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# Differential effect of IL-27 on developing versus committed Th17

## cells

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## Abstract

IL-27 counters the effect of TGF- $\beta$ +IL-6 on naïve CD4<sup>+</sup> T cells, resulting in near complete inhibition of *de novo* Th17 development. In contrast, little is known about the effect of IL-27 on already differentiated Th17 cells. A better understanding of how IL-27 regulates these cells is needed to evaluate the therapeutic potential of IL-27 in Th17 cells-associated diseases.

Here we show that IL-27 had surprisingly little effect on committed Th17 cells, despite their expression of a functional IL-27R. Contrary to *de novo* differentiation of Th17 cells, IL-27 did not suppress expression of ROR $\gamma$ t or ROR $\alpha$  in committed Th17 cells. Consistent with this finding, the frequency of committed Th17 cells and their cytokine secretion remained unaffected by IL-27. Both memory Th17 cells (CD4<sup>+</sup>CD25<sup>-</sup>CD62L<sup>low</sup>) that developed *in vivo* and encephalitogenic Th17 cells infiltrating the CNS of mice developing experimental autoimmune encephalomyelitis (EAE) produced similar amounts of IL-17A when reactivated with IL-23, in the absence and presence of exogenous IL-27. Finally, IL-27 failed to suppress encephalitogenicity of Th17 cells in an adoptive transfer of EAE. Analysis *ex vivo* of transferred Th17 cells in the spleen and CNS of recipient mice showed that cells retained similar phenotype irrespective of whether cells were treated or not with IL-27.

Our data demonstrate that in contrast to inhibition of *de novo* differentiation of Th17 cells, IL-27 has little or no effect on committed Th17 cells. These findings indicate that therapeutic applications of IL-27 might have a limited efficacy in inflammatory conditions where aggressive Th17 responses have already developed.

## Keywords

IL-27; Th17 cells; IL-23; EAE

## Introduction

To date, studies of mouse Th17 cells have focused mainly on regulation of their development from naïve CD4<sup>+</sup> precursors. Th17 differentiation requires the presence of IL-6 and TGF- $\beta$  and is further enhanced by IL-1 $\beta$ , TNF- $\alpha$  and IL-21 (1,2). IL-23 is not required for initial Th17 commitment but is essential for Th17 cell function. Lack of IL-23R in Th17 cells prevented their terminal differentiation into functional effector cells *in vivo*. IL-23R-deficient Th17 cells were susceptible to apoptosis and maintained an immature phenotype with a failure to downregulate IL-2 and CD27 and to upregulate IL-7R $\alpha$  (3,4).

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ROR $\gamma$ t and ROR $\alpha$  are lineage-specific transcription factors that direct Th17 development (5, 6). STAT3 is crucial to development of Th17 cells, and cytokines that promote differentiation of Th17 cells, IL-6, IL-21 and IL-23, all preferentially activate STAT3 (7-9). Commitment to the Th17 lineage is antagonized by Th1 and Th2 cytokines, and both IFN- $\gamma$  and IL-4 suppress Th17 differentiation (10,11). Th17 cells secrete a range of mediators including IL-17A, IL-17F, IL-21, and IL-22 (12). The postulated role of Th17 cells is in immunity to extracellular bacteria and fungi and the importance of Th17 cells in pathogenesis of certain autoimmune diseases is now widely accepted (13,14). In light of reports of Th cells expressing both IL-17 and IFN- $\gamma$ (15,16), more attention has been directed to the biology of already committed Th17 cells, in particular to the stability and plasticity of their phenotype. Repeated stimulation of Th17 cells in the presence of IL-23 led to a decrease in IL-17A<sup>+</sup> cells while the frequency of IL-17A<sup>-</sup> IFN- $\gamma^+$  cells increased substantially (17). In contrast, continuous exposure to TGF- $\beta$ , alone or in addition to either IL-23 or IL-6 during restimulation of Th17 cells, was required to avoid conversion to the Th1 lineage (17). IL-12 has a profound effect on committed Th17 cells by readily converting them into Th1 cells, even in the presence of IL-23, These findings demonstrate that Th17 cells have "unstable phenotype" and can transition into Th1 cells (17).

IL-27 is a heterodimeric cytokine consisting of Epstein-Barr virus-induced gene 3 (EBI3), and p28 (18). The main source of IL-27 appears to be activated antigen-presenting cells (APCs) (18,19). IL-27 signals via its heterodimeric receptor (IL-27R), which consists of the receptor subunits gp130 and WSX-1 (20,21). The two IL-27R subunits are expressed by a variety of immune cells including T cells, NK cells, mast cells, B cells and activated dendritic cells (DCs) (20-24). IL-27 promotes Th1 polarization by inducing expression of T-bet in a STAT1dependent manner, resulting in IL-12RB2 expression on the surface of newly activated T cells and IFN-y production (23,25). IL-27 inhibits Th2 cell development as well as Th2 cytokine production from polarized Th2 cells by down-regulation of GATA-3 and up-regulation of Tbet expression simultaneously (26). IL-27 has also been shown to inhibit development of Foxp3<sup>+</sup> inducible regulatory T cells (iTreg) (27,28). These early reports have emphasized the pro-inflammatory functions of IL-27. However, subsequent studies showed a more complex role for IL-27, as it also exerts anti-inflammatory functions. Two such reports have shown increased CNS inflammation in WSX-1<sup>-/-</sup> (IL-27R-deficient) mice either with experimental autoimmune encephalomyelitis (EAE) or infected with T. gondi (29,30). This enhanced inflammation was associated with increased numbers of Th17 cells in the CNS (29,30). In addition, we have shown previously that delivery of exogenous IL-27, during the priming phase of anti-myelin response, ameliorates EAE, with evidence of suppression of both Th1 and Th17 responses (31). In vitro, IL-27 efficiently counters the effect of TGF-B+IL-6 on naïve CD4<sup>+</sup> T cells, resulting in near complete inhibition of de novo Th17 development in a STAT1 dependent manner (29,30). Further study of the mechanism of action of IL-27 on Th17 development has revealed that this cytokine inhibits the expression of RORyt (32). More recent findings showing the ability of IL-27 to induce IL-10 secretion from both CD4<sup>+</sup> and CD8<sup>+</sup> T cells provide a new mechanism that may explain the anti-inflammatory effects of IL-27. Accordingly, T cells from WSX-1<sup>-/-</sup> mice infected with T. gondi displayed a reduced capacity to produce IL-10 and to dampen excessive immune response (33). Similarly, IL-27-mediated inhibition of EAE was IL-10-dependent (34).

Overall, the findings presented above highlight the complex and pleiotropic role of IL-27 in immune responses. While IL-27 is one of the most potent inhibitors of Th17 differentiation, little is known about how IL-27 regulates committed Th17 cells. This aspect of effector/ memory Th17 cell biology is crucial to understanding the mechanisms that regulate inflammation in peripheral tissues during the effector phase of an immune response. An assumption that IL-27 has similar effects on differentiated Th17 cells as on naïve CD4<sup>+</sup> T cells might be incorrect. This view is supported by the finding that IL-27 augmented IFN- $\gamma$  production by naïve T cells stimulated in non-polarizing conditions, while it suppressed IFN-

 $\gamma$  secretion by activated CD4<sup>+</sup> T cells (35). In addition, differentiated Th17 cells seem to acquire resistance to suppression by IL-4 and IFN- $\gamma$ , two cytokines that, similarly to IL-27, have inhibitory effects on the initial development of Th17 cells (10). Thus, in order to assess the therapeutic potential of exogenous IL-27, it is essential to know whether IL-27 negatively regulates committed Th17 cells, given that in a clinical setting pathogenic Th17 cells have already developed before initiation of treatment.

We have previously shown that IL-27 suppressed encephalitogenic Th1 and Th17 responses (31). However, whether IL-27 influenced effector Th17 cells directly or indirectly have not been determined. In this study, using *in vitro* differentiated Th17 cells, we found that IL-27 does not affect an established Th17 phenotype. Even though committed Th17 cells retain expression of IL-27R and respond to IL-27 by phosphorylating both STAT1 and STAT3, IL-27 failed to suppress expression of ROR $\gamma$ t, ROR $\alpha$  and IL-23R, or to modify responsiveness of these cells to IL-23. Unlike in the case of developing Th17 cells, IL-27 did not upregulate expression of T-bet in committed Th17 cells, or converted their phenotype to Th1 lineage as IL-12 does. In addition, IL-27 did not suppress encephalitogenicity of Th17 cells in an adoptive EAE model. Taken together, our data clearly demonstrate that Th17 cells, depending on the stage of their development, exhibit a sharp difference in their susceptibility to IL-27, with differentiating Th17 cells being susceptible and committed Th17 cell being resistant to suppression by IL-27.

## **Material and Methods**

#### Mice

C57BL/6 and T-bet-deficient mice were purchased from The Jackson Laboratory (Bar Harbor, ME). STAT1-deficient mice were purchased from Taconic (Hudson, NY). 2D2 mice were kindly provided by V.K Kuchroo (Harvard Medical School, Boston, MA). All experimental procedures were approved by the Institutional Animal Care and Use Committee of Thomas Jefferson University.

## Reagents

Anti-CD3 (145-2C11) and anti-CD28 (37.51) antibodies were purchased from BD Biosciences (San Jose, CA). The following antibodies for flow cytometry were from BD Biosciences: anti-CD4 (RM4-5), anti-CD62L (MEL-14), anti-IFN- $\gamma$  (XMG1.2), anti-IL-17 (TC11-18H10), and anti-CD16/32 antibody (2.4G2). Neutralizing antibodies against IFN- $\gamma$  and IL-4 and all cytokines used were from R&D systems. Duoset ELISA kits used to quantify IL-17A, IL-17F, IL-21, IL-10 and a quantikine ELISA kit to measure IL-22 were from R&D systems (Minneapolis, MN).

## Cell preparation and culture

CD4<sup>+</sup> T cells enriched from spleen mononuclear cells by magnetic microbead cell sorting (Miltenyi Biotec) or total splenocytes were cultured in RPMI 1640 supplemented with 10% FBS (Gibco BRL; Invitrogen), 2 mM L-glutamine, 1 mM Na-pyruvate, 1× non-essential amino acids, 100 µg/ml penicillin, 100 µg/ml streptomycin, and 0.5 µM 2-mercaptoethanol. Purified CD4<sup>+</sup> T cells were stimulated with anti-CD3 (1 µg/ml) and anti-CD28 (1 µg/ml) antibodies in 48-well plates (1 ml of media containing  $0.7 \times 10^6$  cells per well) in Th17 conditions (2 ng/ml TGF- $\beta$ , 20 ng/ml IL-6) during 72h. Total splenocytes were stimulated in the same Th17 supporting conditions but in 24-well plates (2 ml of media containing  $1.5 \times 10^6$  cells per well). Differentiated Th17 cells were then rested 2 days in the presence of IL-2 (2 ng/ml), washed and replated for a 2<sup>nd</sup> stimulation with anti-CD3 and anti-CD28 antibodies in the presence either of TGF- $\beta$ +IL-6 (± IL-27), IL-23 (± IL-27) or medium (± IL-27) during 72h. When indicated, Th17 cells underwent a 3<sup>rd</sup> stimulation as described for the 2<sup>nd</sup> stimulation.

Splenocytes from 2D2 mice were stimulated in the presence of  $MOG_{35-55}$  peptide (20 µg/ml) in 24-well plates (2 ml of media containing  $3 \times 10^6$  cells per well) in Th17 conditions (2 ng/ml TGF- $\beta$ , 20 ng/ml IL-6) during 72h. Differentiated Th17 cells were then rested 2 days in the presence of IL-2 (2 ng/ml), washed and replated for a 2<sup>nd</sup> stimulation with peptide in the presence either of TGF- $\beta$ +IL-6 (± IL-27), IL-23 (± IL-27) or medium (± IL-27). Where indicated in figure legends, cultures were supplemented with anti-mouse IFN- $\gamma$  (5 µg/ml), anti-mouse IL-4 (5 µg/ml), IL-23 (10 ng/ml) or IL-27 (10 ng/ml). After each stimulation period, cells were used for flow cytometric analysis or RNA extraction and supernatants were used for cytokine measurement by ELISA.

### Induction of EAE and isolation of CNS infiltrating cells

Female 8- to 10-wk-old C57BL/6 mice were immunized s.c. with 150 µg of MOG<sub>35–55</sub> in CFA containing 5 mg/ml *Mycobacterium tuberculosis* H37Ra (Difco), at two sites on the back. Mice were injected with 200 ng of pertussis toxin in PBS i.p. on days 0 and 2 and were scored daily for appearance of clinical signs of EAE. At the peak of disease (day 18 post immunization), mice were sacrificed and brains and spinal cords were removed and pooled after transcardial perfusion with PBS. Tissues were mechanically dissociated through a 100-µm strainer and washed with PBS. The resultant pellet was fractionated on a 60/30% Percoll gradient by centrifugation at  $300 \times g$  for 20 min. Infiltrating mononuclear cells were harvested from the interface, washed, counted, and cultured for 3 days in the presence of MOG<sub>35–55</sub> peptide (20 µg/ml), IL-23 (± IL-27) and irradiated syngeneic splenocytes (3000 rad) in RPMI 1640 supplemented with 10% FBS (Gibco BRL; Invitrogen), 2 mM L-glutamine, 1 mM Napyruvate, 1× non-essential amino acids, 100 µg/ml penicillin, 100 µg/ml streptomycin, and 0.5 µM 2-mercaptoethanol. Cells were then stimulated during 4h with PMA (50 ng/ml), ionomycin (500 ng/ml), and GolgiPlug and analyzed by flow cytometry as described below.

#### Adoptive transfer of EAE

Splenocytes of 2D2 mice were stimulated in the presence of  $MOG_{35-55}$  peptide (20 µg/ml) in Th17 conditions for 72h as described above. Differentiated Th17 cells were then rested 2 days in the presence of IL-2 (2 ng/ml), washed and replated for a 2<sup>nd</sup> stimulation with MOG peptide in the presence of IL-23 (± IL-27). After 72h, CD4<sup>+</sup> T cells were purified by magnetic microbead cell sorting (Miltenyi Biotec) and were injected (7×10<sup>6</sup> cells/mouse) into sublethally irradiated (400 rad) naive female 7- to 8-wk-old C57BL/6 mice via the tail vein. Mice were given 200 ng of pertussis toxin i.p. on days 0 and 2 post cell transfer.

EAE was clinically assessed by daily scoring using a scale from 0 to 5 as follows: partial limp tail, 0.5; full limp tail, 1; limp tail and waddling gait, 1.5; paralysis of one hind limb, 2; paralysis of one hind limb and partial paralysis of other hind limb, 2.5; paralysis of both hind limbs, 3; ascending paralysis, 3.5; paralysis of trunk, 4; moribund, 4.5; death, 5.

## Flow cytometry

For all intracellular staining, cells were stimulated for 4 h with phorbol 12-myristate 13-acetate (50 ng/ml) and ionomycin (500 ng/ml (both from Sigma) and treated with GolgiPlug (1  $\mu$ g per 1×10<sup>6</sup> cells; BD Pharmingen). In the staining procedure, Fc receptors on cells were first blocked with anti-CD16/32 antibody (2.4G2; BD Pharmingen) and surface and intracellular staining with antibodies was performed following manufacturers' instructions for staining using Fix & Perm reagents (Caltag Laboratories). Data were acquired on a FACSAria (BD Biosciences) and analyzed with FlowJo software (Treestar).

## Intracellular staining for phosphorylated STAT1 and STAT3

Purified CD4<sup>+</sup> T cells ( $5 \times 10^5$ ) were stimulated with anti-CD3 (1 µg/ml) and anti-CD28 (1 µg/ml) antibodies in the presence of IL-6 (50 ng/ml) or IL-27 (50 ng/ml) for 30 min. Cells were then fixed for 10 min at 37 °C with 2% paraformaldehyde. After fixation, cells were permeabilized for 30 min on ice with 90% methanol, and were stained for phosphorylated STAT1 and STAT3. Antibodies to phosphorylated tyrosine residues of STAT1 (clone 4a) and STAT3 (clone 4/P-STAT3) were from BD Pharmingen.

#### **Real-time PCR**

Total RNA from T cells was isolated by TRIzol extraction (Invitrogen) according to the manufacturer's instructions, and cDNA was synthesized with a reverse transcription kit (Applied Biosystems). Primer pairs for quantitative real-time PCR were from Applied Biosystems. Gene expression was analyzed by TaqMan real-time PCR (Applied Biosystems). Ribosomal *18S* RNA was used as an endogenous control in all experiments. Error bars indicate SEM values calculated from  $-\Delta\Delta$ Ct values from triplicate PCR reactions, according to Applied Biosystems protocols.

## Proliferation assay

Differentiated Th17 cells undergoing a  $2^{nd}$  round of stimulation as described above were pulsed for the last 18 h of culture with 1  $\mu$ Ci of [<sup>3</sup>H]thymidine. Thymidine incorporation was measured using a scintillation counter.

## Statistics

An unpaired, two-tailed Student's t-test was used for statistical analysis. Differences with P values of less than 0.05 were considered significant.

## Results

## 1. STAT1 but not T-bet is required for IL-27-mediated suppression of ROR $\gamma$ t and ROR $\alpha$ expression in developing Th17 cells

RORa is a transcription factor that in addition to RORyt directs Th17 lineage commitment (6). While downregulation of ROR $\gamma$ t by IL-27 in differentiating Th17 cells has been reported (32), its effect on ROR $\alpha$  expression has not been studied. We found that, like ROR $\gamma$ t, ROR $\alpha$ expression was suppressed by IL-27 in developing Th17 cells (Fig. 1a). The suppressive effect of IL-27 was STAT1-dependent and T-bet-independent (Fig. 1b). Flow cytometric analysis of IL-17A and IFN- $\gamma$  expression in Th17 cells confirmed that IL-27 did not suppress development of STAT1<sup>-/-</sup> Th17 cells, while it suppressed Th17 differentiation of WT and T-bet<sup>-/-</sup> CD4<sup>+</sup> T cells (Fig. 1d). Th17 differentiation of T-bet<sup>-/-</sup> CD4<sup>+</sup> T cells was less potently suppressed by IL-27 when compared to WT cells, suggesting a contributing role of T-bet in suppression of Th17 development by IL-27 (Fig. 1d). In agreement with this observation, we found that Tbet was upregulated when IL-27 was added to the Th17 culture (supplementary Fig.1a). Measurement of IL-17A concentrations in cell culture supernatants confirmed a strong IL-27mediated suppression of Th17 differentiation in WT CD4<sup>+</sup> T cells, a less potent inhibition of T-bet<sup>-/-</sup> cells, and no effect on STAT1<sup>-/-</sup> cells (Fig. 1c). Taken together, these data demonstrate that IL-27 inhibits ROR $\gamma$ t and ROR $\alpha$  expression and prevents differentiation of Th17 cells in the STAT1-dependent pathway.

## 2. Committed Th17 cells are resistant to suppression by IL-27

Although IL-27 has been shown to efficiently inhibit *de novo* generation of Th17 cells, its effects on already committed Th17 cells are poorly understood. To test if IL-27 suppresses committed Th17 cells, we stimulated purified CD4<sup>+</sup> T cells in Th17 polarizing conditions

(1<sup>st</sup> stimulation) and examined their phenotype during two rounds of reactivation in defined cytokine conditions. When added to Th17 cells restimulated (2nd stimulation) without exogenous cytokines, with TGF- $\beta$ +IL-6 or IL-23 during three days, IL-27 did not affect the frequency of Th17 cells (Fig. 2b). We routinely used IL-27 at 10 ng/ml, and experiments performed with greater concentrations of IL-27 (up to 100 ng/ml) gave similar results (Supplementary Fig. 2), demonstrating that 10 ng/ml of IL-27 is sufficient for its maximum effect. It has been proposed that IL-27 suppresses IL-17A production by non-polarized activated T cells only after prolonged time (35). We extended the 2<sup>nd</sup> stimulation of Th17 cells to 6 days and again did not observe an effect of IL-27 on IL-17A expression (Fig. 2c). Th17 cells that underwent a 2<sup>nd</sup> stimulation in the presence of IL-23 were activated for a 3<sup>rd</sup> time. As shown in Figure 2d, the frequency of Th17 cells remained unaffected by IL-27. Similar results were obtained using Th17 cells that underwent a 2<sup>nd</sup> stimulation in the presence of TGF- $\beta$ +IL-6 (Supplementary Fig. 3). It has been reported that repeated stimulation *in vitro* of Th17 cells led to an increase in cells producing both IL-17A and IFN- $\gamma$  (17). In our experiments, addition of IL-27 to the Th17 polarized culture did not increase either the frequency of double positive IL-17A<sup>+</sup> IFN- $\gamma^+$  cells or of single IFN- $\gamma^+$  cells (Fig. 2). In contrast, and as described previously (17), addition of IL-12 to committed Th17 cells rapidly induced production of IFN- $\gamma$ . A minority of cells remained IL-17A<sup>+</sup> (2.8%), while most cells became either IL-17A<sup>+</sup> IFN- $\gamma^+$  (17.9%) or IL-17A<sup>-</sup> IFN- $\gamma^+$  (66.3%). Addition of IL-23 together with IL-12 did not prevent the loss of Th17 phenotype (Supplementary Fig. 4). As shown in Fig 2e, addition of IL-27 to Th17 cells during the 2<sup>nd</sup> stimulation did not suppress their proliferation. Taken together, these results clearly indicate that IL-27, while efficaciously suppressing Th17 cells development, does not readily alter committed Th17 phenotype.

#### 3. IL-27 does not alter cytokine production by committed Th17 cells

During Th17 differentiation, IL-27 efficiently inhibited IL-17A and IL-17F production (Fig. 3a and supplementary Fig. 1b). We next analyzed IL-17A and IL-17F production in Th17 cell cultures undergoing two rounds of stimulation. In agreement with our flow cytometry data (Fig. 2), IL-17A and IL-17F production by restimulated Th17 cells was either only slightly downregulated, by 10 to 20%, or not affected when compared to Th17 cells that had not been exposed to IL-27 (Fig. 3a and supplementary Fig. 1b). Prolonged exposure to IL-27 during 6 days did not additionally suppress IL-17A production (Fig. 3a). Similar results were obtained when Th17 cells were stimulated a 3<sup>rd</sup> time (data not shown).

Although IL-17A and IL-17F are hallmark Th17 cytokines, Th17 cells also secrete other cytokines including IL-22, IL-21 and IL-10 (12). IL-27 potently suppressed IL-22 and IL-21 secretion during Th17 differentiation (75 and 84% suppression respectively) but only modestly suppressed their secretion during the  $2^{nd}$  round of stimulation (from 5 to 25% suppression) (Fig. 3b and 3c). We and others have demonstrated that IL-27 induces production of IL-10 in both Th1 and Th2 cells, but not in developing Th17 cells (33,34). As shown in Figure 3d, IL-27 did not upregulate IL-10 production in committed Th17 cells, and even slightly downregulated IL-10 production in the presence of TGF- $\beta$ +IL-6 during the  $2^{nd}$  stimulation (Fig. 3d).

## 4. IL-27 does not downregulate RORγt, RORα and IL-23R expression in committed Th17 cells

The development of Th17 cells is governed by transcription factors ROR $\gamma$ t and ROR $\alpha$  (5,6). We analyzed an effect of IL-27 on their expression in Th17 cells during a 2<sup>nd</sup> round of activation, and found that ROR $\gamma$ t and ROR $\alpha$  expression was not affected by IL-27 (Fig. 4a and b). IL-23R is not expressed on naïve T cells, but once activated in Th17-polarizing conditions, T cells upregulate IL-23R, and become responsive to IL-23 (5,6). We asked whether IL-27 affects IL-23R expression, which may result in diminished pathogenicity. IL-27 decreased IL-23R expression during Th17 differentiation but did not affect IL-23R expression in committed Th17 cells (Fig. 4c).

#### 5. Committed Th17 cells express functional IL-27 receptor

Considering that IL-27 had a minimal effect on committed Th17 cells we investigated whether they express functional IL-27R. Committed Th17 cells contained higher levels of mRNA for WSX-1 than recently activated naïve CD4+ T cells, and exposure to IL-27 did not alter its expression (Fig. 5a). To determine whether IL-27R expressed by committed Th17 cells is functional, we tested if IL-27 induces phosphorylation of STAT1 and STAT3, which are known to be activated by IL-27 signaling (35). To increase cell survival we routinely added 2 ng/ml of IL-2 to Th17 cells resting between stimulations. Since it has been described that IL-2 can affect expression of IL-27R in activated T cells (21), we tested in parallel samples that were rested with and without IL-2. Following the 1<sup>st</sup> stimulation committed Th17 cells were rested for 2 days (± IL-2) and then reactivated in the presence of either IL-6 or IL-27 during 30 minutes. As shown in Figure 5b, IL-27 induced phosphorylation of both STAT1 and STAT3, demonstrating that committed Th17 cells express functional IL-27R. A similar degree of phosphorylation of both STAT1 and STAT3 was found, irrespective of the presence of IL-2 during the resting period, indicating that responsiveness of Th17 cells to IL-27 was not modified by exogenous IL-2.

#### 6. Accessory cells do not render committed Th17 cells susceptible to suppression by IL-27

IL-27 acts directly on CD4<sup>+</sup> T cells to suppress Th17 differentiation (29). We have previously shown that IL-27 induces IL-10 production by Th1 cells and that this effect is enhanced by non-T cells (34). To determine whether accessory cells influence an effect of IL-27 on committed Th17 cells, we stimulated splenocytes with anti-CD3 and anti-CD28 Abs in Th17 polarizing conditions (1<sup>st</sup> stimulation) and reactivated them as described for isolated CD4<sup>+</sup> T cells. In agreement with our findings with purified CD4<sup>+</sup> T cells, IL-27 did not reduce either the percentage of IL-17A-producing cells or their IL-17A secretion (supplementary Figs 5a and b) Similar results were obtained when purified CD4<sup>+</sup> T cells after the 1<sup>st</sup> stimulation were restimulated in the presence of T cell-depleted splenocytes (data not shown).

Antigen-specific activation of splenocytes from 2D2 mice with  $MOG_{35-55}$  showed that IL-27 strongly suppressed the Th17-polarizing effect of TGF- $\beta$ +IL-6 in the 1<sup>st</sup> stimulation (data not shown). The addition of IL-27 during the 2<sup>nd</sup> stimulation did not reduce the percentage of 2D2 Th17 cells and had only a modest effect on IL-17A production (supplementary Figs. 5c and d). These findings in the model of antigen-specific activation reproduce and validate those made by mitogenic activation of purified CD4<sup>+</sup> T cells and splenocytes.

#### 7. Effector/memory Th17 cells that developed in vivo are resistant to suppression by IL-27

To test if Th17 cells that developed in vivo exhibit the same resistance to suppression by IL-27 as Th17 cells generated in vitro, we analyzed an effect of IL-27 on effector/memory Th17 cells from naïve mice and from mice that had been immunized for EAE induction. Sorted naive (CD4+CD25-CD62Lhigh) and memory (CD4+CD25-CD62Llow) T cells from naïve mice were activated with antibodies in the presence either of TGF-β+IL-6 for naive cells, or IL-23 for memory cells, with or without added IL-27. As expected, IL-27 potently inhibited differentiation of Th17 cells from naïve cells and prevented RORyt and ROR expression and IL-17A production (Fig. 6). When memory cells were restimulated with IL-23, RORyt and ROR $\alpha$  expression was not affected by the addition of IL-27 and IL-17A production was only weakly decreased (Fig. 6). We next isolated mononuclear cells from the CNS of  $MOG_{35-55}$ immunized mice at the peak of EAE. Cells were stimulated with  $MOG_{35-55}$  in the presence of IL-23 or IL-23+IL-27. Analyses after 3 days of culturing showed that the frequency of IL-17A<sup>+</sup> cells and IL-17A concentrations in supernatants was suppressed by IL-27 between 9 and 25% (Fig. 7 and data not shown), depending on the experiment. Similar data were obtained using mononuclear cells isolated from the CNS of SJL mice immunized with PLP<sub>139-151</sub> (data not shown). In addition, we noticed in repeated experiments that IFN- $\gamma$  secretion was also

slightly suppressed by IL-27, while IL-10 secretion was not affected by the addition of IL-27 to cultures (Fig. 8b). These data are consistent with our results using *in vitro* polarized Th17 cells, showing no effect of IL-27 on committed Th17 cells.

#### 8. IL-27 does not suppress encephalitogenicity of myelin-reactive Th17 cells

To examine the effect of IL-27 on Th17 effector functions in vivo, we used an IL-23-driven adoptive EAE with Th17 cells differentiated from TCR transgenic MOG-specific 2D2 cells (36). 2D2 cells express a TCR composed of V $\alpha$ 3.2 and V $\beta$ 11 allowing tracking of these cells with anti-Vb11 Ab when injected into WT recipients. 2D2 Th17 cells were first differentiated in the presence of  $MOG_{35-55}$ , TGF- $\beta$ +IL-6, and then restimulated with IL-23 or IL-23+IL-27. As described earlier (supplementary Figs. 5c and d), addition of IL-27 into culture had no effect on frequency of 2D2 Th17 cells and IL-17A secretion was only modestly suppressed (Figure 8a and 8b). In repeated experiments, suppression of IL-17A secretion by IL-27 ranged between 13 and 28% (supplementary Fig. 5d; Fig. 8b and data not shown). In addition, 2D2 Th17 cell culture supernatants contained similar levels of IFN-y and IL-10 irrespective of IL-27 (Fig. 8b). CD4<sup>+</sup> cells were enriched by magnetic bead separation and  $7 \times 10^6$  cells were injected into sublethally irradiated recipient mice. Clinical follow-up of the recipient mice showed that mice injected with IL-23-treated or IL-23+IL-27-treated Th17 2D2 cells developed indistinguishable EAE (Fig. 8d). We analyzed expression of IL-17A and IFN- $\gamma$  in  $CD4^+V\beta 11^+$  (2D2) cells harvested from recipient mice 32 days post adoptive transfer. 2D2 cells constituted the majority among CD4+ cells and were readily detectable in splenocytes and mononuclear cells purified from the CNS. The vast majority of splenic 2D2 cells did not produce IL-17A or IFN-y after being stimulated with PMA and ionomycin, irrespective of whether cells were treated or not with IL-27 before adoptive transfer (Fig. 8c). In contrast, 2D2 cells isolated from the CNS largely retained Th17 phenotype. Frequency of IL-17A<sup>+</sup> positive and IL-17A<sup>+</sup>IFN- $\gamma^+$  double positive cells were similar in both groups, demonstrating that IL-27 did not promote loss of Th17 phenotype and/or accelerated conversion in Th1 cells. All these findings strongly suggest that IL-27 does not affect effector functions of committed Th17 cells in vivo.

## Discussion

IL-27 is possibly the most efficient suppressor of Th17 development. In stark contrast, already committed Th17 cells appear to be largely resistant to direct suppression by IL-27. We have followed several defining features of Th17 phenotype and failed to identify any significant alteration caused by IL-27. This includes expression of transcription factors ROR $\gamma$ t and ROR $\alpha$ , cytokine production, cell survival and proliferation. Most importantly, IL-27 did not affect effector functions of committed Th17 cells, as evidenced by their normal encephalitogenicity in an adoptive EAE model.

ROR $\gamma$ t and ROR $\alpha$  are transcription factors that drive development of the Th17 lineage. We confirmed previous findings that STAT1 is absolutely required for inhibition of Th17 development by IL-27 (29,30). Although suppression of ROR $\gamma$ t and ROR $\alpha$  expression by IL-27 were independent of T-bet, its upregulation was necessary for full suppressive effect of IL-27 on Th17 differentiation, suggesting that T-bet participates in IL-27/STAT1-mediated suppression of Th17 development. Indeed, T-bet has been demonstrated to be a negative regulator of Th17 development and mice deficient in T-bet have increased numbers of Th17 cells (10,11,37).

Contrasting the strong suppressive effect of IL-27 during *de novo* differentiation of Th17 cells on ROR $\gamma$ t and ROR $\alpha$  expression, the latter not having been previously described, committed Th17 cells maintain similar ROR $\gamma$ t and ROR $\alpha$  levels regardless of IL-27 signaling. Similarly, while T-bet is upregulated by IL-27 during Th17 differentiation, only low levels of T-bet were

detectable in committed Th17 cells after exposure to IL-27. Although underlying molecular mechanisms of differential responses to IL-27 signaling between developing and committed Th17 cells remain unknown, these findings provide evidence that these two cell populations respond to IL-27 differently. Thus, maintained expression of ROR $\gamma$ t and ROR $\alpha$  combined with the lack of T-bet upregulation provide a molecular basis for the stability of Th17 phenotype in spite of IL-27 signaling. This contrasts with the dramatic effects of IL-12 on committed Th17 cells, by readily inducing T-bet expression, suppressing expression of ROR $\gamma$ t and efficaciously converting them into Th1 cells (17).

The observed lack of sensitivity of committed Th17 cells to IL-27 can potentially be due either to downregulation of IL-27R expression or modified IL-27R signaling. However, we demonstrate that differentiated Th17 cells expressed levels of WSX-1 that surpass those on recently activated naïve cells. In addition, IL-27 induced activation of both STAT1 and STAT3 in committed Th17 cells, demonstrating functionality of IL-27R. Thus, reduced susceptibility of committed Th17 cells to IL-27 cannot be explained by the absence of a functional IL-27R.

IL-27 suppresses IL-23R expression on developing Th17 cells (29), an observation that we confirmed in the present study. In contrast, IL-27 did not reduce expression of IL-23R on committed Th17 cells and in that way potentially affected their responsiveness to IL-23. Functionally, signaling of IL-23R was also not modified by IL-27 as demonstrated by similar IL-23-induced cytokine upregulation in Th17 cells treated or not by IL-27. These findings provide evidence that IL-27 does not affect responsiveness of Th17 cells to IL-23, a cytokine crucial for Th17 cells effector functions.

IL-27 had a strong inhibitory effect on the secretion of IL-17A, IL-17F, IL-21 and IL-22 during Th17 differentiation. However, we found a modest decrease, if any, in cytokine secretion by effector/memory Th17 cells, demonstrating that IL-27 has little effect on committed Th17 cells in this regard. Our findings are in agreement with reports of Yoshimura et al describing limited ability of IL-27 to downregulate IL-17A production in memory T cells (35) and recently published data by Kastelein's group demonstrating that IL-27 was inefficient in suppressing IL-17A production by *in vitro* differentiated Th17 cells stimulated with IL-23 (38). Taken together our data demonstrate that phenotypic characteristics, most commonly used to define Th17 lineage, are not susceptible to change by IL-27 once these cells become committed.

IL-10 production induced by TGF- $\beta$  and IL-6 during Th17 differentiation is not further augmented by IL-27 (33). Committed Th17 cells downregulate IL-10 production, unless they are re-stimulated with TGF- $\beta$  and IL-6, while IL-23 does not have an IL-10-inducing effect on these cells (39). Diveu et al described that IL-27 up-regulated IL-10 in the presence of IL-23 in committed Th17 cell cultures (38). However, in our hands IL-27 did not induce IL-10 production by committed Th17 cells, as determined by intracellular staining (data not shown) and measurement of IL-10 in cell culture supernatants. The reasons for these contradictory findings are unclear. Nevertheless, Diveu et al. did not directly demonstrate intracellular coexpression of IL-10 and IL-17A in order to confirm that Th17 cells are the actual source of IL-27-induced IL-10.

We have described that administration of IL-27 to mice with EAE reduced disease severity (31). In that study, numbers of both encephalitogenic Th1 and Th17 cells were reduced in the inflamed CNS, making it difficult to infer whether IL-27 suppressed disease solely by acting on Th17 cells. Because IL-27 was administrated shortly after immunization, it likely suppressed EAE by inhibiting development of encephalitogenic Th17 cells rather than suppressing committed Th17 cells. This view is in accordance with published data showing that administration of IL-27 in the later phase of ongoing collagen-induced arthritis (CIA) does

not suppress disease (40,41). We made a similar observation in EAE, where IL-27 treatment post disease onset had no effect on disease course (our unpublished data).

To determine the effect of IL-27 on committed Th17 cell functions in vivo, we used highly polarized TCR transgenic Th17 cells specific for MOG<sub>35-55</sub>. IL-23+IL-27-treated Th17 cells were as encephalitogenic as IL-23-treated cells. These results are consistent with our in vitro findings showing no suppressive effect of IL-27 on differentiated Th17 cells. However, in a previous study, we have shown that IL-27 inhibited IL-23-driven adoptive transfer of EAE (31), which appears to contradict the findings presented here. One explanation for this discrepancy is the difference in composition of cells used for induction of adoptive EAE. In the previous study we injected total splenocytes, while in the present study we injected purified CD4<sup>+</sup> T cells. Given that IL-27 impacts both T cells and non-T cells, the negative regulation of adoptive EAE by IL-27, which we reported previously, could be due to its action, during in vitro stimulation, on non-T cells that were subsequently transferred into recipient mice. Indeed, IL-27 was shown to directly inhibit APCs co-stimulatory functions and cytokine secretion (42,43). In addition to directly affecting APCs, IL-27 could have also promoted a tolerogenic APC phenotype indirectly, by inducing IL-10 secretion from Th1 cells (33,34,44). IL-10 is well known to induce tolerogenic APCs (45). Hypothetically, these tolerogenic APCs, which were co-transferred with T cells, could have inhibited development of EAE in recipient mice (46). Additional investigation of the effects of IL-27 signaling in non-T cells will be essential to fully understand the role IL-27 plays in immune regulation.

Another explanation of the disparity with our previous study would be the polarization state of the cells used for adoptive EAE. Non-polarized EAE splenocytes contained a large proportion of Th1 cells, while in the present study, TGF- $\beta$ +IL-6 used for the initial Th17 polarization efficiently inhibited development of Th1 cells, yielding highly enriched Th17 cells and few Th1 cells. Since EAE splenocytes contain both Th1 and Th17 cells, it is likely that IL-10 induced by IL-27 in Th1 cells suppressed Th17 subset both directly and indirectly via inhibition of APCs, as discussed above (47–49). This idea is supported by studies in our laboratory demonstrating that addition of IL-27 to EAE splenocytes concomitantly induced IL-10 and inhibited IL-17 production (34). Furthermore, IL-17 inhibition was significantly decreased when IL-10-deficient splenocytes were used, demonstrating that IL-10 produced by Th1 cells participated in the inhibition of Th17 cells by IL-27 (34). The concept that Th1 cells inhibit Th17 cells by secreting IL-10 is supported by a recent identification of Th1 cells as the principal source of IL-10 during flu infection. In the absence of IL-10, flu-specific T cell responses developed a stronger Th17 component suggesting that IL-10 produced by Th1 cells inhibits Th17 cells (50). A similar opinion that IL-27 influences committed Th17 cells by acting on their environment rather than directly on them was recently published by Kastelein's group (38). All these data indicate that differences in the composition of cells used to study the effect of IL-27 on effector/memory Th17 cells are the likely reason for different findings.

In conclusion, we demonstrate here that effector/memory Th17 cells are unaffected by IL-27, contrasting its potent inhibitory effect on Th17 development. These findings that IL-27 does not suppress committed Th17 cells corroborate recently published reports (35,38). These results, which show differential effects of a cytokine on naïve versus committed T cells, are in agreement with the already described T helper 1 and 2 paradigm, where the Th1 signature cytokine IFN- $\gamma$  antagonizes the development of the Th2 subset and vice versa, but once differentiated, Th1 and Th2 cells acquire resistance to suppression by the opposite helper subset. In the case of Th17 cells, many specificities of their biology are still emerging and it is possible that IL-27 modifies some yet unknown features of committed Th17 cells that we have not studied here. Taking into account the complex and pleiotropic role of IL-27 in immune responses and our findings described here, IL-27 might not be a promising approach for treatment of established inflammatory diseases where Th17 cells are involved.

## **Supplementary Material**

Refer to Web version on PubMed Central for supplementary material.

## Acknowledgments

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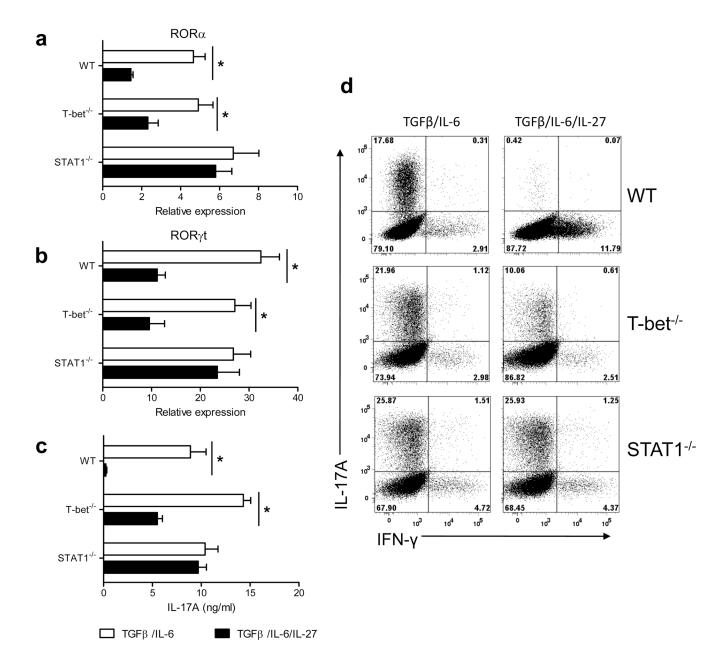
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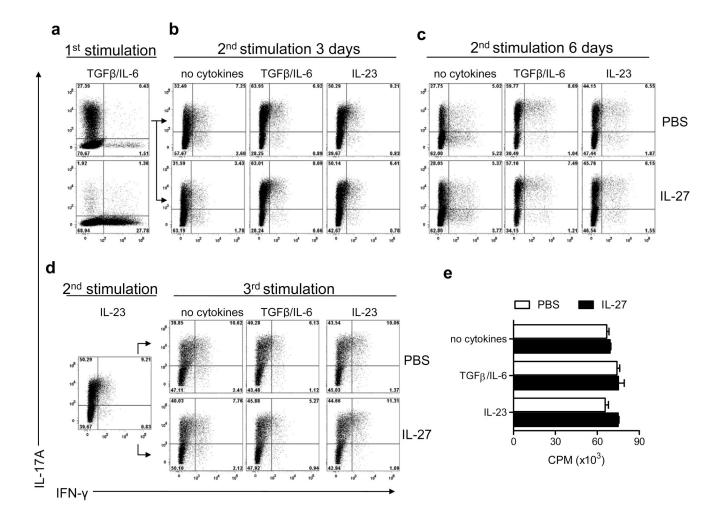
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## Figure 1. Suppressive effect of IL-27 on ROR $\gamma$ t and ROR $\alpha$ expression is dependent of STAT1 but independent of T-bet

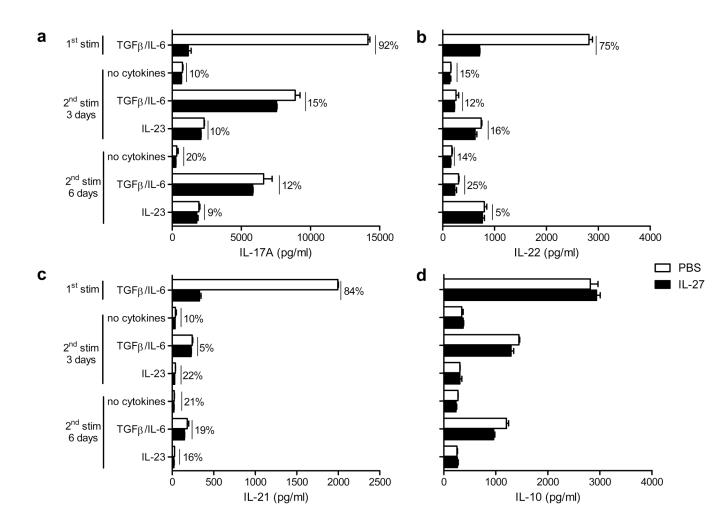
CD4<sup>+</sup> T cells from spleen of WT C57BL/6, T-bet<sup>-/-</sup>, and STAT1<sup>-/-</sup> mice were activated with anti-CD3 and anti-CD28 antibodies in the presence of TGF- $\beta$ +IL-6 (± IL-27). 72 h after activation, cells were stimulated with PMA and ionomycin in the presence of Golgiplug for 4 h, stained and analyzed by flow cytometry for IL-17A and IFN- $\gamma$  expression (d). mRNA was extracted from cells cultivated in (d) and analyzed by real-time PCR for ROR $\alpha$  (a) and ROR $\gamma$ t (b) expression. IL-17A levels were measured by ELISA in the supernatants of cells activated during 72 h as described above (c). \*p < 0.001. Data are representative of 3 experiments. (error bars, s.e.m).





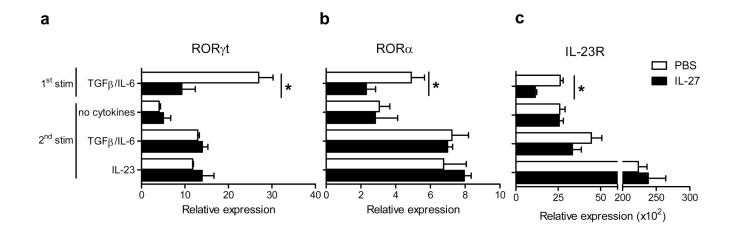
Purified CD4<sup>+</sup> T cells from spleens of C57BL/6 mice were activated with anti-CD3 and anti-CD28 antibodies in the presence of TGF- $\beta$ +IL-6 ( $\pm$  IL-27), and anti-IFN- $\gamma$  and anti-IL-4 antibodies (1<sup>st</sup> stimulation). Cells were activated 72 h later with PMA and ionomycin in the presence of GolgiPlug for 4 h and analyzed by flow cytometry for expression of IL-17A and IFN- $\gamma$  (a). After the 1<sup>st</sup> stimulation, cells were rested 2 days in the presence of IL-2 and then reactivated with anti-CD3 and anti-CD28 antibodies (2<sup>nd</sup> stimulation) either during 3 days (b) or 6 days (c) in the presence of cytokine combinations indicated on each panel. Cells were then stimulated with PMA and ionomycin in the presence of GolgiPlug for the final 4 h, stained and analyzed by flow cytometry for IL-17A and IFN-y expression. Th17 cells that underwent a 2<sup>nd</sup> stimulation in the presence of IL-23 as described in (b) were rested for 2 days in the presence of IL-2 and then restimulated (3rd stimulation) with anti-CD3 and anti-CD28 antibodies, in the presence of cytokine combinations indicated on each panel. After 72 h cells were stimulated with PMA and ionomycin in the presence of GolgiPlug for the final 4 h, stained and analyzed by flow cytometry for IL-17A and IFN- $\gamma$  expression (d). Cells undergoing a 2<sup>nd</sup> stimulation as described in (b) were pulsed with  $1 \mu \text{Ci}$  of  $[^{3}\text{H}]$ thymidine for the last 18 h of culture, and thymidine incorporation was measured using a scintillation counter (e). Data are representative of two experiments (c, d, e) or five experiments (a, b).

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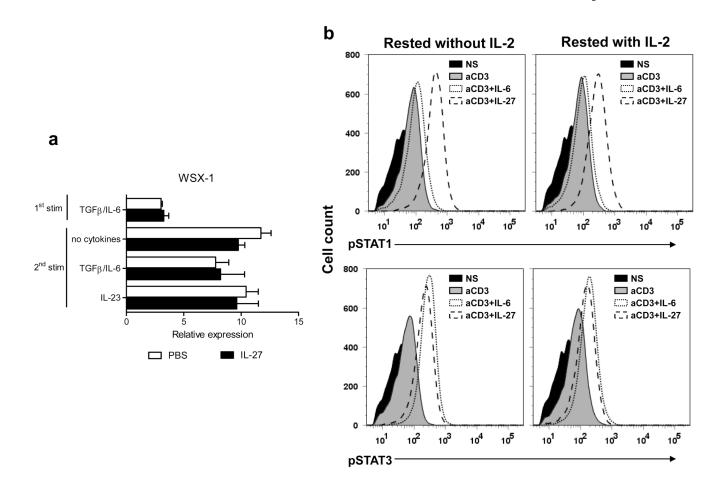


#### Figure 3. IL-27 does not suppress cytokine production by committed Th17 cells

Concentrations of IL-17A (a), IL-22 (b), IL-21 (c) and IL-10 (d) in 72 h supernatants collected from cell cultures after 1<sup>st</sup> and 2<sup>nd</sup> stimulations as described in Figure 2. Changes in cytokine concentrations (%) when IL-27 was added to the culture compared to PBS are indicated above the bars. Data are representative of three experiments (error bars, s.e.m).



**Figure 4. IL-27 does not suppress RORyt, RORa, and IL-23R expression in committed Th17 cells** Real-time PCR analysis of RORyt (a), RORa (b), and IL-23R (c) mRNA expression in differentiating Th17 cells and in committed Th17 cells after the 2<sup>nd</sup> stimulation. \*p < 0.001. Data are representative of 2 experiments. (error bars, s.e.m).



## Figure 5. Committed Th17 cells express IL-27R and phosphorylate both STAT1 and STAT3 in response to IL-27

(a) Real-time PCR analysis of WSX-1 expression in differentiating Th17 cells and in committed Th17 cells after the 2<sup>nd</sup> stimulation. (b) Committed Th17 cells rested 2 days in the absence or presence of IL-2 (2 ng/ml) were either not stimulated (NS) or stimulated with anti-CD3 (1 µg/ml) and anti-CD28 (1 µg/ml) antibodies (aCD3) in the presence of IL-6 (50 ng/ml) or IL-27 (50 ng/ml) for 30 min. Cells were then fixed, permeabilized and analyzed by flow cytometry for phosphorylated STAT1 (pSTAT1) and STAT3 (pSTAT3). \*p < 0.001. Data are representative of 2 independent experiments. (error bars, s.e.m).

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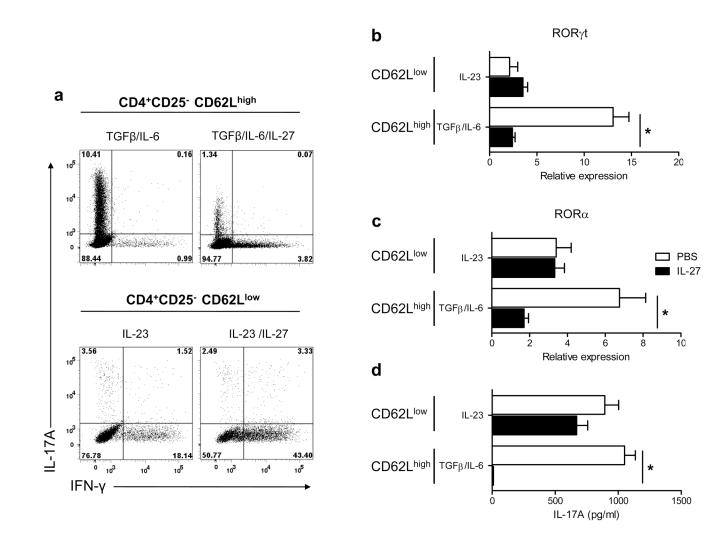
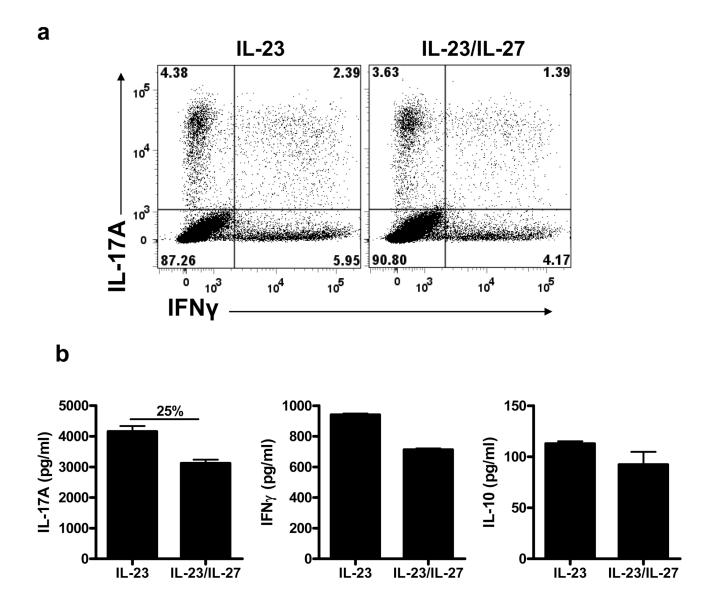


Figure 6. IL-27 does not suppress effector/memory Th17 cells that developed *in vivo* Naive (CD4<sup>+</sup>CD25<sup>-</sup>CD62L<sup>high</sup>) and memory T cells (CD4<sup>+</sup>CD25<sup>-</sup>CD62L<sup>low</sup>) were sorted by flow cytometry and activated with anti-CD3 and anti-CD28 antibodies in the presence either of TGF- $\beta$ +IL-6 (± IL-27) for naive cells, or IL-23 (± IL-27) for memory cells. All cultures were also supplemented with neutralizing anti-IFN- $\gamma$  and anti-IL-4 antibodies. After 72 h, cells were stimulated with PMA and ionomycin in the presence of Golgiplug for 4 h, stained and analyzed by flow cytometry for IL-17A and IFN- $\gamma$  expression (a). mRNA was extracted from cells cultivated in (a) and analyzed by real-time PCR for ROR $\gamma$ t (b) and ROR $\alpha$  (c) expression. IL-17A levels were measured by ELISA in the supernatants of cells activated for 72 h as

described above (d). \*p < 0.001. Data are representative of 2 experiments. (error bars, s.e.m).



**Figure 7.** Myelin-specific Th17 cells that develop in vivo are resistant to suppression by IL-27 EAE was induced in C57BL/6 mice with  $MOG_{35-55}$  peptide. Brains and spinal cords were harvested at the peak of disease and mononuclear cells were isolated and stimulated for 3 days with  $MOG_{35-55}$  peptide in the presence of irradiated splenocytes and IL-23 (±IL-27). (a) Flow cytometry analysis of IL-17A and IFN- $\gamma$  expression in CD4<sup>+</sup> cells after stimulation with PMA, ionomycin, and GolgiPlug. (b) IL-17A, IFN- $\gamma$  and IL-10 levels were measured by ELISA. Change in IL-17A concentration (%) when IL-27 was added to the culture is indicated above the bars.

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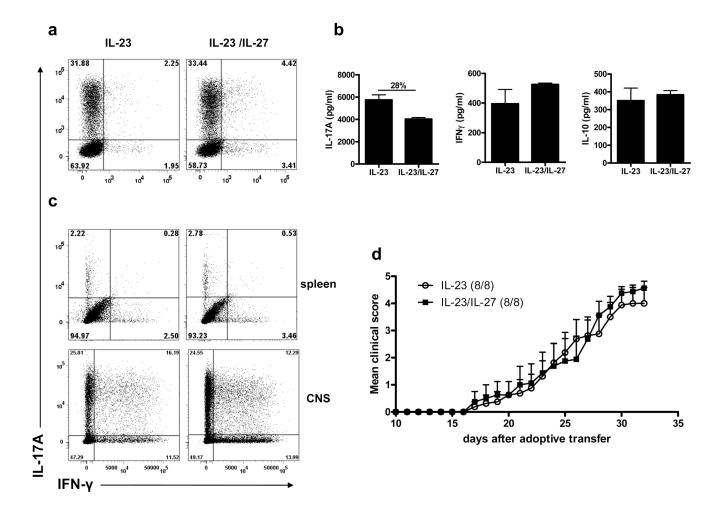


Figure 8. IL-27 does not suppress encephalitogenicity of 2D2 Th17 cells in adoptive EAE model 2D2 Th17 were reactivated with  $MOG_{35-55}$  for 3 days in the presence of IL-23 (±IL-27). CD4<sup>+</sup> T cells were enriched from culture and injected (7×10<sup>6</sup> cells/mouse) into 400 radirradiated C57BL/6 mice via the tail vein. Recipient mice received 200 ng of pertussis toxin on day 0 and 2 post-transfer. (a) Flow cytometry analysis of IL-17A and IFN- $\gamma$  expression in CD4<sup>+</sup> cells before transfer. (b) IL-17A, IFN- $\gamma$  and IL-10 levels after the second stimulation of 2D2 cells were measured by ELISA. (d) Clinical scores of mice that received IL-23-stimulated or IL-23/IL-27-stimulated 2D2 Th17 cells. (c) Flow cytometry analysis of IL-17A and IFN- $\gamma$  expression in CD4<sup>+</sup>V $\beta$ 11<sup>+</sup> cells from spleens and isolated mononuclear cells from the CNS at day 32 post-transfer, after ex vivo stimulation with PMA, ionomycin, and GolgiPlug for 4 h. Change in IL-17A concentration (%) when IL-27 was added to the culture is indicated above the bars. Data are representative of two experiments. (error bars, s.e.m).