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DECREASED BETA2*-NICOTINIC ACETYLCHOLINE RECEPTOR AVAILABILITY AFTER CHRONIC ETHANOL EXPOSURE IN NONHUMAN PRIMATES

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The molecular changes that account for the cognitive and behavioral features of acute and extended abstinence states associated with ethanol dependence are not well understood. One potential target that has received growing attention in this regard is the nicotinic acetylcholine receptor (nAChR). Specifically, the β_2^* -subunit containing nAChR (β_2^* -nAChR) is involved in a number of ethanol behaviors including ethanol-induced locomotion (Blomqvist et al., 1992), ethanol-induced ataxia (Taslim et al., 2008), alterations of the startle response (Owens et al., 2003), in genetic polymorphisms that mediate the effects of ethanol (Butt et al., 2003) and in ethanol withdrawal (Butt et al., 2004).

There is conflicting evidence on the effects of ethanol on nAChR binding levels during exposure to ethanol and during abstinence (Gorbounova et al., 1998; Robles and Sabria, 2008; Yoshida et al., 1982). Many rodent studies indicate that moderate lengths of ethanol exposure, e.g., 15–21 days, do not change numbers of β_2^* -nAChRs during abstinence (de Fiebre and Collins, 1993; Ribeiro-Carvalho et al., 2009). In human brain, no difference was observed in high-affinity nicotine binding sites postmortem between alcoholics and controls (Hellstrom-Lindahl et al., 1993), and a more recent human neuroreceptor imaging suggests no difference in β_2^* -nAChR availability between heavy drinkers and controls (Esterlis et al., 2009). However, few studies have examined the neurochemical changes occurring during abstinence from chronic ethanol exposure on β_2^* -nAChR expression in living animals. We used the radiotracer [¹²³I]5-IA-85380 ([¹²³I]5-IA) and SPECT brain imaging to examine β_2^* -nAChR availability during acute and extended abstinence from chronic ethanol administration in nonhuman primates.

Five male rhesus monkeys (*Macaca mulatta*) served as subjects. Of the five, 2 were adolescent (M-M, M-R), and 3 were young adult (M-B, M-D, M-J), weighing 5.5–12.9 kg. Two animals were alcohol naïve (M-M, M-R) and the other 3 had previous exposures to ethanol. Each previous exposure was approximately 6 months; M-B and M-D had 1 previous exposure and M-J had 2 previous exposures. The housing facility is fully accredited by the American Association for the Accreditation of Laboratory Animals

(AAALAC) and all experiments were conducted in accordance with the Institutional Care and Use Committee guidelines.

Fasted animals were scanned under anesthesia as previously described (Staley et al., 2006). [^{123}I]5-IA was synthesized as previously described (Zoghbi et al., 2001) and administered as a bolus to constant infusion at a ratio of 6.0 for 6 hours. This paradigm has demonstrated high test-retest reliability in rhesus monkeys (Staley et al., 2006). Animals were injected with a bolus (63.96 ± 10.05 , mean \pm SD, MBq) and constant infusion (10.62 ± 1.68 , mean \pm SD, MBq/h). Equilibrium ($<5\%$ change/hr) was established by 2.5–4.5 hours for all regions except thalamus, which was between 5–6 hours. Up to 12 consecutive SPECT images (approximately 30 min each) were acquired in the NeuroFocusTM Model 200 camera (NeuroPhysics Corp, MA) for up to 6 h. Animals were scanned at “baseline”, e.g., prior to ethanol consumption, during acute abstinence at 24 h after their last drink and during extended abstinence at 5–13 weeks after their last drink. A magnetic resonance image (MRI) of each animal was previously obtained to perform coregistration and guide the placement of regions of interest (ROIs). The ROIs were: cingulate cortex, right and left parietal, frontal, temporoinsular and occipital cortices, the right and left midbrain, thalamus and right and left cerebellum. The regional brain activities are average value of the right and left hemispheres. The primary outcome measure is the binding potential (BP_{ND}) which is the ratio of specific to nonspecific binding with the cerebellum as the reference region.

A dose escalation procedure was used to obtain self-administration of ethanol, which was sweetened with saccharin (0.3% wt/vol) and diluted with tap water. Animals had free daily access (24 h/dy) to ethanol via a drinking spout protruding into the cage attached to a secured bottle. The concentration of ethanol was increased over a 4-week period (2%, 4%, to 6% vol/vol). Amount of alcohol (g/kg) consumed was recorded daily. Animals consumed ethanol daily for 18 ± 1 week and had access to water for a minimum of 2 hr/day. Behavior was monitored with a checklist (e.g., to record pacing behavior, yawns, scratches) twice daily for a 15-min period over the first week of alcohol abstinence.

Linear mixed models with time (baseline, 24 h, and 5–13 wk) as a within-subjects factor were used to assess β_2^* -nAChR availability measured across phase of abstinence. Cortical analysis included region (frontal, parietal, cingulate, occipital, temporal) as within-subjects factors, and random subject effects. The Bonferroni correction was used for comparisons within the five cortical regions. Associations between percent changes from baseline in BP_{ND} and alcohol consumption history were explored using Spearman correlations. All tests were two-sided and considered significant at $P < 0.05$. All analyses were conducted using SAS, version 9.1 (Cary, NC).

The animals consumed an average of 2.57 ± 1.09 g/kg/day over 18 ± 1 weeks, with 0.25 g/kg considered 1 standard drink for a human. No overt behavioral signs of ethanol withdrawal were observed during the first week of abstinence and no significant change from baseline behavior was recorded. Analysis of β_2^* -nAChR availability in the cortex revealed an overall time effect ($F(2,56)=28.2$, unadjusted $p < 0.0001$, adjusted $p < 0.0005$) such that availability decreased relative to baseline after extended (5–13 wk) abstinence ($F(1,56)=11.5$, unadjusted $p=0.0013$, adjusted $p=0.0065$) but not acute (24 h) abstinence ($F(1,56)=0.08$, unadjusted $p=0.78$, adjusted $p=3.9$) (Figure 1). The interaction between time and region was not significant ($F(8,56)=0.77$, unadjusted $p=0.63$, adjusted $p=3.2$), and post-hoc tests confirmed the decrease at 5–13 weeks was present in each of the five cortical regions (all unadjusted $p < 0.02$, adjusted $p < 0.10$). Similar abstinence effects were observed in the thalamus ($F(2,4)=24.1$, $p=0.006$) explained by significant decreased β_2^* -nAChR availability following extended ($t(5)=5.6$, $p=0.005$) but not acute ($t(4)=1.2$, $p=.30$) abstinence. Overall β_2^* -nAChR availability in the midbrain did not significantly change

across the different stages of abstinence ($F(2,8)=2.4$, $p=0.15$). There were no significant correlations observed between the percent change in β_2^* -nAChR availability from baseline to 24 h abstinence and history of alcohol consumption. Negative correlations were observed between decreases in β_2^* -nAChR availability, expressed as percent change from baseline to 5–13 wks abstinence, in the parietal cortex with lifetime grams of ethanol consumed (Spearman $\rho=-0.9$, $p=0.037$) and in the midbrain with average daily g/kg ethanol consumed (Spearman $\rho=-0.9$, $p=0.037$).

This study provides the first *in vivo* evidence in nonhuman primates that extended, but not acute, abstinence after chronic ethanol consumption is associated with decreased β_2^* -nAChR availability. Significant decreases in β_2^* -nAChR availability during extended abstinence compared to baseline were found throughout the cortex (22%) and in the thalamus (24%), but not the midbrain (15%). There was variability in the decrease from baseline to prolonged withdrawal. Specifically, while each individual animal demonstrated decreased β_2^* -nAChR availability, this decrease was less pronounced in M-R. Additionally, the animals that had consumed greater grams of ethanol over their life and more average daily ethanol (g/kg) had greater decreases in the parietal cortex and midbrain, respectively.

While there was no significant difference in β_2^* -nAChR availability between baseline and 24h abstinence, there was individual variability. The potential sources of these inter-individual differences are not yet known. One potential hypothesis is that during acute abstinence there are individual differences in endogenous ACh levels as a result of nAChR neuroadaptations to ethanol exposure. ACh is capable of interfering with [123 I]5-IA binding (Fujita et al., 2003) and alcohol consumption and withdrawal modulates endogenous ACh and cholinergic function (Arendt et al., 1989; Kohila et al., 2004; Nestby et al., 1997). Thus, changes in changes in β_2^* -nAChR availability during acute alcohol withdrawal may reflect alterations in receptor number combined with changes in the levels of occupancy of these receptors by ACh.

In vitro, acute ethanol has been shown to increase excitatory cellular response to ACh (Mancillas et al., 1986) by synergistically diminishing the M-current in combination with ACh (Moore et al., 1990). This may lead to receptor downregulation after more chronic ethanol exposure. Chronic ethanol exposure (28 weeks) in rats produced a long-lasting reduction, e.g., 5 months post-ethanol treatment, in muscarinic AChR function (Rothberg and Hunter, 1991). Chronic ethanol (28 wks) also resulted in robust and persistent reductions in ACh content, in acetylcholinesterase (AChE) activity, *in vitro* release and synthesis of ACh, and choline uptake (Arendt et al., 1989; Arendt et al., 1988) and a reduction in the number of AChE-positive neurons in rat brain in the basal nucleus of Meynert Complex (Arendt et al., 1988). The evidence of reduced ACh levels associated with chronic exposure to ethanol reduces the likelihood that the current data are substantially contaminated by increases in the occupancy of nAChR's by ACh. The current data add to an emerging body of evidence that chronic ethanol exposure leads to a reduction in cholinergic activity and function and in β_2^* -nAChR availability that remains during extended abstinence.

There are several limitations to this preliminary study including the small sample size and that 3 of the 5 animals were not alcohol-naïve at their “baseline” scan. Despite these limitations, all 5 animals demonstrated decreased cortical and thalamic β_2^* -nAChR availability following prolonged withdrawal. Such long-lasting changes in receptor availability have treatment implications. Specifically, due to the nature of alcohol dependence, e.g., a chronic disorder characterized by frequent relapse, treatments may need to be geared at preventing relapse for many months after an individual has stopped drinking.

The β_2^* -nAChR offers a receptor target that may be critically involved in the recovery from alcohol dependence.

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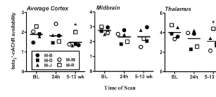


Figure 1.

β_2^* -nAChR availability (BP_{ND}) in 5 animals at baseline, e.g., prior to this ethanol exposure, at 24 h and 5–13 wks abstinence in the average cortex (average of frontal, parietal, cingulate, temporal and occipital), midbrain, and thalamus. Each symbol represents an individual data point and the lines represent the mean. * indicates significantly different from baseline at $p < 0.05$.