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Role of TGF β signaling in the pathogenesis of psoriasis

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Abstract

Dysregulation of transformation growth factor β (TGF β) signaling has been reported in human psoriasis. However, the causal role of TGF β in psoriasis has not been given attention until our recent report that the transgenic mice expressing wild-type TGF β 1 in the epidermis using a keratin 5 promoter (K5.TGF β 1^{wt}) developed psoriasis-like skin inflammation. Additional experimental data further support the causal role of TGF β 1 overexpression in psoriasis. First, we temporally induced TGF β 1 expression in keratinocytes in our gene-switch-TGF β 1^{wt} transgenic mice and found that inflammation severity correlated with on-and-off switch of TGF β 1^{wt} transgene expression. Second, deletion of T cells in K5.TGF β 1^{wt} mice significantly delayed the development of psoriatic lesions. Third, therapeutic approaches effective for human psoriasis, i.e. Enbrel and Rosiglitazone (Avandia®), are also effective in relieving the symptoms seen in K5.TGF β 1^{wt} mice. Future studies will dissect specific mechanisms and identify key factors in the TGF β 1-induced skin inflammation. Our mouse models will provide a useful tool to test novel therapeutic interventions and help to design specific therapeutic approaches for inflammatory skin disorders, including human psoriasis.

Introduction

Psoriasis is a common inflammatory skin disease seen in dermatology clinics. The most frequently seen form of psoriasis is psoriasis vulgaris, occurring in 90% of all cases. Psoriasis vulgaris is characterized by scaly papulosquamous plaque lesions. Less common types of psoriasis including psoriatic erythroderma, pustular psoriasis and psoriatic arthritis are usually thought to be more severe entities of psoriasis (Griffiths and Barker, 2007). Psoriasis is rarely life-threatening; however, it has a severe negative impact on the patient's quality of life and can be an economic burden. Therefore, research on the pathogenesis and therapy of psoriasis has long been a focus in the field of cutaneous disease studies. Histologically, psoriasis is characterized by epidermal hyperplasia and parakeratosis, dilated and prominent blood vessels in the upper dermis, and leukocyte infiltration in dermis and epidermis (Griffiths *et al.*, 2007; Gudjonsson *et al.*, 2007). In line with these alterations, psoriatic keratinocytes exhibit increased proliferation and reduced differentiation. Also, studies suggest that local infiltrated T-cells and macrophages in the psoriatic lesion play a key role in the development of psoriasis through the release of numerous cytokines and chemokines. Furthermore, anti-T-cell and anti-TNF- α therapy for psoriasis patients demonstrated considerable clinical efficacy in relieving the severity and symptoms of psoriasis (Sabat *et al.*, 2007). The accumulated evidence supports

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a crucial role for the immunological response in the pathogenesis of psoriasis, but the details of this mechanism still remain to be elucidated.

TGF β signaling pathway

Transforming growth factor β (TGF β) is a multipotent cytokine that regulates both cell growth and differentiation. Three isoforms of TGF β (TGF β 1, 2 and 3) have been documented in human tissues. In most cell types, all three forms share similar biological activities; TGF β 1 is the predominant isoform in the majority of tissues, including the skin. All isoforms of TGF β are secreted in biologically latent forms, which must be activated before exerting their effect on target cells. TGF β is activated when its C-terminal mature form is cleaved from the N-terminal latency-associated peptide (LAP) (Lawrence, 1991). The active TGF β ligand binds to a heterodimeric receptor complex comprised of type I and type II TGF β receptors (TGF β RI and TGF β RII). TGF β RI then phosphorylates the downstream molecular mediators Smad2 and Smad3. Phosphorylated Smad2 and Smad3 enter the nucleus to complex with Smad4 and regulate TGF β responsive genes (Wrana et al., 1994). The function of TGF β varies with its target tissue origin or cell types. Skin has been shown to be an important target tissue of TGF β . The expression of TGF β receptors and Smads are all detected in epidermal keratinocytes (Lange et al., 1999; Quan et al., 2002; Han et al., 2005). In the skin, TGF β has been demonstrated to inhibit the growth of keratinocytes but stimulate the growth of fibroblasts (Pittelkow et al., 1988; Cutroneo, 2007).

Alteration of TGF β 1 in human psoriasis

In human psoriasis, there is a significant reduction of TGF β receptors in psoriatic epidermis (Leivo et al., 1998; Doi et al., 2003). Since TGF β 1 is a potent growth inhibitor for keratinocytes, it has been suspected that reduced TGF β signaling potentiates keratinocyte hyperproliferation in psoriasis epidermis. However, reduced TGF β receptors could also be a result of increased TGF β 1 ligand. Increased TGF β 1 in the epidermis and the serum has been found in psoriatic patients (Flisiak et al., 2002) and the TGF β 1 serum level was closely correlated with disease severity (Nockowski et al., 2004; Flisiak et al., 2008). In contrast, TGF β 1 is barely detectable in normal skin epidermis because of its short half-life time (Wakefield et al., 1990; Wataya-Kaneda et al., 1994; Quan et al., 2002; Han et al., 2005). Successful treatment resulted in reduced serum levels of TGF β 1 in patients with psoriasis (Flisiak et al., 2003). The mechanism for increased serum levels of TGF β 1 in patients with psoriasis remains unclear. In other diseases, TGF β 1 polymorphisms significantly affect serum levels of TGF β 1 (Akhurst, 2004; Mao et al., 2006). It remains to be determined whether these polymorphisms correlate with psoriasis. The increased TGF β 1 could also come from activated endothelial cells, fibroblasts, or inflammatory cells in psoriasis patients; all of which can produce more TGF β 1 (Flisiak et al., 2008). However, based on clinical data, it is difficult to determine if increased TGF β 1 plays a causal role in psoriasis, or it is simply a consequence of psoriasis pathogenesis.

Causal Role of TGF β 1 in psoriasis pathogenesis

We developed TGF β 1 transgenic mice, in which wild-type human TGF β 1 cDNA was targeted to the epidermis using the keratin 5 (K5) promoter (K5.TGF β 1^{wt}). In this transgenic model, latent TGF β 1 was overexpressed in the epidermis at levels similar to peak expression during cutaneous wound healing (Li et al., 2004). K5.TGF β 1^{wt} transgenic mice surprisingly developed a severe inflammatory skin disorder mimicking the characteristics of human psoriasis both grossly and microscopically. The phenotypes of K5.TGF β 1^{wt} mice included psoriasis-like plaques and Koebner's phenomenon around one month of age and generalized scaly erythema when skin inflammation progressed. Histologically, K5.TGF β 1^{wt} transgenic skin developed significant epidermal hyperplasia with inflammatory cell infiltration and neovascularization. Molecular mechanism analysis showed that Th1 type cytokines including IL-2, IFN- γ and

TNF- α predominated in K5.TGF β 1^{wt} skin. Therefore, these mice provide a mouse model mimicking human psoriasis (Li *et al.*, 2004).

To further assess whether psoriasis phenotypes found in K5.TGF β 1^{wt} mice represent a direct effect of TGF β 1 overexpression, we induced TGF β 1 in the epidermis in our gene-switch transgenic mice, in which transgene expression can be turned on-and-off, and the levels of transgene expression can be regulated by topical application of RU486 (Lu *et al.*, 2004; Li *et al.*, 2005). When RU486 was topically applied daily on dorsal skin for 10 days, scaly erythema and papules were seen on RU486-treated skin of bigenic mice, but not in control mice. Histopathology revealed that bigenic skin recapitulated pathological alterations seen in K5.TGF β 1^{wt} skin, *e.g.*, epidermal hyperplasia, parakeratosis, leukocyte infiltration, and microabscesses (Fig.1). Continuous RU486 application maintained the psoriasis-like inflammation, and the phenotype severity correlated with TGF β 1 expression levels in bigenic mice (not shown). Immunostaining using antibodies against a variety of leukocyte surface markers demonstrated a similar infiltration pattern in bigenic skin to that of K5.TGF β 1^{wt} skin. Particularly, CD4⁺ T cells resided in the dermis, whereas CD8⁺ T cells predominantly infiltrated the epidermis. Increased BM8⁺ macrophages and angiogenesis were also prominent in the bigenic skin as compared to control skin (not shown). Interestingly, epidermal thickness and leukocyte infiltration in bigenic skin declined dramatically one week after withdrawal of RU486 (Fig.1). This experiment provided strong evidence that psoriasis-like skin inflammation is closely correlated with TGF β 1 expression in the skin.

Deletion of T cells delays but cannot prevent TGF β 1-induced inflammation

In the past three decades, T lymphocytes have been thought to play a crucial role in the initiation and maintenance of psoriatic lesions. The evidence first came from the efficiency of cyclosporine-A therapy in relieving or clearing the lesion of psoriatic patients. Furthermore, bone marrow transplantation from a psoriatic patient to a nonpsoriatic patient could trigger psoriasis in the recipient; otherwise the psoriasis disappeared when psoriasis patients received bone marrow transplants from healthy donors. Finally, uninvolved skin of psoriatic patients grafted onto immunodeficient mice could initiate psoriatic lesions with the injection of autologous immune blood cells, but psoriasis is not initiated when a healthy skin graft was replaced in the xenograft. Moreover, a recently developed anti-T-cell biologic agent showed efficiency in relieving symptoms of psoriasis, although it is less effective than those targeting TNF- α (Gudjonsson and Elder, 2006; Sabat *et al.*, 2007).

In the past, TGF β 1 was considered a potent anti-inflammatory cytokine with strong immune suppressive effects, as TGF β 1 knockout mice died of autoimmune diseases (Shull *et al.*, 1992; Kulkarni *et al.*, 1993). Therefore, at first glance, it is surprising that K5.TGF β 1^{wt} mice developed psoriasis-like phenotypes. However, TGF β 1 also exerts a pro-inflammatory effect. For instance, in the skin, TGF β 1 is required for Langerhans cell development and maturation (Borkowski *et al.*, 1996; Borkowski *et al.*, 1997) which can trigger skin inflammation. Recently, several studies suggested that TGF β 1 is required for the differentiation of naïve CD4⁺ T cells into pro-inflammatory interleukin 17-producing T helper cells (Th17 cells) (Bettelli *et al.*, 2006; Mangan *et al.*, 2006; Veldhoen *et al.*, 2006; Yang *et al.*, 2008). Th17 cells have recently been implicated in the pathogenesis of psoriasis and other autoimmune inflammatory disease (Wilson *et al.*, 2007; Lowes *et al.*, 2008; Blauvelt, 2008). CD4⁺ and CD8⁺ T cells are found in large numbers in the dermis and at the dermal-epidermal junction in K5.TGF β 1^{wt} skin. Also, Th1-type cytokines were predominant in the skin of K5.TGF β 1^{wt} mice. These findings prompted us to determine whether infiltrated T cells contribute to TGF β 1-mediated psoriasis phenotypes. To test this hypothesis, we generated K5.TGF β 1^{wt} mice deficient in mature T and B cells (K5.TGF β 1^{wt}.Rag1^{-/-}) through cross mating K5.TGF β 1^{wt} mice with Rag1^{-/-} mice, which lack mature T and B lymphocytes (Mombaerts *et al.*, 1992). Immunohistochemical

staining showed CD4 positive T cells were largely depleted in the K5.TGF β 1^{wt}.Rag1^{-/-} skin, but total leukocytes (CD45+, not shown), which are mainly macrophages (F4/80) and granulocytes (Ly6G+) (Fig. 2a) in K5.TGF β 1^{wt}.Rag1^{-/-} skin were similar to K5.TGF β 1^{wt}.Rag1^{+/-} skin (Fig. 2a). This finding suggests that overall leukocyte infiltration was not a secondary event of T cell activation, but rather the direct chemoattractant effect of TGF β 1 on leukocyte infiltration in this model. Histologically, a significant reduction in epidermal hyperplasia and inflammation has been observed as early as 3 weeks in K5.TGF β 1^{wt}.Rag1^{-/-} compared to K5.TGF β 1^{wt}.Rag1^{+/-} littermates, and this effect is sustained over 4 months (Fig.2b). In accordance with the phenotype changes, expression levels of the pro-inflammatory cytokines including TNF- α and IL-1 β in skin as determined by quantitative RT-PCR were significantly decreased in K5.TGF β 1^{wt}.Rag1^{-/-} skin compared with K5.TGF β 1^{wt}.Rag1^{+/-} skin (not shown). However, the anti-inflammatory effect of T cell depletion was gradually lost after 6 months of age in K5.TGF β 1^{wt}/Rag1^{-/-} mice (Fig. 2b). The above data suggest that T cells are an important driver of the inflammation responsible for the psoriasis-like phenotype, especially at the early stage of psoriasis initializations. However, accumulated pro-inflammatory cytokines or chemokines from other inflammatory cells may be crucial in maintaining skin psoriasis-like inflammation. Similar to our current findings, a limited effect of T cells in psoriasis-like skin inflammation was also noticed in mice with JunB and C-Jun double knockout mice (Zenz et al., 2005), although it has been questioned whether this mouse model mimics human psoriasis (Gudjonsson *et al.*, 2006;Nickoloff, 2006). Nevertheless, the limited role of T cells in the development of psoriasis was also evidenced by clinical trials showing that anti-TNF- α therapy is more effective than anti-T-cell therapy in relieving the severity and symptoms of psoriatic patients, as TNF- α producing-cells in psoriasis are not limited to T cells but also include other cells, such as monocytes and keratinocytes (Sabat *et al.*, 2007;Thaci, 2008).

Therapeutic approaches effective for human psoriasis are also effective in K5.TGF β 1^{wt} mice

To further evaluate if K5.TGF β 1^{wt} mice truly mimic human psoriasis pathology and therefore can be used in the future for testing therapeutic intervention, we tested two psoriasis therapeutics used clinically on K5.TGF β 1^{wt} mice. First, we tested if Enbrel (Etanercept) could relieve the inflammation of K5.TGF β 1^{wt} mice. Enbrel is an FDA-approved drug to treat rheumatoid arthritis and psoriasis. It is a soluble fusion protein composed of TNF- α receptors and the Fc portion of human IgG1. Enbrel competitively binds to TNF- α , preventing TNF- α from binding to endogenous receptors, thereby blocking TNF- α mediated inflammation (Zeichner and Lebwohl, 2007). Clinical trials on human psoriasis showed that 34-49% or 44-59% psoriatic patients achieved 75% PASI score improvement when Enbrel was administered to patients for 12-16 weeks or 24 weeks respectively (Thaci, 2008). Continuation of Enbrel treatment for up to 60 weeks results in improvement of symptoms for 63% patients (Thaci, 2008). To evaluate the therapeutic effect of Enbrel on K5.TGF β 1^{wt} mice, mice at 6 weeks of age, when the psoriasis phenotype began to develop, were treated with Enbrel. Enbrel was injected intraperitoneally (i.p.) to K5.TGF β 1^{wt} mice at the dosage of 0.4 mg/mouse every other day for up to 6 weeks, and controls were treated with normal saline i.p. at the same time. Beginning 3 weeks after Enbrel treatment, the reduction of psoriasis phenotype was observed by histology analysis with reduced epidermal hyperplasia and fewer numbers of infiltrated T-cells by comparison with control mice (Fig. 3b). The improvements of gross appearance in Enbrel-treated mice were obvious after 6 weeks of treatment (Fig. 3a, 3b). Without treatment, the phenotype worsened as evidenced by an increased skin area covered with psoriatic plaques or psoriasis-like inflammation. In contrast, 6 weeks after Enbrel treatment, K5.TGF β 1^{wt} mice exhibited few psoriatic plaques or only mild skin inflammation. Histology shows the treated skin exhibited a dramatic reduction in epidermal hyperplasia (Fig.3b). The results confirmed

that anti-TNF- α therapy could relieve the inflammatory symptoms of K5.TGF β 1^{wt} mice, much like the efficacy of anti-TNF- α therapy on human psoriasis.

Second, we tested the efficacy of Rosiglitazone (Avandia®) on K5.TGF β 1^{wt} mice. Avandia® is a peroxisome proliferator-activated receptor gamma (PPAR- γ) agonist approved for the treatment of type II diabetes mellitus. Previous studies revealed that Avandia® has properties of anti-inflammation (Pershadsingh, 2004) and antagonizing TGF β signaling (Ghosh et al., 2004). Avandia® has also been reported to be effective in treating other diseases, such as autoimmune (e.g., multiple sclerosis), atopic (e.g., asthma, atopic dermatitis) and other inflammatory diseases (e.g., psoriasis, ulcerative colitis) (Pershadsingh, 2004). We gave Avandia® at the concentration of 0.04mg/ml in drinking water, starting 2-3 months old K5.TGF β 1^{wt} mice or RU486-treated gene-switch-TGF β 1 mice when psoriasis-inflammation was well developed, up to 1 year of age. Transgenic littermates that received no Avandia® in drinking water were used as controls. Terminal differentiation markers of the epidermis, loricrin and filaggrin, which were lost in TGF β 1^{wt} skin, were restored after only 3 weeks of Avandia® treatment (Fig.4a). At this stage, the gross phenotype has yet to improve (not shown). Immunostaining shows that total (CD45+) leukocytes and CD4+ lymphocytes were reduced whereas BM8+ macrophages were only slightly reduced in TGF β 1^{wt} skin 3 weeks after Avandia® treatment (Fig.4b). With additional treatment for 8 weeks, skin inflammation including gross phenotype and histology in K5.TGF β 1^{wt} mice improved significantly (Fig.5). For example, the lesions over treated transgenic mice were much less severe than non-treated mice, and epidermal hyperplasia was appreciatively reduced (Fig.5a). Interestingly, at this stage, in addition to a considerable reduction of T cells and leukocytes in the lesion (not shown), the number of macrophages stained by BM8 was significantly decreased in the skin of K5.TGF β 1^{wt} mice (Fig.5b). These data further suggest that activated macrophages contribute greatly to the maintenance of TGF β 1-mediated skin inflammation. Notably, mRNA expression levels of many pro-inflammatory molecules, e.g., TNF- α , IL-1 α , IL-1 β , IL-2, IL-6 and MIP-2 (IL-8 homolog), which were expressed at an increased level in the skin of K5.TGF β 1^{wt} mice, were drastically reduced after an 8-week treatment with Avandia® (Fig.5c). Since many of these inflammatory cytokines can be produced in multiple cell types, including inflammatory cells, keratinocytes and fibroblasts, it is likely that Avandia® targets more than one cell population, which appears to be more effective than depleting only T cells. Indeed, the anti-inflammatory effect of Avandia® in K5.TGF β 1^{wt} mice persisted during treatment for up to 1 year of observation.

Summary and Future directions

Although the effects of TGF β are diversified due to its target tissue or cells-specificity, our experiments provided strong evidence that psoriasis-like skin inflammation is closely correlated with the overexpression of latent TGF β 1 in epidermis. The phenotype of K5.TGF β 1^{wt} mice is substantially alleviated upon treatment with therapeutic approaches effective for human psoriasis, such as Enbrel or Avandia®. Also, these models will be used to test novel therapeutic intervention, particularly when considering anti-TGF β 1 as a therapeutic approach. More studies will dissect the specific mechanism of TGF β 1 induced skin inflammation; for example, the involvement of a Smad or non-Smad pathway. Furthermore, the effects of TGF β 1 on macrophages and the differentiation and activation of Th17 cells in the transgenic mice will be examined. Without a doubt, the identification of key factors mediating TGF β 1 induced inflammation will help to design specific therapeutic approaches to treat psoriasis.

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Abbreviations

TGFβ	transformation growth factor β
TGFβRI	Type I TGFβ receptor
TGFβRII	Type II TGFβ receptor
TNF-α	tumor necrosis factor alpha
IFN-γ	interferon gamma
IL	interleukin
MIP	macrophage inflammatory protein
Th	T helper

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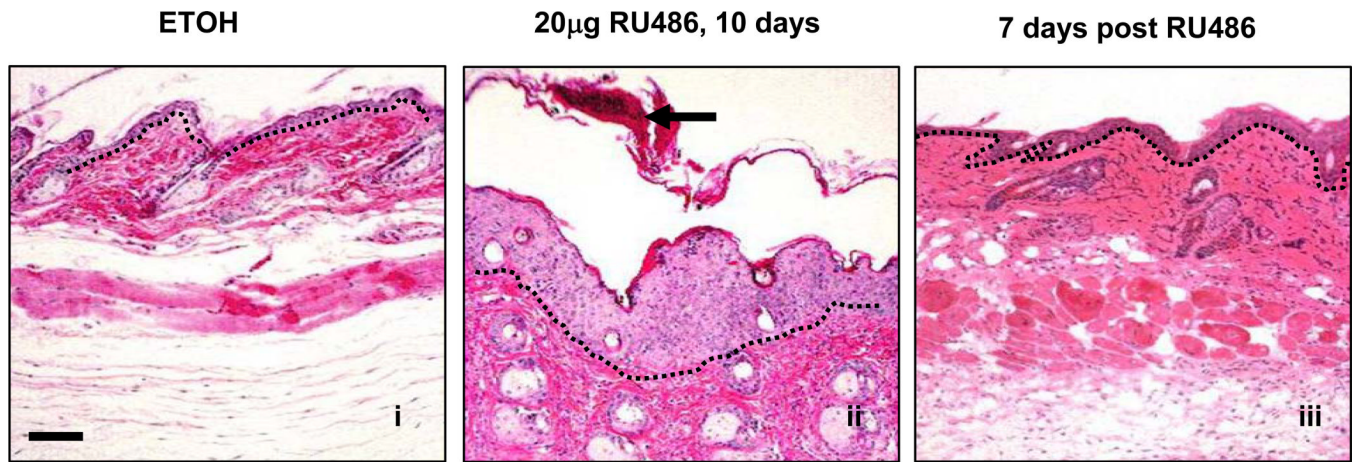


Fig. 1. Effects of TGF β 1^{wt} transgene induction in gene-switch-TGF β 1^{wt} skin

The H&E staining of dorsal skin from TGF β 1^{wt} gene-switch mice treated with ETOH (i) or RU486(ii) for 10 days. Epidermal hyperplasia and corneal microabscess (arrow) were noticed upon TGF β 1^{wt} induction (ii) and recovered to normal skin after withdrawal of RU486 (iii). The bar in panel (i) represents 100 μ m for all sections. The dotted line in each section highlights the epidermal-dermal junction.

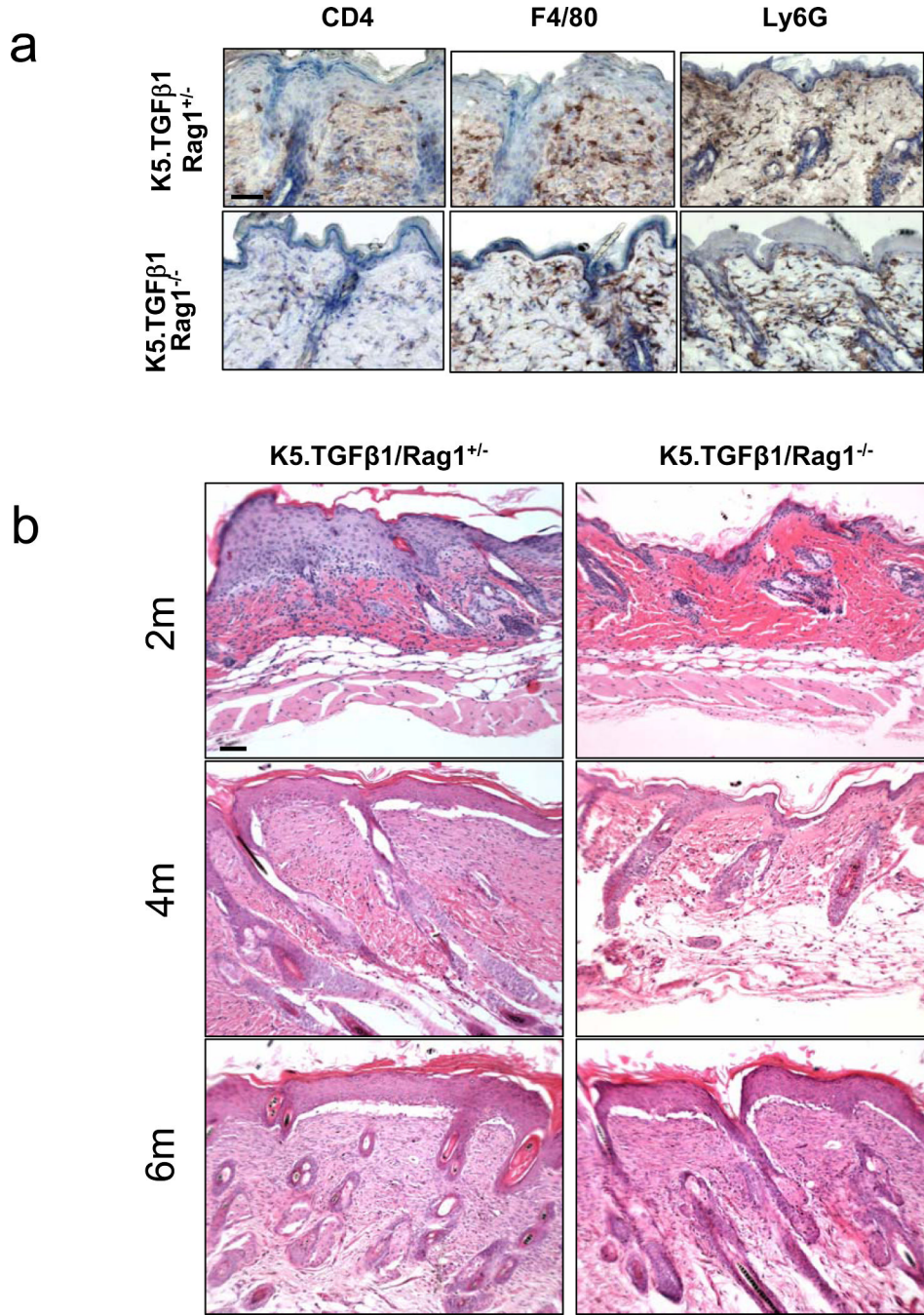


Fig. 2. T cell depletion delays TGFβ1-induced inflammation

(a) Immunohistochemical staining for T (CD4⁺) cells, macrophages (F4/80⁺) and granulocytes (Ly6G⁺) in K5.TGFβ1^{wt}.Rag1^{+/-} and K5.TGFβ1^{wt}.Rag1^{-/-} skin. CD4⁺ T cells were largely depleted in the K5.TGFβ1^{wt}.Rag1^{-/-} skin. No significant difference in macrophage (F4/80⁺) and granulocyte (Ly6G⁺) staining was observed between K5.TGFβ1^{wt}.Rag1^{+/-} and K5.TGFβ1^{wt}.Rag1^{-/-} skin. (b) Histological analysis of skins from K5.TGFβ1^{wt}.Rag1^{+/-} and K5.TGFβ1^{wt}.Rag1^{-/-} mice at 2, 4, 6 months (2m, 4m, 6m) of age. Skin from K5.TGFβ1^{wt}.Rag1^{+/-} mice shows profound inflammatory cell infiltration, epidermal hyperplasia and basement membrane degradation at 2m and 4m of age, but the phenotype was

almost reversed in K5.TGF β 1^{wt}.Rag1^{-/-} mice. Skins from both genotypes showed similar histological alteration at 6m of age. The bar in panel (a) and (b) represents 40 μ m.

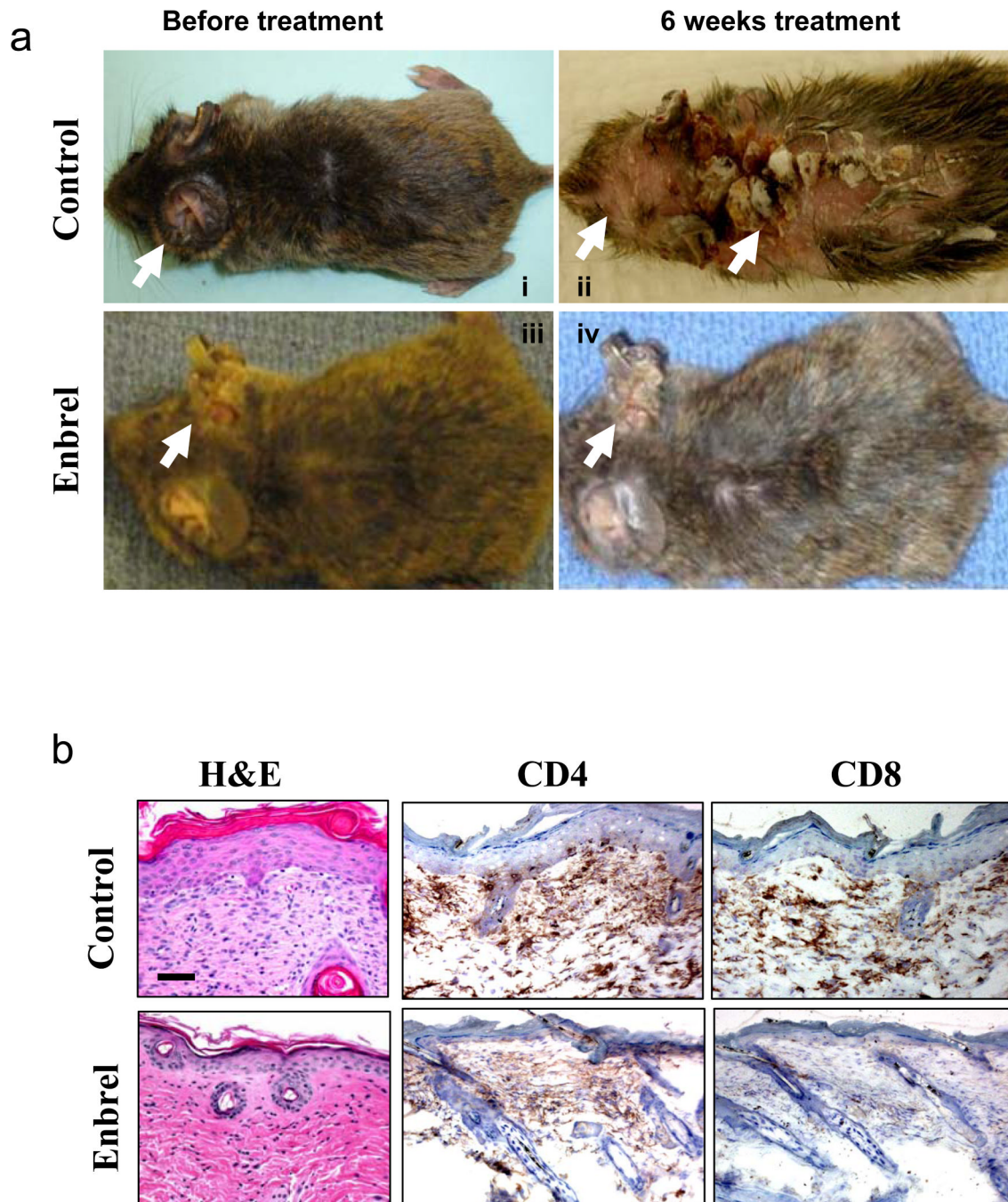


Fig. 3. Enbrel therapy relieve the inflammatory symptoms of K5.TGF β 1^{wt} mice

(a) Typical gross appearances of K5.TGF β 1^{wt} mice before and after Enbrel treatment for 6 weeks. Normal saline treated mice were used as controls. Minor skin inflammation appeared on the ear of K5.TGF β 1^{wt} mice at the age of 6 weeks (i & iii) and progressed to spread over most of the body area with psoriatic plaques or skin inflammation at the age of 12 weeks (ii). Enbrel therapy prevented acceleration of skin phenotypes (iv). Arrows point to inflammation sites. (b) H&E staining of K5.TGF β 1^{wt} skin sections 6 weeks with and without Enbrel treatment (left) revealed significant reduction of epidermal thickness. However, K5.TGF β 1^{wt} skin exhibited alleviative infiltration of CD4 and CD8 T cells and mild reduction in epidermal

thickness as early as 3 weeks after starting Enbrel therapy (middle and right panels). The bar in panel (b) represents 40 μ m.

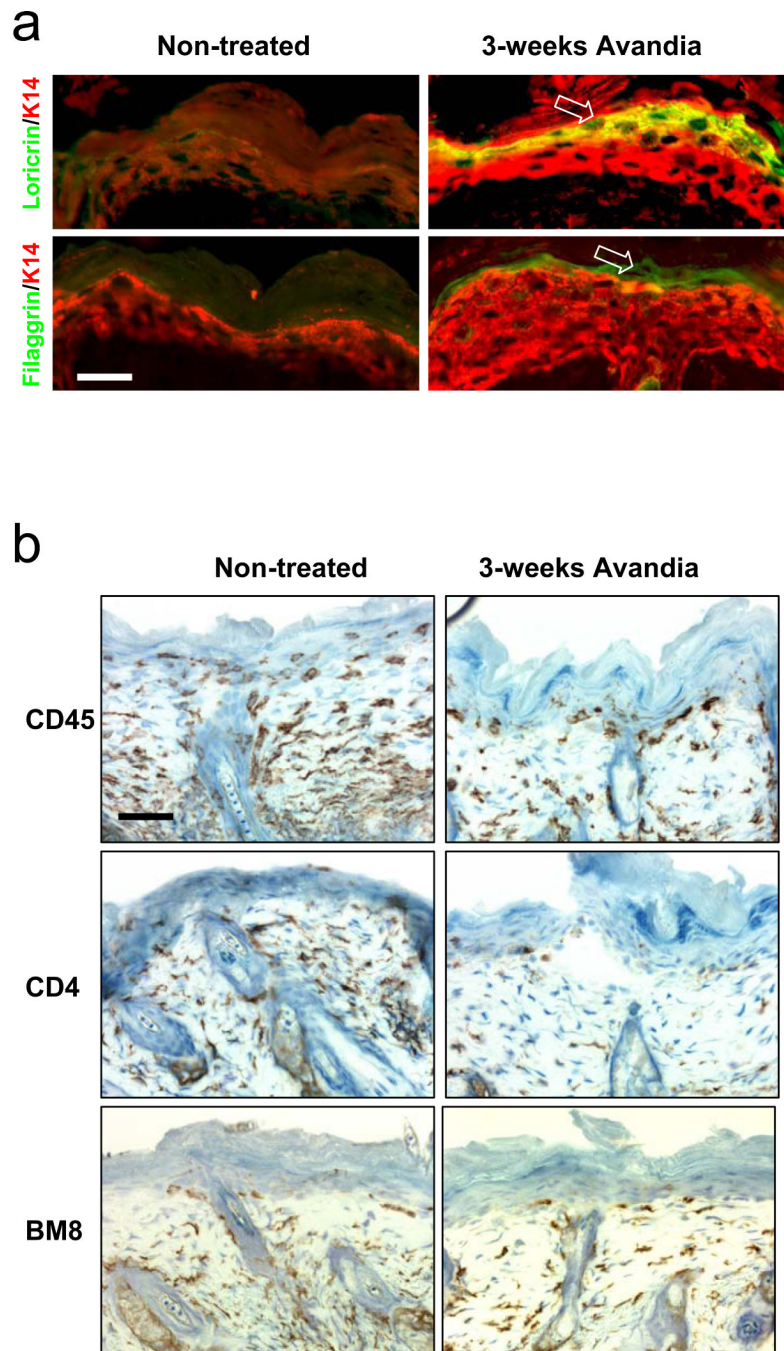


Fig. 4. Restoration of abnormal epidermal differentiation and reduction of lymphocytes and leukocytes in K5.TGF β 1^{wt} mice skin after short term Avandia[®] treatment

(a) Staining of epidermal differentiation marker in K5.TGF β 1^{wt} skin with and without Avandia[®] treatment. Note that the loricrin and filaggrin lost in K5.TGF β 1^{wt} skin reappeared (arrows) after 3 weeks Avandia[®] treatment. (b) Short term Avandia[®] treatment significantly reduced the infiltration of total leukocytes (CD45) and T lymphocytes (CD4), but not macrophages (BM8) in the skin from K5.TGF β 1^{wt} mice. The bar in panel (a) and (b) represents 40 μ m.

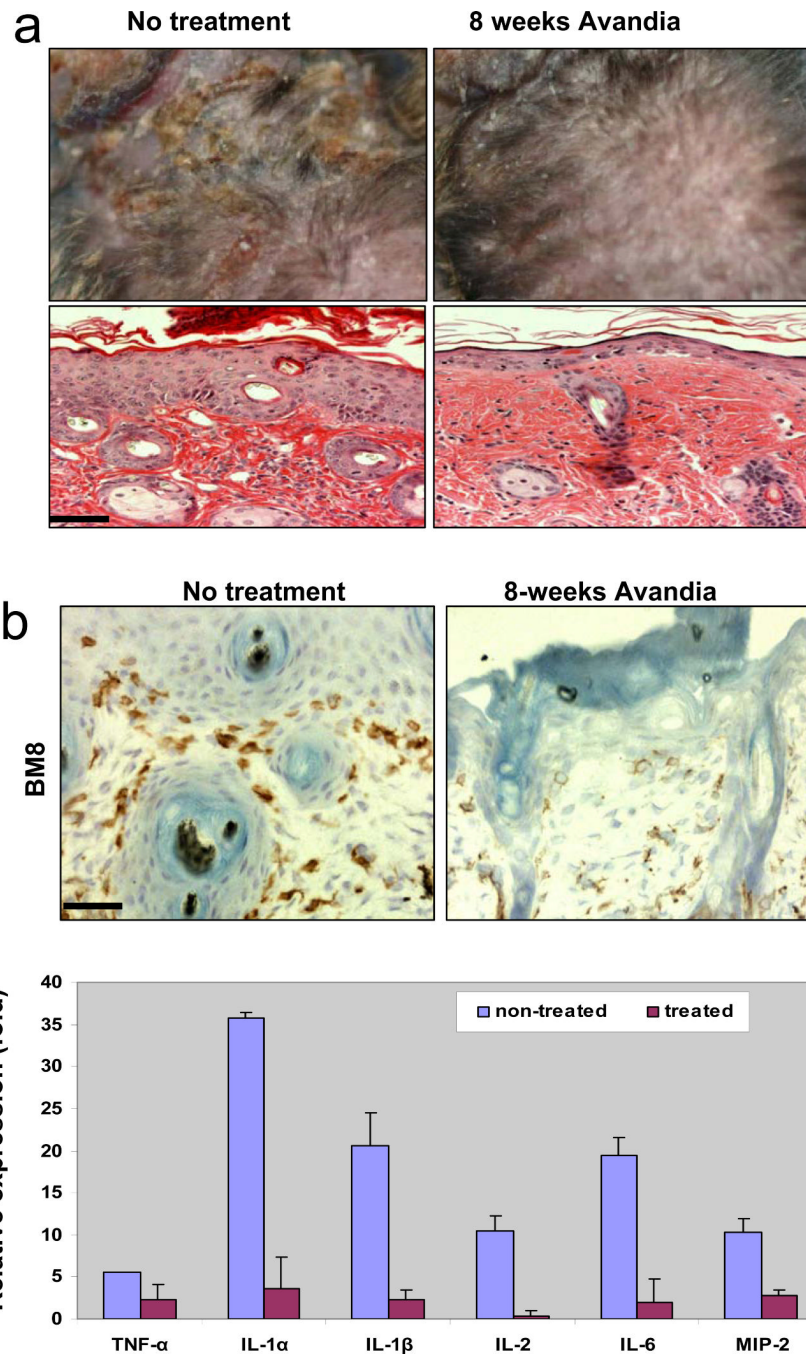


Fig. 5. Attenuation of the inflammatory phenotype in K5.TGF β 1^{wt} mice with Avandia[®] treatment
 (a) K5.TGF β 1^{wt} mice with 8-weeks of Avandia[®] treatment showed a significant reduction in skin inflammation as compared to non-treated transgenic mice. H&E staining shows reduced epidermal thickness with Avandia[®] treatment. (b) The number of macrophages stained by BM8 was significantly decreased in the skin of K5.TGF β 1^{wt} mice treated with Avandia[®] for 8 weeks. (c) mRNA expression levels of inflammatory cytokines and chemokines were all significantly reduced (n=5, p<0.01) in the skin of K5.TGF β 1^{wt} mice treated with Avandia[®] for 8-weeks, in comparison with non-treated K5.TGF β 1^{wt} skins. The bar in panel (a) and (b) represents 40 μ m.