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# Tubular reabsorption and diabetes-induced glomerular hyperfiltration

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# Abstract

Elevated glomerular filtration rate (GFR) is a common observation in early diabetes mellitus and closely correlates to the progression of diabetic nephropathy. The hyperfiltration has been explained to be the result of a reduced load of sodium and chloride passing macula densa, secondarily to an increased proximal reabsorption of glucose and sodium by the sodium glucose co-transporters. This results in an inactivation of the tubuloglomerular feedback, leading to a reduced afferent arteriolar vasoconstriction and subsequently an increase in GFR. This hypothesis has recently been questioned due to the observation that adenosine  $A_1$ -receptor knockout mice. previously shown to lack a functional tubuloglomerular feedback mechanism, still display a pronounced hyperfiltration when diabetes is induced. Leyssac demonstrated in the 1960's (Leyssac, 1963) that GFR and proximal reabsorption can work independently of each other. Furthermore, by the use of micropuncture technique a reduced hydrostatic pressure in Bowman's space or in the proximal tubule of diabetic rats has been observed. A reduced pressure in Bowman's space will increase the pressure gradient over the filtration barrier and can contribute to the development of diabetic hyperfiltration. When inhibiting proximal reabsorption with a carbonic anhydrase inhibitor, GFR decreases and proximal tubular pressure increases. Measuring intratubular pressure allows a sufficient time resolution to reveal that net filtration pressure decreases before TGF is activated which highlights the importance of intratubular pressure as a regulator of GFR. Taken together, these results imply that the reduced intratubular pressure observed in diabetes might be crucial for the development of glomerular hyperfiltration.

#### Keywords

Diabetes; glomerular filtration rate; glucose transport; tubuloglomerular feedback; proximal pressure

# Introduction

Sustained hyperglycaemia is associated with several complications, including nephropathy, neuropathy and retinopathy, and is the leading cause for end-stage renal disease (Deshpande et al., 2008). Approximately 30% of all patients with insulinopenic diabetes will develop renal disease (Hovind et al., 2004). The degree of hyperglycaemia is the major predictor for

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development of diabetes-induced complications according to the Diabetes Control and Complication Trial Research Group (DCCTR, 1993). Increased glomerular filtration rate (GFR) is one of the earliest indications of altered kidney function in diabetic patients (O'Donnell et al., 1988), and is commonly used as a predictor for later development of progressive renal dysfunction. The mechanism mediating diabetes-induced glomerular hyperfiltration has been subject for extensive research, and potential mechanisms have been proposed. The most commonly accepted hypothesis for the diabetes-induced glomerular hyperfiltration involves an inactivated tubuloglomerular feedback (TGF) mechanism. The TGF mechanism is mediated by adenosine acting on adenosine A1 receptors (A<sub>1</sub>AR) in the afferent arterioles causing vasoconstriction (Sun et al., 2001, Brown et al., 2001). Changes in tubular sodium-chloride concentration are detected by the macula densa (MD) cells in the distal nephron which express the sodium-potassium-2-chloride (NKCC2) isoform B. This results in corresponding adjustment of the afferent arteriolar resistance correcting GFR to match tubular transport capacity (Wright and Schnermann, 1974). This transporter has highest affinity for chloride and is adapted for transport of sodium and chloride concentrations around 25 mM. In TGF-studies, maximal response is achieved when tubules are perfused with NaCl concentration up to 60 mM. Sodium, chloride and potassium are reabsorbed from the tubules. Chloride is excreted on the basolateral side while potassium is being transported back to the tubules. The MD cells have a very low expression of the sodium/potassium-ATPase. The consequence is that sodium concentration in the MD reflects tubular sodium concentration, with a concomitant depolarization of MD when NaCl is increased. However, how the signal thereafter is transmitted is yet not fully understood, but it is probably a release of ATP, which is subsequently degraded to adenosine. The NKCC-transporter is necessary for a functional TGF-response, as well as recycling of potassium and excretion of chloride, and mice lacking NKCC2 have reduced TGFresponsiveness (Oppermann et al., 2006, Oppermann et al., 2007).

Inactivation is a result from reduced tubular sodium load to the MD due to increased tubular reabsorption secondary to increased tubular glucose load (Thomson et al., 2004). Indeed, the concentrations of sodium, potassium and chloride in the early distal nephron are reduced in diabetic rats (Vallon et al., 1999). However, this hypothesis has recently been questioned in studies using A<sub>1</sub>AR knockout mice (Sallstrom et al., 2007, Faulhaber-Walter et al., 2008). These mice lack the TGF mechanism, but still display diabetes-induced glomerular hyperfiltration. This review will summarize some of the mechanisms that have been proposed to contribute to diabetic hyperfiltration with a primary focus on the influence of tubular reabsorption as a crucial determinant of filtration pressure.

#### Tubular hypothesis of glomerular filtration rate

GFR is attributable to the sum of hydrostatic and colloid osmotic forces across the glomerular membrane, also known as net filtration pressure ( $\Delta P$ ). These forces are: hydrostatic pressure in the glomerular capillaries ( $P_{gc}$ ), hydrostatic pressure in the Bowman's capsule or the proximal tubule ( $P_{prox}$ ), colloid osmotic pressure of the glomerular capillaries ( $\pi_{gc}$ ) and the colloid osmotic pressure of Bowman's capsule ( $\pi_{Bow}$ , which under normal conditions is assumed to be zero). Net filtration ( $\Delta P$ ) pressure is calculated according to:  $\Delta P = P_{gc} - P_{prox} - (\pi_{gc} + \pi_{Bow})$ . These pressures have been measured by micropuncture technique. During normal physiological conditions  $P_{gc}$  amounts to 44–50 mmHg (Vallon et al., 1999, Leyssac et al., 1991a, Hostetter et al., 1981, Persson et al., 1984),  $P_{prox}$  12.3–15 mmHg (Leyssac et al., 2000, Leyssac et al., 1991a, Leyssac et al., 1994, Thorup et al., 2000, Hostetter et al., 1981, Sorensen et al., 2004, Nordquist et al., 2009) and a mean  $\pi_{gc}$  of 25 mmHg (Brenner et al., 1971). This results in a  $\Delta P$  ranging from 4 to 13 mmHg (Fig. 1). Theoretically, the relative small  $\Delta P$  must result in the conclusion that a minor change in  $P_{prox}$  that is unopposed by changes in  $P_{gc}$  or  $\pi_{gc}$  will have an immense influence on GFR.

Persson et al.

Distal tubular pressure (Pdist) is approximately 7.5 mmHg (Leyssac et al., 1991a), which implies that the relatively high hydraulic resistance in the loop of Henle has implications for P<sub>prox</sub>. However, increasing tubular flow rate does not cause a proportional increase in proximal tubular pressure. This phenomenon is further explained by Koh *et al.* showing that the loop of Henle behaves like a collapsible rubber tube (Koh and Baines, 1974). During low flow rate, the loop of Henle is collapsed leading to a high hydraulic resistance. However, if the tubular flow increases the tubules are expanding leading to reduced resistance. Thus, the resistance determining Pprox will originate from the distal tubules or collecting ducts during high tubular flow rates. Leyssac demonstrated in the 1960's that proximal tubular reabsorption can function independently of GFR (Leyssac, 1963). He reported that the proximal reabsorption is unaltered when the renal artery is ligated and, thus, GFR is stopped. Leyssac tested his hypothesis further by inhibiting proximal tubular reabsorption with the carbonic anhydrase (CA) inhibitor acetazolamide (Leyssac et al., 1991a), which previously had been shown to reduce fractional reabsorption of sodium, chloride and bicarbonate with approximately 30% (Kunau, 1972) and reduce GFR in both rats and humans (Skott et al., 1989, Persson and Wright, 1982, Tucker and Blantz, 1980, Tucker et al., 1978). This reduced  $\Delta P$  by increasing  $P_{prox}$  before TGF was activated. Therefore, Leyssac proposed that GFR can be determined by changes in proximal tubular reabsorption (Leyssac et al., 1991a). Reduced tubular reabsorption will leave more electrolytes and, subsequently, more fluid in the tubules, which increases the intratubular pressure in the proximal tubule and therefore reduces the pressure gradient ( $\Delta P$ ) across the glomerular membrane. Persson and Wright had earlier explained the reduced GFR during inhibition of proximal tubular reabsorption with a TGF-mediated afferent arteriolar vasoconstriction due to increased electrolyte load to the macula densa (MD) (Persson and Wright, 1982). These results showed that total kidney GFR was reduced by 30% and single nephron (SN) GFR by 23%, using distal collections, i.e. with an intact TGF-loop. With proximal collection (TGF not functional), SNGFR was similar for control and acetazolamide treated rats, demonstrating the influence of TGF. In contrast, Leyssac *et al.* showed increased  $P_{prox}$  by 1.7 mmHg and reduced  $\Delta P$  immediately after CA inhibition before the ~10 seconds time-lag for TGF-activation and afferent arteriolar vasoconstriction, indicating that alterations in P<sub>prox</sub> will be involved in the reduction of  $\Delta P$  after CA-inhibition (Leyssac et al., 1991a). TGF-activation was thereafter observed and resulted in reduced renal blood flow (RBF) and a further reduction in  $\Delta P$ . The theory of a TGF independent reduction in GFR after CA-inhibition has later been supported by data from  $A_1AR^{-/-}$  mice (Hashimoto et al., 2004). However, the conclusion was that both proximal reabsorption and TGF-activation contributes to the reduced GFR after inhibition of proximal tubular reabsorption since  $\Delta P$  was lowered already before the TGF was activated. Leyssac *et al.* went one step further and restored the RBF back to baseline by infusing dopamine, which resulted in an incomplete restoration of GFR. Approximately 30% of the acetazolamide induced decrease in GFR was reversed by dopamine, due to a parallel increase in P<sub>prox</sub> (Leyssac et al., 1994). This finding provides further support for P<sub>prox</sub> as a major determinant of GFR since Pprox works in parallel to Pgc and therefore results in an unaltered  $\Delta P$ . This is only possible if distal hydraulic resistance is greater than the resistance for filtration across the glomerular membrane. Another aspect that needs to be considered is whether the glomerular filtration is characterized by filtration pressure equilibrium. However, with normal arterial pressure and kidney function, the glomerular filtration does not reach filtration pressure equilibrium (Kallskog et al., 1975b, Kallskog et al., 1975a). Furthermore, it has been shown in several studies that the efferent arteriole can influence GFR, which would be difficult if there was filtration pressure equilibrium across the glomerular capillary (Palm et al., 2010, Nordquist et al., 2009). During filtration pressure equilibrium, the GFR is mainly determined by the plasma flow and there are indeed several studies showing increased renal plasma flow in diabetes (Jensen et al., 1981, Hostetter et al., 1981). However, we have previously demonstrated that diabetic hyperfiltration occurs without concomitant increase in renal plasma flow (Palm et al., Nordquist et al., 2009).

Accordingly, the hydrostatic pressure in Bowman's space will influence  $\Delta P$  and therefore also regulate GFR.

# **Diabetic hyperfiltration**

GFR is increased in both diabetic patients and in experimental animal models of diabetes early after the onset of diabetes (O'Donnell et al., 1988). GFR and tubular function are interlinked via the tubular content of electrolytes, preferentially sodium and chloride, that reaches the MD through the TGF (Skott et al., 1989, Persson and Wright, 1982, Tucker and Blantz, 1980, Tucker et al., 1978). One of the hypotheses for diabetic hyperfiltration, commonly referred to as "The tubular hypothesis of glomerular filtration", states that the GFR is increased due to an inactivated TGF secondary to increased tubular sodium reabsorption and therefore decreased electrolyte load to the MD (Thomson et al., 2004). Therefore, the diabetes-induced glomerular hyperfiltration would be the result of a primary tubular effect, defined as any mechanism altering tubular reabsorption upstream to the MD. A primary vascular effect is defined as any other mechanism, but proximal reabsorption. Tubular sodium load to the MD must be reduced if GFR is increased by a primary tubular effect. Conversely, sodium load to MD must be increased if GFR is increased by a primary vascular effect.

Glucose is reabsorbed by proximal tubules by two types of sodium glucose linked transporters (SGLT), SGLT1 and SGLT2. SGLT2 is present in the S1 and S2 segments of proximal tubule, and has a high capacity, low affinity transport characteristics for glucose. SGLT1 is present in the S3 segment and has a low capacity, high affinity transport characteristics (Hediger and Rhoads, 1994). Progressive increase in tubular glucose in both diabetic and control rats results in increased net sodium and fluid reabsorption (Bank and Aynedjian, 1990). Furthermore, mRNA of both SGLT2 and SGLT1 are up regulated by 36% and 20%, respectively, in diabetic rats (Vestri et al., 2001). Hence, in combination with increased tubular glucose load, due to increased plasma glucose levels during diabetes, proximal tubular sodium reabsorption increases, which reduces sodium load to MD and deactivates the TGF (Vallon et al., 1999, Pollock et al., 1991).

So far, it has not directly been demonstrated that the increased sodium reabsorption is due to increased sodium-glucose co-transport. The theory originates from other observations. First, sodium concentration is reduced in the distal part of the nephron in diabetic rats, and is normalized when the sodium-glucose co-transport is blocked by phlorizin. Phlorizin also reduce diabetic glomerular hyperfiltration in both rats and in conscious mice (Pollock et al., 1991, Vallon et al., 1999). This may seem a bit surprising since the sodium-glucose cotransport is believed to only be a minor contributor to the total electrolyte transport in the proximal tubule. However, the sodium-glucose co-transporters are up-regulated in diabetes, and the transport maximum might increase (Vestri et al., 2001). In a control rat with blood glucose of 5 mM it can be estimated that the amount of sodium reabsorbed in the proximal tubule by sodium/glucose co-transport to approximately 5 % of total sodium reabsorption, whereas in diabetic animals with a blood glucose around 15 mM the amount of total sodium going through sodium/glucose co-transport can be estimated to 14 %. This is a considerable part of total proximal reabsorption and corresponds well with the difference in lithium clearance commonly observed in diabetes (Nordquist et al., 2009). These calculations are based on the assumptions that plasma sodium is 140 mM and that proximal reabsorption of sodium is 75% of the filtered load in control rats and 85% in diabetic rats (Nordquist et al., 2009). Furthermore, it is also assumed that the total ratio of glucose:sodium reabsorption in the proximal tubule is 1:1.1 (90% going through SGLT2 with ratio 1:1 and 10% mediated by SGLT1 with ratio 1:2 (Wright, 2001)) and that this ratio is similar in diabetic rats. These assumptions do not include the known upregulation of SGLT protein levels in the diabetic

kidney that will increase the contribution of sodium reabsorption via SGLTs at glucose levels above 15 mM.

Interestingly, Noonan and co-workers could increase GFR 42% in control rats by infusing glucose, which implies that glucose *per se* can influence GFR (Noonan et al., 2001). They also showed correlation between the amount of filtered and reabsorbed glucose. However, it should be noted that the renal blood flow was not measured in this study. Preventing tubular growth in diabetic rats by inhibition of ornithine decarboxylase prevents hyperfiltration, but has no effect in control rats (Thomson et al., 2001). Normalizing early distal sodium delivery by inhibiting proximal reabsorption results in normal SNGFR in diabetic rats (Vallon et al., 1999). However, this leads to a 100% concomitant increase in early distal flow rate. Accordingly, this may result in increased  $P_{prox}$  reducing the  $\Delta P$  since the distal tubule has high hydraulic resistance (Koh and Baines, 1974). Reduced P<sub>prox</sub> in diabetic rats has been demonstrated, which indicates that the mechanism explaining the diabetic glomerular hyperfiltration must be different from the commonly accepted "Tubular hypothesis" (Thorup et al., 2000, Vallon et al., 1999, Nordquist et al., 2009). Jensen and coworkers reported reduced Pprox while Pgc was not different between control and diabetic rats. However, the renal plasma flow was increased. The authors concluded that hyperglycaemia induced simultaneous vasodilation of both the afferent and the efferent arteriole, and that this in combination with the reduced P<sub>prox</sub> caused the glomerular hyperfiltration (Jensen et al., 1981). Reduced P<sub>prox</sub> is contradictive to the increased tubular flow rates observed in diabetic rats as long as it not accompanied by a reduction in the distal hydraulic resistance. This is explained by the results of Koh et al. showing that resistance in the loop of Henle is reduced in parallel to increased tubular flow rates. It should also be noted that sustained hyperglycaemia is associated with increased oxidative stress (Palm et al., 2003), which itself has been shown to directly stimulate reabsorption of sodium and chloride in the thick ascending limb (Ortiz and Garvin, 2002). This could potentially reduce tubular flow rate in the distal parts of the nephron and subsequently reduce P<sub>prox</sub>. However, antioxidant treatment of diabetic rats fail to prevent the diabetes-induced glomerular hyperfiltration (Palm et al., 2003), implying no major influence of this mechanism on GFR during diabetes.

There is some evidence for a restrictive role of TGF for mediating the elevated GFR during diabetes. Pollock et al. collected tubular fluid from proximal nephron segments (TGF nonfunctional) and distal nephron segments (TGF intact) using micropuncture to measure SNGFR (Pollock et al., 1991). They reported a larger increase in proximally versus distally measured SNGFR in diabetic rats compared to controls. This implies that the TGF works towards abating diabetic hyperfiltration. Administering phlorizin, an SGLT antagonist reduced blood glucose and SNGFR, both proximally and distally determined to a level corresponding to SNGFR of untreated rats with comparable blood glucose. Proposing that the TGF is protective against diabetic hyperfiltration implies a resetting of the TGF response curve leftward with an increased sensitivity since the increased proximal tubular electrolyte reabsorption in diabetes results in decreased sodium delivery load to MD (Vallon et al., 1999, Pollock et al., 1991). However, there is a possible link between diabetes and a sensitized TGF mechanism. Hyperglycaemia has been shown to increase angiotensin II (Ang II) production in the kidney (Onozato et al., 2008, Price et al., 1999, Zimpelmann et al., 2000), which is at least partly mediated by reactive oxygen species (ROS) (Hsieh et al., 2002). Ang II is the major modulator in increasing TGF-responsiveness to adenosine (Deray et al., 1990, Traynor et al., 1998) Ang II, acting on AT<sub>1</sub>-receptors stimulates ROS production by the NADPH oxidase (Shinozaki et al., 2004, Onozato et al., 2002). Finally, ROS decrease nitric oxide (NO) bioavailability through an irreversible reaction between oxygen radicals and NO forming peroxynitrite. It has been shown in several studies that NO blunts the TGF-response to increased sodium load to the MD (Welch et al., 1999, Ren et al.,

2000, Ito and Ren, 1993). Interstingly, Ren and co-workers demonstrated that oxidative stress influences the inhibitory effect of NO on the TGF response also under normal situations (Ren et al., 2002). Tempol, a superoxide dismutase mimetic, attenuated the TGF response in afferent arterioles from normoglycaemic Sprague-Dawley rats, and the effect was abolished after specific nNOS inhibition by 7-NI. Indeed, it has been shown that the TGF responsiveness is elevated in diabetic rats (Thorup et al., 2000), and mice lacking NADPH oxidase-mediated ROS production have reduced contraction of the afferent arteriole in response to Ang II (Carlstrom et al., 2009). Finally, superoxide has been demonstrated to directly increase the efficiency of the 5'-nucleotidase, which is responsible for the majority of the hydrolysis of adenosine monophosphate to free adenosine (Chen et al., 2001), the latter being a crucial mediator for the TGF mechanism over the adenosine A<sub>1</sub> receptor (Brown et al., 2001, Sun et al., 2001).

# Knowledge from genetically modified animal models

The TGF-mediated afferent arteriolar vasoconstriction is mediated by adenosine acting on A1AR (Brown et al., 2001, Sun et al., 2001, Osswald et al., 1980). Two groups independently developed A<sub>1</sub>AR knockout mice  $(A_1AR^{-/-})$  and both groups reported that these mice completely lack the classic TGF-response (Brown et al., 2001, Sun et al., 2001). Administration of the CA inhibitor benzolamide to  $A_1AR^{-/-}$  resulted in a drop of GFR by 21.1% and RBF by 15.9%, which was similar to that of the wild type animals, which is a direct evidence that a reduction in electrolyte transport in the proximal segment of the nephron can alter GFR via other mechanisms than TGF. Interestingly, benzolamide increased plasma renin concentration and acute Ang II receptor blockade by candesartan diminished the effect of benzolamide on GFR and RBF, indicating a critical role for Ang II in reducing renal blood flow during CA inhibition (Hashimoto et al., 2004). The development of  $A_1AR^{-/-}$  mice has provided the opportunity to further study the specific role of TGF in health and disease. Interestingly, Sallstrom et al. showed that diabetic  $A_1AR^{-/-}$  mice display diabetes-induced glomerular hyperfiltration to the same extent as wild-type mice (Sallstrom et al., 2007), indicating no involvement of TGF for the increased GFR in these animals. These results were later confirmed by Faulhaber-Walter and coworkers where  $A_1AR^{-/-}$  mice were crossed with the diabetic Ins2<sup>+/-</sup> Akita mice (Faulhaber-Walter et al., 2008). Similar to the results by Sallstrom *et al.* the diabetic  $Ins2^{+/-}/$  $A_1AR^{-/-}$  mice lacking TGF displayed pronounced glomerular hyperfiltration. However, an interesting finding was that the diabetic mice lacking the A<sub>1</sub>AR presented with a more exaggerated increase in GFR compared with Akita having a functional TGF mechanism. These results indicate that the role of TGF is to attenuate, rather than cause the diabetesinduced glomerular hyperfiltration. Importantly, both these studies reported that the absence of a functional TGF mechanism did not alter baseline GFR in the normoglycemic mice. However, it should be noted that conflicting results do exist. The paper by Vallon et al. reported that diabetic  $A_1AR^{-/-}$  mice do not present with diabetic hyperfiltration while their diabetic wild type littermates do (Vallon et al., 2009).

The conclusion so far from using  $A_1AR^{-/-}$  mice, it seems that TGF does not mediate the diabetes-induced glomerular hyperfiltration, and that GFR remains remarkably stable in the absence of a functional TGF mechanism.

In conclusion, several factors affect GFR during the course of diabetes. The kidneys grow, glucose transporters are up regulated and hemodynamics are altered. Recent reports confirm the importance of tubular reabsorption and proximal tubule pressure as determinants of GFR and support the hypothesis that increased proximal tubular electrolyte reabsorption with a subsequent reduction in proximal tubular pressure is a major mechanism for the commonly observed glomerular hyperfiltration in early diabetes. Better understanding of the

mechanisms mediating the glomerular hyperfiltration may present new therapeutical targets and improve the treatment of diabetic nephropathy.

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#### Figure 1.

Normal pressures in capillaries and tubules reported from studies using the micropuncture technique. Data from (Vallon et al., 1999, Leyssac et al., 1991a, Hostetter et al., 1981, Persson et al., 1984, Leyssac et al., 2000, Leyssac et al., 1994, Thorup et al., 2000, Sorensen et al., 2004, Brenner et al., 1971).  $\pi$  denotes osmotic pressure.



#### Figure 2.

Situation with a distal resistance greater than resistance for filtration across the glomerular membrane. <u>A</u>: Increased glomerular capillary pressure ( $P_{gc}$ ) results in a parallel increase in proximal tubular pressure ( $P_{prox}$ ), leaving  $\Delta P$  unaltered. <u>B</u>: Increased absolute proximal reabsorption reduces  $P_{prox}$ , which increases  $\Delta P$ . The subsequent TGF-inactivation due to decreased load to MD will increase  $P_{gc}$  and  $P_{prox}$  in parallel. Modified from Leyssac *et al.* (Leyssac et al., 1991b).

Persson et al.



#### Figure 3.

Summary of factors influencing GFR during sustained hyperglycaemia. See text for further details.