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Efficacy and Safety Profile of Solvent/Detergent Plasma in the Treatment of Acute Thrombotic Thrombocytopenic Purpura: A Single-Center Experience

Elvira Edel^a Haifa Kathrin Al-Ali^b Susanne Seeger^c Dörte Kauschat^d Gert Matthes^a

- ^a Institute of Transfusion Medicine,
- ^b Department of Hematology and Oncology, University Hospital Leipzig,
- ^c Octapharma GmbH,
- ^d Octapharma GmbH, Germany (present address Sanofi-Aventis)

Key Words

Thrombotic thrombocytopenic purpura · TTP · Therapeutic plasma exchange · TPE · Solvent/detergent-treated plasma · SDP · ADAMTS-13

Summary

Background: Thrombotic thrombocytopenic purpura (TTP) is a rare clinical disorder which was associated with poor prognosis for a long time. The outcome has been improved by the consistent introduction of therapeutic plasma exchange (TPE) as standard treatment of TTP. Patients and Methods: We describe our experience in the use of solvent/detergent-treated plasma (SDP) for TPE in TTP. We retrospectively analyzed acute TTP episodes in 8 patients (mean age = 27 years, range 18-44 years) treated with TPE using SDP with regard to tolerability and efficacy. Results: All 8 patients were positive for anti-ADAMTS-13 antibody. Seven out of 8 had a severe ADAMTS-13 deficiency. All patients responded rapidly to SDP TPE with an increase in platelet count to above 150 \times 10 9 /l. Hemolytic anemia disappeared over the treatment period. Approximately 2,000 I SDP were used for more than 500 treatments. Treatment with SDP was well tolerated; none of the patients experienced an adverse drug reaction after exposure to SDP. No major complications occurred even after multiple TPE. Conclusion: Our investigations suggest that TPE using SDP as replacement fluid is an effective treatment for TTP. The data described also indicate that SDP might offer the benefit of reducing adverse drug reactions.

Schlüsselwörter

 $Thrombotisch-thrombozytopenische Purpura \cdot TTP \cdot Therapeutischer Plasmaaustausch \cdot TPE \cdot Solvent/Detergent-behandeltes Plasma \cdot SDP \cdot ADAMTS-13$

Zusammenfassung

Hintergrund: Die thrombotisch-thrombozytopenische Purpura (TTP) ist eine seltene Erkrankung, die für die Patienten lange mit einer ungünstigen Prognose verbunden war. Die Überlebensrate konnte erst durch eine konsequente Einführung des therapeutischen Plasmaaustauschs (TPA) als Standardtherapie der TTP verbessert werden. Patienten und Methoden: Wir beschreiben unsere Erfahrungen mit dem Einsatz von Solvent/Detergent-behandeltem Plasma (SDP) in der TPA zur Behandlung der TTP. Akute TTP-Episoden von 8 Patienten (Durchschnittsalter 27 Jahre, Bereich 18-44 Jahre) wurden im Hinblick auf die Verträglichkeit und die Wirksamkeit des verwendeten Plasmas retrospektiv untersucht. Ergebnisse Alle 8 Patienten wurden positiv auf Anti-ADAMTS-13-Antikörper getestet. Sieben der 8 Patienten wiesen eine schwerwiegende ADAMTS-13-Defizienz auf. Alle Patienten reagierten auf die TPA mit einem schnellen Anstieg der Thrombozyten auf 150×10^9 /l. Die hämolytische Anämie bildete sich im Verlauf der Behandlung zurück. Es wurden mehr als 500 Behandlungen durchgeführt und annähernd 2000 I SDP eingesetzt. Die Behandlungen mit SDP wurden sehr gut vertragen. Keiner der Patienten entwickelte eine allergische Reaktion nach Gabe von SDP. Auch nach mehrfacher TPA traten keine schwerwiegenden Komplikationen auf. Schlussfolgerung Unsere Erfahrungen zeigen, dass der TPA mit SDP eine effektive Behandlung der TTP ist. Die erhobenen Daten weisen zudem darauf hin, dass SDP zu einer Reduktion von Nebenwirkungen führen kann.

Introduction

Thrombotic thrombocytopenic purpura (TTP) is a life-threatening disseminated thrombotic microangiopathy first described by Moschcowitz in 1924 [1]. TTP is characterized by acute thrombocytopenia, microangiopathic hemolytic anemia and neurological abnormalities with no clinically apparent alternative explanation for thrombocytopenia and hemolysis [2]. Additional clinical signs supporting the diagnosis are impaired renal function and fever [3].

Different causes and mechanisms are involved in the pathogenesis of TTP. The common feature is the presence of ultralarge von Willebrand factor (UL-vWF) multimers in the plasma of TTP patients [4]. Upon synthesis of vWF by endothelial cells and secretion into the circulation, vWF is normally cleaved by vWF-cleaving-protease ADAMTS-13, a disintegrin and metalloprotease with thrombospondin type 1 motif, member 13 [5, 6]. Acquired as well as congenital TTP is often associated with severe deficiency of ADAMTS-13 [7]. Deficiency of ADAMTS-13 results in the accumulation of UL-vWF multimers and leads to the development of vWF-platelet aggregation and intravascular thrombosis, one of the characteristics of TTP. In some cases of acquired TTP, ADAMTS-13 deficiency has been associated with the presence of inhibitory antibodies [8, 9].

The incidence of TTP in the general population appears to be approximately 3.8 per million [10, 11]. Until the introduction of plasma therapy, including therapeutic plasma exchange (TPE) and/or plasma infusion, acute TTP was almost always fatal. However, TPE is now widely used as standard treatment allowing about 80–90% of treated patients to survive an episode of TTP [12, 13]. Although representing a significant improvement in TTP therapy, TPE is associated with complications related to the procedure itself, catheter-related complications and adverse reactions dependent on the plasma product used [14–16].

The choice of replacement fluid appears to be one of the crucial factors and is still a controversial issue [2, 17]. In common use are cryosupernatant (CPP) and fresh frozen plasma (FFP), but recently solvent/detergent-treated plasma (SDP) has increasingly been used [2, 18–23]. The occurrence of plasma-related allergic reactions due to the use of CPP and FFP are reported [23, 24]. However, recent studies indicated a reduced risk of complications if SDP was used, even in patients who developed allergic reactions after the use of FFP [19–21].

In recent years transfusion-related acute lung injury (TRALI) has been recognized as an important adverse reaction of blood products [25, 26]. In the UK and USA it is the most significant cause of transfusion-related mortality and morbidity [26, 27]. In Norway however, where only SDP is used, TRALI has not been reported as an adverse event [28].

We therefore used SDP as replacement fluid in TPE in order to verify its effectiveness in the treatment of TTP and its beneficial effect in reducing the number of allergic reactions and adverse events [29, 30].

Patients and Methods

Medical charts and the plasmapheresis unit records of all patients diagnosed with acute TTP were reviewed retrospectively. The patients had been treated with TPE between 1998 and 2006 at the Institute of Transfusion Medicine at the University Hospital Leipzig, Germany.

TTP was diagnosed when the patient presented with thrombocytopenia (platelet count $<150 \times 10^9$ /l) and microangiopathic hemolytic anemia (schistocytosis; fragmentation of red blood cells) with or without renal dysfunction, neurological abnormalities or fever. All patients have received RBCs due to their medical condition before the diagnosis TTP was made. The patient characteristics and initial laboratory data are shown in table 1. TPE was performed until a platelet count above 150×10^9 /l, stable hemoglobin (>7.5 mmol/l) and creatinine concentration (<84 µmol/l) and LDH results between 2.25–5.35 $\mu kat/l$ (37 $^{\circ}C)$ were maintained. Relapse was defined as recurrence of thrombocytopenia (platelet count $<150 \times 10^9$ /l), return of schistocytes in the peripheral blood, and reduced ADAMTS-13 activity (<5%) with or without antibodies against ADAMTS-13. Concomitant medications were used according to physician's discretion following the recommendation of the German Society for Hematology and Oncology (Deutsche Gesellschaft für Hämatologie und Onkologie) and the international guideline [2]. The information about the concomitant medications received is provided in detail in the case report section. The assays of ADAMTS-13 activity and ADAMTS-13 antibodies were performed as previously described [31].

Therapeutic Plasma Exchange

TPE was performed with the COBE Spectra Apheresis System (CaridianBCT INC., Lakewood, CO, USA). The system separates the plasma from cellular blood components by centrifugal technology. TPE was started immediately after diagnosis of TTP using SDP (Octaplas®, Octapharma GmbH, Langenfeld, Germany) as replacement fluid. The volume of plasma removed during a plasma exchange was 1–1.5 plasma volumes. The patients were treated daily with TPE until stable remission was achieved, after which the frequency of TPE was reduced slowly to taper the treatment. The patients were followed up to assess the durability of their response.

Results

Case Reports

Patient 1

TTP was diagnosed in a 30-year-old female patient with hematomas, excessive bleeding after tooth extraction and mental confusion. She showed a low platelet count $(11 \times 10^9 / l)$ and hemolytic anemia (1.5% schistocytosis). The ADAMTS-13 activity was below 3%, and anti-ADAMTS-13 antibodies were detected in her serum. She completed 23 TPEs with 140 l SDP in total (mean 6.1 ± 1.3 l/TPE; 81.33 ml/kg body weight (BW)) and was additionally treated with glucocorticoids. SDP was well tolerated without any adverse drug reaction. She was discharged from hospital without any further treatment and has been in remission for 5 years.

Patient 2

A 29-year-old male patient with a history of macrohematuria had thrombocytopenia $(28 \times 10^{9} \text{I})$, schistocytosis (7.3%) and

Table 1. Patient characteristics and initial laboratory data

Characteristics	Patient 1	Patient 2	Patient 3	Patient 4	Patient 5	Patient 6	Patient 7	Patient 8
Age, years / sex	30/female	29/male	20/female	44/male	21/male	28/male	18/female	24/female
Hemoglobin ^a , mmol/l	2.8	4.5	6.3	5.8	5.3	5	4.3	4.7
Platelet ^b \times 10 9 /1	11	28	14	48	11	15	23	5
LDH°, µkat/l	38.9	27.8	17.7	40.9	20.2	55.5	14.4	30.9
Creatinine ^d , µmol/l	110	177	95	244	87	226	69	253
RBC fragmentation,%	1.5	7.3	3.3	4.3	4	20	4.2	15
VWF-CP, %	3	4	\triangle	<1	3	\Diamond	12	<2.5
Protease antibody	positive	positive	positive	positive	positive	positive	positive	positive
Symptoms	hematoma,	unconscious	macrohematuria	hematoma,	macrohematuria,	hematoma,	hematoma,	anemia,
	bleeding after	convulsion,		visual field defect	petechia	icterus,	vaginal bleeding	renal insufficiency,
	tooth extraction,	macrohematuria				anemia	gestation	unconsciousness,
	somnolence,						18th week	fetal death gestation
	confusion							23th week

RBC = Red blood cells; VWF-CP = von Willebrand factor-cleaving protease. 'Normal laboratory value for hemoglobin 7.5-9.9 mmoll.

^bNormal laboratory value for platelets 150–380 × 10°/1. °Normal laboratory value for creatinine 50–110 µmol/1. Normal laboratory value for LDH 2.25-3.55 µkat/l; 37 °C.

an increased creatinine level of 177 μ mol/l. The ADAMTS-13 activity was 4%, and anti-ADAMTS-13 antibodies were detected in his serum. TTP was diagnosed, and he received 48 TPEs overall with a total of 223 l SDP (mean 4.9 \pm 0.6 l/TPE; 36.47 ml/kg BW) without any adverse drug reaction. He also received glucocorticoids to prevent further relapses. The patient was still in complete remission after 31 months.

Patient 3

A 20-year-old female patient with a history of macrohematuria was admitted to hospital with a low platelet count (15 \times 10%) and schistocytes (3.3%). The ADAMTS-13 activity was below 1%, and anti-ADAMTS-13 antibodies were detected in her plasma; so TTP was diagnosed. A total of 63 TPEs with 206 l of SDP (mean 3.3 \pm 0.9 l/TPE; 44.79 ml/kg BW) were well tolerated without adverse drug reaction. She was additionally treated with rituximab, glucocorticoids, heparin and immunoglobulin. She had a total of two relapses, but 1 year after diagnosis her ADAMTS-13 activity had normalized and no anti-ADAMTS-13 antibodies were detectable in the peripheral blood. She has been in complete remission for approximately 4 years.

Patient 4

A 44-year-old male patient presented with a history of chronic renal insufficiency, arterial hypertension and multiple cerebral infarcts. He was positive for anti-*Escherichia-coli*-0157 antibodies. TTP was diagnosed on the basis of thrombocytopenia (platelet count $48 \times 10^9 / \mathrm{l}$), increased creatinine level (244 µmol/l) and schistocytosis (4.3%). The activity of ADAMTS-13 was below 1%, and anti-ADAMTS-13 antibodies were detected in his plasma. Over 2.8 years he received a total of 122 TPEs with a mean volume of 4.5 \pm 1.3 l SDP per TPE (43.20 ml/kg BW) without adverse drug reaction. During the course of the therapy he had five relapses, but he recovered quickly when daily TPE was recommenced. He was additionally treated with rituximab, glucocorticoids, heparin, aspirin and defibrotide. The patient has been in remission for the last 3 years.

Patient 5

A 21-year-old male patient presented with a history of macrohematuria and petechia. The diagnosis of TTP was made because of his low platelet count (11×10^9 /I) and the presence of schistocytes in his peripheral blood smear (4%). The ADAMTS-13 activity was reduced to 3%, and anti-ADAMTS-13 antibodies were detectable. His creatinine level was normal. Schistocytes decreased to 0.7% during the treatment period, and ADAMTS-13 activity normalized after 4 months of treatment with a total of 40 TPEs using 198 I SDP (mean 4.9 ± 0.4 I/TPE; 44.11 ml/kg BW). SDP was well tolerated without any adverse drug reaction. After discharge from hospital he received TPE a few times as an ambulant patient and short-term treatment with heparin to support TPE. The patient is still in complete remission after 2 years.

Patient 6

A 28-year-old male patient was admitted to hospital without distinct clinical symptoms. The diagnosis of TTP was made on the basis of thrombocytopenia (platelet count $15 \times 10^9 / l$), anemia (Hb 5 mmol/l) and creatinine elevation (226 µmol/l). Additionally ADAMTS-13 activity was reduced (<3%), anti-ADAMTS-13 antibodies were detected in his serum, and schistocytes were present in a peripheral blood smear (20%). Overall, 51 TPEs using a total of 181 l SDP (mean $3.6 \pm 0.6 l / TPE$; 42.36 ml/kg BW) were administered and well tolerated by the patient without any adverse drug reaction. Supplementary medication included glucocorticoids, defibrotide and rituximab. The patient is still in complete remission after nearly 1 year.

Patient 7

An 18-year-old female in the 18th week of pregnancy presented with serious vaginal bleeding, anemia (Hb 4.3 mmol/l) and thrombocytopenia (platelet count 23×10^9 /l). The diagnosis of TTP was made on the basis of her low platelet count (23 × 10⁹/l) and the presence of schistocytes in her peripheral blood smear (4.2%). The ADAMTS-13 activity was not reduced (12%), but anti-ADAMTS-13 antibodies were detected in her serum. A total of 36 TPEs with 116 l SDP (mean 3.2 \pm 0.6 l/TPE; 38.92 ml/kg BW) were administered and well tolerated without any adverse drug reaction. Ultrasound diagnostics showed a normal course of pregnancy. No thromboembolic complications occurred. She completed her pregnancy successfully, and 16 months after her delivery was still in complete remission (platelet count 368×10^9 /l).

Patient 8

A 24-year-old female in the 23rd week of pregnancy was admitted to hospital with loss of consciousness, renal insufficiency and anemia (Hb 4.7 mmol/l). Firstly the pregnancy was terminated because of fetal death. This event was not related to TTP but was the result of a true knot of the umbilical cord. The diagnosis of TTP was made because of thrombocytopenia (platelet count $5 \times 10^9/l$), increased creatinine level (253 μmol/l) and schistozytes (15%). The ADAMTS-13 activity was reduced (<2.5%), and anti-ADAMTS-13 antibodies were detected in her serum. Immediately after diagnosis she received TPE, and 4 weeks after therapy she regained consciousness and achieved complete remission. After discharge from hospital she received glucocorticoids. Two months later she suffered a relapse. After an interval of 2 months a second relapse occurred. In both cases she was treated with TPE and received glucocorticoids, defibrotide and rituximab. A total of 123 TPEs with 391 I SDP (mean 3.2 ± 0.4 l/TPE; 53 ml/kg BW) were administered and were well tolerated without any adverse drug reaction. She has had no additional episodes of TTP for 1.5 years.

Discussion

The standard treatment for acute TTP is daily TPE [2]. Plasma replenishes the missing ADAMTS-13, and the procedure allows large volumes to be given and assists in the removal of associated antibodies to ADAMTS-13 in those patients that have antibody-mediated disease. Although TPE is undoubtedly efficacious, the choice of replacement fluid is still under discussion.

FFP and CPP appear to be equally effective in the therapy of TTP [32–34]. Pooled SDP represents an alternative to single-donor FFP and CPP. Several studies have shown that SDP is less variable in composition and has more consistent levels of ADAMTS-13 activity and antigen than CPP and FFP where each unit is derived from one donor. The levels of ADAMTS-13 activity and antigen found in Octaplas were comparable to the average levels found in single-donor FFP. Consequently, infusion of SDP can replace the missing or neutralized ADAMTS-13 activity in TTP patients [35–37]. A number of studies and case reports confirm the efficacy of SDP in the treatment of TTP [19–21, 23, 38, 39]. In the report by Harrison et al. [19], one patient with acute TTP refractory to TPE with FFP and CPP achieved remission with SDP.

With TPE established as standard therapy, recently published studies have evaluated the risks/adverse events of this treatment. Rizvi et al. [16] categorized two groups of TPE complications: catheter-related and plasma-related adverse events. Whereas catheter-related adverse events are independent of the solution used for replacement, the number of plasma-related adverse events may be influenced by the choice of fluid.

The most common plasmatic adverse events are allergic reactions. Stanworth et al. [40] reported that allergic reactions to FFP are relatively common, with a frequency of around 1–3% of all transfusions. In countries where only SDP is used, fewer transfusion-associated allergic and anaphylactic reactions are reported [41, 42]. The Austrian hemovigilance data for 2003–2006 [42–45] showed a risk of allergic reactions of 0.053%/bag for FFP and 0.003%/bag for SDP. The risk of allergic reactions increases with the number of bags used. Therefore, the tolerability of the replacement fluid is of high importance for TTP patients.

A review of the literature shows that several TTP studies have considered the tolerability of different exchange fluids [46]. Reutter et al. [24] reported that two thirds of TTP patients developed allergic reactions during TPE therapy whether treated with FFP or CPP. Scully et al. [23] observed that allergic/urticarial and citrate reactions were more common with CPP (9.3%) than with SDP (3.1%) and that the difference was significant. McCarthy [21] reported that the use of SDP virtually eliminates allergic reactions. Some case reports suggest a reduction in allergic reactions in TTP patients after changing from FFP to SDP [20, 22]. Evans et al. [38] reported the well tolerated SDP treatment of 3 TTP patients,

Table 2. TPE treatment and closing laboratory data

Patient	Number of treatments	Total volume, l	Duration of treatment, months	Average volume per TPE, l	Mean volume exchanged/TPE, ml/kg BW	Post treatment values		
						Platelets ^a × 10 ⁹ /l	LDH ^b , μkat/l	Creatinine ^c , µmol/l
1	23	140	1	6.10	81.33	183	4.94	85
2	48	223	4	4.85	36.47	239	3.50	66
3	63	206	13	3.27	44.79	413	4.58	49
4	122	544	34	4.45	43.20	136	3.26	135
5	40	198	4	4.94	44.11	343	2.92	66
6	51	181	5	3.55	42.26	159	2.81	94
7	36	116	3	3.23	38.92	267	3.01	49
8	123	391	7	3.18	53.00	402	2.73	55
Median	50	202	4.5	4.00	43.66	253	3.14	66

BW = Body weight.

without febrile or other adverse reactions. This may be a consequence of the purity of SDP which is free from cells and cellular debris, since plasma purity reduces the risk of adverse reactions [47–49].

Yarranton et al. [50] have reviewed the occurrence of venous thromboembolism (VTE) in 68 consecutive patients with TTP. Eight VTE events were identified in 7 female patients during TPE therapy. Octaplas was the last plasma to be used in TPE prior to the VTE in 7 out of 8 events although only 3 had received Octaplas exclusively. Octaplas is known to have reduced protein S activity. Theoretically, this may contribute to an increased risk of VTE when large volumes are transfused, but it was acknowledged by the authors that VTE is a multifactorial disease and several known precipitating factors for VTE were undoubtedly present in all cases reported. Recently, the same group published their positive experience with usage of Octaplas in 50 acute TTP episodes (alone or together with CPP) [23]. There were no reports of thrombotic events after TPE with Octaplas and fewer allergic reactions. Today they use Octaplas as first-line therapy for acute TTP episodes according to the recommendation of the national health department (UK, January 31, 2006).

Regarding viral safety, the use of SDP ensures maximum safety with respect to the risk of transmission of lipid-enveloped viruses because solvent/detergent treatment inactivates lipid-enveloped viruses, including recently detected and potential unknown viruses [51–54]. A combination of additional screening and the presence of neutralizing antibodies in the plasma pool results in a product that is safer with respect to the non-enveloped viruses B19 and HAV [52].

Furthermore FFP is commonly implicated in TRALI, a life-threatening complication of transfusion. Recently, a patient with TTP developed TRALI after TPE with FFP [55]. Most such events are caused by donor leukocyte-reactive anti-

bodies [56]. SDP does not contain detectable levels of leukocyte-reactive antibodies, possibly due to the at least 500-fold dilution of individual donations [57].

We have retrospectively analyzed the efficacy and tolerability of the treatment of 8 patients with acute TTP using SDP (Octaplas) as replacement fluid. Seven of the 8 patients had a severe deficiency in the vWF-cleaving protease ADAMTS-13, and all 8 patients were positive for inhibitory ADAMTS-13 antibodies. These patients required TPE at least as frequently as every second day.

The 8 patients underwent 50 TPEs/patient (median) with an average of 202 l SDP used overall (table 2). The mean volume of SDP/TPE was 4.20 ± 1.06 l. All patients responded to TPE with an increase in platelet count to more than 150×10^9 /l (table 2). Hemolytic anemia disappeared during the treatment. ADAMTS-13 inhibitory antibodies were partially or completely removed by TPE. A total of 506 treatments were carried out and 1,999 l plasma were used. None of the patients had an adverse drug reaction or a thrombotic event during exposure to SDP. No major complications occurred even after multiple TPE.

Our experience supports the data from published studies and demonstrates that the use of SDP for TTP is effective and tolerable.

However, it seems to be reasonable to confirm these promising safety results by exchanging clinical experience with SDP in the treatment of TTP on a more standardized basis.

Disclosure

E. Edel, H.K. Al-Ali and G. Matthes declared no conflict of interest. S. Seeger is employee of Octapharma GmbH. D. Kauschat is now employee of Sanofi-Aventis.

^aNormal laboratory value for platelets $150-380 \times 10^9$ /l.

^bNormal laboratory value for creatinine 50–110 μmol/l.

[°]Normal laboratory value for LDH 2.25–3.55 µkat/l; 37 °C.

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