silenced only during the implantation period (1, 13, 29; also reviewed in reference 24). Based mostly on the appearance of heterochromatic signatures on  $X<sup>P</sup>$  at the four-cell stage and the presence of Pol-II and Cot-1 staining on  $X<sup>P</sup>$  at the two-cell stage, the more recent *de novo* model proposed that  $X<sup>P</sup>$  silencing initiates at the four-cell stage (45, 47, 48). Finally, based on Cot-1 hybridization patterns in the early embryo, the preinactivation model proposed that  $X<sup>P</sup>$  is partially preinactivated by the paternal germ line and arrives in the zygote in a semisilent state (25). Our present work queried chromosomal expression states using a combination of approaches and found that genic and repeat sequences of  $X<sup>P</sup>$  undergo silencing at different times. Interpretive differences of the three models therefore may be partially attributable to the use of different assays, with the preinactivation model based on repeat expression profiles and the *de novo* and classical models based primarily on genic profiles. Methodological differences also may contribute. For example, we have found that fixing cells prior to permeabilization yields higher background, which may prevent the visualization of Cot-1/Pol-II holes (45, 47, 48). Our optimized protocols either permeabilize before fixation (25) or permeabilize and fix simultaneously (this study). In sum, the present analysis indicates that the three models each are partially correct and represent different aspects of the dynamic process of imprinted silencing.

We also might speculate on the extent to which the two-step process carries over into random XCI in eutherian mammals.

The work of Chaumeil et al. showed that the X excludes transcription machinery and forms a Pol-II hole prior to the inactivation of specific genic elements in mouse ES cells and that the genes lie outside of the Pol-II hole during this time (8). It is thought that the exclusion of the transcriptional machinery depends on *Xist*, but the observation indicating a dispensability of RepA, the repeat A RNA motif required to initiate silencing (65, 67), raises questions as to whether random XCI also is separable into repeat versus genic phases.

For imprinted XCI, the idea of an *Xist*-independent mechanism based on repeat silencing raises the intriguing possibility that dosage compensation in marsupials, which seem to lack *XIST*, operates on a similar basis. Indeed, the Cot-1 analysis of the opossum male germ line has shown that repeat elements of the X are transcriptionally suppressed in the postmeiotic period (43). With the complete sequencing of the opossum genome (41) and the development of the laboratory opossum model (23), the ancestral mechanism of imprinted XCI will not be long in coming.

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