

# Cognitively unimpaired HIV-positive subjects do not have increased $^{11}\text{C}$ -PiB

## A case-control study



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### ABSTRACT

**Objectives:** Diagnostic challenges exist for differentiating HIV dementia from Alzheimer disease (AD) in older HIV-infected (HIV+) individuals. Similar abnormalities in brain amyloid- $\beta$ 42 ( $A\beta$ 42) metabolism may be involved in HIV-associated neuropathology and AD. We evaluated the amyloid-binding agent  $^{11}\text{C}$ -Pittsburgh compound B ( $^{11}\text{C}$ -PiB), a biomarker for  $A\beta$ 42 deposition, in cognitively unimpaired HIV+ ( $n = 10$ ) participants and matched community controls without dementia ( $n = 20$ ).

**Methods:** In this case-control study, all participants had an  $^{11}\text{C}$ -PiB scan within 2 years of concomitant CSF studies and neuropsychometric testing. Statistical differences between HIV+ and community controls for demographic and clinical values were assessed by  $\chi^2$  tests. Participants were further divided into either low ( $<500$  pg/mL) or normal ( $\geq 500$  pg/mL) CSF  $A\beta$ 42 groups with Student  $t$  tests performed to determine if regional differences in fibrillar amyloid plaque deposition varied with CSF  $A\beta$ 42.

**Results:** Regardless of CSF  $A\beta$ 42 level, none of the HIV+ participants had fibrillar amyloid plaques as assessed by increased  $^{11}\text{C}$ -PiB mean cortical binding potential (MCBP) or binding potential within 4 cortical regions. In contrast, some community controls with low CSF  $A\beta$ 42 ( $<500$  pg/mL) had high  $^{11}\text{C}$ -PiB MCBP with elevated binding potentials ( $>0.18$  arbitrary units) within cortical regions.

**Conclusions:** Cognitively unimpaired HIV+ participants, even with low CSF  $A\beta$ 42 ( $<500$  pg/mL), do not have  $^{11}\text{C}$ -PiB parameters suggesting brain fibrillar amyloid deposition. The dissimilarity between unimpaired HIV+ and preclinical AD may reflect differences in  $A\beta$ 42 production and/or formation of diffuse plaques. Future longitudinal studies of HIV+ participants with low CSF  $A\beta$ 42 and normal  $^{11}\text{C}$ -PiB are required. *Neurology*® 2010;75:111-115

### GLOSSARY

**$A\beta$ 42** = amyloid- $\beta$ 42; **AD** = Alzheimer disease; **ART** = antiretroviral therapy; **CDR** = Clinical Dementia Rating; **CHARTER** = CNS Highly Activated Retroviral Therapy Effects Research; **GDS** = global deficit score; **HAND** = HIV-associated neurocognitive disorder; **LP** = lumbar puncture; **MCBP** = mean cortical binding potential; **PiB** = Pittsburgh compound B; **ROI** = region of interest; **WUSTL** = Washington University in St. Louis.

HIV-associated neuroinflammation can occur despite virologic control with antiretroviral therapy (ART).<sup>1</sup> The prevalence of HIV-infected (HIV+) participants  $>50$  years old has risen as life expectancy increases with ART. If current trends continue, more than 50% of all HIV+ individuals will be  $>50$  years old by 2015.<sup>2</sup> Age is a risk factor for HIV-associated neurocognitive disorder (HAND) and Alzheimer disease (AD). As HIV+ participants age, clinicians face the challenge of differentiating individuals at risk for HAND from those with AD.

Genetic, biochemical, and animal models and autopsy studies have demonstrated a critical role for brain amyloid- $\beta$ 42 ( $A\beta$ 42) aggregation in AD.<sup>3</sup> Similar neuropathologic abnormalities occur

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with HIV. Postmortem HIV+ subjects have increased brain A $\beta$ 42 and tau deposition compared to age-matched community controls.<sup>4</sup> Decreased CSF A $\beta$ 42 is observed in subjects with AD and some unimpaired community controls with fibrillar A $\beta$ 42.<sup>3</sup> Subjects with HAND have CSF A $\beta$ 42 levels similar to participants with mild AD.<sup>1,5</sup>

Reduced CSF A $\beta$ 42 (<500 pg/mL) correlates with increased fibrillar amyloid deposition using the PET amyloid binding agent N-methyl-[<sup>11</sup>C]2-(4-methylaminophenyl)-6-hydroxybenzothiazole (<sup>11</sup>C-PiB) in subjects with AD and unimpaired community controls with preclinical AD.<sup>3</sup> It remains unknown if a similar relationship exists for HIV. We investigated if low CSF A $\beta$ 42 levels were predictive of increased <sup>11</sup>C-PiB binding potentials in cognitively unimpaired HIV+ participants.

**METHODS Participants.** HIV+ participants (n = 10) (39–59 years of age) with confirmed serologic status were selected from the CNS Highly Activated Retroviral Therapy Effects Research (CHARTER) cohort at Washington University in St. Louis (WUSTL). Four participants with low CSF A $\beta$ 42 levels (<500 pg/mL) and 6 with normal CSF A $\beta$ 42 levels ( $\geq$ 500 pg/mL) were contacted. We selected community controls (n = 20) (44–63 years of age) of similar sex and education from memory and aging studies at the WUSTL Alzheimer's Disease Research Center (2 controls for every HIV+ subject). We received approval from the WUSTL ethical standards committee on human experimentation for experiments using human subjects. In this case-control study, written informed consent was obtained from all subjects participating in this study. The recommendations of the Strengthening the Reporting of Observa-

tional Studies in Epidemiology criteria were followed whenever applicable.<sup>6</sup>

All participants had an <sup>11</sup>C-PiB scan within 2 years of concomitant lumbar puncture (LP) and neuropsychometric testing. For HIV+ participants, cognition was assessed at the time of scan and approximately 2 years prior to LP. Cognition was evaluated in HIV+ subjects using the previously validated global deficit score (GDS) with impairment deemed significant if GDS  $\geq$ 0.5.<sup>5</sup> For community controls, impairment was assessed by the Clinical Dementia Rating (CDR) scale with impairment noted if CDR >0.<sup>3</sup>

**CSF evaluation.** CSF collection used previously described methods.<sup>3</sup> CSF A $\beta$ 42 was analyzed using a commercial enzyme-linked immunosorbent assay (Innogenetics, Ghent, Belgium). Samples were kept on ice with assays performed on aliquots after a single thaw.

**Imaging.** Participants underwent <sup>11</sup>C-PiB as previously described.<sup>7</sup> Tracer was injected into the antecubital vein with a 60-minute 3-dimensional dynamic PET scan performed. Each subject had a T1-weighted anatomic scan with <sup>11</sup>C-PiB images corrected for head motion and registered to this scan.<sup>3</sup> The cerebellum was used as a reference as amyloid deposition has not been observed within this area in community controls.<sup>7</sup> Logan graphical analyses were performed and <sup>11</sup>C-PiB distribution volume calculated for the prefrontal, lateral temporal, precuneus, and gyrus rectus. <sup>11</sup>C-PiB binding potentials for each region of interest (ROI) and the mean cortical binding potential (MCPB) were calculated.<sup>7</sup>

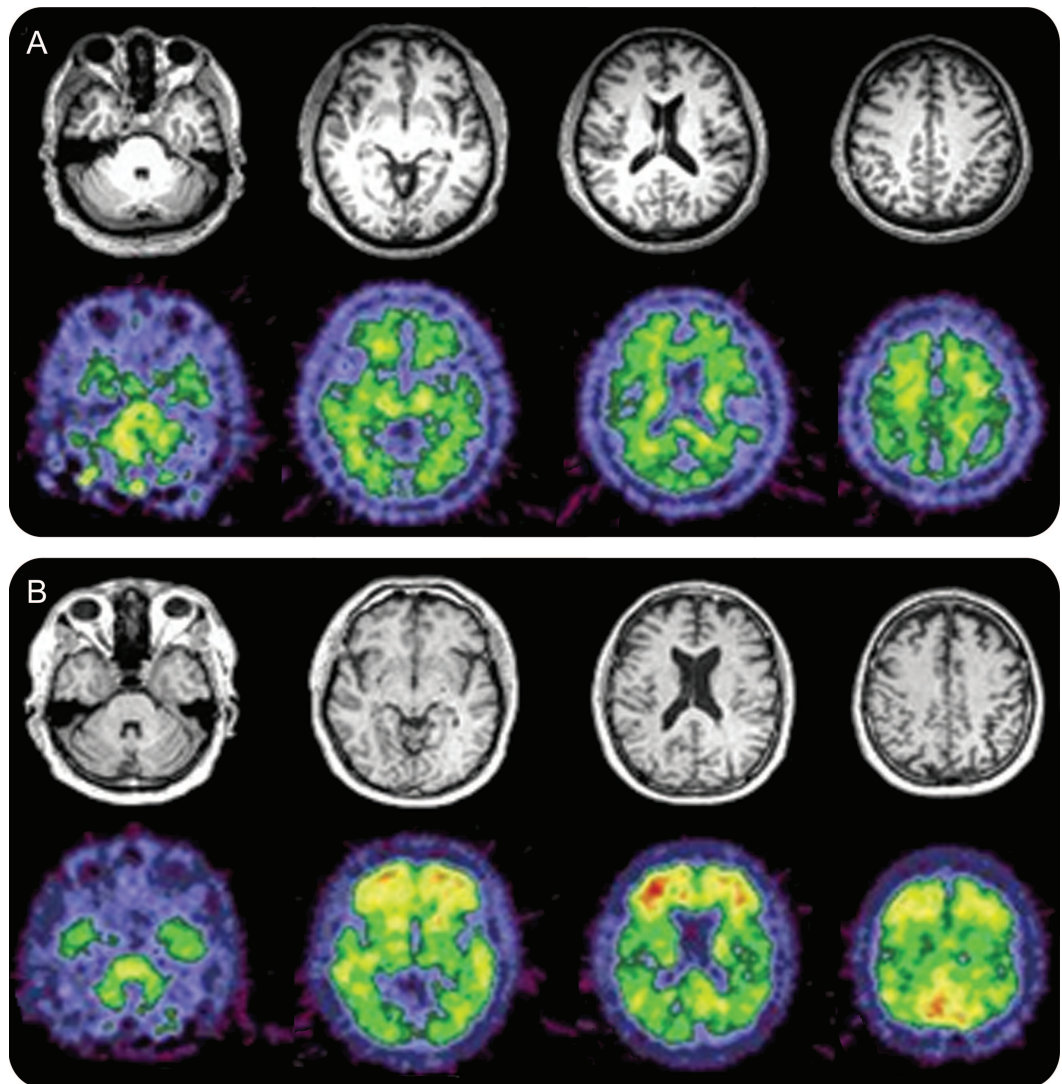
**Statistical analysis.** Statistical differences between HIV+ and community controls for demographic and clinical values were assessed by  $\chi^2$  tests. Participants were divided into either low (<500 pg/mL) or normal ( $\geq$ 500 pg/mL) CSF A $\beta$ 42 groups using previously defined criterion with excellent sensitivity (100%) and good specificity (84%) for predicting subjects at risk for dementia.<sup>8</sup> An analysis of variance with Bonferroni correction for multiple comparisons assessed if regional differences in fibrillar amyloid plaque deposition varied with CSF A $\beta$ 42.

**RESULTS** Demographic and clinical variables were similar (table). Neither group had significant cognitive impairment. HIV+ participants, even those with low CSF A $\beta$ 42 (<500 pg/mL), did not have increased fibrillar amyloid plaques using <sup>11</sup>C-PiB (figure 1A). In contrast, community controls with low CSF A $\beta$ 42 had more fibrillar amyloid plaques (figure 1B). Several community controls had <sup>11</sup>C-PiB measures indistinguishable from a typical AD pattern.<sup>7</sup> These unimpaired community controls may have preclinical AD.<sup>8</sup>

We assessed the relationship between fibrillar amyloid deposition using <sup>11</sup>C-PiB and CSF A $\beta$ 42 for HIV+ participants and community controls. A 2  $\times$  2 matrix was created using CSF (A $\beta$ 42 <500 pg/mL) and <sup>11</sup>C-PiB MCPB (<0.18 arbitrary units) (figure 2A). All HIV+ participants were located in the left upper and lower quadrants. Community controls fell within 3 boxes: left upper and lower quadrants and right lower quadrant. Half of the community controls had low CSF A $\beta$ 42 and high

Table Clinical and laboratory values for HIV-infected (HIV+) and community control participants			
	HIV+ participants (n = 10)	Community control participants (n = 20)	p Value
<b>Demographics</b>			
Age, y, mean $\pm$ SE	52 $\pm$ 6	47 $\pm$ 6	0.06
% Men	45	80	0.07
Education, y, mean $\pm$ SE	16 $\pm$ 3	15 $\pm$ 2	0.25
% Taking combination antiretroviral therapy	90	NA	
<b>Laboratory studies</b>			
CD4, cells/mm <sup>3</sup> , mean (quartiles)	456 (308, 540)	NA	
Nadir CD4, cells/mm <sup>3</sup> , mean (quartiles)	152 (20, 200)	NA	
Log viral load, copies/mm <sup>3</sup> , mean (quartiles)	2.47 (1.69, 2.64)	NA	
CSF A $\beta$ 42, mean $\pm$ SE	696 $\pm$ 333	595 $\pm$ 226	0.40

**Figure 1**  $^{11}\text{C}$ -PiB imaging for HIV+ participants and community controls



Representative structural MRI and amyloid binding agent N-methyl-[ $^{11}\text{C}$ ]2-(4-methylaminophenyl)-6-hydroxybenzothiazole ( $^{11}\text{C}$ -PiB) image from (A) an unimpaired HIV-infected (HIV+) participant with low CSF amyloid- $\beta_{42}$  ( $\text{A}\beta_{42}$ ) (<math><500\text{ pg/mL}</math>) and (B) an unimpaired community control with low CSF  $\text{A}\beta_{42}$  (<math><500\text{ pg/mL}</math>). On visual inspection, greater binding potentials were seen for the community control compared to the HIV+ subject. The community control had values similar to a participant with Alzheimer dementia (AD) and may have preclinical disease.

$^{11}\text{C}$ -PiB MCPB. A mismatch existed between CSF  $\text{A}\beta_{42}$  and  $^{11}\text{C}$ -PiB MCPB for HIV+ participants and community controls (left lower quadrant).

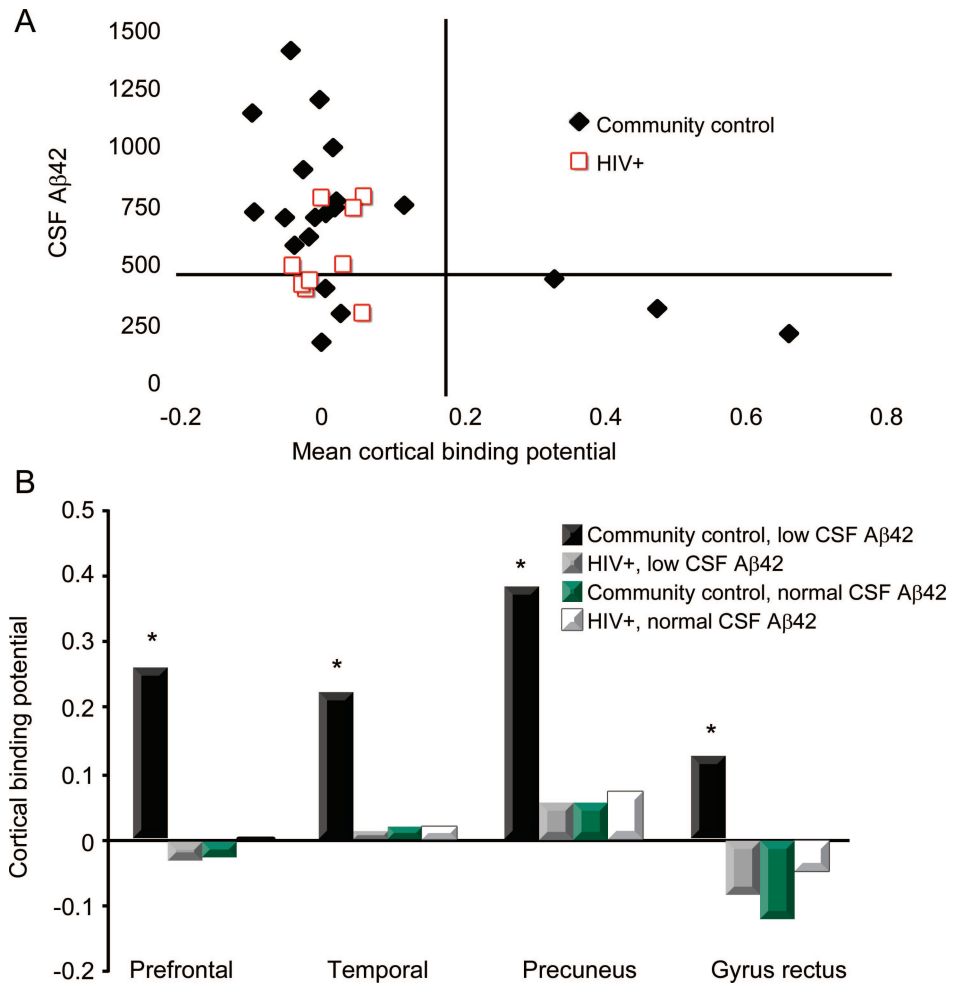
Binding potentials were assessed within ROIs to determine degree of variation in fibrillar amyloid deposition. Binding potentials were elevated for community controls with low CSF  $\text{A}\beta_{42}$  compared to other groups within all areas. HIV+ participants including those with low CSF  $\text{A}\beta_{42}$  ( $n = 4$ ) had binding potentials similar to community controls with normal CSF  $\text{A}\beta_{42}$  (figure 2B).

**DISCUSSION** We observed that cognitively unimpaired HIV+ participants, even with low CSF  $\text{A}\beta_{42}$  (<math><500\text{ pg/mL}</math>), did not have increased  $^{11}\text{C}$ -PiB that might indicate fibrillar brain amyloid deposition.

However, community controls with a low CSF  $\text{A}\beta_{42}$  were more likely to have elevated  $^{11}\text{C}$ -PiB MCPB (>0.18 arbitrary units).<sup>3</sup> Unimpaired community controls with increased  $^{11}\text{C}$ -PiB MCPB may have preclinical AD.<sup>8</sup> Within a 2-year retrospective interval during which we followed the HIV+ participants, even those with low CSF  $\text{A}\beta_{42}$  had no significant changes in cognition (GDS = 0.18 at LP and GDS = 0.31 at subsequent  $^{11}\text{C}$ -PiB). Our findings suggest that  $^{11}\text{C}$ -PiB MCPB differs in cognitively unimpaired HIV+ individuals compared to community controls with low CSF  $\text{A}\beta_{42}$ . In the setting of HIV, low CSF  $\text{A}\beta_{42}$  may not reliably predict fibrillar  $\text{A}\beta$  brain deposits as it does in preclinical AD.<sup>9</sup> As the HIV+ population ages, this distinction could be



**Figure 2**  $^{11}\text{C}$ -PiB mean cortical binding potential (MCBP) for unimpaired HIV+ participants and community controls



(A) A  $2 \times 2$  matrix is created using CSF Aβ42 (<500 pg/mL) and MCBP (>0.18 arbitrary units). All HIV+ participants had normal  $^{11}\text{C}$ -PiB (<0.18 arbitrary units) regardless of their CSF Aβ42. In contrast, half (3/6) of the community controls with reduced CSF Aβ42 (<500 pg/mL) had elevated MCBP (>0.18 arbitrary units). (B) Regional cortical binding potentials were determined for HIV+ participants and community controls with low (<500 pg/mL) and normal CSF Aβ42 (≥500 pg/mL). Community controls with low CSF Aβ42 (<500 pg/mL) had elevated binding potentials (>0.18 arbitrary units) compared to other groups (\* $p < 0.01$ ).

diagnostically important. It remains necessary to understand whether fibrillar Aβ seen with increased  $^{11}\text{C}$ -PiB is present in patients with HAND. This would assist in differentiating HAND from AD. While *APOE* status was not determined for participants, future studies investigating the impact of genetic risk factors on  $^{11}\text{C}$ -PiB MCBP and CSF Aβ42 in HIV+ participants are required.<sup>2</sup>

Both  $^{11}\text{C}$ -PiB and CSF Aβ42 levels are biomarkers of brain amyloid deposition in patients with AD and antecedent measures of impairment in community controls with preclinical AD.<sup>8</sup> A strong inverse correlation exists between these biomarkers. The lack of correlation between CSF Aβ42 and  $^{11}\text{C}$ -PiB MCBP in unimpaired HIV+ participants could result from decreased Aβ42 production, increased intraneuronal Aβ42 deposition leading to reduced extracellular concentrations, or more extracellular Aβ42 amyloid but in a diffuse, non-

fibrillar Aβ form.<sup>4,9,10</sup> In each instance, relatively normal  $^{11}\text{C}$ -PiB would occur. Future longitudinal examination, especially a larger sample of HIV+ participants with low CSF Aβ42 and normal  $^{11}\text{C}$ -PiB, are required to understand whether observed low CSF Aβ42 represents an aggregation of diffuse oligomeric forms ( $^{11}\text{C}$ -PiB-negative) that eventually become substantial fibrillar ( $^{11}\text{C}$ -PiB-positive) deposits,<sup>1,5</sup> or simply the low normal end of CSF Aβ42 in HIV+ participants.<sup>9</sup> Our findings reinforce the importance of understanding amyloid metabolism in HIV-associated neuropathology, while confirming that low CSF Aβ42 is not simply a manifestation of early fibrillar Aβ deposition in the brain.

#### AUTHOR CONTRIBUTIONS

Statistical analysis was conducted by Dr. Beau Ances and Dr. Chengjie Xiong.

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## DISCLOSURE

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