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## Reduced Vascular Responsiveness to Adiponectin in Hyperlipidemic Rats -- Mechanisms and Significance

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### Abstract

Deficiency of adiponectin (APN), an adipocyte-derived vascular protective molecule, contributes to diabetic vascular injury. The current study determined whether obesity/hyperlipidemia may alter the vascular response to APN, and investigated the involved mechanisms and pathologic significance. Adult male Sprague-Dawley rats were fed a regular or high-fat diet (HF) for 4–16 weeks. Circulating APN levels, aortic pAMPK/AMPK, peNOS/eNOS, and APN receptor expression levels were determined. Compared to time-matched animals fed control diet, plasma APN levels in HF-diet animals were significantly increased at 8 weeks, and rapidly declined thereafter. Despite unchanged or elevated circulating APN levels, phosphorylated AMPK and eNOS in vascular tissue were significantly reduced at all observed time points. Recombinant full length APN (rAPN) induced AMPK/eNOS phosphorylation and vasodilatation were significantly reduced in 16-week obese/hyperlipidemic aortic segments. Vascular APN receptor 1 (AdipoR1) and receptor 2 (AdipoR2) expression were significantly reduced 16 weeks after HF-diet. Pre-incubation of rAPN with obese/hyperlipidemic plasma, but not with normal plasma, significantly reduced its AMPK and eNOS activation effect, and blunted its protective effect against TNF $\alpha$ -induced HUVEC apoptosis. This study demonstrated for the first time that obesity/hyperlipidemia reduces vascular responsiveness to APN. Modification/inactivation of APN by unidentified factors present in obese/hyperlipidemic plasma, decreased vascular AdipoR1/R2 expression, and reduced circulating APN levels contribute to reduced vascular responsiveness to APN at different stages of the obese condition. Reduced APN bioactivity allows unmitigated TNF $\alpha$  pro-apoptotic and pro-inflammatory actions, contributing to vascular injury in obesity/hyperlipidemia.

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## Keywords

Vascular injury; Cytokines; Obesity; Dyslipidemia; Adiponectin

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## 1. Introduction

Cardiovascular disease is the leading cause of death in developed countries. Despite extensive research efforts in the past decade, effective therapeutic interventions reducing cardiovascular mortality remain limited. It is increasingly recognized that early intervention, including the elimination of cardiac disease risk factors, is critical in the prevention of cardiovascular morbidity and mortality[1].

The metabolic syndrome is a cluster of physiologic dysregulations encompassing obesity, insulin resistance, dyslipidemia, and hypertension[2]. Numerous clinical epidemiology studies have demonstrated that the metabolic syndrome is a major risk factor for cardiovascular disease[3]. Multiple pathologic alterations in these patients collectively facilitate development of arteriosclerosis, contributive to coronary heart disease and stroke[4]. However, the specific molecular link connecting the metabolic syndrome to cardiovascular injury remains largely unknown.

The hormone adiponectin (APN) circulates in plasma as multimeric complexes at relatively high concentrations (2–10  $\mu\text{g/ml}$ )[5]. In recent years, APN has garnered much attention due to its pleiotropic beneficial effects upon obesity-related complications. Atop its well-defined insulin sensitization and metabolic regulatory effects, APN has been confirmed by recent experimental and clinical studies to mediate various vascular processes[6]. It stimulates endothelial nitric oxide production, induces vascular relaxation, inhibits inflammatory response, and reduces oxidative/nitrative stress[7]. Numerous clinical studies have also reported altered plasma APN levels in obesity, type-2 diabetes, and the metabolic syndrome. As such, APN has been proposed as a molecular link between the metabolic syndrome and its detrimental cardiovascular consequences[8]. However, although many clinical studies have reported that APN levels are significantly decreased in obesity, hypertension, and type-2 diabetes[9,10], others have identified unchanged or even increased APN levels in rats with the metabolic syndrome[11–13]. Such conflicting clinical results suggest the existence of mechanisms contributive to vascular APN malfunction and loss of vascular regulatory function in the metabolic syndrome beyond mere APN reduction.

In the metabolic syndrome, insulin resistance is a well-recognized pathologic alteration. Emerging evidence suggests that the metabolic syndrome also causes APN resistance in insulin sensitive tissues. Specifically, APN response has been found to be significantly reduced in skeletal muscle (from patients[14,15] or experimental animals[13,16] with the metabolic syndrome) and liver tissue (from hypertensive[13] or insulin receptor transgenic/knockout[17] animals). Moreover, a recent study has demonstrated that APN resistance precedes the accumulation of skeletal muscle lipids and insulin resistance in high-fat-fed rats[18], suggesting that APN resistance may contribute to insulin resistance development. However, whether the pathologic response to APN may also develop in vascular tissue, a system critically determinant of the metabolic syndrome's clinical effects, has never been previously investigated.

Therefore, the aims of the current study were 1) to examine whether diet-induced obesity/hyperlipidemia may cause vascular APN resistance; 2) to identify the mechanisms that are responsible for obesity/hyperlipidemia-induced vascular APN resistance, and 3) to determine the pathologic significance of vascular APN resistance.

## 2. Materials and Methods

### 2.1 Animals and diets

Adult male Sprague-Dawley rats were randomized to receive a regular chow (12% kcal from fat, control) or a high-fat (60% kcal from lard, Research Diets, New Brunswick, NJ) diet. Food and water were provided ad libitum. Animals were maintained in a temperature-controlled barrier facility, with a 12-hour alternating light/dark cycle. Prior to dietary intervention and weekly thereafter, body weight was recorded, and 0.5 ml blood samples were collected from the tail artery under isoflurane anesthesia. All procedures were performed in accordance with the National Institutes of Health Guidelines on the Use of Laboratory Animals, and were approved by the Thomas Jefferson University Committee on Animal Care.

### 2.2 Terminal blood and tissue collection

4 to 16 weeks after high-fat feeding, the animals were fasted overnight, and anesthetized with 2% isoflurane. Thoracotomy was performed, and terminal blood collection in heparinized tubes was achieved via cardiac puncture. Plasma was removed for both biochemical assays and for *in vitro* incubation of recombinant full length APN (rAPN). The aortic segment from heart to iliac bifurcation was excised, cleaned of adherent tissues, and either homogenized for the immunoblotting assay, or cut into 3–4 mm vascular segment for *ex vivo* experiments as described below.

### 2.3 Plasma lipid and APN determinations

Plasma cholesterol and triglyceride levels were determined by a biochemistry analyzer (COBAS INTEGRA 400 Plus, Roche Inc., Switzerland). Plasma APN levels were quantified with a rat APN ELISA assay kit (Alpco, Salem, NH) per manufacturer's instructions.

### 2.4 Organ chamber experiments

APN-induced vascular relaxation was performed as previously described[19,20]. Briefly, aortic rings were mounted onto hooks, suspended in organ chambers filled with Krebs buffer and aerated with 95% O<sub>2</sub> and 5% CO<sub>2</sub> at 37°C, and connected to force transducers (WPI, Sarasota, FL) to record changes via a Maclab data acquisition system. After equilibration for 60 min at preload of 1g, the rings were pre-contracted with norepinephrine (NE, 0.1 nM). Once a stable contraction was achieved, the rings were exposed to cumulative concentrations of full length recombinant rat APN (rAPN, BioVendor, Candler, NC, Cat# RD272023100, 0.1–10 µg/ml). After the cumulative response stabilized, the rings were washed and allowed to equilibrate to baseline. The procedure was then repeated with an endothelium-independent vasodilator (SNAP, 0.03–3 µg/ml) to determine smooth muscle function and sensitivity to NO.

### 2.5 Determination of NO production from aortic segments

To determine rAPN stimulated nitric oxide production by endothelium in situ, isolated aortic segments were placed in culture medium containing vehicle or rAPN (3 µg/ml), and incubated in a cell culture incubator (5% CO<sub>2</sub> 37°C). 1400W (10 µM), a highly selective iNOS inhibitor[21], was added to all samples to block potential iNOS mediated NO production. After 1 hour incubation, NO and its oxidative metabolic products (NO<sub>2</sub> and NO<sub>3</sub>), collectively known as NO<sub>x</sub>, were determined as described in our previous study.[20] The amount of NO released was expressed in nmol/mg protein.

## 2.6 Immunoblotting

The vascular tissues were homogenized in lysis buffer, and Western blotting was performed as previously reported[22].

## 2.7 In vitro incubation of full length recombinant APN with normal plasma or high-lipid plasma

To each well of a 24-well cell culture plate, 20  $\mu$ g of rAPN and 1 ml of plasma from either normal-diet fed rat (normal plasma, NP, 8 weeks) or a high-fat-diet fed rat (high-lipid plasma, HLP, 8 weeks) was added. The plate was placed in a cell culture incubator and incubated at 37°C for 2 to 8 hours.

## 2.8 APN activity assay using cultured endothelial cells

Human umbilical vein endothelial cells (HUVEC, Lonza Inc, Allendale, NJ) were cultured as previously described[23]. Experiments were carried out at 3 or 4 cell-passage state. After 3 hours of serum-starvation (serum-free growth medium incubation), the HUVECs were randomized to receive one of the following treatments: normal plasma (NP, 50% culture medium, 50% normal plasma from healthy rats), high-lipid plasma (HLP, 50% culture medium, 50% plasma from high-fat-diet rats), NP pre-incubated rAPN (50% culture medium, 50% rAPN incubated with normal diet fed rat plasma as described above, final rAPN concentration: 10  $\mu$ g/ml), or HLP pre-incubated rAPN (50% culture medium, 50% rAPN incubated with high-lipid diet fed rat plasma as described above). After 1 hour of treatment, endothelial cells were collected, sonicated, and AMPK/eNOS phosphorylation was determined by Western blotting.

## 2.9 Apoptosis induction and APN treatment

After 3 hours serum-starvation, the HUVEC were randomized to receive one of the following treatments: normal plasma (NP, 50% culture medium, 50% normal plasma from healthy rats), high-lipid plasma (HLP, 50% culture medium, 50% plasma from high-fat-diet rats), TNF $\alpha$  (25 ng/ml, Sigma-Aldrich, St. Louis, MO), TNF $\alpha$ +NP pre-incubated rAPN (50% culture medium, 50% rAPN incubated with normal diet fed rat plasma as described above), or TNF $\alpha$ +HLP pre-incubated rAPN (50% culture medium, 50% rAPN incubated with high-lipid diet fed rat plasma as described above). Twenty hours after treatment, apoptosis was determined using a terminal deoxynucleotidyl transferase-mediated dUTP nick-end labeling (TUNEL) kit (Roche Applied Science, Indianapolis, IN) per manufacturer's instructions. Nuclei were counter-stained with 4,6-diamidino-2-phenylindole (DAPI), samples were visualized on an Olympus BX51 Fluorescence Microscope, and multiple digital images scanning the entire culture dish were acquired with IP Lab Image Analysis Software (BioVison, Exton, PA). Apoptotic index (number of TUNEL stain positive nuclei/total nuclei x 100%) was automatically calculated for further analysis.

## 2.10 Statistical Analysis

All values in the text and figures are presented as means  $\pm$  SEM of *n* independent experiments. Data (except Western blot density) were subjected to *t* test (two groups) or ANOVA (Three or more groups) followed by Bonferoni correction for post hoc *t*-test. Western blot densities were analyzed with the Kruskal-Wallis test followed by Dunn's post test. Probabilities of 0.05 or less were considered to be statistically significant.

### 3. RESULTS

#### 3.1 Body mass and lipid profile

No significant difference in any parameter was found between groups before HF-diet feeding. Rats fed a normal diet exhibited a slight increase in body weight, and maintained stable plasma cholesterol, triglyceride, and APN concentrations over the 16-week observation period (Figure 1). In contrast, body weight, plasma cholesterol, and triglyceride levels continuously increased in rats fed HF-diet, reaching statistical significance compared to control after 8 weeks, remaining elevated thereafter ( $P<0.01$ , Figure 1). Plasma APN levels were unchanged 4 weeks after HF-diet, significantly increased 8 weeks after HF-diet ( $P<0.05$ ), and rapidly declined thereafter (Figure 1).

#### 3.2. Evidence of vascular APN resistance in HF-diet animals

APN is an upstream molecule of the AMPK-eNOS signaling axis, and AMPK-eNOS phosphorylation has been well accepted as a readout of APN intracellular signaling. Results obtained from our studies indicate that, despite unchanged or elevated plasma APN levels (presented here in Figure 1), vascular AMPK and eNOS phosphorylation levels were significantly reduced in HF-diet animals (data not shown here). The disassociation between plasma APN levels and vascular AMPK/eNOS phosphorylation in obese/hyperlipidemic rats suggests reduced vascular response to APN in HF-fed animals. However, since AMPK and eNOS can be activated by many signaling molecules, reduction in AMPK and eNOS phosphorylation in HF-fed animals could reflect a wide variety of alterations induced by high fat feeding. To obtain more direct evidence supporting that APN system malfunction might be one of the mechanisms contributory to diminished AMPK and eNOS phosphorylation, freshly isolated aortic segments from HF-diet animals at different time points were stimulated with rAPN. Although basal vascular AMPK and eNOS phosphorylation were significantly reduced at 4 and 8 weeks after HF-diet (data not shown), rAPN-induced AMPK and eNOS phosphorylation was not reduced at this time point (Figure 2). These results indicate that vascular response to rAPN is unimpaired at this time point. However, in vascular segments isolated from 12- and 16-week HF-fed rats, both basal and rAPN-stimulated AMPK/eNOS phosphorylation was significantly reduced ( $P<0.05$  and  $<0.01$ , respectively). These results provided direct evidence that vascular responsiveness to APN was impaired in HF-diet induced obesity animals.

To obtain more evidence in supporting this conclusion, two additional experiments were performed. In the first experiment, rAPN-induced vasodilatation was assessed in aortic vascular segments isolated from animals fed with either a normal or HF-diet for 16 weeks. As summarized in Figure 3A and B, rAPN and SNAP both induced concentration-dependent vasodilatation in vascular segments obtained from animals with normal diet. Although vasodilatory response to SNAP is normal in vascular segments isolated from animals with HF-diet, rAPN-induced vasodilatation was significantly reduced in these vascular segments ( $P<0.01$ ). In the second experiment, rAPN-stimulated NO production by in situ vascular endothelial cells was determined. As summarized in Figure 3C, treatment of vascular segments from age-matched animals on normal diet with 3  $\mu$ M rAPN caused a 3.3-fold increase in NO production. This rAPN-stimulated NO production was significantly blunted in vascular segments from animals on HF-diet for 16 weeks ( $P<0.01$ ).

#### 3.3 Vascular AdipoR1/R2 expression in obese/hyperlipidemic rats

Figures 2 and 3 provides direct evidence that vascular response to rAPN was significantly reduced in rats fed HF-diet 12 weeks or longer. To define the mechanisms responsible for HF-diet-induced APN resistance, vascular AdipoR1 and AdipoR2 expression were determined. As illustrated in Figure 4, vascular AdipoR1 and AdipoR2 expression remained



unchanged from 4 to 12 weeks of HF-diet, and significantly declined after 16 weeks HF-diet ( $P<0.05$ ). AdipoR1 and AdipoR2 expression remains constant over the 16-week observation period in normal-diet-fed rats (data not shown), indicating that reduction of AdipoR expression in HF-fed rats is not a generalized effect due to aging/development.

### 3.4 Reduction of APN activity by high-lipid plasma (HLP)

The aforementioned experimental results suggest that reduced AdipoR1 and AdipoR2 expression was likely responsible for the reduced response to rAPN in aortic segments isolated from rats fed with HF-diet for 16 weeks. However, our *in vivo* experimental results demonstrated that vascular AMPK and eNOS phosphorylation was significantly reduced as early as 4 weeks after HF-diet (data not shown). These results suggest that besides reduced vascular APN receptor expression and resultant reduced vascular APN sensitivity, other mechanisms exist that contribute to vascular malfunction in hyperlipidemic animals. Although it is likely that the causes of reduced AMPK and eNOS phosphorylation in hyperlipidemic vessels are multifactorial, previous studies have demonstrated that pathogenic molecules present in diabetic serum can modify and alter functions of lipids and proteins [24,25]. Such data stimulated us to test a novel hypothesis that circulating APN might be modified and inhibited by yet-unidentified molecules present in HF-diet-fed animal plasma. Though this hypothesis would be best tested by isolating APN from HF-diet-fed animals and determining its activity directly, a technique isolating rat plasma APN in sufficient quantity to perform *in vitro* experiments is currently unavailable. As an alternative approach, plasma from animals fed control diet or HF-diet for 8 weeks was freshly isolated, and incubated with rAPN *in vitro*. The rAPN-induced AMPK and eNOS phosphorylation in cultured HUVEC was utilized as a reporter system for APN activity. Our pilot experimental results demonstrated that *in vitro* incubation of rAPN with normal plasma for 4 hours only slightly reduced its AMPK activation activity ( $11.4\pm 3.2\%$  reduction), but longer incubation time ( $>6$  hours) caused significant reduction of rAPN activity. Therefore, the duration 4 hours of *in vitro* incubation was selected for the remainder of our study. As summarized in Figure 5, normal plasma (NP), but not high-lipid plasma (HLP), caused a statistically significant amount of AMPK (A) and eNOS (B) phosphorylation. More importantly, treatment of HUVEC with NP-incubated rAPN caused a 1.7- and 1.6-fold increase in AMPK ( $P<0.01$ ) and eNOS phosphorylation ( $P<0.01$ ) respectively. However, AMPK and eNOS activation effects were markedly blunted when rAPN was pre-incubated with plasma isolated from animals fed 8 weeks of HF-diet ( $P<0.01$  vs. normal plasma pre-incubated rAPN).

### 3.5 High-lipid plasma incubation significantly inhibited rAPN's anti-TNF $\alpha$ and anti-apoptotic effects

Having demonstrated that high-lipid plasma incubation significantly reduced rAPN activity determined by AMPK and eNOS phosphorylation, we further investigated whether high-lipid plasma-induced rAPN modification/inhibition is pathologically significant. As illustrated in Figure 6A and summarized in Figure 6B, exposure of HUVEC to TNF $\alpha$  for 20 hours caused an 8.7-fold increase in TUNEL-positive staining cells, which was significantly inhibited by rAPN pre-incubated with normal plasma (69.8% reduction,  $P<0.01$ ). However, the anti-TNF $\alpha$  and anti-apoptotic effect of rAPN was significantly blunted when pre-incubated with high-lipid plasma ( $P<0.01$  vs. normal plasma pre-incubated rAPN).

## 4. Discussion

Numerous epidemiological studies have identified APN deficiency as an independent risk factor for endothelial dysfunction, hypertension, coronary heart disease, myocardial infarction, and other cardiovascular complications[26]. Conversely, elevation of circulating

APN concentrations by either genetic or pharmacological approaches has been shown to improve various vascular dysfunctions in animal models[27,28]. Although the reduction of APN production is undoubtedly a major contributor to vascular injury observed in the metabolic syndrome, repeated reports of unchanged or even elevated plasma APN levels existent in the metabolic syndrome belie the existence of additional mechanisms contributive to vascular injury by APN malfunction.

Analogous to insulin resistance, APN resistance has recently been observed in insulin-sensitive tissues of obese/diabetic individuals. Specifically, APN-induced AMPK activation is reduced in liver tissue from hypertensive[13] or insulin receptor transgenic/knockout animals[17], and the ability of APN to stimulate AMPK/ACC and FA oxidation is impaired in cultured myotubes[15] and skeletal muscle strips[14] isolated from obese/diabetic individuals. In addition, Mullen and colleagues demonstrated that high-fat diet can induce the loss of acute ACC phosphorylation and stimulation of FA oxidation in rodent muscle by APN[16], and that APN resistance precedes the accumulation of skeletal muscle lipids and insulin resistance in high-fat-fed rats[18]. Considerable evidence supports, in conjunction with lower circulating APN, an impaired skeletal/liver response to adiponectin in the metabolic syndrome contributes to APN system malfunction.

In insulin-sensitive tissues, such as liver and muscle cells, APN achieves its metabolic regulative actions primarily through phosphorylative activation of AMPK[29]. In vascular tissue, APN exerts its vascular specific actions principally through phosphorylative activation of endothelial nitric oxide synthase (eNOS)[30]. Utilizing AMPK and eNOS phosphorylation as molecular markers, and rAPN-induced vasodilatation and NO production as function markers, we have provided the first direct evidence that significant APN resistance develops in the vascular tissue of high-fat-diet induced obese/hyperlipidemic animals. APN is a potent vasculoprotective molecule, and vascular injury is the defining end point of the metabolic syndrome. Therefore, impaired vascular response to APN may be the critical mechanism responsible for accelerated vascular injury observed in obese/hyperlipidemic patients.

Although APN resistance has been previously reported in skeletal and liver tissues, its underlying mechanisms remain largely unknown. Our study demonstrated that different mechanisms are involved in vascular APN resistance in HF-fed rats at different stages of obesity/dyslipidemia. Specifically, APN modification/inactivation by yet-unidentified factors present in obese/hyperlipidemic plasma is likely responsible for early phase APN resistance. This conclusion is supported by following experimental results: 1) plasma APN levels were not reduced after 4 weeks HF-diet, and significantly increased after 8 weeks HF-diet; 2) vascular AdipoR1 and AdipoR2 expression were not changed 4 to 12 weeks after HF-diet; 3) tissue levels of phosphorylated AMPK and eNOS were significantly reduced at all observed time points; 4) vascular segments isolated from rats fed HF-diets for 4 and 8 weeks responded normally to rAPN; and most importantly, 5) pre-incubation of rAPN with obese/hyperlipidemic plasma significantly reduced its AMPK and eNOS activation effect in HUVEC.

During the later stages of obesity/hyperlipidemia, multiple pathological alterations including APN modification/inactivation, APN receptor downregulation, and circulating APN reduction collectively occur, deranging normal APN function. Our *in vivo* and *ex vivo* experimental results clearly demonstrated that the most significant reduction of pAMPK and peNOS was observed after 16 weeks HF-diet. Moreover, we also have demonstrated that AdipoR1 and AdipoR2 expression was significantly reduced in vascular tissue from rats fed HF-diet for 16 weeks. This latter result is consistent with previously observed data, in which reduced AdipoR1 expression in muscular tissue from diabetic animals is believed to be

responsible for reduced APN response[31]. Reduced plasma APN levels are a common finding in late stage diabetic and obese individuals. In the current experiments, APN reduction did not reach statistical significance during our observation period. However, plasma APN levels rapidly reduced after 8 weeks, and a clear trend of decline was observed in the late stage of hyperlipidemia (Figure 1D). It is possible that a longer feeding period is required to significantly inhibit APN production from adipose tissue in this particular obesity/hyperlipidemic model.

APN resistance in skeletal and liver tissues causes systemic pathologic alterations, such as impaired glucose/fatty acid utilization. Development of systemic hyperglycemia and hyperlipidemia consequently causes vascular injury and cardiovascular complications. Although vascular APN resistance may have limited impact on systemic metabolic abnormalities, vascular APN malfunction tilts homeostatic processes in favor of cytotoxic factors such as TNF $\alpha$  and accelerates vascular injury, the common end point of the metabolic syndrome. Arteriosclerosis, the most significant vascular complication in the metabolic syndrome, is inhibited by APN at multiple levels[6]. APN reduces oxidative/nitrative stress, protects the endothelium from apoptosis, and inhibits endothelial adhesion molecule expression, the leukocyte-endothelium interaction, macrophage activation, foam cell formation, and smooth muscle proliferation[7]. It is well-recognized that cytokine production (particularly TNF $\alpha$ ) is significantly elevated in obese/diabetic individuals, and plays a critical pathogenic role in cardiovascular complications[32]. Moreover, a reciprocal inhibitory action between TNF $\alpha$  and APN exists[33]. TNF $\alpha$  not only inhibits adipocyte-APN production, but also inhibits peripheral, including cardiovascular, tissue APN receptor expression[34]. Conversely, APN has been found to counteract many of TNF $\alpha$ 's pathologic effects, including sustained endothelial oxidative stress, apoptosis, and angiogenesis[7,35]. Consistent with previously reported results, we have observed that TNF $\alpha$ -induced HUVEC apoptosis was markedly inhibited by rAPN. However, we have demonstrated for the first time that this anti-TNF $\alpha$  and anti-apoptotic effect of rAPN was significantly inhibited when pre-incubated with hyperlipidemic plasma. Although the specific factor or factors present in hyperlipidemic plasma responsible for rAPN inhibitory modification remain unknown, these results provide direct evidence that APN system malfunction is pathologically significant. The loss of APN physiologic function allows unmitigated TNF $\alpha$  pro-apoptotic and pro-inflammatory actions, contributing to vascular injury in obesity/hyperlipidemia.

In summary, we have demonstrated that diet-induced obesity/hyperlipidemia caused significant vascular APN resistance. Similar to reports regarding insulin resistance, our current results suggest that APN resistance may develop at pre-receptor, receptor, and post-receptor levels. A detailed characterization of the vascular APN signaling cascade will potentially provide insight into novel therapeutic approaches ameliorating the elevated cardiovascular risks associated with obesity. Future studies are required to fully understand how hyperlipidemia causes vascular APN resistance, and determine whether restoration of APN sensitivity will yield functional and clinical improvement.

## 5. Limitations

Our current study demonstrated for the first time that APN modification/inactivation and APN receptor downregulation is likely responsible for reduced APN signaling in the early and late phase of hyperlipidemia, respectively. However, the identity of the factor or factors present in high-lipid plasma responsible for deleterious APN modification/inhibition remains unidentified. Our most recent in vitro experimental results demonstrated that advanced glycation end products (AGE) are capable of inhibiting APN activity. However, to what extent AGEs are responsible for hyperlipidemic serum modification of APN, and how APN is modified and inhibited by AGE (e.g., alteration of oligomeric state, molecular



weight, and higher order structure of APN, or impairment of APN binding ability with its receptors) require further investigation. Moreover, questions such as the signaling mechanisms responsible for APN receptor downregulation and whether reversal of APN resistance, such as overexpressing of AdipoR1 and AdipoR2, may restore APN vascular protection against obese/hyperlipidemic injury remains to be answered. These issues warrant direct investigation and their resolution will advance understanding of diabetic cardiovascular injury. However, given the complexity of hyperlipidemic pathology and APN signaling, these important questions will have to be investigated in our future studies.

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### Funding Sources

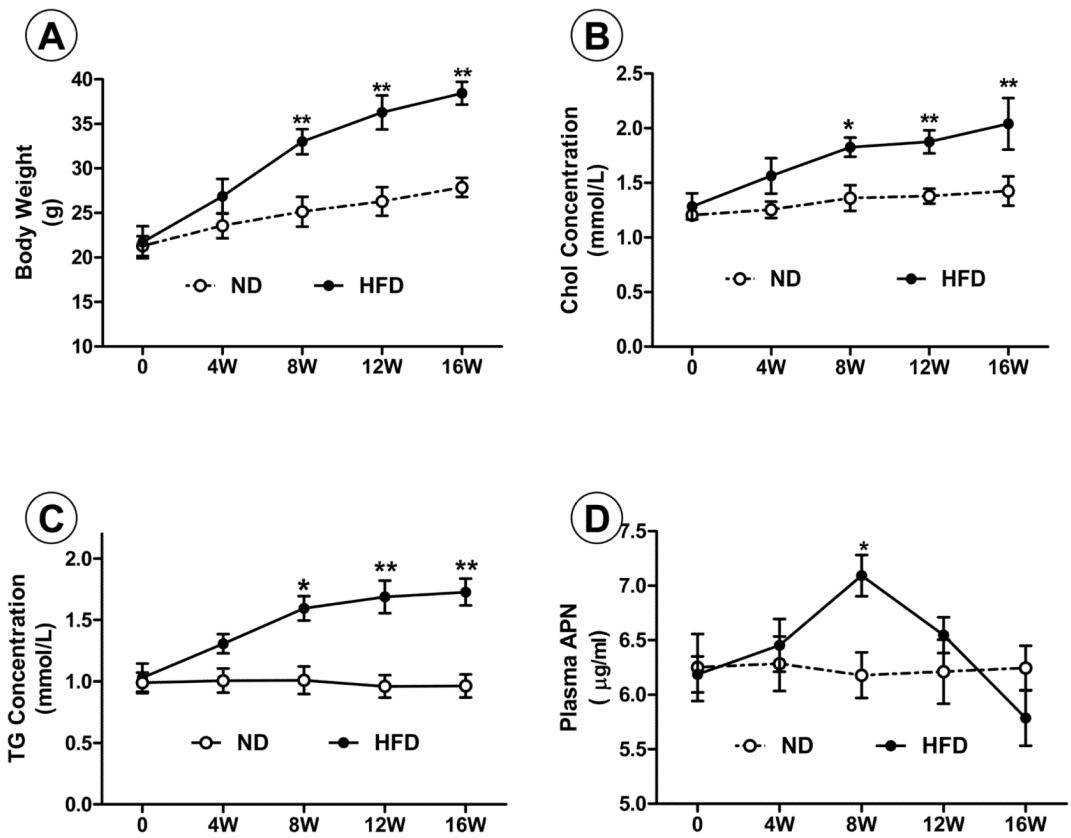
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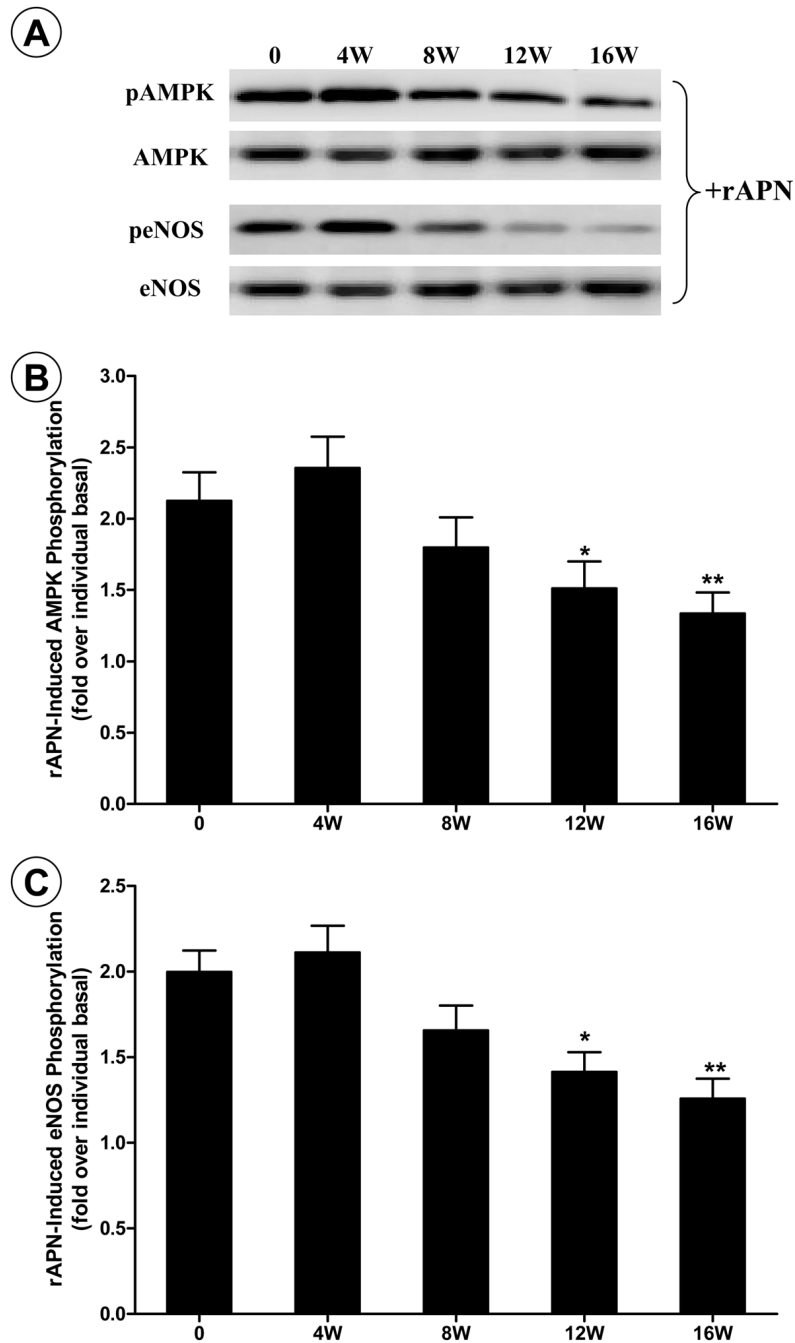
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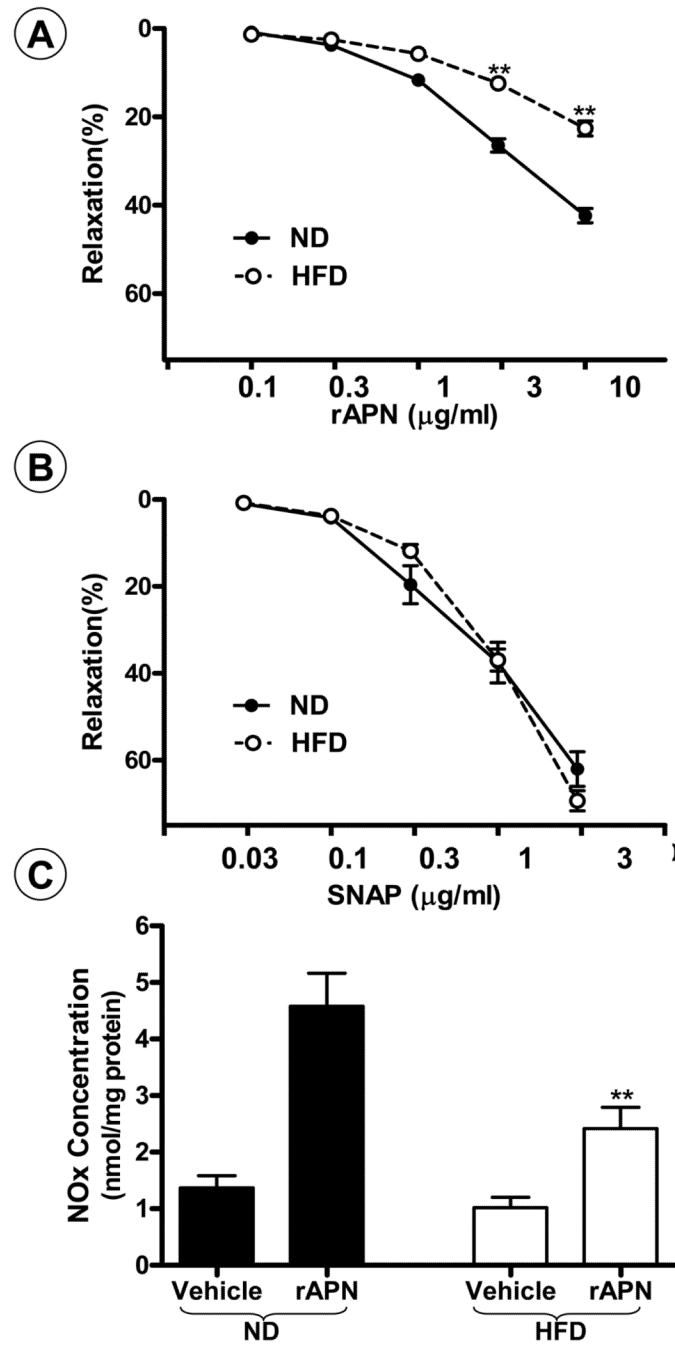


**Figure 1.** Body weight (A), plasma cholesterol (B), triglyceride (C), and APN (D) concentrations in rats fed normal diet (ND) or high-fat diet (HFD). Chol=cholesterol; TG=triglyceride; APN=adiponectin. \* $P < 0.05$  and \*\* $P < 0.01$  vs. time-matched control rats fed ND. N=8–10 animals/group.

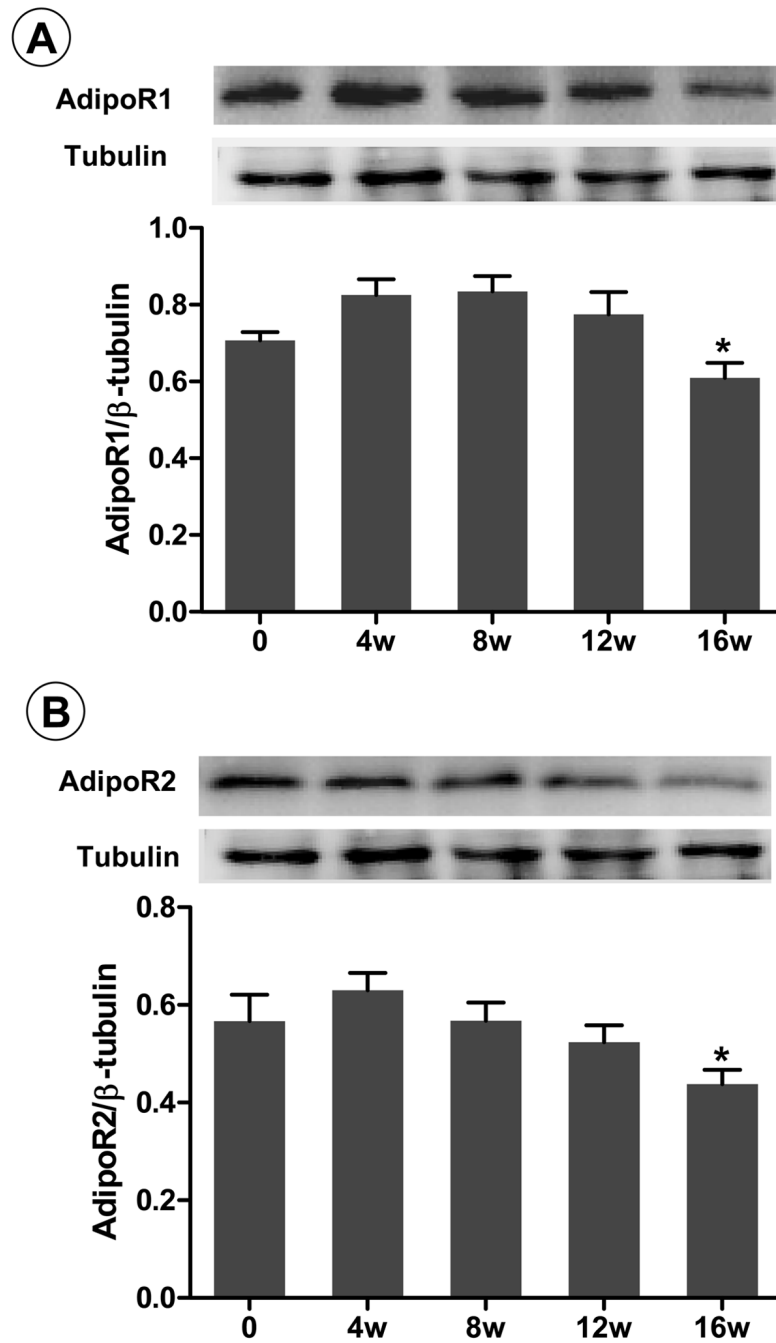


**Figure 2.** Recombinant APN-induced AMPK and eNOS phosphorylation in aortic segments isolated from control rats, or rats fed high-fat diet (HFD) for 4 to 16 weeks. A: representative Western blot photos from aortic tissues stimulated with APN. B: ratio of pAMPK and AMPK with (solid bars) and without (open bars) APN stimulation; C: ratio of peNOS and eNOS with (solid bars) and without (open bars) APN stimulation. \* $P < 0.05$  and \*\* $P < 0.01$  vs. control rats.  $N = 8-10$  animals/group.

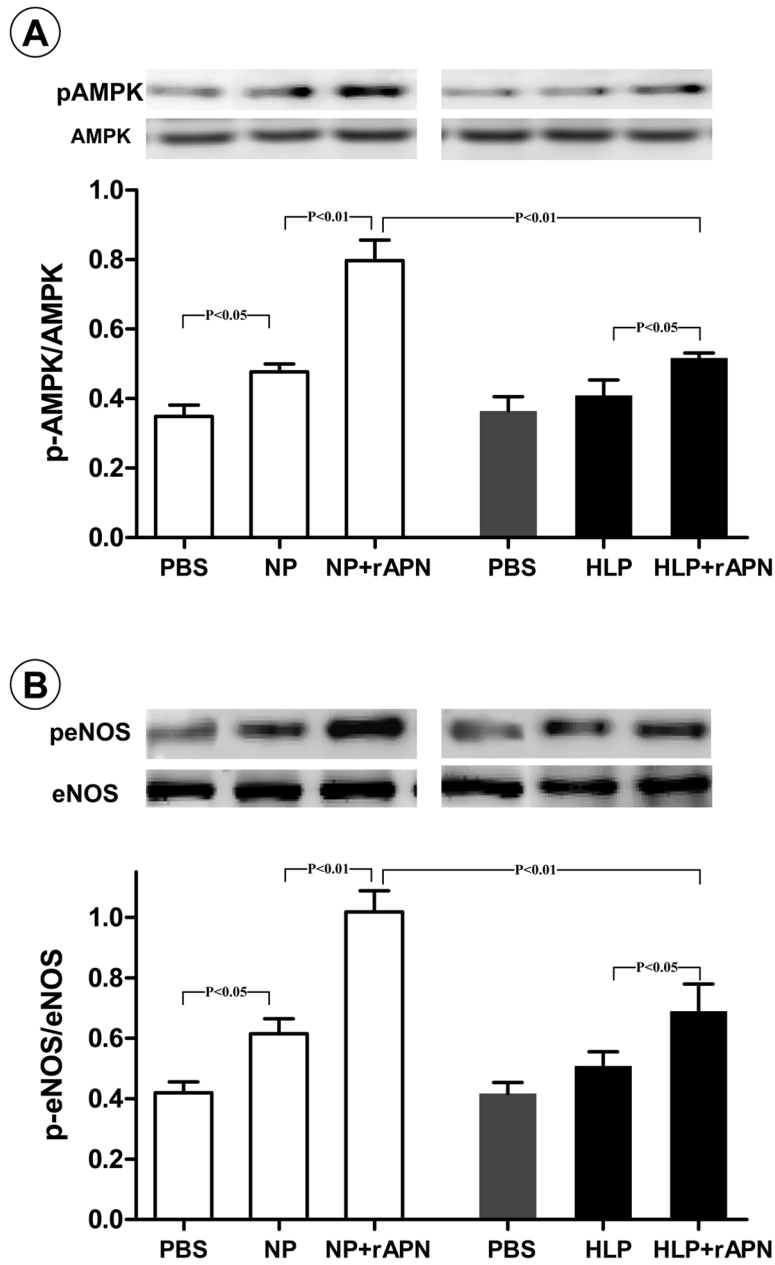




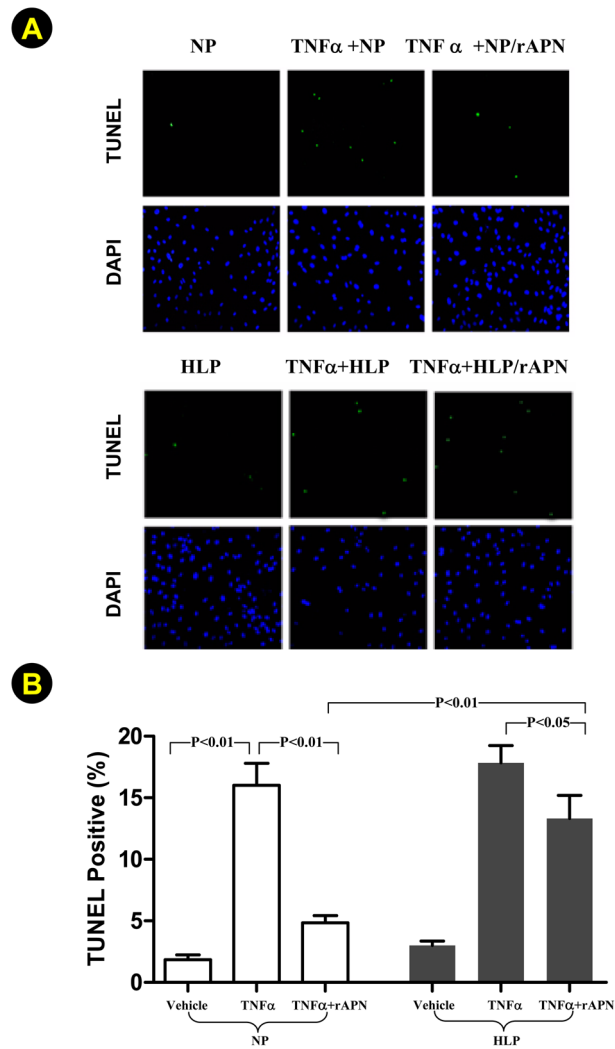
**Figure 3.** rAPN and SNAP-induced vasorelaxation (A, B) and NO production (C) in aortic segments isolated from rats fed with a normal diet (ND), or a high-fat diet (HFD) for 16 weeks. \*\* $P < 0.01$  vs. ND rats.  $N = 12$  to 14 vascular segments/group from at least 5 rats/group.



**Figure 4.** AdipoR1 (A) and AdipoR2 (B) expression in aortic tissues from control rats or rats fed HFD for 4 to 16 weeks. Inserts are representative Western blot photos; bar graphs are data summary from 8–10 animals. \* $P < 0.05$  vs. control rats.



**Figure 5.** Effects of pre-incubation of rAPN with normal plasma (NP) or high-lipid plasma (HLP, 8 weeks after HF-diet) on its biological activity as determined by AMPK (A) and eNOS (B) phosphorylation in cultured endothelial cells. N=14–16 wells/group from 5–7 independent experiments.



**Figure 6.** Effects of pre-incubation of rAPN with normal plasma (NP) or high-lipid plasma (HLP) on its anti-TNF $\alpha$  and anti-apoptotic effect in cultured endothelial cells. A: representative microscopic photos; B: data summary of 14–16 wells/group from 5–7 independent experiments.