THE BLIND LEADING THE OBESE: THE MOLECULAR PATHOPHYSIOLOGY OF A HUMAN OBESITY SYNDROME

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ABSTRACT

Bardet-Biedl syndrome (BBS) is a genetically heterogeneous disorder affecting multiple organ systems and resulting in blindness, obesity, cognitive impairment, and congenital defects. Interest in the etiology of this disorder stems, in part, from the fact that patients with BBS develop common clinical problems, including obesity, diabetes and hypertension. Twelve genes independently causing BBS have been identified. The heterogeneity is explained by the existence of two BBS complexes, the BBSome consisting of seven known BBS proteins, and the BBS chaperone complex consisting of three known BBS proteins. The formation of the BBSome requires the function of the BBS chaperone complex. Both mouse and zebrafish data support a role for BBS genes in cilia function, and in intracellular and intraflagellar trafficking. From the work described here, a common primary function of BBS proteins has emerged, specifically the mediation and regulation of microtubule-based intracellular transport.

In 1991, I saw a young boy in my medical genetics clinic. The patient's mother had noted that he had vision loss and had taken him to an ophthalmologist, who diagnosed retinitis pigmentosa (RP). RP is a disorder of retinal degeneration resulting in blindness which occurs due to mutations in dozens of different genes encoding proteins with highly diverse functions. RP displays different forms of inheritance, including X-linked recessive, autosomal recessive, autosomal dominant and digenic. In addition, it can occur in isolation or along with other clinical features as part of a genetic syndrome. Due to the fact that the patient had other clinical features in association with the RP, the ophthalmologist referred him to me to evaluate him for a possible genetic syndrome. I noted that the patient was obese, had some cognitive impairment and had a history of having been born with extra

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Potential Conflicts of Interest: None disclosed.

fingers and toes (removed by surgery). This boy had a disorder known as Bardet-Biedl syndrome (BBS). At the time, the only thing known about the etiology of BBS was that it was an autosomal recessive disorder. Since that time, my laboratory has studied BBS, which leads to degeneration of the photoreceptor cells and is associated with nonvision abnormalities.

In 1866, Laurence and Moon described a syndrome consisting of retinal degeneration, hypogonadism, mental retardation and spastic paraplegia (1). Years later, Bardet and Biedl independently described a similar syndrome with the additional features of polydactyly and obesity (2, 3). Subsequently, Solis-Cohen and Weiss referred to the association of these phenotypes as Laurence-Moon-Biedl syndrome, because of a single family that had features of both syndromes (4). The disorder was subsequently referred to in the scientific and medical literature as Laurence-Moon-Bardet-Biedl syndrome. Currently, the Laurence-Moon-Bardet-Biedl syndrome is considered to be two distinct disorders: polydactyly and obesity are not components of Laurence-Moon syndrome, but are major components of BBS (5). BBS is a genetically heterogeneous autosomal recessive disorder with the primary features of obesity, polydactyly, pigmentary retinopathy, hypogonadism, renal anomalies and mental retardation (6). Secondary features of BBS include diabetes, hypertension and congenital heart defects (7). Obesity generally begins in infancy and eventually becomes severe. The retinal degeneration component of the phenotype usually results in legal blindness by age 20. Patients have learning disabilities, and some have mental retardation.

Although BBS is rare, considerable interest in the identification of genes causing BBS exists, because components of the phenotype are common (i.e., obesity and diabetes). It is hypothesized that genes involved in BBS may provide clues to the identification of biochemical and developmental pathways involved in these more common disorders as well as to provide additional understanding of normal developmental processes.

As suggested by Sir Archibald Garrod, rare autosomal recessive disorders are more commonly found in consanguineous families (8). We began studying BBS in isolated, consanguineous, Bedouin populations in the Negev region of Israel at a time when it was thought that a single autosomal recessive locus would account for this disorder. The high rate of consanguinity in these populations results in an increase in the frequency of recessive genetic disorders, and three separate Bedouin populations with BBS were identified by our collaborators Drs. Rivka Carmi and Khalil Elbedour, in Israel (9). Previous efforts to map this disorder using multiple small nuclear families from diverse populations had failed to reveal a disease locus. Historical data indicated that the three Bedouin groups with BBS were unrelated to each other; thus each kindred was considered to be of a separate population and genetic mapping studies were performed independently for each of them. To our initial surprise, the disorder was shown to be linked to a different region of the human genome in each population (10-12). This was the first demonstration that BBS is a genetically heterogeneous disorder and demonstrated that at least three separate genes independently cause BBS. Subsequent work by us and others using genetic mapping, positional cloning and comparative genomic analysis focused on identification of additional loci and the genes that cause BBS. This effort resulted in the identification of twelve genes that independently cause autosomal recessive BBS (13–24).

The twelve BBS genes were identified using genetic methods without providing consistent clues to the overall cause of BBS based on predicted protein similarities. Protein-protein interaction domains were found in five of the proteins (beta-propeller repeats in BBS1, BBS2 and BBS7; tetratricopeptide repeats in BBS4 and BBS8). BBS3 encodes an ADP-ribosylation-like factor GTPase; BBS11 is the E3 ubiquitin-ligase TRIM32; and BBS6, BBS10 and BBS12 have similarity to the ATP-dependent chaperonin TRiC/CCT (13–24). While these data did not point to a single unifying hypothesis regarding the function of BBS proteins, two general hypotheses were generated based on the extensive genetic heterogeneity of BBS and the extensive pleiotropic effect of the disorder: [1] The BBS proteins formed one or more protein complexes, and [2] BBS proteins were involved in a fundamental process common to many tissue/cell types.

In order to pursue the hypothesis that BBS proteins formed a multisubunit complex, methods to identify BBS protein interactions were utilized including yeast 2-hybrid, co-immunoprecipitation, and tandem affinity purification. In collaboration with the laboratory of Peter Jackson, tandem affinity purification identified a protein complex, called the BBSome, consisting of seven BBS proteins (BBS1, BBS2, BBS4, BBS5, BBS7, BBS8 and BBS9), as well as a novel protein (Bardet-Biedl interacting protein 10; BBIP10) (25, 26) (Figure 1). Specific protein-protein interactions were confirmed using co-immunoprecipitation. In more recent experiments, our laboratory has shown that the three BBS proteins with chaperone homology (BBS6, BBS10 and BBS12) form a second complex which is required for formation or stability of the BBSome (27).

In order to gain further insight into the functional role of BBS

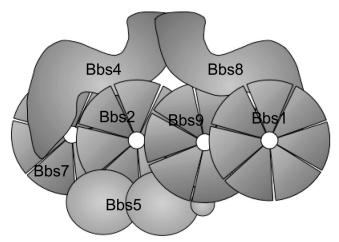


FIG. 1. Schematic drawing of the BBSome complex showing protein-protein interactions. BBS1, BBS2, BBS7 and BBS9 contain Beta-propeller repeats. BBS4 and BBS8 contain TPR repeats.

genes/proteins, we elected to develop BBS animal models. To date, we have developed several BBS knockout mouse models and one knockin mouse line containing the single most common BBS mutation, BBS1 M390R (28–31). Early analysis of these mice revealed that mice homozygous for a single BBS gene or mice homozygous for the BBS1 M390R mutation completely lack spermatozoa flagella (Figure 2). In addition, these mice undergo photoreceptor degeneration (Figure 3). It should be noted that photoreceptor cells of the retina contain a cilia structure known as the connecting cilium. The connecting cilium func-

 Wild type testis
 Bbs4-/- testis

FIG. 2. Histological samples from control (left) and BBS knockout (right) mouse testes. Spermatozoa from BBS mice (Bbs4 knockout mouse shown) lack flagella.

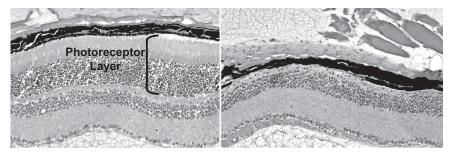


FIG. 3. Histological slides of retina from eight month old wild-type (left) and Bbs4 knockout (right) mice. Note that Bbs4-/- mice lack the photoreceptor layer below the retinal pigmented epithelium (RPE). The photoreceptor layer has completely degenerated in these mice.

tions in the trafficking of proteins and membrane vesicles from the cell body to the outer segment of photoreceptors by a process known as intraflagellar transport (IFT) (32). IFT uses molecular motors to traffic molecules both in an antegrade and retrograde direction. The early mouse data provided evidence that BBS genes/proteins play a role in cilia function. In subsequent work, the BBSome was shown to localize to non-membranous centriolar satellites in the cytoplasm, as well as to the membrane of cilia. The BBSome was also shown to play a role in ciliogenesis, and this role was demonstrated to be mediated by the Rab8 GDP/GTP exchange factor, rabin8 (25). The identification of two BBS complexes explains the genetic heterogeneity of BBS, and the fundamental role of these complexes explains, in part, the pleiotropic nature of BBS. It is not known whether some defects in BBS mice result from abnormal cilia motility or abnormal sensing through cilia. In ongoing work, we have evaluated motile cilia in the airway epithelium in BBS mouse models (33). This work indicates that mutation of BBS genes does not result in defects in cilia motility, leading to the hypothesis that motile cilia may also have a sensory function. BBS mouse models generated in our laboratory are a valuable resource to answer this question in future studies. These mice are also valuable for studies to further investigate the role of individual BBS proteins and complexes in specific tissues and organ systems, and to investigate additive gene-gene interactions in a mammal system.

In order to further evaluate the role of BBS proteins we utilized zebrafish. One can use antisense oligonucleotides, known as morpholinos (MOs), to knock down the function of specific genes during development. We used MOs against each of the twelve individual zebrafish BBS genes (34, 35). Two interesting phenotypes were observed. First, knockdown of each BBS gene results in failure of development of

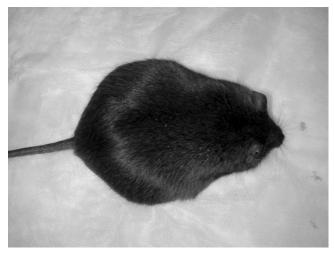


FIG. 4. BBS knockout mouse showing the obesity phenotype.

an early ciliated structure known as Kupffer's vesicle. Second, embryos lacking BBS genes have delayed retrograde melanosome transport. Melanosomes are pigmented vesicles found in melanocytes on the surface of zebrafish that are trafficked to and from the periphery of the cell resulting in lightening and darkening of the zebrafish. These zebrafish phenotypes demonstrate that BBS genes are required for normal cilia function and normal vesicle trafficking, indicating a role for BBS genes in intraflagellar trafficking.

To understand the pathophysiology of BBS, we have further investigated BBS mouse models. Of note, BBS mice become obese (Figure 4). The obesity is due to increased appetite and decreased locomotor activity. Further investigation of the obesity reveals that BBS mutant mice have increased leptin levels. Leptin is a protein produced by adipocytes which have an anorexigenic affect by binding to the leptin receptor (LepR) in proopiomelanocortin (POMC) neurons within the hypothalamus to increase the levels of POMC. The signaling through POMC occurs when leptin binds to the leptin receptor resulting in the activation of Jak2 kinase leading to phosphorylation of Stat3. In mutant BBS mice, Stat3 phosphorylation is attenuated in the presence of elevated leptin, levels indicating leptin resistance. Our data indicate that the likely reason for leptin resistance is abnormal handling or trafficking of the LepR (36, 37).

In order to demonstrate a role for the BBSome in LepR function, we performed co-immunoprecipitation experiments to determine whether the BBSome directly interacts with the receptor. The results of these experiments demonstrated that BBS1 protein directly interacts with LepR. However, the M390R BBS1 mutation disrupts this interaction with LepR interaction. These data demonstrate a novel mechanism of leptin resistance (37).

In summary, our results demonstrate that BBS is a genetically heterogeneous disorder affecting multiple organ systems. The heterogeneity is explained by the existence of two BBS complexes, the BBSome consisting of seven known BBS proteins, and the BBS chaperone complex consisting of three known BBS proteins. The formation of the BBSome requires the function of the BBS chaperone complex. Both mouse and zebrafish data support a role for BBS genes in cilia function, and in intracellular and intraflagellar trafficking. Loss of vision in BBS patients is likely due to abnormal trafficking across the connecting cilium in photoreceptor cells. Obesity in BBS patients appears to be due to leptin resistance resulting from an abnormality in LepR handling. A common primary function of BBS proteins has emerged, specifically the mediation and regulation of microtubulebased intracellular transport (Figure 5). These BBS studies are an important example of how the investigation of a rare human disorder can lead to disease gene discovery and novel insights into basic biology and pathophysiology.

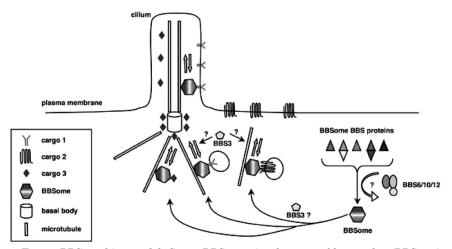


FIG. 5. BBS working model. Seven BBS proteins form a stable complex (BBSome) which localizes to centriolar satellites and to the membrane of cilia. BBSome components play a role in regulation of protein and vesicle trafficking to cilia, and perhaps to the plasma membrane. Chaperone-like BBS proteins (BBS6, BBS10 and BBS12) form a second BBS complex that is required for BBSome assembly.

ACKNOWLEDGEMENTS

This work was supported by the National Institutes of Health, the Carver Endowment for Molecular Ophthalmology, and Research to Prevent Blindness. VCS is an investigator of the Howard Hughes Medical Institute.

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DISCUSSION

Crystal, New York: We've noticed the BBS genes expressed in the airway epithelium, and so, did the mice and/or the humans have lung disease?

Sheffield, Iowa City: Yes. We've look at that pretty extensively, actually, with Mike Welsh's lab; and you're right, they are expressed in the airway epithelium. If you look closely, there are some defects in the airway epithelial cilia. There is some bulging at the tips of the cilia, which would be consistent with a retrograde transport defect. However this is in a minority of the cilia, and we don't really see a functional consequence of this so far in the mice.

Boyer, New Haven: Another disease of the cilia are polycystic diseases of the kidney and liver. Do these children, or mice, develop renal or liver cysts, and which of these proteins is involved with the structure of the cilia per se?

Sheffield, Iowa City: So in response to the first question, do the humans or mice get cystic kidneys or cystic livers? The humans do get cystic kidneys, but not all humans.

Cystic kidneys is a defect that is part of BBS. The mice do not seem to get cystic kidneys, and we don't know why. Regarding which proteins are involved cystic kidneys, have been found in all the different BBS types that has been reported, but again, it is not in all of the patients.

Czeisler, Boston: Thank you for the interesting presentation. I am wondering, is the blindness—are they completely blind, lacking in all conscious light perception?

Sheffield, Iowa City: No. So, as I maybe didn't indicate very well, the blindness is actually due to a photoreceptor degeneration. So initially, they can see okay, but subsequently they lose vision. Remember I reported that we had three different Bedouin kindreds and the disease is quite rare except in these Bedouin populations? With the three Bedouin kindreds we had the opportunity of examining multiple different patients, and so we actually sent an ophthalmology fellow over to Israel to study these patients. What we found out was that the BBS3 patients had a very mild retinopathy, but they have quite a severe myopia; and people assumed that they were blind because of the retinopathy. They weren't giving the children glasses. So, we found this out by studying the children. We got them glasses, and now they are going around seeing just fine; but eventually their photoreceptors do die, and then they have a retinitis-pigmentosa-type phenotype. So, they can still have some light perception, but they gradually lose vision.

Howley, Boston: I have a question about one of the components of the BBSome that you had there, which was the E3 ubiquitin ligase. I am wondering what its function is?

Sheffield, Iowa City: Regarding the E3 ubiquitin ligase, we also refer to it as BBS11, and we identified it by positional cloning. It is not part of the BBSome complex. Neither is it part of the chaperone complex. It is an independent one. We don't know what the targets of the ubiquitin ligase are at this point. In fact, there is a student that is starting to work on that particular molecule.

Sacher, Cincinnati: If I recall, another genetic obesity syndrome is the Prader-Willi Syndrome. Have you looked at BBS in that phenotype?

Sheffield, Iowa City: Prader-Willi is due to a defect on chromosome 15, where there's a loss of the paternal copy of part of chromosome 15, and those patients have really varacious appetites. The BBS patients that I know do eat quite a bit, but they don't have the same voracious appetite as the Prader-Willi Syndrome. There are no BBS genes that map to the Prader-Willi locus.

Mann, St. Louis: There is a Laurence-Moon-Biedl Syndrome, I think, that also has six digits and is associated with obesity. BBS related to that at all?

Sheffield, Iowa City: Yes. BBS was formerly known as Laurence-Moon-Biedl syndrome. There are some patients which have a disorder known as Laurence-Moon syndrome that is likely related, but the details are not known.