

Redox Biochemistry of Hydrogen Sulfide*

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H₂S, the most recently discovered gasotransmitter, might in fact be the evolutionary matriarch of this family, being both ancient and highly reduced. Disruption of γ -cystathionase in mice leads to cardiovascular dysfunction and marked hypertension, suggesting a key role for this enzyme in H₂S production in the vasculature. However, patients with inherited deficiency in γ -cystathionase apparently do not present vascular pathology. A mitochondrial pathway disposes sulfide and couples it to oxidative phosphorylation while also exposing cytochrome *c* oxidase to this metabolic poison. This report focuses on the biochemistry of H₂S biogenesis and clearance, on the molecular mechanisms of its action, and on its varied biological effects.

Sulfur cycles through several biologically relevant oxidation states ranging from -2 as in hydrogen and metal sulfides to $+6$ in sulfate. H₂S, a colorless gas with the odor of rotten eggs, is important in the biogeochemical sulfur cycle and is used as an energy source by microbes such as the purple and green sulfur bacteria. It is a weak acid with pK_{a1} and pK_{a2} of 6.9 and >12 (1) and an aqueous solubility of ~ 80 mM at 37 °C. Hence, at the physiological pH of 7.4, the ratio of HS⁻:H₂S is 3:1. For brevity, H₂S is used to refer to the total free sulfide pool (*i.e.* H₂S + HS⁻ + S²⁻) in this report unless noted otherwise. The ready ionization of H₂S at physiological pH suggests impeded permeation through the lipid bilayer when compared with other gases, *viz.* NO or CO. On the other hand, transport of the gas, H₂S, across the membrane does not appear to be facilitated (2).

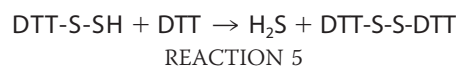
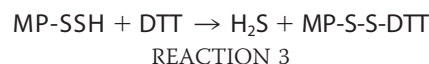
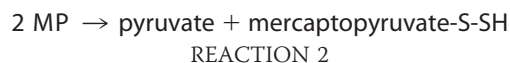
The toxicity of H₂S is thought to have influenced evolution. The presence of a metastable H₂S-enriched oceanic stratum is postulated to have limited early metazoan colonization of the continental shelf (3), and an increase in H₂S has been implicated in the Permian-Triassic extinction >250 million years ago (4). However, the reputation of H₂S as a toxic gas is enjoying a facelift, with increasing numbers of reports that it modulates a range of biological processes. Despite the rising interest in H₂S biochemistry, fundamental questions regarding regulation of its production, its mechanism of action, and its destruction remain. In addition, perhaps most critical to the field is the issue of what constitutes biologically relevant levels of H₂S with reports varying over a 10⁵-fold concentration range. Using a gas chromatography-based chemiluminescent

sulfur detection method, free H₂S (H₂S + HS⁻) in blood was estimated to be ~ 100 pM, and in tissues, it was estimated to be ~ 15 nM (5). These values are considerably lower than the ~ 30 – 300 μ M concentrations reported in a spate of recent studies (reviewed in Ref. 6). The high values can be ascribed to technical artifacts introduced by long processing times and harsh (either acidic or alkaline) conditions used to shift the equilibrium toward H₂S or S²⁻, respectively. Under these conditions, sulfide leaches from iron-sulfur cluster-containing proteins or is eliminated via desulfuration, leading to overestimation. With very few exceptions (5, 7), most studies on H₂S measurements in biological samples do not report on the sensitivity of the assay method nor include controls for background rates of cysteine (used as substrate at very high concentrations) desulfuration, which can be substantial (5), and hence, this body of data must be viewed with caution. Because most physiological effects of H₂S appear to be mediated in the tens to hundreds of micromolar concentration range, it sets a reference point for the magnitude of increase in local H₂S concentrations that must be realized to trigger biological signaling.

Biogenesis of H₂S

H₂S biogenesis in metazoans is the apparent byproduct of promiscuity of three PLP²-dependent enzymes (Fig. 1*a*). Thus, aspartate aminotransferase also deaminates cysteine to give mercaptopyruvate, which in a subsequent step catalyzed by MST liberates H₂S and pyruvate. Similarly the PLP enzymes in the transsulfuration pathway, CBS and CSE, generate H₂S by a multitude of reactions and substrate combinations. The ability to biosynthesize H₂S is found in all three kingdoms of life, pointing to it being an ancient metabolic capability. H₂S can also be formed non-enzymatically from polysulfides found in garlic (8).

MST belongs to the family of sulfurtransferases, which catalyze the transfer of sulfane sulfur from persulfide or thiosulfate (in the rhodanese subfamily) or MP (in the MST subfamily) to an acceptor. MST catalyzes transsulfuration reactions (Reactions 1 and 2) to various donors (9, 10).



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² The abbreviations used are: PLP, pyridoxal 5'-phosphate; CBS, cystathionine β -synthase; CSE, γ -cystathionase; MST, mercaptopyruvate sulfur transferase; MP, mercaptopyruvate; CAT, cysteine aminotransferase; SQR, sulfide quinone oxidoreductase; DTT, dithiothreitol.

cient catabolism of a toxic sulfur substrate. The electron acceptor in this reaction is ubiquinone, which transfers electrons to complex III, thus linking H₂S catabolism to the electron transfer chain. The sequential actions of a sulfur dioxygenase and a sulfur transferase (or rhodanese) are proposed to convert SQR-bound persulfide into sulfite and thiosulfate, respectively. Alternatively, low molecular weight thiols such as glutathione or dihydrolipoate might be involved in transferring the persulfide group from SQR to the sulfur dioxygenase, and indeed, *in vitro*, glutathione persulfide is a substrate for the dioxygenase (31). If CAT and MST are primarily involved in cysteine catabolism, they are likely to feed into the mitochondrial sulfide oxidation pathway described in Fig. 1*b*. Although the natural sulfide acceptor(s) for MST is not known, like rhodanese (32), MST can transfer the sulfide group to thioredoxin (33).

Inherited mutations in sulfur dioxygenase, the product of the *ethe1* gene, result in ethylmalonic encephalopathy, an autosomal recessive disorder (34). ETHE1 is a non-heme iron-containing protein in the mitochondrial matrix. Genetic disruption of ETHE1 in mice results in accumulation of H₂S above control levels and reduced levels and activity of cytochrome *c* oxidase in some (luminal colonocytes, muscle, brain) but not other (liver, kidney) tissues (31). The *ethe1*^{-/-} mice exhibit an ~3-fold lower sulfide-dependent oxygen consumption in liver extracts. Purified ETHE1 catalyzes glutathione persulfide-dependent O₂ consumption. ETHE1 physically interacts with rhodanese, which together with the existence of fusions between these two genes in some bacterial genomes (31) suggests that the two enzymes work in a complex to convert the product of SQR, persulfide, to thiosulfate (Fig. 1*b*). Curiously, urinary thiosulfate was elevated, whereas sulfite was undetectable in the *ethe1*^{-/-} mice. Inhibition of aerobic energy metabolism by sulfide accumulation due to ETHE1 deficiency explains some of the clinical manifestations of ethylmalonic encephalopathy (e.g. acrocyanosis and vascular damage and chronic diarrhea) (31).

The product of the sulfur dioxygenase reaction, sulfite, can be directly oxidized to sulfate by sulfite oxidase. Alternatively, sulfite can be converted by rhodanese to thiosulfate, which is presumably metabolized to sulfate via the actions of thiosulfate reductase (35) and sulfite oxidase (30). Sulfite oxidase is a molybdopterin-containing heme protein, and its deficiency, inherited as an autosomal recessive disorder, results in severe neurological problems (36).

Physiological Roles of H₂S

The list of physiological effects mediated by H₂S has been rapidly expanding and is the subject of several recent reviews (51–54). Hence, only a few salient biological effects are discussed here. Three major loci of H₂S action are the cardiovascular and central nervous systems and energy metabolism. The efficacy of H₂S in attenuating myocardial ischemia-reperfusion injury is mediated via protection of mitochondrial function (37). CSE^{-/-} mice exhibit reduced endothelium-dependent vasorelaxation, are hypertensive, and have reduced H₂S levels in the serum and lower H₂S production rates in aorta and heart (23). H₂S facilitates the induction of long term potentiation in hippocampal neurons, which requires activation of the

N-methyl-D-aspartic acid receptor (38). Relaxation of smooth muscle cells is apparently mediated via opening of ATP-sensitive K⁺ channels (21). Remarkably, H₂S induces a state of suspended animation by reversible inhibition of cytochrome *c* oxidase with consequent lowering of metabolic rate and body temperature (39).

In the relatively young field of H₂S signaling, it is important to pay particular attention to the following issues: (i) the concentration of H₂S used to elicit biological responses, (ii) the handling of this redox-active and air-sensitive compound, (iii) the substrates used to assess H₂S production given the preferential utilization of cysteine *versus* cysteine + homocysteine by CSE and CBS, respectively (Fig. 1*a*), and (iv) the inhibitors of biosynthetic enzymes used to modulate its production. For instance, studies using iodoacetamide and hydroxylamine as “specific” inhibitors of CSE and CBS must be viewed with caution because these reactive compounds are completely bereft of specificity. Iodoacetamide is a cell-permeable thiol-alkylating agent that derivatizes all accessible and reactive thiols on proteins as well as small molecules e.g. glutathione, cysteine, and indeed, H₂S itself. Hydroxylamine is widely used to release the cofactor from PLP-containing enzymes and inhibits not only all three PLP-dependent H₂S-generating routes but also other PLP enzymes.

It is important to compare the clinical pathologies associated with deficiencies in enzymes involved in the three H₂S-generating routes to the broad range of physiological effects attributed to H₂S. Defects in CBS lead to a condition known as homocystinuria and affects four major organ systems: cardiovascular, ocular, skeletal, and the central nervous system (40). Deficiency of CSE gives rise to a relatively benign condition, cystathioninuria, which is not characteristically associated with a set of clinical abnormalities (40). Secondary association of cystathioninuria with a range of diseases including diabetes insipidus, Down syndrome, neuroblastoma, hepatoblastoma, and celiac disease has been reported (41). Deficiency of MST leads to mercaptolactate-cysteine disulfiduria, which may or many not be associated with mental retardation. The metabolite that accumulates in urine is formed by conversion of mercaptopyruvate to mercaptolactate by lactate dehydrogenase followed by its oxidation to form a mixed disulfide with cysteine (42).

Mechanisms of H₂S Action

Despite the increasing number of reports on the biological effects of H₂S, insights into its mechanisms of action and its molecular targets are largely lacking. Taking lessons from other gas sensors and gas-based signaling pathways, it is reasonable to expect that metalloproteins, particularly heme-containing ones, might mediate H₂S signaling. The reversible inhibition of cytochrome *c* oxidase at moderately high H₂S concentrations (~80 ppm) is associated with induction of a suspended animation state (39). Although H₂S is a potent inhibitor of purified cytochrome *c* oxidase (*K_i* = 0.2 μM), the situation is more complex in tissues where H₂S is also a substrate for the respiratory chain (Fig. 1*b*). At low concentrations, it stimulates oxygen consumption (43). At higher tissue concentrations (>20 μM), the mitochondrial respiratory chain is inhibited (43). Thus, at the reported tissue concentrations of tens to hundreds of micromo-

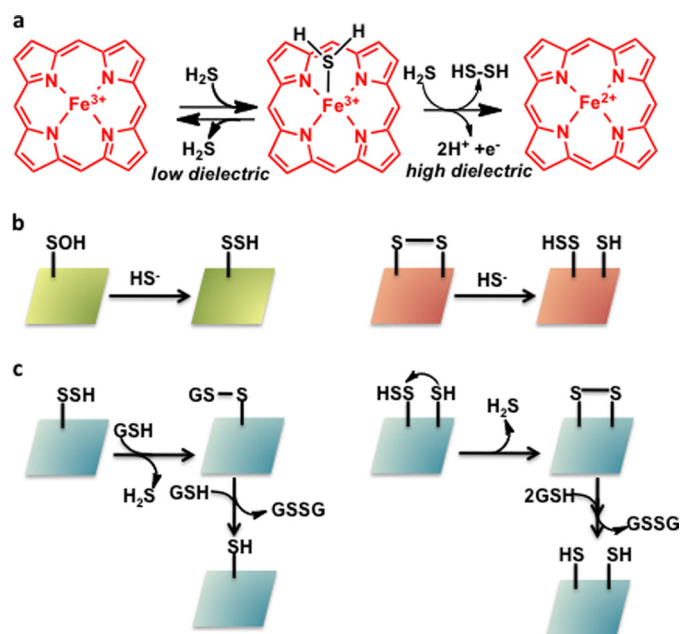
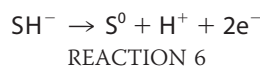


FIGURE 2. **Molecular mechanisms for H_2S targeting.** *a*, H_2S can ligate to ferric heme in globins, and depending on the stereoelectronic properties of the distal heme site, can remain bound to, dissociate from, or reduce the iron center. *b*, persulfidation of proteins requires attack of H_2S to an oxidized side chain, e.g. a sulfenic acid or disulfide. *c*, once formed, persulfides need to be protected from small molecule thiols (e.g. glutathione) or thiol groups on the same or different proteins. Conversely, the same chemical reactions can be exploited to liberate H_2S from the “stored sulfur” pool. *GSH* is glutathione.

lar of free H_2S , virtually complete inhibition of cytochrome *c* oxidase would be expected. H_2S also reduces cytochrome *c* oxidase (44) and cytochrome *c* (45). The two-electron redox potential of H_2S (Reaction 6)



is +0.17 V at pH 7.0 (45), which makes it a significantly weaker reductant than the much more abundant intracellular thiols, glutathione and cysteine ($E^0 \sim -0.25$ V). The considerably smaller size of H_2S in comparison with other low molecular weight thiols would afford it preferential access to metal centers. However, based on its low concentration relative to glutathione and its high redox potential, a quantitatively significant role for H_2S in cellular antioxidant function would appear unlikely.

The reactivity of H_2S with globins is varied. Invertebrates living in sulfide-rich habitats encounter H_2S concentrations of up to 1 mM and use hemoglobin to transport sulfide to symbiotic bacteria (46). The sulfide is apparently “carried” by zinc rather than the heme or protein thiols in the giant hydrothermal vent tubeworm, *Riftia pachyptila* (47). In contrast, hemoglobin I from the clam *Lucina pectinata* that dwells in sulfide-rich mangroves uses the ferric heme iron center to deliver sulfide to bacteria, and in turn, to protect itself from sulfide toxicity (46). The active site of hemoglobin I has evolved for H_2S selectivity in contrast to the other two hemoglobins in this organism that do not bind H_2S . It has been proposed that the polarity of the distal heme pocket influences the fate of H_2S bound to ferric heme (48) (Fig. 2a). Active sites with a high

dielectric constant stabilize ferric H_2S and promote reduction by a second mole of H_2S -generating ferrous heme and hydrogen persulfide (Reaction 7).



In contrast, in non-polar active sites, H_2S dissociates from the heme- $Fe(III)$ - H_2S complex without redox chemistry. The affinity of sulfide for globins has been reported to range from 90 nM for the sulfide-avid *L. pectinata* hemoglobin I to 20 μ M for sperm whale myoglobin (49).

In analogy with protein *S*-nitrosylation, protein *S*-sulfhydration has been proposed as a mechanism for H_2S -mediated signaling (50). For this posttranslational modification to occur, the cysteine residue must exist in an oxidized state, e.g. sulfenic acid or a disulfide, which is subsequently attacked by the hydrosulfide anion to give a persulfide product (Fig. 2b). In oxidizing compartments, e.g. the endoplasmic reticulum or the extracellular milieu, oxidized cysteines on proteins are relatively common. In contrast, in the cytoplasmic compartment, which is reducing, oxidized cysteines on proteins have to be stabilized and sequestered. By the same token, cysteine persulfides, when formed, also have to be stabilized against (i) disulfide exchange and reduction by the abundant intracellular thiol, glutathione and (ii) intramolecular displacement by a vicinal cysteine forming a disulfide or by antioxidant enzymes like thioredoxin. In all cases, H_2S is eliminated (Fig. 2c). Because the cysteine redox status of the protein substrate is a critical determinant of its ability to be modified by H_2S , attention to sample handling conditions is essential for monitoring persulfide modifications. For instance, during treatment of cell lysates with NaHS to observe sulfhydration, cysteines are readily oxidized, thus artificially enabling the modification chemistry shown in Fig. 2b. To avoid this, preparation and incubation of cells lysates must be conducted under strictly anaerobic conditions. Furthermore, treatment of cells with unphysiologically high concentrations of cysteine, which preferentially supports H_2S production by CSE versus CBS (which requires homocysteine in addition to cysteine) or CAT and MST (which requires α -ketoglutarate in addition to cysteine or mercaptopyruvate) (Fig. 1a), biases conclusions about the relative importance of one versus the other pathways for H_2S generation. It is presently unclear whether cellular sulfane sulfur stores present under steady-state conditions are mobilized or whether *de novo* H_2S biogenesis is up-regulated in response to signals to trigger H_2S -based signaling.

Future Perspectives

Despite the controversies in the field surrounding the physiologically relevant H_2S concentrations and its biological effects (e.g. whether it is pro- or anti-inflammatory), or perhaps because of it, research on H_2S biochemistry and cell biology is in the midst of a lively expansion. The field would benefit immensely from the development of chemical tools for H_2S delivery, quantitation, and imaging and the design of specific inhibitors of H_2S -producing and -consuming enzymes. Key biochemical questions that warrant elucidation include

identification of the signals that turn on transient *de novo* production of H₂S or its release from sulfane-sulfur stores and their tissue specificity, of the molecular targets and mechanisms of H₂S action, and finally, of the pathway(s) for its rapid removal. Insights into the biochemistry of H₂S metabolism would then allow the dots between the reception of an enabling (or disabling) signal and the network of biological responses that is elicited to be connected.

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